

ISO Load Forecast

[02/28/2020](#)
[02/29/2020](#)
[03/01/2020](#)
[03/02/2020](#)
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[02/28/2020](#)

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1204 | 1675 | 533 | 1011 | 920 | 1892 | 724 | 269 | 4864 | 573 | 1578 | 15243 |
| 01:00 | 1180 | 1634 | 519 | 983 | 897 | 1836 | 704 | 261 | 4664 | 572 | 1537 | 14787 |
| 02:00 | 1166 | 1609 | 509 | 967 | 885 | 1800 | 693 | 259 | 4544 | 567 | 1516 | 14515 |
| 03:00 | 1167 | 1610 | 504 | 964 | 885 | 1790 | 694 | 256 | 4494 | 569 | 1512 | 14445 |
| 04:00 | 1192 | 1647 | 512 | 987 | 898 | 1828 | 716 | 262 | 4540 | 574 | 1537 | 14693 |
| 05:00 | 1260 | 1750 | 545 | 1054 | 947 | 1940 | 775 | 284 | 4783 | 591 | 1616 | 15545 |
| 06:00 | 1372 | 1916 | 601 | 1157 | 1027 | 2116 | 863 | 319 | 5266 | 623 | 1748 | 17008 |
| 07:00 | 1432 | 2002 | 644 | 1213 | 1062 | 2196 | 911 | 335 | 5756 | 642 | 1821 | 18014 |
| 08:00 | 1432 | 2025 | 652 | 1235 | 1048 | 2158 | 925 | 334 | 6071 | 646 | 1875 | 18401 |
| 09:00 | 1417 | 2038 | 650 | 1251 | 1025 | 2078 | 927 | 327 | 6238 | 640 | 1902 | 18493 |
| 10:00 | 1406 | 2044 | 649 | 1259 | 1008 | 2013 | 924 | 322 | 6284 | 637 | 1917 | 18463 |
| 11:00 | 1393 | 2031 | 642 | 1257 | 995 | 1973 | 916 | 319 | 6290 | 640 | 1911 | 18367 |
| 12:00 | 1375 | 2008 | 640 | 1241 | 984 | 1960 | 898 | 315 | 6268 | 639 | 1895 | 18223 |
| 13:00 | 1365 | 1992 | 639 | 1231 | 992 | 1980 | 889 | 313 | 6232 | 631 | 1891 | 18155 |
| 14:00 | 1363 | 1972 | 642 | 1217 | 1005 | 2037 | 879 | 314 | 6192 | 629 | 1870 | 18120 |
| 15:00 | 1378 | 1957 | 652 | 1207 | 1029 | 2126 | 875 | 321 | 6204 | 627 | 1844 | 18220 |
| 16:00 | 1424 | 1972 | 670 | 1214 | 1075 | 2260 | 892 | 336 | 6270 | 634 | 1844 | 18591 |
| 17:00 | 1481 | 1995 | 686 | 1220 | 1132 | 2394 | 917 | 357 | 6343 | 651 | 1847 | 19023 |
| 18:00 | 1548 | 2088 | 722 | 1286 | 1202 | 2543 | 970 | 383 | 6357 | 670 | 1930 | 19699 |
| 19:00 | 1523 | 2069 | 710 | 1270 | 1197 | 2505 | 959 | 381 | 6238 | 669 | 1921 | 19442 |
| 20:00 | 1474 | 2013 | 689 | 1227 | 1170 | 2428 | 925 | 370 | 6050 | 660 | 1864 | 18870 |
| 21:00 | 1408 | 1935 | 658 | 1170 | 1124 | 2309 | 879 | 353 | 5830 | 637 | 1805 | 18108 |
| 22:00 | 1340 | 1838 | 625 | 1100 | 1066 | 2175 | 828 | 330 | 5570 | 618 | 1730 | 17220 |
| 23:00 | 1273 | 1747 | 589 | 1035 | 1003 | 2040 | 779 | 304 | 5267 | 607 | 1640 | 16284 |

02/29/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1225 | 1660 | 555 | 999 | 957 | 1930 | 747 | 285 | 4974 | 577 | 1571 | 15480 |
| 01:00 | 1194 | 1619 | 536 | 970 | 928 | 1863 | 721 | 275 | 4792 | 569 | 1531 | 14998 |
| 02:00 | 1178 | 1595 | 522 | 953 | 913 | 1822 | 709 | 269 | 4671 | 564 | 1506 | 14702 |
