

ISO Load Forecast

[07/06/2023](#)
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[07/06/2023](#)

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1522 | 1826 | 774 | 1236 | 1254 | 2723 | 779 | 352 | 6658 | 613 | 1804 | 19541 |
| 01:00 | 1443 | 1747 | 731 | 1160 | 1160 | 2526 | 734 | 329 | 6350 | 603 | 1720 | 18503 |
| 02:00 | 1385 | 1679 | 694 | 1108 | 1100 | 2386 | 704 | 312 | 6110 | 596 | 1657 | 17731 |
| 03:00 | 1354 | 1652 | 667 | 1076 | 1058 | 2299 | 690 | 300 | 5961 | 596 | 1622 | 17275 |
| 04:00 | 1352 | 1645 | 656 | 1071 | 1038 | 2273 | 694 | 295 | 5923 | 597 | 1620 | 17164 |
| 05:00 | 1375 | 1680 | 670 | 1087 | 1040 | 2295 | 717 | 303 | 6073 | 601 | 1646 | 17487 |
| 06:00 | 1436 | 1737 | 719 | 1122 | 1083 | 2398 | 745 | 310 | 6512 | 618 | 1694 | 18374 |
| 07:00 | 1541 | 1833 | 792 | 1189 | 1172 | 2610 | 762 | 335 | 7055 | 639 | 1814 | 19742 |
| 08:00 | 1612 | 1895 | 848 | 1247 | 1253 | 2852 | 769 | 362 | 7524 | 648 | 1936 | 20946 |
| 09:00 | 1654 | 1942 | 906 | 1313 | 1339 | 3085 | 768 | 389 | 7911 | 658 | 2035 | 22000 |
| 10:00 | 1713 | 2014 | 954 | 1383 | 1424 | 3323 | 805 | 425 | 8217 | 667 | 2144 | 23069 |
| 11:00 | 1771 | 2108 | 1004 | 1474 | 1519 | 3590 | 844 | 457 | 8434 | 672 | 2258 | 24131 |
| 12:00 | 1841 | 2232 | 1049 | 1567 | 1622 | 3821 | 878 | 493 | 8580 | 680 | 2331 | 25094 |
| 13:00 | 1913 | 2338 | 1074 | 1658 | 1711 | 4002 | 927 | 513 | 8702 | 684 | 2427 | 25949 |
| 14:00 | 1961 | 2376 | 1102 | 1702 | 1764 | 4136 | 969 | 525 | 8794 | 682 | 2465 | 26476 |
| 15:00 | 1988 | 2397 | 1120 | 1725 | 1808 | 4217 | 973 | 534 | 8875 | 689 | 2490 | 26816 |
| 16:00 | 2021 | 2426 | 1122 | 1750 | 1827 | 4250 | 1003 | 534 | 8892 | 693 | 2503 | 27021 |
| 17:00 | 2078 | 2490 | 1124 | 1772 | 1854 | 4242 | 1053 | 532 | 8801 | 697 | 2512 | 27155 |
| 18:00 | 2110 | 2519 | 1099 | 1774 | 1859 | 4134 | 1078 | 522 | 8491 | 706 | 2487 | 26779 |
| 19:00 | 2089 | 2513 | 1044 | 1750 | 1824 | 3913 | 1101 | 507 | 8152 | 702 | 2406 | 26001 |
| 20:00 | 2036 | 2467 | 992 | 1674 | 1749 | 3732 | 1109 | 484 | 7881 | 692 | 2301 | 25117 |
| 21:00 | 1965 | 2384 | 947 | 1615 | 1653 | 3523 | 1085 | 450 | 7678 | 681 | 2240 | 24221 |
| 22:00 | 1825 | 2208 | 881 | 1497 | 1506 | 3226 | 999 | 411 | 7351 | 658 | 2125 | 22687 |
| 23:00 | 1686 | 2041 | 811 | 1381 | 1360 | 2917 | 911 | 368 | 6954 | 640 | 1971 | 21040 |

