

ISO Load Forecast

04/26/2026

04/27/2026

04/28/2026

04/29/2026

04/30/2026

05/01/2026

04/26/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 958 | 1313 | 515 | 839 | 886 | 1740 | 652 | 210 | 4444 | 519 | 1389 | 13465 |
| 01:00 | 929 | 1285 | 495 | 813 | 853 | 1652 | 637 | 201 | 4270 | 522 | 1358 | 13015 |
| 02:00 | 911 | 1268 | 477 | 798 | 828 | 1590 | 629 | 194 | 4134 | 524 | 1339 | 12692 |
| 03:00 | 908 | 1255 | 465 | 794 | 817 | 1552 | 633 | 190 | 4049 | 521 | 1332 | 12516 |
| 04:00 | 914 | 1267 | 463 | 796 | 817 | 1552 | 638 | 188 | 4018 | 525 | 1329 | 12507 |
| 05:00 | 935 | 1296 | 474 | 815 | 834 | 1582 | 650 | 192 | 4067 | 530 | 1344 | 12719 |
| 06:00 | 950 | 1333 | 486 | 831 | 855 | 1616 | 662 | 200 | 4155 | 534 | 1352 | 12974 |
| 07:00 | 921 | 1328 | 504 | 811 | 873 | 1665 | 612 | 210 | 4306 | 527 | 1347 | 13104 |
| 08:00 | 840 | 1271 | 509 | 780 | 852 | 1710 | 524 | 221 | 4476 | 517 | 1317 | 13017 |
| 09:00 | 749 | 1172 | 506 | 752 | 809 | 1721 | 416 | 220 | 4606 | 503 | 1258 | 12712 |
| 10:00 | 683 | 1099 | 504 | 708 | 758 | 1738 | 337 | 215 | 4713 | 498 | 1228 | 12481 |
| 11:00 | 637 | 1044 | 498 | 656 | 732 | 1722 | 311 | 205 | 4765 | 497 | 1208 | 12275 |
| 12:00 | 610 | 986 | 498 | 637 | 690 | 1716 | 295 | 198 | 4784 | 491 | 1189 | 12094 |
| 13:00 | 598 | 960 | 486 | 621 | 645 | 1698 | 275 | 189 | 4772 | 483 | 1168 | 11895 |
| 14:00 | 581 | 939 | 480 | 605 | 633 | 1651 | 268 | 185 | 4743 | 475 | 1177 | 11737 |
| 15:00 | 633 | 934 | 479 | 596 | 646 | 1630 | 292 | 190 | 4750 | 476 | 1172 | 11798 |
| 16:00 | 743 | 989 | 499 | 622 | 702 | 1685 | 357 | 200 | 4796 | 494 | 1200 | 12287 |
| 17:00 | 889 | 1150 | 531 | 691 | 815 | 1805 | 458 | 219 | 4896 | 509 | 1272 | 13235 |
| 18:00 | 1029 | 1329 | 557 | 825 | 925 | 1921 | 612 | 236 | 4971 | 529 | 1356 | 14290 |
| 19:00 | 1120 | 1462 | 575 | 929 | 998 | 2025 | 733 | 246 | 5018 | 546 | 1428 | 15080 |
| 20:00 | 1144 | 1505 | 589 | 970 | 1026 | 2077 | 767 | 252 | 5060 | 553 | 1465 | 15408 |
| 21:00 | 1098 | 1475 | 575 | 953 | 997 | 2017 | 740 | 237 | 4950 | 542 | 1450 | 15034 |
| 22:00 | 1030 | 1407 | 546 | 905 | 941 | 1910 | 692 | 219 | 4745 | 534 | 1407 | 14336 |
| 23:00 | 966 | 1348 | 511 | 856 | 881 | 1777 | 654 | 204 | 4498 | 529 | 1371 | 13595 |

