

ISO Load Forecast

[02/10/2026](#)
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| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1517 | 1896 | 718 | 1124 | 1273 | 2398 | 1033 | 354 | 5945 | 747 | 1698 | 18703 |
| 01:00 | 1496 | 1867 | 698 | 1097 | 1243 | 2320 | 1014 | 343 | 5750 | 745 | 1668 | 18241 |
| 02:00 | 1487 | 1855 | 683 | 1081 | 1232 | 2274 | 1008 | 338 | 5624 | 739 | 1650 | 17971 |
| 03:00 | 1491 | 1854 | 672 | 1078 | 1229 | 2252 | 1009 | 337 | 5567 | 742 | 1637 | 17868 |
| 04:00 | 1515 | 1885 | 674 | 1096 | 1249 | 2280 | 1028 | 340 | 5606 | 743 | 1642 | 18058 |
| 05:00 | 1576 | 1958 | 706 | 1149 | 1304 | 2402 | 1080 | 359 | 5826 | 758 | 1696 | 18814 |
| 06:00 | 1681 | 2110 | 770 | 1243 | 1392 | 2589 | 1164 | 392 | 6273 | 775 | 1801 | 20190 |
| 07:00 | 1740 | 2174 | 818 | 1307 | 1441 | 2705 | 1194 | 413 | 6713 | 777 | 1870 | 21152 |
| 08:00 | 1701 | 2138 | 821 | 1308 | 1444 | 2712 | 1173 | 407 | 6936 | 773 | 1877 | 21290 |
| 09:00 | 1627 | 2068 | 823 | 1280 | 1408 | 2658 | 1117 | 404 | 7086 | 761 | 1862 | 21094 |
| 10:00 | 1579 | 2004 | 821 | 1238 | 1370 | 2612 | 1072 | 402 | 7134 | 753 | 1826 | 20811 |
| 11:00 | 1554 | 1947 | 813 | 1196 | 1345 | 2588 | 1037 | 396 | 7139 | 747 | 1785 | 20547 |
| 12:00 | 1537 | 1899 | 805 | 1171 | 1319 | 2560 | 1009 | 395 | 7106 | 743 | 1755 | 20299 |
| 13:00 | 1529 | 1891 | 797 | 1158 | 1315 | 2558 | 1002 | 394 | 7044 | 739 | 1755 | 20182 |
| 14:00 | 1535 | 1885 | 793 | 1158 | 1334 | 2559 | 1002 | 387 | 6996 | 741 | 1744 | 20134 |
| 15:00 | 1588 | 1910 | 798 | 1187 | 1363 | 2612 | 1021 | 391 | 7007 | 749 | 1761 | 20387 |
| 16:00 | 1672 | 2002 | 815 | 1256 | 1425 | 2710 | 1091 | 403 | 7052 | 757 | 1798 | 20981 |
| 17:00 | 1745 | 2085 | 834 | 1309 | 1487 | 2818 | 1144 | 418 | 7089 | 767 | 1850 | 21546 |
| 18:00 | 1759 | 2119 | 855 | 1335 | 1506 | 2873 | 1158 | 430 | 7033 | 769 | 1881 | 21718 |
| 19:00 | 1716 | 2091 | 842 | 1313 | 1476 | 2830 | 1140 | 421 | 6918 | 757 | 1853 | 21357 |
| 20:00 | 1659 | 2027 | 812 | 1265 | 1435 | 2748 | 1101 | 405 | 6745 | 748 | 1814 | 20759 |
| 21:00 | 1579 | 1939 | 780 | 1202 | 1378 | 2613 | 1049 | 384 | 6522 | 735 | 1760 | 19941 |
| 22:00 | 1490 | 1832 | 738 | 1128 | 1304 | 2460 | 988 | 354 | 6197 | 725 | 1692 | 18908 |
