

ISO Load Forecast

[07/07/2023](#)
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[07/07/2023](#)

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1551 | 1864 | 771 | 1283 | 1249 | 2699 | 814 | 354 | 6672 | 632 | 1852 | 19741 |
| 01:00 | 1466 | 1779 | 731 | 1201 | 1158 | 2520 | 756 | 330 | 6388 | 627 | 1762 | 18718 |
| 02:00 | 1405 | 1714 | 694 | 1146 | 1096 | 2392 | 722 | 311 | 6159 | 620 | 1698 | 17957 |
| 03:00 | 1368 | 1681 | 667 | 1108 | 1052 | 2317 | 705 | 300 | 6011 | 614 | 1653 | 17476 |
| 04:00 | 1362 | 1679 | 658 | 1095 | 1032 | 2300 | 705 | 294 | 5987 | 613 | 1633 | 17358 |
| 05:00 | 1385 | 1713 | 673 | 1109 | 1032 | 2333 | 728 | 299 | 6143 | 615 | 1660 | 17690 |
| 06:00 | 1452 | 1797 | 719 | 1156 | 1066 | 2418 | 780 | 310 | 6580 | 634 | 1703 | 18615 |
| 07:00 | 1546 | 1902 | 781 | 1230 | 1145 | 2618 | 821 | 333 | 7098 | 657 | 1804 | 19935 |
| 08:00 | 1621 | 1977 | 827 | 1291 | 1218 | 2854 | 856 | 359 | 7518 | 667 | 1893 | 21081 |
| 09:00 | 1680 | 2030 | 875 | 1323 | 1293 | 3055 | 888 | 384 | 7866 | 673 | 1954 | 22021 |
| 10:00 | 1750 | 2097 | 920 | 1347 | 1371 | 3265 | 933 | 415 | 8127 | 682 | 1995 | 22902 |
| 11:00 | 1814 | 2151 | 963 | 1363 | 1458 | 3514 | 957 | 445 | 8351 | 688 | 2039 | 23743 |
| 12:00 | 1863 | 2186 | 1003 | 1362 | 1541 | 3728 | 961 | 470 | 8484 | 686 | 2044 | 24328 |
| 13:00 | 1919 | 2206 | 1025 | 1365 | 1611 | 3913 | 973 | 490 | 8575 | 693 | 2069 | 24839 |
| 14:00 | 1956 | 2188 | 1049 | 1351 | 1666 | 4078 | 984 | 505 | 8640 | 695 | 2077 | 25189 |
| 15:00 | 1959 | 2182 | 1071 | 1342 | 1704 | 4181 | 972 | 519 | 8714 | 690 | 2068 | 25402 |
| 16:00 | 1963 | 2176 | 1079 | 1340 | 1717 | 4237 | 981 | 526 | 8769 | 694 | 2062 | 25544 |
| 17:00 | 1971 | 2171 | 1081 | 1344 | 1747 | 4251 | 1000 | 528 | 8689 | 693 | 2063 | 25538 |
| 18:00 | 1936 | 2154 | 1051 | 1353 | 1735 | 4128 | 1010 | 517 | 8364 | 694 | 2047 | 24989 |
| 19:00 | 1894 | 2131 | 1003 | 1358 | 1698 | 3897 | 1011 | 497 | 8041 | 686 | 2010 | 24226 |
| 20:00 | 1842 | 2066 | 953 | 1317 | 1632 | 3692 | 990 | 471 | 7767 | 677 | 1938 | 23345 |
| 21:00 | 1783 | 2010 | 915 | 1286 | 1546 | 3501 | 958 | 445 | 7570 | 665 | 1909 | 22588 |
| 22:00 | 1671 | 1891 | 864 | 1205 | 1439 | 3251 | 890 | 409 | 7278 | 644 | 1823 | 21365 |
| 23:00 | 1567 | 1764 | 810 | 1126 | 1309 | 2977 | 803 | 373 | 6922 | 628 | 1702 | 19981 |

07/08/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1459 | 1677 | 762 | 1041 | 1194 | 2759 | 760 | 356 | 6553 | 621 | 1616 | 18798 |
| 01:00 | 1379 | 1594 | 715 | 979 | 1110 | 2557 | 715 | 331 | 6247 | 614 | 1553 | 17794 |
| 02:00 | 1325 | 1532 | 679 | 938 | 1055 | 2416 | 679 | 312 | 6001 | 606 | 1502 | 17045 |
