

ISO Load Forecast

[02/05/2020](#)
[02/06/2020](#)
[02/07/2020](#)
[02/08/2020](#)
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[02/05/2020](#)

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1140 | 1577 | 485 | 962 | 844 | 1720 | 697 | 243 | 4518 | 563 | 1548 | 14297 |
| 01:00 | 1124 | 1551 | 470 | 941 | 822 | 1661 | 681 | 235 | 4331 | 558 | 1523 | 13897 |
| 02:00 | 1117 | 1536 | 464 | 932 | 812 | 1625 | 677 | 230 | 4226 | 558 | 1509 | 13686 |
| 03:00 | 1124 | 1538 | 462 | 936 | 815 | 1619 | 680 | 229 | 4188 | 562 | 1509 | 13662 |
| 04:00 | 1153 | 1579 | 471 | 965 | 833 | 1661 | 704 | 235 | 4249 | 572 | 1536 | 13958 |
| 05:00 | 1227 | 1689 | 505 | 1038 | 892 | 1787 | 763 | 257 | 4526 | 587 | 1612 | 14883 |
| 06:00 | 1358 | 1866 | 574 | 1149 | 998 | 2027 | 860 | 295 | 5070 | 620 | 1751 | 16568 |
| 07:00 | 1417 | 1955 | 629 | 1205 | 1053 | 2158 | 905 | 318 | 5578 | 639 | 1832 | 17689 |
| 08:00 | 1397 | 1957 | 645 | 1206 | 1054 | 2200 | 910 | 326 | 5883 | 630 | 1841 | 18049 |
| 09:00 | 1362 | 1960 | 657 | 1208 | 1051 | 2200 | 906 | 328 | 6056 | 625 | 1851 | 18204 |
| 10:00 | 1324 | 1961 | 666 | 1211 | 1041 | 2196 | 897 | 329 | 6116 | 621 | 1852 | 18214 |
| 11:00 | 1290 | 1941 | 662 | 1206 | 1030 | 2189 | 872 | 325 | 6154 | 618 | 1829 | 18116 |
| 12:00 | 1267 | 1914 | 661 | 1193 | 1015 | 2161 | 854 | 325 | 6158 | 612 | 1806 | 17966 |
| 13:00 | 1267 | 1898 | 661 | 1187 | 1010 | 2156 | 849 | 324 | 6155 | 611 | 1813 | 17931 |
| 14:00 | 1286 | 1874 | 659 | 1177 | 1013 | 2176 | 843 | 324 | 6125 | 611 | 1796 | 17884 |
| 15:00 | 1330 | 1863 | 665 | 1172 | 1035 | 2218 | 849 | 330 | 6148 | 614 | 1780 | 18004 |
| 16:00 | 1404 | 1892 | 681 | 1183 | 1087 | 2315 | 877 | 342 | 6221 | 629 | 1793 | 18424 |
| 17:00 | 1517 | 2000 | 711 | 1246 | 1181 | 2495 | 937 | 366 | 6330 | 655 | 1848 | 19286 |
| 18:00 | 1548 | 2067 | 724 | 1289 | 1217 | 2572 | 964 | 384 | 6282 | 666 | 1897 | 19610 |
| 19:00 | 1522 | 2046 | 706 | 1268 | 1201 | 2511 | 951 | 375 | 6133 | 664 | 1882 | 19259 |
| 20:00 | 1476 | 2003 | 681 | 1237 | 1168 | 2426 | 919 | 364 | 5940 | 661 | 1853 | 18728 |
| 21:00 | 1410 | 1917 | 652 | 1176 | 1115 | 2303 | 869 | 344 | 5725 | 639 | 1795 | 17945 |
| 22:00 | 1324 | 1799 | 602 | 1096 | 1035 | 2119 | 813 | 313 | 5393 | 617 | 1713 | 16824 |
| 23:00 | 1250 | 1707 | 556 | 1036 | 959 | 1944 | 768 | 281 | 5018 | 604 | 1627 | 15750 |

02/06/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1203 | 1643 | 513 | 992 | 903 | 1805 | 740 | 257 | 4690 | 606 | 1562 | 14914 |
| 01:00 | 1179 | 1602 | 492 | 964 | 874 | 1734 | 718 | 246 | 4484 | 602 | 1528 | 14423 |
| 02:00 | 1166 | 1576 | 481 | 948 | 858 | 1692 | 708 | 242 | 4368 | 596 | 1510 | 14145 |
