

ISO Load Forecast

[02/02/2020](#)
[02/03/2020](#)
[02/04/2020](#)
[02/05/2020](#)
[02/06/2020](#)
[02/07/2020](#)

02/02/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1164 | 1605 | 534 | 929 | 912 | 1861 | 724 | 276 | 4793 | 580 | 1494 | 14872 |
| 01:00 | 1135 | 1568 | 512 | 902 | 879 | 1779 | 699 | 261 | 4597 | 576 | 1456 | 14364 |
| 02:00 | 1119 | 1543 | 502 | 885 | 860 | 1727 | 686 | 254 | 4460 | 569 | 1432 | 14037 |
| 03:00 | 1113 | 1533 | 494 | 878 | 852 | 1700 | 683 | 251 | 4382 | 564 | 1422 | 13872 |
| 04:00 | 1119 | 1538 | 495 | 882 | 855 | 1708 | 687 | 252 | 4372 | 566 | 1428 | 13902 |
| 05:00 | 1141 | 1567 | 507 | 902 | 873 | 1749 | 703 | 259 | 4453 | 567 | 1447 | 14168 |
| 06:00 | 1180 | 1628 | 530 | 939 | 912 | 1835 | 742 | 274 | 4601 | 584 | 1489 | 14714 |
| 07:00 | 1217 | 1686 | 547 | 977 | 943 | 1878 | 783 | 291 | 4739 | 603 | 1529 | 15193 |
| 08:00 | 1265 | 1742 | 569 | 1006 | 975 | 1935 | 822 | 308 | 4915 | 617 | 1559 | 15713 |
| 09:00 | 1292 | 1784 | 585 | 1035 | 993 | 1958 | 848 | 318 | 5076 | 627 | 1598 | 16114 |
| 10:00 | 1288 | 1809 | 594 | 1049 | 996 | 1950 | 855 | 320 | 5219 | 630 | 1617 | 16327 |
| 11:00 | 1280 | 1815 | 595 | 1059 | 990 | 1937 | 854 | 318 | 5292 | 628 | 1625 | 16393 |
| 12:00 | 1269 | 1811 | 598 | 1066 | 981 | 1919 | 847 | 314 | 5327 | 617 | 1632 | 16381 |
| 13:00 | 1265 | 1802 | 601 | 1064 | 984 | 1925 | 831 | 312 | 5340 | 609 | 1632 | 16365 |
| 14:00 | 1276 | 1791 | 605 | 1062 | 997 | 1963 | 823 | 313 | 5345 | 602 | 1626 | 16403 |
| 15:00 | 1303 | 1793 | 615 | 1066 | 1021 | 2035 | 828 | 319 | 5380 | 603 | 1628 | 16591 |
| 16:00 | 1357 | 1834 | 635 | 1091 | 1063 | 2162 | 852 | 334 | 5467 | 613 | 1662 | 17070 |
| 17:00 | 1453 | 1931 | 678 | 1157 | 1152 | 2390 | 906 | 364 | 5664 | 638 | 1730 | 18063 |
| 18:00 | 1463 | 1959 | 693 | 1182 | 1173 | 2445 | 915 | 375 | 5771 | 639 | 1766 | 18381 |
| 19:00 | 1417 | 1914 | 680 | 1150 | 1139 | 2377 | 896 | 368 | 5710 | 623 | 1738 | 18012 |
| 20:00 | 1370 | 1860 | 664 | 1119 | 1103 | 2305 | 863 | 358 | 5631 | 612 | 1706 | 17591 |
| 21:00 | 1312 | 1792 | 644 | 1073 | 1060 | 2218 | 818 | 341 | 5508 | 594 | 1664 | 17024 |
| 22:00 | 1242 | 1704 | 606 | 1015 | 999 | 2081 | 767 | 314 | 5263 | 573 | 1601 | 16165 |
| 23:00 | 1178 | 1627 | 562 | 961 | 936 | 1932 | 727 | 285 | 4961 | 564 | 1536 | 15269 |

