

ISO Load Forecast

10/04/2025
10/05/2025
10/06/2025
10/07/2025
10/08/2025
10/09/2025

10/04/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1047 | 1271 | 488 | 841 | 823 | 1747 | 618 | 197 | 4443 | 541 | 1391 | 13407 |
| 01:00 | 1012 | 1230 | 469 | 812 | 789 | 1649 | 594 | 185 | 4252 | 534 | 1348 | 12874 |
| 02:00 | 992 | 1196 | 445 | 791 | 765 | 1580 | 580 | 179 | 4108 | 529 | 1315 | 12480 |
| 03:00 | 981 | 1177 | 433 | 780 | 746 | 1536 | 571 | 174 | 4003 | 527 | 1300 | 12228 |
| 04:00 | 982 | 1185 | 427 | 778 | 744 | 1525 | 573 | 174 | 3953 | 525 | 1296 | 12162 |
| 05:00 | 997 | 1205 | 432 | 788 | 754 | 1543 | 591 | 178 | 3985 | 531 | 1304 | 12308 |
| 06:00 | 1033 | 1259 | 450 | 817 | 786 | 1599 | 625 | 189 | 4125 | 541 | 1337 | 12761 |
| 07:00 | 1042 | 1277 | 463 | 830 | 797 | 1608 | 630 | 200 | 4279 | 542 | 1368 | 13036 |
| 08:00 | 985 | 1181 | 481 | 794 | 755 | 1626 | 563 | 210 | 4518 | 543 | 1370 | 13026 |
| 09:00 | 890 | 1031 | 495 | 758 | 676 | 1598 | 481 | 208 | 4754 | 545 | 1341 | 12777 |
| 10:00 | 815 | 952 | 512 | 736 | 604 | 1570 | 415 | 207 | 4958 | 546 | 1328 | 12643 |
| 11:00 | 788 | 924 | 522 | 742 | 583 | 1593 | 384 | 203 | 5123 | 540 | 1332 | 12734 |
| 12:00 | 807 | 926 | 530 | 751 | 593 | 1656 | 370 | 204 | 5286 | 539 | 1358 | 13020 |
| 13:00 | 827 | 955 | 545 | 782 | 594 | 1784 | 368 | 210 | 5357 | 536 | 1402 | 13360 |
| 14:00 | 842 | 987 | 553 | 794 | 642 | 1953 | 370 | 214 | 5462 | 534 | 1435 | 13786 |
| 15:00 | 910 | 1062 | 574 | 809 | 715 | 2089 | 396 | 230 | 5564 | 540 | 1476 | 14365 |
| 16:00 | 1037 | 1162 | 604 | 866 | 842 | 2235 | 456 | 252 | 5668 | 550 | 1536 | 15208 |
| 17:00 | 1206 | 1368 | 636 | 977 | 1007 | 2389 | 588 | 270 | 5739 | 568 | 1623 | 16371 |
| 18:00 | 1321 | 1571 | 654 | 1097 | 1085 | 2466 | 746 | 276 | 5716 | 583 | 1677 | 17192 |
| 19:00 | 1352 | 1630 | 655 | 1127 | 1110 | 2487 | 794 | 279 | 5703 | 589 | 1701 | 17427 |
| 20:00 | 1301 | 1564 | 631 | 1082 | 1062 | 2389 | 765 | 265 | 5582 | 588 | 1659 | 16888 |
| 21:00 | 1234 | 1479 | 605 | 1023 | 1001 | 2279 | 722 | 252 | 5452 | 574 | 1600 | 16221 |
| 22:00 | 1163 | 1401 | 579 | 956 | 934 | 2154 | 679 | 238 | 5284 | 564 | 1529 | 15481 |
| 23:00 | 1100 | 1320 | 550 | 898 | 875 | 2005 | 633 | 219 | 5076 | 553 | 1465 | 14694 |

