ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH
1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISONE
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	50	50	50	50	50	50	50	50	50	50
01:00 EDT	50	50	50	50	50	50	50	50	50	50
02:00 EDT	50	0	50	50	50	50	50	50	50	50
03:00 EDT	50	0	50	50	50	50	50	50	50	50
04:00 EDT	50	0	50	50	50	50	50	50	50	50
05:00 EDT	50	0	50	0	50	0	50	0	50	0
06:00 EDT	50	34	50	42	50	42	50	42	50	42
07:00 EDT	50	50	50	50	50	50	50	50	50	50
08:00 EDT	50	50	50	50	50	50	50	50	50	50
09:00 EDT	50	26	50	18	50	18	50	18	50	18
10:00 EDT	50	39	50	32	50	32	50	32	50	32
11:00 EDT	50	26	50	42	50	42	50	42	50	42
12:00 EDT	50	50	50	50	50	50	50	50	50	50
13:00 EDT	50	50	50	50	50	50	50	50	50	50
14:00 EDT	50	0	50	50	50	50	50	50	50	50
15:00 EDT	50	0	50	50	50	50	50	50	50	50
16:00 EDT	50	0	50	47	50	47	50	47	50	47
17:00 EDT	50	0	50	50	50	50	50	50	50	50
18:00 EDT	50	50	50	50	50	50	50	50	50	50
19:00 EDT	50	50	50	50	50	50	50	50	50	50
20:00 EDT	50	50	50	50	50	50	50	50	50	50
21:00 EDT	50	50	50	50	50	50	50	50	50	50
22:00 EDT	50	50	50	50	50	50	50	50	50	50
23:00 EDT	50	50	50	50	50	50	50	50	50	50

CEDARS-HQ back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0

06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

CENT EAST back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2895	1064	2975	1103	2975	1201	2935	1157	2935	1122
01:00 EDT	2895	790	2935	781	2935	802	2885	785	2885	822
02:00 EDT	2895	713	2885	902	2885	875	2885	757	2885	810
03:00 EDT	2895	843	2885	899	2885	865	2885	841	2885	933
04:00 EDT	2895	805	2885	905	2885	1075	2885	945	2885	892
05:00 EDT	2895	508	2885	748	2885	805	2885	807	2935	759
06:00 EDT	2895	375	2935	624	2935	566	2935	386	2935	556
07:00 EDT	2895	327	2935	727	2935	695	2935	748	2935	745
08:00 EDT	2895	281	2935	471	2935	474	2935	390	2935	489
09:00 EDT	2895	114	2935	455	2935	363	2975	398	2975	364
10:00 EDT	2825	124	2925	740	2925	770	2925	745	2925	795
11:00 EDT	2825	103	2925	804	2925	829	2925	736	2925	740
12:00 EDT	2825	142	2925	846	2925	795	2925	629	2925	637
13:00 EDT	2825	137	2925	402	2925	346	2925	383	2925	363
14:00 EDT	2825	88	2925	396	2925	372	2925	526	2925	439
15:00 EDT	2825	30	2925	476	2965	586	2990	551	3040	620
16:00 EDT	2935	65	3040	183	3040	165	3040	230	3070	226
17:00 EDT	2935	85	3070	221	3070	328	3110	447	3185	609
18:00 EDT	2935	451	3185	423	3110	512	3110	640	3110	638
19:00 EDT	2935	652	3110	336	3110	472	3110	497	3110	495
20:00 EDT	2935	616	3110	609	3110	658	3085	753	3045	595
21:00 EDT	2935	376	3045	817	3045	702	3045	765	3005	719
22:00 EDT	2935	632	3005	1409	2975	1257	2975	1060	2975	1210
23:00 EDT	2935	771	2975	1281	2975	1250	2975	1382	2975	1415

CSC-NPX back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	330	330	330	330	330	330	330	330	330
01:00 EDT	330	330	330	330	330	330	330	330	330	330
02:00 EDT	330	330	330	330	330	330	330	330	330	330
03:00 EDT	330	330	330	330	330	330	330	330	330	330
04:00 EDT	330	330	330	330	330	330	330	330	330	330
05:00 EDT	330	330	330	330	330	330	330	330	330	330
06:00 EDT	330	330	330	330	330	330	330	330	330	330
07:00 EDT	330	330	330	330	330	330	330	330	330	330

