

ISO Load Forecast

[07/16/2023](#)
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| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1453 | 1771 | 774 | 1128 | 1215 | 3052 | 758 | 355 | 6817 | 616 | 1679 | 19618 |
| 01:00 | 1377 | 1690 | 728 | 1067 | 1135 | 2861 | 714 | 330 | 6535 | 605 | 1601 | 18643 |
| 02:00 | 1329 | 1637 | 698 | 1021 | 1082 | 2723 | 681 | 313 | 6310 | 597 | 1546 | 17937 |
| 03:00 | 1293 | 1600 | 673 | 989 | 1042 | 2626 | 660 | 301 | 6128 | 588 | 1506 | 17406 |
| 04:00 | 1275 | 1576 | 659 | 970 | 1017 | 2564 | 650 | 293 | 6010 | 588 | 1483 | 17085 |
| 05:00 | 1270 | 1569 | 658 | 963 | 1008 | 2532 | 649 | 290 | 5972 | 589 | 1480 | 16980 |
| 06:00 | 1275 | 1581 | 657 | 958 | 1011 | 2540 | 660 | 294 | 5994 | 589 | 1479 | 17038 |
| 07:00 | 1320 | 1622 | 676 | 986 | 1038 | 2632 | 681 | 304 | 6154 | 600 | 1528 | 17541 |
| 08:00 | 1392 | 1690 | 710 | 1039 | 1094 | 2834 | 728 | 330 | 6391 | 615 | 1616 | 18439 |
| 09:00 | 1477 | 1755 | 753 | 1105 | 1167 | 3067 | 781 | 361 | 6686 | 632 | 1713 | 19497 |
| 10:00 | 1549 | 1810 | 788 | 1161 | 1239 | 3283 | 805 | 394 | 6980 | 639 | 1796 | 20444 |
| 11:00 | 1597 | 1870 | 821 | 1213 | 1299 | 3467 | 827 | 417 | 7238 | 646 | 1872 | 21267 |
| 12:00 | 1639 | 1929 | 848 | 1256 | 1350 | 3559 | 838 | 432 | 7417 | 650 | 1918 | 21836 |
| 13:00 | 1664 | 1962 | 863 | 1287 | 1392 | 3632 | 837 | 444 | 7535 | 652 | 1946 | 22214 |
| 14:00 | 1684 | 1985 | 872 | 1294 | 1418 | 3681 | 824 | 446 | 7616 | 654 | 1973 | 22447 |
| 15:00 | 1726 | 2004 | 882 | 1304 | 1459 | 3717 | 815 | 457 | 7663 | 661 | 2002 | 22690 |
| 16:00 | 1780 | 2042 | 906 | 1337 | 1508 | 3757 | 841 | 468 | 7755 | 671 | 2043 | 23108 |
| 17:00 | 1825 | 2102 | 918 | 1361 | 1571 | 3790 | 875 | 480 | 7819 | 675 | 2077 | 23493 |
| 18:00 | 1840 | 2144 | 925 | 1391 | 1593 | 3783 | 906 | 483 | 7826 | 676 | 2087 | 23654 |
| 19:00 | 1821 | 2136 | 911 | 1408 | 1573 | 3711 | 934 | 470 | 7755 | 675 | 2063 | 23457 |
| 20:00 | 1778 | 2093 | 907 | 1388 | 1537 | 3661 | 944 | 457 | 7772 | 668 | 2004 | 23209 |
| 21:00 | 1719 | 2036 | 889 | 1362 | 1478 | 3574 | 916 | 438 | 7792 | 659 | 1972 | 22835 |
| 22:00 | 1601 | 1917 | 841 | 1274 | 1370 | 3346 | 846 | 404 | 7599 | 641 | 1871 | 21710 |
| 23:00 | 1473 | 1787 | 784 | 1178 | 1255 | 3076 | 775 | 366 | 7269 | 626 | 1760 | 20349 |

07/17/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1376 | 1691 | 751 | 1099 | 1146 | 2869 | 737 | 354 | 6895 | 603 | 1661 | 19182 |
| 01:00 | 1311 | 1610 | 706 | 1036 | 1071 | 2695 | 699 | 330 | 6640 | 597 | 1589 | 18284 |
| 02:00 | 1266 | 1553 | 669 | 993 | 1019 | 2565 | 672 | 313 | 6427 | 590 | 1539 | 17606 |
| 03:00 | 1236 | 1515 | 645 | 969 | 984 | 2482 | 657 | 301 | 6270 | 589 | 1512 | 17160 |
