ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH
1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISONE
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	200	200	200	200	200	200	200
01:00 EDT	200	200	200	200	200	200	200	200	200	200
02:00 EDT	200	200	200	200	200	200	200	200	200	200
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	200	200	200	200	200	200	200	200	200
08:00 EDT	200	200	200	200	200	200	200	200	200	200
09:00 EDT	200	200	200	200	200	200	200	200	200	200
10:00 EDT	200	200	200	200	200	200	200	200	200	200
11:00 EDT	200	200	200	200	200	200	200	200	200	200
12:00 EDT	200	200	200	200	200	200	200	200	200	200
13:00 EDT	200	200	200	200	200	200	200	200	200	200
14:00 EDT	200	200	200	200	200	200	200	200	200	200
15:00 EDT	200	200	200	200	200	200	200	200	200	200
16:00 EDT	200	200	200	200	200	200	200	200	200	200
17:00 EDT	200	200	200	200	200	200	200	200	200	200
18:00 EDT	200	200	200	200	200	200	200	200	200	200
19:00 EDT	200	200	200	196	200	196	200	196	200	196
20:00 EDT	200	200	200	200	200	200	200	200	200	200
21:00 EDT	200	200	200	200	200	200	200	200	200	200
22:00 EDT	200	200	200	200	200	200	200	200	200	200
23:00 EDT	200	200	200	200	200	200	200	200	200	200

CEDARS-HQ back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0

06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

CENT EAST back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2945	1923	2870	2056	2870	2052	2870	2103	2870	2072
01:00 EDT	2905	1892	2870	2085	2870	2086	2740	2057	2740	1866
02:00 EDT	2905	1866	2740	1892	2740	1883	2740	1910	2740	2005
03:00 EDT	2905	1892	2740	1914	2780	1878	2780	2005	2780	1971
04:00 EDT	2905	1966	2780	1992	2780	2014	2780	2060	2780	2002
05:00 EDT	2905	1845	2780	1882	2780	1870	2780	1795	2780	1906
06:00 EDT	2905	1709	2780	1918	2780	1869	2780	1921	2780	1863
07:00 EDT	2905	1682	2780	1732	2780	1705	2780	1714	2780	1753
08:00 EDT	2905	1654	2780	2015	2780	2026	2780	1894	2780	1882
09:00 EDT	2905	1850	2780	1923	2780	2032	2780	1956	2780	1939
10:00 EDT	2905	1876	2780	1788	2780	1744	2780	1806	2780	1793
11:00 EDT	2905	1923	2780	1910	2780	1998	2780	1959	2780	1904
12:00 EDT	2905	1958	2780	1945	2780	2011	2780	1973	2780	1944
13:00 EDT	2905	1924	2780	1798	2780	1756	2780	1728	2780	1724
14:00 EDT	2905	1835	2780	1739	2780	1773	2780	1757	2780	1793
15:00 EDT	2905	1619	2780	1662	2780	1586	2780	1746	2780	1700
16:00 EDT	2945	1525	2780	1454	2780	1522	2780	1509	2780	1494
17:00 EDT	2945	1608	2780	1670	2780	1596	2780	1574	2780	1440
18:00 EDT	2945	1894	2780	1747	2780	1791	2780	1717	2780	1559
19:00 EDT	2945	1866	2780	1357	2780	1301	2780	1380	2780	1413
20:00 EDT	2945	1357	2780	1191	2780	1361	2780	1243	2780	1277
21:00 EDT	2945	1154	2780	1110	2820	1166	2820	1230	2820	1379
22:00 EDT	2945	1225	2820	1605	2820	1424	2820	1373	2820	1513
23:00 EDT	2905	1190	2820	1418	2820	1462	2820	1391	2915	1465