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	2185	2850	1970	2850	2064	2850	2134	2850	1971
01:00 EDT	2850	2027	2850	1990	2850	1988	2850	1999	2850	2011
02:00 EDT	2850	1910	2850	1701	2850	1727	2850	1737	2850	1849
03:00 EDT	2850	1983	2850	1881	2850	1934	2850	1891	2850	1903
04:00 EDT	2850	2061	2850	1993	2850	2083	2850	1875	2850	1959
05:00 EDT	2850	1967	2850	1999	2850	2008	2850	2023	2850	1785
06:00 EDT	2850	1462	2850	1503	2850	1406	2850	1317	2850	1519
07:00 EDT	2850	1483	2850	1708	2850	1680	2850	1710	2850	1709
08:00 EDT	2850	1860	2850	1950	2850	1814	2850	1798	2850	2010
09:00 EDT	2850	2073	2850	1970	2850	1988	2850	2120	2850	2225
10:00 EDT	2850	2147	2850	2470	2850	2369	2850	2293	2850	2313
11:00 EDT	2850	2178	2850	2445	2850	2443	2850	2425	2850	2431
12:00 EDT	2850	2183	2850	2514	2850	2542	2850	2549	2850	2611
13:00 EDT	2850	2202	2850	2392	2850	2362	2850	2349	2850	2353
14:00 EDT	2850	2167	2850	2421	2850	2446	2850	2343	2850	2258
15:00 EDT	2850	2144	2850	2278	2850	2462	2850	2281	2850	2258
16:00 EDT	2850	2059	2850	2288	2850	2166	2850	2259	2850	2099
17:00 EDT	2850	1509	2850	2065	2850	1865	2850	1819	2850	1700
18:00 EDT	2850	1558	2850	1779	2850	1798	2850	1839	2850	1803
19:00 EDT	2850	1704	2850	1692	2850	1721	2850	1750	2850	1658
20:00 EDT	2850	1661	2850	1631	2850	1672	2850	1769	2850	1829
21:00 EDT	2850	1650	2850	2048	2850	2047	2850	2015	2850	2066
22:00 EDT	2850	1981	2850	2750	2850	2280	2850	2225	2850	2509
23:00 EDT	2850	2284	2850	2297	2850	2300	2850	2467	2850	2382

HQ-CEDARS back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	220	220	220	220	220	220	220	220	220	220
01:00 EDT	220	220	220	220	220	220	220	220	220	220
02:00 EDT	220	220	220	220	220	220	220	220	220	220
03:00 EDT	220	220	220	220	220	220	220	220	220	220
04:00 EDT	220	220	220	220	220	220	220	220	220	220
05:00 EDT	220	220	220	220	220	220	220	220	220	220
06:00 EDT	220	220	220	220	220	220	220	220	220	220
07:00 EDT	220	220	220	220	220	220	220	220	220	220
08:00 EDT	220	220	220	220	220	220	220	220	220	220
09:00 EDT	220	220	220	220	220	220	220	220	220	220

10:00 EDT	220	220	220	220	220	220	220	220	220	220
11:00 EDT	220	220	220	220	220	220	220	220	220	220
12:00 EDT	220	220	220	220	220	220	220	220	220	220
13:00 EDT	220	220	220	220	220	220	220	220	220	220
14:00 EDT	220	220	220	220	220	220	220	220	220	220
15:00 EDT	220	220	220	220	220	220	220	220	220	220
16:00 EDT	220	220	220	220	220	220	220	220	220	220
17:00 EDT	220	220	220	220	220	220	220	220	220	220
18:00 EDT	220	220	220	220	220	220	220	220	220	220
19:00 EDT	220	220	220	220	220	220	220	220	220	220
20:00 EDT	220	220	220	220	220	220	220	220	220	220
21:00 EDT	220	220	220	220	220	220	220	220	220	220
22:00 EDT	220	220	220	220	220	220	220	220	220	220
23:00 EDT	220	220	220	220	220	220	220	220	220	220

HQ-CHPE back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
01:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
02:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
03:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
04:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
05:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
06:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
07:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
08:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
09:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
10:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
11:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
12:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
13:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
14:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
15:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
16:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
17:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
18:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
19:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
20:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
21:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
22:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
23:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250

