

# ISO Load Forecast

06/25/2025  
06/26/2025  
06/27/2025  
06/28/2025  
06/29/2025  
06/30/2025

06/25/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1715   | 1971   | 1022   | 1370   | 1442   | 3227   | 887    | 426    | 8252   | 577   | 1921 | 22810 |
| 01:00 | 1634   | 1860   | 969    | 1283   | 1338   | 2996   | 836    | 397    | 7882   | 572   | 1837 | 21604 |
| 02:00 | 1568   | 1798   | 918    | 1220   | 1267   | 2824   | 804    | 371    | 7590   | 569   | 1770 | 20699 |
| 03:00 | 1533   | 1755   | 878    | 1177   | 1213   | 2712   | 788    | 353    | 7366   | 565   | 1727 | 20067 |
| 04:00 | 1531   | 1756   | 858    | 1161   | 1189   | 2664   | 785    | 343    | 7277   | 566   | 1714 | 19844 |
| 05:00 | 1553   | 1790   | 860    | 1172   | 1187   | 2674   | 806    | 347    | 7378   | 568   | 1732 | 20067 |
| 06:00 | 1607   | 1860   | 893    | 1211   | 1220   | 2778   | 834    | 366    | 7799   | 575   | 1781 | 20924 |
| 07:00 | 1650   | 1933   | 972    | 1270   | 1266   | 3015   | 838    | 393    | 8356   | 580   | 1855 | 22128 |
| 08:00 | 1672   | 1955   | 1029   | 1306   | 1322   | 3307   | 814    | 416    | 8875   | 579   | 1916 | 23191 |
| 09:00 | 1697   | 1934   | 1077   | 1335   | 1372   | 3536   | 785    | 444    | 9278   | 580   | 1963 | 24001 |
| 10:00 | 1733   | 1946   | 1123   | 1347   | 1452   | 3771   | 755    | 481    | 9572   | 581   | 2004 | 24765 |
| 11:00 | 1779   | 1940   | 1171   | 1367   | 1554   | 4011   | 737    | 515    | 9781   | 584   | 2053 | 25492 |
| 12:00 | 1803   | 1957   | 1217   | 1391   | 1668   | 4221   | 722    | 548    | 9946   | 583   | 2094 | 26150 |
| 13:00 | 1833   | 1969   | 1242   | 1423   | 1767   | 4432   | 728    | 568    | 10060  | 587   | 2141 | 26750 |
| 14:00 | 1848   | 1983   | 1253   | 1451   | 1840   | 4599   | 750    | 578    | 10119  | 590   | 2177 | 27188 |
| 15:00 | 1856   | 2038   | 1281   | 1473   | 1879   | 4734   | 766    | 587    | 10194  | 591   | 2204 | 27603 |
| 16:00 | 1889   | 2086   | 1293   | 1493   | 1929   | 4815   | 823    | 592    | 10233  | 600   | 2235 | 27988 |
| 17:00 | 1964   | 2147   | 1293   | 1498   | 1976   | 4861   | 888    | 593    | 10220  | 611   | 2245 | 28296 |
| 18:00 | 1995   | 2216   | 1264   | 1525   | 1971   | 4759   | 957    | 583    | 9949   | 622   | 2217 | 28058 |
| 19:00 | 1985   | 2258   | 1227   | 1519   | 1930   | 4576   | 1029   | 566    | 9664   | 631   | 2187 | 27572 |
| 20:00 | 1921   | 2220   | 1180   | 1471   | 1850   | 4361   | 1047   | 536    | 9437   | 626   | 2126 | 26775 |
| 21:00 | 1841   | 2144   | 1126   | 1427   | 1750   | 4117   | 1019   | 504    | 9218   | 616   | 2080 | 25842 |
| 22:00 | 1702   | 1998   | 1054   | 1328   | 1603   | 3778   | 938    | 462    | 8814   | 596   | 1979 | 24252 |
