

ISO Load Forecast

[06/30/2022](#)
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06/30/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1245 | 1461 | 642 | 975 | 934 | 2265 | 572 | 294 | 5702 | 599 | 1464 | 16153 |
| 01:00 | 1180 | 1395 | 606 | 932 | 870 | 2109 | 540 | 267 | 5447 | 587 | 1402 | 15335 |
| 02:00 | 1137 | 1352 | 579 | 900 | 832 | 2004 | 520 | 251 | 5256 | 581 | 1355 | 14767 |
| 03:00 | 1119 | 1333 | 558 | 878 | 807 | 1941 | 513 | 242 | 5129 | 581 | 1322 | 14423 |
| 04:00 | 1124 | 1347 | 550 | 878 | 801 | 1931 | 527 | 240 | 5081 | 586 | 1325 | 14390 |
| 05:00 | 1151 | 1408 | 558 | 901 | 804 | 1957 | 556 | 246 | 5226 | 595 | 1359 | 14761 |
| 06:00 | 1219 | 1505 | 602 | 945 | 839 | 2032 | 610 | 263 | 5652 | 608 | 1437 | 15712 |
| 07:00 | 1287 | 1602 | 668 | 1007 | 896 | 2213 | 659 | 285 | 6160 | 623 | 1538 | 16938 |
| 08:00 | 1310 | 1625 | 718 | 1040 | 922 | 2486 | 674 | 305 | 6590 | 630 | 1636 | 17936 |
| 09:00 | 1320 | 1636 | 757 | 1069 | 931 | 2759 | 661 | 327 | 6943 | 636 | 1704 | 18743 |
| 10:00 | 1337 | 1657 | 791 | 1110 | 963 | 2920 | 671 | 347 | 7183 | 640 | 1756 | 19375 |
| 11:00 | 1367 | 1695 | 826 | 1163 | 1036 | 3077 | 683 | 369 | 7362 | 639 | 1827 | 20044 |
| 12:00 | 1390 | 1741 | 865 | 1222 | 1124 | 3287 | 675 | 393 | 7552 | 645 | 1875 | 20769 |
| 13:00 | 1436 | 1794 | 908 | 1279 | 1199 | 3579 | 677 | 419 | 7732 | 647 | 1949 | 21619 |
| 14:00 | 1473 | 1831 | 946 | 1331 | 1258 | 3663 | 690 | 440 | 7858 | 647 | 1972 | 22109 |
| 15:00 | 1520 | 1881 | 982 | 1380 | 1326 | 3781 | 705 | 461 | 7965 | 649 | 1977 | 22627 |
| 16:00 | 1589 | 1952 | 1012 | 1413 | 1405 | 3887 | 737 | 484 | 8064 | 654 | 2036 | 23233 |
| 17:00 | 1685 | 2035 | 1019 | 1447 | 1492 | 3911 | 774 | 493 | 8049 | 663 | 2090 | 23658 |
| 18:00 | 1735 | 2111 | 1004 | 1480 | 1535 | 3837 | 804 | 486 | 7766 | 665 | 2093 | 23516 |
| 19:00 | 1730 | 2119 | 948 | 1481 | 1506 | 3629 | 828 | 465 | 7458 | 664 | 2050 | 22878 |
| 20:00 | 1694 | 2080 | 913 | 1445 | 1450 | 3492 | 848 | 447 | 7273 | 659 | 1997 | 22298 |
| 21:00 | 1649 | 2016 | 891 | 1401 | 1370 | 3362 | 828 | 430 | 7156 | 652 | 1955 | 21710 |
| 22:00 | 1527 | 1856 | 839 | 1297 | 1246 | 3090 | 756 | 395 | 6865 | 633 | 1860 | 20364 |
| 23:00 | 1398 | 1720 | 762 | 1186 | 1118 | 2772 | 685 | 353 | 6485 | 615 | 1730 | 18824 |

07/01/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1310 | 1610 | 704 | 1120 | 1008 | 2486 | 624 | 310 | 6152 | 608 | 1628 | 17560 |
| 01:00 | 1237 | 1515 | 663 | 1055 | 934 | 2299 | 582 | 281 | 5853 | 599 | 1542 | 16560 |
| 02:00 | 1190 | 1451 | 632 | 1009 | 887 | 2172 | 559 | 265 | 5637 | 592 | 1479 | 15873 |
| 03:00 | 1166 | 1417 | 608 | 972 | 857 | 2096 | 552 | 256 | 5498 | 588 | 1437 | 15447 |
