

ISO Load Forecast

[05/09/2020](#)
[05/10/2020](#)
[05/11/2020](#)
[05/12/2020](#)
[05/13/2020](#)
[05/14/2020](#)
[05/09/2020](#)

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 968 | 1387 | 485 | 872 | 782 | 1688 | 584 | 230 | 4198 | 474 | 1399 | 13067 |
| 01:00 | 952 | 1369 | 469 | 855 | 760 | 1608 | 581 | 221 | 4035 | 474 | 1373 | 12697 |
| 02:00 | 941 | 1361 | 452 | 846 | 744 | 1560 | 571 | 214 | 3911 | 471 | 1361 | 12432 |
| 03:00 | 940 | 1362 | 443 | 840 | 739 | 1531 | 565 | 212 | 3838 | 467 | 1354 | 12291 |
| 04:00 | 952 | 1377 | 443 | 848 | 746 | 1535 | 574 | 215 | 3803 | 473 | 1359 | 12325 |
| 05:00 | 968 | 1393 | 450 | 856 | 760 | 1551 | 581 | 221 | 3812 | 479 | 1366 | 12437 |
| 06:00 | 985 | 1422 | 455 | 861 | 769 | 1564 | 608 | 229 | 3862 | 494 | 1362 | 12611 |
| 07:00 | 999 | 1461 | 472 | 887 | 785 | 1594 | 635 | 243 | 3986 | 524 | 1390 | 12976 |
| 08:00 | 1004 | 1478 | 495 | 903 | 779 | 1624 | 647 | 254 | 4199 | 537 | 1395 | 13315 |
| 09:00 | 996 | 1485 | 509 | 924 | 779 | 1627 | 651 | 260 | 4307 | 542 | 1421 | 13501 |
| 10:00 | 986 | 1478 | 516 | 937 | 764 | 1606 | 639 | 266 | 4423 | 535 | 1432 | 13582 |
| 11:00 | 990 | 1482 | 522 | 935 | 764 | 1601 | 641 | 274 | 4507 | 529 | 1439 | 13684 |
| 12:00 | 992 | 1474 | 524 | 936 | 768 | 1608 | 638 | 274 | 4562 | 527 | 1437 | 13740 |
| 13:00 | 968 | 1443 | 519 | 922 | 760 | 1605 | 619 | 268 | 4567 | 524 | 1409 | 13604 |
| 14:00 | 956 | 1426 | 516 | 898 | 755 | 1604 | 606 | 263 | 4553 | 523 | 1387 | 13487 |
| 15:00 | 971 | 1422 | 514 | 903 | 766 | 1631 | 610 | 263 | 4544 | 522 | 1378 | 13524 |
| 16:00 | 1018 | 1454 | 519 | 929 | 816 | 1713 | 638 | 263 | 4551 | 526 | 1392 | 13819 |
| 17:00 | 1094 | 1506 | 536 | 958 | 885 | 1844 | 673 | 277 | 4600 | 535 | 1422 | 14330 |
| 18:00 | 1128 | 1537 | 559 | 964 | 939 | 1990 | 684 | 288 | 4681 | 530 | 1426 | 14726 |
| 19:00 | 1145 | 1541 | 558 | 963 | 943 | 2008 | 693 | 284 | 4700 | 526 | 1421 | 14782 |
| 20:00 | 1155 | 1535 | 583 | 961 | 976 | 2103 | 706 | 291 | 4809 | 525 | 1448 | 15092 |
| 21:00 | 1124 | 1500 | 574 | 942 | 950 | 2063 | 678 | 279 | 4768 | 521 | 1454 | 14853 |
| 22:00 | 1074 | 1455 | 557 | 912 | 902 | 1968 | 648 | 269 | 4638 | 503 | 1421 | 14347 |
| 23:00 | 1022 | 1407 | 531 | 884 | 852 | 1856 | 609 | 252 | 4460 | 493 | 1386 | 13752 |

05/10/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 978 | 1384 | 503 | 855 | 806 | 1715 | 583 | 236 | 4273 | 491 | 1358 | 13182 |
| 01:00 | 955 | 1352 | 485 | 832 | 778 | 1632 | 573 | 227 | 4118 | 490 | 1328 | 12770 |
| 02:00 | 939 | 1332 | 467 | 819 | 757 | 1573 | 557 | 218 | 3977 | 482 | 1315 | 12436 |