CSC-NPX back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	330	330	330	330	330	330	330	330	330
01:00 EDT	330	330	330	330	330	330	330	330	330	330
02:00 EDT	330	330	330	330	330	330	330	330	330	330
03:00 EDT	330	330	330	330	330	330	330	330	330	330
04:00 EDT	330	330	330	330	330	330	330	330	330	330
05:00 EDT	330	330	330	330	330	330	330	330	330	330
06:00 EDT	330	330	330	330	330	330	330	330	330	330
07:00 EDT	330	330	330	330	330	330	330	330	330	330

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3200	2465	3200	2805	3200	2617	3200	2729	3200	2757
01:00 EDT	3200	2389	3200	2611	3200	2628	3200	2679	3200	2625
02:00 EDT	3200	2401	3200	2699	3200	2661	3200	2737	3200	2794
03:00 EDT	3200	2471	3200	2562	3200	2518	3200	2777	3200	2610
04:00 EDT	3200	2504	3200	2706	3200	2705	3200	2747	3200	2640
05:00 EDT	3200	2326	3200	2413	3200	2276	3200	2277	3200	2422
06:00 EDT	3200	2067	3200	2393	3200	2263	3200	2293	3200	2314
07:00 EDT	3200	1943	3200	2169	3200	2189	3200	2167	3200	2169
08:00 EDT	3200	2312	3200	2525	3200	2547	3200	2566	3200	2493
09:00 EDT	3200	2932	3200	2726	3200	2738	3200	2812	3200	2791
10:00 EDT	3200	3016	3200	2739	3200	2941	3200	3100	3200	2981
11:00 EDT	3200	3089	3200	3100	3200	3066	3200	2992	3200	2931
12:00 EDT	3200	3100	3200	3075	3200	3100	3200	2972	3200	3100
13:00 EDT	3200	3083	3200	2907	3200	2891	3200	2910	3200	2980
14:00 EDT	3200	3024	3200	2942	3200	2929	3200	2879	3200	2923
15:00 EDT	3200	2517	3200	2573	3200	2449	3200	2617	3200	2544
16:00 EDT	3200	2000	3200	2115	3200	1988	3200	1946	3200	2118
17:00 EDT	3200	2007	3200	2020	3200	2002	3200	2028	3200	1826
18:00 EDT	3200	2369	3200	2028	3200	2048	3200	1921	3200	1726
19:00 EDT	3200	2376	3200	1426	3200	1382	3200	1457	3200	1632
20:00 EDT	3200	1723	3200	1386	3200	1805	3200	1515	3200	1595
21:00 EDT	3200	1652	3200	1423	3200	1390	3200	1529	3200	1715
22:00 EDT	3200	2030	3200	2281	3200	2222	3200	2180	3200	2133
23:00 EDT	3200	2243	3200	2173	3200	2126	3200	2258	3200	2195

HQ-CEDARS back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	220	220	220	220	220	220	220	220	220	220
01:00 EDT	220	220	220	220	220	220	220	220	220	220
02:00 EDT	220	220	220	220	220	220	220	220	220	220
03:00 EDT	220	220	220	220	220	220	220	220	220	220
04:00 EDT	220	220	220	220	220	220	220	220	220	220
05:00 EDT	220	220	220	220	220	220	220	220	220	220
06:00 EDT	220	220	220	220	220	220	220	220	220	220
07:00 EDT	220	220	220	220	220	220	220	220	220	220
08:00 EDT	220	220	220	220	220	220	220	220	220	220
09:00 EDT	220	220	220	220	220	220	220	220	220	220

10:00 EDT	220	220	220	220	220	220	220	220	220	220
11:00 EDT	220	220	220	220	220	220	220	220	220	220
12:00 EDT	220	220	220	220	220	220	220	220	220	220
13:00 EDT	220	220	220	220	220	220	220	220	220	220
14:00 EDT	220	220	220	220	220	220	220	220	220	220
15:00 EDT	220	220	220	220	220	220	220	220	220	220
16:00 EDT	220	220	220	220	220	220	220	220	220	220
17:00 EDT	220	220	220	220	220	220	220	220	220	220
18:00 EDT	220	220	220	220	220	220	220	220	220	220
19:00 EDT	220	220	220	220	220	220	220	220	220	220
20:00 EDT	220	220	220	220	220	220	220	220	220	220
21:00 EDT	220	220	220	220	220	220	220	220	220	220
22:00 EDT	220	220	220	220	220	220	220	220	220	220
23:00 EDT	220	220	220	220	220	220	220	220	220	220

