

ISO Load Forecast

[01/01/2010](#)
[01/02/2010](#)
[01/03/2010](#)
[01/04/2010](#)
[01/05/2010](#)
[01/06/2010](#)

01/01/2010

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1149 | 1486 | 620 | 933 | 1064 | 2372 | 780 | 308 | 5447 | 520 | 1576 | 16255 |
| 01:00 | 1112 | 1421 | 576 | 883 | 999 | 2231 | 732 | 288 | 5240 | 486 | 1507 | 15475 |
| 02:00 | 1081 | 1384 | 542 | 855 | 947 | 2105 | 700 | 272 | 5007 | 489 | 1453 | 14835 |
| 03:00 | 1044 | 1351 | 519 | 832 | 922 | 2027 | 677 | 253 | 4798 | 500 | 1426 | 14349 |
| 04:00 | 1019 | 1332 | 508 | 823 | 912 | 1986 | 666 | 250 | 4679 | 493 | 1417 | 14085 |
| 05:00 | 1006 | 1337 | 514 | 828 | 913 | 1965 | 672 | 256 | 4658 | 491 | 1407 | 14047 |
| 06:00 | 1016 | 1394 | 514 | 853 | 934 | 1972 | 691 | 262 | 4719 | 499 | 1427 | 14281 |
| 07:00 | 1067 | 1443 | 519 | 883 | 954 | 1989 | 732 | 262 | 4749 | 512 | 1467 | 14577 |
| 08:00 | 1121 | 1470 | 533 | 895 | 988 | 2053 | 754 | 262 | 4844 | 518 | 1474 | 14912 |
| 09:00 | 1193 | 1522 | 560 | 929 | 1048 | 2178 | 787 | 285 | 5028 | 527 | 1520 | 15577 |
| 10:00 | 1249 | 1580 | 594 | 968 | 1098 | 2315 | 828 | 308 | 5238 | 538 | 1574 | 16290 |
| 11:00 | 1291 | 1601 | 620 | 992 | 1126 | 2422 | 839 | 316 | 5398 | 536 | 1608 | 16749 |
| 12:00 | 1292 | 1594 | 628 | 995 | 1130 | 2476 | 820 | 317 | 5467 | 527 | 1636 | 16882 |
| 13:00 | 1259 | 1589 | 627 | 1004 | 1124 | 2472 | 804 | 317 | 5511 | 525 | 1641 | 16873 |
| 14:00 | 1217 | 1577 | 634 | 992 | 1108 | 2444 | 797 | 315 | 5502 | 520 | 1633 | 16739 |
| 15:00 | 1207 | 1575 | 634 | 992 | 1103 | 2426 | 799 | 309 | 5499 | 517 | 1641 | 16702 |
| 16:00 | 1260 | 1637 | 655 | 1030 | 1136 | 2499 | 834 | 329 | 5576 | 529 | 1685 | 17170 |
| 17:00 | 1405 | 1793 | 724 | 1137 | 1253 | 2790 | 915 | 368 | 5858 | 542 | 1824 | 18609 |
| 18:00 | 1373 | 1763 | 719 | 1124 | 1245 | 2800 | 901 | 370 | 5871 | 532 | 1833 | 18531 |
| 19:00 | 1327 | 1719 | 703 | 1092 | 1226 | 2743 | 884 | 367 | 5804 | 526 | 1809 | 18200 |
| 20:00 | 1285 | 1679 | 688 | 1070 | 1199 | 2694 | 848 | 354 | 5723 | 521 | 1789 | 17850 |
| 21:00 | 1227 | 1627 | 677 | 1050 | 1161 | 2622 | 828 | 340 | 5640 | 511 | 1748 | 17431 |
| 22:00 | 1151 | 1549 | 648 | 995 | 1108 | 2475 | 784 | 313 | 5543 | 505 | 1679 | 16750 |
| 23:00 | 1055 | 1479 | 611 | 937 | 1025 | 2274 | 730 | 281 | 5322 | 490 | 1588 | 15792 |

