

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 08/08/2026

[illegible]

CEDARS-HQ

[back to top](#)

Date: 08/08/2026

[illegible]

12:00 EDT	1000	1000	920	920	920	920	920	920	920	920
13:00 EDT	1000	1000	920	920	920	920	920	920	920	920
14:00 EDT	1000	1000	920	920	920	920	920	920	920	920
15:00 EDT	1000	1000	920	920	920	920	920	920	920	920
16:00 EDT	1000	789	920	671	920	671	920	671	920	671
17:00 EDT	1000	740	920	631	920	631	920	631	920	631
18:00 EDT	1000	560	920	451	920	451	920	451	920	451
19:00 EDT	1000	290	920	185	920	185	920	185	920	220
20:00 EDT	1000	990	920	920	920	920	920	920	920	920
21:00 EDT	1000	1000	920	920	920	920	920	920	920	920
22:00 EDT	1000	1000	920	920	920	920	920	920	920	920
23:00 EDT	1000	1000	920	920	920	920	920	920	920	920

IMO-NYISO

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	751	2000	1204	2000	1205	2000	1204	2000	1204
01:00 EDT	2000	538	2000	590	2000	590	2000	590	2000	590
02:00 EDT	2000	530	2000	394	2000	397	2000	392	2000	396
03:00 EDT	2000	539	2000	397	2000	397	2000	397	2000	397
04:00 EDT	2000	575	2000	297	2000	296	2000	300	2000	297
05:00 EDT	2000	521	2000	296	2000	297	2000	298	2000	300
06:00 EDT	2000	539	2000	419	2000	419	2000	419	2000	419
07:00 EDT	2000	535	2000	679	2000	679	2000	679	2000	679
08:00 EDT	2000	741	2000	935	2000	935	2000	935	2000	935
09:00 EDT	2000	1112	2000	1070	2000	1070	2000	1070	2000	1070
10:00 EDT	2000	1347	2000	1206	2000	1206	2000	1206	2000	1206
11:00 EDT	2000	1415	2000	1204	2000	1204	2000	1204	2000	1204
12:00 EDT	2000	1150	2000	1136	2000	1139	2000	1139	2000	1139
13:00 EDT	2000	1450	2000	1253	2000	1253	2000	1253	2000	1253
14:00 EDT	2000	1415	2000	1084	2000	1084	2000	1084	2000	1080
15:00 EDT	2000	1389	2000	1168	2000	1168	2000	1168	2000	1168
16:00 EDT	2000	1489	2000	1358	2000	1358	2000	1358	2000	1358
17:00 EDT	2000	1492	2000	1047	2000	1047	2000	1047	2000	1047
18:00 EDT	2000	1321	2000	786	2000	786	2000	786	2000	786
19:00 EDT	2000	1639	2000	1167	2000	1167	2000	1167	2000	1167
20:00 EDT	2000	1638	2000	1437	2000	1437	2000	1437	2000	1437
21:00 EDT	2000	1486	2000	1461	2000	1461	2000	1461	2000	1461
22:00 EDT	2000	812	2000	1074	2000	1074	2000	1074	2000	1074
23:00 EDT	2000	537	2000	674	2000	674	2000	674	2000	674

ISONE-NYISO

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1213	1013
17:00 EDT	1400	1200	993	793	759	559	1038	838	896	696
18:00 EDT	1400	1200	270	70	234	34	615	415	540	340
19:00 EDT	1400	1200	934	734	1061	861	1393	1193	1400	1200
20:00 EDT	1400	1200	1274	1074	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3400	3262	3400	3221	3400	3300	3400	3300
01:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
02:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
03:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
04:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
05:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
06:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
07:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
10:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
11:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
12:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
13:00 EDT	3400	3300	3400	3300	3400	3296	3400	3300	3400	3300
14:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
15:00 EDT	3400	3008	3400	2894	3400	2813	3400	2818	3400	2852
16:00 EDT	3400	2371	3400	2294	3400	2339	3400	2278	3400	2414
17:00 EDT	3400	2357	3400	2298	3400	2325	3400	2353	3400	2342
18:00 EDT	3400	2071	3400	2089	3400	2169	3400	2204	3400	2230
19:00 EDT	3400	1889	3400	1971	3400	1966	3400	2030	3400	2104
20:00 EDT	3400	2537	3400	2693	3400	2832	3400	2743	3400	2628
21:00 EDT	3400	3284	3400	3299	3400	3300	3400	3298	3400	3300
22:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
23:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300