HQ-NYISO back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500

12:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	800	1500	1499	1500	1499	1500	1499	1500	1499
18:00 EDT	1500	800	1500	1100	1500	1100	1500	1100	1500	1100
19:00 EDT	1500	800	1500	800	1500	800	1500	800	1500	800
20:00 EDT	1500	800	1500	1100	1500	1100	1500	1100	1500	1100
21:00 EDT	1500	800	1500	1499	1500	1499	1500	1499	1500	1499
22:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	800	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1750	1053	1750	725	1750	725	1750	725	1750	726
01:00 EDT	1750	687	1750	477	1750	437	1750	437	1750	437
02:00 EDT	1750	615	1750	299	1750	299	1750	299	1750	299
03:00 EDT	1750	814	1750	482	1750	482	1750	482	1750	482
04:00 EDT	1750	785	1750	508	1750	508	1750	509	1750	508
05:00 EDT	1750	741	1750	713	1750	714	1750	714	1750	714
06:00 EDT	1750	548	1750	503	1750	504	1750	504	1750	503
07:00 EDT	1750	719	1750	955	1750	955	1750	955	1750	956
08:00 EDT	1750	1179	1750	1269	1750	1269	1750	1269	1750	1269
09:00 EDT	1750	1217	1750	1288	1750	1288	1750	1288	1750	1287
10:00 EDT	1750	1299	1750	1299	1750	1299	1750	1300	1750	1299
11:00 EDT	1750	1249	1750	1149	1750	1149	1750	1149	1750	1149
12:00 EDT	1750	1249	1750	1224	1750	1224	1750	1224	1750	1224
13:00 EDT	1750	1249	1750	1024	1750	999	1750	999	1750	999
14:00 EDT	1750	1249	1750	1074	1750	1074	1750	1074	1750	1074
15:00 EDT	1750	1400	1750	1244	1750	1244	1750	1244	1750	1244
16:00 EDT	1750	1400	1750	1364	1750	1365	1750	1364	1750	1365
17:00 EDT	1750	1208	1750	1194	1750	1195	1750	1194	1750	1195
18:00 EDT	1750	1225	1750	1244	1750	1244	1750	1245	1750	1245
19:00 EDT	1750	1226	1750	1348	1750	1348	1750	1348	1750	1348
20:00 EDT	1750	1298	1750	1350	1750	1350	1750	1350	1750	1349
21:00 EDT	1750	1163	1750	1343	1750	1343	1750	1343	1750	1343
22:00 EDT	1750	1148	1750	1384	1750	1385	1750	1385	1750	1384
23:00 EDT	1750	1111	1750	1247	1750	1247	1750	1246	1750	1247

ISONE-NYISO back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
04:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
05:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
06:00 EDT	1350	1150	255	55	8	0	-250	0	-610	0
07:00 EDT	1350	1150	-771	0	-858	0	-881	0	-1040	0
08:00 EDT	1350	1150	-1132	0	-895	0	-973	0	-905	0
09:00 EDT	1350	1150	-482	0	228	28	458	258	1135	935
10:00 EDT	1350	1150	1112	912	1050	850	1120	920	1343	1143
11:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
12:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
13:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150

14:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
15:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
16:00 EDT	1350	1150	1349	1149	1350	1150	1350	1150	1350	1150
17:00 EDT	1350	1150	1350	1150	1350	1150	1350	1150	1350	1150
18:00 EDT	1350	1150	777	577	650	450	919	719	927	727
19:00 EDT	1350	1106	397	197	158	0	755	555	745	545
20:00 EDT	1350	1150	100	0	408	208	862	662	1013	813
21:00 EDT	1350	1150	822	622	596	396	1051	851	1263	1063
22:00 EDT	1350	1150	987	787	998	798	1350	1150	1350	1150
23:00 EDT	1350	1150	1045	845	893	693	1214	1014	1337	1137

MOSES SOUTH back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2702	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	2436	3150	2905	3150	2899	3150	2940	3150	3030
02:00 EDT	3150	2441	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	2633	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	2447	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3150	1774	3150	2903	3150	2883	3150	2852	3150	2804
06:00 EDT	3150	1757	3150	2878	3150	2813	3150	2734	3150	2780
07:00 EDT	3150	1701	3150	2727	3150	2807	3150	2807	3150	2906
08:00 EDT	3150	1635	3150	2513	3150	2555	3150	2568	3150	2630
09:00 EDT	3150	1552	3150	2651	3150	2665	3150	2617	3150	2464
10:00 EDT	3150	1575	3150	2775	3150	2789	3150	2851	3150	2884
11:00 EDT	3150	1595	3150	2777	3150	2711	3150	2641	3150	2613
12:00 EDT	3150	1560	3150	2810	3150	2824	3150	2801	3150	2769
13:00 EDT	3150	1531	3150	2723	3150	2715	3150	2765	3150	2749
14:00 EDT	3150	1467	3150	2719	3150	2682	3150	2848	3150	2817
15:00 EDT	3150	1450	3150	2915	3150	2891	3150	2904	3150	2957
16:00 EDT	3150	1434	3150	2244	3150	2283	3150	2327	3150	2325
17:00 EDT	3150	1487	3150	2277	3150	2268	3150	2301	3150	2341
18:00 EDT	3150	1565	3150	1980	3150	2017	3150	2063	3150	2050
19:00 EDT	3150	1583	3150	1709	3150	1757	3150	1762	3150	1889
20:00 EDT	3150	1650	3150	2083	3150	2090	3150	2139	3000	1813
21:00 EDT	3150	1588	3000	2178	3000	2106	3000	2081	3000	2129
22:00 EDT	3150	1570	3000	2462	3000	2582	3000	2514	3000	2604
23:00 EDT	3150	1559	3000	2729	3000	2699	3000	2723	3000	2745