| 03:00 | 1174 | 1587 | 517 | 946 | 906 | 1806 | 705 | 266 | 4601 | 568 | 1497 | 14573 |
| 04:00 | 1183 | 1597 | 519 | 953 | 911 | 1821 | 714 | 268 | 4596 | 564 | 1505 | 14631 |
| 05:00 | 1210 | 1637 | 532 | 980 | 933 | 1869 | 738 | 276 | 4673 | 577 | 1537 | 14962 |
| 06:00 | 1245 | 1701 | 549 | 1019 | 961 | 1938 | 777 | 291 | 4820 | 589 | 1586 | 15476 |
| 07:00 | 1288 | 1760 | 567 | 1057 | 987 | 1971 | 823 | 306 | 4996 | 614 | 1625 | 15994 |
| 08:00 | 1345 | 1833 | 594 | 1107 | 1009 | 1985 | 871 | 320 | 5204 | 631 | 1695 | 16594 |
| 09:00 | 1377 | 1892 | 609 | 1154 | 1023 | 1967 | 899 | 325 | 5374 | 641 | 1742 | 17003 |
| 10:00 | 1383 | 1916 | 620 | 1178 | 1025 | 1938 | 908 | 326 | 5501 | 645 | 1763 | 17203 |
| 11:00 | 1372 | 1908 | 626 | 1185 | 1024 | 1925 | 900 | 326 | 5569 | 639 | 1754 | 17228 |
| 12:00 | 1353 | 1887 | 625 | 1170 | 1021 | 1915 | 885 | 326 | 5573 | 631 | 1743 | 17129 |
| 13:00 | 1340 | 1866 | 622 | 1159 | 1017 | 1915 | 874 | 323 | 5539 | 623 | 1726 | 17004 |
| 14:00 | 1340 | 1853 | 624 | 1148 | 1019 | 1944 | 868 | 325 | 5520 | 621 | 1709 | 16971 |
| 15:00 | 1361 | 1848 | 631 | 1139 | 1038 | 2016 | 873 | 329 | 5530 | 617 | 1697 | 17079 |
| 16:00 | 1411 | 1872 | 644 | 1147 | 1084 | 2147 | 894 | 341 | 5589 | 624 | 1710 | 17463 |
| 17:00 | 1478 | 1914 | 662 | 1170 | 1145 | 2293 | 926 | 361 | 5696 | 644 | 1732 | 18021 |
| 18:00 | 1542 | 2010 | 694 | 1242 | 1218 | 2453 | 970 | 383 | 5855 | 663 | 1821 | 18851 |
| 19:00 | 1521 | 1993 | 689 | 1231 | 1212 | 2430 | 963 | 384 | 5838 | 657 | 1822 | 18740 |
| 20:00 | 1476 | 1935 | 675 | 1187 | 1184 | 2374 | 927 | 373 | 5733 | 643 | 1775 | 18282 |
| 21:00 | 1414 | 1857 | 652 | 1130 | 1138 | 2281 | 882 | 358 | 5586 | 623 | 1719 | 17640 |
| 22:00 | 1353 | 1773 | 627 | 1071 | 1084 | 2172 | 835 | 340 | 5412 | 607 | 1661 | 16935 |
| 23:00 | 1292 | 1700 | 598 | 1013 | 1025 | 2056 | 790 | 318 | 5208 | 596 | 1594 | 16190 |

03/01/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1245 | 1641 | 566 | 977 | 969 | 1953 | 739 | 288 | 5003 | 583 | 1537 | 15501 |
| 01:00 | 1213 | 1599 | 541 | 949 | 938 | 1878 | 713 | 274 | 4816 | 565 | 1502 | 14988 |
| 02:00 | 1198 | 1579 | 526 | 934 | 921 | 1831 | 703 | 268 | 4686 | 561 | 1482 | 14689 |
| 03:00 | 1194 | 1569 | 517 | 927 | 915 | 1814 | 702 | 266 | 4624 | 572 | 1477 | 14577 |
| 04:00 | 1202 | 1576 | 517 | 929 | 918 | 1819 | 710 | 267 | 4600 | 573 | 1480 | 14591 |
| 05:00 | 1223 | 1606 | 527 | 947 | 935 | 1858 | 730 | 275 | 4672 | 582 | 1501 | 14856 |
| 06:00 | 1252 | 1663 | 544 | 976 | 959 | 1899 | 760 | 286 | 4773 | 606 | 1534 | 15252 |
| 07:00 | 1273 | 1701 | 553 | 993 | 961 | 1887 | 796 | 294 | 4872 | 615 | 1537 | 15482 |