| 03:00 | 1288 | 1485 | 652 | 909 | 1015 | 2314 | 657 | 298 | 5820 | 601 | 1466 | 16505 |
| 04:00 | 1272 | 1475 | 635 | 895 | 988 | 2259 | 648 | 288 | 5705 | 599 | 1449 | 16213 |
| 05:00 | 1262 | 1479 | 630 | 893 | 974 | 2229 | 651 | 284 | 5670 | 598 | 1447 | 16117 |
| 06:00 | 1279 | 1485 | 635 | 886 | 974 | 2253 | 655 | 285 | 5771 | 605 | 1448 | 16276 |
| 07:00 | 1338 | 1523 | 670 | 910 | 1018 | 2420 | 668 | 305 | 6063 | 620 | 1513 | 17048 |
| 08:00 | 1407 | 1570 | 725 | 942 | 1088 | 2689 | 696 | 340 | 6394 | 637 | 1588 | 18076 |
| 09:00 | 1476 | 1613 | 776 | 983 | 1160 | 2968 | 719 | 374 | 6740 | 647 | 1662 | 19118 |
| 10:00 | 1544 | 1653 | 825 | 1021 | 1236 | 3248 | 744 | 413 | 7080 | 655 | 1721 | 20140 |
| 11:00 | 1591 | 1712 | 871 | 1065 | 1312 | 3537 | 770 | 443 | 7342 | 661 | 1767 | 21071 |
| 12:00 | 1628 | 1766 | 911 | 1102 | 1387 | 3750 | 781 | 465 | 7493 | 665 | 1795 | 21743 |
| 13:00 | 1674 | 1830 | 936 | 1144 | 1468 | 3878 | 795 | 485 | 7570 | 668 | 1818 | 22266 |
| 14:00 | 1714 | 1868 | 960 | 1163 | 1521 | 3979 | 801 | 498 | 7621 | 671 | 1855 | 22651 |
| 15:00 | 1770 | 1897 | 978 | 1181 | 1582 | 4062 | 814 | 509 | 7667 | 679 | 1897 | 23036 |
| 16:00 | 1819 | 1935 | 998 | 1217 | 1623 | 4098 | 846 | 520 | 7707 | 686 | 1925 | 23374 |
| 17:00 | 1873 | 1999 | 999 | 1237 | 1658 | 4081 | 878 | 517 | 7687 | 689 | 1934 | 23552 |
| 18:00 | 1888 | 2040 | 981 | 1245 | 1664 | 3958 | 911 | 507 | 7565 | 690 | 1928 | 23377 |
| 19:00 | 1875 | 2044 | 953 | 1252 | 1630 | 3758 | 927 | 485 | 7381 | 687 | 1894 | 22886 |
| 20:00 | 1833 | 2002 | 927 | 1234 | 1576 | 3607 | 923 | 461 | 7267 | 674 | 1842 | 22346 |
| 21:00 | 1779 | 1952 | 905 | 1210 | 1512 | 3470 | 909 | 439 | 7233 | 667 | 1817 | 21893 |
| 22:00 | 1675 | 1852 | 862 | 1147 | 1407 | 3243 | 859 | 410 | 7059 | 650 | 1747 | 20911 |
| 23:00 | 1554 | 1727 | 804 | 1076 | 1299 | 2988 | 790 | 375 | 6798 | 637 | 1660 | 19708 |

07/09/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1444 | 1602 | 767 | 989 | 1190 | 2753 | 717 | 356 | 6450 | 621 | 1532 | 18421 |
| 01:00 | 1358 | 1530 | 718 | 933 | 1102 | 2556 | 673 | 330 | 6163 | 609 | 1475 | 17447 |
| 02:00 | 1302 | 1480 | 679 | 897 | 1041 | 2415 | 640 | 310 | 5924 | 601 | 1433 | 16722 |
| 03:00 | 1263 | 1446 | 650 | 871 | 996 | 2312 | 620 | 294 | 5746 | 593 | 1402 | 16193 |
| 04:00 | 1241 | 1433 | 633 | 858 | 967 | 2257 | 610 | 283 | 5632 | 591 | 1388 | 15893 |
| 05:00 | 1222 | 1426 | 624 | 852 | 946 | 2220 | 609 | 278 | 5578 | 589 | 1385 | 15729 |
| 06:00 | 1234 | 1434 | 626 | 845 | 940 | 2237 | 611 | 278 | 5631 | 594 | 1391 | 15821 |
| 07:00 | 1283 | 1460 | 653 | 871 | 975 | 2363 | 622 | 294 | 5843 | 607 | 1442 | 16413 |
| 08:00 | 1360 | 1517 | 698 | 916 | 1045 | 2601 | 655 | 327 | 6116 | 621 | 1517 | 17373 |