NPX-1385 back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	50	35	50	45	50	45	50	45	50	45
01:00 EDT	50	35	50	35	50	35	50	35	50	35
02:00 EDT	50	50	50	20	50	20	50	20	50	20
03:00 EDT	50	50	50	20	50	20	50	20	50	20
04:00 EDT	50	50	50	20	50	20	50	20	50	20
05:00 EDT	50	50	50	50	50	50	50	50	50	50
06:00 EDT	50	50	50	50	50	50	50	50	50	50
07:00 EDT	50	35	50	27	50	27	50	27	50	27
08:00 EDT	50	24	50	2	50	2	50	2	50	2
09:00 EDT	50	50	50	50	50	50	50	50	50	50
10:00 EDT	50	50	50	50	50	50	50	50	50	50
11:00 EDT	50	50	50	50	50	50	50	50	50	50
12:00 EDT	50	50	50	0	50	0	50	0	50	0
13:00 EDT	50	50	50	0	50	0	50	0	50	0
14:00 EDT	50	50	50	0	50	0	50	0	50	0
15:00 EDT	50	50	50	3	50	3	50	3	50	3

16:00 EDT	50	50	50	50	50	50	50	50	50	50
17:00 EDT	50	50	50	38	50	38	50	38	50	38
18:00 EDT	50	11	50	0	50	0	50	0	50	0
19:00 EDT	50	0	50	2	50	2	50	2	50	2
20:00 EDT	50	35	50	9	50	9	50	9	50	9
21:00 EDT	50	50	50	14	50	14	50	14	50	14
22:00 EDT	50	50	50	27	50	27	50	27	50	27
23:00 EDT	50	50	50	7	50	7	50	7	50	7

NPX-CSC back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	80	330	80	330	80	330	80	330	80
01:00 EDT	330	330	330	330	330	330	330	330	330	330
02:00 EDT	330	230	330	130	330	130	330	130	330	130
03:00 EDT	330	287	330	30	330	30	330	30	330	30
04:00 EDT	330	155	330	0	330	0	330	0	330	0
05:00 EDT	330	155	330	155	330	155	330	155	330	155
06:00 EDT	330	0	330	50	330	50	330	50	330	50
07:00 EDT	330	0	330	48	330	48	330	48	330	48
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	24	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	2	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	63	330	0	330	0	330	0	330	0
15:00 EDT	330	145	330	8	330	8	330	8	330	8
16:00 EDT	330	155	330	101	330	101	330	101	330	101
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	80	330	0	330	0	330	0	330	0
23:00 EDT	330	50	330	0	330	0	330	0	330	0

NYISO-HQ back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	725	1000	125	1000	125	1000	125	1000	125
01:00 EDT	1000	1000	1000	600	1000	600	1000	600	1000	600
02:00 EDT	1000	1000	1000	200	1000	200	1000	200	1000	200
03:00 EDT	1000	800	1000	0	1000	0	1000	0	1000	0
04:00 EDT	0	0	1000	200	1000	200	1000	200	1000	200
05:00 EDT	0	0	1000	600	1000	600	1000	600	1000	600
06:00 EDT	0	0	1000	600	1000	600	1000	600	1000	600
07:00 EDT	0	0	1000	600	1000	600	1000	600	1000	600
08:00 EDT	0	0	1000	1000	1000	1000	1000	1000	1000	1000
09:00 EDT	0	0	1000	981	1000	981	1000	981	1000	981
10:00 EDT	0	0	1000	601	1000	601	1000	601	1000	601
11:00 EDT	0	0	1000	601	1000	601	1000	601	1000	601
12:00 EDT	0	0	1000	351	1000	351	1000	351	1000	351
13:00 EDT	0	0	1000	351	1000	351	1000	351	1000	351
14:00 EDT	0	0	1000	351	1000	351	1000	351	1000	351
15:00 EDT	0	0	1000	351	1000	351	1000	351	1000	351
16:00 EDT	0	0	1000	1000	1000	1000	1000	1000	1000	1000
17:00 EDT	0	0	1000	1000	1000	1000	1000	1000	1000	1000

