

ISO Load Forecast

[12/20/2022](#)
[12/21/2022](#)
[12/22/2022](#)
[12/23/2022](#)
[12/24/2022](#)
[12/25/2022](#)

12/20/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1208 | 1690 | 572 | 1031 | 1001 | 1986 | 723 | 303 | 4895 | 718 | 1583 | 15710 |
| 01:00 | 1182 | 1656 | 553 | 1004 | 975 | 1897 | 700 | 291 | 4702 | 710 | 1547 | 15217 |
| 02:00 | 1176 | 1646 | 540 | 992 | 962 | 1851 | 688 | 288 | 4590 | 706 | 1526 | 14965 |
| 03:00 | 1186 | 1650 | 536 | 992 | 958 | 1840 | 691 | 288 | 4541 | 705 | 1523 | 14910 |
| 04:00 | 1216 | 1682 | 542 | 1013 | 975 | 1875 | 714 | 297 | 4569 | 709 | 1542 | 15134 |
| 05:00 | 1285 | 1784 | 571 | 1073 | 1030 | 2006 | 767 | 317 | 4798 | 721 | 1602 | 15954 |
| 06:00 | 1402 | 1944 | 630 | 1172 | 1122 | 2213 | 862 | 346 | 5270 | 739 | 1714 | 17414 |
| 07:00 | 1470 | 2047 | 681 | 1244 | 1171 | 2333 | 917 | 364 | 5728 | 765 | 1814 | 18534 |
| 08:00 | 1451 | 2063 | 689 | 1253 | 1143 | 2307 | 934 | 358 | 5987 | 764 | 1850 | 18799 |
| 09:00 | 1393 | 2030 | 684 | 1232 | 1065 | 2231 | 914 | 348 | 6131 | 758 | 1848 | 18634 |
| 10:00 | 1350 | 2009 | 680 | 1225 | 997 | 2164 | 907 | 340 | 6148 | 749 | 1851 | 18420 |
| 11:00 | 1328 | 1981 | 670 | 1224 | 962 | 2097 | 895 | 332 | 6135 | 744 | 1847 | 18215 |
| 12:00 | 1326 | 1955 | 665 | 1208 | 958 | 2083 | 885 | 328 | 6123 | 741 | 1827 | 18099 |
| 13:00 | 1356 | 1965 | 667 | 1207 | 992 | 2121 | 886 | 328 | 6116 | 740 | 1841 | 18219 |
| 14:00 | 1400 | 1969 | 673 | 1204 | 1054 | 2194 | 880 | 333 | 6124 | 743 | 1819 | 18393 |
| 15:00 | 1449 | 1999 | 691 | 1227 | 1133 | 2316 | 892 | 345 | 6187 | 752 | 1821 | 18812 |
| 16:00 | 1544 | 2068 | 725 | 1295 | 1232 | 2550 | 952 | 373 | 6339 | 780 | 1877 | 19735 |
| 17:00 | 1633 | 2155 | 769 | 1351 | 1318 | 2762 | 1005 | 405 | 6493 | 802 | 1944 | 20637 |
| 18:00 | 1634 | 2154 | 771 | 1351 | 1323 | 2791 | 998 | 416 | 6401 | 800 | 1946 | 20585 |
| 19:00 | 1605 | 2121 | 759 | 1330 | 1315 | 2737 | 981 | 414 | 6255 | 794 | 1925 | 20236 |
| 20:00 | 1556 | 2060 | 736 | 1292 | 1291 | 2669 | 949 | 402 | 6097 | 786 | 1890 | 19728 |
| 21:00 | 1481 | 1963 | 704 | 1231 | 1240 | 2548 | 901 | 384 | 5897 | 767 | 1836 | 18952 |
| 22:00 | 1381 | 1849 | 658 | 1149 | 1158 | 2352 | 835 | 358 | 5585 | 747 | 1740 | 17812 |
