

# ISO Load Forecast

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11/06/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1080   | 1385   | 497    | 889    | 857    | 1673   | 692    | 219    | 4216   | 592   | 1492 | 13592 |
| 01:00 | 1058   | 1370   | 482    | 866    | 833    | 1593   | 680    | 213    | 4028   | 593   | 1459 | 13175 |
| 02:00 | 1051   | 1368   | 465    | 856    | 823    | 1551   | 677    | 206    | 3923   | 593   | 1440 | 12953 |
| 03:00 | 1049   | 1380   | 458    | 855    | 823    | 1533   | 683    | 202    | 3881   | 592   | 1437 | 12893 |
| 04:00 | 1077   | 1422   | 465    | 875    | 839    | 1570   | 705    | 210    | 3929   | 598   | 1458 | 13148 |
| 05:00 | 1148   | 1520   | 500    | 937    | 888    | 1690   | 760    | 233    | 4156   | 613   | 1524 | 13969 |
| 06:00 | 1251   | 1671   | 548    | 1036   | 966    | 1832   | 843    | 264    | 4621   | 636   | 1632 | 15300 |
| 07:00 | 1248   | 1693   | 578    | 1058   | 952    | 1852   | 832    | 272    | 5015   | 646   | 1680 | 15826 |
| 08:00 | 1151   | 1592   | 574    | 997    | 892    | 1781   | 752    | 262    | 5233   | 637   | 1654 | 15525 |
| 09:00 | 1060   | 1480   | 570    | 939    | 849    | 1725   | 680    | 249    | 5358   | 628   | 1615 | 15153 |
| 10:00 | 998    | 1415   | 563    | 917    | 805    | 1684   | 640    | 245    | 5385   | 624   | 1590 | 14866 |
| 11:00 | 961    | 1376   | 563    | 913    | 779    | 1673   | 624    | 239    | 5413   | 620   | 1565 | 14726 |
| 12:00 | 965    | 1365   | 562    | 901    | 766    | 1695   | 612    | 237    | 5457   | 618   | 1553 | 14731 |
| 13:00 | 954    | 1392   | 568    | 913    | 791    | 1741   | 615    | 241    | 5475   | 615   | 1580 | 14885 |
| 14:00 | 1027   | 1438   | 579    | 937    | 841    | 1830   | 654    | 247    | 5500   | 618   | 1609 | 15280 |
| 15:00 | 1178   | 1565   | 600    | 1011   | 949    | 1961   | 752    | 264    | 5584   | 631   | 1655 | 16150 |
| 16:00 | 1343   | 1713   | 636    | 1105   | 1090   | 2169   | 869    | 297    | 5740   | 649   | 1728 | 17339 |
| 17:00 | 1438   | 1818   | 675    | 1184   | 1182   | 2359   | 931    | 328    | 5869   | 667   | 1820 | 18271 |
| 18:00 | 1433   | 1812   | 674    | 1175   | 1179   | 2346   | 932    | 334    | 5721   | 668   | 1807 | 18081 |
| 19:00 | 1405   | 1779   | 659    | 1150   | 1155   | 2296   | 912    | 326    | 5578   | 665   | 1783 | 17708 |
| 20:00 | 1372   | 1733   | 638    | 1117   | 1128   | 2233   | 884    | 316    | 5418   | 659   | 1751 | 17249 |
| 21:00 | 1315   | 1661   | 613    | 1069   | 1086   | 2130   | 836    | 301    | 5235   | 646   | 1703 | 16595 |
| 22:00 | 1239   | 1581   | 579    | 1006   | 1032   | 2001   | 792    | 280    | 4963   | 629   | 1642 | 15744 |
| 23:00 | 1182   | 1521   | 542    | 953    | 972    | 1863   | 753    | 260    | 4664   | 624   | 1580 | 14914 |

11/07/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1142   | 1483   | 527    | 923    | 927    | 1764   | 744    | 250    | 4413   | 616   | 1559 | 14348 |
| 01:00 | 1120   | 1460   | 512    | 897    | 901    | 1687   | 730    | 245    | 4234   | 612   | 1522 | 13920 |
| 02:00 | 1114   | 1448   | 496    | 884    | 891    | 1644   | 723    | 238    | 4128   | 610   | 1499 | 13675 |
| 03:00 | 1113   | 1452   | 489    | 880    | 890    | 1627   | 723    | 235    | 4074   | 611   | 1494 | 13588 |