02/03/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1128 | 1540 | 510 | 900 | 880 | 1760 | 681 | 258 | 4645 | 568 | 1448 | 14318 |
| 01:00 | 1106 | 1511 | 489 | 877 | 854 | 1693 | 662 | 247 | 4466 | 564 | 1420 | 13889 |
| 02:00 | 1099 | 1497 | 479 | 867 | 843 | 1657 | 657 | 243 | 4362 | 560 | 1409 | 13673 |
| 03:00 | 1103 | 1498 | 477 | 870 | 841 | 1653 | 662 | 243 | 4320 | 553 | 1411 | 13631 |
| 04:00 | 1129 | 1540 | 484 | 898 | 859 | 1700 | 681 | 250 | 4379 | 558 | 1444 | 13922 |
| 05:00 | 1207 | 1655 | 519 | 978 | 915 | 1837 | 737 | 276 | 4664 | 577 | 1524 | 14889 |
| 06:00 | 1338 | 1854 | 591 | 1101 | 1016 | 2087 | 836 | 320 | 5202 | 606 | 1676 | 16627 |
| 07:00 | 1397 | 1951 | 646 | 1170 | 1060 | 2194 | 884 | 342 | 5686 | 623 | 1773 | 17726 |
| 08:00 | 1375 | 1943 | 650 | 1166 | 1039 | 2162 | 882 | 337 | 5940 | 621 | 1787 | 17902 |
| 09:00 | 1341 | 1932 | 644 | 1161 | 1001 | 2061 | 873 | 325 | 6066 | 616 | 1788 | 17808 |
| 10:00 | 1306 | 1925 | 634 | 1155 | 965 | 1982 | 862 | 314 | 6092 | 611 | 1791 | 17637 |
| 11:00 | 1273 | 1901 | 620 | 1143 | 929 | 1926 | 844 | 301 | 6072 | 605 | 1772 | 17386 |
| 12:00 | 1245 | 1872 | 611 | 1127 | 904 | 1887 | 826 | 291 | 6041 | 598 | 1753 | 17155 |
| 13:00 | 1236 | 1850 | 612 | 1121 | 913 | 1901 | 815 | 289 | 6022 | 595 | 1752 | 17106 |
| 14:00 | 1245 | 1824 | 617 | 1116 | 937 | 1957 | 809 | 292 | 5998 | 597 | 1736 | 17128 |
| 15:00 | 1282 | 1816 | 629 | 1112 | 978 | 2048 | 809 | 302 | 6025 | 598 | 1725 | 17324 |
| 16:00 | 1354 | 1847 | 651 | 1129 | 1038 | 2191 | 836 | 319 | 6105 | 607 | 1745 | 17822 |
| 17:00 | 1467 | 1967 | 691 | 1207 | 1141 | 2438 | 903 | 356 | 6267 | 627 | 1816 | 18880 |
| 18:00 | 1501 | 2036 | 711 | 1258 | 1187 | 2545 | 933 | 380 | 6233 | 632 | 1878 | 19294 |
| 19:00 | 1465 | 2004 | 698 | 1235 | 1168 | 2492 | 914 | 377 | 6110 | 624 | 1855 | 18942 |
| 20:00 | 1418 | 1955 | 671 | 1205 | 1138 | 2405 | 885 | 367 | 5943 | 616 | 1813 | 18416 |
| 21:00 | 1344 | 1863 | 637 | 1140 | 1085 | 2271 | 829 | 344 | 5732 | 593 | 1753 | 17591 |
| 22:00 | 1256 | 1739 | 584 | 1054 | 1004 | 2067 | 765 | 308 | 5381 | 567 | 1665 | 16390 |
| 23:00 | 1183 | 1644 | 531 | 985 | 931 | 1878 | 721 | 275 | 4978 | 559 | 1575 | 15260 |