| 04:00 | 1169 | 1423 | 599 | 965 | 846 | 2075 | 560 | 253 | 5444 | 592 | 1434 | 15360 |
| 05:00 | 1193 | 1478 | 604 | 987 | 846 | 2101 | 586 | 258 | 5588 | 600 | 1471 | 15712 |
| 06:00 | 1267 | 1571 | 650 | 1029 | 875 | 2173 | 635 | 273 | 6015 | 617 | 1555 | 16660 |
| 07:00 | 1364 | 1698 | 722 | 1111 | 948 | 2389 | 697 | 299 | 6558 | 641 | 1692 | 18119 |
| 08:00 | 1435 | 1795 | 787 | 1184 | 1013 | 2661 | 749 | 329 | 7061 | 654 | 1841 | 19509 |
| 09:00 | 1496 | 1859 | 848 | 1255 | 1077 | 2912 | 778 | 365 | 7489 | 659 | 1950 | 20688 |
| 10:00 | 1553 | 1933 | 901 | 1337 | 1163 | 3119 | 819 | 396 | 7801 | 669 | 2036 | 21727 |
| 11:00 | 1634 | 2014 | 949 | 1426 | 1280 | 3335 | 855 | 426 | 8021 | 673 | 2130 | 22743 |
| 12:00 | 1701 | 2098 | 998 | 1508 | 1393 | 3549 | 874 | 456 | 8240 | 679 | 2191 | 23687 |
| 13:00 | 1778 | 2177 | 1047 | 1576 | 1507 | 3793 | 896 | 489 | 8450 | 686 | 2260 | 24659 |
| 14:00 | 1849 | 2236 | 1082 | 1624 | 1584 | 3894 | 922 | 512 | 8590 | 688 | 2267 | 25248 |
| 15:00 | 1926 | 2283 | 1116 | 1650 | 1649 | 4024 | 942 | 534 | 8682 | 686 | 2256 | 25748 |
| 16:00 | 1983 | 2325 | 1133 | 1665 | 1718 | 4098 | 973 | 557 | 8742 | 685 | 2267 | 26146 |
| 17:00 | 2038 | 2341 | 1133 | 1677 | 1785 | 4103 | 987 | 561 | 8685 | 683 | 2252 | 26245 |
| 18:00 | 2032 | 2345 | 1103 | 1668 | 1797 | 3998 | 986 | 545 | 8378 | 685 | 2202 | 25739 |
| 19:00 | 1992 | 2316 | 1052 | 1641 | 1755 | 3779 | 984 | 521 | 8080 | 681 | 2120 | 24921 |
| 20:00 | 1923 | 2242 | 1011 | 1583 | 1678 | 3593 | 969 | 497 | 7883 | 677 | 2037 | 24093 |
| 21:00 | 1866 | 2149 | 980 | 1513 | 1581 | 3440 | 923 | 477 | 7737 | 669 | 1990 | 23325 |
| 22:00 | 1743 | 1984 | 929 | 1402 | 1453 | 3192 | 841 | 443 | 7435 | 653 | 1901 | 21976 |
| 23:00 | 1613 | 1837 | 855 | 1285 | 1320 | 2906 | 754 | 401 | 7064 | 637 | 1771 | 20443 |

07/02/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1493 | 1709 | 792 | 1187 | 1205 | 2644 | 681 | 358 | 6629 | 624 | 1668 | 18990 |
| 01:00 | 1423 | 1615 | 752 | 1123 | 1122 | 2442 | 648 | 333 | 6302 | 613 | 1593 | 17966 |
| 02:00 | 1361 | 1542 | 716 | 1073 | 1061 | 2304 | 623 | 316 | 6062 | 605 | 1527 | 17190 |
| 03:00 | 1326 | 1505 | 688 | 1033 | 1023 | 2208 | 608 | 303 | 5894 | 600 | 1486 | 16674 |
| 04:00 | 1299 | 1494 | 673 | 1010 | 1002 | 2159 | 604 | 296 | 5774 | 596 | 1464 | 16371 |
| 05:00 | 1293 | 1502 | 668 | 1003 | 993 | 2141 | 608 | 293 | 5732 | 597 | 1452 | 16282 |
| 06:00 | 1320 | 1541 | 685 | 1009 | 1013 | 2216 | 636 | 292 | 5877 | 598 | 1461 | 16648 |
| 07:00 | 1394 | 1591 | 722 | 1025 | 1055 | 2430 | 678 | 310 | 6181 | 612 | 1518 | 17516 |
| 08:00 | 1469 | 1648 | 772 | 1064 | 1107 | 2749 | 712 | 341 | 6525 | 620 | 1587 | 18594 |