HQ-CHPE back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
01:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
02:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
03:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
04:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
05:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
06:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
07:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
08:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
09:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
10:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
11:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
12:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
13:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
14:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
15:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
16:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
17:00 EDT	1250	763	1250	763	1250	763	1250	763	1250	763
18:00 EDT	1250	63	1250	63	1250	63	1250	63	1250	63
19:00 EDT	1250	340	1250	340	1250	340	1250	340	1250	340
20:00 EDT	1250	1040	1250	1040	1250	1040	1250	1040	1250	1040
21:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
22:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
23:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250

HQ-NYISO back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1900	1179	1750	1086	1750	1087	1750	1086	1750	1086
01:00 EDT	1900	1089	1750	935	1750	934	1750	935	1750	935
02:00 EDT	1900	986	1750	958	1750	959	1750	958	1750	958
03:00 EDT	1900	1130	1750	915	1750	915	1750	915	1750	915
04:00 EDT	1900	1207	1750	938	1750	939	1750	938	1750	939
05:00 EDT	1900	987	1750	677	1750	677	1750	676	1750	676
06:00 EDT	1900	688	1750	562	1750	563	1750	562	1750	562
07:00 EDT	1900	698	1750	626	1750	626	1750	626	1750	626
08:00 EDT	1900	1091	1750	1040	1750	1040	1750	1040	1750	1040
09:00 EDT	1900	1429	1750	1155	1750	1155	1750	1155	1750	1155
10:00 EDT	1900	1464	1750	1155	1750	1154	1750	1154	1750	1154
11:00 EDT	1900	1457	1750	1199	1750	1199	1750	1200	1750	1200
12:00 EDT	1900	1450	1750	1300	1750	1299	1750	1300	1750	1299
13:00 EDT	1900	1428	1750	1144	1750	1144	1750	1143	1750	1143
14:00 EDT	1900	1319	1750	1158	1750	1158	1750	1158	1900	1308
15:00 EDT	1900	1214	1900	1189	1900	1189	1900	1189	1900	1189
16:00 EDT	1900	809	1900	719	1900	719	1900	719	1900	718
17:00 EDT	1900	950	1900	782	1900	782	1900	782	1900	782
18:00 EDT	1900	1411	1900	1041	1900	1041	1900	1042	1900	1042
19:00 EDT	1900	1351	1900	676	1900	676	1900	676	1900	676
20:00 EDT	1900	999	1900	765	1900	765	1900	765	1900	765
21:00 EDT	1900	695	1900	580	1900	580	1900	580	1900	579
22:00 EDT	1900	704	1900	744	1900	744	1900	744	1900	745
23:00 EDT	1900	717	1900	748	1900	749	1900	749	1900	749

ISONE-NYISO back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1157	1400	923	1400	1148	1400	859	1400	907
01:00 EDT	1400	1100	1400	1072	1400	784	1400	611	1400	905
02:00 EDT	1400	1177	1400	852	1400	962	1400	863	1400	760
03:00 EDT	1400	1176	1400	931	1400	1044	1400	910	1400	1004
04:00 EDT	1400	1200	1400	1050	1400	1051	1400	940	1400	994
05:00 EDT	1400	1200	1400	1105	1400	1102	1400	1072	1400	1091
06:00 EDT	1400	1200	1400	1198	1400	1200	1400	1096	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1185
10:00 EDT	1400	1200	1400	1018	1400	975	1400	894	1400	869
11:00 EDT	1400	1088	1400	581	1400	542	1400	430	1400	404
12:00 EDT	1400	1133	1400	346	1400	355	1400	354	1400	421
13:00 EDT	1400	1135	1400	506	1400	526	1400	543	1400	530

