

# ISO Load Forecast

[03/05/2021](#)
[03/06/2021](#)
[03/07/2021](#)
[03/08/2021](#)
[03/09/2021](#)
[03/10/2021](#)
[03/05/2021](#)

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1322   | 1734   | 561    | 1023   | 985    | 2002   | 812    | 312    | 4840   | 663   | 1567 | 15821 |
| 01:00 | 1299   | 1710   | 549    | 1009   | 962    | 1943   | 806    | 308    | 4699   | 658   | 1536 | 15479 |
| 02:00 | 1294   | 1699   | 539    | 1004   | 955    | 1908   | 809    | 307    | 4611   | 659   | 1519 | 15304 |
| 03:00 | 1302   | 1706   | 535    | 1007   | 955    | 1902   | 811    | 310    | 4575   | 656   | 1512 | 15271 |
| 04:00 | 1340   | 1747   | 543    | 1034   | 975    | 1946   | 833    | 316    | 4605   | 664   | 1540 | 15543 |
| 05:00 | 1413   | 1862   | 568    | 1098   | 1032   | 2060   | 882    | 333    | 4803   | 677   | 1606 | 16334 |
| 06:00 | 1523   | 2043   | 618    | 1191   | 1101   | 2225   | 955    | 358    | 5146   | 704   | 1709 | 17573 |
| 07:00 | 1570   | 2122   | 661    | 1240   | 1122   | 2312   | 998    | 378    | 5527   | 734   | 1775 | 18439 |
| 08:00 | 1548   | 2127   | 674    | 1253   | 1089   | 2286   | 999    | 373    | 5786   | 734   | 1801 | 18670 |
| 09:00 | 1504   | 2077   | 673    | 1241   | 1032   | 2203   | 979    | 366    | 5925   | 731   | 1804 | 18535 |
| 10:00 | 1470   | 2041   | 667    | 1229   | 994    | 2123   | 960    | 359    | 5970   | 723   | 1809 | 18345 |
| 11:00 | 1445   | 1999   | 659    | 1215   | 969    | 2066   | 932    | 348    | 5992   | 719   | 1791 | 18135 |
| 12:00 | 1420   | 1948   | 648    | 1187   | 938    | 2021   | 901    | 336    | 5971   | 710   | 1756 | 17836 |
| 13:00 | 1400   | 1898   | 641    | 1166   | 922    | 1999   | 886    | 326    | 5924   | 704   | 1752 | 17618 |
| 14:00 | 1391   | 1863   | 635    | 1144   | 929    | 2012   | 876    | 324    | 5881   | 699   | 1715 | 17469 |
| 15:00 | 1424   | 1859   | 638    | 1132   | 963    | 2102   | 869    | 326    | 5868   | 699   | 1669 | 17549 |
| 16:00 | 1504   | 1893   | 662    | 1142   | 1044   | 2268   | 903    | 343    | 5909   | 706   | 1663 | 18037 |
| 17:00 | 1583   | 1960   | 690    | 1182   | 1147   | 2468   | 952    | 366    | 6019   | 712   | 1684 | 18763 |
| 18:00 | 1620   | 2049   | 725    | 1245   | 1215   | 2625   | 1007   | 389    | 6062   | 729   | 1767 | 19433 |
| 19:00 | 1583   | 2025   | 710    | 1235   | 1197   | 2593   | 978    | 387    | 5948   | 732   | 1779 | 19167 |
| 20:00 | 1531   | 1963   | 691    | 1197   | 1166   | 2509   | 942    | 376    | 5777   | 723   | 1756 | 18631 |
| 21:00 | 1481   | 1887   | 663    | 1149   | 1129   | 2409   | 903    | 362    | 5599   | 705   | 1712 | 17999 |
| 22:00 | 1419   | 1788   | 626    | 1082   | 1071   | 2278   | 854    | 350    | 5368   | 689   | 1641 | 17166 |
| 23:00 | 1350   | 1724   | 592    | 1025   | 1019   | 2139   | 812    | 334    | 5115   | 671   | 1572 | 16353 |