| 23:00 | 1565   | 1851   | 976    | 1220   | 1454   | 3425   | 861    | 419    | 8316   | 585   | 1875 | 22547 |

06/26/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1440   | 1695   | 900    | 1119   | 1289   | 3028   | 787    | 378    | 7737   | 579   | 1781 | 20733 |
| 01:00 | 1367   | 1604   | 849    | 1055   | 1193   | 2813   | 740    | 353    | 7385   | 570   | 1705 | 19634 |
| 02:00 | 1310   | 1552   | 802    | 1012   | 1126   | 2647   | 710    | 331    | 7094   | 565   | 1651 | 18800 |
| 03:00 | 1280   | 1525   | 764    | 988    | 1076   | 2532   | 694    | 312    | 6862   | 562   | 1618 | 18213 |
| 04:00 | 1280   | 1531   | 745    | 988    | 1050   | 2477   | 695    | 303    | 6753   | 563   | 1620 | 18005 |
| 05:00 | 1301   | 1575   | 747    | 1011   | 1048   | 2482   | 717    | 305    | 6836   | 569   | 1649 | 18240 |
| 06:00 | 1344   | 1646   | 776    | 1058   | 1087   | 2572   | 737    | 321    | 7223   | 580   | 1702 | 19046 |
| 07:00 | 1377   | 1708   | 834    | 1108   | 1148   | 2723   | 732    | 338    | 7624   | 582   | 1776 | 19950 |
| 08:00 | 1381   | 1717   | 858    | 1134   | 1197   | 2865   | 713    | 351    | 7901   | 584   | 1833 | 20534 |
| 09:00 | 1380   | 1705   | 872    | 1153   | 1213   | 2946   | 691    | 362    | 8074   | 585   | 1879 | 20860 |
| 10:00 | 1385   | 1729   | 874    | 1163   | 1236   | 3017   | 686    | 371    | 8123   | 588   | 1905 | 21077 |
| 11:00 | 1387   | 1720   | 875    | 1177   | 1244   | 3050   | 682    | 378    | 8107   | 589   | 1926 | 21135 |
| 12:00 | 1382   | 1735   | 879    | 1178   | 1270   | 3085   | 689    | 387    | 8068   | 591   | 1945 | 21209 |
| 13:00 | 1399   | 1754   | 873    | 1202   | 1309   | 3125   | 703    | 394    | 7998   | 593   | 1976 | 21326 |
| 14:00 | 1414   | 1767   | 870    | 1224   | 1327   | 3153   | 722    | 397    | 7916   | 595   | 1996 | 21381 |
| 15:00 | 1435   | 1822   | 880    | 1246   | 1342   | 3182   | 732    | 401    | 7883   | 598   | 2001 | 21522 |
| 16:00 | 1478   | 1860   | 888    | 1263   | 1361   | 3193   | 775    | 404    | 7833   | 604   | 2012 | 21671 |
| 17:00 | 1538   | 1918   | 886    | 1269   | 1392   | 3201   | 812    | 410    | 7737   | 613   | 2022 | 21798 |
| 18:00 | 1554   | 1962   | 863    | 1296   | 1386   | 3115   | 849    | 405    | 7413   | 618   | 2003 | 21464 |
| 19:00 | 1561   | 1995   | 835    | 1290   | 1369   | 3004   | 890    | 393    | 7149   | 619   | 1979 | 21084 |
| 20:00 | 1544   | 1969   | 805    | 1265   | 1323   | 2896   | 898    | 373    | 6931   | 615   | 1944 | 20563 |
| 21:00 | 1503   | 1927   | 775    | 1244   | 1274   | 2782   | 885    | 357    | 6762   | 611   | 1917 | 20037 |
| 22:00 | 1412   | 1820   | 729    | 1173   | 1184   | 2594   | 824    | 328    | 6483   | 596   | 1840 | 18983 |
| 23:00 | 1319   | 1698   | 680    | 1094   | 1085   | 2384   | 765    | 296    | 6142   | 582   | 1764 | 17809 |