14:00 EDT	1400	1200	1400	460	1400	450	1400	506	1400	418
15:00 EDT	1400	1200	1400	659	1400	512	1400	528	1400	560
16:00 EDT	1400	1200	1400	614	1400	602	1400	737	1400	849
17:00 EDT	1400	1200	1400	1116	1400	1094	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1374	1174	1339	1139	1291	1091
19:00 EDT	1400	1200	1195	995	1134	934	1376	1176	1400	1200
20:00 EDT	1400	1200	1109	909	1310	1110	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3150	3050
14:00 EDT	3400	3300	3150	3050	3150	3050	3150	3050	3400	3300
15:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
16:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
17:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
18:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
19:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
20:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
21:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
22:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
23:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300

NPX-1385 back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	111	200	101	200	101	200	101	200	101
01:00 EDT	200	136	200	126	200	126	200	126	200	126
02:00 EDT	200	91	200	80	200	80	200	80	200	80
03:00 EDT	200	136	200	126	200	126	200	126	200	126
04:00 EDT	200	136	200	126	200	126	200	126	200	126
05:00 EDT	200	200	200	190	200	190	200	190	200	190
06:00 EDT	200	160	200	150	200	150	200	150	200	150
07:00 EDT	200	170	200	160	200	160	200	160	200	160
08:00 EDT	200	150	200	150	200	150	200	150	200	150
09:00 EDT	200	151	200	151	200	151	200	151	200	151
10:00 EDT	200	151	200	141	200	141	200	141	200	141
11:00 EDT	200	118	200	116	200	116	200	116	200	116
12:00 EDT	200	116	200	76	200	76	200	76	200	76
13:00 EDT	200	116	200	70	200	70	200	70	200	70
14:00 EDT	200	126	200	108	200	108	200	108	200	108
15:00 EDT	200	200	200	157	200	157	200	157	200	157

16:00 EDT	200	151	200	126	200	126	200	126	200	126
17:00 EDT	200	200	200	197	200	197	200	197	200	197
18:00 EDT	200	200	200	184	200	184	200	184	200	184
19:00 EDT	200	200	200	200	200	200	200	200	200	200
20:00 EDT	200	200	200	186	200	186	200	186	200	186
21:00 EDT	200	200	200	190	200	190	200	190	200	190
22:00 EDT	200	200	200	190	200	190	200	190	200	190
23:00 EDT	200	200	200	190	200	190	200	190	200	190

NPX-CSC back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	75	330	1	330	1	330	1	330	1
03:00 EDT	330	75	330	0	330	0	330	0	330	0
04:00 EDT	330	8	330	0	330	0	330	0	330	0
05:00 EDT	330	75	330	0	330	0	330	0	330	0
06:00 EDT	330	225	330	0	330	0	330	0	330	0
07:00 EDT	330	150	330	0	330	0	330	0	330	0
08:00 EDT	330	150	330	0	330	0	330	0	330	0
09:00 EDT	330	150	330	0	330	0	330	0	330	0
10:00 EDT	330	225	330	0	330	0	330	0	330	0
11:00 EDT	330	150	330	50	330	50	330	50	330	50
12:00 EDT	330	125	330	0	330	0	330	0	330	0
13:00 EDT	330	150	330	100	330	100	330	100	330	100
14:00 EDT	330	75	330	25	330	25	330	25	330	25
15:00 EDT	330	75	330	75	330	75	330	75	330	75
16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	75	330	0	330	0	330	0	330	0
22:00 EDT	330	75	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	800	0	1000	45	1000	45	1000	45	1000	45
01:00 EDT	800	0	1000	45	1000	45	1000	45	1000	45
02:00 EDT	800	0	1000	45	1000	45	1000	45	1000	45
03:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
04:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
05:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
06:00 EDT	800	0	1000	45	1000	45	1000	45	1000	45
07:00 EDT	800	0	1000	45	1000	45	1000	45	1000	45
08:00 EDT	800	0	1000	45	1000	45	1000	45	1000	45
09:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
10:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
11:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
12:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
13:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
14:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
15:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
16:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
17:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0

18:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
19:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
20:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
21:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
22:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0
23:00 EDT	800	0	1000	0	1000	0	1000	0	1000	0

NYISO-IMO back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
01:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
02:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
03:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
04:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
05:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
06:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
07:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
08:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
09:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
10:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
11:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
12:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
13:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1450	1100
14:00 EDT	1600	1250	1450	1100	1450	1100	1450	1100	1600	1250
15:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
16:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
17:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
18:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
01:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
02:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
03:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
04:00 EDT	1600	1392	1600	1400	1600	1400	1600	1400	1600	1400
05:00 EDT	1600	1102	1600	1400	1600	1400	1600	1400	1600	1400
06:00 EDT	1600	926	1600	1400	1600	1323	1600	1400	1600	1323
07:00 EDT	1600	899	1600	1114	1600	1083	1600	1159	1600	1087
08:00 EDT	1600	909	1600	1383	1600	1338	1600	1145	1600	1079
09:00 EDT	1600	1272	1600	1140	1600	1320	1600	1287	1600	1400
10:00 EDT	1600	1308	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1389	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1207	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1349	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	823	1600	1400	1600	1400	1600	1227	1600	1086
18:00 EDT	1600	762	1600	954	1600	786	1600	689	1600	638
19:00 EDT	1600	756	1600	386	1600	340	1600	615	1600	615

20:00 EDT	1600	410	1600	614	1600	854	1600	615	1600	627
21:00 EDT	1600	196	1600	548	1600	614	1600	788	1600	806
22:00 EDT	1600	293	1600	832	1600	533	1600	671	1600	901
23:00 EDT	1600	543	1600	826	1600	708	1600	783	1600	727

NYISO-PJM back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5662	7550	5954	7550	5790	7550	5897	7550	6066
01:00 EDT	7550	5724	7550	5868	7550	6071	7550	6079	7550	5806
02:00 EDT	7550	5698	7550	6011	7550	5954	7550	5996	7550	6108
03:00 EDT	7550	5697	7550	5954	7550	5971	7550	6199	7550	6025
04:00 EDT	7550	5815	7550	6187	7550	6192	7550	6246	7550	6275
05:00 EDT	7550	5680	7550	6126	7550	5946	7550	5981	7550	6004
06:00 EDT	7550	5585	7550	6023	7550	5943	7550	6077	7550	5985
07:00 EDT	7550	5389	7550	5736	7550	5752	7550	5725	7550	5691
08:00 EDT	7550	5331	7550	6227	7550	6115	7550	5939	7550	5939
09:00 EDT	7550	5737	7550	6278	7550	6242	7550	6085	7550	6070
10:00 EDT	7550	5713	7550	5681	7550	5664	7550	5615	7550	5651
11:00 EDT	7550	5767	7550	5791	7550	5788	7550	5770	7550	5666
12:00 EDT	7550	5909	7550	5887	7550	5858	7550	5817	7550	5759
13:00 EDT	7550	5833	7550	5587	7550	5553	7550	5530	7550	5537
14:00 EDT	7550	5650	7550	5554	7550	5572	7550	5570	7550	5741
15:00 EDT	7550	5264	7550	5434	7550	5532	7550	5681	7550	5675
16:00 EDT	7550	5091	7550	5426	7550	5540	7550	5597	7550	5646
17:00 EDT	7550	5531	7550	5653	7550	5758	7550	5804	7550	5734
18:00 EDT	7550	6290	7550	6202	7550	6283	7550	6373	7550	6305
19:00 EDT	7550	6209	7550	5895	7550	5862	7550	5894	7550	5757
20:00 EDT	7550	4902	7550	5106	7550	5530	7550	5092	7550	5104
21:00 EDT	7550	4427	7550	4784	7550	4720	7550	4800	7550	4800