04/27/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 924 | 1282 | 495 | 818 | 834 | 1668 | 627 | 201 | 4282 | 504 | 1372 | 13007 |
| 01:00 | 906 | 1256 | 474 | 798 | 807 | 1588 | 621 | 197 | 4116 | 503 | 1356 | 12622 |
| 02:00 | 900 | 1250 | 458 | 792 | 795 | 1545 | 624 | 191 | 4007 | 501 | 1347 | 12410 |
| 03:00 | 910 | 1261 | 450 | 794 | 793 | 1528 | 634 | 190 | 3949 | 503 | 1350 | 12362 |
| 04:00 | 936 | 1303 | 457 | 819 | 808 | 1565 | 654 | 195 | 3986 | 512 | 1375 | 12610 |
| 05:00 | 1005 | 1397 | 482 | 882 | 860 | 1682 | 708 | 211 | 4203 | 528 | 1444 | 13402 |
| 06:00 | 1092 | 1518 | 533 | 956 | 922 | 1815 | 760 | 238 | 4590 | 545 | 1524 | 14493 |
| 07:00 | 1039 | 1454 | 561 | 939 | 895 | 1834 | 657 | 244 | 4961 | 532 | 1546 | 14662 |
| 08:00 | 860 | 1263 | 546 | 843 | 778 | 1723 | 480 | 223 | 5165 | 502 | 1479 | 13862 |
| 09:00 | 680 | 1068 | 523 | 741 | 641 | 1568 | 355 | 203 | 5247 | 487 | 1385 | 12898 |
| 10:00 | 577 | 963 | 510 | 680 | 543 | 1448 | 280 | 183 | 5246 | 484 | 1317 | 12231 |
| 11:00 | 547 | 900 | 496 | 659 | 503 | 1382 | 251 | 174 | 5245 | 476 | 1304 | 11937 |
| 12:00 | 526 | 856 | 494 | 659 | 489 | 1328 | 256 | 167 | 5231 | 472 | 1290 | 11768 |
| 13:00 | 530 | 838 | 495 | 672 | 516 | 1326 | 249 | 168 | 5231 | 466 | 1308 | 11799 |
| 14:00 | 524 | 849 | 509 | 684 | 508 | 1352 | 240 | 165 | 5226 | 464 | 1308 | 11829 |
| 15:00 | 561 | 853 | 515 | 673 | 535 | 1423 | 239 | 173 | 5275 | 465 | 1298 | 12010 |
| 16:00 | 671 | 918 | 539 | 698 | 662 | 1563 | 286 | 190 | 5360 | 478 | 1324 | 12689 |
| 17:00 | 851 | 1120 | 569 | 771 | 817 | 1761 | 425 | 218 | 5434 | 501 | 1403 | 13870 |
| 18:00 | 1036 | 1334 | 586 | 898 | 940 | 1943 | 611 | 239 | 5365 | 522 | 1484 | 14958 |
| 19:00 | 1160 | 1497 | 598 | 1000 | 1035 | 2084 | 747 | 250 | 5350 | 542 | 1553 | 15816 |
| 20:00 | 1194 | 1549 | 603 | 1033 | 1069 | 2149 | 785 | 257 | 5315 | 556 | 1590 | 16100 |
| 21:00 | 1143 | 1489 | 579 | 1000 | 1021 | 2057 | 753 | 244 | 5145 | 543 | 1568 | 15542 |
| 22:00 | 1057 | 1395 | 548 | 938 | 948 | 1921 | 702 | 221 | 4862 | 526 | 1502 | 14620 |
| 23:00 | 985 | 1317 | 507 | 881 | 877 | 1766 | 654 | 200 | 4537 | 516 | 1441 | 13681 |