10/05/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1050 | 1264 | 529 | 868 | 833 | 1903 | 602 | 214 | 4794 | 551 | 1421 | 14029 |
| 01:00 | 1013 | 1226 | 505 | 831 | 791 | 1787 | 582 | 199 | 4585 | 545 | 1377 | 13441 |
| 02:00 | 989 | 1197 | 477 | 805 | 758 | 1700 | 567 | 188 | 4416 | 540 | 1342 | 12979 |
| 03:00 | 973 | 1179 | 460 | 789 | 733 | 1640 | 557 | 180 | 4286 | 536 | 1323 | 12656 |
| 04:00 | 967 | 1181 | 449 | 780 | 722 | 1611 | 558 | 177 | 4212 | 534 | 1311 | 12502 |
| 05:00 | 969 | 1193 | 446 | 781 | 720 | 1604 | 569 | 178 | 4209 | 539 | 1307 | 12515 |
| 06:00 | 988 | 1226 | 454 | 802 | 734 | 1628 | 591 | 183 | 4288 | 552 | 1325 | 12771 |
| 07:00 | 994 | 1221 | 458 | 797 | 744 | 1637 | 570 | 192 | 4382 | 548 | 1337 | 12880 |
| 08:00 | 941 | 1095 | 474 | 731 | 711 | 1682 | 476 | 205 | 4588 | 540 | 1325 | 12768 |
| 09:00 | 845 | 928 | 491 | 679 | 633 | 1687 | 383 | 207 | 4833 | 542 | 1292 | 12520 |
| 10:00 | 783 | 851 | 511 | 678 | 564 | 1703 | 329 | 207 | 5063 | 547 | 1293 | 12529 |
| 11:00 | 770 | 853 | 530 | 707 | 560 | 1762 | 318 | 211 | 5263 | 544 | 1331 | 12849 |
| 12:00 | 807 | 894 | 550 | 747 | 590 | 1877 | 320 | 218 | 5446 | 545 | 1386 | 13380 |
| 13:00 | 843 | 927 | 573 | 800 | 642 | 2024 | 322 | 230 | 5582 | 547 | 1446 | 13936 |
| 14:00 | 873 | 959 | 597 | 832 | 703 | 2195 | 326 | 243 | 5710 | 547 | 1499 | 14484 |
| 15:00 | 959 | 1036 | 626 | 869 | 789 | 2361 | 360 | 261 | 5814 | 551 | 1550 | 15176 |
| 16:00 | 1113 | 1186 | 658 | 936 | 931 | 2531 | 458 | 283 | 5911 | 564 | 1622 | 16193 |
| 17:00 | 1296 | 1435 | 690 | 1061 | 1090 | 2661 | 624 | 302 | 5974 | 592 | 1714 | 17439 |
| 18:00 | 1423 | 1654 | 703 | 1181 | 1178 | 2712 | 792 | 310 | 5959 | 611 | 1770 | 18293 |
| 19:00 | 1437 | 1685 | 694 | 1198 | 1177 | 2683 | 837 | 309 | 5922 | 612 | 1774 | 18328 |
| 20:00 | 1383 | 1615 | 673 | 1143 | 1126 | 2567 | 798 | 292 | 5819 | 608 | 1720 | 17744 |
| 21:00 | 1298 | 1514 | 641 | 1070 | 1046 | 2421 | 739 | 269 | 5685 | 592 | 1647 | 16922 |
| 22:00 | 1202 | 1421 | 603 | 992 | 961 | 2245 | 681 | 246 | 5468 | 579 | 1565 | 15963 |
| 23:00 | 1120 | 1335 | 563 | 926 | 885 | 2054 | 631 | 222 | 5194 | 567 | 1496 | 14993 |