| 03:00 | 1168 | 1568 | 476 | 944 | 858 | 1683 | 706 | 238 | 4316 | 591 | 1504 | 14052 |
| 04:00 | 1194 | 1601 | 484 | 964 | 872 | 1721 | 725 | 244 | 4364 | 602 | 1528 | 14299 |
| 05:00 | 1268 | 1709 | 521 | 1030 | 924 | 1841 | 779 | 267 | 4625 | 615 | 1600 | 15179 |
| 06:00 | 1395 | 1898 | 587 | 1138 | 1024 | 2064 | 876 | 306 | 5152 | 646 | 1737 | 16823 |
| 07:00 | 1454 | 1991 | 640 | 1197 | 1074 | 2193 | 925 | 329 | 5655 | 657 | 1823 | 17938 |
| 08:00 | 1454 | 1994 | 662 | 1207 | 1103 | 2255 | 934 | 336 | 5990 | 654 | 1840 | 18429 |
| 09:00 | 1457 | 1997 | 676 | 1209 | 1117 | 2266 | 932 | 338 | 6169 | 648 | 1854 | 18663 |
| 10:00 | 1456 | 1991 | 682 | 1208 | 1124 | 2263 | 931 | 340 | 6230 | 646 | 1862 | 18733 |
| 11:00 | 1446 | 1970 | 682 | 1199 | 1120 | 2248 | 914 | 338 | 6251 | 643 | 1845 | 18656 |
| 12:00 | 1426 | 1943 | 680 | 1183 | 1105 | 2220 | 897 | 336 | 6251 | 637 | 1823 | 18501 |
| 13:00 | 1414 | 1925 | 679 | 1176 | 1095 | 2204 | 885 | 334 | 6239 | 632 | 1825 | 18408 |
| 14:00 | 1401 | 1897 | 673 | 1165 | 1089 | 2203 | 874 | 333 | 6208 | 627 | 1806 | 18276 |
| 15:00 | 1402 | 1874 | 676 | 1161 | 1094 | 2230 | 868 | 336 | 6227 | 625 | 1785 | 18278 |
| 16:00 | 1434 | 1896 | 686 | 1173 | 1122 | 2309 | 883 | 345 | 6280 | 635 | 1784 | 18547 |
| 17:00 | 1507 | 1981 | 705 | 1223 | 1184 | 2450 | 929 | 369 | 6343 | 649 | 1827 | 19167 |
| 18:00 | 1531 | 2040 | 719 | 1265 | 1215 | 2519 | 954 | 388 | 6245 | 659 | 1885 | 19420 |
| 19:00 | 1499 | 2012 | 701 | 1236 | 1188 | 2452 | 936 | 379 | 6092 | 647 | 1866 | 19008 |
| 20:00 | 1445 | 1961 | 672 | 1207 | 1150 | 2364 | 893 | 365 | 5900 | 636 | 1829 | 18422 |
| 21:00 | 1372 | 1868 | 639 | 1148 | 1093 | 2241 | 832 | 340 | 5677 | 613 | 1770 | 17593 |
| 22:00 | 1281 | 1742 | 588 | 1070 | 1008 | 2057 | 766 | 305 | 5335 | 594 | 1682 | 16428 |
| 23:00 | 1202 | 1637 | 538 | 1005 | 928 | 1882 | 718 | 271 | 4949 | 577 | 1593 | 15300 |

02/07/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1163 | 1572 | 500 | 962 | 877 | 1764 | 702 | 248 | 4617 | 576 | 1538 | 14519 |
| 01:00 | 1139 | 1534 | 480 | 937 | 845 | 1693 | 686 | 236 | 4406 | 572 | 1505 | 14033 |
| 02:00 | 1126 | 1513 | 469 | 924 | 828 | 1648 | 676 | 232 | 4282 | 568 | 1488 | 13754 |
| 03:00 | 1127 | 1516 | 463 | 926 | 825 | 1631 | 677 | 228 | 4230 | 568 | 1488 | 13679 |
| 04:00 | 1151 | 1556 | 470 | 952 | 837 | 1660 | 698 | 232 | 4270 | 572 | 1513 | 13911 |
| 05:00 | 1215 | 1666 | 503 | 1025 | 883 | 1769 | 751 | 253 | 4517 | 589 | 1585 | 14756 |
| 06:00 | 1333 | 1849 | 566 | 1137 | 977 | 1974 | 847 | 290 | 5017 | 617 | 1719 | 16326 |
| 07:00 | 1389 | 1943 | 619 | 1200 | 1030 | 2104 | 894 | 311 | 5499 | 631 | 1804 | 17424 |