07/07/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1574 | 1872 | 759 | 1251 | 1242 | 2688 | 814 | 346 | 6528 | 626 | 1841 | 19541 |
| 01:00 | 1487 | 1789 | 719 | 1173 | 1153 | 2504 | 764 | 323 | 6227 | 620 | 1759 | 18518 |
| 02:00 | 1424 | 1725 | 683 | 1117 | 1093 | 2376 | 738 | 304 | 5998 | 613 | 1694 | 17765 |
| 03:00 | 1388 | 1697 | 656 | 1079 | 1052 | 2297 | 724 | 294 | 5857 | 607 | 1653 | 17304 |
| 04:00 | 1382 | 1693 | 647 | 1069 | 1032 | 2275 | 724 | 289 | 5829 | 608 | 1634 | 17182 |
| 05:00 | 1403 | 1724 | 664 | 1082 | 1038 | 2314 | 748 | 298 | 5985 | 612 | 1661 | 17529 |
| 06:00 | 1472 | 1789 | 710 | 1127 | 1073 | 2407 | 783 | 303 | 6419 | 631 | 1697 | 18411 |
| 07:00 | 1567 | 1895 | 774 | 1201 | 1147 | 2601 | 819 | 323 | 6924 | 651 | 1791 | 19693 |
| 08:00 | 1644 | 1970 | 822 | 1260 | 1205 | 2828 | 857 | 350 | 7337 | 661 | 1874 | 20808 |
| 09:00 | 1708 | 2023 | 875 | 1294 | 1278 | 3038 | 883 | 373 | 7664 | 666 | 1933 | 21735 |
| 10:00 | 1784 | 2085 | 915 | 1318 | 1356 | 3251 | 930 | 405 | 7913 | 675 | 1983 | 22615 |
| 11:00 | 1842 | 2122 | 958 | 1352 | 1450 | 3496 | 947 | 431 | 8110 | 683 | 2044 | 23435 |
| 12:00 | 1889 | 2161 | 999 | 1372 | 1539 | 3687 | 952 | 458 | 8221 | 684 | 2059 | 24021 |
| 13:00 | 1941 | 2201 | 1023 | 1398 | 1611 | 3834 | 969 | 480 | 8313 | 690 | 2104 | 24564 |
| 14:00 | 1973 | 2192 | 1046 | 1389 | 1656 | 3955 | 985 | 495 | 8400 | 693 | 2109 | 24893 |
| 15:00 | 1986 | 2186 | 1061 | 1378 | 1708 | 4042 | 971 | 507 | 8473 | 691 | 2103 | 25106 |
| 16:00 | 2000 | 2170 | 1059 | 1382 | 1734 | 4091 | 976 | 512 | 8500 | 694 | 2113 | 25231 |
| 17:00 | 2011 | 2177 | 1061 | 1391 | 1761 | 4107 | 999 | 515 | 8428 | 690 | 2119 | 25259 |
| 18:00 | 1983 | 2156 | 1033 | 1392 | 1752 | 4008 | 1006 | 502 | 8130 | 689 | 2099 | 24750 |
| 19:00 | 1940 | 2134 | 983 | 1380 | 1715 | 3804 | 1008 | 485 | 7825 | 680 | 2043 | 23997 |
| 20:00 | 1885 | 2066 | 934 | 1330 | 1649 | 3624 | 991 | 460 | 7570 | 672 | 1954 | 23135 |
| 21:00 | 1822 | 2009 | 894 | 1297 | 1561 | 3427 | 958 | 431 | 7378 | 659 | 1918 | 22354 |
| 22:00 | 1709 | 1888 | 844 | 1210 | 1444 | 3177 | 891 | 398 | 7086 | 638 | 1827 | 21112 |
| 23:00 | 1592 | 1760 | 788 | 1123 | 1320 | 2908 | 816 | 359 | 6755 | 623 | 1700 | 19744 |