| 09:00 | 1539 | 1692 | 814 | 1110 | 1165 | 3041 | 721 | 371 | 6870 | 627 | 1640 | 19590 |
| 10:00 | 1599 | 1716 | 854 | 1150 | 1233 | 3316 | 722 | 398 | 7172 | 634 | 1679 | 20473 |
| 11:00 | 1622 | 1734 | 873 | 1190 | 1293 | 3537 | 717 | 416 | 7375 | 635 | 1680 | 21072 |
| 12:00 | 1631 | 1756 | 888 | 1220 | 1329 | 3677 | 711 | 430 | 7519 | 638 | 1684 | 21483 |
| 13:00 | 1625 | 1753 | 886 | 1242 | 1352 | 3741 | 699 | 435 | 7552 | 638 | 1700 | 21623 |
| 14:00 | 1617 | 1735 | 883 | 1238 | 1348 | 3752 | 689 | 434 | 7540 | 640 | 1686 | 21562 |
| 15:00 | 1618 | 1717 | 877 | 1219 | 1360 | 3728 | 685 | 427 | 7478 | 646 | 1700 | 21455 |
| 16:00 | 1633 | 1759 | 873 | 1252 | 1389 | 3694 | 694 | 430 | 7403 | 649 | 1748 | 21524 |
| 17:00 | 1670 | 1813 | 872 | 1295 | 1412 | 3639 | 720 | 430 | 7348 | 652 | 1788 | 21639 |
| 18:00 | 1680 | 1856 | 861 | 1315 | 1407 | 3493 | 739 | 423 | 7241 | 661 | 1789 | 21465 |
| 19:00 | 1665 | 1864 | 838 | 1303 | 1372 | 3361 | 749 | 406 | 7085 | 661 | 1767 | 21071 |
| 20:00 | 1632 | 1806 | 816 | 1252 | 1319 | 3190 | 751 | 384 | 6936 | 656 | 1738 | 20480 |
| 21:00 | 1590 | 1755 | 801 | 1215 | 1271 | 3066 | 736 | 367 | 6830 | 656 | 1711 | 19998 |
| 22:00 | 1491 | 1655 | 767 | 1145 | 1186 | 2876 | 691 | 348 | 6600 | 640 | 1653 | 19052 |
| 23:00 | 1380 | 1565 | 724 | 1075 | 1094 | 2664 | 638 | 322 | 6318 | 626 | 1577 | 17983 |

07/03/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1321 | 1509 | 711 | 1007 | 1026 | 2545 | 613 | 319 | 6208 | 610 | 1511 | 17380 |
| 01:00 | 1259 | 1437 | 672 | 952 | 957 | 2368 | 588 | 296 | 5940 | 598 | 1451 | 16518 |
| 02:00 | 1208 | 1378 | 636 | 913 | 904 | 2235 | 565 | 280 | 5722 | 593 | 1397 | 15831 |
| 03:00 | 1179 | 1349 | 607 | 883 | 871 | 2138 | 553 | 265 | 5558 | 586 | 1364 | 15353 |
| 04:00 | 1154 | 1331 | 591 | 863 | 850 | 2082 | 545 | 257 | 5428 | 585 | 1344 | 15030 |
| 05:00 | 1128 | 1316 | 577 | 844 | 830 | 2035 | 538 | 251 | 5332 | 582 | 1316 | 14749 |
| 06:00 | 1109 | 1309 | 580 | 826 | 823 | 2010 | 535 | 246 | 5353 | 581 | 1296 | 14668 |
| 07:00 | 1128 | 1316 | 598 | 830 | 840 | 2107 | 543 | 260 | 5505 | 590 | 1316 | 15033 |
| 08:00 | 1152 | 1339 | 632 | 860 | 862 | 2310 | 568 | 286 | 5730 | 598 | 1380 | 15717 |
| 09:00 | 1175 | 1373 | 664 | 903 | 894 | 2505 | 581 | 315 | 6003 | 608 | 1433 | 16454 |
| 10:00 | 1199 | 1402 | 704 | 942 | 947 | 2730 | 589 | 343 | 6280 | 612 | 1467 | 17215 |
| 11:00 | 1228 | 1441 | 734 | 986 | 1014 | 2910 | 596 | 365 | 6485 | 613 | 1487 | 17859 |
| 12:00 | 1263 | 1490 | 762 | 1027 | 1072 | 3086 | 600 | 385 | 6611 | 619 | 1519 | 18434 |
| 13:00 | 1299 | 1527 | 779 | 1062 | 1121 | 3206 | 600 | 401 | 6700 | 621 | 1553 | 18869 |