| 08:00 | 1394 | 1957 | 639 | 1209 | 1053 | 2154 | 899 | 318 | 5827 | 632 | 1828 | 17910 |
| 09:00 | 1389 | 1974 | 650 | 1223 | 1057 | 2165 | 903 | 321 | 6013 | 627 | 1851 | 18173 |
| 10:00 | 1378 | 1988 | 656 | 1229 | 1052 | 2157 | 905 | 322 | 6079 | 626 | 1865 | 18257 |
| 11:00 | 1364 | 1983 | 653 | 1224 | 1045 | 2130 | 897 | 322 | 6095 | 631 | 1858 | 18202 |
| 12:00 | 1348 | 1969 | 650 | 1212 | 1031 | 2094 | 886 | 318 | 6084 | 631 | 1846 | 18069 |
| 13:00 | 1340 | 1958 | 645 | 1203 | 1025 | 2073 | 878 | 314 | 6058 | 625 | 1846 | 17965 |
| 14:00 | 1339 | 1936 | 644 | 1193 | 1026 | 2086 | 871 | 313 | 6027 | 625 | 1831 | 17891 |
| 15:00 | 1353 | 1922 | 652 | 1186 | 1039 | 2137 | 868 | 320 | 6044 | 625 | 1810 | 17956 |
| 16:00 | 1398 | 1942 | 667 | 1194 | 1078 | 2244 | 887 | 332 | 6111 | 633 | 1821 | 18307 |
| 17:00 | 1479 | 2012 | 692 | 1231 | 1146 | 2410 | 935 | 357 | 6201 | 655 | 1856 | 18974 |
| 18:00 | 1513 | 2065 | 709 | 1266 | 1184 | 2478 | 959 | 375 | 6156 | 664 | 1902 | 19271 |
| 19:00 | 1474 | 2033 | 689 | 1238 | 1161 | 2419 | 942 | 369 | 5996 | 661 | 1880 | 18862 |
| 20:00 | 1432 | 1985 | 668 | 1208 | 1135 | 2345 | 918 | 360 | 5817 | 656 | 1851 | 18375 |
| 21:00 | 1388 | 1920 | 645 | 1158 | 1100 | 2258 | 878 | 348 | 5647 | 642 | 1811 | 17795 |
| 22:00 | 1329 | 1822 | 611 | 1087 | 1041 | 2129 | 831 | 324 | 5394 | 624 | 1743 | 16935 |
| 23:00 | 1273 | 1734 | 573 | 1025 | 977 | 1994 | 790 | 298 | 5099 | 618 | 1660 | 16041 |

02/08/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1244 | 1687 | 534 | 989 | 940 | 1911 | 760 | 280 | 4858 | 605 | 1599 | 15407 |
| 01:00 | 1219 | 1654 | 513 | 964 | 912 | 1835 | 740 | 270 | 4673 | 600 | 1566 | 14946 |
| 02:00 | 1208 | 1635 | 500 | 951 | 898 | 1791 | 732 | 264 | 4548 | 597 | 1548 | 14672 |
| 03:00 | 1209 | 1632 | 499 | 947 | 894 | 1772 | 732 | 263 | 4476 | 604 | 1544 | 14572 |
| 04:00 | 1223 | 1648 | 503 | 957 | 900 | 1790 | 743 | 268 | 4478 | 604 | 1552 | 14666 |
| 05:00 | 1254 | 1693 | 518 | 987 | 926 | 1852 | 767 | 278 | 4582 | 616 | 1582 | 15055 |
| 06:00 | 1309 | 1772 | 549 | 1037 | 975 | 1973 | 815 | 299 | 4784 | 631 | 1636 | 15780 |
| 07:00 | 1352 | 1834 | 573 | 1079 | 1007 | 2039 | 858 | 316 | 4980 | 646 | 1682 | 16366 |
| 08:00 | 1389 | 1889 | 596 | 1109 | 1019 | 2051 | 895 | 326 | 5168 | 660 | 1712 | 16814 |
| 09:00 | 1390 | 1931 | 604 | 1137 | 1013 | 2006 | 911 | 328 | 5338 | 662 | 1738 | 17058 |
| 10:00 | 1365 | 1935 | 608 | 1143 | 996 | 1952 | 908 | 323 | 5462 | 661 | 1737 | 17090 |
| 11:00 | 1333 | 1910 | 610 | 1135 | 980 | 1915 | 890 | 317 | 5512 | 658 | 1715 | 16975 |
| 12:00 | 1304 | 1878 | 607 | 1112 | 968 | 1881 | 869 | 312 | 5513 | 648 | 1692 | 16784 |
| 13:00 | 1289 | 1845 | 601 | 1090 | 960 | 1874 | 852 | 307 | 5469 | 641 | 1669 | 16597 |
