

ISO Load Forecast

[03/27/2021](#)
[03/28/2021](#)
[03/29/2021](#)
[03/30/2021](#)
[03/31/2021](#)
[04/01/2021](#)
[03/27/2021](#)

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 982 | 1377 | 470 | 850 | 764 | 1648 | 566 | 237 | 4287 | 541 | 1372 | 13094 |
| 01:00 | 954 | 1358 | 453 | 827 | 731 | 1558 | 554 | 227 | 4089 | 541 | 1334 | 12626 |
| 02:00 | 938 | 1347 | 439 | 812 | 713 | 1511 | 547 | 224 | 3958 | 540 | 1309 | 12338 |
| 03:00 | 939 | 1343 | 430 | 814 | 705 | 1481 | 550 | 222 | 3874 | 538 | 1300 | 12196 |
| 04:00 | 958 | 1357 | 430 | 828 | 713 | 1495 | 561 | 223 | 3850 | 536 | 1314 | 12265 |
| 05:00 | 991 | 1393 | 437 | 854 | 738 | 1535 | 586 | 229 | 3905 | 548 | 1346 | 12562 |
| 06:00 | 1043 | 1453 | 452 | 902 | 784 | 1624 | 627 | 239 | 4033 | 559 | 1400 | 13116 |
| 07:00 | 1098 | 1507 | 471 | 938 | 815 | 1696 | 659 | 256 | 4205 | 590 | 1447 | 13682 |
| 08:00 | 1112 | 1533 | 491 | 964 | 814 | 1720 | 667 | 266 | 4417 | 605 | 1498 | 14087 |
| 09:00 | 1073 | 1512 | 501 | 957 | 781 | 1697 | 656 | 268 | 4584 | 607 | 1515 | 14151 |
| 10:00 | 1021 | 1477 | 503 | 947 | 737 | 1649 | 636 | 265 | 4710 | 603 | 1518 | 14066 |
| 11:00 | 977 | 1444 | 503 | 932 | 706 | 1590 | 615 | 265 | 4781 | 602 | 1505 | 13920 |
| 12:00 | 931 | 1410 | 498 | 908 | 681 | 1545 | 591 | 260 | 4805 | 592 | 1480 | 13701 |
| 13:00 | 891 | 1373 | 489 | 879 | 664 | 1507 | 568 | 255 | 4784 | 586 | 1448 | 13444 |
| 14:00 | 862 | 1333 | 485 | 855 | 650 | 1500 | 547 | 251 | 4753 | 576 | 1412 | 13224 |
| 15:00 | 857 | 1314 | 477 | 844 | 662 | 1518 | 534 | 248 | 4715 | 574 | 1375 | 13118 |
| 16:00 | 902 | 1324 | 479 | 847 | 708 | 1578 | 541 | 249 | 4713 | 572 | 1370 | 13283 |
| 17:00 | 1007 | 1381 | 501 | 878 | 796 | 1715 | 573 | 264 | 4763 | 581 | 1389 | 13848 |
| 18:00 | 1102 | 1443 | 515 | 929 | 857 | 1858 | 617 | 274 | 4817 | 585 | 1431 | 14428 |
| 19:00 | 1143 | 1481 | 538 | 953 | 917 | 1984 | 651 | 286 | 4908 | 604 | 1451 | 14916 |
| 20:00 | 1142 | 1510 | 542 | 978 | 923 | 1996 | 663 | 288 | 4892 | 608 | 1493 | 15035 |
| 21:00 | 1109 | 1475 | 535 | 947 | 902 | 1938 | 638 | 279 | 4819 | 593 | 1472 | 14707 |
| 22:00 | 1062 | 1432 | 515 | 904 | 855 | 1842 | 602 | 266 | 4658 | 579 | 1420 | 14135 |
| 23:00 | 1012 | 1385 | 492 | 862 | 804 | 1727 | 572 | 253 | 4442 | 561 | 1364 | 13474 |

03/28/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 976 | 1350 | 471 | 821 | 760 | 1628 | 547 | 233 | 4257 | 543 | 1316 | 12902 |
| 01:00 | 945 | 1315 | 452 | 796 | 725 | 1544 | 528 | 220 | 4073 | 537 | 1278 | 12413 |
| 02:00 | 929 | 1297 | 438 | 779 | 704 | 1497 | 514 | 214 | 3942 | 534 | 1260 | 12108 |