| 23:00 | 1429 | 1753 | 688 | 1071 | 1226 | 2300 | 940 | 330 | 5828 | 715 | 1634 | 17914 |

02/11/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1383 | 1696 | 659 | 1020 | 1151 | 2140 | 911 | 315 | 5462 | 698 | 1608 | 17043 |
| 01:00 | 1354 | 1667 | 636 | 996 | 1118 | 2054 | 890 | 301 | 5273 | 691 | 1584 | 16564 |
| 02:00 | 1338 | 1659 | 623 | 986 | 1102 | 2007 | 882 | 296 | 5143 | 687 | 1569 | 16292 |
| 03:00 | 1338 | 1662 | 613 | 985 | 1096 | 1987 | 883 | 293 | 5088 | 691 | 1560 | 16196 |
| 04:00 | 1360 | 1699 | 614 | 1010 | 1114 | 2023 | 905 | 297 | 5133 | 690 | 1578 | 16423 |
| 05:00 | 1419 | 1780 | 647 | 1068 | 1169 | 2149 | 961 | 315 | 5363 | 703 | 1636 | 17210 |
| 06:00 | 1528 | 1937 | 714 | 1163 | 1255 | 2342 | 1048 | 349 | 5827 | 722 | 1749 | 18634 |
| 07:00 | 1583 | 2011 | 757 | 1230 | 1310 | 2456 | 1084 | 370 | 6263 | 730 | 1830 | 19624 |
| 08:00 | 1548 | 1996 | 758 | 1242 | 1305 | 2437 | 1076 | 364 | 6480 | 730 | 1849 | 19785 |
| 09:00 | 1477 | 1935 | 757 | 1228 | 1250 | 2370 | 1034 | 360 | 6610 | 720 | 1845 | 19586 |
| 10:00 | 1429 | 1882 | 754 | 1197 | 1207 | 2330 | 994 | 360 | 6647 | 715 | 1826 | 19341 |
| 11:00 | 1408 | 1825 | 748 | 1176 | 1188 | 2319 | 960 | 359 | 6671 | 708 | 1795 | 19157 |
| 12:00 | 1394 | 1798 | 741 | 1152 | 1161 | 2304 | 940 | 357 | 6656 | 701 | 1778 | 18982 |
| 13:00 | 1397 | 1821 | 737 | 1152 | 1163 | 2315 | 937 | 359 | 6615 | 702 | 1786 | 18984 |
| 14:00 | 1410 | 1840 | 738 | 1162 | 1184 | 2336 | 944 | 353 | 6593 | 704 | 1785 | 19049 |
| 15:00 | 1473 | 1886 | 748 | 1199 | 1236 | 2416 | 972 | 358 | 6620 | 712 | 1800 | 19420 |
| 16:00 | 1574 | 1986 | 769 | 1270 | 1314 | 2559 | 1049 | 372 | 6709 | 724 | 1847 | 20173 |
| 17:00 | 1661 | 2077 | 798 | 1321 | 1391 | 2713 | 1108 | 392 | 6802 | 739 | 1890 | 20892 |
| 18:00 | 1686 | 2124 | 819 | 1342 | 1424 | 2801 | 1129 | 407 | 6795 | 746 | 1914 | 21187 |
| 19:00 | 1652 | 2098 | 808 | 1325 | 1407 | 2773 | 1115 | 401 | 6688 | 739 | 1896 | 20902 |
| 20:00 | 1601 | 2042 | 785 | 1287 | 1377 | 2713 | 1087 | 389 | 6539 | 732 | 1864 | 20416 |
| 21:00 | 1531 | 1956 | 758 | 1226 | 1330 | 2598 | 1045 | 372 | 6352 | 718 | 1815 | 19701 |
| 22:00 | 1451 | 1853 | 721 | 1155 | 1265 | 2459 | 994 | 345 | 6053 | 704 | 1752 | 18752 |