| 23:00 | 1300 | 1761 | 606 | 1084 | 1082 | 2160 | 786 | 329 | 5223 | 732 | 1644 | 16707 |

12/21/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1262 | 1729 | 579 | 1048 | 1037 | 2018 | 756 | 315 | 4951 | 730 | 1585 | 16010 |
| 01:00 | 1235 | 1700 | 565 | 1020 | 1013 | 1927 | 737 | 303 | 4767 | 722 | 1551 | 15540 |
| 02:00 | 1228 | 1692 | 551 | 1004 | 999 | 1877 | 726 | 299 | 4656 | 718 | 1531 | 15281 |
| 03:00 | 1233 | 1701 | 546 | 1002 | 995 | 1864 | 732 | 298 | 4608 | 716 | 1526 | 15221 |
| 04:00 | 1260 | 1732 | 551 | 1022 | 1007 | 1895 | 756 | 307 | 4632 | 721 | 1540 | 15423 |
| 05:00 | 1328 | 1831 | 578 | 1081 | 1060 | 2019 | 812 | 326 | 4847 | 733 | 1594 | 16209 |
| 06:00 | 1434 | 1977 | 633 | 1175 | 1150 | 2211 | 904 | 355 | 5277 | 753 | 1693 | 17562 |
| 07:00 | 1507 | 2071 | 686 | 1240 | 1205 | 2335 | 959 | 374 | 5717 | 774 | 1784 | 18652 |
| 08:00 | 1510 | 2071 | 696 | 1238 | 1194 | 2338 | 977 | 371 | 5979 | 776 | 1819 | 18969 |
| 09:00 | 1470 | 2002 | 693 | 1203 | 1130 | 2283 | 946 | 363 | 6128 | 768 | 1815 | 18801 |
| 10:00 | 1433 | 1944 | 688 | 1181 | 1067 | 2218 | 920 | 356 | 6164 | 759 | 1820 | 18550 |
| 11:00 | 1400 | 1890 | 680 | 1164 | 1031 | 2165 | 891 | 348 | 6149 | 752 | 1813 | 18283 |
| 12:00 | 1385 | 1854 | 675 | 1141 | 1012 | 2146 | 870 | 343 | 6134 | 746 | 1789 | 18095 |
| 13:00 | 1396 | 1860 | 675 | 1140 | 1036 | 2175 | 861 | 341 | 6124 | 746 | 1805 | 18159 |
| 14:00 | 1427 | 1879 | 681 | 1143 | 1085 | 2237 | 854 | 344 | 6110 | 746 | 1782 | 18288 |
| 15:00 | 1469 | 1928 | 694 | 1184 | 1152 | 2341 | 871 | 355 | 6152 | 752 | 1781 | 18679 |
| 16:00 | 1558 | 2009 | 726 | 1261 | 1237 | 2559 | 930 | 381 | 6281 | 778 | 1830 | 19550 |
| 17:00 | 1649 | 2114 | 766 | 1326 | 1319 | 2752 | 995 | 411 | 6419 | 797 | 1914 | 20462 |
| 18:00 | 1651 | 2117 | 766 | 1314 | 1326 | 2779 | 990 | 421 | 6309 | 791 | 1913 | 20377 |
| 19:00 | 1623 | 2097 | 754 | 1299 | 1318 | 2719 | 975 | 415 | 6168 | 786 | 1894 | 20048 |
| 20:00 | 1575 | 2045 | 731 | 1259 | 1295 | 2649 | 946 | 403 | 6009 | 781 | 1864 | 19557 |
| 21:00 | 1505 | 1953 | 701 | 1201 | 1247 | 2530 | 903 | 387 | 5818 | 764 | 1817 | 18826 |
| 22:00 | 1409 | 1837 | 656 | 1127 | 1168 | 2344 | 838 | 362 | 5527 | 745 | 1730 | 17743 |
