

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	200	200	200	200	200	200	200
01:00 EDT	200	200	200	200	200	200	200	200	200	200
02:00 EDT	200	200	200	200	200	200	200	200	200	200
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	151	200	181	200	181	200	181	200	181
05:00 EDT	200	151	200	181	200	181	200	181	200	181
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	151	200	151	200	151	200	151	200	151
08:00 EDT	200	126	200	156	200	156	200	156	200	156
09:00 EDT	200	101	200	131	200	131	200	131	200	131
10:00 EDT	200	200	200	200	200	200	200	200	200	200
11:00 EDT	200	200	200	200	200	200	200	200	200	200
12:00 EDT	200	200	200	200	200	200	200	200	200	200
13:00 EDT	200	200	200	200	200	200	200	200	200	200
14:00 EDT	200	200	200	200	200	200	200	200	200	200
15:00 EDT	200	200	200	200	200	200	200	200	200	200
16:00 EDT	200	200	200	190	200	190	200	190	200	190
17:00 EDT	200	200	200	200	200	200	200	200	200	200
18:00 EDT	200	200	200	200	200	200	200	200	200	200
19:00 EDT	200	200	200	200	200	200	200	200	200	200
20:00 EDT	200	200	200	190	200	190	200	190	200	190
21:00 EDT	200	200	200	195	200	195	200	195	200	195
22:00 EDT	200	200	200	200	200	200	200	200	200	200
23:00 EDT	200	200	200	195	200	195	200	195	200	195

CEDARS-HQ

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Date: 08/05/2026

[illegible]

12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

IMO-NYISO

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	238	1000	300	1000	300	1000	300	1000	300
01:00 EDT	1000	330	1000	300	1000	300	1000	300	1000	300
02:00 EDT	1000	369	1000	300	1000	300	1000	300	1000	300
03:00 EDT	1000	394	1000	300	1000	300	1000	300	1000	300
04:00 EDT	1000	394	1000	300	1000	300	1000	300	1000	301
05:00 EDT	1000	394	1000	300	1000	300	1000	300	1000	300
06:00 EDT	1000	369	1000	300	1000	300	1000	300	1000	300
07:00 EDT	1000	463	1000	300	1000	300	1000	300	1000	300
08:00 EDT	1000	437	1000	233	1000	233	1000	233	1000	233
09:00 EDT	1000	459	1000	394	1000	394	1000	394	1000	394
10:00 EDT	1000	487	1000	524	1000	524	1000	524	1000	524
11:00 EDT	1000	483	1000	604	1000	604	1000	604	1000	604
12:00 EDT	1000	580	1000	650	1000	650	1000	650	1000	650
13:00 EDT	1000	650	1000	650	1000	650	1000	650	1000	650
14:00 EDT	1000	650	1000	506	1000	506	1000	506	1000	507
15:00 EDT	1000	650	1000	650	1000	650	1000	650	1000	650
16:00 EDT	1000	650	1000	619	1000	619	1000	619	1000	619
17:00 EDT	2000	1650	1000	541	1000	541	1000	541	1000	537
18:00 EDT	2000	1644	1000	650	1000	650	1000	650	1000	650
19:00 EDT	2000	1650	1000	650	1000	650	1000	650	1000	650
20:00 EDT	2000	1650	1000	650	1000	650	1000	650	1000	650
21:00 EDT	2000	1590	1000	440	1000	440	1000	437	1000	440
22:00 EDT	2000	1586	1000	221	1000	220	1000	222	1000	217
23:00 EDT	2000	1396	1000	300	2000	1300	2000	1296	2000	1300

ISONE-NYISO

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1057	857	1149	949	1275	1075	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1338	1138	1264	1064	1078	878
18:00 EDT	1400	1200	640	440	742	542	805	605	835	635
19:00 EDT	1400	1200	614	414	576	376	756	556	882	682
20:00 EDT	1400	1200	346	146	508	308	1123	923	1244	1044
21:00 EDT	1400	1200	1133	933	522	322	1079	879	1367	1167
22:00 EDT	1400	1200	1400	1200	1400	1200	1251	1051	1400	1200
23:00 EDT	1400	1200	1184	984	866	666	1011	811	1400	1200