01/02/2010

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 982 | 1402 | 564 | 876 | 967 | 2077 | 687 | 268 | 4987 | 488 | 1492 | 14790 |
| 01:00 | 966 | 1356 | 533 | 839 | 936 | 1994 | 660 | 267 | 4832 | 487 | 1458 | 14328 |
| 02:00 | 967 | 1350 | 508 | 832 | 920 | 1939 | 651 | 267 | 4722 | 488 | 1443 | 14087 |
| 03:00 | 963 | 1343 | 490 | 823 | 917 | 1913 | 642 | 264 | 4660 | 485 | 1437 | 13937 |
| 04:00 | 955 | 1339 | 487 | 827 | 910 | 1901 | 643 | 263 | 4601 | 483 | 1430 | 13839 |
| 05:00 | 963 | 1362 | 489 | 846 | 905 | 1900 | 649 | 259 | 4556 | 484 | 1421 | 13834 |
| 06:00 | 1006 | 1442 | 498 | 883 | 960 | 1969 | 688 | 271 | 4630 | 489 | 1458 | 14294 |
| 07:00 | 1095 | 1565 | 529 | 943 | 1023 | 2098 | 745 | 303 | 4839 | 505 | 1552 | 15197 |
| 08:00 | 1198 | 1647 | 569 | 994 | 1082 | 2253 | 802 | 331 | 5126 | 525 | 1609 | 16136 |
| 09:00 | 1278 | 1719 | 599 | 1046 | 1131 | 2401 | 848 | 357 | 5426 | 544 | 1664 | 17013 |
| 10:00 | 1321 | 1757 | 617 | 1088 | 1162 | 2499 | 871 | 367 | 5642 | 554 | 1703 | 17581 |
| 11:00 | 1333 | 1749 | 625 | 1090 | 1168 | 2527 | 873 | 359 | 5741 | 550 | 1711 | 17726 |
| 12:00 | 1315 | 1717 | 625 | 1082 | 1155 | 2506 | 855 | 346 | 5769 | 544 | 1694 | 17608 |
| 13:00 | 1289 | 1709 | 620 | 1069 | 1133 | 2470 | 838 | 341 | 5751 | 540 | 1693 | 17453 |
| 14:00 | 1265 | 1688 | 614 | 1052 | 1114 | 2432 | 821 | 332 | 5703 | 541 | 1688 | 17250 |
| 15:00 | 1274 | 1693 | 610 | 1063 | 1114 | 2418 | 829 | 330 | 5669 | 543 | 1692 | 17235 |
| 16:00 | 1346 | 1773 | 644 | 1117 | 1174 | 2529 | 870 | 347 | 5775 | 554 | 1740 | 17869 |
| 17:00 | 1501 | 1968 | 725 | 1251 | 1314 | 2892 | 965 | 393 | 6144 | 573 | 1894 | 19620 |
| 18:00 | 1500 | 1969 | 745 | 1258 | 1339 | 2975 | 972 | 410 | 6233 | 571 | 1925 | 19897 |
| 19:00 | 1463 | 1920 | 730 | 1231 | 1325 | 2925 | 945 | 413 | 6165 | 566 | 1908 | 19591 |
| 20:00 | 1414 | 1878 | 714 | 1197 | 1308 | 2860 | 916 | 407 | 6067 | 562 | 1883 | 19206 |
| 21:00 | 1346 | 1804 | 698 | 1147 | 1267 | 2765 | 884 | 394 | 5947 | 548 | 1842 | 18642 |
| 22:00 | 1258 | 1703 | 669 | 1075 | 1202 | 2593 | 834 | 367 | 5821 | 538 | 1775 | 17835 |
| 23:00 | 1172 | 1623 | 620 | 1005 | 1117 | 2395 | 786 | 343 | 5590 | 526 | 1691 | 16868 |