| 23:00 | 1327 | 1751 | 607 | 1065 | 1091 | 2155 | 788 | 332 | 5180 | 730 | 1640 | 16666 |

12/22/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1282 | 1716 | 582 | 1033 | 1037 | 2008 | 776 | 313 | 4917 | 738 | 1579 | 15981 |
| 01:00 | 1252 | 1687 | 563 | 1006 | 1008 | 1911 | 755 | 300 | 4739 | 733 | 1544 | 15498 |
| 02:00 | 1240 | 1682 | 549 | 992 | 992 | 1857 | 745 | 291 | 4628 | 730 | 1520 | 15226 |
| 03:00 | 1240 | 1686 | 542 | 990 | 988 | 1837 | 746 | 287 | 4574 | 730 | 1516 | 15136 |
| 04:00 | 1264 | 1710 | 546 | 1008 | 996 | 1862 | 761 | 295 | 4591 | 734 | 1527 | 15294 |
| 05:00 | 1326 | 1793 | 568 | 1063 | 1044 | 1973 | 806 | 313 | 4792 | 741 | 1578 | 15997 |
| 06:00 | 1421 | 1911 | 618 | 1147 | 1125 | 2140 | 884 | 342 | 5183 | 761 | 1668 | 17200 |
| 07:00 | 1505 | 2005 | 667 | 1211 | 1190 | 2273 | 937 | 363 | 5595 | 780 | 1752 | 18278 |
| 08:00 | 1531 | 2016 | 680 | 1225 | 1211 | 2316 | 970 | 366 | 5860 | 785 | 1798 | 18758 |
| 09:00 | 1517 | 1997 | 688 | 1213 | 1194 | 2317 | 957 | 364 | 6006 | 783 | 1810 | 18846 |
| 10:00 | 1499 | 1995 | 690 | 1212 | 1165 | 2293 | 951 | 363 | 6046 | 782 | 1826 | 18822 |
| 11:00 | 1487 | 1983 | 690 | 1208 | 1147 | 2268 | 934 | 360 | 6057 | 776 | 1827 | 18737 |
| 12:00 | 1485 | 1969 | 685 | 1200 | 1138 | 2264 | 924 | 359 | 6049 | 768 | 1807 | 18648 |
| 13:00 | 1495 | 1963 | 683 | 1201 | 1152 | 2275 | 921 | 356 | 6037 | 763 | 1813 | 18659 |
| 14:00 | 1504 | 1957 | 685 | 1194 | 1164 | 2311 | 908 | 355 | 6019 | 762 | 1786 | 18645 |
| 15:00 | 1518 | 1967 | 693 | 1206 | 1190 | 2368 | 906 | 362 | 6041 | 769 | 1779 | 18799 |
| 16:00 | 1579 | 1997 | 719 | 1266 | 1248 | 2544 | 951 | 381 | 6139 | 785 | 1815 | 19424 |
| 17:00 | 1639 | 2061 | 747 | 1313 | 1302 | 2680 | 988 | 402 | 6205 | 794 | 1875 | 20006 |
| 18:00 | 1617 | 2032 | 740 | 1287 | 1284 | 2688 | 967 | 406 | 6028 | 789 | 1858 | 19696 |
| 19:00 | 1589 | 1990 | 722 | 1260 | 1273 | 2614 | 946 | 397 | 5862 | 784 | 1836 | 19273 |
| 20:00 | 1529 | 1924 | 695 | 1214 | 1241 | 2532 | 908 | 380 | 5696 | 774 | 1812 | 18705 |
| 21:00 | 1457 | 1833 | 667 | 1159 | 1187 | 2408 | 863 | 362 | 5503 | 758 | 1761 | 17958 |
| 22:00 | 1362 | 1725 | 628 | 1090 | 1108 | 2231 | 798 | 335 | 5239 | 740 | 1673 | 16929 |
