

ISO Load Forecast

10/11/2025
10/12/2025
10/13/2025
10/14/2025
10/15/2025
10/16/2025

10/11/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1055 | 1280 | 495 | 822 | 828 | 1690 | 671 | 209 | 4279 | 546 | 1353 | 13228 |
| 01:00 | 1020 | 1242 | 476 | 797 | 795 | 1607 | 650 | 200 | 4100 | 548 | 1319 | 12754 |
| 02:00 | 1004 | 1212 | 453 | 782 | 778 | 1546 | 638 | 194 | 3970 | 546 | 1303 | 12426 |
| 03:00 | 1001 | 1202 | 442 | 776 | 764 | 1513 | 635 | 189 | 3883 | 545 | 1299 | 12249 |
| 04:00 | 1007 | 1212 | 438 | 780 | 767 | 1512 | 639 | 187 | 3847 | 547 | 1302 | 12238 |
| 05:00 | 1031 | 1242 | 449 | 799 | 784 | 1541 | 657 | 192 | 3891 | 555 | 1317 | 12458 |
| 06:00 | 1076 | 1315 | 469 | 845 | 827 | 1612 | 691 | 203 | 4044 | 566 | 1357 | 13005 |
| 07:00 | 1089 | 1339 | 487 | 880 | 851 | 1663 | 695 | 218 | 4217 | 567 | 1396 | 13402 |
| 08:00 | 1011 | 1223 | 511 | 877 | 838 | 1714 | 604 | 231 | 4435 | 557 | 1414 | 13415 |
| 09:00 | 883 | 1040 | 524 | 830 | 767 | 1712 | 496 | 235 | 4636 | 544 | 1398 | 13065 |
| 10:00 | 782 | 971 | 524 | 799 | 707 | 1689 | 421 | 233 | 4783 | 539 | 1382 | 12830 |
| 11:00 | 765 | 948 | 529 | 791 | 690 | 1675 | 391 | 226 | 4860 | 534 | 1368 | 12777 |
| 12:00 | 775 | 973 | 524 | 776 | 682 | 1687 | 376 | 222 | 4904 | 530 | 1363 | 12812 |
| 13:00 | 796 | 988 | 519 | 777 | 695 | 1707 | 391 | 223 | 4906 | 524 | 1372 | 12898 |
| 14:00 | 826 | 1014 | 520 | 785 | 720 | 1747 | 390 | 227 | 4912 | 518 | 1376 | 13035 |
| 15:00 | 883 | 1085 | 528 | 813 | 779 | 1795 | 431 | 232 | 4921 | 522 | 1386 | 13375 |
| 16:00 | 997 | 1231 | 545 | 866 | 863 | 1896 | 519 | 240 | 4942 | 543 | 1417 | 14059 |
| 17:00 | 1142 | 1419 | 567 | 947 | 954 | 1995 | 657 | 249 | 4971 | 571 | 1469 | 14941 |
| 18:00 | 1235 | 1555 | 595 | 995 | 1015 | 2114 | 763 | 255 | 5071 | 586 | 1511 | 15695 |
| 19:00 | 1251 | 1571 | 601 | 1007 | 1022 | 2131 | 780 | 266 | 5069 | 592 | 1541 | 15831 |
| 20:00 | 1209 | 1507 | 586 | 975 | 989 | 2057 | 752 | 254 | 4989 | 590 | 1523 | 15431 |
| 21:00 | 1163 | 1447 | 565 | 936 | 953 | 1982 | 720 | 243 | 4888 | 576 | 1487 | 14960 |
| 22:00 | 1107 | 1384 | 542 | 889 | 901 | 1898 | 687 | 232 | 4742 | 564 | 1441 | 14387 |
| 23:00 | 1051 | 1316 | 512 | 843 | 844 | 1786 | 652 | 215 | 4549 | 559 | 1394 | 13721 |

10/12/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1011 | 1261 | 498 | 808 | 797 | 1695 | 614 | 207 | 4308 | 555 | 1351 | 13105 |
| 01:00 | 977 | 1226 | 476 | 781 | 762 | 1612 | 596 | 197 | 4154 | 552 | 1319 | 12652 |
| 02:00 | 960 | 1197 | 454 | 766 | 742 | 1547 | 584 | 188 | 4031 | 549 | 1304 | 12322 |
| 03:00 | 955 | 1184 | 441 | 759 | 726 | 1509 | 579 | 181 | 3941 | 549 | 1300 | 12124 |