22:00 EDT	7550	4487	7550	5108	7550	4974	7550	4967	7550	5027
23:00 EDT	7550	4631	7550	5130	7550	4966	7550	4952	7550	4801

PJM-NEPTUNE back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	165	660	165	660	165	660	165	660	165
15:00 EDT	660	165	660	165	660	165	660	165	660	165
16:00 EDT	660	165	660	165	660	165	660	165	660	165
17:00 EDT	660	165	660	165	660	165	660	165	660	165
18:00 EDT	660	165	660	165	660	165	660	165	660	165
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	165	660	165	660	165	660	165	660	165
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1700	160	1700	284	1700	9	1700	92	1700	289
01:00 EDT	1700	237	1700	158	1700	435	1700	355	1700	153
02:00 EDT	1700	310	1700	296	1700	233	1700	305	1700	384
03:00 EDT	1700	247	1700	317	1700	318	1700	318	1700	322
04:00 EDT	1700	156	1700	290	1700	290	1700	284	1700	283
05:00 EDT	1700	154	1700	348	1700	354	1700	349	1700	350
06:00 EDT	1700	424	1700	382	1700	381	1700	380	1700	380
07:00 EDT	1700	186	1700	250	1700	252	1700	251	1700	249
08:00 EDT	1700	337	1700	400	1700	398	1700	398	1700	398
09:00 EDT	1700	782	1700	864	1700	866	1700	864	1700	866
10:00 EDT	1700	840	1700	656	1700	720	1700	605	1700	604
11:00 EDT	1700	875	1700	748	1700	750	1700	749	1700	750
12:00 EDT	1700	1051	1700	915	1700	917	1700	914	1700	913
13:00 EDT	1700	1006	1700	853	1700	853	1700	853	1700	812
14:00 EDT	1700	901	1700	713	1700	713	1700	716	1700	714
15:00 EDT	1950	1087	1700	631	1700	632	1700	638	1700	635
16:00 EDT	1950	1190	1700	785	1700	784	1700	775	1700	775
17:00 EDT	1950	1162	1700	555	1700	559	1700	567	1700	561
18:00 EDT	1950	1343	1700	586	1700	588	1700	588	1700	585
19:00 EDT	1950	1355	1700	569	1700	570	1700	576	1700	489
20:00 EDT	1950	663	1700	0	1700	0	1700	0	1700	0
21:00 EDT	1950	462	1700	0	1700	0	1700	0	1700	0
22:00 EDT	1950	283	1700	0	1700	0	1700	0	1700	0
23:00 EDT	1950	608	1700	250	1700	202	1700	300	1700	250

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	622	660	361	660	361	660	422	660	361
01:00 EDT	660	522	660	361	660	361	660	361	660	361
02:00 EDT	660	622	660	381	660	361	660	422	660	422
03:00 EDT	660	622	660	422	660	422	660	422	660	522
04:00 EDT	660	622	660	422	660	361	660	522	660	422
05:00 EDT	660	522	660	361	660	415	660	399	660	422
06:00 EDT	660	361	660	361	660	361	660	361	660	361
07:00 EDT	660	361	660	361	660	361	660	361	660	361
08:00 EDT	660	361	660	361	660	361	660	361	660	361
09:00 EDT	660	361	660	361	660	361	660	361	660	361
10:00 EDT	660	361	660	361	660	361	660	361	660	361
11:00 EDT	660	422	660	361	660	361	660	361	660	361
12:00 EDT	660	522	660	361	660	361	660	361	660	361
13:00 EDT	660	522	660	361	660	361	660	361	660	361
14:00 EDT	660	422	660	361	660	361	660	361	660	361
15:00 EDT	660	361	660	361	660	361	660	361	660	361
16:00 EDT	660	361	660	361	660	361	660	361	660	361
17:00 EDT	660	422	660	361	660	361	660	361	660	361
18:00 EDT	660	522	660	422	660	361	660	361	660	361
19:00 EDT	660	622	660	422	660	422	660	522	660	522
20:00 EDT	660	361	660	361	660	361	660	361	660	361
21:00 EDT	660	361	660	361	660	361	660	361	660	361
22:00 EDT	660	361	660	361	660	361	660	361	660	361
23:00 EDT	660	562	660	361	660	361	660	361	660	361