18:00 EDT	0	0	1000	1000	1000	1000	1000	1000	1000	1000
19:00 EDT	0	0	1000	1000	1000	1000	1000	1000	1000	1000
20:00 EDT	0	0	1000	1000	1000	1000	1000	1000	500	500
21:00 EDT	0	0	500	500	500	500	500	500	500	500
22:00 EDT	0	0	500	101	500	101	500	101	500	101
23:00 EDT	0	0	500	0	500	0	500	0	500	0

NYISO-IMO back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
01:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
02:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
03:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
04:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
05:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
06:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
07:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
08:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
09:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
10:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
11:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
12:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
13:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
14:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
15:00 EDT	1450	1081	1450	1100	1450	1100	1450	1100	1450	1100
16:00 EDT	1450	1086	1450	1100	1450	1100	1450	1100	1450	1100
17:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
18:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
19:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
20:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
21:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
22:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100
23:00 EDT	1450	1100	1450	1100	1450	1100	1450	1100	1450	1100

NYISO-ISONE back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	531	1600	634	1600	582	1600	460	1600	462
01:00 EDT	1600	326	1600	538	1600	467	1600	504	1600	596
02:00 EDT	1600	217	1600	530	1600	490	1600	426	1600	366
03:00 EDT	1600	159	1600	427	1600	375	1600	357	1600	387
04:00 EDT	1600	107	1600	424	1600	564	1600	456	1600	442
05:00 EDT	1600	0	1600	336	1600	198	1600	278	1600	452
06:00 EDT	1600	95	1600	250	1600	103	1600	0	1600	0
07:00 EDT	1600	238	1600	0	1600	0	1600	0	1600	0
08:00 EDT	1600	233	1600	0	1600	0	1600	0	1600	0
09:00 EDT	1600	16	1600	199	1600	230	1600	216	1600	261
10:00 EDT	1600	0	1600	531	1600	531	1600	531	1600	531
11:00 EDT	1600	0	1600	831	1600	1026	1600	1020	1600	999
12:00 EDT	1600	0	1600	1089	1600	1093	1600	1034	1600	1094
13:00 EDT	1600	0	1600	992	1600	979	1600	752	1600	688
14:00 EDT	1600	0	1600	728	1600	724	1600	748	1600	629
15:00 EDT	1600	0	1600	593	1600	647	1600	593	1600	592
16:00 EDT	1600	0	1600	293	1600	251	1600	549	1600	472
17:00 EDT	1600	393	1600	772	1600	941	1600	955	1600	880
18:00 EDT	1600	1092	1600	578	1600	669	1600	820	1600	842
19:00 EDT	1600	1400	1600	539	1600	396	1600	694	1600	878

20:00 EDT	1600	945	1600	715	1600	790	1600	977	1600	1031
21:00 EDT	1600	456	1600	926	1600	714	1600	881	1600	917
22:00 EDT	1600	657	1600	1224	1600	1182	1600	1025	1600	1326
23:00 EDT	1600	725	1600	1315	1600	1249	1600	1396	1600	1143