| 23:00 | 1271 | 1645 | 583 | 1030 | 1030 | 2051 | 740 | 305 | 4929 | 725 | 1581 | 15890 |

12/23/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1202 | 1585 | 549 | 987 | 965 | 1894 | 688 | 288 | 4677 | 719 | 1500 | 15054 |
| 01:00 | 1161 | 1542 | 521 | 957 | 925 | 1776 | 658 | 270 | 4476 | 709 | 1460 | 14455 |
| 02:00 | 1144 | 1527 | 502 | 938 | 900 | 1709 | 642 | 258 | 4345 | 700 | 1436 | 14101 |
| 03:00 | 1137 | 1525 | 491 | 932 | 890 | 1679 | 636 | 249 | 4282 | 689 | 1423 | 13933 |
| 04:00 | 1153 | 1539 | 493 | 944 | 893 | 1694 | 649 | 256 | 4297 | 696 | 1426 | 14040 |
| 05:00 | 1212 | 1615 | 515 | 990 | 927 | 1788 | 691 | 269 | 4492 | 708 | 1460 | 14667 |
| 06:00 | 1300 | 1712 | 567 | 1063 | 994 | 1956 | 762 | 296 | 4868 | 729 | 1532 | 15779 |
| 07:00 | 1384 | 1831 | 620 | 1135 | 1062 | 2111 | 820 | 318 | 5249 | 756 | 1617 | 16903 |
| 08:00 | 1435 | 1885 | 646 | 1175 | 1105 | 2220 | 855 | 329 | 5558 | 763 | 1672 | 17643 |
| 09:00 | 1441 | 1902 | 656 | 1186 | 1110 | 2272 | 852 | 333 | 5750 | 769 | 1700 | 17971 |
| 10:00 | 1439 | 1919 | 664 | 1194 | 1102 | 2270 | 852 | 337 | 5825 | 762 | 1737 | 18101 |
| 11:00 | 1430 | 1911 | 665 | 1192 | 1093 | 2265 | 841 | 337 | 5876 | 756 | 1757 | 18123 |
| 12:00 | 1436 | 1895 | 658 | 1178 | 1090 | 2199 | 831 | 338 | 5857 | 753 | 1746 | 17981 |
| 13:00 | 1439 | 1893 | 653 | 1169 | 1103 | 2195 | 829 | 333 | 5802 | 748 | 1756 | 17920 |
| 14:00 | 1426 | 1891 | 660 | 1154 | 1119 | 2242 | 816 | 332 | 5791 | 748 | 1727 | 17906 |
| 15:00 | 1436 | 1891 | 667 | 1169 | 1133 | 2306 | 815 | 334 | 5807 | 744 | 1734 | 18036 |
| 16:00 | 1490 | 1936 | 692 | 1224 | 1176 | 2459 | 847 | 351 | 5896 | 759 | 1777 | 18607 |
| 17:00 | 1530 | 2017 | 719 | 1263 | 1221 | 2586 | 887 | 373 | 5987 | 767 | 1841 | 19191 |
| 18:00 | 1513 | 2030 | 720 | 1255 | 1219 | 2599 | 880 | 380 | 5884 | 761 | 1857 | 19098 |
| 19:00 | 1474 | 1984 | 703 | 1235 | 1195 | 2536 | 857 | 375 | 5734 | 760 | 1834 | 18687 |
| 20:00 | 1423 | 1939 | 680 | 1203 | 1173 | 2478 | 829 | 366 | 5596 | 751 | 1813 | 18251 |
| 21:00 | 1369 | 1879 | 662 | 1170 | 1145 | 2413 | 806 | 360 | 5464 | 736 | 1790 | 17794 |
| 22:00 | 1297 | 1796 | 633 | 1121 | 1097 | 2304 | 762 | 345 | 5278 | 720 | 1730 | 17083 |
| 23:00 | 1222 | 1727 | 596 | 1071 | 1041 | 2165 | 720 | 322 | 5050 | 706 | 1655 | 16275 |