07/08/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1490 | 1682 | 756 | 1046 | 1212 | 2718 | 767 | 356 | 6461 | 623 | 1612 | 18723 |
| 01:00 | 1403 | 1603 | 708 | 985 | 1126 | 2514 | 724 | 331 | 6156 | 615 | 1549 | 17714 |
| 02:00 | 1346 | 1544 | 671 | 945 | 1070 | 2373 | 690 | 311 | 5910 | 605 | 1498 | 16963 |
| 03:00 | 1307 | 1498 | 644 | 916 | 1027 | 2271 | 667 | 298 | 5731 | 598 | 1462 | 16419 |
| 04:00 | 1288 | 1491 | 628 | 902 | 1000 | 2218 | 658 | 288 | 5623 | 597 | 1446 | 16139 |
| 05:00 | 1278 | 1498 | 623 | 900 | 985 | 2196 | 661 | 284 | 5592 | 595 | 1446 | 16058 |
| 06:00 | 1293 | 1500 | 629 | 894 | 983 | 2222 | 658 | 283 | 5704 | 601 | 1443 | 16210 |
| 07:00 | 1349 | 1536 | 667 | 921 | 1023 | 2392 | 671 | 303 | 6017 | 618 | 1512 | 17009 |
| 08:00 | 1421 | 1591 | 726 | 964 | 1090 | 2651 | 709 | 339 | 6364 | 636 | 1594 | 18085 |
| 09:00 | 1499 | 1646 | 783 | 1008 | 1163 | 2927 | 739 | 374 | 6730 | 649 | 1671 | 19189 |
| 10:00 | 1573 | 1690 | 837 | 1048 | 1246 | 3213 | 765 | 416 | 7091 | 652 | 1734 | 20265 |
| 11:00 | 1620 | 1749 | 887 | 1090 | 1325 | 3517 | 788 | 449 | 7366 | 660 | 1788 | 21239 |
| 12:00 | 1658 | 1803 | 930 | 1125 | 1405 | 3757 | 796 | 470 | 7514 | 665 | 1822 | 21945 |
| 13:00 | 1703 | 1868 | 955 | 1164 | 1485 | 3902 | 808 | 490 | 7586 | 667 | 1840 | 22468 |
| 14:00 | 1742 | 1909 | 973 | 1185 | 1523 | 4003 | 813 | 499 | 7625 | 672 | 1878 | 22822 |
| 15:00 | 1800 | 1943 | 981 | 1197 | 1576 | 4080 | 826 | 505 | 7646 | 674 | 1921 | 23149 |
| 16:00 | 1841 | 1985 | 988 | 1223 | 1616 | 4107 | 861 | 509 | 7656 | 685 | 1953 | 23424 |
| 17:00 | 1886 | 2035 | 981 | 1238 | 1632 | 4063 | 890 | 505 | 7610 | 687 | 1969 | 23496 |
| 18:00 | 1896 | 2058 | 964 | 1250 | 1636 | 3925 | 921 | 497 | 7487 | 691 | 1963 | 23288 |
| 19:00 | 1883 | 2053 | 935 | 1258 | 1604 | 3729 | 933 | 476 | 7317 | 685 | 1927 | 22800 |
| 20:00 | 1840 | 2011 | 911 | 1243 | 1553 | 3580 | 927 | 453 | 7209 | 671 | 1873 | 22271 |
| 21:00 | 1781 | 1962 | 889 | 1218 | 1493 | 3445 | 911 | 432 | 7181 | 664 | 1849 | 21825 |
| 22:00 | 1675 | 1865 | 845 | 1154 | 1393 | 3221 | 861 | 403 | 7016 | 644 | 1773 | 20850 |
| 23:00 | 1552 | 1743 | 786 | 1084 | 1288 | 2966 | 793 | 367 | 6761 | 630 | 1680 | 19650 |

07/09/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1436 | 1633 | 752 | 998 | 1176 | 2731 | 729 | 350 | 6405 | 616 | 1547 | 18373 |
| 01:00 | 1355 | 1565 | 703 | 943 | 1094 | 2536 | 687 | 326 | 6122 | 605 | 1492 | 17428 |
| 02:00 | 1303 | 1515 | 666 | 908 | 1038 | 2397 | 655 | 306 | 5885 | 597 | 1448 | 16718 |
| 03:00 | 1265 | 1478 | 638 | 882 | 994 | 2294 | 635 | 292 | 5708 | 589 | 1415 | 16190 |
| 04:00 | 1246 | 1463 | 622 | 868 | 966 | 2239 | 624 | 280 | 5594 | 589 | 1398 | 15889 |
| 05:00 | 1232 | 1454 | 614 | 859 | 948 | 2207 | 621 | 276 | 5543 | 587 | 1392 | 15733 |
| 06:00 | 1247 | 1460 | 617 | 850 | 943 | 2218 | 618 | 276 | 5598 | 592 | 1396 | 15815 |
| 07:00 | 1295 | 1495 | 646 | 877 | 978 | 2348 | 632 | 291 | 5814 | 606 | 1450 | 16432 |
| 08:00 | 1372 | 1562 | 695 | 923 | 1047 | 2594 | 674 | 325 | 6095 | 621 | 1520 | 17428 |
| 09:00 | 1458 | 1632 | 747 | 971 | 1125 | 2869 | 716 | 361 | 6427 | 635 | 1593 | 18534 |
| 10:00 | 1545 | 1693 | 796 | 1011 | 1207 | 3158 | 753 | 401 | 6775 | 639 | 1650 | 19628 |
| 11:00 | 1603 | 1766 | 840 | 1054 | 1280 | 3422 | 784 | 431 | 7063 | 650 | 1709 | 20602 |
| 12:00 | 1639 | 1827 | 876 | 1097 | 1350 | 3607 | 803 | 448 | 7202 | 657 | 1751 | 21257 |
| 13:00 | 1674 | 1881 | 895 | 1138 | 1409 | 3708 | 818 | 462 | 7294 | 660 | 1769 | 21708 |
| 14:00 | 1700 | 1906 | 904 | 1164 | 1427 | 3781 | 824 | 464 | 7336 | 663 | 1795 | 21964 |
| 15:00 | 1751 | 1923 | 907 | 1169 | 1467 | 3836 | 823 | 467 | 7345 | 668 | 1823 | 22179 |
| 16:00 | 1795 | 1944 | 916 | 1189 | 1510 | 3856 | 848 | 475 | 7367 | 678 | 1858 | 22436 |
| 17:00 | 1844 | 1977 | 919 | 1210 | 1534 | 3836 | 876 | 478 | 7378 | 685 | 1884 | 22621 |
| 18:00 | 1852 | 1988 | 915 | 1218 | 1541 | 3748 | 894 | 476 | 7321 | 686 | 1889 | 22528 |
| 19:00 | 1837 | 1981 | 894 | 1226 | 1512 | 3610 | 903 | 461 | 7223 | 682 | 1875 | 22204 |
| 20:00 | 1802 | 1961 | 885 | 1220 | 1467 | 3509 | 894 | 445 | 7198 | 673 | 1841 | 21895 |
| 21:00 | 1742 | 1922 | 876 | 1207 | 1413 | 3409 | 876 | 431 | 7228 | 665 | 1834 | 21603 |
| 22:00 | 1624 | 1830 | 826 | 1142 | 1309 | 3172 | 814 | 399 | 7065 | 643 | 1759 | 20583 |
| 23:00 | 1491 | 1708 | 759 | 1066 | 1198 | 2892 | 746 | 358 | 6752 | 625 | 1671 | 19266 |