| 03:00 | 933 | 1325 | 454 | 809 | 747 | 1533 | 549 | 213 | 3892 | 473 | 1304 | 12232 |
| 04:00 | 940 | 1330 | 452 | 813 | 750 | 1528 | 555 | 214 | 3837 | 477 | 1302 | 12198 |
| 05:00 | 944 | 1341 | 451 | 812 | 752 | 1522 | 560 | 217 | 3809 | 481 | 1298 | 12187 |
| 06:00 | 947 | 1353 | 448 | 802 | 748 | 1492 | 581 | 219 | 3791 | 497 | 1274 | 12152 |
| 07:00 | 964 | 1389 | 452 | 819 | 757 | 1480 | 611 | 227 | 3837 | 524 | 1284 | 12344 |
| 08:00 | 998 | 1416 | 464 | 833 | 763 | 1500 | 640 | 236 | 4011 | 530 | 1276 | 12667 |
| 09:00 | 1021 | 1433 | 477 | 852 | 773 | 1519 | 651 | 246 | 4105 | 536 | 1298 | 12911 |
| 10:00 | 1022 | 1431 | 487 | 864 | 764 | 1530 | 642 | 253 | 4222 | 533 | 1304 | 13052 |
| 11:00 | 1019 | 1444 | 491 | 872 | 760 | 1525 | 642 | 260 | 4267 | 525 | 1317 | 13122 |
| 12:00 | 1013 | 1448 | 494 | 886 | 764 | 1528 | 635 | 261 | 4325 | 518 | 1334 | 13206 |
| 13:00 | 984 | 1419 | 491 | 888 | 757 | 1525 | 611 | 254 | 4337 | 512 | 1325 | 13103 |
| 14:00 | 963 | 1402 | 489 | 876 | 750 | 1522 | 595 | 248 | 4328 | 511 | 1318 | 13002 |
| 15:00 | 980 | 1416 | 488 | 890 | 755 | 1558 | 599 | 249 | 4322 | 509 | 1318 | 13084 |
| 16:00 | 1030 | 1464 | 497 | 920 | 807 | 1647 | 638 | 251 | 4336 | 517 | 1343 | 13450 |
| 17:00 | 1114 | 1544 | 518 | 959 | 883 | 1811 | 688 | 264 | 4413 | 530 | 1386 | 14110 |
| 18:00 | 1171 | 1602 | 543 | 975 | 945 | 1952 | 718 | 277 | 4509 | 536 | 1406 | 14634 |
| 19:00 | 1183 | 1601 | 544 | 972 | 948 | 1985 | 728 | 276 | 4549 | 535 | 1411 | 14732 |
| 20:00 | 1193 | 1593 | 573 | 976 | 974 | 2107 | 743 | 288 | 4673 | 538 | 1445 | 15103 |
| 21:00 | 1136 | 1536 | 562 | 952 | 933 | 2051 | 695 | 269 | 4640 | 524 | 1452 | 14750 |
| 22:00 | 1051 | 1451 | 530 | 905 | 868 | 1903 | 638 | 244 | 4476 | 497 | 1404 | 13967 |
| 23:00 | 979 | 1376 | 493 | 864 | 803 | 1734 | 584 | 217 | 4251 | 483 | 1365 | 13149 |

05/11/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 980 | 1349 | 470 | 829 | 770 | 1596 | 582 | 216 | 4124 | 477 | 1353 | 12746 |
| 01:00 | 968 | 1326 | 452 | 811 | 746 | 1527 | 572 | 207 | 4022 | 471 | 1334 | 12436 |
| 02:00 | 967 | 1315 | 437 | 804 | 731 | 1487 | 566 | 201 | 3919 | 475 | 1330 | 12232 |
| 03:00 | 972 | 1317 | 425 | 806 | 729 | 1465 | 564 | 200 | 3860 | 467 | 1324 | 12129 |
| 04:00 | 994 | 1347 | 426 | 828 | 739 | 1478 | 581 | 204 | 3853 | 474 | 1345 | 12269 |
| 05:00 | 1040 | 1420 | 441 | 869 | 766 | 1529 | 614 | 214 | 3937 | 492 | 1386 | 12708 |
| 06:00 | 1109 | 1527 | 472 | 917 | 812 | 1592 | 680 | 231 | 4116 | 519 | 1448 | 13423 |
| 07:00 | 1165 | 1623 | 512 | 979 | 863 | 1681 | 743 | 249 | 4362 | 548 | 1527 | 14252 |
| 08:00 | 1184 | 1656 | 546 | 1008 | 876 | 1737 | 762 | 262 | 4587 | 541 | 1569 | 14728 |
