

ISO Load Forecast

[01/09/2021](#)
[01/10/2021](#)
[01/11/2021](#)
[01/12/2021](#)
[01/13/2021](#)
[01/14/2021](#)

01/09/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1266 | 1674 | 566 | 1003 | 989 | 1996 | 768 | 313 | 4826 | 622 | 1528 | 15551 |
| 01:00 | 1245 | 1643 | 550 | 972 | 956 | 1906 | 753 | 300 | 4655 | 616 | 1488 | 15084 |
| 02:00 | 1227 | 1614 | 540 | 957 | 940 | 1858 | 736 | 297 | 4544 | 609 | 1469 | 14791 |
| 03:00 | 1223 | 1601 | 533 | 952 | 938 | 1835 | 734 | 292 | 4484 | 611 | 1461 | 14664 |
| 04:00 | 1228 | 1617 | 536 | 960 | 941 | 1847 | 748 | 298 | 4464 | 612 | 1475 | 14726 |
| 05:00 | 1245 | 1645 | 541 | 977 | 955 | 1888 | 764 | 302 | 4498 | 620 | 1490 | 14925 |
| 06:00 | 1282 | 1702 | 557 | 1014 | 986 | 1979 | 789 | 311 | 4604 | 630 | 1522 | 15376 |
| 07:00 | 1341 | 1779 | 575 | 1067 | 1030 | 2085 | 840 | 343 | 4771 | 654 | 1571 | 16056 |
| 08:00 | 1394 | 1860 | 611 | 1101 | 1078 | 2163 | 891 | 370 | 5002 | 667 | 1604 | 16741 |
| 09:00 | 1418 | 1893 | 625 | 1123 | 1081 | 2179 | 921 | 388 | 5153 | 670 | 1636 | 17087 |
| 10:00 | 1413 | 1898 | 632 | 1130 | 1067 | 2156 | 923 | 395 | 5261 | 665 | 1644 | 17184 |
| 11:00 | 1401 | 1886 | 642 | 1125 | 1049 | 2128 | 911 | 397 | 5330 | 659 | 1643 | 17171 |
| 12:00 | 1383 | 1866 | 640 | 1110 | 1046 | 2118 | 896 | 392 | 5354 | 650 | 1623 | 17078 |
| 13:00 | 1369 | 1839 | 634 | 1098 | 1042 | 2118 | 873 | 384 | 5340 | 647 | 1606 | 16950 |
| 14:00 | 1368 | 1817 | 637 | 1095 | 1053 | 2164 | 859 | 385 | 5355 | 643 | 1589 | 16965 |
| 15:00 | 1392 | 1827 | 637 | 1101 | 1080 | 2252 | 862 | 388 | 5379 | 642 | 1588 | 17148 |
| 16:00 | 1451 | 1871 | 658 | 1134 | 1139 | 2413 | 894 | 398 | 5465 | 663 | 1632 | 17718 |
| 17:00 | 1531 | 1957 | 702 | 1191 | 1219 | 2610 | 952 | 423 | 5636 | 687 | 1712 | 18620 |
| 18:00 | 1509 | 1925 | 700 | 1182 | 1212 | 2600 | 943 | 421 | 5644 | 684 | 1706 | 18526 |
| 19:00 | 1476 | 1893 | 682 | 1156 | 1183 | 2527 | 925 | 406 | 5560 | 679 | 1691 | 18178 |
| 20:00 | 1443 | 1848 | 666 | 1126 | 1151 | 2450 | 897 | 393 | 5457 | 671 | 1665 | 17767 |
| 21:00 | 1389 | 1776 | 648 | 1087 | 1114 | 2349 | 857 | 372 | 5335 | 653 | 1621 | 17201 |
| 22:00 | 1329 | 1690 | 625 | 1040 | 1061 | 2225 | 814 | 350 | 5172 | 636 | 1565 | 16507 |
| 23:00 | 1275 | 1624 | 592 | 1037 | 1006 | 2084 | 773 | 330 | 4991 | 625 | 1472 | 15809 |