| 09:00 | 1442 | 1574 | 746 | 961 | 1124 | 2863 | 692 | 361 | 6427 | 638 | 1588 | 18416 |
| 10:00 | 1529 | 1623 | 793 | 1005 | 1205 | 3125 | 722 | 400 | 6751 | 642 | 1645 | 19440 |
| 11:00 | 1592 | 1680 | 835 | 1058 | 1281 | 3356 | 750 | 428 | 7014 | 652 | 1705 | 20351 |
| 12:00 | 1631 | 1730 | 871 | 1108 | 1348 | 3505 | 768 | 446 | 7150 | 658 | 1753 | 20968 |
| 13:00 | 1664 | 1777 | 890 | 1148 | 1404 | 3589 | 778 | 461 | 7240 | 661 | 1774 | 21386 |
| 14:00 | 1684 | 1806 | 899 | 1159 | 1421 | 3661 | 780 | 463 | 7280 | 666 | 1796 | 21615 |
| 15:00 | 1718 | 1832 | 901 | 1165 | 1451 | 3717 | 776 | 465 | 7275 | 671 | 1823 | 21794 |
| 16:00 | 1746 | 1866 | 907 | 1191 | 1481 | 3756 | 803 | 470 | 7288 | 680 | 1857 | 22045 |
| 17:00 | 1794 | 1914 | 910 | 1216 | 1511 | 3760 | 838 | 476 | 7279 | 686 | 1879 | 22263 |
| 18:00 | 1806 | 1931 | 904 | 1229 | 1518 | 3689 | 860 | 475 | 7209 | 686 | 1881 | 22188 |
| 19:00 | 1790 | 1929 | 887 | 1233 | 1495 | 3555 | 871 | 462 | 7102 | 684 | 1860 | 21868 |
| 20:00 | 1757 | 1910 | 877 | 1225 | 1444 | 3459 | 864 | 446 | 7066 | 675 | 1828 | 21551 |
| 21:00 | 1701 | 1879 | 868 | 1212 | 1391 | 3367 | 851 | 432 | 7085 | 665 | 1822 | 21273 |
| 22:00 | 1586 | 1793 | 819 | 1146 | 1288 | 3143 | 795 | 400 | 6927 | 643 | 1749 | 20289 |
| 23:00 | 1459 | 1679 | 755 | 1066 | 1179 | 2872 | 731 | 360 | 6626 | 623 | 1660 | 19010 |

07/10/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1360 | 1552 | 709 | 987 | 1085 | 2617 | 664 | 320 | 6299 | 621 | 1548 | 17762 |
| 01:00 | 1296 | 1494 | 673 | 938 | 1019 | 2452 | 626 | 299 | 6065 | 614 | 1489 | 16965 |
| 02:00 | 1260 | 1452 | 641 | 908 | 978 | 2338 | 604 | 283 | 5877 | 606 | 1451 | 16398 |
| 03:00 | 1243 | 1437 | 621 | 892 | 949 | 2269 | 595 | 274 | 5767 | 603 | 1430 | 16080 |
| 04:00 | 1253 | 1453 | 619 | 899 | 941 | 2262 | 604 | 271 | 5776 | 606 | 1433 | 16117 |
| 05:00 | 1296 | 1513 | 639 | 933 | 952 | 2306 | 638 | 280 | 5957 | 612 | 1478 | 16604 |
| 06:00 | 1384 | 1610 | 690 | 977 | 997 | 2433 | 705 | 301 | 6367 | 630 | 1549 | 17643 |
| 07:00 | 1470 | 1706 | 753 | 1035 | 1062 | 2655 | 752 | 328 | 6874 | 654 | 1664 | 18953 |
| 08:00 | 1529 | 1755 | 794 | 1075 | 1107 | 2899 | 776 | 351 | 7285 | 666 | 1769 | 20006 |
| 09:00 | 1568 | 1778 | 831 | 1109 | 1146 | 3111 | 786 | 371 | 7594 | 673 | 1846 | 20813 |
| 10:00 | 1621 | 1827 | 857 | 1148 | 1188 | 3293 | 797 | 390 | 7788 | 679 | 1913 | 21501 |
| 11:00 | 1674 | 1877 | 882 | 1200 | 1238 | 3467 | 807 | 414 | 7973 | 685 | 1989 | 22206 |
| 12:00 | 1705 | 1924 | 912 | 1248 | 1288 | 3615 | 811 | 433 | 8116 | 691 | 2037 | 22780 |
| 13:00 | 1726 | 1980 | 940 | 1301 | 1353 | 3753 | 826 | 448 | 8250 | 699 | 2088 | 23364 |