NPX-1385

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	200	200	200	200	200	200	200
01:00 EDT	200	200	200	200	200	200	200	200	200	200
02:00 EDT	200	200	200	200	200	200	200	200	200	200
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	200	200	200	200	200	200	200	200	200
08:00 EDT	200	101	200	200	200	200	200	200	200	200
09:00 EDT	200	33	200	173	200	173	200	173	200	173
10:00 EDT	200	0	200	59	200	59	200	59	200	59
11:00 EDT	200	0	200	126	200	126	200	126	200	126
12:00 EDT	200	0	200	156	200	156	200	156	200	156
13:00 EDT	200	0	200	161	200	161	200	161	200	161
14:00 EDT	200	0	200	103	200	103	200	103	200	103
15:00 EDT	200	0	200	129	200	129	200	129	200	129

18:00 EDT	1000	1000	920	920	920	920	920	920	920	920
19:00 EDT	1000	1000	920	920	920	920	920	920	920	920
20:00 EDT	1000	1000	920	920	920	920	920	920	920	920
21:00 EDT	1000	310	920	220	920	220	920	220	920	220
22:00 EDT	1000	110	920	0	920	0	920	0	920	0
23:00 EDT	1000	110	920	0	920	0	920	0	920	0

NYISO-IMO

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
01:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
02:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
03:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
04:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
05:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
06:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
07:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
08:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
09:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
10:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
11:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
12:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
13:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
14:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
15:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
16:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
17:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
18:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	416	1600	61	1600	0	1600	0	1600	40
01:00 EDT	1600	364	1600	0	1600	0	1600	5	1600	0
02:00 EDT	1600	379	1600	169	1100	0	1100	0	1100	0
03:00 EDT	1600	394	1200	0	1200	0	1200	0	1200	0
04:00 EDT	1600	398	1100	0	1100	0	1100	0	1100	0
05:00 EDT	1600	309	1100	0	1100	0	1100	0	1100	0
06:00 EDT	1600	306	1500	100	1500	21	1500	22	1500	22
07:00 EDT	1600	414	1500	242	1500	242	1500	243	1500	243
08:00 EDT	1600	338	1600	189	1600	143	1600	103	1600	214
09:00 EDT	1600	409	1600	245	1600	180	1600	239	1600	202
10:00 EDT	1600	571	1600	260	1600	210	1600	278	1600	368
11:00 EDT	1600	552	1600	399	1600	555	1600	561	1600	623
12:00 EDT	1600	493	1600	684	1600	834	1600	870	1600	834
13:00 EDT	1600	69	1600	625	1600	625	1600	625	1600	625
14:00 EDT	1600	0	1600	595	1600	455	1600	453	1600	168
15:00 EDT	1600	0	1600	469	1600	544	1600	711	1600	544
16:00 EDT	1600	196	1600	243	1600	67	1600	0	1600	0
17:00 EDT	1600	236	1600	0	1600	0	1600	0	1600	0
18:00 EDT	1600	54	1600	0	1600	0	1600	0	1600	0
19:00 EDT	1600	454	1600	18	1600	60	1600	181	1600	267

20:00 EDT	1600	268	1600	291	1600	349	1600	365	1600	146
21:00 EDT	1600	322	1600	445	1600	146	1600	205	1600	501
22:00 EDT	1600	417	1600	709	1600	745	1600	945	1600	1046
23:00 EDT	1600	651	1600	745	1600	805	1600	953	1600	862