| 04:00 | 1138   | 1490   | 496    | 896    | 905    | 1664   | 744    | 243    | 4112   | 615   | 1504 | 13807 |
| 05:00 | 1202   | 1575   | 531    | 952    | 951    | 1783   | 796    | 265    | 4334   | 627   | 1563 | 14579 |
| 06:00 | 1303   | 1708   | 575    | 1044   | 1031   | 1925   | 873    | 295    | 4785   | 646   | 1655 | 15840 |
| 07:00 | 1327   | 1731   | 612    | 1078   | 1056   | 1985   | 869    | 310    | 5172   | 655   | 1703 | 16498 |
| 08:00 | 1257   | 1643   | 618    | 1059   | 1028   | 1953   | 803    | 306    | 5390   | 653   | 1704 | 16414 |
| 09:00 | 1179   | 1572   | 619    | 1051   | 979    | 1891   | 745    | 295    | 5497   | 650   | 1703 | 16181 |
| 10:00 | 1129   | 1559   | 612    | 1056   | 925    | 1839   | 718    | 287    | 5507   | 643   | 1702 | 15977 |
| 11:00 | 1098   | 1554   | 608    | 1061   | 917    | 1839   | 725    | 279    | 5534   | 637   | 1699 | 15951 |
| 12:00 | 1106   | 1562   | 605    | 1065   | 920    | 1844   | 731    | 274    | 5551   | 632   | 1689 | 15979 |
| 13:00 | 1111   | 1590   | 612    | 1076   | 965    | 1904   | 750    | 277    | 5579   | 632   | 1695 | 16191 |
| 14:00 | 1186   | 1629   | 619    | 1074   | 1008   | 1988   | 776    | 282    | 5599   | 630   | 1703 | 16494 |
| 15:00 | 1278   | 1675   | 632    | 1086   | 1064   | 2075   | 816    | 293    | 5660   | 634   | 1707 | 16920 |
| 16:00 | 1373   | 1724   | 658    | 1108   | 1128   | 2214   | 869    | 315    | 5756   | 649   | 1744 | 17538 |
| 17:00 | 1412   | 1769   | 680    | 1139   | 1158   | 2320   | 905    | 333    | 5796   | 659   | 1785 | 17956 |
| 18:00 | 1378   | 1732   | 669    | 1108   | 1134   | 2286   | 892    | 329    | 5640   | 654   | 1748 | 17570 |
| 19:00 | 1337   | 1684   | 648    | 1076   | 1104   | 2212   | 865    | 315    | 5464   | 651   | 1713 | 17069 |
| 20:00 | 1292   | 1635   | 624    | 1043   | 1077   | 2146   | 832    | 299    | 5303   | 645   | 1684 | 16580 |
| 21:00 | 1242   | 1577   | 601    | 999    | 1037   | 2057   | 792    | 286    | 5134   | 630   | 1636 | 15991 |
| 22:00 | 1176   | 1505   | 570    | 943    | 984    | 1947   | 751    | 270    | 4890   | 618   | 1584 | 15238 |
| 23:00 | 1123   | 1433   | 535    | 893    | 923    | 1819   | 710    | 250    | 4625   | 610   | 1523 | 14444 |

11/08/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1084   | 1362   | 518    | 861    | 884    | 1738   | 702    | 242    | 4448   | 610   | 1484 | 13933 |
| 01:00 | 1055   | 1333   | 501    | 830    | 851    | 1635   | 679    | 233    | 4252   | 607   | 1451 | 13427 |
| 02:00 | 1038   | 1325   | 485    | 816    | 832    | 1583   | 669    | 223    | 4132   | 606   | 1433 | 13142 |
| 03:00 | 1028   | 1335   | 474    | 809    | 824    | 1547   | 665    | 218    | 4059   | 603   | 1425 | 12987 |
| 04:00 | 1037   | 1355   | 473    | 816    | 825    | 1550   | 673    | 221    | 4033   | 605   | 1430 | 13018 |
| 05:00 | 1060   | 1388   | 482    | 840    | 845    | 1596   | 698    | 227    | 4096   | 613   | 1456 | 13301 |
| 06:00 | 1096   | 1446   | 496    | 885    | 887    | 1680   | 729    | 242    | 4244   | 620   | 1501 | 13826 |
| 07:00 | 1110   | 1434   | 516    | 904    | 902    | 1739   | 727    | 253    | 4417   | 628   | 1516 | 14146 |
| 08:00 | 1095   | 1394   | 533    | 908    | 885    | 1777   | 709    | 258    | 4610   | 631   | 1533 | 14333 |