03/06/2021

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1297   | 1682   | 558    | 983    | 981    | 2037   | 776    | 298    | 4826   | 652   | 1482 | 15572 |
| 01:00 | 1275   | 1661   | 558    | 969    | 950    | 1949   | 755    | 287    | 4655   | 646   | 1451 | 15156 |
| 02:00 | 1264   | 1647   | 543    | 962    | 938    | 1905   | 754    | 282    | 4554   | 642   | 1436 | 14927 |
| 03:00 | 1262   | 1644   | 535    | 960    | 936    | 1888   | 754    | 284    | 4492   | 640   | 1427 | 14822 |
| 04:00 | 1286   | 1668   | 535    | 972    | 951    | 1901   | 769    | 284    | 4479   | 639   | 1441 | 14925 |
| 05:00 | 1320   | 1709   | 541    | 1001   | 983    | 1955   | 791    | 292    | 4558   | 652   | 1471 | 15273 |
| 06:00 | 1364   | 1780   | 558    | 1047   | 1002   | 2020   | 827    | 306    | 4689   | 663   | 1511 | 15767 |
| 07:00 | 1401   | 1841   | 574    | 1084   | 1021   | 2088   | 868    | 329    | 4858   | 683   | 1545 | 16292 |
| 08:00 | 1431   | 1914   | 598    | 1146   | 1039   | 2142   | 923    | 345    | 5060   | 694   | 1609 | 16901 |
| 09:00 | 1434   | 1949   | 612    | 1177   | 1041   | 2153   | 945    | 352    | 5226   | 698   | 1648 | 17235 |
| 10:00 | 1434   | 1962   | 618    | 1182   | 1037   | 2145   | 946    | 357    | 5376   | 692   | 1676 | 17425 |
| 11:00 | 1421   | 1956   | 621    | 1187   | 1031   | 2122   | 929    | 349    | 5450   | 688   | 1677 | 17431 |
| 12:00 | 1413   | 1913   | 620    | 1171   | 1016   | 2096   | 905    | 341    | 5456   | 673   | 1656 | 17260 |
| 13:00 | 1400   | 1855   | 612    | 1140   | 1010   | 2070   | 889    | 333    | 5420   | 664   | 1637 | 17030 |
| 14:00 | 1394   | 1812   | 611    | 1105   | 1005   | 2069   | 870    | 331    | 5396   | 661   | 1597 | 16851 |
| 15:00 | 1411   | 1800   | 610    | 1097   | 1024   | 2128   | 866    | 332    | 5395   | 664   | 1557 | 16884 |
| 16:00 | 1466   | 1836   | 623    | 1115   | 1072   | 2250   | 896    | 344    | 5437   | 681   | 1572 | 17292 |
| 17:00 | 1533   | 1895   | 647    | 1154   | 1152   | 2415   | 939    | 363    | 5521   | 694   | 1604 | 17917 |
| 18:00 | 1581   | 1994   | 692    | 1220   | 1226   | 2567   | 1002   | 385    | 5667   | 712   | 1682 | 18728 |
| 19:00 | 1551   | 1976   | 687    | 1211   | 1214   | 2536   | 979    | 376    | 5640   | 713   | 1694 | 18577 |
| 20:00 | 1507   | 1929   | 676    | 1176   | 1183   | 2477   | 942    | 368    | 5562   | 700   | 1672 | 18192 |
| 21:00 | 1470   | 1862   | 656    | 1130   | 1147   | 2392   | 899    | 355    | 5456   | 682   | 1629 | 17678 |
| 22:00 | 1413   | 1765   | 631    | 1072   | 1086   | 2262   | 842    | 338    | 5267   | 666   | 1559 | 16901 |
| 23:00 | 1350   | 1719   | 598    | 1012   | 1028   | 2130   | 797    | 318    | 5057   | 653   | 1509 | 16171 |