| 03:00 | 929 | 1293 | 428 | 780 | 694 | 1471 | 515 | 212 | 3866 | 533 | 1249 | 11970 |
| 04:00 | 943 | 1300 | 426 | 789 | 698 | 1478 | 519 | 212 | 3827 | 536 | 1254 | 11982 |
| 05:00 | 969 | 1323 | 429 | 806 | 718 | 1504 | 538 | 217 | 3866 | 541 | 1272 | 12183 |
| 06:00 | 1010 | 1374 | 440 | 840 | 755 | 1551 | 563 | 226 | 3956 | 552 | 1296 | 12563 |
| 07:00 | 1053 | 1418 | 452 | 867 | 790 | 1599 | 590 | 241 | 4067 | 574 | 1317 | 12968 |
| 08:00 | 1093 | 1466 | 482 | 903 | 830 | 1678 | 632 | 260 | 4288 | 600 | 1365 | 13597 |
| 09:00 | 1110 | 1475 | 517 | 908 | 866 | 1760 | 642 | 275 | 4500 | 601 | 1388 | 14042 |
| 10:00 | 1127 | 1472 | 539 | 921 | 886 | 1823 | 642 | 285 | 4692 | 600 | 1408 | 14395 |
| 11:00 | 1149 | 1478 | 560 | 927 | 910 | 1851 | 640 | 293 | 4822 | 596 | 1419 | 14645 |
| 12:00 | 1156 | 1475 | 566 | 925 | 916 | 1872 | 634 | 303 | 4890 | 589 | 1423 | 14749 |
| 13:00 | 1139 | 1450 | 563 | 910 | 906 | 1866 | 619 | 301 | 4910 | 581 | 1418 | 14663 |
| 14:00 | 1117 | 1413 | 554 | 894 | 876 | 1850 | 601 | 286 | 4899 | 575 | 1398 | 14463 |
| 15:00 | 1088 | 1388 | 538 | 888 | 855 | 1832 | 583 | 282 | 4875 | 572 | 1372 | 14273 |
| 16:00 | 1083 | 1388 | 533 | 899 | 854 | 1836 | 578 | 277 | 4864 | 579 | 1376 | 14267 |
| 17:00 | 1130 | 1443 | 541 | 934 | 899 | 1912 | 607 | 285 | 4896 | 596 | 1411 | 14654 |
| 18:00 | 1180 | 1514 | 556 | 970 | 944 | 2002 | 646 | 294 | 4961 | 598 | 1437 | 15102 |
| 19:00 | 1224 | 1572 | 575 | 1013 | 993 | 2106 | 684 | 309 | 5069 | 610 | 1484 | 15639 |
| 20:00 | 1190 | 1591 | 576 | 1027 | 979 | 2081 | 673 | 308 | 5030 | 607 | 1520 | 15582 |
| 21:00 | 1125 | 1524 | 556 | 983 | 931 | 1988 | 631 | 290 | 4925 | 590 | 1486 | 15029 |
| 22:00 | 1051 | 1459 | 520 | 929 | 863 | 1846 | 587 | 265 | 4700 | 571 | 1435 | 14226 |
| 23:00 | 985 | 1410 | 484 | 884 | 800 | 1695 | 555 | 243 | 4407 | 550 | 1392 | 13405 |

03/29/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 967 | 1384 | 456 | 858 | 766 | 1588 | 554 | 215 | 4174 | 541 | 1370 | 12873 |
| 01:00 | 944 | 1372 | 442 | 844 | 737 | 1514 | 551 | 208 | 3997 | 545 | 1350 | 12504 |
| 02:00 | 937 | 1368 | 435 | 841 | 726 | 1475 | 551 | 206 | 3888 | 548 | 1340 | 12315 |
| 03:00 | 948 | 1380 | 427 | 850 | 725 | 1467 | 559 | 207 | 3835 | 553 | 1345 | 12296 |
| 04:00 | 984 | 1424 | 433 | 884 | 742 | 1507 | 592 | 216 | 3864 | 560 | 1373 | 12579 |
| 05:00 | 1073 | 1516 | 454 | 949 | 802 | 1625 | 659 | 237 | 4074 | 577 | 1456 | 13422 |
| 06:00 | 1212 | 1677 | 497 | 1044 | 893 | 1804 | 752 | 271 | 4478 | 611 | 1583 | 14822 |
| 07:00 | 1299 | 1763 | 549 | 1104 | 956 | 1941 | 806 | 298 | 4890 | 642 | 1663 | 15911 |
| 08:00 | 1284 | 1748 | 571 | 1113 | 956 | 1961 | 808 | 307 | 5216 | 642 | 1696 | 16302 |