| 09:00 | 1187 | 1669 | 561 | 1031 | 888 | 1767 | 763 | 267 | 4757 | 537 | 1599 | 15026 |
| 10:00 | 1191 | 1685 | 571 | 1044 | 894 | 1791 | 758 | 271 | 4867 | 532 | 1622 | 15226 |
| 11:00 | 1193 | 1697 | 576 | 1049 | 897 | 1816 | 758 | 275 | 4916 | 527 | 1627 | 15331 |
| 12:00 | 1197 | 1698 | 580 | 1052 | 909 | 1833 | 755 | 275 | 4969 | 523 | 1629 | 15420 |
| 13:00 | 1180 | 1677 | 575 | 1047 | 910 | 1840 | 735 | 271 | 4977 | 519 | 1614 | 15345 |
| 14:00 | 1167 | 1651 | 568 | 1022 | 904 | 1846 | 718 | 271 | 4959 | 518 | 1596 | 15220 |
| 15:00 | 1167 | 1635 | 562 | 1007 | 897 | 1859 | 709 | 267 | 4953 | 514 | 1570 | 15140 |
| 16:00 | 1187 | 1645 | 562 | 1007 | 923 | 1906 | 722 | 269 | 4941 | 512 | 1562 | 15236 |
| 17:00 | 1257 | 1684 | 577 | 1031 | 979 | 2024 | 757 | 285 | 4982 | 518 | 1572 | 15666 |
| 18:00 | 1288 | 1688 | 583 | 1022 | 1014 | 2086 | 769 | 293 | 4942 | 517 | 1567 | 15769 |
| 19:00 | 1286 | 1676 | 582 | 1009 | 1017 | 2112 | 774 | 294 | 4931 | 520 | 1550 | 15751 |
| 20:00 | 1275 | 1659 | 589 | 1018 | 1022 | 2162 | 785 | 294 | 4982 | 529 | 1582 | 15897 |
| 21:00 | 1212 | 1620 | 571 | 1005 | 978 | 2074 | 757 | 283 | 4890 | 519 | 1593 | 15502 |
| 22:00 | 1143 | 1535 | 538 | 954 | 907 | 1923 | 704 | 263 | 4690 | 494 | 1541 | 14692 |
| 23:00 | 1078 | 1467 | 499 | 912 | 842 | 1765 | 653 | 239 | 4445 | 477 | 1485 | 13862 |

05/12/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1018 | 1414 | 463 | 896 | 807 | 1647 | 612 | 223 | 4225 | 473 | 1446 | 13224 |
| 01:00 | 998 | 1385 | 440 | 875 | 780 | 1568 | 598 | 213 | 4071 | 473 | 1415 | 12816 |
| 02:00 | 996 | 1369 | 427 | 865 | 766 | 1522 | 589 | 207 | 3943 | 473 | 1402 | 12559 |
| 03:00 | 999 | 1372 | 418 | 864 | 762 | 1496 | 585 | 208 | 3869 | 469 | 1391 | 12433 |
| 04:00 | 1018 | 1397 | 420 | 881 | 771 | 1510 | 601 | 213 | 3852 | 478 | 1405 | 12546 |
| 05:00 | 1058 | 1463 | 439 | 916 | 797 | 1559 | 634 | 227 | 3916 | 493 | 1443 | 12945 |
| 06:00 | 1118 | 1565 | 472 | 951 | 837 | 1616 | 690 | 247 | 4104 | 527 | 1492 | 13619 |
| 07:00 | 1157 | 1643 | 509 | 994 | 873 | 1678 | 739 | 264 | 4359 | 554 | 1543 | 14313 |
| 08:00 | 1144 | 1656 | 541 | 1000 | 857 | 1695 | 745 | 275 | 4590 | 544 | 1557 | 14604 |
| 09:00 | 1118 | 1644 | 550 | 1003 | 840 | 1681 | 737 | 276 | 4739 | 539 | 1563 | 14690 |
| 10:00 | 1099 | 1638 | 558 | 1004 | 826 | 1665 | 725 | 275 | 4831 | 527 | 1570 | 14718 |
| 11:00 | 1090 | 1630 | 561 | 1001 | 824 | 1662 | 714 | 275 | 4869 | 518 | 1569 | 14713 |
| 12:00 | 1083 | 1619 | 563 | 1002 | 830 | 1670 | 706 | 275 | 4908 | 515 | 1567 | 14738 |
| 13:00 | 1063 | 1598 | 559 | 1001 | 834 | 1671 | 687 | 271 | 4907 | 514 | 1555 | 14660 |