MOSES SOUTH

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1750	1259	1750	1073	1750	1105	1750	1134	1750	1112
01:00 EDT	1750	1186	1750	1057	1750	1101	1750	990	1750	1053
02:00 EDT	1750	1183	1750	1029	1750	1060	1750	999	1750	1036
03:00 EDT	1750	1182	1750	936	1750	970	1750	1010	1750	1007
04:00 EDT	1750	1175	1750	979	1750	1055	1750	1023	1750	1002
05:00 EDT	1750	1250	1750	1043	1750	1056	1750	1112	1750	1181
06:00 EDT	1750	1311	1750	1144	1750	1090	1750	1169	1750	1158
07:00 EDT	1750	1327	1750	1146	1750	1202	1750	1177	1750	1169
08:00 EDT	1750	1283	1750	1233	1750	1253	1750	1287	1750	1265
09:00 EDT	1750	1263	1750	1189	1750	1189	1750	1165	1750	1128
10:00 EDT	1750	1315	1750	1172	1750	1191	1750	1039	1750	1123
11:00 EDT	1750	1362	1750	1082	1750	1021	1750	1013	1750	970
12:00 EDT	1750	1299	1750	974	1750	1011	1750	968	1750	981
13:00 EDT	1750	1322	1750	996	1750	1019	1750	975	1750	915
14:00 EDT	1750	1231	1750	929	1750	977	1750	963	1750	867
15:00 EDT	1750	1071	1750	889	1750	900	1750	959	1750	908
16:00 EDT	1750	1075	1750	978	1750	936	1750	964	1750	946
17:00 EDT	1750	1119	1750	912	1750	910	1750	926	1750	925
18:00 EDT	1750	1128	1750	889	1750	970	1750	959	1750	1009
19:00 EDT	1750	1172	1750	1159	1750	1113	1750	1034	1750	1034
20:00 EDT	1750	1159	1750	1112	1750	1105	1750	1107	1750	1030
21:00 EDT	1750	1269	1750	1009	1750	1033	1750	929	1750	962
22:00 EDT	1750	1248	1750	989	1750	876	1750	821	1750	924
23:00 EDT	1750	1291	1750	965	1750	909	1750	942	1750	999

NPX-1385

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	195	200	195	200	195	200	195
01:00 EDT	200	182	200	152	200	152	200	152	200	152
02:00 EDT	200	200	200	170	200	170	200	170	200	170
03:00 EDT	200	200	200	170	200	170	200	170	200	170
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	149	200	149	200	149	200	149
07:00 EDT	200	200	200	200	200	200	200	200	200	200
08:00 EDT	200	200	200	200	200	200	200	200	200	200
09:00 EDT	200	200	200	200	200	200	200	200	200	200
10:00 EDT	200	185	200	155	200	155	200	155	200	155
11:00 EDT	200	185	200	150	200	150	200	150	200	150
12:00 EDT	200	185	200	135	200	135	200	135	200	135
13:00 EDT	200	200	200	180	200	180	200	180	200	180
14:00 EDT	200	200	200	150	200	150	200	150	200	150
15:00 EDT	200	200	200	150	200	150	200	150	200	150