| 23:00 | 1396 | 1785 | 674 | 1101 | 1194 | 2313 | 952 | 323 | 5711 | 697 | 1691 | 17837 |

02/12/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1364 | 1729 | 647 | 1049 | 1128 | 2168 | 930 | 310 | 5367 | 691 | 1656 | 17039 |
| 01:00 | 1344 | 1704 | 629 | 1026 | 1101 | 2088 | 912 | 298 | 5184 | 690 | 1630 | 16606 |
| 02:00 | 1333 | 1697 | 615 | 1015 | 1087 | 2045 | 906 | 298 | 5074 | 686 | 1613 | 16369 |
| 03:00 | 1338 | 1701 | 607 | 1014 | 1089 | 2030 | 910 | 296 | 5026 | 689 | 1606 | 16306 |
| 04:00 | 1363 | 1735 | 608 | 1035 | 1107 | 2067 | 932 | 303 | 5076 | 691 | 1622 | 16539 |
| 05:00 | 1427 | 1820 | 647 | 1091 | 1163 | 2197 | 987 | 323 | 5310 | 705 | 1680 | 17350 |
| 06:00 | 1541 | 1974 | 711 | 1185 | 1257 | 2391 | 1076 | 358 | 5781 | 724 | 1789 | 18787 |
| 07:00 | 1604 | 2054 | 756 | 1249 | 1314 | 2510 | 1115 | 381 | 6238 | 732 | 1864 | 19817 |
| 08:00 | 1567 | 2044 | 760 | 1260 | 1308 | 2501 | 1106 | 378 | 6474 | 730 | 1877 | 20005 |
| 09:00 | 1483 | 1985 | 763 | 1241 | 1242 | 2427 | 1053 | 373 | 6604 | 718 | 1870 | 19759 |
| 10:00 | 1426 | 1928 | 760 | 1206 | 1185 | 2369 | 1001 | 370 | 6650 | 710 | 1848 | 19453 |
| 11:00 | 1392 | 1878 | 753 | 1186 | 1155 | 2342 | 967 | 365 | 6676 | 701 | 1820 | 19235 |
| 12:00 | 1379 | 1845 | 746 | 1166 | 1129 | 2326 | 947 | 362 | 6673 | 693 | 1802 | 19068 |
| 13:00 | 1381 | 1860 | 744 | 1160 | 1132 | 2341 | 944 | 365 | 6644 | 693 | 1807 | 19071 |
| 14:00 | 1398 | 1868 | 747 | 1167 | 1165 | 2367 | 951 | 360 | 6620 | 693 | 1798 | 19134 |
| 15:00 | 1466 | 1912 | 757 | 1206 | 1226 | 2440 | 982 | 364 | 6646 | 703 | 1817 | 19519 |
| 16:00 | 1578 | 2016 | 777 | 1279 | 1324 | 2583 | 1068 | 380 | 6726 | 717 | 1866 | 20314 |
| 17:00 | 1669 | 2109 | 806 | 1333 | 1411 | 2743 | 1135 | 400 | 6825 | 737 | 1922 | 21090 |
| 18:00 | 1703 | 2163 | 833 | 1360 | 1455 | 2845 | 1164 | 418 | 6833 | 744 | 1962 | 21480 |
| 19:00 | 1680 | 2143 | 827 | 1346 | 1445 | 2828 | 1154 | 416 | 6749 | 740 | 1945 | 21273 |
| 20:00 | 1639 | 2090 | 805 | 1310 | 1424 | 2773 | 1127 | 406 | 6620 | 731 | 1919 | 20844 |
| 21:00 | 1575 | 2010 | 779 | 1252 | 1381 | 2663 | 1088 | 393 | 6439 | 722 | 1870 | 20172 |
| 22:00 | 1500 | 1905 | 744 | 1182 | 1319 | 2530 | 1037 | 368 | 6152 | 714 | 1808 | 19259 |