| 09:00 | 1212 | 1698 | 573 | 1087 | 913 | 1885 | 776 | 299 | 5375 | 634 | 1696 | 16148 |
| 10:00 | 1130 | 1660 | 575 | 1063 | 854 | 1778 | 745 | 293 | 5422 | 624 | 1691 | 15835 |
| 11:00 | 1077 | 1629 | 559 | 1045 | 807 | 1690 | 713 | 290 | 5443 | 617 | 1673 | 15543 |
| 12:00 | 1040 | 1592 | 546 | 1022 | 765 | 1636 | 687 | 284 | 5426 | 607 | 1629 | 15234 |
| 13:00 | 1020 | 1567 | 527 | 1001 | 747 | 1615 | 666 | 275 | 5406 | 602 | 1612 | 15038 |
| 14:00 | 995 | 1531 | 520 | 982 | 732 | 1613 | 643 | 271 | 5378 | 598 | 1577 | 14840 |
| 15:00 | 1002 | 1516 | 525 | 981 | 753 | 1652 | 632 | 274 | 5365 | 595 | 1543 | 14838 |
| 16:00 | 1075 | 1546 | 537 | 986 | 819 | 1751 | 657 | 282 | 5400 | 603 | 1542 | 15198 |
| 17:00 | 1213 | 1607 | 559 | 1023 | 922 | 1943 | 706 | 305 | 5457 | 614 | 1565 | 15914 |
| 18:00 | 1318 | 1663 | 585 | 1051 | 1009 | 2125 | 750 | 328 | 5415 | 619 | 1581 | 16444 |
| 19:00 | 1360 | 1705 | 594 | 1084 | 1058 | 2250 | 792 | 341 | 5419 | 631 | 1617 | 16851 |
| 20:00 | 1331 | 1708 | 596 | 1104 | 1049 | 2230 | 796 | 338 | 5308 | 637 | 1660 | 16757 |
| 21:00 | 1263 | 1645 | 574 | 1056 | 1003 | 2121 | 759 | 318 | 5132 | 623 | 1618 | 16112 |
| 22:00 | 1177 | 1557 | 527 | 988 | 930 | 1962 | 705 | 292 | 4855 | 601 | 1547 | 15141 |
| 23:00 | 1100 | 1487 | 495 | 938 | 865 | 1793 | 655 | 267 | 4546 | 580 | 1471 | 14197 |

03/30/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1058 | 1490 | 480 | 909 | 826 | 1687 | 632 | 240 | 4308 | 572 | 1436 | 13638 |
| 01:00 | 1029 | 1471 | 467 | 887 | 796 | 1619 | 619 | 233 | 4137 | 573 | 1406 | 13237 |
| 02:00 | 1020 | 1458 | 460 | 878 | 784 | 1581 | 614 | 230 | 4029 | 572 | 1389 | 13015 |
| 03:00 | 1028 | 1457 | 452 | 880 | 783 | 1573 | 613 | 232 | 3977 | 572 | 1383 | 12950 |
| 04:00 | 1064 | 1487 | 458 | 907 | 800 | 1615 | 635 | 241 | 4000 | 580 | 1406 | 13193 |
| 05:00 | 1149 | 1561 | 477 | 962 | 862 | 1729 | 685 | 261 | 4200 | 591 | 1475 | 13952 |
| 06:00 | 1282 | 1693 | 520 | 1038 | 948 | 1889 | 762 | 294 | 4574 | 614 | 1591 | 15205 |
| 07:00 | 1349 | 1750 | 562 | 1081 | 997 | 2006 | 795 | 315 | 4954 | 632 | 1652 | 16093 |
| 08:00 | 1305 | 1714 | 580 | 1083 | 980 | 2006 | 787 | 317 | 5236 | 630 | 1659 | 16297 |
| 09:00 | 1202 | 1645 | 579 | 1045 | 923 | 1934 | 739 | 304 | 5364 | 619 | 1634 | 15988 |
| 10:00 | 1108 | 1592 | 578 | 1015 | 857 | 1833 | 701 | 295 | 5386 | 607 | 1622 | 15594 |
| 11:00 | 1054 | 1555 | 560 | 1002 | 815 | 1754 | 671 | 288 | 5391 | 599 | 1609 | 15298 |
| 12:00 | 1021 | 1522 | 546 | 982 | 783 | 1715 | 644 | 281 | 5377 | 593 | 1588 | 15052 |
| 13:00 | 1006 | 1505 | 530 | 970 | 774 | 1699 | 627 | 275 | 5358 | 584 | 1589 | 14917 |