18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NYISO-IMO

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	850	500	850	500	850	500	850	500	850	500
01:00 EDT	850	500	850	500	850	500	850	500	850	500
02:00 EDT	850	500	850	500	850	500	850	500	850	500
03:00 EDT	850	500	850	500	850	500	850	500	850	500
04:00 EDT	850	500	850	500	850	500	850	500	850	500
05:00 EDT	850	500	850	500	850	500	850	500	850	500
06:00 EDT	850	500	850	500	850	500	850	500	850	500
07:00 EDT	850	500	850	500	850	500	850	500	850	500
08:00 EDT	850	500	850	500	850	500	850	500	850	500
09:00 EDT	850	500	850	500	850	500	850	500	850	500
10:00 EDT	850	500	850	500	850	500	850	500	850	500
11:00 EDT	850	500	850	500	850	500	850	500	850	500
12:00 EDT	850	500	850	213	850	213	850	163	850	163
13:00 EDT	850	410	850	360	850	360	850	360	850	360
14:00 EDT	850	470	850	500	850	500	850	500	850	500
15:00 EDT	850	308	850	267	850	267	850	267	850	267
16:00 EDT	850	250	850	500	850	500	850	500	850	500
17:00 EDT	1600	1021	850	500	850	500	850	500	850	500
18:00 EDT	1600	1250	850	308	850	308	850	308	850	308
19:00 EDT	1600	1206	850	0	850	0	850	0	850	0
20:00 EDT	1600	1157	850	169	850	169	850	169	850	169
21:00 EDT	1600	1250	850	500	850	500	850	500	850	500
22:00 EDT	1600	1250	850	500	850	500	850	500	850	500
23:00 EDT	1600	1250	850	500	1600	1250	1600	1250	1600	1250

NYISO-ISONE

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	394	1600	86	1600	136	1600	169	1600	278
01:00 EDT	1600	438	1600	92	1450	0	1450	0	1450	0
02:00 EDT	1600	276	1550	15	1550	0	1550	0	1550	0
03:00 EDT	1600	175	1550	0	1550	45	1550	134	1550	62
04:00 EDT	1600	145	1550	98	1550	96	1550	0	1550	0
05:00 EDT	1600	216	1550	0	1550	0	1550	0	1550	0
06:00 EDT	1600	272	1600	0	1600	0	1600	0	1600	0
07:00 EDT	1600	248	1600	0	1600	40	1600	129	1600	81
08:00 EDT	1600	262	1600	0	1600	2	1600	200	1600	200
09:00 EDT	1600	467	1600	140	1600	171	1600	279	1600	325
10:00 EDT	1600	513	1600	555	1600	639	1600	642	1600	639
11:00 EDT	1600	876	1600	403	1600	400	1600	349	1600	347
12:00 EDT	1600	1069	1600	646	1600	824	1600	837	1600	887
13:00 EDT	1600	994	1600	1129	1600	1174	1600	1069	1600	1173
14:00 EDT	1600	926	1600	1013	1600	1041	1600	741	1600	808
15:00 EDT	1600	828	1600	1064	1600	928	1600	861	1600	1024
16:00 EDT	1600	1316	1600	938	1600	1005	1600	999	1600	963
17:00 EDT	1600	1230	1600	933	1600	933	1600	932	1600	832
18:00 EDT	1600	1281	1600	696	1600	696	1600	830	1600	730
19:00 EDT	1600	1303	1600	785	1600	792	1600	784	1600	848

20:00 EDT	1600	971	1600	641	1600	561	1600	716	1600	801
21:00 EDT	1600	473	1600	656	1600	358	1600	131	1600	241
22:00 EDT	1600	841	1600	480	1600	497	1600	375	1600	499
23:00 EDT	1600	1085	1600	623	1600	380	1600	395	1600	518