12/24/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1182 | 1698 | 573 | 1048 | 997 | 2032 | 723 | 313 | 4874 | 717 | 1599 | 15756 |
| 01:00 | 1151 | 1682 | 561 | 1016 | 962 | 1941 | 708 | 304 | 4758 | 711 | 1547 | 15341 |
| 02:00 | 1135 | 1673 | 548 | 999 | 954 | 1893 | 699 | 295 | 4665 | 712 | 1519 | 15092 |
| 03:00 | 1132 | 1671 | 546 | 993 | 955 | 1878 | 701 | 293 | 4619 | 711 | 1509 | 15008 |
| 04:00 | 1145 | 1679 | 553 | 993 | 962 | 1895 | 713 | 304 | 4618 | 716 | 1508 | 15086 |
| 05:00 | 1170 | 1703 | 566 | 1005 | 990 | 1949 | 736 | 314 | 4696 | 721 | 1522 | 15372 |
| 06:00 | 1210 | 1740 | 583 | 1039 | 1044 | 2038 | 775 | 322 | 4851 | 739 | 1547 | 15888 |
| 07:00 | 1278 | 1811 | 609 | 1088 | 1107 | 2147 | 835 | 349 | 5046 | 764 | 1607 | 16641 |
| 08:00 | 1349 | 1874 | 642 | 1133 | 1156 | 2241 | 892 | 373 | 5237 | 784 | 1667 | 17348 |
| 09:00 | 1379 | 1927 | 661 | 1164 | 1167 | 2296 | 919 | 389 | 5396 | 783 | 1733 | 17814 |
| 10:00 | 1390 | 1922 | 672 | 1167 | 1156 | 2277 | 940 | 394 | 5506 | 789 | 1766 | 17979 |
| 11:00 | 1388 | 1898 | 678 | 1167 | 1151 | 2284 | 934 | 395 | 5581 | 787 | 1765 | 18028 |
| 12:00 | 1401 | 1906 | 680 | 1166 | 1128 | 2288 | 910 | 388 | 5595 | 792 | 1753 | 18007 |
| 13:00 | 1417 | 1896 | 676 | 1155 | 1136 | 2312 | 910 | 378 | 5610 | 792 | 1761 | 18043 |
| 14:00 | 1435 | 1904 | 679 | 1154 | 1153 | 2365 | 902 | 377 | 5637 | 794 | 1749 | 18149 |
| 15:00 | 1457 | 1929 | 690 | 1169 | 1199 | 2451 | 906 | 384 | 5686 | 798 | 1739 | 18408 |
| 16:00 | 1500 | 1960 | 718 | 1208 | 1262 | 2602 | 937 | 401 | 5774 | 805 | 1762 | 18929 |
| 17:00 | 1539 | 2019 | 764 | 1230 | 1334 | 2749 | 978 | 427 | 5918 | 815 | 1812 | 19585 |
| 18:00 | 1497 | 1983 | 759 | 1194 | 1318 | 2706 | 963 | 423 | 5898 | 812 | 1788 | 19341 |
| 19:00 | 1475 | 1950 | 741 | 1170 | 1294 | 2644 | 937 | 416 | 5803 | 805 | 1764 | 18999 |
| 20:00 | 1451 | 1905 | 726 | 1140 | 1279 | 2581 | 917 | 407 | 5696 | 800 | 1748 | 18650 |
| 21:00 | 1437 | 1870 | 716 | 1123 | 1261 | 2530 | 906 | 403 | 5604 | 798 | 1738 | 18386 |
| 22:00 | 1400 | 1822 | 702 | 1093 | 1228 | 2476 | 878 | 394 | 5517 | 793 | 1707 | 18010 |
| 23:00 | 1353 | 1779 | 677 | 1061 | 1172 | 2378 | 839 | 378 | 5356 | 781 | 1622 | 17396 |