NYISO-PJM back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4722	7550	4918	7550	4780	7550	4655	7550	4554
01:00 EDT	7550	4360	7550	4202	7550	4150	7550	4196	7550	4292
02:00 EDT	7550	4045	7550	4220	7550	4266	7550	4101	7550	4050
03:00 EDT	7550	4154	7550	4105	7550	4085	7550	4042	7550	4108
04:00 EDT	7550	4205	7550	4147	7550	4553	7550	4211	7550	4328
05:00 EDT	7550	4108	7550	4258	7550	4350	7550	4400	7550	4504
06:00 EDT	7550	3854	7550	4397	7550	4226	7550	4146	7550	4164
07:00 EDT	7550	3633	7550	4383	7550	4591	7550	4607	7550	4478
08:00 EDT	7550	3605	7550	4420	7550	4068	7550	3926	7550	4098
09:00 EDT	7550	3360	7550	3774	7550	3588	7550	3345	7550	3206
10:00 EDT	7550	3443	7550	3646	7550	3741	7550	3481	7550	3501
11:00 EDT	7550	3414	7550	3842	7550	3755	7550	3706	7550	3626
12:00 EDT	7550	3501	7550	3705	7550	3535	7550	3416	7550	3459
13:00 EDT	7550	3521	7550	3019	7550	3095	7550	3020	7550	2937
14:00 EDT	7550	3437	7550	2908	7550	2923	7550	2995	7550	2959
15:00 EDT	7550	3266	7550	3068	7550	3115	7550	3166	7550	3135
16:00 EDT	7550	3201	7550	2549	7550	2587	7550	2755	7550	2570
17:00 EDT	7550	3412	7550	2962	7550	3097	7550	3369	7550	3380
18:00 EDT	7550	4113	7550	3473	7550	3793	7550	4011	7550	4174
19:00 EDT	7550	4510	7550	4012	7550	4091	7550	4176	7550	4262
20:00 EDT	7550	4211	7550	4196	7550	4351	7550	4298	7550	4079
21:00 EDT	7550	3713	7550	4302	7550	4217	7550	4003	7550	3962

22:00 EDT	7550	4051	7550	5308	7550	4795	7550	4540	7550	5023
23:00 EDT	7550	4264	7550	4791	7550	4955	7550	5331	7550	4928

PJM-NEPTUNE back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1700	400	1700	819	1700	644	1700	491	1700	343
01:00 EDT	1700	548	1700	550	1700	551	1700	551	1700	553
02:00 EDT	1700	213	1700	267	1700	262	1700	262	1700	261
03:00 EDT	1700	70	1700	0	1700	0	1700	0	1700	0
04:00 EDT	1700	249	1700	155	1700	519	1700	113	1700	264
05:00 EDT	1700	770	1700	607	1700	618	1700	614	1700	758
06:00 EDT	1700	647	1700	832	1700	829	1700	746	1700	825
07:00 EDT	1700	392	1700	775	1700	1049	1700	1060	1700	756
08:00 EDT	1700	629	1700	961	1700	683	1700	630	1700	755
09:00 EDT	1700	940	1700	641	1700	638	1700	644	1700	746
10:00 EDT	1700	943	1700	541	1700	539	1700	388	1700	387
11:00 EDT	1700	961	1700	706	1700	702	1700	707	1700	706
12:00 EDT	1700	993	1700	701	1700	702	1700	704	1700	703
13:00 EDT	1700	1057	1700	541	1700	545	1700	540	1700	545
14:00 EDT	1700	1066	1700	514	1700	540	1700	512	1700	515
15:00 EDT	1700	839	1700	648	1700	634	1700	672	1700	634
16:00 EDT	1700	857	1700	626	1700	621	1700	677	1700	510
17:00 EDT	1700	1093	1700	1005	1700	1022	1700	1090	1700	860
18:00 EDT	1700	1115	1700	1013	1700	1115	1700	1118	1700	1116
19:00 EDT	1700	1284	1700	1345	1700	1232	1700	1189	1700	1130
20:00 EDT	1700	792	1700	788	1700	1043	1700	1043	1700	791
21:00 EDT	1700	589	1700	502	1700	504	1700	312	1700	313
22:00 EDT	1700	577	1700	814	1700	650	1700	288	1700	666
23:00 EDT	1700	535	1700	340	1700	557	1700	1003	1700	502

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	610	1310	1309	1310	1309	1310	1309	1310	1309
18:00 EDT	1310	610	1310	910	1310	910	1310	910	1310	910
19:00 EDT	1310	610	1310	610	1310	610	1310	610	1310	610
20:00 EDT	1310	610	1310	910	1310	910	1310	910	1310	910
21:00 EDT	1310	610	1310	1309	1310	1309	1310	1309	1310	1309
22:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	610	1310	1310	1310	1310	1310	1310	1310	1310