| 14:00 | 1053 | 1577 | 556 | 982 | 833 | 1689 | 671 | 271 | 4894 | 515 | 1536 | 14577 |
| 15:00 | 1068 | 1569 | 552 | 968 | 835 | 1728 | 669 | 270 | 4889 | 513 | 1515 | 14576 |
| 16:00 | 1112 | 1585 | 556 | 970 | 870 | 1796 | 688 | 271 | 4886 | 513 | 1514 | 14761 |
| 17:00 | 1203 | 1634 | 572 | 1001 | 941 | 1947 | 722 | 286 | 4936 | 521 | 1530 | 15293 |
| 18:00 | 1244 | 1655 | 582 | 1002 | 993 | 2048 | 739 | 297 | 4917 | 522 | 1539 | 15538 |
| 19:00 | 1255 | 1650 | 580 | 994 | 1006 | 2089 | 748 | 298 | 4884 | 531 | 1541 | 15576 |
| 20:00 | 1261 | 1648 | 588 | 1006 | 1021 | 2156 | 764 | 302 | 4939 | 539 | 1578 | 15802 |
| 21:00 | 1212 | 1618 | 575 | 1001 | 982 | 2083 | 742 | 292 | 4871 | 523 | 1584 | 15483 |
| 22:00 | 1142 | 1538 | 540 | 955 | 914 | 1936 | 693 | 269 | 4694 | 497 | 1535 | 14713 |
| 23:00 | 1080 | 1467 | 500 | 914 | 850 | 1777 | 646 | 242 | 4460 | 478 | 1481 | 13895 |

05/13/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1017 | 1398 | 478 | 883 | 804 | 1669 | 606 | 227 | 4260 | 479 | 1436 | 13257 |
| 01:00 | 997 | 1366 | 459 | 862 | 779 | 1592 | 588 | 219 | 4108 | 479 | 1410 | 12859 |
| 02:00 | 993 | 1353 | 445 | 852 | 766 | 1552 | 580 | 213 | 3988 | 477 | 1399 | 12618 |
| 03:00 | 994 | 1353 | 434 | 851 | 763 | 1532 | 579 | 211 | 3921 | 474 | 1391 | 12503 |
| 04:00 | 1015 | 1377 | 435 | 867 | 773 | 1548 | 593 | 215 | 3893 | 487 | 1404 | 12607 |
| 05:00 | 1055 | 1444 | 451 | 897 | 794 | 1594 | 622 | 227 | 3934 | 499 | 1431 | 12948 |
| 06:00 | 1124 | 1543 | 481 | 928 | 829 | 1649 | 678 | 245 | 4090 | 526 | 1472 | 13565 |
| 07:00 | 1163 | 1617 | 511 | 965 | 859 | 1714 | 722 | 262 | 4315 | 549 | 1523 | 14200 |
| 08:00 | 1150 | 1623 | 541 | 974 | 846 | 1730 | 723 | 269 | 4540 | 538 | 1534 | 14468 |
| 09:00 | 1118 | 1601 | 545 | 974 | 824 | 1704 | 706 | 267 | 4665 | 531 | 1545 | 14480 |
| 10:00 | 1100 | 1591 | 551 | 974 | 811 | 1680 | 694 | 266 | 4783 | 524 | 1561 | 14535 |
| 11:00 | 1094 | 1581 | 556 | 972 | 809 | 1677 | 681 | 268 | 4819 | 521 | 1565 | 14543 |
| 12:00 | 1097 | 1568 | 561 | 969 | 816 | 1680 | 672 | 268 | 4847 | 519 | 1560 | 14557 |
| 13:00 | 1081 | 1544 | 556 | 970 | 821 | 1681 | 654 | 263 | 4841 | 514 | 1552 | 14477 |
| 14:00 | 1067 | 1513 | 548 | 945 | 818 | 1701 | 635 | 260 | 4827 | 513 | 1532 | 14359 |
| 15:00 | 1075 | 1498 | 543 | 933 | 814 | 1746 | 629 | 259 | 4820 | 506 | 1506 | 14329 |
| 16:00 | 1111 | 1506 | 543 | 934 | 853 | 1810 | 641 | 262 | 4803 | 501 | 1495 | 14459 |
| 17:00 | 1187 | 1560 | 564 | 963 | 929 | 1961 | 675 | 279 | 4860 | 509 | 1507 | 14994 |
| 18:00 | 1230 | 1592 | 577 | 965 | 977 | 2067 | 704 | 291 | 4852 | 516 | 1515 | 15286 |