| 04:00 | 1241 | 1518 | 639 | 972 | 973 | 2449 | 659 | 297 | 6239 | 588 | 1509 | 17084 |
| 05:00 | 1279 | 1567 | 653 | 1005 | 980 | 2480 | 688 | 303 | 6406 | 596 | 1546 | 17503 |
| 06:00 | 1366 | 1662 | 700 | 1043 | 1027 | 2578 | 737 | 321 | 6797 | 609 | 1623 | 18463 |
| 07:00 | 1464 | 1741 | 760 | 1101 | 1090 | 2799 | 756 | 351 | 7311 | 625 | 1736 | 19734 |
| 08:00 | 1528 | 1792 | 809 | 1155 | 1144 | 3067 | 767 | 377 | 7756 | 637 | 1838 | 20870 |
| 09:00 | 1576 | 1832 | 856 | 1201 | 1203 | 3288 | 778 | 403 | 8134 | 645 | 1906 | 21822 |
| 10:00 | 1621 | 1873 | 899 | 1249 | 1282 | 3515 | 801 | 432 | 8400 | 651 | 1976 | 22699 |
| 11:00 | 1674 | 1942 | 946 | 1321 | 1364 | 3750 | 826 | 466 | 8641 | 656 | 2065 | 23651 |
| 12:00 | 1716 | 2013 | 985 | 1381 | 1465 | 3962 | 836 | 496 | 8831 | 663 | 2118 | 24466 |
| 13:00 | 1756 | 2112 | 1026 | 1431 | 1546 | 4121 | 858 | 524 | 8960 | 668 | 2175 | 25177 |
| 14:00 | 1814 | 2166 | 1069 | 1476 | 1615 | 4280 | 884 | 547 | 9100 | 675 | 2212 | 25838 |
| 15:00 | 1890 | 2198 | 1111 | 1519 | 1683 | 4437 | 907 | 568 | 9251 | 680 | 2237 | 26481 |
| 16:00 | 1950 | 2284 | 1137 | 1555 | 1736 | 4578 | 941 | 583 | 9328 | 680 | 2264 | 27036 |
| 17:00 | 2010 | 2346 | 1149 | 1570 | 1813 | 4602 | 987 | 594 | 9317 | 683 | 2261 | 27332 |
| 18:00 | 2027 | 2376 | 1128 | 1551 | 1842 | 4538 | 1028 | 590 | 9100 | 686 | 2216 | 27082 |
| 19:00 | 1987 | 2356 | 1094 | 1523 | 1814 | 4362 | 1047 | 574 | 8866 | 683 | 2152 | 26458 |
| 20:00 | 1941 | 2291 | 1059 | 1484 | 1748 | 4185 | 1050 | 548 | 8641 | 675 | 2100 | 25722 |
| 21:00 | 1858 | 2191 | 1015 | 1433 | 1650 | 3970 | 1010 | 516 | 8454 | 667 | 2056 | 24820 |
| 22:00 | 1718 | 2027 | 938 | 1328 | 1498 | 3649 | 924 | 473 | 8053 | 648 | 1955 | 23211 |
| 23:00 | 1594 | 1872 | 866 | 1226 | 1344 | 3322 | 844 | 424 | 7578 | 632 | 1822 | 21524 |

07/18/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1443 | 1734 | 803 | 1135 | 1213 | 3044 | 767 | 376 | 7201 | 616 | 1694 | 20026 |
| 01:00 | 1361 | 1646 | 751 | 1074 | 1125 | 2845 | 724 | 347 | 6890 | 605 | 1616 | 18984 |
| 02:00 | 1311 | 1584 | 711 | 1031 | 1065 | 2695 | 693 | 328 | 6634 | 599 | 1569 | 18220 |
| 03:00 | 1277 | 1543 | 684 | 1007 | 1025 | 2599 | 677 | 315 | 6444 | 598 | 1541 | 17710 |
| 04:00 | 1281 | 1550 | 674 | 1007 | 1010 | 2555 | 679 | 309 | 6400 | 600 | 1534 | 17599 |
| 05:00 | 1325 | 1605 | 686 | 1038 | 1018 | 2587 | 711 | 316 | 6575 | 602 | 1578 | 18041 |
| 06:00 | 1417 | 1713 | 738 | 1084 | 1065 | 2682 | 762 | 336 | 7038 | 614 | 1648 | 19097 |
| 07:00 | 1520 | 1803 | 805 | 1142 | 1134 | 2912 | 787 | 364 | 7602 | 633 | 1741 | 20443 |
| 08:00 | 1578 | 1856 | 854 | 1179 | 1186 | 3170 | 800 | 387 | 8033 | 641 | 1803 | 21487 |