07/10/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1380 | 1569 | 709 | 979 | 1096 | 2620 | 680 | 316 | 6316 | 605 | 1567 | 17837 |
| 01:00 | 1310 | 1508 | 671 | 933 | 1032 | 2438 | 644 | 296 | 6056 | 598 | 1515 | 17001 |
| 02:00 | 1267 | 1466 | 637 | 904 | 989 | 2308 | 625 | 281 | 5849 | 590 | 1476 | 16392 |
| 03:00 | 1246 | 1454 | 614 | 889 | 959 | 2222 | 617 | 272 | 5730 | 588 | 1458 | 16049 |
| 04:00 | 1251 | 1465 | 607 | 899 | 947 | 2197 | 624 | 269 | 5716 | 590 | 1464 | 16029 |
| 05:00 | 1283 | 1519 | 625 | 932 | 957 | 2234 | 656 | 278 | 5870 | 596 | 1508 | 16458 |
| 06:00 | 1360 | 1595 | 670 | 971 | 995 | 2351 | 701 | 288 | 6232 | 613 | 1576 | 17352 |
| 07:00 | 1427 | 1678 | 723 | 1014 | 1033 | 2524 | 726 | 309 | 6677 | 635 | 1679 | 18425 |
| 08:00 | 1461 | 1724 | 758 | 1051 | 1053 | 2730 | 735 | 329 | 7059 | 645 | 1771 | 19316 |
| 09:00 | 1479 | 1751 | 792 | 1098 | 1074 | 2933 | 731 | 344 | 7357 | 651 | 1842 | 20052 |
| 10:00 | 1511 | 1794 | 811 | 1145 | 1083 | 3112 | 740 | 360 | 7570 | 654 | 1918 | 20698 |
| 11:00 | 1541 | 1826 | 838 | 1205 | 1113 | 3298 | 742 | 379 | 7763 | 660 | 2008 | 21373 |
| 12:00 | 1571 | 1874 | 869 | 1255 | 1160 | 3450 | 748 | 399 | 7906 | 665 | 2046 | 21943 |
| 13:00 | 1606 | 1944 | 897 | 1317 | 1224 | 3592 | 775 | 414 | 8052 | 672 | 2101 | 22594 |
| 14:00 | 1655 | 1973 | 923 | 1345 | 1281 | 3702 | 806 | 427 | 8203 | 676 | 2114 | 23105 |
| 15:00 | 1708 | 1993 | 944 | 1363 | 1361 | 3794 | 825 | 442 | 8363 | 680 | 2122 | 23595 |
| 16:00 | 1774 | 2022 | 956 | 1389 | 1428 | 3839 | 854 | 454 | 8451 | 684 | 2144 | 23995 |
| 17:00 | 1834 | 2069 | 971 | 1419 | 1485 | 3843 | 897 | 464 | 8422 | 688 | 2163 | 24255 |
| 18:00 | 1849 | 2095 | 957 | 1438 | 1511 | 3766 | 924 | 463 | 8160 | 688 | 2155 | 24006 |
| 19:00 | 1834 | 2096 | 930 | 1431 | 1499 | 3601 | 943 | 455 | 7932 | 683 | 2109 | 23513 |
| 20:00 | 1801 | 2057 | 899 | 1393 | 1463 | 3457 | 947 | 441 | 7730 | 673 | 2037 | 22898 |
| 21:00 | 1732 | 1999 | 863 | 1353 | 1397 | 3275 | 922 | 415 | 7566 | 666 | 1999 | 22187 |
| 22:00 | 1614 | 1865 | 809 | 1252 | 1288 | 3010 | 851 | 382 | 7257 | 646 | 1899 | 20873 |
| 23:00 | 1499 | 1729 | 748 | 1155 | 1181 | 2728 | 776 | 345 | 6848 | 632 | 1766 | 19407 |