| 14:00 | 1736 | 2012 | 966 | 1341 | 1396 | 3866 | 828 | 460 | 8376 | 701 | 2131 | 23813 |
| 15:00 | 1753 | 2037 | 986 | 1366 | 1444 | 3994 | 834 | 472 | 8500 | 703 | 2147 | 24236 |
| 16:00 | 1790 | 2082 | 997 | 1392 | 1484 | 4089 | 851 | 482 | 8582 | 704 | 2161 | 24614 |
| 17:00 | 1847 | 2138 | 1006 | 1419 | 1539 | 4121 | 890 | 491 | 8539 | 705 | 2175 | 24870 |
| 18:00 | 1872 | 2186 | 992 | 1443 | 1567 | 4039 | 927 | 492 | 8292 | 706 | 2159 | 24675 |
| 19:00 | 1873 | 2189 | 966 | 1441 | 1557 | 3857 | 947 | 483 | 8072 | 701 | 2121 | 24207 |
| 20:00 | 1842 | 2138 | 933 | 1398 | 1512 | 3687 | 951 | 466 | 7855 | 692 | 2055 | 23529 |
| 21:00 | 1780 | 2070 | 899 | 1356 | 1440 | 3507 | 927 | 442 | 7683 | 685 | 2015 | 22804 |
| 22:00 | 1652 | 1918 | 841 | 1257 | 1328 | 3220 | 852 | 403 | 7352 | 663 | 1914 | 21400 |
| 23:00 | 1536 | 1766 | 780 | 1164 | 1198 | 2911 | 762 | 364 | 6899 | 648 | 1777 | 19805 |

07/11/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1393 | 1625 | 713 | 1075 | 1084 | 2627 | 693 | 320 | 6389 | 629 | 1633 | 18181 |
| 01:00 | 1321 | 1546 | 669 | 1013 | 1011 | 2438 | 647 | 296 | 6065 | 617 | 1552 | 17175 |
| 02:00 | 1273 | 1484 | 632 | 972 | 964 | 2299 | 616 | 279 | 5825 | 611 | 1501 | 16456 |
| 03:00 | 1247 | 1453 | 606 | 947 | 932 | 2207 | 602 | 268 | 5675 | 608 | 1468 | 16013 |
| 04:00 | 1247 | 1462 | 596 | 945 | 919 | 2182 | 607 | 262 | 5647 | 611 | 1460 | 15938 |
| 05:00 | 1278 | 1508 | 608 | 966 | 920 | 2206 | 636 | 267 | 5797 | 615 | 1495 | 16296 |
| 06:00 | 1349 | 1572 | 656 | 1002 | 949 | 2304 | 681 | 284 | 6206 | 628 | 1557 | 17188 |
| 07:00 | 1419 | 1666 | 712 | 1065 | 996 | 2505 | 711 | 306 | 6710 | 649 | 1673 | 18412 |
| 08:00 | 1455 | 1719 | 752 | 1118 | 1022 | 2734 | 720 | 327 | 7118 | 659 | 1785 | 19409 |
| 09:00 | 1479 | 1741 | 786 | 1168 | 1044 | 2945 | 728 | 346 | 7429 | 666 | 1867 | 20199 |
| 10:00 | 1517 | 1791 | 812 | 1219 | 1072 | 3153 | 752 | 364 | 7649 | 674 | 1938 | 20941 |
| 11:00 | 1560 | 1856 | 842 | 1280 | 1110 | 3371 | 786 | 386 | 7861 | 681 | 2018 | 21751 |
| 12:00 | 1588 | 1913 | 877 | 1329 | 1166 | 3563 | 805 | 406 | 8026 | 686 | 2061 | 22420 |
| 13:00 | 1640 | 1966 | 906 | 1381 | 1243 | 3756 | 823 | 426 | 8194 | 692 | 2108 | 23135 |
| 14:00 | 1699 | 1991 | 936 | 1405 | 1321 | 3919 | 839 | 442 | 8339 | 698 | 2149 | 23738 |
| 15:00 | 1754 | 2005 | 967 | 1417 | 1399 | 4057 | 846 | 463 | 8511 | 702 | 2173 | 24294 |
| 16:00 | 1821 | 2052 | 994 | 1429 | 1465 | 4168 | 869 | 480 | 8672 | 703 | 2189 | 24842 |
| 17:00 | 1892 | 2115 | 1012 | 1449 | 1540 | 4212 | 907 | 492 | 8688 | 703 | 2197 | 25207 |
| 18:00 | 1912 | 2160 | 997 | 1479 | 1573 | 4112 | 937 | 491 | 8424 | 703 | 2183 | 24971 |