| 09:00 | 1624 | 1881 | 904 | 1192 | 1250 | 3397 | 814 | 416 | 8415 | 651 | 1835 | 22379 |
| 10:00 | 1668 | 1902 | 955 | 1200 | 1337 | 3650 | 831 | 448 | 8718 | 659 | 1878 | 23246 |
| 11:00 | 1711 | 1942 | 1008 | 1232 | 1420 | 3903 | 848 | 480 | 8963 | 664 | 1935 | 24106 |
| 12:00 | 1740 | 1968 | 1044 | 1254 | 1511 | 4122 | 851 | 505 | 9168 | 666 | 1964 | 24793 |
| 13:00 | 1770 | 2007 | 1071 | 1287 | 1572 | 4266 | 857 | 527 | 9284 | 673 | 2002 | 25316 |
| 14:00 | 1786 | 2002 | 1094 | 1300 | 1612 | 4393 | 856 | 535 | 9361 | 675 | 2025 | 25639 |
| 15:00 | 1805 | 1988 | 1105 | 1315 | 1643 | 4485 | 850 | 539 | 9385 | 674 | 2046 | 25835 |
| 16:00 | 1828 | 2032 | 1104 | 1332 | 1652 | 4552 | 861 | 539 | 9376 | 676 | 2083 | 26035 |
| 17:00 | 1855 | 2068 | 1094 | 1344 | 1683 | 4519 | 884 | 538 | 9249 | 676 | 2095 | 26005 |
| 18:00 | 1857 | 2081 | 1060 | 1352 | 1683 | 4398 | 904 | 527 | 8934 | 676 | 2077 | 25549 |
| 19:00 | 1810 | 2075 | 1018 | 1361 | 1649 | 4189 | 920 | 510 | 8620 | 672 | 2028 | 24852 |
| 20:00 | 1758 | 2031 | 980 | 1332 | 1591 | 4000 | 929 | 485 | 8346 | 664 | 1971 | 24087 |
| 21:00 | 1684 | 1957 | 938 | 1293 | 1503 | 3770 | 897 | 456 | 8113 | 649 | 1929 | 23189 |
| 22:00 | 1557 | 1824 | 867 | 1204 | 1366 | 3448 | 822 | 418 | 7684 | 626 | 1836 | 21652 |
| 23:00 | 1444 | 1689 | 796 | 1117 | 1219 | 3121 | 750 | 374 | 7198 | 610 | 1712 | 20030 |

07/19/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1330 | 1573 | 755 | 1043 | 1116 | 2893 | 704 | 350 | 6850 | 601 | 1614 | 18829 |
| 01:00 | 1264 | 1499 | 705 | 988 | 1043 | 2696 | 669 | 326 | 6549 | 594 | 1540 | 17873 |
| 02:00 | 1220 | 1448 | 664 | 948 | 991 | 2544 | 643 | 307 | 6291 | 587 | 1492 | 17135 |
| 03:00 | 1190 | 1416 | 634 | 926 | 955 | 2445 | 626 | 294 | 6092 | 586 | 1466 | 16630 |
| 04:00 | 1195 | 1425 | 623 | 929 | 942 | 2395 | 631 | 289 | 6016 | 589 | 1464 | 16498 |
| 05:00 | 1229 | 1476 | 634 | 958 | 948 | 2409 | 662 | 295 | 6160 | 593 | 1501 | 16865 |
| 06:00 | 1309 | 1556 | 683 | 986 | 991 | 2484 | 701 | 313 | 6582 | 604 | 1562 | 17771 |
| 07:00 | 1396 | 1621 | 743 | 1032 | 1055 | 2685 | 704 | 340 | 7082 | 623 | 1656 | 18937 |
| 08:00 | 1430 | 1648 | 788 | 1059 | 1099 | 2911 | 701 | 361 | 7464 | 629 | 1734 | 19824 |
| 09:00 | 1446 | 1663 | 825 | 1078 | 1130 | 3103 | 700 | 379 | 7765 | 632 | 1780 | 20501 |
| 10:00 | 1469 | 1687 | 862 | 1097 | 1179 | 3312 | 714 | 399 | 8001 | 635 | 1831 | 21186 |
| 11:00 | 1508 | 1724 | 897 | 1136 | 1240 | 3534 | 731 | 427 | 8208 | 641 | 1901 | 21947 |
| 12:00 | 1547 | 1757 | 924 | 1173 | 1314 | 3744 | 742 | 445 | 8361 | 648 | 1954 | 22609 |
| 13:00 | 1597 | 1815 | 954 | 1230 | 1377 | 3910 | 755 | 465 | 8476 | 652 | 2014 | 23245 |