12/25/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1289 | 1733 | 645 | 1020 | 1112 | 2288 | 774 | 358 | 5180 | 754 | 1572 | 16725 |
| 01:00 | 1250 | 1706 | 627 | 983 | 1067 | 2187 | 742 | 340 | 5060 | 745 | 1522 | 16229 |
| 02:00 | 1228 | 1687 | 606 | 962 | 1044 | 2115 | 725 | 327 | 4941 | 737 | 1496 | 15868 |
| 03:00 | 1219 | 1674 | 596 | 953 | 1028 | 2070 | 724 | 319 | 4859 | 734 | 1486 | 15662 |
| 04:00 | 1214 | 1667 | 593 | 949 | 1020 | 2047 | 723 | 320 | 4802 | 732 | 1478 | 15545 |
| 05:00 | 1215 | 1672 | 590 | 952 | 1021 | 2042 | 728 | 317 | 4780 | 735 | 1474 | 15526 |
| 06:00 | 1218 | 1675 | 588 | 967 | 1033 | 2038 | 744 | 314 | 4774 | 740 | 1479 | 15570 |
| 07:00 | 1256 | 1728 | 587 | 1002 | 1065 | 2057 | 795 | 332 | 4789 | 753 | 1524 | 15888 |
| 08:00 | 1314 | 1779 | 602 | 1044 | 1094 | 2094 | 849 | 352 | 4868 | 775 | 1576 | 16347 |
| 09:00 | 1337 | 1797 | 609 | 1060 | 1078 | 2113 | 861 | 363 | 4971 | 782 | 1624 | 16595 |
| 10:00 | 1329 | 1767 | 619 | 1053 | 1035 | 2070 | 866 | 365 | 5073 | 781 | 1641 | 16599 |
| 11:00 | 1317 | 1729 | 622 | 1056 | 1016 | 2067 | 868 | 362 | 5145 | 780 | 1651 | 16613 |
| 12:00 | 1330 | 1754 | 626 | 1069 | 1001 | 2104 | 854 | 355 | 5180 | 776 | 1660 | 16709 |
| 13:00 | 1347 | 1758 | 632 | 1069 | 1032 | 2166 | 854 | 350 | 5230 | 776 | 1680 | 16894 |
| 14:00 | 1368 | 1791 | 640 | 1076 | 1085 | 2241 | 854 | 349 | 5271 | 776 | 1680 | 17131 |
| 15:00 | 1398 | 1837 | 654 | 1107 | 1155 | 2339 | 873 | 357 | 5337 | 773 | 1686 | 17516 |
| 16:00 | 1450 | 1898 | 674 | 1163 | 1221 | 2490 | 915 | 378 | 5422 | 791 | 1731 | 18133 |
| 17:00 | 1503 | 1990 | 714 | 1221 | 1303 | 2642 | 968 | 403 | 5579 | 805 | 1804 | 18932 |
| 18:00 | 1492 | 1999 | 713 | 1218 | 1302 | 2626 | 968 | 399 | 5598 | 807 | 1806 | 18928 |
| 19:00 | 1472 | 1968 | 710 | 1206 | 1282 | 2597 | 950 | 397 | 5574 | 805 | 1805 | 18766 |
| 20:00 | 1444 | 1923 | 702 | 1179 | 1264 | 2567 | 920 | 392 | 5543 | 793 | 1786 | 18513 |
| 21:00 | 1406 | 1864 | 687 | 1146 | 1229 | 2501 | 884 | 383 | 5479 | 774 | 1753 | 18106 |
| 22:00 | 1347 | 1797 | 663 | 1102 | 1173 | 2398 | 839 | 363 | 5368 | 763 | 1704 | 17517 |
| 23:00 | 1300 | 1750 | 632 | 1066 | 1107 | 2256 | 803 | 339 | 5174 | 754 | 1620 | 16801 |