| 19:00 | 1232 | 1586 | 576 | 957 | 988 | 2111 | 708 | 293 | 4835 | 517 | 1503 | 15306 |
| 20:00 | 1245 | 1593 | 578 | 972 | 1005 | 2177 | 729 | 297 | 4875 | 525 | 1536 | 15532 |
| 21:00 | 1201 | 1572 | 565 | 969 | 973 | 2102 | 710 | 287 | 4812 | 509 | 1552 | 15252 |
| 22:00 | 1128 | 1492 | 534 | 925 | 906 | 1958 | 661 | 268 | 4655 | 486 | 1508 | 14521 |
| 23:00 | 1059 | 1417 | 497 | 884 | 843 | 1799 | 610 | 242 | 4441 | 474 | 1450 | 13716 |

05/14/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1003 | 1357 | 469 | 858 | 797 | 1666 | 572 | 226 | 4247 | 475 | 1397 | 13067 |
| 01:00 | 981 | 1321 | 456 | 836 | 771 | 1592 | 555 | 218 | 4092 | 475 | 1364 | 12661 |
| 02:00 | 977 | 1305 | 442 | 825 | 757 | 1550 | 549 | 213 | 3962 | 474 | 1348 | 12402 |
| 03:00 | 979 | 1306 | 433 | 823 | 755 | 1530 | 547 | 213 | 3891 | 470 | 1337 | 12284 |
| 04:00 | 997 | 1327 | 434 | 839 | 763 | 1545 | 561 | 217 | 3865 | 480 | 1351 | 12379 |
| 05:00 | 1034 | 1392 | 447 | 874 | 786 | 1595 | 594 | 228 | 3923 | 494 | 1383 | 12750 |
| 06:00 | 1102 | 1501 | 475 | 916 | 827 | 1658 | 654 | 246 | 4118 | 515 | 1433 | 13445 |
| 07:00 | 1146 | 1586 | 506 | 965 | 866 | 1737 | 707 | 263 | 4391 | 535 | 1503 | 14205 |
| 08:00 | 1141 | 1599 | 534 | 982 | 864 | 1770 | 716 | 271 | 4644 | 526 | 1540 | 14587 |
| 09:00 | 1115 | 1595 | 544 | 992 | 862 | 1770 | 704 | 272 | 4794 | 520 | 1561 | 14729 |
| 10:00 | 1093 | 1588 | 550 | 998 | 856 | 1766 | 689 | 273 | 4892 | 511 | 1575 | 14791 |
| 11:00 | 1081 | 1590 | 554 | 1002 | 858 | 1779 | 679 | 277 | 4938 | 505 | 1582 | 14845 |
| 12:00 | 1079 | 1591 | 555 | 1006 | 867 | 1790 | 671 | 277 | 4981 | 502 | 1586 | 14905 |
| 13:00 | 1060 | 1576 | 549 | 1009 | 868 | 1787 | 654 | 271 | 4987 | 500 | 1579 | 14840 |
| 14:00 | 1058 | 1560 | 544 | 988 | 866 | 1806 | 641 | 269 | 4977 | 502 | 1561 | 14772 |
| 15:00 | 1083 | 1548 | 540 | 981 | 865 | 1842 | 638 | 268 | 4969 | 498 | 1540 | 14772 |
| 16:00 | 1127 | 1557 | 539 | 982 | 898 | 1901 | 653 | 270 | 4950 | 500 | 1533 | 14910 |
| 17:00 | 1203 | 1598 | 555 | 1004 | 957 | 2024 | 685 | 285 | 4991 | 503 | 1547 | 15352 |
| 18:00 | 1227 | 1604 | 564 | 990 | 993 | 2096 | 699 | 292 | 4978 | 502 | 1537 | 15482 |
| 19:00 | 1236 | 1594 | 558 | 974 | 994 | 2108 | 702 | 290 | 4935 | 504 | 1528 | 15423 |
| 20:00 | 1234 | 1592 | 558 | 980 | 1001 | 2165 | 716 | 290 | 4954 | 511 | 1544 | 15545 |
| 21:00 | 1181 | 1562 | 545 | 972 | 963 | 2090 | 696 | 280 | 4874 | 500 | 1548 | 15211 |
| 22:00 | 1111 | 1473 | 518 | 921 | 897 | 1946 | 645 | 258 | 4705 | 480 | 1491 | 14445 |
| 23:00 | 1044 | 1391 | 487 | 875 | 835 | 1795 | 595 | 233 | 4494 | 468 | 1434 | 13651 |