03/07/2021

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1291   | 1677   | 557    | 970    | 984    | 2035   | 775    | 296    | 4828   | 639   | 1458 | 15510 |
| 01:00 | 1265   | 1654   | 555    | 956    | 954    | 1944   | 755    | 284    | 4662   | 628   | 1428 | 15085 |
| 02:00 | 1257   | 1640   | 540    | 952    | 942    | 1895   | 753    | 277    | 4553   | 626   | 1416 | 14851 |
| 03:00 | 1257   | 1640   | 532    | 948    | 938    | 1879   | 754    | 280    | 4495   | 630   | 1408 | 14761 |
| 04:00 | 1277   | 1656   | 530    | 954    | 948    | 1883   | 765    | 280    | 4462   | 635   | 1417 | 14807 |
| 05:00 | 1302   | 1679   | 531    | 971    | 973    | 1921   | 778    | 286    | 4514   | 643   | 1433 | 15031 |
| 06:00 | 1330   | 1726   | 542    | 998    | 986    | 1951   | 798    | 297    | 4596   | 651   | 1449 | 15324 |
| 07:00 | 1345   | 1762   | 545    | 1020   | 987    | 1966   | 831    | 313    | 4689   | 659   | 1458 | 15575 |
| 08:00 | 1360   | 1822   | 558    | 1072   | 988    | 1971   | 878    | 325    | 4835   | 673   | 1505 | 15987 |
| 09:00 | 1344   | 1850   | 567    | 1097   | 981    | 1971   | 895    | 327    | 4986   | 674   | 1529 | 16221 |
| 10:00 | 1331   | 1855   | 571    | 1102   | 959    | 1959   | 885    | 329    | 5130   | 666   | 1548 | 16335 |
| 11:00 | 1319   | 1866   | 577    | 1112   | 945    | 1942   | 868    | 321    | 5212   | 654   | 1546 | 16362 |
| 12:00 | 1310   | 1841   | 576    | 1109   | 932    | 1935   | 850    | 312    | 5230   | 642   | 1536 | 16273 |
| 13:00 | 1302   | 1791   | 572    | 1086   | 922    | 1926   | 836    | 304    | 5225   | 631   | 1522 | 16117 |
| 14:00 | 1304   | 1755   | 571    | 1053   | 921    | 1946   | 821    | 302    | 5226   | 630   | 1487 | 16016 |
| 15:00 | 1338   | 1750   | 573    | 1048   | 952    | 2030   | 820    | 304    | 5247   | 633   | 1452 | 16147 |
| 16:00 | 1419   | 1801   | 596    | 1073   | 1026   | 2178   | 855    | 321    | 5315   | 657   | 1473 | 16714 |
| 17:00 | 1512   | 1884   | 631    | 1128   | 1134   | 2376   | 912    | 347    | 5438   | 678   | 1528 | 17568 |
| 18:00 | 1583   | 2004   | 689    | 1209   | 1229   | 2566   | 988    | 378    | 5637   | 700   | 1626 | 18609 |
| 19:00 | 1577   | 2020   | 690    | 1221   | 1229   | 2563   | 980    | 375    | 5651   | 702   | 1657 | 18665 |
| 20:00 | 1523   | 1972   | 682    | 1196   | 1196   | 2511   | 946    | 368    | 5592   | 687   | 1648 | 18321 |
| 21:00 | 1457   | 1893   | 654    | 1141   | 1140   | 2387   | 895    | 349    | 5468   | 667   | 1598 | 17649 |
| 22:00 | 1372   | 1779   | 616    | 1077   | 1064   | 2209   | 836    | 322    | 5221   | 647   | 1527 | 16670 |
| 23:00 | 1296   | 1735   | 574    | 1020   | 1001   | 2044   | 797    | 296    | 4946   | 635   | 1488 | 15832 |

03/08/2021

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1270   | 1749   | 556    | 985    | 971    | 1969   | 792    | 300    | 4805   | 653   | 1505 | 15555 |
| 01:00 | 1249   | 1735   | 544    | 974    | 948    | 1911   | 791    | 296    | 4671   | 651   | 1489 | 15259 |
| 02:00 | 1247   | 1724   | 535    | 973    | 943    | 1881   | 801    | 295    | 4588   | 651   | 1481 | 15119 |
| 03:00 | 1255   | 1730   | 531    | 977    | 944    | 1881   | 804    | 296    | 4557   | 652   | 1477 | 15104 |
| 04:00 | 1292   | 1769   | 539    | 1006   | 964    | 1927   | 822    | 303    | 4594   | 656   | 1507 | 15379 |
| 05:00 | 1375   | 1866   | 565    | 1074   | 1023   | 2042   | 867    | 321    | 4797   | 669   | 1572 | 16171 |
| 06:00 | 1484   | 2018   | 608    | 1164   | 1094   | 2205   | 939    | 353    | 5130   | 696   | 1670 | 17361 |
| 07:00 | 1534   | 2078   | 649    | 1215   | 1119   | 2293   | 976    | 371    | 5509   | 714   | 1738 | 18196 |
| 08:00 | 1503   | 2075   | 660    | 1225   | 1087   | 2260   | 976    | 365    | 5769   | 705   | 1759 | 18384 |
| 09:00 | 1443   | 2017   | 660    | 1195   | 1034   | 2187   | 954    | 351    | 5906   | 695   | 1744 | 18186 |
| 10:00 | 1400   | 1976   | 653    | 1179   | 997    | 2125   | 929    | 344    | 5959   | 683   | 1738 | 17983 |
| 11:00 | 1366   | 1930   | 648    | 1169   | 974    | 2082   | 895    | 333    | 5976   | 677   | 1715 | 17765 |
| 12:00 | 1339   | 1881   | 637    | 1149   | 945    | 2036   | 855    | 324    | 5947   | 668   | 1683 | 17464 |
| 13:00 | 1331   | 1840   | 631    | 1143   | 928    | 2021   | 842    | 313    | 5896   | 663   | 1698 | 17306 |
| 14:00 | 1326   | 1816   | 625    | 1130   | 932    | 2015   | 839    | 311    | 5844   | 662   | 1679 | 17179 |
| 15:00 | 1360   | 1822   | 628    | 1125   | 958    | 2090   | 837    | 313    | 5824   | 661   | 1652 | 17270 |
| 16:00 | 1446   | 1876   | 648    | 1149   | 1035   | 2246   | 871    | 330    | 5876   | 671   | 1659 | 17807 |
| 17:00 | 1532   | 1943   | 672    | 1196   | 1127   | 2433   | 921    | 352    | 5960   | 680   | 1681 | 18497 |
| 18:00 | 1591   | 2015   | 711    | 1245   | 1207   | 2627   | 979    | 379    | 6027   | 690   | 1738 | 19209 |
| 19:00 | 1566   | 2005   | 703    | 1241   | 1198   | 2605   | 959    | 379    | 5950   | 686   | 1748 | 19040 |
| 20:00 | 1499   | 1951   | 683    | 1200   | 1160   | 2518   | 918    | 367    | 5771   | 676   | 1718 | 18461 |
| 21:00 | 1427   | 1863   | 647    | 1133   | 1105   | 2383   | 869    | 347    | 5561   | 661   | 1666 | 17662 |
| 22:00 | 1344   | 1758   | 603    | 1055   | 1030   | 2196   | 812    | 325    | 5261   | 643   | 1588 | 16615 |
| 23:00 | 1266   | 1695   | 560    | 993    | 969    | 2023   | 770    | 301    | 4943   | 626   | 1518 | 15664 |