01/10/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1242 | 1624 | 562 | 958 | 969 | 1971 | 738 | 303 | 4802 | 610 | 1478 | 15257 |
| 01:00 | 1221 | 1601 | 544 | 929 | 935 | 1881 | 723 | 290 | 4623 | 601 | 1444 | 14792 |
| 02:00 | 1203 | 1573 | 531 | 913 | 918 | 1832 | 707 | 283 | 4496 | 596 | 1425 | 14477 |
| 03:00 | 1198 | 1555 | 523 | 908 | 915 | 1806 | 702 | 279 | 4426 | 594 | 1418 | 14324 |
| 04:00 | 1201 | 1556 | 525 | 911 | 915 | 1811 | 708 | 284 | 4394 | 594 | 1426 | 14325 |
| 05:00 | 1212 | 1570 | 526 | 923 | 924 | 1837 | 723 | 287 | 4404 | 603 | 1432 | 14441 |
| 06:00 | 1237 | 1617 | 537 | 953 | 950 | 1904 | 739 | 291 | 4484 | 612 | 1449 | 14773 |
| 07:00 | 1288 | 1684 | 550 | 995 | 987 | 1975 | 784 | 316 | 4602 | 635 | 1485 | 15301 |
| 08:00 | 1338 | 1768 | 578 | 1033 | 1033 | 2030 | 840 | 343 | 4804 | 649 | 1514 | 15930 |
| 09:00 | 1359 | 1821 | 585 | 1065 | 1042 | 2034 | 874 | 356 | 4943 | 654 | 1559 | 16292 |
| 10:00 | 1362 | 1840 | 594 | 1085 | 1032 | 2024 | 881 | 365 | 5061 | 649 | 1586 | 16479 |
| 11:00 | 1360 | 1849 | 610 | 1099 | 1018 | 2019 | 881 | 371 | 5150 | 646 | 1612 | 16615 |
| 12:00 | 1357 | 1853 | 612 | 1106 | 1018 | 2029 | 879 | 369 | 5195 | 640 | 1620 | 16678 |
| 13:00 | 1349 | 1844 | 605 | 1107 | 1012 | 2055 | 860 | 360 | 5197 | 638 | 1619 | 16646 |
| 14:00 | 1354 | 1837 | 609 | 1113 | 1028 | 2100 | 850 | 360 | 5224 | 637 | 1617 | 16729 |
| 15:00 | 1392 | 1852 | 615 | 1124 | 1067 | 2193 | 856 | 362 | 5266 | 639 | 1626 | 16992 |
| 16:00 | 1466 | 1901 | 640 | 1163 | 1138 | 2364 | 892 | 375 | 5375 | 666 | 1674 | 17654 |
| 17:00 | 1560 | 1986 | 696 | 1218 | 1234 | 2592 | 954 | 409 | 5606 | 690 | 1741 | 18686 |
| 18:00 | 1545 | 1954 | 702 | 1204 | 1229 | 2601 | 948 | 410 | 5655 | 686 | 1723 | 18657 |
| 19:00 | 1511 | 1923 | 689 | 1174 | 1202 | 2544 | 932 | 399 | 5592 | 680 | 1696 | 18342 |
| 20:00 | 1465 | 1874 | 674 | 1138 | 1164 | 2471 | 902 | 386 | 5510 | 672 | 1665 | 17921 |
| 21:00 | 1389 | 1789 | 649 | 1089 | 1116 | 2346 | 854 | 362 | 5387 | 650 | 1618 | 17249 |
| 22:00 | 1310 | 1696 | 614 | 1036 | 1050 | 2192 | 804 | 335 | 5179 | 635 | 1559 | 16410 |
| 23:00 | 1248 | 1636 | 576 | 1027 | 993 | 2033 | 764 | 313 | 4945 | 623 | 1480 | 15638 |