| 08:00 | 1304 | 1760 | 568 | 1025 | 967 | 1878 | 838 | 299 | 5017 | 622 | 1580 | 15858 |
| 09:00 | 1308 | 1787 | 575 | 1042 | 961 | 1840 | 854 | 301 | 5155 | 631 | 1603 | 16057 |
| 10:00 | 1296 | 1784 | 575 | 1044 | 939 | 1787 | 842 | 296 | 5276 | 632 | 1610 | 16081 |
| 11:00 | 1282 | 1771 | 577 | 1044 | 922 | 1752 | 819 | 289 | 5341 | 609 | 1594 | 16000 |
| 12:00 | 1261 | 1750 | 574 | 1039 | 907 | 1735 | 798 | 283 | 5351 | 593 | 1582 | 15873 |
| 13:00 | 1248 | 1719 | 572 | 1031 | 906 | 1742 | 781 | 277 | 5333 | 576 | 1567 | 15752 |
| 14:00 | 1251 | 1699 | 574 | 1024 | 921 | 1790 | 771 | 278 | 5310 | 575 | 1552 | 15745 |
| 15:00 | 1288 | 1702 | 584 | 1027 | 958 | 1892 | 776 | 286 | 5330 | 575 | 1552 | 15970 |
| 16:00 | 1358 | 1744 | 609 | 1055 | 1024 | 2059 | 810 | 303 | 5411 | 596 | 1584 | 16553 |
| 17:00 | 1448 | 1823 | 640 | 1104 | 1111 | 2248 | 865 | 331 | 5558 | 629 | 1630 | 17387 |
| 18:00 | 1539 | 1954 | 687 | 1190 | 1201 | 2437 | 932 | 364 | 5781 | 655 | 1734 | 18474 |
| 19:00 | 1537 | 1970 | 691 | 1201 | 1202 | 2444 | 936 | 370 | 5825 | 654 | 1763 | 18593 |
| 20:00 | 1496 | 1933 | 678 | 1174 | 1176 | 2401 | 906 | 365 | 5782 | 637 | 1738 | 18286 |
| 21:00 | 1417 | 1850 | 651 | 1118 | 1120 | 2287 | 849 | 345 | 5645 | 615 | 1679 | 17576 |
| 22:00 | 1326 | 1742 | 608 | 1049 | 1050 | 2122 | 791 | 316 | 5383 | 586 | 1607 | 16580 |
| 23:00 | 1251 | 1660 | 563 | 987 | 981 | 1958 | 747 | 285 | 5066 | 572 | 1541 | 15611 |

03/02/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1215 | 1637 | 530 | 939 | 933 | 1863 | 721 | 259 | 4778 | 597 | 1480 | 14952 |
| 01:00 | 1195 | 1610 | 512 | 919 | 909 | 1804 | 707 | 249 | 4622 | 600 | 1455 | 14582 |
| 02:00 | 1187 | 1597 | 503 | 911 | 899 | 1770 | 701 | 246 | 4527 | 601 | 1443 | 14385 |
| 03:00 | 1191 | 1598 | 498 | 913 | 900 | 1765 | 703 | 246 | 4494 | 600 | 1442 | 14350 |
| 04:00 | 1220 | 1635 | 508 | 940 | 916 | 1807 | 723 | 253 | 4556 | 605 | 1472 | 14635 |
| 05:00 | 1303 | 1742 | 543 | 1020 | 969 | 1936 | 781 | 274 | 4828 | 619 | 1559 | 15574 |
| 06:00 | 1442 | 1927 | 605 | 1137 | 1058 | 2140 | 879 | 310 | 5316 | 643 | 1701 | 17158 |
| 07:00 | 1497 | 2005 | 655 | 1185 | 1099 | 2245 | 925 | 329 | 5799 | 650 | 1772 | 18161 |
| 08:00 | 1470 | 1995 | 663 | 1186 | 1091 | 2218 | 923 | 328 | 6016 | 637 | 1800 | 18327 |
| 09:00 | 1434 | 1975 | 662 | 1184 | 1071 | 2155 | 909 | 320 | 6163 | 629 | 1810 | 18312 |
| 10:00 | 1408 | 1970 | 659 | 1186 | 1054 | 2096 | 894 | 314 | 6208 | 623 | 1823 | 18235 |
| 11:00 | 1385 | 1947 | 653 | 1182 | 1037 | 2054 | 875 | 309 | 6202 | 619 | 1806 | 18069 |
| 12:00 | 1361 | 1924 | 648 | 1170 | 1017 | 2015 | 857 | 304 | 6166 | 608 | 1781 | 17851 |
| 13:00 | 1351 | 1903 | 646 | 1161 | 1014 | 2005 | 844 | 301 | 6135 | 602 | 1777 | 17739 |