06/27/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1233   | 1579   | 641    | 1023   | 995    | 2194   | 707    | 271    | 5771   | 577   | 1699 | 16690 |
| 01:00 | 1187   | 1507   | 612    | 977    | 937    | 2062   | 670    | 257    | 5533   | 571   | 1640 | 15953 |
| 02:00 | 1152   | 1467   | 584    | 947    | 900    | 1966   | 648    | 244    | 5351   | 563   | 1594 | 15416 |
| 03:00 | 1139   | 1445   | 565    | 933    | 877    | 1911   | 635    | 234    | 5210   | 559   | 1572 | 15080 |
| 04:00 | 1153   | 1453   | 558    | 939    | 872    | 1905   | 640    | 232    | 5179   | 561   | 1583 | 15075 |
| 05:00 | 1185   | 1495   | 573    | 969    | 890    | 1957   | 669    | 238    | 5321   | 569   | 1621 | 15487 |
| 06:00 | 1240   | 1578   | 611    | 1025   | 937    | 2072   | 712    | 261    | 5717   | 582   | 1674 | 16409 |
| 07:00 | 1289   | 1651   | 664    | 1092   | 996    | 2218   | 737    | 282    | 6126   | 591   | 1769 | 17415 |
| 08:00 | 1301   | 1668   | 692    | 1130   | 1033   | 2350   | 731    | 299    | 6426   | 593   | 1859 | 18082 |
| 09:00 | 1298   | 1654   | 706    | 1175   | 1038   | 2426   | 718    | 311    | 6609   | 596   | 1947 | 18478 |
| 10:00 | 1300   | 1668   | 712    | 1215   | 1047   | 2494   | 708    | 315    | 6673   | 598   | 2012 | 18742 |
| 11:00 | 1292   | 1668   | 712    | 1256   | 1048   | 2535   | 698    | 316    | 6687   | 601   | 2065 | 18878 |
| 12:00 | 1278   | 1675   | 714    | 1293   | 1058   | 2578   | 697    | 320    | 6691   | 599   | 2125 | 19028 |
| 13:00 | 1282   | 1706   | 709    | 1338   | 1072   | 2626   | 706    | 323    | 6679   | 598   | 2180 | 19219 |
| 14:00 | 1291   | 1735   | 700    | 1374   | 1090   | 2657   | 723    | 323    | 6640   | 602   | 2211 | 19346 |
| 15:00 | 1314   | 1796   | 712    | 1407   | 1108   | 2700   | 738    | 329    | 6634   | 604   | 2230 | 19572 |
| 16:00 | 1352   | 1840   | 720    | 1438   | 1149   | 2733   | 780    | 339    | 6640   | 607   | 2249 | 19847 |
| 17:00 | 1405   | 1881   | 726    | 1448   | 1193   | 2768   | 808    | 349    | 6618   | 610   | 2266 | 20072 |
| 18:00 | 1431   | 1926   | 708    | 1486   | 1202   | 2726   | 836    | 345    | 6378   | 612   | 2249 | 19899 |
| 19:00 | 1452   | 1964   | 694    | 1481   | 1205   | 2657   | 876    | 336    | 6201   | 613   | 2216 | 19695 |
| 20:00 | 1447   | 1943   | 676    | 1450   | 1187   | 2606   | 879    | 320    | 6061   | 609   | 2163 | 19341 |
| 21:00 | 1422   | 1900   | 662    | 1418   | 1158   | 2530   | 863    | 310    | 5950   | 604   | 2128 | 18945 |
| 22:00 | 1353   | 1806   | 636    | 1338   | 1091   | 2399   | 813    | 292    | 5752   | 592   | 2042 | 18114 |
| 23:00 | 1276   | 1694   | 601    | 1242   | 1014   | 2244   | 758    | 270    | 5514   | 580   | 1962 | 17155 |