| 14:00 | 981 | 1480 | 526 | 950 | 771 | 1718 | 605 | 270 | 5335 | 580 | 1553 | 14769 |
| 15:00 | 992 | 1471 | 529 | 947 | 787 | 1757 | 595 | 273 | 5329 | 570 | 1523 | 14773 |
| 16:00 | 1056 | 1488 | 539 | 951 | 839 | 1838 | 612 | 281 | 5354 | 560 | 1523 | 15041 |
| 17:00 | 1176 | 1547 | 560 | 991 | 931 | 2001 | 657 | 302 | 5401 | 565 | 1540 | 15671 |
| 18:00 | 1258 | 1593 | 579 | 1010 | 1004 | 2144 | 696 | 321 | 5355 | 568 | 1536 | 16064 |
| 19:00 | 1301 | 1626 | 588 | 1035 | 1052 | 2247 | 727 | 335 | 5370 | 588 | 1567 | 16436 |
| 20:00 | 1275 | 1626 | 587 | 1050 | 1043 | 2227 | 723 | 330 | 5268 | 595 | 1599 | 16323 |
| 21:00 | 1205 | 1566 | 565 | 1002 | 995 | 2122 | 684 | 310 | 5093 | 582 | 1547 | 15671 |
| 22:00 | 1116 | 1485 | 518 | 936 | 916 | 1961 | 633 | 281 | 4821 | 567 | 1476 | 14710 |
| 23:00 | 1038 | 1414 | 485 | 889 | 843 | 1789 | 589 | 254 | 4510 | 550 | 1403 | 13764 |

03/31/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1023 | 1386 | 474 | 860 | 805 | 1656 | 580 | 233 | 4283 | 539 | 1365 | 13204 |
| 01:00 | 997 | 1359 | 461 | 837 | 777 | 1581 | 568 | 227 | 4107 | 544 | 1333 | 12791 |
| 02:00 | 986 | 1343 | 457 | 826 | 765 | 1540 | 561 | 225 | 3997 | 543 | 1316 | 12559 |
| 03:00 | 991 | 1345 | 449 | 827 | 763 | 1531 | 561 | 226 | 3948 | 540 | 1308 | 12489 |
| 04:00 | 1026 | 1381 | 454 | 857 | 779 | 1569 | 585 | 233 | 3968 | 550 | 1323 | 12725 |
| 05:00 | 1109 | 1482 | 472 | 917 | 837 | 1683 | 640 | 253 | 4163 | 562 | 1393 | 13511 |
| 06:00 | 1248 | 1641 | 511 | 1003 | 925 | 1857 | 724 | 286 | 4550 | 591 | 1507 | 14843 |
| 07:00 | 1325 | 1718 | 559 | 1058 | 983 | 1993 | 768 | 311 | 4945 | 618 | 1579 | 15857 |
| 08:00 | 1317 | 1706 | 585 | 1075 | 997 | 2045 | 775 | 318 | 5265 | 620 | 1617 | 16320 |
| 09:00 | 1255 | 1661 | 594 | 1059 | 976 | 2025 | 745 | 315 | 5420 | 604 | 1625 | 16279 |
| 10:00 | 1193 | 1631 | 598 | 1044 | 945 | 1973 | 722 | 309 | 5463 | 590 | 1631 | 16099 |
| 11:00 | 1156 | 1599 | 587 | 1039 | 926 | 1923 | 698 | 305 | 5492 | 582 | 1628 | 15935 |
| 12:00 | 1121 | 1570 | 583 | 1024 | 899 | 1891 | 679 | 300 | 5488 | 574 | 1607 | 15736 |
| 13:00 | 1101 | 1554 | 568 | 1011 | 894 | 1867 | 667 | 294 | 5468 | 570 | 1602 | 15596 |
| 14:00 | 1080 | 1526 | 558 | 994 | 880 | 1861 | 644 | 288 | 5442 | 569 | 1573 | 15415 |
| 15:00 | 1089 | 1519 | 559 | 991 | 881 | 1874 | 634 | 291 | 5432 | 571 | 1539 | 15380 |
| 16:00 | 1139 | 1538 | 558 | 987 | 914 | 1923 | 648 | 295 | 5440 | 570 | 1530 | 15542 |
| 17:00 | 1239 | 1599 | 574 | 1021 | 979 | 2044 | 685 | 310 | 5460 | 580 | 1554 | 16045 |
| 18:00 | 1291 | 1640 | 582 | 1043 | 1023 | 2161 | 711 | 322 | 5406 | 578 | 1575 | 16332 |