01/03/2010

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1091 | 1568 | 573 | 945 | 1026 | 2183 | 734 | 303 | 5251 | 516 | 1596 | 15786 |
| 01:00 | 1059 | 1516 | 541 | 902 | 986 | 2066 | 697 | 296 | 5054 | 512 | 1547 | 15176 |
| 02:00 | 1051 | 1501 | 517 | 890 | 964 | 1988 | 683 | 293 | 4912 | 509 | 1523 | 14831 |
| 03:00 | 1038 | 1488 | 499 | 877 | 957 | 1946 | 669 | 286 | 4836 | 503 | 1509 | 14608 |
| 04:00 | 1023 | 1473 | 497 | 868 | 945 | 1921 | 662 | 283 | 4770 | 498 | 1491 | 14431 |
| 05:00 | 1009 | 1480 | 495 | 865 | 934 | 1891 | 663 | 279 | 4670 | 497 | 1467 | 14250 |
| 06:00 | 1051 | 1551 | 498 | 900 | 976 | 1929 | 703 | 286 | 4668 | 499 | 1495 | 14556 |
| 07:00 | 1147 | 1659 | 522 | 960 | 1031 | 2042 | 758 | 310 | 4833 | 512 | 1579 | 15353 |
| 08:00 | 1235 | 1716 | 552 | 990 | 1087 | 2170 | 806 | 334 | 5067 | 528 | 1620 | 16105 |
| 09:00 | 1302 | 1766 | 578 | 1024 | 1136 | 2301 | 845 | 362 | 5350 | 544 | 1653 | 16861 |
| 10:00 | 1342 | 1799 | 599 | 1056 | 1168 | 2403 | 867 | 373 | 5571 | 553 | 1689 | 17420 |
| 11:00 | 1357 | 1800 | 609 | 1066 | 1180 | 2444 | 873 | 369 | 5688 | 552 | 1707 | 17645 |
| 12:00 | 1340 | 1775 | 613 | 1063 | 1172 | 2434 | 857 | 359 | 5738 | 548 | 1696 | 17595 |
| 13:00 | 1311 | 1774 | 610 | 1061 | 1153 | 2406 | 841 | 355 | 5747 | 544 | 1701 | 17503 |
| 14:00 | 1289 | 1763 | 608 | 1052 | 1140 | 2377 | 826 | 348 | 5727 | 546 | 1705 | 17381 |
| 15:00 | 1307 | 1778 | 609 | 1067 | 1145 | 2382 | 835 | 348 | 5722 | 549 | 1718 | 17460 |
| 16:00 | 1391 | 1861 | 649 | 1123 | 1211 | 2512 | 881 | 365 | 5860 | 558 | 1774 | 18185 |
| 17:00 | 1551 | 2044 | 731 | 1256 | 1355 | 2867 | 978 | 410 | 6255 | 574 | 1930 | 19951 |
| 18:00 | 1564 | 2053 | 754 | 1269 | 1383 | 2958 | 989 | 428 | 6361 | 570 | 1965 | 20294 |
| 19:00 | 1533 | 2020 | 745 | 1248 | 1365 | 2932 | 966 | 433 | 6341 | 564 | 1957 | 20104 |
| 20:00 | 1476 | 1986 | 735 | 1219 | 1338 | 2876 | 933 | 427 | 6291 | 558 | 1935 | 19774 |
| 21:00 | 1386 | 1904 | 710 | 1166 | 1282 | 2757 | 889 | 406 | 6170 | 543 | 1893 | 19106 |
| 22:00 | 1278 | 1798 | 669 | 1096 | 1203 | 2545 | 834 | 369 | 5994 | 533 | 1825 | 18144 |
| 23:00 | 1182 | 1712 | 611 | 1026 | 1114 | 2319 | 785 | 341 | 5705 | 524 | 1745 | 17064 |