04/28/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 940 | 1281 | 485 | 837 | 819 | 1656 | 630 | 192 | 4262 | 510 | 1399 | 13011 |
| 01:00 | 916 | 1252 | 465 | 810 | 790 | 1573 | 622 | 188 | 4078 | 507 | 1372 | 12573 |
| 02:00 | 907 | 1238 | 450 | 799 | 776 | 1529 | 626 | 182 | 3960 | 503 | 1355 | 12325 |
| 03:00 | 913 | 1240 | 444 | 796 | 772 | 1508 | 633 | 182 | 3897 | 504 | 1348 | 12237 |
| 04:00 | 938 | 1271 | 448 | 815 | 785 | 1543 | 651 | 187 | 3924 | 511 | 1363 | 12436 |
| 05:00 | 1006 | 1354 | 476 | 872 | 836 | 1660 | 702 | 201 | 4134 | 526 | 1425 | 13192 |
| 06:00 | 1092 | 1466 | 528 | 945 | 897 | 1794 | 754 | 229 | 4536 | 540 | 1507 | 14288 |
| 07:00 | 1032 | 1428 | 556 | 964 | 868 | 1810 | 672 | 235 | 4925 | 532 | 1554 | 14576 |
| 08:00 | 857 | 1313 | 542 | 938 | 749 | 1693 | 536 | 217 | 5125 | 516 | 1540 | 14026 |
| 09:00 | 704 | 1223 | 522 | 903 | 628 | 1543 | 453 | 198 | 5201 | 508 | 1507 | 13390 |
| 10:00 | 626 | 1186 | 510 | 889 | 561 | 1441 | 405 | 183 | 5208 | 498 | 1490 | 12997 |
| 11:00 | 604 | 1167 | 500 | 896 | 551 | 1417 | 388 | 181 | 5227 | 493 | 1484 | 12908 |
| 12:00 | 595 | 1158 | 499 | 913 | 555 | 1387 | 402 | 175 | 5251 | 492 | 1473 | 12900 |
| 13:00 | 616 | 1185 | 501 | 926 | 591 | 1418 | 404 | 181 | 5292 | 490 | 1481 | 13085 |
| 14:00 | 643 | 1206 | 517 | 935 | 624 | 1468 | 417 | 183 | 5309 | 491 | 1464 | 13257 |
| 15:00 | 698 | 1206 | 532 | 918 | 678 | 1535 | 437 | 196 | 5369 | 495 | 1442 | 13506 |
| 16:00 | 806 | 1228 | 556 | 921 | 780 | 1678 | 483 | 214 | 5450 | 507 | 1444 | 14067 |
| 17:00 | 955 | 1330 | 584 | 938 | 888 | 1828 | 588 | 236 | 5503 | 526 | 1486 | 14862 |
| 18:00 | 1090 | 1433 | 601 | 979 | 969 | 1975 | 692 | 255 | 5417 | 542 | 1536 | 15489 |
| 19:00 | 1172 | 1530 | 608 | 1029 | 1035 | 2097 | 768 | 260 | 5390 | 547 | 1578 | 16014 |
| 20:00 | 1191 | 1558 | 611 | 1046 | 1061 | 2153 | 791 | 264 | 5339 | 555 | 1599 | 16168 |
| 21:00 | 1138 | 1493 | 586 | 1007 | 1014 | 2059 | 755 | 251 | 5160 | 543 | 1571 | 15577 |
| 22:00 | 1052 | 1395 | 555 | 944 | 940 | 1926 | 699 | 226 | 4871 | 531 | 1502 | 14641 |
| 23:00 | 982 | 1316 | 511 | 885 | 869 | 1770 | 650 | 204 | 4541 | 525 | 1441 | 13694 |

04/29/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 942 | 1273 | 495 | 838 | 820 | 1662 | 628 | 199 | 4283 | 523 | 1403 | 13066 |
| 01:00 | 917 | 1244 | 475 | 811 | 792 | 1580 | 617 | 192 | 4097 | 518 | 1380 | 12623 |
| 02:00 | 906 | 1226 | 459 | 799 | 777 | 1533 | 617 | 184 | 3975 | 513 | 1359 | 12348 |
| 03:00 | 911 | 1223 | 450 | 795 | 771 | 1511 | 622 | 184 | 3907 | 512 | 1352 | 12238 |
| 04:00 | 933 | 1251 | 453 | 813 | 783 | 1543 | 642 | 187 | 3928 | 517 | 1364 | 12414 |
| 05:00 | 996 | 1335 | 479 | 870 | 830 | 1658 | 692 | 200 | 4130 | 531 | 1428 | 13149 |
| 06:00 | 1099 | 1457 | 530 | 952 | 900 | 1806 | 757 | 229 | 4550 | 542 | 1512 | 14334 |
| 07:00 | 1106 | 1477 | 568 | 1003 | 930 | 1897 | 735 | 240 | 4975 | 541 | 1568 | 15040 |
| 08:00 | 1010 | 1411 | 572 | 999 | 905 | 1893 | 647 | 239 | 5220 | 530 | 1559 | 14985 |
| 09:00 | 906 | 1344 | 568 | 974 | 869 | 1832 | 586 | 231 | 5347 | 527 | 1526 | 14710 |
| 10:00 | 847 | 1334 | 564 | 957 | 839 | 1786 | 552 | 227 | 5383 | 522 | 1497 | 14508 |
| 11:00 | 839 | 1310 | 561 | 955 | 827 | 1770 | 538 | 226 | 5420 | 521 | 1487 | 14454 |
| 12:00 | 835 | 1273 | 560 | 954 | 825 | 1734 | 543 | 221 | 5440 | 521 | 1475 | 14381 |
| 13:00 | 845 | 1264 | 560 | 956 | 835 | 1738 | 541 | 221 | 5452 | 522 | 1494 | 14428 |
| 14:00 | 847 | 1268 | 566 | 960 | 831 | 1737 | 535 | 216 | 5442 | 523 | 1492 | 14417 |
| 15:00 | 861 | 1267 | 571 | 946 | 849 | 1775 | 541 | 223 | 5485 | 523 | 1480 | 14521 |
| 16:00 | 919 | 1277 | 587 | 945 | 903 | 1853 | 562 | 234 | 5538 | 528 | 1483 | 14829 |
| 17:00 | 1028 | 1371 | 602 | 961 | 962 | 1945 | 640 | 249 | 5558 | 537 | 1523 | 15376 |
| 18:00 | 1121 | 1450 | 610 | 994 | 1001 | 2030 | 715 | 261 | 5448 | 546 | 1562 | 15738 |
| 19:00 | 1184 | 1529 | 608 | 1026 | 1040 | 2112 | 778 | 264 | 5401 | 553 | 1594 | 16089 |
| 20:00 | 1198 | 1560 | 611 | 1042 | 1061 | 2160 | 797 | 268 | 5349 | 559 | 1618 | 16223 |
| 21:00 | 1147 | 1498 | 588 | 1009 | 1019 | 2068 | 762 | 254 | 5182 | 550 | 1595 | 15672 |
| 22:00 | 1062 | 1398 | 558 | 948 | 950 | 1934 | 706 | 231 | 4900 | 538 | 1529 | 14754 |
| 23:00 | 991 | 1323 | 515 | 890 | 878 | 1778 | 657 | 210 | 4575 | 531 | 1467 | 13815 |