NYISO-PJM

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4204	7550	4183	7550	4184	7550	4199	7550	4240
01:00 EDT	7550	4430	7550	4095	7550	4283	7550	4251	7550	4222
02:00 EDT	7550	4244	7550	4083	7550	4140	7550	4114	7550	4140
03:00 EDT	7550	4165	7550	4060	7550	4069	7550	4146	7550	4141
04:00 EDT	7550	4247	7550	4078	7550	4120	7550	4097	7550	4073
05:00 EDT	7550	4398	7550	4139	7550	4169	7550	4274	7550	4346
06:00 EDT	7550	4673	7550	4489	7550	4394	7550	4333	7550	4116
07:00 EDT	7550	3963	7550	3975	7550	3896	7550	3851	7550	3749
08:00 EDT	7550	3292	7550	3664	7550	3580	7550	3500	7550	3460
09:00 EDT	7550	3405	7550	3327	7550	3353	7550	3411	7550	3339
10:00 EDT	7550	3714	7550	3760	7550	3749	7550	3764	7550	3678
11:00 EDT	7550	3851	7550	3641	7550	3654	7550	3844	7550	3731
12:00 EDT	7550	4055	7550	4187	7550	4296	7550	4399	7550	4529
13:00 EDT	7550	4647	7550	4583	7550	4656	7550	4609	7550	4680
14:00 EDT	7550	4641	7550	4432	7550	4522	7550	4563	7550	4646
15:00 EDT	7550	5207	7550	5534	7550	5704	7550	5498	7550	5616
16:00 EDT	7550	5726	7550	5537	7550	5511	7550	5579	7550	5618
17:00 EDT	7550	5608	7550	5918	7550	5957	7550	6064	7550	6009
18:00 EDT	7550	5848	7550	6187	7550	6331	7550	6450	7550	6488
19:00 EDT	7550	6036	7550	6549	7550	6730	7550	6808	7550	6831
20:00 EDT	7550	5666	7550	6358	7550	6420	7550	6325	7550	6400
21:00 EDT	7550	5020	7550	5912	7550	5462	7550	5271	7550	5371

22:00 EDT	7550	4734	7550	5466	7550	5590	7550	5159	7550	5137
23:00 EDT	7550	4413	7550	5309	7550	5077	7550	5060	7550	4997

PJM-NEPTUNE

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	0	1950	94	1950	95	1950	141	1950	86
01:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
02:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
03:00 EDT	1950	0	1950	9	1950	10	1950	4	1950	8
04:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
05:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
06:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
07:00 EDT	1950	0	1950	51	1950	51	1950	52	1950	51
08:00 EDT	1950	0	1950	108	1950	110	1950	107	1950	156
09:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
10:00 EDT	1950	157	1950	223	1950	192	1950	192	1950	33
11:00 EDT	1950	0	1950	0	1950	7	1950	156	1950	0
12:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
13:00 EDT	1950	0	1950	150	1950	150	1950	0	1950	39
14:00 EDT	1950	197	1950	39	1950	39	1950	40	1950	250
15:00 EDT	1950	741	1950	727	1950	722	1950	712	1950	712
16:00 EDT	1950	1051	1950	1010	1950	1068	1950	1019	1950	1019
17:00 EDT	1950	974	1950	1187	1950	1006	1950	1010	1950	1014
18:00 EDT	1950	930	1950	879	1950	880	1950	877	1950	875
19:00 EDT	1950	868	1950	516	1950	630	1950	671	1950	679
20:00 EDT	1950	372	1950	383	1950	381	1950	380	1950	384
21:00 EDT	1950	0	1950	431	1950	58	1950	61	1950	61
22:00 EDT	1950	0	1950	178	1950	421	1950	137	1950	161
23:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0

[illegible]

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	10	660	10	660	10	660	10	660	10
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	10	660	10	660	10	660	10	660	10
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	10	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	25	315	25	315	25	315	25	315	25
16:00 EDT	315	25	315	25	315	25	315	25	315	25
17:00 EDT	315	50	315	50	315	50	315	50	315	50
18:00 EDT	315	25	315	25	315	25	315	0	315	0
19:00 EDT	315	25	315	0	315	0	315	0	315	0
20:00 EDT	315	20	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	2700	4350	2467	4350	2551	4350	2609	4350	2606