| 14:00 | 1304 | 1818 | 602 | 1079 | 972 | 1921 | 846 | 307 | 5442 | 637 | 1652 | 16580 |
| 15:00 | 1345 | 1809 | 610 | 1074 | 1006 | 2010 | 851 | 312 | 5447 | 636 | 1644 | 16744 |
| 16:00 | 1414 | 1841 | 628 | 1090 | 1062 | 2147 | 875 | 327 | 5510 | 647 | 1662 | 17203 |
| 17:00 | 1515 | 1950 | 665 | 1162 | 1152 | 2357 | 933 | 357 | 5683 | 673 | 1726 | 18173 |
| 18:00 | 1547 | 2033 | 684 | 1217 | 1196 | 2439 | 964 | 373 | 5796 | 683 | 1797 | 18729 |
| 19:00 | 1515 | 2008 | 676 | 1201 | 1179 | 2390 | 952 | 369 | 5758 | 677 | 1790 | 18515 |
| 20:00 | 1482 | 1969 | 661 | 1176 | 1155 | 2336 | 932 | 361 | 5663 | 669 | 1778 | 18182 |
| 21:00 | 1433 | 1908 | 645 | 1127 | 1120 | 2260 | 894 | 348 | 5536 | 656 | 1736 | 17663 |
| 22:00 | 1375 | 1824 | 615 | 1066 | 1065 | 2140 | 851 | 329 | 5331 | 645 | 1681 | 16922 |
| 23:00 | 1320 | 1756 | 582 | 1016 | 1007 | 2015 | 815 | 307 | 5093 | 643 | 1621 | 16175 |

02/09/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1292 | 1702 | 553 | 990 | 964 | 1912 | 782 | 283 | 4861 | 650 | 1569 | 15558 |
| 01:00 | 1265 | 1663 | 531 | 962 | 932 | 1838 | 754 | 269 | 4663 | 646 | 1536 | 15059 |
| 02:00 | 1249 | 1635 | 519 | 946 | 913 | 1789 | 738 | 262 | 4524 | 637 | 1515 | 14727 |
| 03:00 | 1242 | 1623 | 510 | 936 | 905 | 1764 | 732 | 258 | 4442 | 632 | 1505 | 14549 |
| 04:00 | 1248 | 1627 | 509 | 938 | 908 | 1771 | 735 | 259 | 4428 | 633 | 1508 | 14564 |
| 05:00 | 1268 | 1653 | 522 | 953 | 925 | 1808 | 755 | 265 | 4499 | 636 | 1521 | 14805 |
| 06:00 | 1300 | 1712 | 541 | 984 | 962 | 1879 | 796 | 279 | 4628 | 646 | 1555 | 15282 |
| 07:00 | 1329 | 1765 | 558 | 1014 | 990 | 1916 | 838 | 294 | 4759 | 653 | 1581 | 15697 |
| 08:00 | 1370 | 1821 | 585 | 1043 | 1032 | 1995 | 885 | 312 | 4967 | 667 | 1602 | 16279 |
| 09:00 | 1387 | 1843 | 603 | 1061 | 1055 | 2036 | 903 | 323 | 5146 | 669 | 1622 | 16648 |
| 10:00 | 1375 | 1844 | 614 | 1061 | 1054 | 2044 | 897 | 326 | 5291 | 665 | 1622 | 16793 |
| 11:00 | 1357 | 1832 | 617 | 1057 | 1041 | 2049 | 883 | 325 | 5371 | 658 | 1621 | 16811 |
| 12:00 | 1334 | 1809 | 616 | 1054 | 1017 | 2034 | 861 | 321 | 5393 | 647 | 1615 | 16701 |
| 13:00 | 1315 | 1784 | 611 | 1047 | 1002 | 2016 | 833 | 314 | 5383 | 641 | 1610 | 16556 |
| 14:00 | 1313 | 1764 | 606 | 1044 | 1000 | 2019 | 819 | 309 | 5368 | 634 | 1604 | 16480 |
| 15:00 | 1338 | 1773 | 611 | 1049 | 1021 | 2064 | 825 | 311 | 5385 | 636 | 1610 | 16623 |
| 16:00 | 1399 | 1818 | 629 | 1080 | 1067 | 2174 | 856 | 325 | 5464 | 646 | 1646 | 17104 |
| 17:00 | 1502 | 1930 | 668 | 1148 | 1158 | 2376 | 920 | 354 | 5651 | 662 | 1712 | 18081 |
| 18:00 | 1529 | 1991 | 689 | 1189 | 1199 | 2458 | 944 | 370 | 5772 | 661 | 1759 | 18561 |