04/30/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 950 | 1283 | 503 | 842 | 831 | 1676 | 638 | 205 | 4292 | 524 | 1431 | 13175 |
| 01:00 | 925 | 1251 | 481 | 817 | 800 | 1589 | 626 | 199 | 4099 | 518 | 1406 | 12711 |
| 02:00 | 914 | 1235 | 463 | 807 | 783 | 1538 | 624 | 190 | 3974 | 515 | 1387 | 12430 |
| 03:00 | 916 | 1237 | 451 | 804 | 775 | 1511 | 627 | 188 | 3904 | 514 | 1383 | 12310 |
| 04:00 | 938 | 1265 | 453 | 824 | 784 | 1537 | 643 | 191 | 3925 | 521 | 1398 | 12479 |
| 05:00 | 999 | 1346 | 477 | 881 | 824 | 1643 | 692 | 205 | 4121 | 533 | 1463 | 13184 |
| 06:00 | 1101 | 1472 | 531 | 957 | 901 | 1794 | 762 | 230 | 4536 | 549 | 1547 | 14380 |
| 07:00 | 1133 | 1509 | 571 | 981 | 948 | 1915 | 765 | 248 | 4966 | 554 | 1586 | 15176 |
| 08:00 | 1062 | 1452 | 576 | 938 | 939 | 1944 | 694 | 252 | 5231 | 541 | 1541 | 15170 |
| 09:00 | 978 | 1352 | 572 | 886 | 909 | 1904 | 627 | 246 | 5361 | 534 | 1477 | 14846 |
| 10:00 | 928 | 1296 | 569 | 846 | 872 | 1870 | 576 | 239 | 5402 | 534 | 1430 | 14562 |
| 11:00 | 898 | 1233 | 562 | 830 | 844 | 1847 | 542 | 235 | 5444 | 530 | 1418 | 14383 |
| 12:00 | 865 | 1175 | 554 | 820 | 824 | 1791 | 521 | 226 | 5459 | 528 | 1410 | 14173 |
| 13:00 | 858 | 1151 | 550 | 812 | 824 | 1780 | 498 | 223 | 5462 | 524 | 1416 | 14098 |
| 14:00 | 840 | 1136 | 554 | 814 | 809 | 1773 | 481 | 216 | 5440 | 519 | 1403 | 13985 |
| 15:00 | 843 | 1128 | 559 | 791 | 807 | 1782 | 473 | 221 | 5454 | 520 | 1388 | 13966 |
| 16:00 | 888 | 1131 | 574 | 797 | 850 | 1829 | 489 | 229 | 5490 | 531 | 1400 | 14208 |
| 17:00 | 986 | 1261 | 594 | 833 | 922 | 1918 | 570 | 247 | 5517 | 541 | 1465 | 14854 |
| 18:00 | 1097 | 1391 | 604 | 921 | 982 | 2017 | 669 | 262 | 5432 | 549 | 1533 | 15457 |
| 19:00 | 1167 | 1508 | 607 | 998 | 1039 | 2108 | 754 | 267 | 5357 | 556 | 1585 | 15946 |
| 20:00 | 1186 | 1551 | 612 | 1026 | 1066 | 2148 | 784 | 272 | 5299 | 566 | 1617 | 16127 |
| 21:00 | 1143 | 1501 | 591 | 999 | 1030 | 2063 | 755 | 258 | 5134 | 556 | 1601 | 15631 |
| 22:00 | 1065 | 1413 | 565 | 941 | 963 | 1939 | 704 | 237 | 4866 | 542 | 1538 | 14773 |
| 23:00 | 996 | 1341 | 525 | 883 | 895 | 1784 | 660 | 218 | 4553 | 538 | 1478 | 13871 |