| 04:00 | 957 | 1186 | 434 | 759 | 724 | 1500 | 581 | 178 | 3892 | 551 | 1297 | 12059 |
| 05:00 | 971 | 1202 | 438 | 769 | 731 | 1507 | 595 | 180 | 3905 | 558 | 1304 | 12160 |
| 06:00 | 1004 | 1254 | 449 | 799 | 756 | 1547 | 623 | 185 | 4000 | 570 | 1331 | 12518 |
| 07:00 | 1034 | 1304 | 462 | 832 | 789 | 1595 | 644 | 199 | 4122 | 574 | 1355 | 12910 |
| 08:00 | 1027 | 1294 | 487 | 842 | 819 | 1693 | 617 | 217 | 4313 | 572 | 1361 | 13242 |
| 09:00 | 974 | 1211 | 509 | 814 | 811 | 1765 | 556 | 230 | 4519 | 567 | 1348 | 13304 |
| 10:00 | 929 | 1199 | 520 | 801 | 788 | 1819 | 502 | 238 | 4684 | 563 | 1343 | 13386 |
| 11:00 | 918 | 1197 | 534 | 809 | 788 | 1844 | 491 | 238 | 4801 | 557 | 1352 | 13529 |
| 12:00 | 932 | 1215 | 537 | 817 | 796 | 1874 | 479 | 238 | 4884 | 556 | 1366 | 13694 |
| 13:00 | 951 | 1215 | 540 | 829 | 810 | 1889 | 474 | 239 | 4932 | 555 | 1385 | 13819 |
| 14:00 | 971 | 1221 | 545 | 836 | 830 | 1917 | 476 | 240 | 4948 | 554 | 1400 | 13938 |
| 15:00 | 1023 | 1266 | 554 | 854 | 871 | 1935 | 518 | 243 | 4971 | 561 | 1412 | 14208 |
| 16:00 | 1111 | 1373 | 566 | 902 | 934 | 2008 | 597 | 249 | 4991 | 575 | 1453 | 14759 |
| 17:00 | 1214 | 1510 | 584 | 972 | 1002 | 2081 | 699 | 256 | 5044 | 596 | 1510 | 15468 |
| 18:00 | 1284 | 1616 | 600 | 1018 | 1051 | 2165 | 779 | 267 | 5108 | 607 | 1557 | 16052 |
| 19:00 | 1292 | 1626 | 612 | 1031 | 1054 | 2190 | 795 | 278 | 5137 | 607 | 1582 | 16204 |
| 20:00 | 1237 | 1558 | 597 | 998 | 1012 | 2093 | 758 | 265 | 5036 | 600 | 1561 | 15715 |
| 21:00 | 1170 | 1482 | 569 | 952 | 960 | 1983 | 714 | 250 | 4903 | 584 | 1516 | 15083 |
| 22:00 | 1097 | 1401 | 532 | 899 | 897 | 1854 | 668 | 233 | 4694 | 573 | 1463 | 14311 |
| 23:00 | 1033 | 1331 | 496 | 852 | 832 | 1710 | 631 | 214 | 4432 | 565 | 1418 | 13514 |

10/13/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1007 | 1296 | 484 | 814 | 797 | 1656 | 610 | 213 | 4247 | 566 | 1398 | 13088 |
| 01:00 | 989 | 1257 | 465 | 786 | 770 | 1583 | 591 | 204 | 4090 | 563 | 1369 | 12667 |
| 02:00 | 972 | 1238 | 445 | 771 | 751 | 1537 | 582 | 198 | 3979 | 565 | 1352 | 12390 |
| 03:00 | 975 | 1231 | 436 | 766 | 742 | 1514 | 585 | 194 | 3919 | 566 | 1347 | 12275 |
| 04:00 | 993 | 1240 | 438 | 782 | 747 | 1535 | 599 | 193 | 3939 | 568 | 1361 | 12395 |
| 05:00 | 1036 | 1301 | 458 | 825 | 774 | 1604 | 636 | 199 | 4096 | 581 | 1413 | 12923 |
| 06:00 | 1089 | 1415 | 494 | 898 | 823 | 1705 | 690 | 206 | 4433 | 596 | 1487 | 13836 |
| 07:00 | 1159 | 1510 | 524 | 966 | 885 | 1827 | 739 | 219 | 4774 | 608 | 1566 | 14777 |
| 08:00 | 1188 | 1527 | 542 | 992 | 920 | 1938 | 742 | 238 | 5038 | 611 | 1607 | 15343 |