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| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1191   | 1585   | 578    | 1172   | 937    | 2077   | 716    | 254    | 5282   | 583   | 1890 | 16265 |
| 01:00 | 1141   | 1516   | 552    | 1109   | 886    | 1961   | 681    | 241    | 5099   | 575   | 1808 | 15569 |
| 02:00 | 1105   | 1469   | 529    | 1063   | 851    | 1877   | 654    | 230    | 4951   | 569   | 1751 | 15049 |
| 03:00 | 1092   | 1441   | 513    | 1034   | 834    | 1826   | 640    | 221    | 4864   | 565   | 1714 | 14744 |
| 04:00 | 1089   | 1434   | 507    | 1021   | 825    | 1816   | 637    | 218    | 4821   | 564   | 1700 | 14632 |
| 05:00 | 1095   | 1445   | 510    | 1025   | 830    | 1820   | 644    | 219    | 4833   | 568   | 1690 | 14679 |
| 06:00 | 1109   | 1466   | 524    | 1041   | 849    | 1867   | 658    | 225    | 4949   | 572   | 1689 | 14949 |
| 07:00 | 1138   | 1505   | 556    | 1076   | 877    | 1984   | 675    | 243    | 5172   | 584   | 1735 | 15545 |
| 08:00 | 1182   | 1551   | 594    | 1118   | 915    | 2158   | 689    | 266    | 5427   | 596   | 1797 | 16293 |
| 09:00 | 1203   | 1588   | 628    | 1137   | 960    | 2297   | 695    | 285    | 5691   | 599   | 1861 | 16944 |
| 10:00 | 1216   | 1603   | 655    | 1182   | 985    | 2443   | 697    | 305    | 5934   | 600   | 1931 | 17551 |
| 11:00 | 1218   | 1628   | 671    | 1247   | 1009   | 2578   | 685    | 320    | 6120   | 602   | 1981 | 18059 |
| 12:00 | 1223   | 1679   | 698    | 1278   | 1043   | 2719   | 687    | 328    | 6262   | 604   | 2016 | 18537 |
| 13:00 | 1243   | 1712   | 719    | 1292   | 1080   | 2836   | 690    | 341    | 6333   | 603   | 2031 | 18880 |
| 14:00 | 1274   | 1723   | 729    | 1306   | 1116   | 2920   | 697    | 348    | 6387   | 605   | 2049 | 19154 |
| 15:00 | 1310   | 1781   | 746    | 1333   | 1159   | 2976   | 711    | 356    | 6473   | 611   | 2087 | 19543 |
| 16:00 | 1373   | 1846   | 767    | 1366   | 1211   | 3041   | 748    | 365    | 6541   | 615   | 2114 | 19987 |
| 17:00 | 1437   | 1909   | 782    | 1388   | 1254   | 3105   | 791    | 368    | 6591   | 622   | 2126 | 20373 |
| 18:00 | 1474   | 1973   | 776    | 1415   | 1287   | 3069   | 839    | 369    | 6542   | 630   | 2129 | 20503 |
| 19:00 | 1498   | 1996   | 775    | 1424   | 1300   | 2982   | 879    | 366    | 6450   | 633   | 2113 | 20416 |
| 20:00 | 1503   | 1973   | 768    | 1398   | 1284   | 2895   | 888    | 359    | 6395   | 631   | 2083 | 20177 |
| 21:00 | 1481   | 1930   | 756    | 1364   | 1260   | 2801   | 881    | 349    | 6353   | 628   | 2050 | 19853 |
| 22:00 | 1408   | 1830   | 731    | 1284   | 1195   | 2661   | 837    | 327    | 6206   | 614   | 1974 | 19067 |
| 23:00 | 1325   | 1709   | 692    | 1193   | 1115   | 2493   | 780    | 305    | 5999   | 602   | 1871 | 18084 |