| 14:00 | 1346 | 1884 | 648 | 1149 | 1026 | 2038 | 835 | 301 | 6095 | 600 | 1757 | 17679 |
| 15:00 | 1361 | 1876 | 658 | 1144 | 1048 | 2116 | 831 | 307 | 6115 | 595 | 1738 | 17789 |
| 16:00 | 1406 | 1903 | 673 | 1159 | 1087 | 2253 | 852 | 320 | 6189 | 598 | 1750 | 18190 |
| 17:00 | 1465 | 1937 | 683 | 1183 | 1133 | 2383 | 882 | 340 | 6247 | 605 | 1764 | 18622 |
| 18:00 | 1533 | 2005 | 711 | 1241 | 1193 | 2544 | 920 | 363 | 6246 | 613 | 1834 | 19203 |
| 19:00 | 1515 | 1998 | 710 | 1237 | 1192 | 2531 | 913 | 367 | 6169 | 608 | 1841 | 19081 |
| 20:00 | 1461 | 1936 | 685 | 1194 | 1153 | 2453 | 877 | 354 | 6019 | 602 | 1793 | 18527 |
| 21:00 | 1378 | 1827 | 647 | 1118 | 1092 | 2316 | 819 | 329 | 5782 | 586 | 1726 | 17620 |
| 22:00 | 1282 | 1702 | 595 | 1031 | 1015 | 2116 | 754 | 295 | 5427 | 566 | 1631 | 16414 |
| 23:00 | 1202 | 1606 | 545 | 963 | 944 | 1931 | 701 | 263 | 5028 | 554 | 1534 | 15271 |

03/03/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1168 | 1546 | 506 | 923 | 897 | 1790 | 668 | 242 | 4687 | 548 | 1479 | 14454 |
| 01:00 | 1150 | 1516 | 486 | 901 | 869 | 1725 | 650 | 232 | 4498 | 537 | 1446 | 14010 |
| 02:00 | 1142 | 1502 | 477 | 889 | 857 | 1691 | 643 | 229 | 4389 | 530 | 1428 | 13777 |
| 03:00 | 1147 | 1500 | 475 | 889 | 857 | 1686 | 643 | 230 | 4347 | 528 | 1423 | 13725 |
| 04:00 | 1176 | 1539 | 486 | 915 | 873 | 1728 | 660 | 238 | 4401 | 535 | 1449 | 14000 |
| 05:00 | 1252 | 1654 | 519 | 991 | 926 | 1855 | 713 | 260 | 4673 | 555 | 1534 | 14932 |
| 06:00 | 1382 | 1842 | 584 | 1105 | 1013 | 2046 | 806 | 294 | 5169 | 589 | 1674 | 16504 |
| 07:00 | 1435 | 1913 | 633 | 1152 | 1057 | 2157 | 847 | 312 | 5656 | 602 | 1745 | 17509 |
| 08:00 | 1415 | 1895 | 645 | 1155 | 1067 | 2154 | 839 | 312 | 5885 | 579 | 1770 | 17716 |
| 09:00 | 1396 | 1880 | 650 | 1151 | 1064 | 2128 | 827 | 307 | 6041 | 572 | 1778 | 17794 |
| 10:00 | 1381 | 1872 | 650 | 1145 | 1057 | 2105 | 819 | 307 | 6080 | 567 | 1784 | 17767 |
| 11:00 | 1363 | 1850 | 648 | 1137 | 1053 | 2093 | 805 | 301 | 6086 | 560 | 1763 | 17659 |
| 12:00 | 1338 | 1821 | 646 | 1118 | 1039 | 2071 | 789 | 297 | 6068 | 550 | 1740 | 17477 |
| 13:00 | 1325 | 1802 | 644 | 1109 | 1034 | 2057 | 776 | 295 | 6046 | 546 | 1737 | 17371 |
| 14:00 | 1313 | 1779 | 641 | 1095 | 1033 | 2070 | 768 | 294 | 6005 | 541 | 1714 | 17253 |
| 15:00 | 1323 | 1764 | 641 | 1088 | 1039 | 2114 | 765 | 296 | 6023 | 539 | 1692 | 17284 |
| 16:00 | 1362 | 1788 | 650 | 1100 | 1065 | 2204 | 784 | 304 | 6079 | 554 | 1699 | 17589 |
| 17:00 | 1414 | 1830 | 651 | 1130 | 1094 | 2284 | 819 | 319 | 6106 | 574 | 1716 | 17937 |
| 18:00 | 1484 | 1938 | 687 | 1197 | 1158 | 2441 | 867 | 349 | 6125 | 599 | 1792 | 18637 |