| 23:00 | 1445 | 1833 | 698 | 1129 | 1248 | 2388 | 995 | 347 | 5825 | 706 | 1748 | 18362 |

02/13/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1408 | 1780 | 675 | 1073 | 1185 | 2255 | 974 | 339 | 5504 | 694 | 1715 | 17602 |
| 01:00 | 1388 | 1758 | 655 | 1048 | 1159 | 2181 | 955 | 329 | 5327 | 692 | 1690 | 17182 |
| 02:00 | 1378 | 1751 | 643 | 1039 | 1148 | 2139 | 948 | 326 | 5208 | 689 | 1676 | 16945 |
| 03:00 | 1384 | 1754 | 636 | 1039 | 1149 | 2122 | 951 | 326 | 5156 | 691 | 1669 | 16877 |
| 04:00 | 1411 | 1793 | 637 | 1060 | 1172 | 2158 | 976 | 331 | 5200 | 692 | 1684 | 17114 |
| 05:00 | 1474 | 1872 | 673 | 1113 | 1230 | 2284 | 1030 | 349 | 5425 | 707 | 1735 | 17892 |
| 06:00 | 1582 | 2023 | 733 | 1203 | 1323 | 2474 | 1116 | 383 | 5875 | 726 | 1837 | 19275 |
| 07:00 | 1641 | 2098 | 780 | 1264 | 1373 | 2592 | 1153 | 405 | 6316 | 733 | 1913 | 20268 |
| 08:00 | 1604 | 2071 | 786 | 1270 | 1355 | 2571 | 1140 | 399 | 6563 | 728 | 1924 | 20411 |
| 09:00 | 1509 | 1987 | 786 | 1235 | 1280 | 2489 | 1078 | 394 | 6699 | 708 | 1905 | 20070 |
| 10:00 | 1445 | 1916 | 778 | 1185 | 1211 | 2415 | 1015 | 389 | 6731 | 695 | 1864 | 19644 |
| 11:00 | 1395 | 1846 | 766 | 1148 | 1168 | 2362 | 969 | 381 | 6737 | 686 | 1817 | 19275 |
| 12:00 | 1366 | 1794 | 754 | 1107 | 1126 | 2311 | 939 | 371 | 6695 | 679 | 1781 | 18923 |
| 13:00 | 1357 | 1782 | 742 | 1083 | 1112 | 2241 | 927 | 364 | 6629 | 681 | 1765 | 18683 |
| 14:00 | 1370 | 1787 | 740 | 1084 | 1136 | 2249 | 928 | 352 | 6582 | 687 | 1752 | 18667 |
| 15:00 | 1439 | 1836 | 745 | 1122 | 1196 | 2350 | 961 | 356 | 6581 | 698 | 1771 | 19055 |
| 16:00 | 1549 | 1948 | 763 | 1210 | 1293 | 2516 | 1049 | 373 | 6661 | 709 | 1827 | 19898 |
| 17:00 | 1634 | 2052 | 794 | 1273 | 1384 | 2692 | 1111 | 391 | 6762 | 724 | 1874 | 20691 |
| 18:00 | 1662 | 2094 | 817 | 1301 | 1421 | 2789 | 1135 | 409 | 6746 | 729 | 1913 | 21016 |
| 19:00 | 1634 | 2074 | 808 | 1285 | 1408 | 2767 | 1120 | 406 | 6645 | 723 | 1893 | 20763 |
| 20:00 | 1599 | 2034 | 786 | 1258 | 1392 | 2716 | 1096 | 395 | 6488 | 716 | 1867 | 20347 |
| 21:00 | 1549 | 1975 | 766 | 1212 | 1361 | 2624 | 1066 | 386 | 6320 | 709 | 1830 | 19798 |
| 22:00 | 1489 | 1893 | 740 | 1151 | 1318 | 2524 | 1026 | 367 | 6079 | 702 | 1777 | 19066 |