07/11/2023

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1388 | 1612 | 699 | 1067 | 1106 | 2477 | 696 | 317 | 6348 | 613 | 1647 | 17970 |
| 01:00 | 1312 | 1541 | 657 | 1010 | 1032 | 2298 | 653 | 294 | 6015 | 602 | 1575 | 16989 |
| 02:00 | 1267 | 1487 | 621 | 971 | 984 | 2179 | 631 | 278 | 5773 | 596 | 1525 | 16312 |
| 03:00 | 1246 | 1467 | 596 | 947 | 951 | 2103 | 621 | 266 | 5626 | 592 | 1499 | 15914 |
| 04:00 | 1252 | 1478 | 586 | 949 | 937 | 2089 | 627 | 261 | 5588 | 597 | 1496 | 15860 |
| 05:00 | 1288 | 1527 | 602 | 972 | 948 | 2137 | 659 | 270 | 5734 | 600 | 1540 | 16277 |
| 06:00 | 1365 | 1587 | 653 | 1007 | 988 | 2249 | 698 | 285 | 6138 | 615 | 1605 | 17190 |
| 07:00 | 1432 | 1669 | 713 | 1061 | 1042 | 2427 | 712 | 305 | 6625 | 636 | 1706 | 18328 |
| 08:00 | 1458 | 1707 | 757 | 1098 | 1076 | 2624 | 707 | 327 | 7024 | 644 | 1788 | 19210 |
| 09:00 | 1467 | 1712 | 796 | 1129 | 1108 | 2811 | 693 | 345 | 7321 | 649 | 1843 | 19874 |
| 10:00 | 1498 | 1732 | 821 | 1156 | 1137 | 2987 | 700 | 366 | 7532 | 655 | 1901 | 20485 |
| 11:00 | 1524 | 1770 | 853 | 1207 | 1180 | 3183 | 715 | 384 | 7722 | 660 | 1978 | 21176 |
| 12:00 | 1551 | 1826 | 884 | 1247 | 1235 | 3352 | 726 | 406 | 7852 | 662 | 2009 | 21750 |
| 13:00 | 1599 | 1886 | 905 | 1303 | 1297 | 3528 | 745 | 423 | 7998 | 668 | 2063 | 22415 |
| 14:00 | 1648 | 1902 | 926 | 1318 | 1341 | 3670 | 758 | 432 | 8123 | 672 | 2083 | 22873 |
| 15:00 | 1690 | 1906 | 944 | 1328 | 1396 | 3783 | 753 | 445 | 8260 | 671 | 2099 | 23275 |
| 16:00 | 1742 | 1944 | 956 | 1345 | 1442 | 3871 | 775 | 454 | 8367 | 674 | 2126 | 23696 |
| 17:00 | 1803 | 2001 | 969 | 1374 | 1503 | 3909 | 820 | 463 | 8365 | 678 | 2145 | 24030 |
| 18:00 | 1828 | 2033 | 958 | 1405 | 1542 | 3846 | 856 | 463 | 8123 | 681 | 2148 | 23883 |
| 19:00 | 1823 | 2050 | 923 | 1408 | 1531 | 3666 | 891 | 451 | 7860 | 677 | 2094 | 23374 |
| 20:00 | 1781 | 2017 | 893 | 1369 | 1490 | 3518 | 908 | 434 | 7649 | 670 | 2013 | 22742 |
| 21:00 | 1717 | 1953 | 864 | 1325 | 1419 | 3339 | 888 | 409 | 7508 | 660 | 1969 | 22051 |
| 22:00 | 1593 | 1815 | 809 | 1226 | 1296 | 3059 | 817 | 375 | 7200 | 637 | 1869 | 20696 |
| 23:00 | 1472 | 1679 | 746 | 1135 | 1176 | 2767 | 745 | 335 | 6803 | 621 | 1739 | 19218 |