05/01/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 944 | 1294 | 504 | 842 | 829 | 1645 | 633 | 207 | 4262 | 532 | 1449 | 13141 |
| 01:00 | 918 | 1265 | 481 | 817 | 798 | 1561 | 620 | 200 | 4063 | 532 | 1425 | 12680 |
| 02:00 | 909 | 1246 | 465 | 806 | 780 | 1515 | 618 | 192 | 3932 | 530 | 1408 | 12401 |
| 03:00 | 915 | 1246 | 456 | 804 | 773 | 1499 | 623 | 192 | 3862 | 531 | 1401 | 12302 |
| 04:00 | 941 | 1280 | 459 | 823 | 782 | 1529 | 641 | 195 | 3864 | 535 | 1413 | 12462 |
| 05:00 | 1006 | 1365 | 481 | 878 | 830 | 1626 | 692 | 208 | 4053 | 545 | 1475 | 13159 |
| 06:00 | 1100 | 1495 | 525 | 949 | 893 | 1743 | 758 | 233 | 4425 | 562 | 1546 | 14229 |
| 07:00 | 1105 | 1532 | 559 | 983 | 902 | 1800 | 745 | 245 | 4819 | 566 | 1591 | 14847 |
| 08:00 | 1018 | 1475 | 558 | 958 | 852 | 1762 | 661 | 243 | 5051 | 566 | 1559 | 14703 |
| 09:00 | 934 | 1391 | 552 | 903 | 790 | 1694 | 594 | 231 | 5189 | 556 | 1509 | 14343 |
| 10:00 | 878 | 1330 | 546 | 849 | 720 | 1629 | 541 | 221 | 5218 | 551 | 1462 | 13945 |
| 11:00 | 846 | 1265 | 538 | 832 | 687 | 1588 | 501 | 217 | 5240 | 550 | 1448 | 13712 |
| 12:00 | 824 | 1202 | 536 | 813 | 673 | 1567 | 477 | 210 | 5259 | 551 | 1432 | 13544 |
| 13:00 | 813 | 1168 | 538 | 797 | 685 | 1579 | 456 | 211 | 5267 | 546 | 1432 | 13492 |
| 14:00 | 793 | 1151 | 542 | 801 | 676 | 1596 | 439 | 208 | 5253 | 546 | 1421 | 13426 |
| 15:00 | 793 | 1137 | 552 | 785 | 697 | 1601 | 435 | 216 | 5277 | 546 | 1409 | 13448 |
| 16:00 | 855 | 1154 | 573 | 792 | 779 | 1698 | 457 | 231 | 5354 | 548 | 1421 | 13862 |
| 17:00 | 956 | 1277 | 597 | 831 | 881 | 1833 | 536 | 251 | 5393 | 558 | 1478 | 14591 |
| 18:00 | 1062 | 1410 | 601 | 915 | 958 | 1977 | 654 | 262 | 5310 | 567 | 1531 | 15247 |
| 19:00 | 1139 | 1508 | 599 | 978 | 1015 | 2071 | 735 | 263 | 5271 | 576 | 1565 | 15720 |
| 20:00 | 1156 | 1547 | 601 | 1006 | 1035 | 2119 | 763 | 265 | 5218 | 581 | 1589 | 15880 |
| 21:00 | 1119 | 1501 | 578 | 983 | 999 | 2044 | 738 | 255 | 5057 | 576 | 1580 | 15430 |
| 22:00 | 1052 | 1419 | 553 | 929 | 938 | 1930 | 687 | 235 | 4812 | 561 | 1522 | 14638 |
| 23:00 | 984 | 1348 | 518 | 871 | 868 | 1792 | 640 | 217 | 4528 | 552 | 1464 | 13782 |