03/09/2021

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1244   | 1637   | 534    | 958    | 931    | 1905   | 750    | 285    | 4706   | 630   | 1472 | 15052 |
| 01:00 | 1220   | 1608   | 520    | 942    | 905    | 1836   | 738    | 278    | 4541   | 622   | 1445 | 14655 |
| 02:00 | 1214   | 1589   | 510    | 936    | 896    | 1800   | 743    | 276    | 4443   | 616   | 1432 | 14455 |
| 03:00 | 1217   | 1583   | 505    | 935    | 894    | 1794   | 742    | 278    | 4405   | 614   | 1423 | 14390 |
| 04:00 | 1247   | 1621   | 513    | 963    | 913    | 1836   | 756    | 283    | 4430   | 620   | 1452 | 14634 |
| 05:00 | 1314   | 1732   | 535    | 1030   | 969    | 1942   | 798    | 300    | 4624   | 629   | 1516 | 15389 |
| 06:00 | 1407   | 1906   | 579    | 1121   | 1034   | 2086   | 876    | 328    | 4965   | 654   | 1610 | 16566 |
| 07:00 | 1448   | 1969   | 614    | 1171   | 1055   | 2160   | 910    | 341    | 5331   | 671   | 1677 | 17347 |
| 08:00 | 1409   | 1951   | 621    | 1171   | 1018   | 2107   | 892    | 330    | 5562   | 667   | 1691 | 17419 |
| 09:00 | 1354   | 1889   | 614    | 1147   | 955    | 2003   | 867    | 314    | 5667   | 666   | 1682 | 17158 |
| 10:00 | 1313   | 1848   | 604    | 1130   | 906    | 1911   | 847    | 307    | 5689   | 656   | 1676 | 16887 |
| 11:00 | 1281   | 1813   | 597    | 1121   | 882    | 1849   | 825    | 295    | 5691   | 648   | 1644 | 16646 |
| 12:00 | 1254   | 1772   | 587    | 1093   | 858    | 1801   | 794    | 284    | 5670   | 642   | 1611 | 16366 |
| 13:00 | 1234   | 1733   | 586    | 1084   | 848    | 1792   | 784    | 278    | 5632   | 636   | 1614 | 16221 |
| 14:00 | 1225   | 1711   | 583    | 1071   | 864    | 1815   | 777    | 278    | 5601   | 634   | 1592 | 16151 |
| 15:00 | 1258   | 1712   | 586    | 1069   | 898    | 1910   | 775    | 281    | 5605   | 628   | 1565 | 16287 |
| 16:00 | 1347   | 1765   | 608    | 1093   | 980    | 2073   | 808    | 299    | 5664   | 623   | 1577 | 16837 |
| 17:00 | 1441   | 1846   | 634    | 1148   | 1077   | 2263   | 866    | 321    | 5757   | 634   | 1610 | 17597 |
| 18:00 | 1496   | 1928   | 675    | 1198   | 1159   | 2463   | 929    | 352    | 5819   | 652   | 1663 | 18334 |
| 19:00 | 1471   | 1932   | 669    | 1202   | 1149   | 2435   | 915    | 354    | 5749   | 660   | 1689 | 18225 |
| 20:00 | 1421   | 1878   | 648    | 1166   | 1114   | 2363   | 879    | 343    | 5586   | 654   | 1668 | 17720 |
| 21:00 | 1354   | 1783   | 614    | 1104   | 1061   | 2237   | 824    | 326    | 5383   | 633   | 1621 | 16940 |
| 22:00 | 1280   | 1666   | 574    | 1031   | 989    | 2065   | 763    | 307    | 5101   | 611   | 1552 | 15939 |
| 23:00 | 1209   | 1591   | 536    | 973    | 931    | 1904   | 717    | 285    | 4794   | 594   | 1488 | 15022 |