06/29/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1236   | 1596   | 665    | 1114   | 1029   | 2352   | 714    | 286    | 5758   | 587   | 1796 | 17133 |
| 01:00 | 1178   | 1514   | 629    | 1049   | 956    | 2196   | 672    | 268    | 5529   | 579   | 1714 | 16284 |
| 02:00 | 1135   | 1455   | 596    | 1003   | 902    | 2075   | 644    | 250    | 5343   | 574   | 1656 | 15633 |
| 03:00 | 1111   | 1424   | 571    | 972    | 867    | 1993   | 628    | 234    | 5213   | 569   | 1615 | 15197 |
| 04:00 | 1097   | 1399   | 554    | 955    | 842    | 1958   | 618    | 227    | 5128   | 570   | 1599 | 14947 |
| 05:00 | 1086   | 1389   | 546    | 944    | 829    | 1932   | 613    | 220    | 5089   | 569   | 1575 | 14792 |
| 06:00 | 1081   | 1381   | 549    | 928    | 819    | 1940   | 600    | 222    | 5142   | 573   | 1556 | 14791 |
| 07:00 | 1098   | 1377   | 567    | 922    | 826    | 2029   | 583    | 236    | 5318   | 575   | 1581 | 15112 |
| 08:00 | 1129   | 1382   | 591    | 923    | 826    | 2180   | 566    | 254    | 5555   | 590   | 1616 | 15612 |
| 09:00 | 1129   | 1371   | 620    | 910    | 865    | 2326   | 527    | 274    | 5812   | 588   | 1684 | 16106 |
| 10:00 | 1124   | 1346   | 651    | 943    | 890    | 2487   | 479    | 302    | 6074   | 583   | 1768 | 16647 |
| 11:00 | 1123   | 1336   | 669    | 994    | 924    | 2634   | 421    | 320    | 6306   | 580   | 1841 | 17148 |
| 12:00 | 1136   | 1366   | 693    | 1032   | 1003   | 2787   | 406    | 334    | 6484   | 579   | 1902 | 17722 |
| 13:00 | 1164   | 1396   | 721    | 1076   | 1088   | 2922   | 398    | 350    | 6634   | 572   | 1953 | 18274 |
| 14:00 | 1205   | 1412   | 743    | 1117   | 1148   | 3038   | 402    | 358    | 6765   | 574   | 2005 | 18767 |
| 15:00 | 1264   | 1518   | 781    | 1182   | 1212   | 3138   | 444    | 375    | 6912   | 584   | 2073 | 19483 |
| 16:00 | 1385   | 1653   | 824    | 1274   | 1288   | 3234   | 538    | 400    | 7021   | 596   | 2148 | 20361 |
| 17:00 | 1516   | 1804   | 850    | 1372   | 1358   | 3337   | 643    | 411    | 7119   | 614   | 2210 | 21234 |
| 18:00 | 1606   | 1948   | 855    | 1437   | 1402   | 3330   | 741    | 410    | 7132   | 626   | 2240 | 21727 |
| 19:00 | 1658   | 2052   | 846    | 1486   | 1414   | 3227   | 843    | 401    | 7021   | 636   | 2255 | 21839 |
| 20:00 | 1673   | 2102   | 840    | 1519   | 1400   | 3130   | 922    | 394    | 6996   | 645   | 2241 | 21862 |
| 21:00 | 1627   | 2059   | 827    | 1506   | 1348   | 3028   | 916    | 378    | 6997   | 638   | 2221 | 21545 |
| 22:00 | 1501   | 1924   | 786    | 1408   | 1241   | 2826   | 849    | 346    | 6827   | 621   | 2125 | 20454 |
| 23:00 | 1381   | 1784   | 733    | 1297   | 1130   | 2589   | 782    | 315    | 6535   | 608   | 2003 | 19157 |