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	628	660	503	660	503	660	440	660	440
01:00 EDT	660	628	660	440	660	440	660	440	660	440
02:00 EDT	660	410	660	440	660	440	660	440	660	440
03:00 EDT	660	410	660	440	660	440	660	440	660	440
04:00 EDT	660	410	660	440	660	440	660	440	660	440
05:00 EDT	660	410	660	440	660	440	660	440	660	440
06:00 EDT	660	410	660	440	660	440	660	440	660	440
07:00 EDT	660	410	660	440	660	440	660	440	660	440
08:00 EDT	660	410	660	440	660	440	660	440	660	440
09:00 EDT	660	428	660	440	660	440	660	440	660	440
10:00 EDT	660	508	660	440	660	440	660	440	660	440
11:00 EDT	660	528	660	440	660	440	660	440	660	440
12:00 EDT	660	484	660	440	660	440	660	440	660	440
13:00 EDT	660	528	660	410	660	410	660	410	660	410
14:00 EDT	660	442	660	414	660	414	660	414	660	414
15:00 EDT	660	442	660	414	660	414	660	414	660	414
16:00 EDT	660	442	660	418	660	418	660	418	660	418
17:00 EDT	660	442	660	442	660	442	660	442	660	442
18:00 EDT	660	442	660	410	660	410	660	410	660	410
19:00 EDT	660	660	660	660	660	560	660	560	660	560
20:00 EDT	660	410	660	410	660	410	660	410	660	410
21:00 EDT	660	410	660	410	660	410	660	410	660	410
22:00 EDT	660	628	660	410	660	503	660	410	660	410
23:00 EDT	660	628	660	628	660	503	660	503	660	410

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	DAM		HAM							

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	40	315	40	315	40	315	40	315	40
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	40	315	40	315	40	315	40	315	40
12:00 EDT	315	40	315	0	315	0	315	0	315	0
13:00 EDT	315	40	315	0	315	0	315	0	315	0
14:00 EDT	315	60	315	0	315	0	315	0	315	0
15:00 EDT	315	60	315	13	315	13	315	13	315	13
16:00 EDT	315	40	315	0	315	0	315	0	315	0
17:00 EDT	315	60	315	60	315	60	315	20	315	20
18:00 EDT	315	103	315	90	315	90	315	90	315	90
19:00 EDT	315	140	315	140	315	140	315	140	315	140
20:00 EDT	315	90	315	50	315	50	315	74	315	90
21:00 EDT	315	40	315	0	315	0	315	40	315	40
22:00 EDT	315	40	315	0	315	0	315	0	315	0
23:00 EDT	315	40	315	0	315	0	315	0	315	40

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	2057	4600	2864	4600	3003	4600	3120	4600	3149

01:00 EDT	4350	2372	4600	3222	4600	3260	4600	3285	4600	3305
02:00 EDT	4350	2600	4600	3369	4600	3384	4600	3295	4600	3335
03:00 EDT	4350	2829	4600	3280	4600	3317	4600	3276	4600	3349
04:00 EDT	4350	2806	4600	3320	4600	3328	4600	3276	4600	3197
05:00 EDT	4350	2403	4600	3302	4600	3275	4600	3201	4600	3071
06:00 EDT	4350	2002	4600	3060	4600	3183	4600	3170	4600	3050
07:00 EDT	4350	1755	4600	3025	4600	3060	4600	3103	4600	3023
08:00 EDT	4350	1376	4600	2806	4600	2693	4600	2519	4600	2565
09:00 EDT	4350	1193	4600	2396	4600	2251	4600	2252	4600	2196
10:00 EDT	4350	1115	4600	2280	4600	2235	4600	2202	4600	2215
11:00 EDT	4350	1108	4600	2165	4600	2123	4600	2027	4600	1846
12:00 EDT	4350	1070	4600	1940	4600	1997	4600	1901	4600	1905
13:00 EDT	4350	1095	4600	1949	4600	1946	4600	1905	4600	1973
14:00 EDT	4350	1109	4600	1850	4600	1916	4600	2094	4600	1993
15:00 EDT	4350	1168	4600	1827	4600	1830	4600	1866	4600	1841
16:00 EDT	4350	1195	4600	1711	4600	1809	4600	1842	4600	1854
17:00 EDT	4350	1201	4600	1868	4600	1910	4600	1902	4600	1979
18:00 EDT	4350	1277	4600	2136	4600	2175	4600	2116	4600	2169
19:00 EDT	4350	1220	4600	2106	4600	2366	4600	2310	4600	2089
20:00 EDT	4350	1429	4600	2357	4600	2369	4600	2230	4600	2162
21:00 EDT	4350	1674	4600	2442	4600	2503	4600	2499	4600	2512
22:00 EDT	4350	1598	4600	3053	4600	2707	4600	2780	4600	2721
23:00 EDT	4350	1894	4600	2637	4600	2804	4600	2865	4600	3018