| 19:00 | 1465 | 1927 | 677 | 1197 | 1142 | 2403 | 862 | 347 | 6016 | 599 | 1808 | 18443 |
| 20:00 | 1419 | 1878 | 654 | 1161 | 1108 | 2337 | 838 | 336 | 5878 | 603 | 1773 | 17985 |
| 21:00 | 1338 | 1781 | 619 | 1090 | 1047 | 2205 | 785 | 312 | 5649 | 582 | 1709 | 17117 |
| 22:00 | 1247 | 1662 | 567 | 1005 | 972 | 2014 | 728 | 278 | 5313 | 555 | 1624 | 15965 |
| 23:00 | 1171 | 1568 | 520 | 939 | 901 | 1833 | 682 | 247 | 4914 | 542 | 1532 | 14849 |

03/04/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1113 | 1510 | 479 | 899 | 855 | 1705 | 652 | 223 | 4540 | 546 | 1470 | 13992 |
| 01:00 | 1089 | 1480 | 459 | 878 | 825 | 1640 | 634 | 214 | 4342 | 546 | 1440 | 13547 |
| 02:00 | 1079 | 1466 | 449 | 867 | 811 | 1603 | 625 | 210 | 4230 | 541 | 1427 | 13308 |
| 03:00 | 1081 | 1465 | 446 | 868 | 809 | 1595 | 625 | 210 | 4188 | 537 | 1424 | 13248 |
| 04:00 | 1109 | 1501 | 457 | 894 | 825 | 1632 | 643 | 215 | 4239 | 543 | 1447 | 13505 |
| 05:00 | 1187 | 1611 | 492 | 969 | 879 | 1755 | 693 | 240 | 4507 | 554 | 1526 | 14413 |
| 06:00 | 1325 | 1779 | 555 | 1082 | 974 | 1957 | 779 | 277 | 5018 | 578 | 1652 | 15976 |
| 07:00 | 1375 | 1835 | 606 | 1124 | 1015 | 2069 | 817 | 294 | 5512 | 590 | 1709 | 16946 |
| 08:00 | 1349 | 1813 | 612 | 1124 | 1011 | 2057 | 809 | 293 | 5766 | 589 | 1725 | 17148 |
| 09:00 | 1311 | 1793 | 613 | 1120 | 996 | 2010 | 797 | 288 | 5912 | 579 | 1732 | 17151 |
| 10:00 | 1289 | 1788 | 614 | 1118 | 985 | 1974 | 787 | 285 | 5950 | 578 | 1735 | 17103 |
| 11:00 | 1274 | 1777 | 614 | 1113 | 980 | 1961 | 767 | 280 | 5962 | 575 | 1720 | 17023 |
| 12:00 | 1254 | 1761 | 613 | 1100 | 966 | 1943 | 752 | 277 | 5954 | 568 | 1701 | 16889 |
| 13:00 | 1255 | 1752 | 615 | 1095 | 969 | 1945 | 749 | 275 | 5942 | 562 | 1703 | 16862 |
| 14:00 | 1260 | 1737 | 617 | 1086 | 978 | 1976 | 740 | 278 | 5917 | 556 | 1687 | 16832 |
| 15:00 | 1280 | 1737 | 623 | 1083 | 996 | 2040 | 743 | 282 | 5948 | 556 | 1669 | 16957 |
| 16:00 | 1327 | 1774 | 633 | 1097 | 1035 | 2149 | 763 | 292 | 6020 | 563 | 1680 | 17333 |
| 17:00 | 1382 | 1821 | 636 | 1119 | 1072 | 2232 | 790 | 310 | 6045 | 575 | 1702 | 17684 |
| 18:00 | 1449 | 1893 | 669 | 1174 | 1133 | 2380 | 822 | 340 | 6041 | 586 | 1770 | 18257 |
| 19:00 | 1432 | 1898 | 657 | 1174 | 1116 | 2350 | 823 | 337 | 5935 | 588 | 1781 | 18091 |
| 20:00 | 1381 | 1834 | 630 | 1130 | 1078 | 2280 | 793 | 324 | 5779 | 575 | 1745 | 17549 |
| 21:00 | 1297 | 1733 | 594 | 1059 | 1015 | 2146 | 738 | 300 | 5544 | 554 | 1684 | 16664 |
| 22:00 | 1196 | 1609 | 544 | 977 | 934 | 1959 | 680 | 265 | 5206 | 533 | 1603 | 15506 |
| 23:00 | 1116 | 1517 | 499 | 913 | 860 | 1791 | 632 | 232 | 4836 | 522 | 1519 | 14437 |