| 09:00 | 1166 | 1497 | 562 | 979 | 918 | 2027 | 687 | 254 | 5209 | 615 | 1603 | 15517 |
| 10:00 | 1141 | 1510 | 573 | 974 | 923 | 2084 | 653 | 263 | 5301 | 615 | 1594 | 15631 |
| 11:00 | 1116 | 1517 | 582 | 982 | 920 | 2122 | 648 | 264 | 5380 | 614 | 1599 | 15744 |
| 12:00 | 1107 | 1529 | 590 | 990 | 921 | 2142 | 644 | 265 | 5431 | 609 | 1614 | 15842 |
| 13:00 | 1128 | 1545 | 600 | 1012 | 934 | 2155 | 639 | 269 | 5448 | 611 | 1625 | 15966 |
| 14:00 | 1142 | 1522 | 599 | 1014 | 947 | 2163 | 642 | 271 | 5469 | 602 | 1635 | 16006 |
| 15:00 | 1176 | 1522 | 612 | 1015 | 980 | 2181 | 668 | 281 | 5491 | 606 | 1631 | 16163 |
| 16:00 | 1255 | 1568 | 626 | 1043 | 1020 | 2232 | 716 | 281 | 5539 | 619 | 1659 | 16558 |
| 17:00 | 1339 | 1639 | 632 | 1090 | 1068 | 2285 | 782 | 282 | 5545 | 633 | 1690 | 16985 |
| 18:00 | 1396 | 1710 | 651 | 1128 | 1116 | 2357 | 837 | 299 | 5485 | 634 | 1718 | 17331 |
| 19:00 | 1388 | 1713 | 646 | 1131 | 1117 | 2347 | 835 | 299 | 5448 | 641 | 1727 | 17292 |
| 20:00 | 1313 | 1633 | 613 | 1081 | 1064 | 2221 | 797 | 280 | 5245 | 633 | 1682 | 16562 |
| 21:00 | 1236 | 1545 | 580 | 1022 | 1005 | 2065 | 749 | 269 | 5050 | 622 | 1630 | 15773 |
| 22:00 | 1147 | 1444 | 546 | 951 | 935 | 1908 | 697 | 249 | 4793 | 612 | 1556 | 14838 |
| 23:00 | 1076 | 1383 | 502 | 895 | 868 | 1759 | 656 | 231 | 4512 | 598 | 1492 | 13972 |

10/14/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1053 | 1341 | 485 | 856 | 821 | 1671 | 620 | 225 | 4236 | 592 | 1472 | 13372 |
| 01:00 | 1032 | 1299 | 464 | 827 | 792 | 1589 | 601 | 219 | 4043 | 589 | 1437 | 12892 |
| 02:00 | 1016 | 1270 | 444 | 810 | 771 | 1533 | 591 | 212 | 3917 | 587 | 1416 | 12567 |
| 03:00 | 1016 | 1269 | 433 | 803 | 763 | 1503 | 594 | 208 | 3848 | 586 | 1409 | 12432 |
| 04:00 | 1037 | 1285 | 436 | 818 | 771 | 1523 | 606 | 210 | 3867 | 590 | 1419 | 12562 |
| 05:00 | 1101 | 1363 | 460 | 867 | 812 | 1617 | 657 | 221 | 4061 | 601 | 1479 | 13239 |
| 06:00 | 1203 | 1528 | 517 | 962 | 893 | 1775 | 740 | 239 | 4515 | 625 | 1580 | 14577 |
| 07:00 | 1268 | 1610 | 560 | 1028 | 945 | 1892 | 777 | 251 | 4938 | 635 | 1655 | 15559 |
| 08:00 | 1234 | 1564 | 569 | 1010 | 944 | 1937 | 737 | 254 | 5186 | 627 | 1658 | 15720 |
| 09:00 | 1159 | 1454 | 575 | 954 | 895 | 1939 | 643 | 259 | 5348 | 618 | 1621 | 15465 |
| 10:00 | 1096 | 1416 | 574 | 921 | 851 | 1932 | 587 | 256 | 5407 | 615 | 1589 | 15244 |
| 11:00 | 1060 | 1401 | 571 | 912 | 817 | 1929 | 556 | 250 | 5453 | 611 | 1579 | 15139 |
| 12:00 | 1034 | 1392 | 571 | 908 | 808 | 1931 | 544 | 247 | 5496 | 603 | 1582 | 15116 |
| 13:00 | 1046 | 1398 | 578 | 916 | 812 | 1949 | 534 | 249 | 5523 | 600 | 1587 | 15192 |