01/11/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1232 | 1629 | 554 | 963 | 961 | 1918 | 733 | 296 | 4766 | 608 | 1478 | 15138 |
| 01:00 | 1218 | 1615 | 541 | 941 | 933 | 1850 | 724 | 290 | 4623 | 602 | 1452 | 14789 |
| 02:00 | 1207 | 1594 | 533 | 933 | 925 | 1814 | 713 | 288 | 4528 | 596 | 1440 | 14571 |
| 03:00 | 1210 | 1589 | 529 | 936 | 928 | 1803 | 716 | 288 | 4499 | 594 | 1440 | 14532 |
| 04:00 | 1232 | 1629 | 538 | 961 | 941 | 1845 | 737 | 299 | 4533 | 601 | 1469 | 14785 |
| 05:00 | 1295 | 1718 | 560 | 1024 | 981 | 1955 | 787 | 317 | 4707 | 617 | 1533 | 15494 |
| 06:00 | 1395 | 1867 | 605 | 1117 | 1057 | 2150 | 861 | 342 | 5049 | 656 | 1638 | 16737 |
| 07:00 | 1469 | 1967 | 653 | 1191 | 1117 | 2314 | 919 | 374 | 5435 | 679 | 1724 | 17842 |
| 08:00 | 1478 | 2005 | 680 | 1216 | 1140 | 2354 | 939 | 386 | 5712 | 671 | 1751 | 18332 |
| 09:00 | 1459 | 2014 | 676 | 1221 | 1117 | 2313 | 946 | 386 | 5845 | 671 | 1770 | 18418 |
| 10:00 | 1438 | 2016 | 668 | 1224 | 1083 | 2263 | 939 | 385 | 5887 | 667 | 1778 | 18348 |
| 11:00 | 1424 | 2002 | 671 | 1222 | 1057 | 2216 | 933 | 381 | 5919 | 665 | 1785 | 18275 |
| 12:00 | 1412 | 1990 | 667 | 1210 | 1050 | 2192 | 925 | 375 | 5918 | 657 | 1769 | 18165 |
| 13:00 | 1405 | 1971 | 661 | 1204 | 1051 | 2206 | 909 | 367 | 5914 | 649 | 1770 | 18107 |
| 14:00 | 1402 | 1952 | 666 | 1200 | 1068 | 2255 | 899 | 369 | 5915 | 644 | 1750 | 18120 |
| 15:00 | 1431 | 1953 | 670 | 1204 | 1099 | 2349 | 900 | 377 | 5941 | 652 | 1738 | 18314 |
| 16:00 | 1500 | 1984 | 692 | 1233 | 1163 | 2512 | 928 | 388 | 6038 | 669 | 1775 | 18882 |
| 17:00 | 1598 | 2070 | 741 | 1292 | 1256 | 2738 | 986 | 422 | 6214 | 688 | 1847 | 19852 |
| 18:00 | 1594 | 2046 | 746 | 1291 | 1256 | 2746 | 977 | 430 | 6130 | 685 | 1847 | 19748 |
| 19:00 | 1558 | 2018 | 724 | 1254 | 1231 | 2671 | 959 | 419 | 5993 | 682 | 1812 | 19321 |
| 20:00 | 1503 | 1961 | 699 | 1215 | 1189 | 2564 | 927 | 404 | 5829 | 675 | 1775 | 18741 |
| 21:00 | 1419 | 1868 | 665 | 1157 | 1134 | 2404 | 877 | 379 | 5621 | 651 | 1720 | 17895 |
| 22:00 | 1337 | 1759 | 622 | 1090 | 1065 | 2207 | 824 | 348 | 5325 | 622 | 1642 | 16841 |
| 23:00 | 1271 | 1681 | 578 | 1075 | 1004 | 2030 | 778 | 323 | 5022 | 603 | 1541 | 15906 |

01/12/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1246 | 1668 | 552 | 1005 | 972 | 1922 | 755 | 299 | 4801 | 604 | 1535 | 15359 |
| 01:00 | 1230 | 1651 | 538 | 979 | 945 | 1847 | 744 | 290 | 4642 | 601 | 1503 | 14970 |
| 02:00 | 1218 | 1625 | 529 | 966 | 934 | 1807 | 733 | 288 | 4538 | 596 | 1486 | 14720 |
| 03:00 | 1222 | 1615 | 526 | 966 | 936 | 1796 | 734 | 288 | 4499 | 595 | 1481 | 14658 |
| 04:00 | 1242 | 1652 | 534 | 987 | 945 | 1835 | 755 | 298 | 4524 | 595 | 1508 | 14875 |
| 05:00 | 1304 | 1734 | 554 | 1041 | 982 | 1938 | 801 | 314 | 4687 | 609 | 1565 | 15529 |
| 06:00 | 1405 | 1882 | 598 | 1128 | 1052 | 2122 | 873 | 339 | 5032 | 636 | 1659 | 16726 |
| 07:00 | 1476 | 1970 | 642 | 1196 | 1108 | 2273 | 926 | 367 | 5406 | 669 | 1732 | 17765 |
| 08:00 | 1471 | 1995 | 664 | 1212 | 1131 | 2291 | 938 | 373 | 5667 | 667 | 1750 | 18159 |
| 09:00 | 1443 | 1986 | 662 | 1211 | 1108 | 2246 | 936 | 370 | 5781 | 664 | 1760 | 18167 |
| 10:00 | 1416 | 1978 | 655 | 1212 | 1074 | 2196 | 926 | 369 | 5808 | 654 | 1769 | 18057 |
| 11:00 | 1398 | 1961 | 657 | 1208 | 1045 | 2158 | 914 | 364 | 5837 | 643 | 1778 | 17963 |
| 12:00 | 1383 | 1947 | 653 | 1200 | 1035 | 2137 | 904 | 357 | 5838 | 638 | 1763 | 17855 |
| 13:00 | 1382 | 1938 | 648 | 1197 | 1024 | 2137 | 887 | 347 | 5825 | 629 | 1764 | 17778 |
| 14:00 | 1381 | 1925 | 652 | 1193 | 1045 | 2179 | 879 | 349 | 5827 | 622 | 1743 | 17795 |
| 15:00 | 1409 | 1922 | 658 | 1197 | 1078 | 2273 | 880 | 357 | 5864 | 624 | 1732 | 17994 |
| 16:00 | 1474 | 1954 | 677 | 1223 | 1141 | 2432 | 908 | 371 | 5949 | 645 | 1764 | 18538 |
| 17:00 | 1571 | 2039 | 725 | 1275 | 1231 | 2653 | 965 | 405 | 6113 | 670 | 1828 | 19475 |
| 18:00 | 1568 | 2015 | 726 | 1264 | 1231 | 2667 | 962 | 412 | 6029 | 671 | 1812 | 19357 |
| 19:00 | 1543 | 1986 | 708 | 1236 | 1211 | 2605 | 947 | 403 | 5903 | 674 | 1795 | 19011 |
| 20:00 | 1494 | 1932 | 687 | 1197 | 1174 | 2512 | 920 | 388 | 5760 | 665 | 1759 | 18488 |
| 21:00 | 1414 | 1839 | 655 | 1141 | 1122 | 2363 | 870 | 364 | 5558 | 643 | 1703 | 17672 |
| 22:00 | 1330 | 1736 | 613 | 1077 | 1054 | 2174 | 822 | 336 | 5276 | 621 | 1633 | 16672 |
| 23:00 | 1266 | 1664 | 571 | 1064 | 994 | 2001 | 780 | 312 | 4981 | 608 | 1537 | 15778 |