01/04/2010

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1101 | 1662 | 567 | 976 | 1035 | 2123 | 752 | 307 | 5354 | 517 | 1657 | 16051 |
| 01:00 | 1069 | 1597 | 531 | 928 | 992 | 1997 | 714 | 299 | 5083 | 511 | 1598 | 15319 |
| 02:00 | 1071 | 1578 | 509 | 920 | 972 | 1930 | 704 | 298 | 4920 | 507 | 1576 | 14985 |
| 03:00 | 1075 | 1578 | 497 | 918 | 973 | 1909 | 700 | 291 | 4853 | 506 | 1577 | 14877 |
| 04:00 | 1100 | 1611 | 504 | 947 | 986 | 1946 | 717 | 299 | 4877 | 512 | 1604 | 15103 |
| 05:00 | 1177 | 1737 | 535 | 1025 | 1035 | 2069 | 778 | 323 | 5082 | 527 | 1677 | 15965 |
| 06:00 | 1347 | 1949 | 602 | 1154 | 1145 | 2308 | 896 | 364 | 5571 | 549 | 1841 | 17726 |
| 07:00 | 1474 | 2093 | 672 | 1244 | 1211 | 2510 | 976 | 394 | 6120 | 565 | 2003 | 19262 |
| 08:00 | 1489 | 2090 | 695 | 1252 | 1236 | 2587 | 983 | 393 | 6482 | 567 | 2026 | 19800 |
| 09:00 | 1496 | 2096 | 707 | 1260 | 1253 | 2649 | 989 | 397 | 6737 | 569 | 2030 | 20183 |
| 10:00 | 1503 | 2104 | 717 | 1274 | 1263 | 2697 | 998 | 393 | 6867 | 568 | 2048 | 20432 |
| 11:00 | 1497 | 2083 | 716 | 1267 | 1259 | 2696 | 993 | 383 | 6896 | 561 | 2045 | 20396 |
| 12:00 | 1472 | 2045 | 712 | 1256 | 1247 | 2671 | 969 | 373 | 6899 | 556 | 2025 | 20225 |
| 13:00 | 1446 | 2044 | 708 | 1255 | 1230 | 2651 | 954 | 369 | 6887 | 553 | 2029 | 20126 |
| 14:00 | 1417 | 2017 | 706 | 1238 | 1219 | 2634 | 930 | 362 | 6853 | 555 | 2012 | 19943 |
| 15:00 | 1424 | 2010 | 709 | 1241 | 1222 | 2648 | 931 | 368 | 6848 | 558 | 1998 | 19957 |
| 16:00 | 1500 | 2070 | 749 | 1277 | 1278 | 2785 | 970 | 388 | 6976 | 569 | 2027 | 20589 |
| 17:00 | 1667 | 2250 | 831 | 1405 | 1422 | 3161 | 1074 | 437 | 7256 | 588 | 2181 | 22272 |
| 18:00 | 1677 | 2247 | 848 | 1411 | 1455 | 3252 | 1088 | 457 | 7186 | 585 | 2211 | 22417 |
| 19:00 | 1637 | 2195 | 824 | 1378 | 1435 | 3188 | 1057 | 463 | 7007 | 578 | 2186 | 21948 |
| 20:00 | 1569 | 2144 | 794 | 1336 | 1398 | 3079 | 1016 | 451 | 6805 | 569 | 2142 | 21303 |
| 21:00 | 1460 | 2028 | 745 | 1259 | 1325 | 2882 | 955 | 422 | 6516 | 548 | 2066 | 20206 |
| 22:00 | 1321 | 1876 | 679 | 1157 | 1225 | 2585 | 880 | 373 | 6171 | 532 | 1948 | 18747 |
| 23:00 | 1200 | 1753 | 603 | 1064 | 1122 | 2300 | 812 | 332 | 5703 | 519 | 1819 | 17227 |