| 19:00 | 1322 | 1661 | 583 | 1056 | 1053 | 2236 | 741 | 330 | 5380 | 595 | 1592 | 16549 |
| 20:00 | 1284 | 1653 | 574 | 1061 | 1030 | 2194 | 729 | 320 | 5261 | 601 | 1617 | 16324 |
| 21:00 | 1210 | 1578 | 551 | 1006 | 978 | 2077 | 683 | 299 | 5080 | 583 | 1561 | 15606 |
| 22:00 | 1117 | 1482 | 508 | 939 | 899 | 1913 | 628 | 269 | 4815 | 561 | 1497 | 14628 |
| 23:00 | 1036 | 1402 | 477 | 891 | 825 | 1742 | 575 | 241 | 4516 | 539 | 1428 | 13672 |

04/01/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 990 | 1389 | 472 | 881 | 782 | 1627 | 546 | 223 | 4282 | 525 | 1392 | 13109 |
| 01:00 | 961 | 1362 | 456 | 863 | 749 | 1557 | 530 | 213 | 4096 | 526 | 1367 | 12680 |
| 02:00 | 946 | 1345 | 450 | 853 | 733 | 1515 | 525 | 209 | 3978 | 528 | 1351 | 12433 |
| 03:00 | 947 | 1350 | 440 | 856 | 727 | 1501 | 527 | 207 | 3924 | 524 | 1350 | 12353 |
| 04:00 | 976 | 1391 | 443 | 889 | 739 | 1538 | 554 | 211 | 3946 | 536 | 1376 | 12599 |
| 05:00 | 1050 | 1491 | 456 | 948 | 789 | 1644 | 609 | 224 | 4133 | 548 | 1449 | 13341 |
| 06:00 | 1161 | 1658 | 495 | 1035 | 863 | 1782 | 701 | 248 | 4530 | 575 | 1570 | 14618 |
| 07:00 | 1250 | 1752 | 546 | 1087 | 928 | 1913 | 760 | 271 | 4935 | 601 | 1637 | 15680 |
| 08:00 | 1275 | 1767 | 570 | 1114 | 962 | 1979 | 782 | 286 | 5252 | 606 | 1680 | 16273 |
| 09:00 | 1254 | 1747 | 586 | 1106 | 965 | 1976 | 769 | 294 | 5425 | 602 | 1701 | 16425 |
| 10:00 | 1226 | 1738 | 592 | 1106 | 950 | 1953 | 759 | 298 | 5491 | 600 | 1713 | 16426 |
| 11:00 | 1208 | 1731 | 591 | 1105 | 939 | 1908 | 746 | 302 | 5523 | 597 | 1722 | 16372 |
| 12:00 | 1195 | 1702 | 586 | 1089 | 917 | 1885 | 733 | 304 | 5525 | 594 | 1711 | 16241 |
| 13:00 | 1191 | 1693 | 569 | 1076 | 918 | 1875 | 721 | 301 | 5522 | 594 | 1720 | 16180 |
| 14:00 | 1177 | 1671 | 560 | 1063 | 903 | 1878 | 702 | 298 | 5504 | 593 | 1698 | 16047 |
| 15:00 | 1178 | 1663 | 561 | 1062 | 907 | 1891 | 691 | 305 | 5507 | 594 | 1669 | 16028 |
| 16:00 | 1223 | 1683 | 570 | 1065 | 947 | 1947 | 709 | 313 | 5541 | 601 | 1679 | 16278 |
| 17:00 | 1287 | 1707 | 589 | 1083 | 999 | 2049 | 733 | 323 | 5561 | 610 | 1678 | 16619 |
| 18:00 | 1325 | 1742 | 587 | 1085 | 1027 | 2110 | 764 | 328 | 5456 | 615 | 1661 | 16700 |
| 19:00 | 1368 | 1786 | 601 | 1119 | 1071 | 2213 | 805 | 340 | 5469 | 626 | 1698 | 17096 |
| 20:00 | 1351 | 1813 | 609 | 1147 | 1078 | 2246 | 820 | 340 | 5430 | 632 | 1739 | 17205 |
| 21:00 | 1271 | 1728 | 582 | 1099 | 1026 | 2130 | 769 | 320 | 5232 | 609 | 1688 | 16454 |
| 22:00 | 1180 | 1621 | 544 | 1027 | 953 | 1978 | 705 | 296 | 4964 | 588 | 1609 | 15465 |
| 23:00 | 1101 | 1534 | 515 | 973 | 889 | 1825 | 657 | 274 | 4661 | 577 | 1531 | 14537 |