10/06/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1064 | 1276 | 533 | 889 | 835 | 1894 | 607 | 216 | 4931 | 565 | 1465 | 14275 |
| 01:00 | 1030 | 1235 | 509 | 852 | 794 | 1786 | 589 | 206 | 4728 | 560 | 1425 | 13714 |
| 02:00 | 1008 | 1207 | 485 | 827 | 765 | 1716 | 577 | 195 | 4570 | 552 | 1398 | 13300 |
| 03:00 | 999 | 1205 | 470 | 814 | 752 | 1676 | 570 | 186 | 4464 | 550 | 1384 | 13070 |
| 04:00 | 1011 | 1227 | 470 | 822 | 749 | 1685 | 582 | 189 | 4455 | 552 | 1393 | 13135 |
| 05:00 | 1062 | 1300 | 490 | 867 | 779 | 1770 | 630 | 204 | 4645 | 563 | 1439 | 13749 |
| 06:00 | 1162 | 1438 | 538 | 955 | 853 | 1928 | 708 | 226 | 5071 | 581 | 1532 | 14992 |
| 07:00 | 1199 | 1479 | 578 | 1006 | 894 | 2022 | 714 | 241 | 5454 | 585 | 1608 | 15780 |
| 08:00 | 1069 | 1343 | 594 | 987 | 823 | 2012 | 601 | 240 | 5723 | 571 | 1603 | 15566 |
| 09:00 | 945 | 1174 | 600 | 943 | 725 | 1975 | 494 | 233 | 5919 | 565 | 1575 | 15148 |
| 10:00 | 883 | 1124 | 601 | 936 | 667 | 1951 | 460 | 228 | 6017 | 568 | 1582 | 15017 |
| 11:00 | 886 | 1141 | 609 | 951 | 659 | 1976 | 467 | 228 | 6126 | 574 | 1608 | 15225 |
| 12:00 | 908 | 1201 | 623 | 978 | 679 | 2060 | 480 | 234 | 6246 | 578 | 1640 | 15627 |
| 13:00 | 946 | 1250 | 644 | 1024 | 717 | 2204 | 498 | 237 | 6374 | 582 | 1691 | 16167 |
| 14:00 | 985 | 1306 | 670 | 1062 | 774 | 2368 | 513 | 253 | 6490 | 581 | 1720 | 16722 |
| 15:00 | 1066 | 1378 | 704 | 1104 | 875 | 2528 | 549 | 272 | 6617 | 586 | 1753 | 17432 |
| 16:00 | 1217 | 1499 | 732 | 1147 | 1007 | 2691 | 603 | 291 | 6713 | 595 | 1799 | 18294 |
| 17:00 | 1388 | 1665 | 746 | 1224 | 1141 | 2807 | 725 | 307 | 6714 | 611 | 1874 | 19202 |
| 18:00 | 1511 | 1781 | 752 | 1303 | 1229 | 2874 | 854 | 325 | 6550 | 625 | 1918 | 19722 |
| 19:00 | 1497 | 1789 | 734 | 1299 | 1219 | 2820 | 879 | 322 | 6413 | 622 | 1907 | 19501 |
| 20:00 | 1423 | 1698 | 699 | 1238 | 1161 | 2669 | 837 | 304 | 6215 | 613 | 1854 | 18711 |
| 21:00 | 1331 | 1604 | 661 | 1160 | 1085 | 2500 | 779 | 285 | 5990 | 598 | 1774 | 17767 |
| 22:00 | 1230 | 1493 | 618 | 1070 | 998 | 2308 | 719 | 260 | 5676 | 583 | 1675 | 16630 |
| 23:00 | 1149 | 1399 | 568 | 997 | 915 | 2106 | 666 | 235 | 5324 | 577 | 1581 | 15517 |

10/07/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1096 | 1339 | 539 | 942 | 847 | 1951 | 632 | 223 | 5005 | 566 | 1557 | 14697 |
| 01:00 | 1061 | 1296 | 515 | 904 | 807 | 1841 | 610 | 213 | 4773 | 562 | 1507 | 14089 |
| 02:00 | 1039 | 1258 | 489 | 876 | 781 | 1765 | 595 | 202 | 4606 | 557 | 1474 | 13642 |
| 03:00 | 1029 | 1251 | 474 | 861 | 765 | 1721 | 587 | 194 | 4497 | 557 | 1456 | 13392 |
| 04:00 | 1043 | 1267 | 475 | 870 | 764 | 1728 | 597 | 197 | 4487 | 557 | 1455 | 13440 |
| 05:00 | 1098 | 1342 | 496 | 912 | 797 | 1817 | 643 | 212 | 4681 | 568 | 1505 | 14071 |
| 06:00 | 1206 | 1481 | 551 | 998 | 876 | 1979 | 724 | 237 | 5135 | 588 | 1599 | 15374 |
| 07:00 | 1250 | 1549 | 591 | 1060 | 922 | 2083 | 752 | 252 | 5546 | 595 | 1685 | 16285 |
| 08:00 | 1175 | 1492 | 614 | 1066 | 903 | 2128 | 682 | 256 | 5858 | 584 | 1702 | 16460 |
| 09:00 | 1065 | 1377 | 625 | 1049 | 842 | 2126 | 600 | 255 | 6081 | 580 | 1694 | 16294 |
| 10:00 | 1012 | 1344 | 629 | 1050 | 793 | 2121 | 578 | 255 | 6197 | 579 | 1706 | 16264 |
| 11:00 | 1018 | 1358 | 640 | 1065 | 791 | 2176 | 593 | 256 | 6316 | 584 | 1721 | 16518 |
| 12:00 | 1039 | 1395 | 655 | 1082 | 827 | 2279 | 612 | 259 | 6447 | 584 | 1732 | 16911 |
| 13:00 | 1084 | 1444 | 674 | 1099 | 883 | 2428 | 641 | 265 | 6594 | 585 | 1748 | 17445 |
| 14:00 | 1136 | 1467 | 696 | 1105 | 930 | 2584 | 648 | 279 | 6722 | 585 | 1742 | 17894 |
| 15:00 | 1224 | 1525 | 726 | 1126 | 1018 | 2747 | 688 | 298 | 6850 | 585 | 1742 | 18529 |
| 16:00 | 1350 | 1627 | 755 | 1150 | 1113 | 2872 | 732 | 315 | 6960 | 597 | 1754 | 19225 |
| 17:00 | 1470 | 1728 | 767 | 1186 | 1191 | 2943 | 799 | 324 | 6963 | 607 | 1784 | 19762 |
| 18:00 | 1542 | 1802 | 775 | 1230 | 1246 | 2969 | 867 | 341 | 6808 | 616 | 1814 | 20010 |
| 19:00 | 1521 | 1795 | 762 | 1222 | 1248 | 2913 | 879 | 340 | 6660 | 617 | 1808 | 19765 |
| 20:00 | 1443 | 1699 | 729 | 1163 | 1198 | 2762 | 836 | 322 | 6453 | 612 | 1763 | 18980 |
| 21:00 | 1355 | 1610 | 694 | 1091 | 1128 | 2591 | 780 | 305 | 6231 | 595 | 1689 | 18069 |
| 22:00 | 1260 | 1499 | 652 | 1010 | 1045 | 2397 | 722 | 281 | 5911 | 578 | 1595 | 16950 |
| 23:00 | 1184 | 1407 | 600 | 939 | 963 | 2191 | 668 | 256 | 5543 | 569 | 1509 | 15829 |