| 14:00 | 1564 | 1819 | 986 | 1252 | 1424 | 4061 | 747 | 480 | 8570 | 653 | 2034 | 23590 |
| 15:00 | 1628 | 1835 | 1017 | 1287 | 1491 | 4201 | 762 | 501 | 8643 | 656 | 2064 | 24085 |
| 16:00 | 1700 | 1916 | 1035 | 1323 | 1537 | 4303 | 797 | 514 | 8644 | 660 | 2106 | 24535 |
| 17:00 | 1768 | 1982 | 1034 | 1342 | 1591 | 4267 | 836 | 521 | 8555 | 666 | 2125 | 24687 |
| 18:00 | 1806 | 2046 | 1009 | 1358 | 1601 | 4155 | 876 | 515 | 8333 | 671 | 2106 | 24476 |
| 19:00 | 1778 | 2077 | 972 | 1370 | 1570 | 3953 | 910 | 497 | 8082 | 668 | 2063 | 23940 |
| 20:00 | 1737 | 2044 | 942 | 1343 | 1513 | 3789 | 933 | 475 | 7873 | 661 | 2012 | 23322 |
| 21:00 | 1678 | 1976 | 908 | 1303 | 1436 | 3600 | 904 | 448 | 7719 | 650 | 1974 | 22596 |
| 22:00 | 1551 | 1842 | 842 | 1212 | 1310 | 3312 | 833 | 410 | 7378 | 626 | 1874 | 21190 |
| 23:00 | 1442 | 1705 | 777 | 1126 | 1170 | 3012 | 757 | 369 | 6974 | 611 | 1739 | 19682 |

07/20/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1298 | 1574 | 729 | 1047 | 1066 | 2790 | 690 | 332 | 6646 | 600 | 1610 | 18382 |
| 01:00 | 1224 | 1503 | 681 | 993 | 991 | 2595 | 653 | 309 | 6348 | 589 | 1534 | 17420 |
| 02:00 | 1180 | 1454 | 639 | 955 | 941 | 2433 | 626 | 291 | 6093 | 582 | 1488 | 16682 |
| 03:00 | 1156 | 1425 | 609 | 935 | 910 | 2322 | 612 | 279 | 5906 | 581 | 1462 | 16197 |
| 04:00 | 1162 | 1437 | 596 | 939 | 898 | 2265 | 618 | 275 | 5840 | 584 | 1461 | 16075 |
| 05:00 | 1200 | 1491 | 606 | 970 | 905 | 2280 | 654 | 282 | 6001 | 590 | 1506 | 16485 |
| 06:00 | 1280 | 1572 | 654 | 1010 | 943 | 2355 | 699 | 300 | 6411 | 605 | 1575 | 17404 |
| 07:00 | 1365 | 1652 | 716 | 1078 | 1001 | 2556 | 724 | 325 | 6912 | 624 | 1676 | 18629 |
| 08:00 | 1405 | 1696 | 763 | 1130 | 1048 | 2791 | 738 | 346 | 7314 | 635 | 1768 | 19634 |
| 09:00 | 1440 | 1731 | 807 | 1166 | 1089 | 2997 | 754 | 366 | 7687 | 642 | 1823 | 20502 |
| 10:00 | 1480 | 1774 | 847 | 1194 | 1162 | 3211 | 786 | 388 | 7970 | 649 | 1878 | 21339 |
| 11:00 | 1526 | 1830 | 888 | 1246 | 1241 | 3426 | 812 | 418 | 8186 | 654 | 1952 | 22179 |
| 12:00 | 1571 | 1873 | 918 | 1288 | 1337 | 3634 | 830 | 440 | 8377 | 660 | 2008 | 22936 |
| 13:00 | 1627 | 1931 | 950 | 1347 | 1415 | 3802 | 848 | 462 | 8515 | 665 | 2075 | 23637 |
| 14:00 | 1676 | 1956 | 985 | 1392 | 1476 | 3961 | 859 | 476 | 8620 | 666 | 2123 | 24190 |
| 15:00 | 1735 | 1962 | 1012 | 1440 | 1530 | 4101 | 869 | 492 | 8719 | 670 | 2166 | 24696 |
| 16:00 | 1788 | 2029 | 1025 | 1480 | 1548 | 4202 | 896 | 498 | 8724 | 673 | 2212 | 25075 |
| 17:00 | 1821 | 2081 | 1022 | 1497 | 1578 | 4155 | 927 | 497 | 8588 | 678 | 2235 | 25079 |
| 18:00 | 1816 | 2121 | 993 | 1490 | 1581 | 4035 | 949 | 486 | 8303 | 677 | 2207 | 24658 |