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	DAM	HAM

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	20	315	20	315	20	315	20	315	20
19:00 EDT	315	20	315	20	315	20	315	20	315	20
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
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17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3061	4600	3364	4600	3510	4600	3432	4600	3458

01:00 EDT	4600	3293	4600	3521	4600	3597	4600	3595	4600	3619
02:00 EDT	4600	3249	4600	3705	4600	3724	4600	3635	4600	3623
03:00 EDT	4600	3243	4600	3620	4600	3620	4600	3621	4600	3566
04:00 EDT	4600	3335	4600	3666	4600	3682	4600	3580	4600	3656
05:00 EDT	4600	3472	4600	3687	4600	3647	4600	3623	4600	3699
06:00 EDT	4600	3485	4600	3755	4600	3753	4600	3737	4600	3844
07:00 EDT	4600	3392	4600	3808	4600	3872	4600	3751	4600	3831
08:00 EDT	4600	3060	4600	3938	4600	3854	4600	3839	4600	3751
09:00 EDT	4600	2722	4600	3958	4600	3582	4600	3380	4600	3173
10:00 EDT	4600	2551	4600	3154	4600	3087	4600	3044	4600	2924
11:00 EDT	4600	2283	4600	2863	4600	2875	4600	2729	4600	2838
12:00 EDT	4600	2055	4600	2823	4600	2834	4600	2694	4600	2705
13:00 EDT	4600	2165	4600	2628	4600	2691	4600	2656	4600	2691
14:00 EDT	4600	2235	4600	2684	4600	2721	4600	2740	4600	2651
15:00 EDT	4600	2583	4600	2640	4600	2635	4600	2601	4600	2723
16:00 EDT	4600	2309	4600	2626	4600	2752	4600	2747	4600	3010
17:00 EDT	4600	3402	4600	3359	4600	3421	4600	3736	4600	3875
18:00 EDT	4600	4043	4600	4410	4600	4500	4600	4500	4600	4500
19:00 EDT	4600	3633	4600	4234	4600	4202	4600	4088	4600	3941
20:00 EDT	4600	3248	4600	3749	4600	3819	4600	3755	4600	3688
21:00 EDT	4600	3009	4600	3505	4600	3395	4600	3235	4600	3122
22:00 EDT	4600	3035	4600	3545	4600	3677	4600	3431	4600	3301
23:00 EDT	4600	2964	4600	3323	4600	3370	4600	3367	4600	3322