02/04/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1146 | 1585 | 502 | 941 | 882 | 1756 | 694 | 256 | 4631 | 550 | 1511 | 14454 |
| 01:00 | 1129 | 1552 | 484 | 918 | 856 | 1693 | 680 | 246 | 4428 | 546 | 1478 | 14010 |
| 02:00 | 1122 | 1534 | 475 | 905 | 844 | 1654 | 673 | 242 | 4318 | 544 | 1462 | 13773 |
| 03:00 | 1127 | 1536 | 472 | 906 | 844 | 1645 | 674 | 241 | 4274 | 544 | 1457 | 13720 |
| 04:00 | 1152 | 1569 | 478 | 930 | 860 | 1683 | 692 | 245 | 4327 | 552 | 1483 | 13971 |
| 05:00 | 1225 | 1675 | 514 | 1001 | 914 | 1809 | 744 | 268 | 4596 | 571 | 1556 | 14873 |
| 06:00 | 1354 | 1854 | 584 | 1111 | 1013 | 2043 | 836 | 309 | 5119 | 605 | 1693 | 16521 |
| 07:00 | 1411 | 1944 | 641 | 1172 | 1064 | 2163 | 878 | 333 | 5618 | 617 | 1780 | 17621 |
| 08:00 | 1395 | 1940 | 653 | 1176 | 1076 | 2197 | 876 | 338 | 5897 | 611 | 1795 | 17954 |
| 09:00 | 1377 | 1934 | 661 | 1177 | 1077 | 2190 | 872 | 336 | 6061 | 607 | 1805 | 18097 |
| 10:00 | 1362 | 1937 | 666 | 1182 | 1073 | 2176 | 866 | 335 | 6117 | 599 | 1812 | 18125 |
| 11:00 | 1351 | 1919 | 664 | 1178 | 1064 | 2161 | 852 | 330 | 6139 | 595 | 1800 | 18053 |
| 12:00 | 1336 | 1899 | 661 | 1167 | 1048 | 2133 | 836 | 326 | 6136 | 588 | 1785 | 17915 |
| 13:00 | 1331 | 1891 | 658 | 1163 | 1042 | 2114 | 829 | 322 | 6125 | 585 | 1788 | 17848 |
| 14:00 | 1328 | 1875 | 652 | 1157 | 1039 | 2120 | 823 | 318 | 6093 | 579 | 1772 | 17756 |
| 15:00 | 1341 | 1861 | 653 | 1156 | 1047 | 2155 | 824 | 319 | 6104 | 585 | 1761 | 17806 |
| 16:00 | 1389 | 1894 | 659 | 1175 | 1080 | 2248 | 846 | 331 | 6162 | 595 | 1781 | 18160 |
| 17:00 | 1481 | 1987 | 690 | 1234 | 1153 | 2440 | 897 | 362 | 6274 | 623 | 1836 | 18977 |
| 18:00 | 1497 | 2026 | 703 | 1262 | 1179 | 2508 | 917 | 377 | 6201 | 627 | 1873 | 19170 |
| 19:00 | 1461 | 1996 | 691 | 1238 | 1154 | 2451 | 900 | 372 | 6054 | 620 | 1855 | 18792 |
| 20:00 | 1409 | 1935 | 668 | 1203 | 1117 | 2365 | 870 | 359 | 5869 | 609 | 1817 | 18221 |
| 21:00 | 1339 | 1843 | 636 | 1139 | 1062 | 2238 | 819 | 337 | 5651 | 589 | 1763 | 17416 |
| 22:00 | 1250 | 1725 | 585 | 1057 | 982 | 2050 | 761 | 303 | 5307 | 567 | 1679 | 16266 |
| 23:00 | 1176 | 1632 | 535 | 991 | 910 | 1872 | 718 | 269 | 4916 | 555 | 1592 | 15166 |

02/05/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1139 | 1575 | 497 | 951 | 862 | 1747 | 684 | 247 | 4578 | 557 | 1538 | 14375 |
| 01:00 | 1120 | 1543 | 478 | 927 | 833 | 1679 | 668 | 238 | 4379 | 552 | 1510 | 13927 |
| 02:00 | 1113 | 1524 | 470 | 917 | 820 | 1639 | 664 | 233 | 4265 | 551 | 1494 | 13690 |
| 03:00 | 1117 | 1523 | 467 | 919 | 819 | 1629 | 666 | 231 | 4220 | 554 | 1491 | 13636 |
| 04:00 | 1145 | 1560 | 475 | 946 | 834 | 1667 | 688 | 236 | 4273 | 561 | 1518 | 13903 |
| 05:00 | 1216 | 1667 | 507 | 1019 | 887 | 1789 | 744 | 258 | 4539 | 574 | 1593 | 14793 |
| 06:00 | 1343 | 1842 | 576 | 1131 | 989 | 2023 | 836 | 296 | 5072 | 601 | 1733 | 16442 |
| 07:00 | 1402 | 1934 | 632 | 1191 | 1044 | 2151 | 877 | 320 | 5574 | 617 | 1818 | 17560 |
| 08:00 | 1395 | 1942 | 646 | 1199 | 1053 | 2191 | 884 | 326 | 5876 | 614 | 1833 | 17959 |
| 09:00 | 1380 | 1952 | 657 | 1205 | 1056 | 2185 | 884 | 327 | 6043 | 612 | 1853 | 18154 |
| 10:00 | 1367 | 1962 | 665 | 1213 | 1056 | 2179 | 883 | 327 | 6098 | 612 | 1864 | 18226 |
| 11:00 | 1354 | 1955 | 663 | 1212 | 1053 | 2173 | 868 | 325 | 6131 | 612 | 1850 | 18196 |
| 12:00 | 1345 | 1936 | 665 | 1203 | 1044 | 2154 | 854 | 326 | 6136 | 608 | 1832 | 18103 |
| 13:00 | 1342 | 1926 | 664 | 1198 | 1042 | 2148 | 851 | 326 | 6135 | 609 | 1837 | 18078 |
| 14:00 | 1343 | 1906 | 662 | 1188 | 1043 | 2164 | 845 | 326 | 6111 | 609 | 1819 | 18016 |
| 15:00 | 1362 | 1894 | 667 | 1183 | 1062 | 2207 | 849 | 332 | 6136 | 611 | 1804 | 18107 |
| 16:00 | 1415 | 1922 | 684 | 1197 | 1106 | 2301 | 874 | 345 | 6207 | 620 | 1815 | 18486 |
| 17:00 | 1514 | 2020 | 711 | 1253 | 1187 | 2484 | 927 | 370 | 6311 | 639 | 1865 | 19281 |
| 18:00 | 1547 | 2077 | 721 | 1293 | 1219 | 2559 | 947 | 386 | 6262 | 648 | 1911 | 19570 |
| 19:00 | 1509 | 2053 | 703 | 1270 | 1193 | 2499 | 933 | 378 | 6111 | 646 | 1896 | 19191 |
| 20:00 | 1460 | 2005 | 675 | 1238 | 1157 | 2409 | 900 | 365 | 5919 | 640 | 1863 | 18631 |
| 21:00 | 1392 | 1917 | 647 | 1177 | 1102 | 2286 | 850 | 344 | 5709 | 622 | 1803 | 17849 |
| 22:00 | 1306 | 1796 | 597 | 1095 | 1021 | 2102 | 796 | 312 | 5380 | 603 | 1719 | 16727 |
| 23:00 | 1231 | 1700 | 551 | 1030 | 946 | 1927 | 755 | 280 | 5006 | 593 | 1629 | 15648 |