| 09:00 | 1036   | 1345   | 540    | 914    | 836    | 1766   | 674    | 260    | 4765   | 630   | 1532 | 14298 |
| 10:00 | 998    | 1316   | 538    | 920    | 790    | 1731   | 641    | 258    | 4867   | 625   | 1528 | 14212 |
| 11:00 | 974    | 1320   | 535    | 919    | 769    | 1689   | 623    | 251    | 4917   | 626   | 1515 | 14138 |
| 12:00 | 953    | 1326   | 534    | 924    | 745    | 1666   | 595    | 242    | 4929   | 622   | 1523 | 14059 |
| 13:00 | 972    | 1348   | 536    | 928    | 781    | 1727   | 604    | 246    | 4919   | 614   | 1519 | 14194 |
| 14:00 | 1031   | 1399   | 546    | 943    | 837    | 1777   | 637    | 253    | 4931   | 618   | 1548 | 14520 |
| 15:00 | 1153   | 1485   | 563    | 989    | 935    | 1870   | 717    | 266    | 4976   | 633   | 1604 | 15191 |
| 16:00 | 1270   | 1603   | 587    | 1046   | 1031   | 2032   | 812    | 281    | 5087   | 653   | 1679 | 16081 |
| 17:00 | 1336   | 1679   | 619    | 1093   | 1094   | 2183   | 866    | 304    | 5203   | 665   | 1755 | 16797 |
| 18:00 | 1317   | 1669   | 613    | 1078   | 1073   | 2142   | 863    | 301    | 5178   | 661   | 1733 | 16628 |
| 19:00 | 1284   | 1625   | 602    | 1046   | 1058   | 2078   | 845    | 289    | 5072   | 655   | 1699 | 16253 |
| 20:00 | 1249   | 1583   | 592    | 1015   | 1036   | 2031   | 817    | 280    | 4975   | 650   | 1673 | 15901 |
| 21:00 | 1205   | 1540   | 576    | 983    | 1004   | 1970   | 787    | 272    | 4876   | 640   | 1649 | 15502 |
| 22:00 | 1150   | 1492   | 553    | 934    | 959    | 1881   | 750    | 256    | 4714   | 632   | 1597 | 14918 |
| 23:00 | 1099   | 1443   | 525    | 894    | 904    | 1783   | 718    | 242    | 4508   | 625   | 1539 | 14280 |

11/09/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1071   | 1375   | 509    | 861    | 857    | 1692   | 705    | 238    | 4310   | 616   | 1515 | 13749 |
| 01:00 | 1043   | 1348   | 488    | 829    | 823    | 1587   | 681    | 227    | 4092   | 613   | 1475 | 13206 |
| 02:00 | 1031   | 1353   | 474    | 816    | 804    | 1536   | 674    | 222    | 3979   | 612   | 1458 | 12959 |
| 03:00 | 1025   | 1365   | 465    | 807    | 799    | 1504   | 672    | 218    | 3914   | 611   | 1450 | 12830 |
| 04:00 | 1033   | 1380   | 464    | 810    | 801    | 1506   | 681    | 221    | 3895   | 613   | 1449 | 12853 |
| 05:00 | 1056   | 1406   | 471    | 826    | 819    | 1541   | 703    | 228    | 3952   | 620   | 1468 | 13090 |
| 06:00 | 1089   | 1452   | 484    | 862    | 854    | 1591   | 730    | 240    | 4075   | 630   | 1504 | 13511 |
| 07:00 | 1120   | 1465   | 502    | 890    | 881    | 1629   | 741    | 254    | 4223   | 640   | 1523 | 13868 |
| 08:00 | 1143   | 1470   | 520    | 915    | 898    | 1682   | 750    | 267    | 4414   | 648   | 1551 | 14258 |
| 09:00 | 1121   | 1445   | 531    | 933    | 892    | 1700   | 739    | 276    | 4591   | 651   | 1563 | 14442 |
| 10:00 | 1107   | 1409   | 538    | 946    | 880    | 1730   | 716    | 279    | 4737   | 651   | 1554 | 14547 |
| 11:00 | 1101   | 1408   | 544    | 948    | 881    | 1769   | 707    | 277    | 4839   | 647   | 1552 | 14673 |
| 12:00 | 1102   | 1417   | 553    | 969    | 883    | 1814   | 700    | 273    | 4902   | 644   | 1580 | 14837 |
| 13:00 | 1108   | 1419   | 557    | 976    | 913    | 1859   | 710    | 275    | 4936   | 642   | 1584 | 14979 |