| 14:00 | 1030 | 1351 | 577 | 912 | 800 | 1974 | 522 | 247 | 5533 | 595 | 1583 | 15124 |
| 15:00 | 1074 | 1353 | 591 | 897 | 844 | 2029 | 553 | 258 | 5570 | 597 | 1583 | 15349 |
| 16:00 | 1175 | 1438 | 608 | 939 | 932 | 2124 | 615 | 269 | 5633 | 610 | 1623 | 15966 |
| 17:00 | 1296 | 1575 | 622 | 1030 | 1027 | 2210 | 722 | 278 | 5656 | 626 | 1679 | 16721 |
| 18:00 | 1373 | 1689 | 647 | 1097 | 1094 | 2315 | 807 | 296 | 5611 | 639 | 1726 | 17294 |
| 19:00 | 1371 | 1696 | 646 | 1110 | 1099 | 2312 | 817 | 300 | 5534 | 643 | 1740 | 17268 |
| 20:00 | 1305 | 1623 | 617 | 1070 | 1055 | 2197 | 786 | 285 | 5343 | 636 | 1698 | 16615 |
| 21:00 | 1230 | 1544 | 584 | 1013 | 998 | 2054 | 741 | 272 | 5126 | 624 | 1645 | 15831 |
| 22:00 | 1143 | 1444 | 547 | 942 | 929 | 1896 | 691 | 253 | 4835 | 606 | 1576 | 14862 |
| 23:00 | 1076 | 1373 | 507 | 886 | 863 | 1734 | 649 | 235 | 4518 | 596 | 1512 | 13949 |

10/15/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1048 | 1337 | 488 | 847 | 816 | 1636 | 615 | 230 | 4274 | 585 | 1483 | 13359 |
| 01:00 | 1030 | 1297 | 468 | 821 | 787 | 1554 | 598 | 221 | 4080 | 582 | 1448 | 12886 |
| 02:00 | 1015 | 1268 | 451 | 805 | 768 | 1504 | 589 | 214 | 3943 | 582 | 1429 | 12568 |
| 03:00 | 1016 | 1263 | 441 | 797 | 761 | 1480 | 590 | 210 | 3869 | 580 | 1422 | 12429 |
| 04:00 | 1038 | 1276 | 442 | 813 | 773 | 1504 | 603 | 213 | 3883 | 582 | 1432 | 12559 |
| 05:00 | 1103 | 1357 | 467 | 861 | 816 | 1601 | 656 | 225 | 4075 | 595 | 1490 | 13246 |
| 06:00 | 1205 | 1514 | 520 | 956 | 900 | 1760 | 745 | 245 | 4532 | 619 | 1590 | 14586 |
| 07:00 | 1257 | 1588 | 557 | 1020 | 939 | 1837 | 774 | 255 | 4948 | 628 | 1666 | 15469 |
| 08:00 | 1194 | 1504 | 558 | 1002 | 899 | 1786 | 724 | 252 | 5171 | 620 | 1677 | 15387 |
| 09:00 | 1099 | 1378 | 553 | 955 | 801 | 1685 | 631 | 248 | 5295 | 612 | 1645 | 14902 |
| 10:00 | 1023 | 1335 | 544 | 927 | 721 | 1597 | 583 | 238 | 5327 | 609 | 1613 | 14517 |
| 11:00 | 983 | 1312 | 535 | 915 | 678 | 1552 | 557 | 229 | 5358 | 604 | 1604 | 14327 |
| 12:00 | 965 | 1300 | 532 | 906 | 668 | 1539 | 543 | 227 | 5404 | 601 | 1605 | 14290 |
| 13:00 | 968 | 1306 | 543 | 911 | 673 | 1580 | 532 | 231 | 5450 | 598 | 1608 | 14400 |
| 14:00 | 980 | 1287 | 551 | 909 | 699 | 1681 | 537 | 237 | 5501 | 593 | 1613 | 14588 |
| 15:00 | 1039 | 1305 | 575 | 911 | 769 | 1814 | 564 | 252 | 5571 | 598 | 1620 | 15018 |
| 16:00 | 1147 | 1403 | 597 | 953 | 873 | 1976 | 625 | 268 | 5646 | 607 | 1655 | 15750 |
| 17:00 | 1273 | 1540 | 614 | 1026 | 990 | 2116 | 727 | 280 | 5662 | 623 | 1714 | 16565 |
| 18:00 | 1358 | 1656 | 640 | 1086 | 1073 | 2242 | 811 | 299 | 5591 | 637 | 1762 | 17155 |