10/08/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1142 | 1357 | 577 | 894 | 895 | 2042 | 624 | 240 | 5250 | 562 | 1486 | 15069 |
| 01:00 | 1111 | 1313 | 552 | 857 | 854 | 1923 | 603 | 228 | 5021 | 559 | 1444 | 14465 |
| 02:00 | 1090 | 1269 | 526 | 831 | 828 | 1840 | 587 | 216 | 4852 | 556 | 1417 | 14012 |
| 03:00 | 1079 | 1258 | 512 | 818 | 813 | 1789 | 579 | 208 | 4750 | 554 | 1402 | 13762 |
| 04:00 | 1091 | 1271 | 510 | 826 | 811 | 1793 | 590 | 210 | 4742 | 555 | 1406 | 13805 |
| 05:00 | 1143 | 1346 | 534 | 869 | 842 | 1878 | 636 | 223 | 4931 | 568 | 1456 | 14426 |
| 06:00 | 1250 | 1478 | 588 | 956 | 917 | 2034 | 716 | 246 | 5409 | 592 | 1548 | 15734 |
| 07:00 | 1310 | 1543 | 632 | 1007 | 980 | 2156 | 737 | 265 | 5834 | 599 | 1618 | 16681 |
| 08:00 | 1265 | 1446 | 656 | 945 | 996 | 2230 | 639 | 276 | 6146 | 587 | 1597 | 16783 |
| 09:00 | 1159 | 1263 | 669 | 848 | 963 | 2256 | 513 | 277 | 6348 | 578 | 1530 | 16404 |
| 10:00 | 1062 | 1154 | 670 | 803 | 918 | 2273 | 438 | 277 | 6415 | 569 | 1497 | 16076 |
| 11:00 | 1001 | 1105 | 668 | 791 | 868 | 2284 | 409 | 274 | 6449 | 566 | 1486 | 15901 |
| 12:00 | 966 | 1093 | 667 | 793 | 833 | 2302 | 389 | 271 | 6466 | 563 | 1488 | 15831 |
| 13:00 | 934 | 1096 | 671 | 797 | 821 | 2347 | 377 | 265 | 6474 | 560 | 1507 | 15849 |
| 14:00 | 929 | 1085 | 680 | 790 | 812 | 2397 | 355 | 276 | 6464 | 555 | 1508 | 15851 |
| 15:00 | 970 | 1113 | 699 | 798 | 843 | 2467 | 366 | 287 | 6497 | 557 | 1515 | 16112 |
| 16:00 | 1096 | 1240 | 714 | 844 | 935 | 2542 | 448 | 302 | 6523 | 576 | 1554 | 16774 |
| 17:00 | 1261 | 1449 | 714 | 970 | 1045 | 2599 | 618 | 310 | 6461 | 602 | 1637 | 17666 |
| 18:00 | 1383 | 1622 | 706 | 1085 | 1120 | 2639 | 766 | 323 | 6247 | 619 | 1701 | 18211 |
| 19:00 | 1386 | 1664 | 685 | 1116 | 1120 | 2585 | 803 | 317 | 6041 | 626 | 1730 | 18073 |
| 20:00 | 1325 | 1598 | 651 | 1078 | 1072 | 2435 | 773 | 298 | 5771 | 617 | 1696 | 17314 |
| 21:00 | 1253 | 1525 | 617 | 1020 | 1008 | 2274 | 725 | 282 | 5499 | 602 | 1637 | 16442 |
| 22:00 | 1169 | 1424 | 575 | 949 | 933 | 2087 | 668 | 258 | 5170 | 586 | 1550 | 15369 |
| 23:00 | 1101 | 1338 | 523 | 891 | 858 | 1884 | 621 | 234 | 4816 | 573 | 1477 | 14316 |