06/30/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1307   | 1671   | 697    | 1193   | 1036   | 2411   | 713    | 298    | 6240   | 573   | 1904 | 18043 |
| 01:00 | 1247   | 1588   | 659    | 1127   | 967    | 2260   | 673    | 277    | 6009   | 567   | 1825 | 17199 |
| 02:00 | 1205   | 1540   | 624    | 1082   | 927    | 2147   | 649    | 258    | 5819   | 562   | 1770 | 16583 |
| 03:00 | 1188   | 1520   | 600    | 1057   | 901    | 2084   | 639    | 244    | 5691   | 561   | 1740 | 16225 |
| 04:00 | 1195   | 1533   | 592    | 1060   | 893    | 2087   | 644    | 241    | 5684   | 561   | 1748 | 16238 |
| 05:00 | 1223   | 1591   | 608    | 1096   | 905    | 2146   | 670    | 249    | 5848   | 571   | 1788 | 16695 |
| 06:00 | 1268   | 1652   | 643    | 1140   | 919    | 2286   | 681    | 270    | 6281   | 581   | 1844 | 17565 |
| 07:00 | 1325   | 1702   | 719    | 1198   | 962    | 2509   | 674    | 297    | 6819   | 589   | 1947 | 18741 |
| 08:00 | 1344   | 1707   | 767    | 1240   | 1001   | 2724   | 648    | 320    | 7283   | 595   | 2048 | 19677 |
| 09:00 | 1358   | 1668   | 796    | 1256   | 1027   | 2915   | 625    | 338    | 7659   | 597   | 2123 | 20362 |
| 10:00 | 1385   | 1673   | 819    | 1257   | 1059   | 3089   | 608    | 356    | 7914   | 599   | 2173 | 20932 |
| 11:00 | 1429   | 1645   | 842    | 1281   | 1109   | 3253   | 586    | 375    | 8126   | 606   | 2202 | 21454 |
| 12:00 | 1479   | 1657   | 876    | 1312   | 1204   | 3445   | 592    | 402    | 8344   | 614   | 2225 | 22150 |
| 13:00 | 1564   | 1696   | 907    | 1359   | 1310   | 3646   | 624    | 424    | 8536   | 623   | 2243 | 22932 |
| 14:00 | 1611   | 1738   | 934    | 1414   | 1383   | 3773   | 660    | 441    | 8632   | 627   | 2258 | 23471 |
| 15:00 | 1638   | 1862   | 993    | 1503   | 1455   | 3847   | 721    | 469    | 8787   | 630   | 2303 | 24208 |
| 16:00 | 1733   | 1979   | 1043   | 1601   | 1569   | 3954   | 811    | 496    | 8893   | 634   | 2352 | 25065 |
| 17:00 | 1850   | 2090   | 1077   | 1661   | 1657   | 4038   | 888    | 515    | 8908   | 642   | 2379 | 25705 |
| 18:00 | 1938   | 2206   | 1071   | 1698   | 1703   | 4004   | 947    | 521    | 8660   | 647   | 2351 | 25746 |
| 19:00 | 2009   | 2307   | 1054   | 1695   | 1742   | 3883   | 1019   | 513    | 8432   | 649   | 2328 | 25631 |
| 20:00 | 2034   | 2332   | 1034   | 1670   | 1733   | 3729   | 1057   | 496    | 8270   | 648   | 2278 | 25281 |
| 21:00 | 1973   | 2262   | 1004   | 1625   | 1656   | 3546   | 1036   | 472    | 8141   | 640   | 2233 | 24588 |
| 22:00 | 1833   | 2115   | 947    | 1515   | 1513   | 3268   | 953    | 434    | 7821   | 623   | 2128 | 23150 |
| 23:00 | 1697   | 1963   | 881    | 1399   | 1374   | 2976   | 880    | 395    | 7392   | 608   | 2042 | 21607 |