| 19:00 | 1500 | 1967 | 679 | 1172 | 1175 | 2399 | 933 | 365 | 5728 | 652 | 1753 | 18323 |
| 20:00 | 1449 | 1917 | 662 | 1144 | 1142 | 2329 | 893 | 355 | 5648 | 637 | 1727 | 17903 |
| 21:00 | 1387 | 1850 | 640 | 1103 | 1096 | 2234 | 844 | 339 | 5520 | 622 | 1685 | 17320 |
| 22:00 | 1319 | 1765 | 605 | 1047 | 1036 | 2103 | 788 | 314 | 5291 | 610 | 1627 | 16505 |
| 23:00 | 1259 | 1692 | 565 | 998 | 976 | 1965 | 748 | 288 | 5010 | 604 | 1574 | 15679 |

02/10/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1224 | 1623 | 532 | 950 | 928 | 1829 | 736 | 264 | 4744 | 591 | 1532 | 14953 |
| 01:00 | 1208 | 1598 | 513 | 931 | 903 | 1768 | 722 | 256 | 4577 | 589 | 1511 | 14576 |
| 02:00 | 1205 | 1588 | 504 | 923 | 894 | 1734 | 720 | 253 | 4479 | 587 | 1502 | 14389 |
| 03:00 | 1212 | 1591 | 501 | 925 | 893 | 1732 | 727 | 253 | 4441 | 582 | 1502 | 14359 |
| 04:00 | 1238 | 1631 | 508 | 952 | 912 | 1780 | 748 | 259 | 4504 | 587 | 1529 | 14648 |
| 05:00 | 1312 | 1740 | 545 | 1025 | 966 | 1913 | 808 | 282 | 4789 | 604 | 1602 | 15586 |
| 06:00 | 1434 | 1930 | 614 | 1138 | 1064 | 2150 | 908 | 322 | 5312 | 630 | 1738 | 17240 |
| 07:00 | 1483 | 2015 | 668 | 1198 | 1107 | 2268 | 951 | 344 | 5800 | 643 | 1815 | 18292 |
| 08:00 | 1463 | 2010 | 679 | 1198 | 1106 | 2267 | 952 | 344 | 6046 | 638 | 1829 | 18532 |
| 09:00 | 1436 | 2003 | 681 | 1202 | 1094 | 2217 | 947 | 338 | 6213 | 632 | 1837 | 18600 |
| 10:00 | 1411 | 1997 | 680 | 1200 | 1082 | 2175 | 941 | 333 | 6265 | 623 | 1846 | 18553 |
| 11:00 | 1384 | 1975 | 673 | 1189 | 1064 | 2140 | 923 | 325 | 6260 | 617 | 1828 | 18378 |
| 12:00 | 1363 | 1951 | 667 | 1176 | 1045 | 2103 | 902 | 318 | 6223 | 610 | 1806 | 18164 |
| 13:00 | 1351 | 1931 | 663 | 1168 | 1043 | 2088 | 887 | 314 | 6188 | 607 | 1802 | 18042 |
| 14:00 | 1352 | 1906 | 659 | 1160 | 1046 | 2106 | 877 | 313 | 6146 | 608 | 1788 | 17961 |
| 15:00 | 1376 | 1900 | 664 | 1157 | 1066 | 2173 | 874 | 319 | 6159 | 611 | 1780 | 18079 |
| 16:00 | 1434 | 1926 | 680 | 1174 | 1107 | 2301 | 896 | 333 | 6232 | 618 | 1801 | 18502 |
| 17:00 | 1527 | 2014 | 709 | 1231 | 1185 | 2507 | 950 | 362 | 6375 | 630 | 1847 | 19337 |
| 18:00 | 1572 | 2077 | 733 | 1274 | 1235 | 2636 | 977 | 386 | 6377 | 633 | 1896 | 19796 |
| 19:00 | 1552 | 2051 | 724 | 1264 | 1224 | 2590 | 965 | 386 | 6266 | 628 | 1890 | 19540 |
| 20:00 | 1501 | 1992 | 696 | 1226 | 1189 | 2503 | 933 | 375 | 6105 | 621 | 1850 | 18991 |
| 21:00 | 1432 | 1897 | 660 | 1161 | 1132 | 2361 | 876 | 352 | 5880 | 601 | 1794 | 18146 |
| 22:00 | 1353 | 1779 | 608 | 1080 | 1055 | 2160 | 812 | 318 | 5529 | 578 | 1714 | 16986 |
| 23:00 | 1289 | 1690 | 558 | 1019 | 985 | 1980 | 767 | 288 | 5138 | 570 | 1632 | 15916 |