| 19:00 | 1893 | 2166 | 960 | 1481 | 1554 | 3880 | 953 | 475 | 8132 | 697 | 2134 | 24325 |
| 20:00 | 1845 | 2111 | 927 | 1435 | 1504 | 3682 | 952 | 452 | 7873 | 689 | 2062 | 23532 |
| 21:00 | 1773 | 2034 | 896 | 1386 | 1426 | 3484 | 927 | 428 | 7697 | 678 | 2011 | 22740 |
| 22:00 | 1634 | 1881 | 839 | 1284 | 1310 | 3178 | 852 | 388 | 7366 | 653 | 1906 | 21291 |
| 23:00 | 1512 | 1727 | 777 | 1187 | 1177 | 2849 | 759 | 350 | 6910 | 637 | 1767 | 19652 |

07/12/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1375 | 1578 | 717 | 1084 | 1073 | 2571 | 689 | 319 | 6475 | 619 | 1619 | 18119 |
| 01:00 | 1292 | 1505 | 668 | 1017 | 990 | 2379 | 644 | 293 | 6140 | 610 | 1538 | 17076 |
| 02:00 | 1242 | 1450 | 628 | 974 | 941 | 2244 | 614 | 274 | 5883 | 603 | 1489 | 16342 |
| 03:00 | 1214 | 1423 | 598 | 950 | 908 | 2159 | 598 | 262 | 5711 | 601 | 1460 | 15884 |
| 04:00 | 1217 | 1434 | 587 | 948 | 895 | 2135 | 603 | 259 | 5655 | 605 | 1458 | 15796 |
| 05:00 | 1251 | 1481 | 596 | 974 | 890 | 2139 | 629 | 264 | 5777 | 609 | 1503 | 16113 |
| 06:00 | 1319 | 1535 | 644 | 1014 | 912 | 2232 | 661 | 282 | 6181 | 622 | 1574 | 16976 |
| 07:00 | 1389 | 1610 | 708 | 1086 | 966 | 2439 | 673 | 305 | 6719 | 642 | 1685 | 18222 |
| 08:00 | 1420 | 1660 | 754 | 1139 | 1010 | 2674 | 678 | 324 | 7177 | 648 | 1784 | 19268 |
| 09:00 | 1445 | 1681 | 801 | 1175 | 1044 | 2901 | 688 | 345 | 7527 | 652 | 1854 | 20113 |
| 10:00 | 1492 | 1731 | 840 | 1220 | 1094 | 3141 | 723 | 369 | 7797 | 659 | 1913 | 20979 |
| 11:00 | 1551 | 1805 | 875 | 1276 | 1174 | 3405 | 766 | 397 | 8034 | 668 | 1995 | 21946 |
| 12:00 | 1590 | 1875 | 915 | 1327 | 1260 | 3638 | 796 | 425 | 8217 | 678 | 2040 | 22761 |
| 13:00 | 1648 | 1944 | 952 | 1383 | 1355 | 3859 | 825 | 450 | 8399 | 685 | 2098 | 23598 |
| 14:00 | 1713 | 1988 | 982 | 1420 | 1444 | 4047 | 842 | 471 | 8549 | 689 | 2137 | 24282 |
| 15:00 | 1778 | 2019 | 1018 | 1448 | 1520 | 4204 | 852 | 494 | 8714 | 693 | 2146 | 24886 |
| 16:00 | 1848 | 2068 | 1037 | 1463 | 1570 | 4330 | 883 | 505 | 8831 | 697 | 2143 | 25375 |
| 17:00 | 1923 | 2115 | 1046 | 1461 | 1633 | 4349 | 920 | 508 | 8803 | 700 | 2134 | 25592 |
| 18:00 | 1940 | 2146 | 1026 | 1460 | 1658 | 4230 | 949 | 501 | 8533 | 702 | 2105 | 25250 |
| 19:00 | 1921 | 2135 | 985 | 1438 | 1628 | 3981 | 959 | 486 | 8228 | 694 | 2058 | 24513 |
| 20:00 | 1863 | 2068 | 944 | 1389 | 1551 | 3768 | 947 | 461 | 7970 | 682 | 2003 | 23646 |
| 21:00 | 1790 | 1986 | 909 | 1344 | 1458 | 3566 | 917 | 436 | 7809 | 671 | 1967 | 22853 |
| 22:00 | 1646 | 1838 | 847 | 1247 | 1332 | 3256 | 845 | 395 | 7490 | 646 | 1872 | 21414 |
| 23:00 | 1528 | 1701 | 785 | 1163 | 1192 | 2934 | 753 | 359 | 7062 | 632 | 1747 | 19856 |