01/05/2010

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1137 | 1691 | 565 | 1008 | 1041 | 2130 | 778 | 307 | 5339 | 514 | 1732 | 16242 |
| 01:00 | 1102 | 1624 | 532 | 959 | 1000 | 2009 | 739 | 301 | 5067 | 510 | 1671 | 15514 |
| 02:00 | 1099 | 1604 | 512 | 947 | 981 | 1942 | 726 | 299 | 4907 | 507 | 1644 | 15168 |
| 03:00 | 1099 | 1600 | 499 | 941 | 980 | 1920 | 720 | 294 | 4833 | 502 | 1637 | 15025 |
| 04:00 | 1122 | 1627 | 503 | 963 | 989 | 1951 | 735 | 302 | 4848 | 507 | 1653 | 15200 |
| 05:00 | 1197 | 1751 | 538 | 1034 | 1038 | 2072 | 793 | 327 | 5068 | 522 | 1722 | 16062 |
| 06:00 | 1363 | 1951 | 610 | 1153 | 1148 | 2307 | 908 | 368 | 5565 | 543 | 1873 | 17789 |
| 07:00 | 1477 | 2081 | 679 | 1235 | 1211 | 2506 | 980 | 397 | 6112 | 558 | 2020 | 19256 |
| 08:00 | 1483 | 2072 | 700 | 1234 | 1230 | 2581 | 983 | 397 | 6463 | 559 | 2035 | 19737 |
| 09:00 | 1484 | 2071 | 709 | 1237 | 1246 | 2638 | 984 | 399 | 6698 | 559 | 2035 | 20060 |
| 10:00 | 1488 | 2076 | 719 | 1249 | 1254 | 2681 | 992 | 395 | 6815 | 557 | 2051 | 20277 |
| 11:00 | 1477 | 2052 | 717 | 1242 | 1247 | 2680 | 986 | 384 | 6839 | 550 | 2045 | 20219 |
| 12:00 | 1449 | 2015 | 712 | 1231 | 1232 | 2654 | 963 | 374 | 6835 | 545 | 2024 | 20034 |
| 13:00 | 1424 | 2016 | 707 | 1228 | 1213 | 2632 | 951 | 368 | 6820 | 543 | 2027 | 19929 |
| 14:00 | 1395 | 1993 | 703 | 1213 | 1201 | 2615 | 927 | 362 | 6783 | 545 | 2014 | 19751 |
| 15:00 | 1402 | 1991 | 705 | 1217 | 1202 | 2627 | 927 | 366 | 6784 | 548 | 2001 | 19770 |
| 16:00 | 1472 | 2047 | 744 | 1250 | 1258 | 2764 | 965 | 384 | 6908 | 559 | 2026 | 20377 |
| 17:00 | 1632 | 2215 | 822 | 1369 | 1400 | 3125 | 1063 | 432 | 7187 | 577 | 2171 | 21993 |
| 18:00 | 1640 | 2204 | 833 | 1372 | 1430 | 3200 | 1075 | 453 | 7108 | 573 | 2195 | 22083 |
| 19:00 | 1603 | 2153 | 809 | 1342 | 1412 | 3133 | 1045 | 458 | 6925 | 566 | 2167 | 21613 |
| 20:00 | 1542 | 2106 | 781 | 1305 | 1379 | 3027 | 1007 | 446 | 6726 | 557 | 2129 | 21005 |
| 21:00 | 1442 | 1997 | 732 | 1234 | 1309 | 2840 | 951 | 416 | 6445 | 537 | 2060 | 19963 |
| 22:00 | 1311 | 1856 | 666 | 1141 | 1213 | 2552 | 876 | 369 | 6112 | 521 | 1948 | 18565 |
| 23:00 | 1196 | 1739 | 590 | 1053 | 1114 | 2272 | 807 | 328 | 5657 | 508 | 1825 | 17089 |