02/06/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1189 | 1639 | 515 | 986 | 901 | 1806 | 742 | 259 | 4684 | 610 | 1564 | 14895 |
| 01:00 | 1165 | 1599 | 495 | 958 | 875 | 1736 | 722 | 248 | 4483 | 609 | 1529 | 14419 |
| 02:00 | 1153 | 1574 | 484 | 943 | 860 | 1695 | 714 | 243 | 4367 | 604 | 1510 | 14147 |
| 03:00 | 1156 | 1569 | 479 | 940 | 860 | 1685 | 713 | 240 | 4315 | 601 | 1505 | 14063 |
| 04:00 | 1183 | 1605 | 486 | 962 | 874 | 1722 | 733 | 246 | 4362 | 607 | 1531 | 14311 |
| 05:00 | 1258 | 1717 | 522 | 1032 | 927 | 1842 | 786 | 269 | 4620 | 614 | 1605 | 15192 |
| 06:00 | 1389 | 1911 | 588 | 1144 | 1028 | 2066 | 879 | 309 | 5146 | 633 | 1749 | 16842 |
| 07:00 | 1446 | 2002 | 641 | 1203 | 1074 | 2192 | 924 | 331 | 5642 | 638 | 1836 | 17929 |
| 08:00 | 1437 | 2000 | 660 | 1210 | 1090 | 2233 | 928 | 337 | 5943 | 639 | 1852 | 18329 |
| 09:00 | 1431 | 2002 | 672 | 1211 | 1101 | 2232 | 924 | 338 | 6119 | 634 | 1865 | 18529 |
| 10:00 | 1424 | 1995 | 678 | 1210 | 1106 | 2222 | 921 | 339 | 6176 | 632 | 1873 | 18576 |
| 11:00 | 1412 | 1977 | 679 | 1201 | 1102 | 2202 | 906 | 337 | 6196 | 629 | 1856 | 18497 |
| 12:00 | 1392 | 1950 | 679 | 1187 | 1088 | 2173 | 889 | 335 | 6199 | 625 | 1833 | 18350 |
| 13:00 | 1381 | 1932 | 678 | 1180 | 1082 | 2159 | 877 | 333 | 6190 | 622 | 1833 | 18267 |
| 14:00 | 1370 | 1906 | 672 | 1168 | 1077 | 2162 | 865 | 332 | 6162 | 618 | 1813 | 18145 |
| 15:00 | 1375 | 1882 | 675 | 1163 | 1077 | 2191 | 860 | 335 | 6180 | 618 | 1787 | 18143 |
| 16:00 | 1409 | 1905 | 682 | 1173 | 1101 | 2268 | 874 | 343 | 6230 | 624 | 1784 | 18393 |
| 17:00 | 1486 | 1993 | 697 | 1225 | 1166 | 2416 | 916 | 367 | 6287 | 632 | 1831 | 19016 |
| 18:00 | 1514 | 2051 | 707 | 1262 | 1200 | 2489 | 938 | 384 | 6182 | 636 | 1886 | 19249 |
| 19:00 | 1484 | 2024 | 691 | 1237 | 1174 | 2426 | 923 | 377 | 6026 | 630 | 1867 | 18859 |
| 20:00 | 1432 | 1967 | 664 | 1204 | 1140 | 2351 | 885 | 362 | 5849 | 620 | 1830 | 18304 |
| 21:00 | 1358 | 1869 | 631 | 1141 | 1080 | 2230 | 827 | 337 | 5627 | 606 | 1765 | 17471 |
| 22:00 | 1264 | 1735 | 580 | 1057 | 993 | 2045 | 763 | 301 | 5285 | 594 | 1669 | 16286 |
| 23:00 | 1183 | 1626 | 531 | 988 | 910 | 1867 | 713 | 266 | 4901 | 581 | 1572 | 15138 |