| 14:00 | 1138   | 1459   | 567    | 988    | 952    | 1896   | 728    | 279    | 4971   | 643   | 1605 | 15226 |
| 15:00 | 1213   | 1538   | 581    | 1022   | 1012   | 1965   | 774    | 287    | 5026   | 651   | 1652 | 15721 |
| 16:00 | 1316   | 1646   | 607    | 1076   | 1083   | 2102   | 842    | 301    | 5142   | 663   | 1727 | 16505 |
| 17:00 | 1387   | 1740   | 642    | 1130   | 1141   | 2242   | 894    | 323    | 5274   | 674   | 1814 | 17261 |
| 18:00 | 1367   | 1737   | 636    | 1119   | 1115   | 2189   | 896    | 322    | 5248   | 673   | 1795 | 17097 |
| 19:00 | 1330   | 1694   | 621    | 1089   | 1088   | 2131   | 876    | 308    | 5160   | 669   | 1763 | 16729 |
| 20:00 | 1282   | 1647   | 608    | 1057   | 1056   | 2071   | 846    | 295    | 5071   | 660   | 1737 | 16330 |
| 21:00 | 1213   | 1588   | 582    | 1015   | 1008   | 1973   | 804    | 276    | 4939   | 647   | 1705 | 15750 |
| 22:00 | 1141   | 1529   | 547    | 959    | 949    | 1850   | 758    | 252    | 4714   | 635   | 1648 | 14982 |
| 23:00 | 1086   | 1486   | 509    | 919    | 889    | 1730   | 725    | 236    | 4450   | 628   | 1595 | 14253 |

11/10/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1059   | 1448   | 498    | 891    | 843    | 1640   | 703    | 230    | 4259   | 618   | 1583 | 13772 |
| 01:00 | 1045   | 1438   | 484    | 872    | 826    | 1579   | 695    | 226    | 4123   | 615   | 1554 | 13457 |
| 02:00 | 1047   | 1442   | 474    | 866    | 821    | 1552   | 694    | 221    | 4043   | 615   | 1545 | 13320 |
| 03:00 | 1054   | 1459   | 470    | 869    | 829    | 1547   | 702    | 220    | 4019   | 616   | 1547 | 13332 |
| 04:00 | 1089   | 1518   | 483    | 894    | 853    | 1598   | 729    | 229    | 4077   | 623   | 1573 | 13666 |
| 05:00 | 1168   | 1623   | 524    | 964    | 914    | 1735   | 790    | 255    | 4318   | 638   | 1647 | 14576 |
| 06:00 | 1283   | 1782   | 571    | 1074   | 1001   | 1910   | 884    | 293    | 4789   | 664   | 1770 | 16021 |
| 07:00 | 1303   | 1809   | 613    | 1115   | 1009   | 1996   | 887    | 310    | 5207   | 673   | 1828 | 16750 |
| 08:00 | 1210   | 1726   | 614    | 1090   | 946    | 1972   | 821    | 302    | 5460   | 665   | 1824 | 16630 |
| 09:00 | 1116   | 1635   | 606    | 1057   | 874    | 1926   | 758    | 291    | 5597   | 660   | 1807 | 16327 |
| 10:00 | 1065   | 1590   | 599    | 1040   | 825    | 1893   | 728    | 282    | 5645   | 653   | 1788 | 16108 |
| 11:00 | 1051   | 1561   | 598    | 1026   | 833    | 1901   | 718    | 281    | 5689   | 650   | 1763 | 16071 |
| 12:00 | 1079   | 1555   | 602    | 1013   | 839    | 1906   | 716    | 278    | 5712   | 649   | 1741 | 16090 |
| 13:00 | 1081   | 1566   | 609    | 1011   | 880    | 1950   | 717    | 283    | 5730   | 651   | 1749 | 16227 |
| 14:00 | 1144   | 1586   | 618    | 1012   | 935    | 2050   | 738    | 288    | 5765   | 655   | 1762 | 16553 |
| 15:00 | 1275   | 1683   | 634    | 1082   | 1035   | 2171   | 812    | 305    | 5830   | 666   | 1804 | 17297 |
| 16:00 | 1429   | 1846   | 670    | 1190   | 1161   | 2351   | 916    | 335    | 5958   | 682   | 1886 | 18424 |
| 17:00 | 1521   | 1957   | 713    | 1268   | 1251   | 2538   | 982    | 367    | 6075   | 699   | 1969 | 19340 |
| 18:00 | 1513   | 1957   | 711    | 1258   | 1251   | 2524   | 985    | 371    | 5947   | 696   | 1960 | 19173 |