01/06/2010

| Hour | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1134 | 1673 | 552 | 997 | 1037 | 2089 | 773 | 301 | 5282 | 506 | 1729 | 16073 |
| 01:00 | 1104 | 1606 | 523 | 948 | 997 | 1978 | 735 | 296 | 5026 | 504 | 1665 | 15382 |
| 02:00 | 1101 | 1582 | 505 | 936 | 979 | 1915 | 723 | 295 | 4873 | 503 | 1637 | 15049 |
| 03:00 | 1100 | 1575 | 492 | 930 | 977 | 1893 | 715 | 290 | 4801 | 500 | 1630 | 14903 |
| 04:00 | 1120 | 1601 | 495 | 950 | 986 | 1921 | 729 | 297 | 4809 | 505 | 1647 | 15060 |
| 05:00 | 1197 | 1719 | 530 | 1021 | 1034 | 2036 | 786 | 320 | 5021 | 519 | 1715 | 15898 |
| 06:00 | 1361 | 1908 | 601 | 1138 | 1139 | 2265 | 896 | 361 | 5517 | 537 | 1867 | 17590 |
| 07:00 | 1472 | 2028 | 668 | 1218 | 1200 | 2456 | 964 | 389 | 6057 | 551 | 2008 | 19011 |
| 08:00 | 1478 | 2022 | 688 | 1217 | 1218 | 2523 | 969 | 389 | 6401 | 551 | 2024 | 19480 |
| 09:00 | 1478 | 2021 | 697 | 1220 | 1230 | 2575 | 972 | 396 | 6634 | 554 | 2025 | 19802 |
| 10:00 | 1484 | 2028 | 707 | 1234 | 1239 | 2619 | 978 | 394 | 6751 | 555 | 2042 | 20031 |
| 11:00 | 1474 | 2008 | 706 | 1227 | 1233 | 2621 | 977 | 385 | 6778 | 551 | 2039 | 19999 |
| 12:00 | 1448 | 1975 | 704 | 1217 | 1220 | 2602 | 958 | 376 | 6781 | 548 | 2020 | 19849 |
| 13:00 | 1422 | 1977 | 701 | 1216 | 1202 | 2590 | 948 | 372 | 6771 | 546 | 2022 | 19767 |
| 14:00 | 1395 | 1956 | 698 | 1201 | 1191 | 2580 | 925 | 368 | 6740 | 548 | 2008 | 19610 |
| 15:00 | 1399 | 1952 | 698 | 1203 | 1191 | 2596 | 925 | 373 | 6732 | 552 | 1994 | 19615 |
| 16:00 | 1465 | 2004 | 736 | 1234 | 1245 | 2726 | 959 | 390 | 6855 | 563 | 2018 | 20195 |
| 17:00 | 1626 | 2168 | 812 | 1352 | 1383 | 3074 | 1054 | 436 | 7131 | 579 | 2162 | 21777 |
| 18:00 | 1638 | 2164 | 823 | 1357 | 1414 | 3154 | 1066 | 456 | 7056 | 575 | 2185 | 21888 |
| 19:00 | 1605 | 2118 | 799 | 1328 | 1397 | 3088 | 1038 | 461 | 6873 | 569 | 2160 | 21436 |
| 20:00 | 1548 | 2076 | 770 | 1295 | 1367 | 2987 | 1002 | 449 | 6676 | 560 | 2124 | 20854 |
| 21:00 | 1450 | 1973 | 727 | 1227 | 1300 | 2811 | 949 | 421 | 6411 | 542 | 2058 | 19869 |
| 22:00 | 1321 | 1836 | 665 | 1135 | 1205 | 2537 | 878 | 373 | 6090 | 527 | 1947 | 18514 |
| 23:00 | 1207 | 1723 | 591 | 1048 | 1105 | 2268 | 812 | 335 | 5651 | 516 | 1824 | 17080 |