NYISO-PJM

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4943	7550	5564	7550	5509	7550	5468	7550	5435
01:00 EDT	7550	4669	7550	5007	7550	4861	7550	4788	7550	4732
02:00 EDT	7550	4374	7550	4526	7550	4491	7550	4432	7550	4374
03:00 EDT	7550	4354	7550	4272	7550	4257	7550	4266	7550	4235
04:00 EDT	7550	4354	7550	4207	7550	4189	7550	4176	7550	4170
05:00 EDT	7550	4355	7550	4231	7550	4254	7550	4246	7550	4273
06:00 EDT	7550	4275	7550	4375	7550	4331	7550	4309	7550	4291
07:00 EDT	7550	4214	7550	4575	7550	4575	7550	4534	7550	4546
08:00 EDT	7550	4571	7550	4945	7550	4815	7550	4685	7550	4805
09:00 EDT	7550	4678	7550	4916	7550	4953	7550	4985	7550	4967
10:00 EDT	7550	4758	7550	4886	7550	4787	7550	4741	7550	4666
11:00 EDT	7550	4807	7550	4450	7550	4639	7550	4652	7550	4719
12:00 EDT	7550	4654	7550	4580	7550	4755	7550	4773	7550	4837
13:00 EDT	7550	5065	7550	5180	7550	5059	7550	5146	7550	5049
14:00 EDT	7550	5098	7550	5449	7550	5356	7550	5364	7550	5061
15:00 EDT	7550	4884	7550	4862	7550	4769	7550	4846	7550	4812
16:00 EDT	7550	4350	7550	4503	7550	4361	7550	4601	7550	4750
17:00 EDT	7550	4389	7550	4558	7550	4649	7550	4548	7550	4430
18:00 EDT	7550	3938	7550	4147	7550	4283	7550	4376	7550	4591
19:00 EDT	7550	4070	7550	4512	7550	4635	7550	4720	7550	4864
20:00 EDT	7550	4453	7550	5191	7550	5218	7550	5204	7550	5106
21:00 EDT	7550	4928	7550	5699	7550	5675	7550	5779	7550	6007

22:00 EDT	7550	4538	7550	6002	7550	6027	7550	6021	7550	5956
23:00 EDT	7550	4451	7550	5402	7550	5339	7550	5242	7550	5027

PJM-NEPTUNE

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	60	660	73	660	165	660	165
02:00 EDT	660	0	660	165	660	165	660	165	660	165
03:00 EDT	660	0	660	165	660	165	660	165	660	165
04:00 EDT	660	0	660	165	660	165	660	165	660	165
05:00 EDT	660	0	660	165	660	165	660	165	660	165
06:00 EDT	660	0	660	165	660	165	660	165	660	165
07:00 EDT	660	0	660	165	660	165	660	135	660	0
08:00 EDT	660	0	660	165	660	165	660	165	660	165
09:00 EDT	660	0	660	165	660	165	660	116	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	78	660	0	660	0	660	0	660	0
15:00 EDT	660	3	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	0	1950	162	1950	162	1950	167	1950	161
01:00 EDT	1950	0	1950	58	1950	36	1950	30	1950	30
02:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
03:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
04:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
05:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
06:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
07:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
08:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
09:00 EDT	1950	0	1950	24	1950	26	1950	20	1950	20
10:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
11:00 EDT	1950	348	1950	0	1950	0	1950	20	1950	19
12:00 EDT	1950	658	1950	312	1950	466	1950	467	1950	468
13:00 EDT	1950	951	1950	774	1950	772	1950	772	1950	770
14:00 EDT	1950	1153	1950	1268	1950	1319	1950	1315	1950	1061
15:00 EDT	1950	1401	1950	1293	1950	1301	1950	1297	1950	1294
16:00 EDT	1950	1454	1950	1584	1950	1453	1950	1571	1950	1582
17:00 EDT	1950	1308	1950	1379	1950	1378	1950	1385	1950	1281
18:00 EDT	1950	924	1950	1024	1950	1013	1950	1019	1950	1011
19:00 EDT	1950	630	1950	696	1950	696	1950	697	1950	695
20:00 EDT	1950	323	1950	363	1950	365	1950	363	1950	367
21:00 EDT	1950	195	1950	139	1950	139	1950	175	1950	323
22:00 EDT	1950	0	1950	214	1950	210	1950	215	1950	215
23:00 EDT	1950	0	1950	64	1950	64	1950	113	1950	64