10/09/2025

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1050 | 1305 | 496 | 851 | 801 | 1749 | 595 | 216 | 4542 | 563 | 1469 | 13637 |
| 01:00 | 1023 | 1271 | 475 | 823 | 767 | 1654 | 577 | 207 | 4315 | 562 | 1433 | 13107 |
| 02:00 | 1013 | 1245 | 454 | 806 | 748 | 1589 | 565 | 198 | 4138 | 563 | 1411 | 12730 |
| 03:00 | 1016 | 1252 | 443 | 801 | 741 | 1550 | 564 | 193 | 4027 | 563 | 1405 | 12555 |
| 04:00 | 1039 | 1285 | 445 | 817 | 747 | 1558 | 580 | 198 | 4003 | 570 | 1421 | 12663 |
| 05:00 | 1107 | 1375 | 466 | 870 | 785 | 1644 | 631 | 214 | 4153 | 586 | 1478 | 13309 |
| 06:00 | 1226 | 1525 | 517 | 967 | 868 | 1785 | 717 | 238 | 4537 | 610 | 1581 | 14571 |
| 07:00 | 1250 | 1558 | 546 | 1013 | 897 | 1848 | 714 | 252 | 4883 | 616 | 1650 | 15227 |
| 08:00 | 1114 | 1375 | 551 | 934 | 821 | 1811 | 567 | 249 | 5130 | 588 | 1610 | 14750 |
| 09:00 | 948 | 1149 | 540 | 817 | 692 | 1721 | 422 | 238 | 5266 | 575 | 1536 | 13904 |
| 10:00 | 841 | 1040 | 526 | 761 | 597 | 1627 | 358 | 230 | 5300 | 564 | 1497 | 13341 |
| 11:00 | 804 | 996 | 519 | 743 | 551 | 1568 | 340 | 223 | 5323 | 556 | 1474 | 13097 |
| 12:00 | 775 | 998 | 515 | 728 | 526 | 1550 | 324 | 220 | 5336 | 551 | 1468 | 12991 |
| 13:00 | 761 | 993 | 516 | 727 | 520 | 1591 | 316 | 212 | 5361 | 547 | 1474 | 13018 |
| 14:00 | 769 | 982 | 528 | 719 | 544 | 1677 | 296 | 221 | 5400 | 541 | 1469 | 13146 |
| 15:00 | 836 | 1017 | 547 | 729 | 622 | 1804 | 317 | 236 | 5472 | 547 | 1476 | 13603 |
| 16:00 | 987 | 1152 | 573 | 777 | 758 | 1984 | 405 | 256 | 5576 | 567 | 1520 | 14555 |
| 17:00 | 1190 | 1415 | 596 | 919 | 914 | 2152 | 597 | 276 | 5616 | 597 | 1611 | 15883 |
| 18:00 | 1337 | 1629 | 613 | 1054 | 1028 | 2272 | 764 | 297 | 5494 | 619 | 1692 | 16799 |
| 19:00 | 1358 | 1684 | 621 | 1093 | 1060 | 2301 | 809 | 303 | 5414 | 628 | 1727 | 16998 |
| 20:00 | 1314 | 1632 | 599 | 1066 | 1034 | 2198 | 785 | 287 | 5217 | 622 | 1712 | 16466 |
| 21:00 | 1251 | 1567 | 570 | 1016 | 986 | 2064 | 742 | 275 | 5007 | 610 | 1658 | 15746 |
| 22:00 | 1172 | 1468 | 536 | 949 | 924 | 1911 | 694 | 254 | 4742 | 595 | 1582 | 14827 |
| 23:00 | 1113 | 1398 | 497 | 895 | 862 | 1764 | 651 | 234 | 4480 | 588 | 1516 | 13998 |