01/13/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1240 | 1648 | 549 | 994 | 964 | 1898 | 747 | 292 | 4743 | 608 | 1528 | 15211 |
| 01:00 | 1225 | 1634 | 536 | 970 | 942 | 1832 | 739 | 286 | 4585 | 607 | 1498 | 14854 |
| 02:00 | 1210 | 1608 | 529 | 958 | 932 | 1794 | 730 | 285 | 4492 | 604 | 1480 | 14622 |
| 03:00 | 1210 | 1598 | 525 | 960 | 936 | 1785 | 732 | 283 | 4457 | 605 | 1478 | 14569 |
| 04:00 | 1232 | 1632 | 532 | 984 | 946 | 1824 | 753 | 294 | 4477 | 614 | 1506 | 14794 |
| 05:00 | 1288 | 1712 | 550 | 1037 | 980 | 1926 | 798 | 309 | 4637 | 624 | 1561 | 15422 |
| 06:00 | 1378 | 1851 | 594 | 1124 | 1050 | 2109 | 863 | 332 | 4991 | 646 | 1656 | 16594 |
| 07:00 | 1450 | 1941 | 640 | 1195 | 1110 | 2265 | 912 | 361 | 5381 | 670 | 1735 | 17660 |
| 08:00 | 1463 | 1975 | 667 | 1216 | 1140 | 2297 | 927 | 369 | 5669 | 667 | 1756 | 18146 |
| 09:00 | 1444 | 1970 | 669 | 1220 | 1117 | 2251 | 932 | 371 | 5798 | 665 | 1776 | 18213 |
| 10:00 | 1419 | 1967 | 666 | 1225 | 1080 | 2202 | 926 | 371 | 5834 | 656 | 1789 | 18135 |
| 11:00 | 1402 | 1952 | 669 | 1219 | 1050 | 2160 | 913 | 367 | 5867 | 652 | 1792 | 18043 |
| 12:00 | 1388 | 1943 | 668 | 1211 | 1038 | 2137 | 904 | 363 | 5875 | 646 | 1778 | 17951 |
| 13:00 | 1387 | 1937 | 663 | 1206 | 1036 | 2136 | 895 | 356 | 5870 | 645 | 1776 | 17907 |
| 14:00 | 1391 | 1924 | 667 | 1200 | 1061 | 2181 | 888 | 359 | 5879 | 644 | 1755 | 17949 |
| 15:00 | 1421 | 1925 | 674 | 1205 | 1101 | 2283 | 893 | 368 | 5918 | 645 | 1742 | 18175 |
| 16:00 | 1484 | 1953 | 696 | 1230 | 1165 | 2455 | 918 | 380 | 6028 | 658 | 1773 | 18740 |
| 17:00 | 1572 | 2040 | 741 | 1280 | 1249 | 2680 | 970 | 410 | 6194 | 674 | 1832 | 19642 |
| 18:00 | 1564 | 2024 | 739 | 1273 | 1245 | 2700 | 970 | 417 | 6103 | 677 | 1825 | 19537 |
| 19:00 | 1533 | 1995 | 717 | 1237 | 1218 | 2632 | 948 | 406 | 5959 | 680 | 1797 | 19122 |
| 20:00 | 1485 | 1941 | 695 | 1199 | 1181 | 2536 | 922 | 394 | 5803 | 667 | 1764 | 18587 |
| 21:00 | 1411 | 1852 | 662 | 1146 | 1132 | 2386 | 876 | 369 | 5591 | 650 | 1708 | 17783 |
| 22:00 | 1332 | 1749 | 620 | 1081 | 1064 | 2198 | 831 | 342 | 5307 | 632 | 1634 | 16790 |
| 23:00 | 1270 | 1674 | 578 | 1071 | 1003 | 2025 | 789 | 321 | 5010 | 615 | 1532 | 15888 |