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1099	1310	1061	1310	1061	1310	1061	1310	1061
17:00 EDT	1310	1050	1310	1021	1310	1021	1310	1021	1310	1021
18:00 EDT	1310	870	1310	841	1310	841	1310	841	1310	841
19:00 EDT	1310	600	1310	575	1310	575	1310	575	1310	610
20:00 EDT	1310	1300	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	10	660	0	660	0	660	0	660	0
13:00 EDT	660	25	660	25	660	25	660	25	660	25
14:00 EDT	660	25	660	25	660	25	660	25	660	25
15:00 EDT	660	25	660	25	660	25	660	25	660	25
16:00 EDT	660	25	660	25	660	25	660	25	660	25
17:00 EDT	660	150	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	25	315	0	315	0	315	0	315	0
13:00 EDT	315	25	315	25	315	25	315	25	315	25
14:00 EDT	315	50	315	50	315	50	315	50	315	50
15:00 EDT	315	90	315	90	315	90	315	90	315	90
16:00 EDT	315	50	315	50	315	50	315	50	315	50
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

SCH-VFT_PJM

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	2977	4350	3082	4350	3101	4350	3102	4350	2971

01:00 EDT	4350	2699	4350	2620	4350	2644	4350	2711	4350	2810
02:00 EDT	4350	2765	4350	2831	4350	2774	4350	2708	4350	2716
03:00 EDT	4350	2676	4350	2914	4350	3003	4350	2934	4350	2810
04:00 EDT	4350	2846	4350	2617	4350	2565	4350	2525	4350	2585
05:00 EDT	4350	2956	4350	2635	4350	2626	4350	2614	4350	2696
06:00 EDT	4350	2608	4350	2909	4350	2946	4350	2863	4350	2896
07:00 EDT	4350	2385	4350	2926	4350	2901	4350	2869	4350	2772
08:00 EDT	4350	2114	4350	2586	4350	2545	4350	2542	4350	2472
09:00 EDT	4350	1964	4350	2373	4350	2405	4350	2382	4350	2277
10:00 EDT	4350	1912	4350	2171	4350	2101	4350	2027	4350	2013
11:00 EDT	4350	2099	4350	1980	4350	1883	4350	1860	4350	1802
12:00 EDT	4350	2025	4350	1843	4350	1793	4350	1749	4350	1880
13:00 EDT	4350	2999	4350	2548	4350	2490	4350	2434	4350	2425
14:00 EDT	4350	3507	4350	2903	4350	3060	4350	3020	4350	3096
15:00 EDT	4350	3554	4350	2941	4350	2941	4350	3029	4350	3098
16:00 EDT	4350	3084	4350	3104	4350	3005	4350	3197	4350	3248
17:00 EDT	4350	3144	4350	3027	4350	3051	4350	3051	4350	2901
18:00 EDT	4350	3419	4350	2626	4350	2613	4350	2716	4350	2863
19:00 EDT	4350	3514	4350	2923	4350	2924	4350	2895	4350	3073
20:00 EDT	4350	3554	4350	3363	4350	3254	4350	3296	4350	3302
21:00 EDT	4350	3563	4350	3540	4350	3748	4350	3849	4350	3612
22:00 EDT	4350	2996	4350	3199	4350	3142	4350	2971	4350	2708
23:00 EDT	4350	2673	4350	2629	4350	2569	4350	2451	4350	2445