| 19:00 | 1765 | 2133 | 955 | 1475 | 1554 | 3831 | 960 | 473 | 8039 | 672 | 2144 | 24001 |
| 20:00 | 1720 | 2100 | 927 | 1432 | 1509 | 3665 | 968 | 456 | 7803 | 667 | 2080 | 23327 |
| 21:00 | 1658 | 2042 | 892 | 1385 | 1432 | 3472 | 941 | 432 | 7608 | 654 | 2040 | 22556 |
| 22:00 | 1538 | 1905 | 829 | 1287 | 1310 | 3190 | 871 | 398 | 7256 | 629 | 1943 | 21156 |
| 23:00 | 1438 | 1761 | 767 | 1191 | 1176 | 2900 | 794 | 361 | 6854 | 611 | 1805 | 19658 |

07/21/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1292 | 1621 | 713 | 1100 | 1064 | 2648 | 716 | 325 | 6474 | 603 | 1684 | 18240 |
| 01:00 | 1218 | 1540 | 667 | 1035 | 989 | 2462 | 672 | 300 | 6181 | 597 | 1603 | 17264 |
| 02:00 | 1176 | 1490 | 627 | 991 | 939 | 2325 | 644 | 283 | 5937 | 589 | 1550 | 16551 |
| 03:00 | 1148 | 1457 | 597 | 964 | 907 | 2234 | 629 | 272 | 5753 | 583 | 1521 | 16065 |
| 04:00 | 1155 | 1460 | 585 | 963 | 895 | 2191 | 634 | 269 | 5690 | 587 | 1518 | 15947 |
| 05:00 | 1193 | 1512 | 595 | 989 | 904 | 2214 | 667 | 276 | 5848 | 593 | 1564 | 16355 |
| 06:00 | 1277 | 1587 | 640 | 1018 | 931 | 2291 | 714 | 294 | 6256 | 608 | 1629 | 17245 |
| 07:00 | 1364 | 1659 | 698 | 1078 | 971 | 2506 | 741 | 316 | 6762 | 630 | 1733 | 18458 |
| 08:00 | 1415 | 1711 | 745 | 1139 | 1014 | 2761 | 769 | 338 | 7165 | 641 | 1835 | 19533 |
| 09:00 | 1462 | 1764 | 790 | 1191 | 1077 | 2976 | 798 | 359 | 7513 | 645 | 1907 | 20482 |
| 10:00 | 1511 | 1824 | 832 | 1236 | 1166 | 3186 | 830 | 379 | 7767 | 654 | 1971 | 21356 |
| 11:00 | 1562 | 1885 | 871 | 1288 | 1256 | 3405 | 853 | 406 | 7987 | 664 | 2038 | 22215 |
| 12:00 | 1612 | 1926 | 898 | 1323 | 1360 | 3609 | 872 | 426 | 8169 | 665 | 2080 | 22940 |
| 13:00 | 1668 | 1981 | 931 | 1361 | 1437 | 3778 | 883 | 451 | 8309 | 671 | 2125 | 23595 |
| 14:00 | 1714 | 1997 | 969 | 1390 | 1504 | 3949 | 901 | 470 | 8436 | 674 | 2147 | 24151 |
| 15:00 | 1768 | 1992 | 1001 | 1424 | 1561 | 4106 | 908 | 489 | 8564 | 675 | 2165 | 24653 |
| 16:00 | 1800 | 2042 | 1015 | 1455 | 1584 | 4220 | 924 | 499 | 8595 | 677 | 2184 | 24995 |
| 17:00 | 1810 | 2053 | 1011 | 1458 | 1614 | 4169 | 942 | 498 | 8499 | 676 | 2181 | 24911 |
| 18:00 | 1786 | 2051 | 979 | 1446 | 1608 | 4040 | 952 | 485 | 8236 | 675 | 2144 | 24402 |
| 19:00 | 1726 | 2036 | 937 | 1430 | 1575 | 3831 | 957 | 466 | 7970 | 668 | 2084 | 23680 |
| 20:00 | 1681 | 1975 | 907 | 1385 | 1521 | 3649 | 945 | 445 | 7748 | 664 | 2010 | 22930 |
| 21:00 | 1621 | 1903 | 875 | 1333 | 1439 | 3471 | 898 | 422 | 7563 | 650 | 1954 | 22129 |
| 22:00 | 1513 | 1778 | 821 | 1239 | 1325 | 3239 | 828 | 393 | 7237 | 630 | 1852 | 20855 |
| 23:00 | 1432 | 1656 | 772 | 1154 | 1200 | 3004 | 754 | 360 | 6910 | 617 | 1721 | 19580 |