03/10/2021

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1167   | 1541   | 510    | 929    | 893    | 1781   | 683    | 272    | 4547   | 601   | 1432 | 14356 |
| 01:00 | 1144   | 1511   | 500    | 914    | 869    | 1718   | 672    | 270    | 4390   | 602   | 1404 | 13994 |
| 02:00 | 1139   | 1494   | 492    | 906    | 860    | 1689   | 677    | 270    | 4300   | 600   | 1392 | 13819 |
| 03:00 | 1143   | 1493   | 489    | 905    | 858    | 1689   | 679    | 272    | 4266   | 598   | 1380 | 13772 |
| 04:00 | 1174   | 1526   | 497    | 929    | 877    | 1735   | 695    | 278    | 4297   | 604   | 1402 | 14014 |
| 05:00 | 1242   | 1638   | 521    | 987    | 934    | 1848   | 734    | 296    | 4496   | 611   | 1463 | 14770 |
| 06:00 | 1342   | 1793   | 563    | 1071   | 1004   | 2008   | 800    | 324    | 4855   | 632   | 1549 | 15941 |
| 07:00 | 1376   | 1841   | 601    | 1113   | 1028   | 2090   | 830    | 337    | 5234   | 651   | 1606 | 16707 |
| 08:00 | 1339   | 1819   | 611    | 1114   | 998    | 2059   | 817    | 327    | 5487   | 648   | 1623 | 16842 |
| 09:00 | 1275   | 1750   | 610    | 1095   | 942    | 1990   | 789    | 314    | 5605   | 639   | 1625 | 16634 |
| 10:00 | 1235   | 1708   | 603    | 1087   | 906    | 1933   | 767    | 305    | 5635   | 629   | 1629 | 16437 |
| 11:00 | 1211   | 1677   | 599    | 1086   | 888    | 1891   | 746    | 296    | 5654   | 624   | 1606 | 16278 |
| 12:00 | 1185   | 1650   | 592    | 1073   | 866    | 1848   | 722    | 286    | 5639   | 619   | 1578 | 16058 |
| 13:00 | 1179   | 1628   | 587    | 1064   | 862    | 1836   | 722    | 279    | 5605   | 613   | 1581 | 15956 |
| 14:00 | 1186   | 1615   | 586    | 1054   | 875    | 1851   | 723    | 279    | 5578   | 613   | 1561 | 15921 |
| 15:00 | 1229   | 1628   | 589    | 1051   | 906    | 1926   | 727    | 280    | 5580   | 616   | 1531 | 16063 |
| 16:00 | 1311   | 1687   | 602    | 1070   | 975    | 2068   | 761    | 293    | 5624   | 621   | 1536 | 16548 |
| 17:00 | 1388   | 1768   | 622    | 1112   | 1056   | 2234   | 815    | 314    | 5685   | 632   | 1555 | 17181 |
| 18:00 | 1432   | 1830   | 657    | 1147   | 1128   | 2414   | 865    | 340    | 5740   | 643   | 1605 | 17801 |
| 19:00 | 1415   | 1836   | 649    | 1146   | 1118   | 2397   | 854    | 342    | 5654   | 647   | 1619 | 17677 |
| 20:00 | 1363   | 1771   | 627    | 1097   | 1081   | 2312   | 820    | 331    | 5482   | 639   | 1586 | 17109 |
| 21:00 | 1299   | 1680   | 592    | 1036   | 1028   | 2185   | 772    | 312    | 5269   | 621   | 1543 | 16337 |
| 22:00 | 1224   | 1566   | 552    | 964    | 954    | 2008   | 718    | 290    | 4981   | 599   | 1473 | 15329 |
| 23:00 | 1157   | 1498   | 515    | 911    | 894    | 1848   | 676    | 269    | 4684   | 582   | 1411 | 14445 |