UPNY/CONED

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7100	3617	6820	3712	6820	3655	6820	3625	6820	3537
01:00 EDT	7100	3378	6820	3127	6820	3196	6820	3243	6820	3397
02:00 EDT	7100	3560	6820	3440	6820	3401	6820	3387	6820	3450
03:00 EDT	7100	3505	6820	3666	6820	3775	6820	3751	6820	3653
04:00 EDT	7100	3867	6820	3482	6820	3450	6820	3450	6820	3543
05:00 EDT	7100	3919	6820	3589	6820	3571	6820	3575	6820	3615
06:00 EDT	7100	3652	6820	3811	6820	3828	6820	3783	6820	3776
07:00 EDT	7100	3287	6820	3739	6820	3691	6820	3610	6820	3582
08:00 EDT	7100	2789	6820	3307	6820	3193	6820	3176	6820	3065
09:00 EDT	7100	2597	6820	2937	6820	2919	6820	2850	6820	2786
10:00 EDT	7100	2512	6820	2824	6820	2674	6940	2637	6940	2579
11:00 EDT	7100	2560	6940	2616	6940	2494	6940	2455	6980	2428
12:00 EDT	7100	2297	7020	2494	7020	2430	7020	2382	7020	2484
13:00 EDT	7100	3198	7020	3131	7020	3060	7020	2970	7020	2943
14:00 EDT	7100	3160	7020	3410	7020	3536	7020	3469	7020	3524
15:00 EDT	7100	2977	7020	3332	7020	3277	7020	3386	7020	3428
16:00 EDT	7100	2442	7020	3410	7020	3300	7020	3512	7020	3593
17:00 EDT	7100	2430	7020	3426	7020	3450	7020	3427	7020	3318
18:00 EDT	7100	2470	7020	3035	7020	3024	7020	3096	7020	3245
19:00 EDT	7100	2506	7020	3340	7020	3373	7020	3355	6980	3512
20:00 EDT	7100	3142	6940	3715	6940	3647	6940	3685	6940	3724
21:00 EDT	6830	3151	6940	3953	6940	4168	6940	4295	6880	4042
22:00 EDT	6830	2824	6880	3659	6820	3534	6820	3450	6820	3257
23:00 EDT	6615	2496	6820	2992	6820	2976	6820	2837	6820	2902

WEST CENTRAL

[back to top](#)

Date: 08/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9786	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9529	9999	9743	9999	9603	9999	9666	9999	9723
02:00 EDT	9999	9554	9999	9709	9999	9672	9999	9654	9999	9720

03:00 EDT	9999	9488	9999	9601	9999	9589	9999	9624	9999	9601
04:00 EDT	9999	9500	9999	9573	9999	9557	9999	9529	9999	9580
05:00 EDT	9999	9512	9999	9579	9999	9578	9999	9590	9999	9546
06:00 EDT	9999	9430	9999	9619	9999	9611	9999	9545	9999	9587
07:00 EDT	9999	9476	9999	9833	9999	9788	9999	9796	9999	9709
08:00 EDT	9999	9514	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9723	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9770	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9784	9999	9781	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9583	9999	9850	9999	9847	9999	9802	9999	9899
13:00 EDT	9999	9873	9999	9899	9999	9899	9999	9847	9999	9899
14:00 EDT	9999	9898	9999	9899	9999	9899	9999	9899	9999	9858
15:00 EDT	9999	9840	9999	9899	9999	9877	9999	9899	9999	9885
16:00 EDT	9999	9865	9999	9877	9999	9786	9999	9899	9999	9895
17:00 EDT	9999	9706	9999	9899	9999	9899	9999	9809	9999	9790
18:00 EDT	9999	9681	9999	9793	9999	9672	9999	9514	9999	9506
19:00 EDT	9999	9805	9999	9825	9999	9884	9999	9886	9999	9886
20:00 EDT	9999	9791	9999	9852	9999	9759	9999	9865	9999	9899
21:00 EDT	9999	9819	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9629	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9633	9999	9852	9999	9793	9999	9839	9999	9807