| 23:00 | 1441 | 1828 | 701 | 1101 | 1258 | 2403 | 986 | 350 | 5795 | 697 | 1715 | 18275 |

02/14/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1389 | 1774 | 683 | 1053 | 1204 | 2260 | 964 | 346 | 5493 | 697 | 1679 | 17542 |
| 01:00 | 1368 | 1751 | 661 | 1032 | 1176 | 2179 | 946 | 339 | 5324 | 696 | 1656 | 17128 |
| 02:00 | 1354 | 1740 | 642 | 1020 | 1159 | 2126 | 936 | 333 | 5206 | 696 | 1639 | 16851 |
| 03:00 | 1350 | 1738 | 633 | 1017 | 1155 | 2101 | 932 | 331 | 5131 | 696 | 1635 | 16719 |
| 04:00 | 1362 | 1758 | 633 | 1024 | 1158 | 2110 | 943 | 332 | 5113 | 696 | 1643 | 16772 |
| 05:00 | 1396 | 1801 | 646 | 1051 | 1186 | 2160 | 967 | 339 | 5203 | 706 | 1664 | 17119 |
| 06:00 | 1444 | 1868 | 675 | 1099 | 1234 | 2270 | 1009 | 358 | 5390 | 712 | 1718 | 17777 |
| 07:00 | 1487 | 1923 | 701 | 1140 | 1278 | 2324 | 1044 | 374 | 5604 | 719 | 1756 | 18350 |
| 08:00 | 1470 | 1890 | 728 | 1141 | 1266 | 2304 | 1040 | 383 | 5806 | 726 | 1756 | 18510 |
| 09:00 | 1422 | 1755 | 741 | 1069 | 1200 | 2271 | 987 | 383 | 5980 | 717 | 1705 | 18230 |
| 10:00 | 1374 | 1671 | 740 | 1013 | 1124 | 2227 | 934 | 371 | 6062 | 706 | 1660 | 17882 |
| 11:00 | 1334 | 1592 | 734 | 982 | 1073 | 2180 | 891 | 359 | 6103 | 698 | 1619 | 17565 |
| 12:00 | 1300 | 1529 | 724 | 942 | 1028 | 2122 | 861 | 350 | 6072 | 686 | 1577 | 17191 |
| 13:00 | 1279 | 1474 | 708 | 911 | 1003 | 2094 | 829 | 339 | 6010 | 683 | 1551 | 16881 |
| 14:00 | 1274 | 1482 | 699 | 896 | 1018 | 2125 | 822 | 337 | 5966 | 684 | 1533 | 16836 |
| 15:00 | 1325 | 1574 | 701 | 944 | 1091 | 2216 | 871 | 341 | 5938 | 688 | 1575 | 17264 |
| 16:00 | 1430 | 1768 | 715 | 1075 | 1215 | 2379 | 963 | 353 | 5983 | 698 | 1665 | 18244 |
| 17:00 | 1520 | 1914 | 745 | 1173 | 1317 | 2556 | 1035 | 372 | 6111 | 712 | 1743 | 19198 |
| 18:00 | 1553 | 1973 | 772 | 1214 | 1357 | 2648 | 1065 | 389 | 6216 | 715 | 1800 | 19702 |
| 19:00 | 1534 | 1960 | 769 | 1202 | 1348 | 2613 | 1056 | 380 | 6180 | 711 | 1803 | 19556 |
| 20:00 | 1505 | 1936 | 761 | 1175 | 1330 | 2570 | 1037 | 375 | 6104 | 705 | 1790 | 19288 |
| 21:00 | 1459 | 1881 | 743 | 1140 | 1302 | 2504 | 1009 | 365 | 6004 | 699 | 1762 | 18868 |
| 22:00 | 1410 | 1820 | 718 | 1088 | 1256 | 2406 | 971 | 353 | 5837 | 695 | 1714 | 18268 |
| 23:00 | 1368 | 1771 | 687 | 1044 | 1204 | 2303 | 937 | 339 | 5629 | 686 | 1667 | 17635 |