02/07/2020

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1141 | 1563 | 490 | 943 | 858 | 1742 | 685 | 246 | 4575 | 560 | 1514 | 14317 |
| 01:00 | 1115 | 1524 | 469 | 916 | 827 | 1675 | 667 | 235 | 4374 | 554 | 1478 | 13834 |
| 02:00 | 1101 | 1501 | 458 | 903 | 811 | 1633 | 657 | 231 | 4256 | 549 | 1462 | 13562 |
| 03:00 | 1102 | 1505 | 451 | 904 | 808 | 1620 | 658 | 227 | 4209 | 549 | 1464 | 13497 |
| 04:00 | 1124 | 1547 | 458 | 931 | 820 | 1653 | 679 | 230 | 4257 | 551 | 1495 | 13745 |
| 05:00 | 1188 | 1662 | 492 | 1006 | 866 | 1767 | 736 | 251 | 4518 | 566 | 1574 | 14626 |
| 06:00 | 1306 | 1853 | 556 | 1120 | 959 | 1980 | 833 | 288 | 5033 | 589 | 1722 | 16239 |
| 07:00 | 1363 | 1951 | 611 | 1184 | 1013 | 2113 | 880 | 310 | 5524 | 600 | 1816 | 17365 |
| 08:00 | 1365 | 1964 | 632 | 1192 | 1031 | 2168 | 883 | 319 | 5849 | 602 | 1842 | 17847 |
| 09:00 | 1354 | 1972 | 647 | 1202 | 1031 | 2182 | 884 | 324 | 6036 | 597 | 1863 | 18092 |
| 10:00 | 1340 | 1979 | 659 | 1206 | 1025 | 2182 | 880 | 328 | 6105 | 596 | 1874 | 18174 |
| 11:00 | 1326 | 1970 | 661 | 1198 | 1019 | 2168 | 870 | 329 | 6128 | 599 | 1863 | 18131 |
| 12:00 | 1309 | 1952 | 660 | 1186 | 1006 | 2141 | 856 | 327 | 6123 | 599 | 1849 | 18008 |
| 13:00 | 1300 | 1939 | 656 | 1177 | 1001 | 2117 | 848 | 321 | 6096 | 593 | 1847 | 17895 |
| 14:00 | 1300 | 1916 | 651 | 1166 | 1004 | 2122 | 840 | 319 | 6062 | 593 | 1829 | 17802 |
| 15:00 | 1317 | 1901 | 655 | 1160 | 1020 | 2169 | 838 | 324 | 6076 | 594 | 1803 | 17857 |
| 16:00 | 1367 | 1924 | 667 | 1169 | 1058 | 2271 | 859 | 336 | 6137 | 602 | 1812 | 18202 |
| 17:00 | 1450 | 2000 | 693 | 1209 | 1130 | 2438 | 907 | 362 | 6231 | 623 | 1853 | 18896 |
| 18:00 | 1481 | 2062 | 708 | 1248 | 1172 | 2505 | 936 | 381 | 6180 | 632 | 1905 | 19210 |
| 19:00 | 1444 | 2031 | 687 | 1220 | 1149 | 2454 | 920 | 374 | 6023 | 629 | 1879 | 18810 |
| 20:00 | 1403 | 1983 | 663 | 1195 | 1123 | 2377 | 899 | 365 | 5844 | 627 | 1853 | 18332 |
| 21:00 | 1361 | 1917 | 640 | 1145 | 1092 | 2282 | 861 | 353 | 5664 | 616 | 1804 | 17735 |
| 22:00 | 1304 | 1816 | 606 | 1073 | 1038 | 2146 | 814 | 330 | 5399 | 601 | 1729 | 16856 |
| 23:00 | 1251 | 1727 | 572 | 1010 | 979 | 2009 | 774 | 304 | 5106 | 597 | 1643 | 15972 |