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6450	4392	6290	4330	6170	4388	6170	4337	6170	4414
01:00 EDT	6450	4613	6170	4472	6170	4578	6170	4620	6170	4674
02:00 EDT	6450	4602	6170	4804	6170	4862	6170	4790	6170	4803
03:00 EDT	6450	4650	6170	4768	6170	4798	6170	4812	6170	4767
04:00 EDT	6450	4817	6170	4858	6170	4878	6170	4790	6170	4835
05:00 EDT	6450	4864	6170	4771	6170	4717	6170	4683	6170	4769
06:00 EDT	6665	5047	6170	4900	6170	4935	6170	4889	6170	4994
07:00 EDT	6665	4774	6170	4978	6170	5015	6170	4901	6170	4969
08:00 EDT	6665	4439	6170	5143	6170	5031	6170	4976	6170	4926
09:00 EDT	6665	4067	6170	5085	6170	4755	6170	4594	6170	4339
10:00 EDT	6665	3929	6170	4263	6170	4191	6170	4105	6170	4014
11:00 EDT	6665	3793	6170	3964	6170	3945	6170	3773	6170	3897
12:00 EDT	6665	3615	6170	4026	6170	4025	6170	3944	6385	4166
13:00 EDT	6665	3639	6385	3980	6385	3998	6385	3935	6385	3971
14:00 EDT	6665	3622	6385	3888	6385	3849	6385	3921	6385	3776
15:00 EDT	6665	3786	6385	3815	6385	3765	6385	3617	6385	3735
16:00 EDT	6665	3519	6385	3803	6385	3907	6385	3947	6385	4191
17:00 EDT	6665	4565	6385	4618	6385	4668	6385	4938	6385	5046
18:00 EDT	6665	5193	6385	5619	6385	5858	6385	5823	6385	5711
19:00 EDT	6665	5143	6385	5593	6385	5578	6385	5493	6385	5367
20:00 EDT	6665	4617	6385	4995	6385	5133	6385	4969	6385	4911
21:00 EDT	6665	4300	6385	4791	6385	4615	6385	4474	6385	4381
22:00 EDT	6665	4410	6385	4656	6385	4797	6385	4586	6385	4487
23:00 EDT	6450	4418	6385	4504	6170	4357	6170	4397	6170	4356

WEST CENTRAL back to top Date: 10/10/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9489	9999	9898	9999	9702	9999	9807	9999	9820
01:00 EDT	9999	9410	9999	9666	9999	9679	9999	9724	9999	9668
02:00 EDT	9999	9421	9999	9740	9999	9695	9999	9769	9999	9825

03:00 EDT	9999	9476	9999	9589	9999	9542	9999	9797	9999	9630
04:00 EDT	9999	9511	9999	9726	9999	9728	9999	9774	9999	9667
05:00 EDT	9999	9356	9999	9449	9999	9319	9999	9327	9999	9475
06:00 EDT	9999	9149	9999	9466	9999	9348	9999	9389	9999	9420
07:00 EDT	9999	9077	9999	9289	9999	9300	9999	9280	9999	9287
08:00 EDT	9999	9269	9999	9636	9999	9631	9999	9611	9999	9526
09:00 EDT	9999	9773	9999	9704	9999	9695	9999	9711	9999	9671
10:00 EDT	9999	9795	9999	9604	9999	9774	9999	9899	9999	9798
11:00 EDT	9999	9899	9999	9899	9999	9895	9999	9808	9999	9723
12:00 EDT	9999	9899	9999	9853	9999	9872	9999	9705	9999	9853
13:00 EDT	9999	9899	9999	9645	9999	9630	9999	9633	9999	9718
14:00 EDT	9999	9810	9999	9717	9999	9715	9999	9677	9999	9747
15:00 EDT	9999	9299	9999	9452	9999	9384	9999	9553	9999	9512
16:00 EDT	9999	8943	9999	9139	9999	8977	9999	8993	9999	9232
17:00 EDT	9999	9117	9999	9166	9999	9173	9999	9207	9999	9037
18:00 EDT	9999	9577	9999	9253	9999	9300	9999	9201	9999	9008
19:00 EDT	9999	9624	9999	8724	9999	8679	9999	8745	9999	8895
20:00 EDT	9999	8941	9999	8660	9999	9054	9999	8757	9999	8832
21:00 EDT	9999	8863	9999	8653	9999	8618	9999	8741	9999	8911
22:00 EDT	9999	9197	9999	9448	9999	9380	9999	9327	9999	9271
23:00 EDT	9999	9283	9999	9294	9999	9235	9999	9353	9999	9271