01/14/2021

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1238 | 1655 | 554 | 994 | 970 | 1915 | 749 | 296 | 4777 | 616 | 1529 | 15293 |
| 01:00 | 1222 | 1639 | 540 | 970 | 945 | 1846 | 738 | 290 | 4614 | 615 | 1501 | 14920 |
| 02:00 | 1209 | 1614 | 532 | 957 | 935 | 1808 | 728 | 287 | 4510 | 611 | 1483 | 14674 |
| 03:00 | 1210 | 1608 | 527 | 957 | 938 | 1798 | 730 | 285 | 4469 | 608 | 1482 | 14612 |
| 04:00 | 1233 | 1645 | 534 | 980 | 946 | 1841 | 751 | 296 | 4493 | 614 | 1512 | 14845 |
| 05:00 | 1291 | 1722 | 554 | 1034 | 984 | 1945 | 794 | 312 | 4652 | 624 | 1571 | 15483 |
| 06:00 | 1388 | 1863 | 600 | 1120 | 1058 | 2135 | 866 | 339 | 5005 | 648 | 1671 | 16693 |
| 07:00 | 1462 | 1955 | 648 | 1191 | 1120 | 2296 | 921 | 368 | 5400 | 674 | 1752 | 17787 |
| 08:00 | 1464 | 1982 | 674 | 1208 | 1146 | 2314 | 933 | 374 | 5688 | 671 | 1775 | 18229 |
| 09:00 | 1433 | 1980 | 674 | 1213 | 1117 | 2254 | 931 | 375 | 5810 | 662 | 1801 | 18250 |
| 10:00 | 1396 | 1976 | 668 | 1218 | 1079 | 2195 | 923 | 373 | 5840 | 651 | 1812 | 18131 |
| 11:00 | 1380 | 1964 | 671 | 1219 | 1049 | 2151 | 910 | 368 | 5868 | 643 | 1816 | 18039 |
| 12:00 | 1364 | 1955 | 666 | 1214 | 1039 | 2126 | 898 | 361 | 5867 | 637 | 1799 | 17926 |
| 13:00 | 1361 | 1956 | 660 | 1211 | 1038 | 2125 | 886 | 354 | 5856 | 628 | 1803 | 17878 |
| 14:00 | 1367 | 1941 | 665 | 1205 | 1061 | 2173 | 880 | 357 | 5859 | 629 | 1777 | 17914 |
| 15:00 | 1397 | 1937 | 667 | 1204 | 1097 | 2272 | 881 | 364 | 5894 | 630 | 1756 | 18099 |
| 16:00 | 1459 | 1958 | 685 | 1223 | 1156 | 2430 | 904 | 376 | 5985 | 645 | 1782 | 18603 |
| 17:00 | 1548 | 2026 | 731 | 1264 | 1243 | 2645 | 954 | 406 | 6143 | 663 | 1831 | 19454 |
| 18:00 | 1549 | 1993 | 736 | 1251 | 1248 | 2667 | 949 | 414 | 6064 | 663 | 1817 | 19351 |
| 19:00 | 1513 | 1956 | 710 | 1213 | 1218 | 2596 | 928 | 402 | 5914 | 661 | 1786 | 18897 |
| 20:00 | 1469 | 1901 | 688 | 1173 | 1179 | 2499 | 896 | 388 | 5753 | 650 | 1747 | 18343 |
| 21:00 | 1395 | 1812 | 653 | 1119 | 1129 | 2353 | 845 | 363 | 5544 | 634 | 1684 | 17531 |
| 22:00 | 1318 | 1707 | 611 | 1055 | 1063 | 2169 | 795 | 336 | 5267 | 617 | 1605 | 16543 |
| 23:00 | 1256 | 1628 | 570 | 1048 | 1002 | 2003 | 750 | 314 | 4994 | 600 | 1494 | 15659 |