| 19:00 | 1480   | 1924   | 699    | 1230   | 1229   | 2469   | 963    | 362    | 5823   | 691   | 1933 | 18803 |
| 20:00 | 1434   | 1872   | 677    | 1193   | 1197   | 2393   | 933    | 351    | 5664   | 683   | 1901 | 18298 |
| 21:00 | 1366   | 1782   | 644    | 1131   | 1143   | 2262   | 887    | 335    | 5457   | 672   | 1849 | 17528 |
| 22:00 | 1290   | 1697   | 603    | 1060   | 1080   | 2116   | 840    | 310    | 5154   | 656   | 1777 | 16583 |
| 23:00 | 1231   | 1633   | 560    | 1002   | 1019   | 1975   | 804    | 287    | 4829   | 650   | 1715 | 15705 |

11/11/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1189   | 1585   | 545    | 971    | 975    | 1872   | 794    | 282    | 4604   | 651   | 1689 | 15157 |
| 01:00 | 1167   | 1564   | 530    | 947    | 954    | 1798   | 779    | 275    | 4429   | 649   | 1658 | 14750 |
| 02:00 | 1164   | 1563   | 518    | 935    | 944    | 1761   | 773    | 269    | 4320   | 643   | 1635 | 14525 |
| 03:00 | 1160   | 1566   | 513    | 935    | 946    | 1746   | 782    | 263    | 4270   | 645   | 1628 | 14454 |
| 04:00 | 1188   | 1615   | 524    | 952    | 963    | 1778   | 805    | 270    | 4299   | 649   | 1635 | 14678 |
| 05:00 | 1239   | 1696   | 555    | 1005   | 998    | 1876   | 850    | 297    | 4488   | 672   | 1700 | 15376 |
| 06:00 | 1306   | 1802   | 589    | 1090   | 1052   | 1970   | 904    | 322    | 4859   | 685   | 1794 | 16373 |
| 07:00 | 1302   | 1793   | 621    | 1118   | 1050   | 2030   | 881    | 337    | 5226   | 682   | 1839 | 16879 |
| 08:00 | 1227   | 1702   | 637    | 1091   | 1020   | 2012   | 804    | 336    | 5496   | 669   | 1838 | 16832 |
| 09:00 | 1147   | 1627   | 631    | 1068   | 981    | 1955   | 747    | 325    | 5631   | 666   | 1829 | 16607 |
| 10:00 | 1112   | 1602   | 624    | 1056   | 931    | 1886   | 734    | 316    | 5651   | 662   | 1826 | 16400 |
| 11:00 | 1092   | 1592   | 616    | 1055   | 935    | 1867   | 740    | 313    | 5686   | 657   | 1801 | 16354 |
| 12:00 | 1132   | 1606   | 619    | 1044   | 942    | 1861   | 748    | 307    | 5716   | 656   | 1785 | 16416 |
| 13:00 | 1140   | 1660   | 628    | 1064   | 986    | 1918   | 762    | 308    | 5731   | 658   | 1812 | 16667 |
| 14:00 | 1200   | 1687   | 638    | 1095   | 1034   | 2061   | 796    | 314    | 5778   | 660   | 1826 | 17089 |
| 15:00 | 1323   | 1790   | 658    | 1148   | 1121   | 2208   | 873    | 329    | 5864   | 676   | 1851 | 17841 |
| 16:00 | 1462   | 1920   | 688    | 1209   | 1226   | 2401   | 973    | 360    | 6008   | 701   | 1899 | 18847 |
| 17:00 | 1539   | 2001   | 729    | 1269   | 1293   | 2584   | 1017   | 391    | 6147   | 710   | 1974 | 19654 |
| 18:00 | 1532   | 1987   | 724    | 1259   | 1277   | 2558   | 1019   | 393    | 6019   | 706   | 1966 | 19440 |
| 19:00 | 1497   | 1962   | 713    | 1234   | 1252   | 2507   | 993    | 379    | 5884   | 700   | 1941 | 19062 |
| 20:00 | 1439   | 1894   | 689    | 1196   | 1216   | 2427   | 958    | 363    | 5724   | 689   | 1908 | 18503 |
| 21:00 | 1359   | 1800   | 651    | 1131   | 1152   | 2274   | 903    | 343    | 5492   | 679   | 1860 | 17644 |
| 22:00 | 1279   | 1712   | 609    | 1058   | 1089   | 2119   | 851    | 315    | 5177   | 670   | 1788 | 16667 |
| 23:00 | 1222   | 1640   | 574    | 1003   | 1029   | 1975   | 813    | 289    | 4837   | 667   | 1729 | 15778 |