02/15/2026

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1344 | 1716 | 666 | 1009 | 1167 | 2174 | 927 | 335 | 5356 | 687 | 1638 | 17019 |
| 01:00 | 1324 | 1690 | 646 | 989 | 1140 | 2099 | 913 | 324 | 5191 | 688 | 1615 | 16619 |
| 02:00 | 1309 | 1673 | 628 | 976 | 1121 | 2046 | 902 | 319 | 5065 | 688 | 1599 | 16326 |
| 03:00 | 1305 | 1669 | 618 | 972 | 1115 | 2020 | 899 | 316 | 4987 | 688 | 1590 | 16179 |
| 04:00 | 1315 | 1682 | 617 | 976 | 1118 | 2023 | 907 | 316 | 4964 | 691 | 1590 | 16199 |
| 05:00 | 1345 | 1713 | 628 | 995 | 1144 | 2061 | 927 | 323 | 5033 | 700 | 1601 | 16470 |
| 06:00 | 1385 | 1766 | 652 | 1033 | 1188 | 2145 | 962 | 338 | 5167 | 703 | 1637 | 16976 |
| 07:00 | 1406 | 1811 | 666 | 1059 | 1219 | 2169 | 977 | 349 | 5322 | 706 | 1658 | 17342 |
| 08:00 | 1376 | 1775 | 682 | 1041 | 1214 | 2181 | 935 | 356 | 5497 | 709 | 1645 | 17411 |
| 09:00 | 1345 | 1698 | 696 | 981 | 1190 | 2221 | 869 | 361 | 5685 | 700 | 1597 | 17343 |
| 10:00 | 1314 | 1655 | 702 | 948 | 1156 | 2233 | 823 | 357 | 5814 | 691 | 1575 | 17268 |
| 11:00 | 1288 | 1621 | 703 | 934 | 1137 | 2227 | 799 | 349 | 5898 | 682 | 1555 | 17193 |
| 12:00 | 1271 | 1604 | 704 | 926 | 1118 | 2209 | 789 | 346 | 5925 | 675 | 1542 | 17109 |
| 13:00 | 1259 | 1586 | 704 | 932 | 1105 | 2220 | 771 | 342 | 5937 | 669 | 1550 | 17075 |
| 14:00 | 1260 | 1601 | 701 | 958 | 1113 | 2256 | 786 | 341 | 5937 | 668 | 1563 | 17184 |
| 15:00 | 1322 | 1681 | 708 | 1025 | 1156 | 2321 | 855 | 348 | 5949 | 679 | 1621 | 17665 |
| 16:00 | 1433 | 1818 | 726 | 1117 | 1245 | 2437 | 953 | 358 | 6010 | 691 | 1691 | 18479 |
| 17:00 | 1522 | 1920 | 753 | 1181 | 1325 | 2574 | 1019 | 372 | 6098 | 704 | 1744 | 19212 |
| 18:00 | 1549 | 1963 | 775 | 1207 | 1358 | 2645 | 1042 | 385 | 6170 | 705 | 1779 | 19578 |
| 19:00 | 1524 | 1929 | 764 | 1186 | 1337 | 2611 | 1027 | 373 | 6108 | 699 | 1768 | 19326 |
| 20:00 | 1480 | 1884 | 749 | 1148 | 1305 | 2544 | 997 | 364 | 6010 | 694 | 1742 | 18917 |
| 21:00 | 1419 | 1812 | 722 | 1105 | 1262 | 2455 | 960 | 349 | 5872 | 688 | 1708 | 18352 |
| 22:00 | 1357 | 1736 | 688 | 1047 | 1206 | 2334 | 917 | 330 | 5647 | 682 | 1657 | 17601 |
| 23:00 | 1308 | 1680 | 646 | 1003 | 1146 | 2207 | 884 | 310 | 5384 | 674 | 1616 | 16858 |