| 14:00 | 1312 | 1532 | 799 | 1075 | 1149 | 3268 | 591 | 414 | 6767 | 617 | 1526 | 19050 |
| 15:00 | 1384 | 1576 | 823 | 1080 | 1216 | 3362 | 607 | 424 | 6829 | 625 | 1564 | 19490 |
| 16:00 | 1476 | 1667 | 854 | 1131 | 1311 | 3452 | 641 | 444 | 6870 | 636 | 1639 | 20121 |
| 17:00 | 1568 | 1761 | 869 | 1193 | 1389 | 3511 | 690 | 455 | 6911 | 645 | 1708 | 20700 |
| 18:00 | 1609 | 1827 | 862 | 1211 | 1405 | 3439 | 725 | 445 | 6864 | 652 | 1714 | 20753 |
| 19:00 | 1610 | 1851 | 839 | 1215 | 1385 | 3327 | 748 | 425 | 6772 | 652 | 1712 | 20536 |
| 20:00 | 1594 | 1810 | 820 | 1182 | 1322 | 3201 | 751 | 404 | 6677 | 646 | 1687 | 20094 |
| 21:00 | 1554 | 1763 | 810 | 1155 | 1254 | 3094 | 733 | 387 | 6653 | 645 | 1665 | 19713 |
| 22:00 | 1451 | 1659 | 766 | 1089 | 1146 | 2876 | 682 | 359 | 6466 | 631 | 1611 | 18736 |
| 23:00 | 1335 | 1555 | 710 | 1016 | 1040 | 2618 | 627 | 323 | 6167 | 615 | 1538 | 17544 |

07/04/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1215 | 1394 | 651 | 921 | 945 | 2379 | 559 | 303 | 5776 | 587 | 1393 | 16123 |
| 01:00 | 1141 | 1303 | 608 | 863 | 873 | 2187 | 515 | 271 | 5502 | 575 | 1324 | 15162 |
| 02:00 | 1093 | 1257 | 576 | 829 | 829 | 2062 | 491 | 253 | 5302 | 567 | 1277 | 14536 |
| 03:00 | 1069 | 1231 | 553 | 799 | 794 | 1977 | 483 | 245 | 5150 | 570 | 1246 | 14117 |
| 04:00 | 1057 | 1220 | 541 | 785 | 781 | 1931 | 482 | 238 | 5037 | 568 | 1238 | 13878 |
| 05:00 | 1036 | 1229 | 533 | 786 | 764 | 1892 | 484 | 236 | 5013 | 567 | 1235 | 13775 |
| 06:00 | 1037 | 1239 | 544 | 783 | 765 | 1864 | 494 | 230 | 5109 | 571 | 1238 | 13874 |
| 07:00 | 1070 | 1269 | 566 | 796 | 794 | 1967 | 525 | 249 | 5322 | 580 | 1279 | 14417 |
| 08:00 | 1112 | 1316 | 594 | 823 | 823 | 2168 | 566 | 275 | 5540 | 594 | 1358 | 15169 |
| 09:00 | 1162 | 1365 | 620 | 862 | 865 | 2387 | 600 | 304 | 5757 | 608 | 1436 | 15966 |
| 10:00 | 1201 | 1414 | 655 | 915 | 912 | 2545 | 625 | 330 | 5979 | 620 | 1509 | 16705 |
| 11:00 | 1248 | 1475 | 689 | 973 | 973 | 2705 | 629 | 353 | 6137 | 628 | 1565 | 17375 |
| 12:00 | 1294 | 1533 | 721 | 1039 | 1038 | 2867 | 639 | 374 | 6263 | 632 | 1614 | 18014 |
| 13:00 | 1322 | 1574 | 755 | 1086 | 1089 | 3068 | 650 | 394 | 6400 | 625 | 1654 | 18617 |
| 14:00 | 1373 | 1623 | 782 | 1136 | 1142 | 3200 | 676 | 411 | 6485 | 619 | 1675 | 19122 |
| 15:00 | 1443 | 1699 | 804 | 1175 | 1215 | 3335 | 708 | 426 | 6526 | 629 | 1707 | 19667 |
| 16:00 | 1530 | 1787 | 828 | 1220 | 1302 | 3408 | 750 | 445 | 6592 | 638 | 1778 | 20278 |
| 17:00 | 1606 | 1874 | 839 | 1261 | 1367 | 3415 | 790 | 452 | 6612 | 644 | 1824 | 20684 |
| 18:00 | 1630 | 1940 | 827 | 1296 | 1375 | 3306 | 805 | 438 | 6545 | 648 | 1825 | 20635 |