| 19:00 | 1360 | 1668 | 639 | 1097 | 1087 | 2259 | 820 | 304 | 5516 | 643 | 1767 | 17160 |
| 20:00 | 1298 | 1605 | 611 | 1057 | 1049 | 2163 | 790 | 289 | 5327 | 633 | 1720 | 16542 |
| 21:00 | 1226 | 1536 | 581 | 1001 | 995 | 2028 | 749 | 276 | 5111 | 622 | 1667 | 15792 |
| 22:00 | 1140 | 1448 | 543 | 932 | 929 | 1875 | 700 | 257 | 4824 | 606 | 1593 | 14847 |
| 23:00 | 1076 | 1379 | 504 | 877 | 862 | 1721 | 661 | 239 | 4508 | 595 | 1524 | 13946 |

10/16/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1041 | 1346 | 483 | 842 | 812 | 1617 | 626 | 232 | 4211 | 593 | 1497 | 13300 |
| 01:00 | 1023 | 1305 | 464 | 817 | 785 | 1540 | 608 | 225 | 4020 | 591 | 1463 | 12841 |
| 02:00 | 1013 | 1281 | 448 | 803 | 769 | 1493 | 601 | 219 | 3896 | 592 | 1443 | 12558 |
| 03:00 | 1020 | 1282 | 438 | 797 | 764 | 1469 | 607 | 214 | 3829 | 592 | 1439 | 12451 |
| 04:00 | 1047 | 1306 | 441 | 814 | 777 | 1495 | 621 | 217 | 3847 | 598 | 1454 | 12617 |
| 05:00 | 1118 | 1387 | 465 | 867 | 822 | 1596 | 674 | 231 | 4037 | 613 | 1517 | 13327 |
| 06:00 | 1230 | 1556 | 520 | 970 | 912 | 1764 | 761 | 251 | 4495 | 638 | 1620 | 14717 |
| 07:00 | 1270 | 1631 | 558 | 1025 | 951 | 1855 | 780 | 264 | 4910 | 649 | 1693 | 15586 |
| 08:00 | 1170 | 1542 | 557 | 975 | 897 | 1830 | 700 | 258 | 5129 | 638 | 1677 | 15373 |
| 09:00 | 1040 | 1388 | 546 | 903 | 777 | 1735 | 589 | 252 | 5234 | 627 | 1622 | 14713 |
| 10:00 | 951 | 1313 | 532 | 870 | 683 | 1645 | 532 | 240 | 5235 | 619 | 1579 | 14199 |
| 11:00 | 913 | 1276 | 529 | 856 | 656 | 1592 | 507 | 231 | 5241 | 610 | 1555 | 13966 |
| 12:00 | 891 | 1264 | 528 | 836 | 656 | 1587 | 496 | 232 | 5277 | 606 | 1544 | 13917 |
| 13:00 | 897 | 1253 | 538 | 830 | 675 | 1627 | 489 | 235 | 5320 | 603 | 1531 | 13998 |
| 14:00 | 914 | 1205 | 544 | 807 | 704 | 1704 | 491 | 240 | 5367 | 600 | 1525 | 14101 |
| 15:00 | 987 | 1176 | 567 | 782 | 766 | 1801 | 516 | 251 | 5435 | 607 | 1519 | 14407 |
| 16:00 | 1114 | 1254 | 584 | 817 | 861 | 1937 | 579 | 262 | 5503 | 616 | 1560 | 15087 |
| 17:00 | 1266 | 1470 | 598 | 945 | 976 | 2057 | 705 | 272 | 5521 | 633 | 1643 | 16086 |
| 18:00 | 1369 | 1659 | 624 | 1063 | 1069 | 2194 | 814 | 293 | 5475 | 648 | 1721 | 16929 |
| 19:00 | 1373 | 1685 | 627 | 1084 | 1083 | 2214 | 829 | 300 | 5394 | 654 | 1743 | 16986 |
| 20:00 | 1319 | 1627 | 603 | 1054 | 1052 | 2135 | 802 | 286 | 5216 | 646 | 1713 | 16453 |
| 21:00 | 1249 | 1556 | 573 | 1006 | 1002 | 2013 | 762 | 276 | 5016 | 635 | 1667 | 15755 |
| 22:00 | 1166 | 1461 | 538 | 941 | 938 | 1874 | 716 | 259 | 4741 | 621 | 1601 | 14856 |
| 23:00 | 1100 | 1392 | 502 | 888 | 876 | 1729 | 676 | 243 | 4441 | 611 | 1542 | 14000 |