01:00 EDT	4350	2772	4350	2812	4350	2862	4350	2836	4350	2769
02:00 EDT	4350	2829	4350	2905	4350	2897	4350	2905	4350	2864
03:00 EDT	4350	2858	4350	2912	4350	2923	4350	2945	4350	2949
04:00 EDT	4350	2910	4350	2880	4350	2909	4350	2893	4350	2867
05:00 EDT	4350	2909	4350	2906	4350	2908	4350	2776	4350	2790
06:00 EDT	4350	2705	4350	2682	4350	2607	4350	2498	4350	2483
07:00 EDT	4350	2068	4350	2313	4350	2265	4350	2178	4350	2148
08:00 EDT	4350	1577	4350	2079	4350	2057	4350	1907	4350	1817
09:00 EDT	4350	1551	4350	1806	4350	1733	4350	1731	4350	1728
10:00 EDT	4350	1327	4350	1636	4350	1678	4350	1669	4350	1688
11:00 EDT	4350	1192	4350	1670	4350	1649	4350	1803	4350	1812
12:00 EDT	4350	1070	4350	1827	4350	1775	4350	1812	4350	1775
13:00 EDT	4350	1312	4350	1727	4350	1797	4350	1895	4350	1748
14:00 EDT	4350	1589	4350	1765	4350	1846	4350	1967	4350	1884
15:00 EDT	4350	2404	4350	2485	4350	2445	4350	2028	4350	2030
16:00 EDT	4350	2575	4350	2343	4350	2426	4350	2380	4350	2586
17:00 EDT	4350	2761	4350	2853	4350	2863	4350	2790	4350	2815
18:00 EDT	4350	3150	4350	2908	4350	3046	4350	3013	4350	3066
19:00 EDT	4350	3283	4350	3149	4350	3138	4350	3130	4350	3072
20:00 EDT	4350	3307	4350	3213	4350	3208	4350	3027	4350	3043
21:00 EDT	4350	3065	4350	2606	4350	2652	4350	2773	4350	2753
22:00 EDT	4350	2315	4350	2313	4350	2318	4350	2316	4350	2235
23:00 EDT	4350	1862	4350	2370	4350	2450	4350	2373	4350	2287

UPNY/CONED

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Date: 08/05/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6155	2807	5875	2547	5875	2690	5875	2838	5875	2872
01:00 EDT	6155	3112	5875	2880	5875	2975	5875	3017	5875	3000
02:00 EDT	6155	3201	5875	3133	5875	3159	5875	3215	5875	3213
03:00 EDT	6155	3152	5875	3296	5875	3323	5875	3363	5875	3388
04:00 EDT	6155	3152	5875	3222	5875	3275	5875	3237	5875	3206
05:00 EDT	6155	3200	5875	3213	5875	3188	5875	3038	5875	3046
06:00 EDT	6155	3172	5875	3037	5875	2923	5875	2791	5875	2740
07:00 EDT	6155	2451	5875	2623	5875	2529	5875	2400	5875	2347
08:00 EDT	6155	1558	5875	2431	5875	2356	5875	2183	5875	2088
09:00 EDT	6155	1367	5915	2099	5955	2012	5955	1978	5955	1981
10:00 EDT	6155	1213	5955	1949	5955	1805	5955	1833	6015	1814
11:00 EDT	6155	1023	6075	2001	6075	1917	6075	2097	6075	1948
12:00 EDT	6155	1017	6075	1937	6290	2053	6290	2145	6750	2540
13:00 EDT	6830	2008	6750	2264	6750	2263	6750	2324	6750	2276
14:00 EDT	6830	2083	6750	2131	6750	2238	6750	2481	6750	2330
15:00 EDT	6830	2766	6750	2947	6750	2987	6750	2537	6750	2447
16:00 EDT	6830	2925	6750	2662	6750	2765	6750	2786	6750	3013
17:00 EDT	6830	2835	6750	3289	6750	3390	6750	3389	6750	3483
18:00 EDT	6830	3296	6750	3585	6750	3779	6690	3665	6590	3649
19:00 EDT	6830	3579	6550	3752	6550	3868	6550	3918	6550	3868
20:00 EDT	6830	3858	6550	3844	6550	3940	6550	3698	6550	3749
21:00 EDT	6830	3669	6550	3358	6550	3396	6550	3595	6550	3614
22:00 EDT	6830	3037	6550	3348	6550	3380	6550	3431	6550	3242
23:00 EDT	6615	2372	6550	3218	6550	3363	6550	3306	6550	3232

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899

03:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9759	9999	9774	9999	9744	9999	9724	9999	9732
09:00 EDT	9999	9767	9999	9890	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9822	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9749	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899