| 19:00 | 1607 | 1949 | 805 | 1293 | 1358 | 3151 | 812 | 418 | 6426 | 644 | 1796 | 20259 |
| 20:00 | 1557 | 1886 | 783 | 1255 | 1293 | 3025 | 801 | 401 | 6356 | 637 | 1745 | 19739 |
| 21:00 | 1490 | 1809 | 763 | 1202 | 1213 | 2913 | 766 | 385 | 6325 | 630 | 1688 | 19184 |
| 22:00 | 1406 | 1691 | 737 | 1125 | 1134 | 2753 | 719 | 360 | 6233 | 609 | 1630 | 18397 |
| 23:00 | 1315 | 1598 | 691 | 1065 | 1045 | 2529 | 661 | 329 | 6040 | 605 | 1578 | 17456 |

07/05/2022

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1205 | 1487 | 633 | 1031 | 928 | 2255 | 581 | 286 | 5746 | 600 | 1518 | 16270 |
| 01:00 | 1139 | 1404 | 596 | 982 | 863 | 2097 | 546 | 259 | 5484 | 592 | 1452 | 15414 |
| 02:00 | 1099 | 1355 | 571 | 948 | 824 | 1995 | 527 | 245 | 5309 | 588 | 1404 | 14865 |
| 03:00 | 1082 | 1333 | 551 | 921 | 801 | 1936 | 520 | 236 | 5188 | 586 | 1372 | 14526 |
| 04:00 | 1090 | 1349 | 545 | 919 | 796 | 1932 | 532 | 234 | 5144 | 591 | 1374 | 14506 |
| 05:00 | 1118 | 1401 | 554 | 942 | 805 | 1972 | 558 | 241 | 5276 | 599 | 1414 | 14880 |
| 06:00 | 1178 | 1485 | 595 | 987 | 842 | 2069 | 604 | 259 | 5664 | 603 | 1503 | 15789 |
| 07:00 | 1263 | 1596 | 649 | 1062 | 906 | 2285 | 670 | 277 | 6128 | 614 | 1622 | 17072 |
| 08:00 | 1313 | 1665 | 693 | 1122 | 952 | 2541 | 707 | 294 | 6546 | 618 | 1750 | 18201 |
| 09:00 | 1343 | 1704 | 726 | 1181 | 982 | 2772 | 715 | 312 | 6868 | 627 | 1832 | 19062 |
| 10:00 | 1376 | 1750 | 752 | 1229 | 1022 | 2958 | 733 | 327 | 7091 | 630 | 1893 | 19761 |
| 11:00 | 1425 | 1797 | 785 | 1277 | 1091 | 3167 | 753 | 345 | 7256 | 629 | 1943 | 20468 |
| 12:00 | 1463 | 1846 | 818 | 1311 | 1161 | 3383 | 756 | 365 | 7431 | 635 | 1968 | 21137 |
| 13:00 | 1506 | 1895 | 853 | 1348 | 1229 | 3629 | 768 | 389 | 7614 | 637 | 2000 | 21868 |
| 14:00 | 1556 | 1908 | 885 | 1368 | 1286 | 3768 | 782 | 405 | 7743 | 643 | 1987 | 22331 |
| 15:00 | 1605 | 1918 | 906 | 1378 | 1348 | 3869 | 789 | 423 | 7798 | 645 | 1959 | 22638 |
| 16:00 | 1656 | 1938 | 924 | 1388 | 1402 | 3900 | 811 | 443 | 7888 | 644 | 1973 | 22967 |
| 17:00 | 1701 | 1954 | 924 | 1395 | 1436 | 3871 | 820 | 451 | 7861 | 643 | 1967 | 23023 |
| 18:00 | 1706 | 1968 | 905 | 1403 | 1435 | 3749 | 812 | 443 | 7604 | 644 | 1933 | 22602 |
| 19:00 | 1665 | 1946 | 866 | 1394 | 1399 | 3501 | 807 | 423 | 7338 | 646 | 1866 | 21851 |
| 20:00 | 1610 | 1897 | 833 | 1356 | 1343 | 3330 | 801 | 402 | 7179 | 643 | 1816 | 21210 |
| 21:00 | 1558 | 1822 | 811 | 1309 | 1271 | 3196 | 769 | 386 | 7044 | 640 | 1775 | 20581 |
| 22:00 | 1438 | 1677 | 766 | 1211 | 1156 | 2942 | 700 | 355 | 6738 | 624 | 1697 | 19304 |
| 23:00 | 1317 | 1559 | 700 | 1113 | 1042 | 2653 | 633 | 318 | 6347 | 609 | 1586 | 17877 |