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6200	3483	6500	4118	6500	4276	6500	4430	6500	4447
01:00 EDT	6200	3512	6500	4273	6500	4336	6500	4399	6500	4431
02:00 EDT	6200	3772	6500	4689	6500	4703	6500	4631	6500	4681
03:00 EDT	6200	4029	6500	4743	6500	4775	6500	4751	6500	4808
04:00 EDT	6200	4123	6500	4796	6500	4811	6500	4736	6500	4643
05:00 EDT	6200	3629	6500	4548	6500	4497	6500	4385	6500	4210
06:00 EDT	6200	3263	6500	4326	6500	4403	6500	4341	6500	4267
07:00 EDT	6200	3072	6500	4411	6500	4476	6500	4515	6500	4372
08:00 EDT	6200	2663	6500	4141	6500	3962	6500	3764	6500	3821
09:00 EDT	6200	2475	6500	3555	6500	3452	6500	3498	6500	3416
10:00 EDT	6200	2350	6500	3469	6500	3405	6500	3394	6500	3443
11:00 EDT	6200	2334	6500	3336	6500	3307	6500	3213	6500	3007
12:00 EDT	6200	2442	6500	3158	6500	3195	6500	3064	6500	3034
13:00 EDT	6200	2367	6500	3051	6500	3074	6500	3069	6500	3080
14:00 EDT	6200	2322	6500	2977	6500	3013	6500	3189	6500	3072
15:00 EDT	6200	2205	6500	2985	6500	2980	6500	2967	6500	2910
16:00 EDT	6200	2145	6500	2726	6500	2833	6500	2806	6500	2820
17:00 EDT	6200	2075	6500	2873	6500	2906	6500	2859	6500	2892
18:00 EDT	6200	1999	6500	3075	6500	3172	6500	3081	6500	3123
19:00 EDT	6200	2074	6500	3070	6500	3295	6500	3226	6500	3052
20:00 EDT	6200	2454	6500	3345	6500	3408	6500	3284	6500	3191
21:00 EDT	6200	2642	6500	3462	6500	3518	6500	3505	6500	3543
22:00 EDT	6200	2647	6500	4139	6500	3758	6500	3830	6500	3795
23:00 EDT	5740	2598	6040	3207	6040	3402	6040	3510	6040	3698

WEST CENTRAL back to top Date: 10/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9537	9999	9418	9999	9487	9999	9551	9999	9391
01:00 EDT	9999	9358	9999	9404	9999	9394	9999	9400	9999	9405
02:00 EDT	9999	9224	9999	9102	9999	9119	9999	9126	9999	9232

03:00 EDT	9999	9295	9999	9263	9999	9313	9999	9271	9999	9288
04:00 EDT	9999	9363	9999	9378	9999	9471	9999	9272	9999	9363
05:00 EDT	9999	9345	9999	9422	9999	9437	9999	9467	9999	9260
06:00 EDT	9999	9038	9999	9022	9999	8955	9999	8887	9999	9088
07:00 EDT	9999	9116	9999	9287	9999	9257	9999	9278	9999	9274
08:00 EDT	9999	9231	9999	9485	9999	9339	9999	9300	9999	9471
09:00 EDT	9999	9338	9999	9422	9999	9402	9999	9490	9999	9541
10:00 EDT	9999	9444	9999	9752	9999	9750	9999	9568	9999	9610
11:00 EDT	9999	9456	9999	9782	9999	9715	9999	9715	9999	9693
12:00 EDT	9999	9487	9999	9716	9999	9726	9999	9722	9999	9799
13:00 EDT	9999	9523	9999	9580	9999	9548	9999	9531	9999	9548
14:00 EDT	9999	9464	9999	9602	9999	9649	9999	9548	9999	9506
15:00 EDT	9999	9461	9999	9497	9999	9665	9999	9534	9999	9489
16:00 EDT	9999	9420	9999	9556	9999	9456	9999	9513	9999	9441
17:00 EDT	9999	9006	9999	9424	9999	9272	9999	9312	9999	9263
18:00 EDT	9999	9312	9999	9408	9999	9457	9999	9552	9999	9543
19:00 EDT	9999	9390	9999	9443	9999	9432	9999	9450	9999	9377
20:00 EDT	9999	9303	9999	9341	9999	9364	9999	9442	9999	9492
21:00 EDT	9999	9222	9999	9684	9999	9674	9999	9626	9999	9667
22:00 EDT	9999	9496	9999	9899	9999	9840	9999	9766	9999	9899
23:00 EDT	9999	9728	9999	9818	9999	9801	9999	9899	9999	9853