

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 07/29/2026

[illegible]

CEDARS-HQ

[back to top](#)

Date: 07/29/2026

[illegible]

10:00 EDT	220	220	220	220	220	220	220	220	220	220
11:00 EDT	220	220	220	220	220	220	220	220	220	220
12:00 EDT	220	220	220	220	220	220	220	220	220	220
13:00 EDT	220	220	220	220	220	220	220	220	220	220
14:00 EDT	220	220	220	220	220	220	220	220	220	220
15:00 EDT	220	220	220	220	220	220	220	220	220	220
16:00 EDT	220	220	220	220	220	220	220	220	220	220
17:00 EDT	220	220	220	220	220	220	220	220	220	220
18:00 EDT	220	220	220	220	220	220	220	220	220	220
19:00 EDT	220	220	220	220	220	220	220	220	220	220
20:00 EDT	220	220	220	220	220	220	220	220	220	220
21:00 EDT	220	220	220	220	220	220	220	220	220	220
22:00 EDT	220	220	220	220	220	220	220	220	220	220
23:00 EDT	220	220	220	220	220	220	220	220	220	220

HQ-CHPE

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
01:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
02:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
03:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
04:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
05:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
06:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
07:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
08:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
09:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
10:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
11:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
12:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
13:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
14:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
15:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
16:00 EDT	1250	750	1250	750	1250	750	1250	750	1250	750
17:00 EDT	1250	450	1250	450	1250	450	1250	450	1250	450
18:00 EDT	1250	450	1250	450	1250	450	1250	450	1250	450
19:00 EDT	1250	773	1250	750	1250	750	1250	750	1250	750
20:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
21:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
22:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
23:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250

HQ-NYISO

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	1000	930	930	930	930	930	930	930	930
01:00 EDT	1000	1000	930	930	930	930	930	930	930	930
02:00 EDT	1000	1000	930	930	930	930	930	930	930	930
03:00 EDT	1000	1000	930	930	930	930	930	930	930	930
04:00 EDT	1000	1000	930	930	930	930	930	930	930	930
05:00 EDT	1000	1000	930	930	930	930	930	930	930	930
06:00 EDT	1000	1000	930	930	930	930	930	930	930	930
07:00 EDT	1000	1000	930	930	930	930	930	930	930	930
08:00 EDT	1000	1000	930	930	930	930	930	930	930	930
09:00 EDT	1000	1000	930	930	930	930	930	930	930	930
10:00 EDT	1000	1000	930	930	930	930	930	930	930	930
11:00 EDT	1000	1000	930	930	930	930	930	930	930	930

12:00 EDT	1000	1000	930	930	930	930	930	930	930	930
13:00 EDT	1000	1000	930	930	930	930	930	930	930	930
14:00 EDT	1000	1000	930	930	930	930	930	930	930	930
15:00 EDT	1000	1000	930	930	930	930	930	930	930	930
16:00 EDT	1000	1000	930	930	930	930	930	930	930	930
17:00 EDT	1000	1000	930	930	930	930	930	930	930	930
18:00 EDT	1000	1000	930	930	930	930	930	930	930	930
19:00 EDT	1000	1000	930	930	930	930	930	930	930	930
20:00 EDT	1000	1000	930	930	930	930	930	930	930	930
21:00 EDT	1000	1000	930	930	930	930	930	930	930	930
22:00 EDT	1000	1000	930	930	930	930	930	930	930	930
23:00 EDT	1000	1000	930	930	930	930	930	930	930	930

IMO-NYISO

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	338	2000	305	2000	305	2000	305	2000	305
01:00 EDT	2000	0	2000	300	2000	300	2000	300	2000	300
02:00 EDT	2000	0	2000	300	2000	300	2000	300	2000	300
03:00 EDT	2000	0	2000	300	2000	300	2000	300	2000	300
04:00 EDT	2000	0	2000	300	2000	300	2000	300	2000	300
05:00 EDT	2000	0	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	0	2000	300	2000	300	2000	300	2000	300
07:00 EDT	2000	0	2000	300	2000	300	2000	300	2000	300
08:00 EDT	2000	399	2000	339	2000	339	2000	339	2000	339
09:00 EDT	2000	561	2000	334	2000	334	2000	334	2000	334
10:00 EDT	2000	600	2000	397	2000	397	2000	397	2000	397
11:00 EDT	2000	779	2000	568	2000	568	2000	568	2000	568
12:00 EDT	2000	875	2000	703	2000	703	2000	703	2000	703
13:00 EDT	2000	770	2000	819	2000	819	2000	819	2000	819
14:00 EDT	2000	797	2000	769	2000	769	2000	769	2000	769
15:00 EDT	2000	791	2000	615	2000	615	2000	615	2000	615
16:00 EDT	2000	904	2000	749	2000	749	2000	749	2000	749
17:00 EDT	2000	769	2000	581	2000	581	2000	581	2000	581
18:00 EDT	2000	833	2000	531	2000	531	2000	531	2000	531
19:00 EDT	2000	723	2000	724	2000	724	2000	724	2000	724
20:00 EDT	2000	732	2000	875	2000	875	2000	875	2000	875
21:00 EDT	2000	586	2000	882	2000	882	2000	882	2000	882
22:00 EDT	2000	456	2000	766	2000	766	2000	766	2000	766
23:00 EDT	2000	216	2000	584	2000	584	2000	584	2000	584

ISONE-NYISO

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1179	1400	996	1400	991
13:00 EDT	1400	1200	1400	1100	1400	1178	1400	1026	1400	937

14:00 EDT	1400	1200	1400	818	1400	819	1400	836	1400	1035
15:00 EDT	1400	1200	1400	1104	1400	1200	1400	1104	1400	1183
16:00 EDT	1400	1174	1400	1068	1400	942	1400	923	1400	942
17:00 EDT	1400	1062	1400	1166	1400	1188	1400	1166	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1140	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1196	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
01:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
02:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
03:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
04:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
05:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
06:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
07:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
10:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
11:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
12:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
13:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
14:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
15:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
16:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
17:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
18:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
19:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
20:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
21:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
22:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
23:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300

NPX-1385

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	150	200	125	200	125	200	125	200	125
01:00 EDT	200	200	200	170	200	170	200	170	200	170
02:00 EDT	200	200	200	170	200	170	200	170	200	170
03:00 EDT	200	200	200	170	200	170	200	170	200	170
04:00 EDT	200	200	200	170	200	170	200	170	200	170
05:00 EDT	200	200	200	170	200	170	200	170	200	170
06:00 EDT	200	200	200	170	200	170	200	170	200	170
07:00 EDT	200	200	200	170	200	170	200	170	200	170
08:00 EDT	200	185	200	155	200	155	200	155	200	155
09:00 EDT	200	185	200	155	200	155	200	155	200	155
10:00 EDT	200	185	200	155	200	155	200	155	200	155
11:00 EDT	200	135	200	160	200	160	200	160	200	160
12:00 EDT	200	185	200	165	200	165	200	165	200	165
13:00 EDT	200	135	200	65	200	65	200	65	200	65
14:00 EDT	200	137	200	67	200	67	200	67	200	67
15:00 EDT	200	135	200	11	200	11	200	11	200	11

16:00 EDT	200	86	200	16	200	16	200	16	200	16
17:00 EDT	200	76	200	6	200	6	200	6	200	6
18:00 EDT	200	101	200	61	200	61	200	61	200	61
19:00 EDT	200	151	200	96	200	96	200	96	200	96
20:00 EDT	200	101	200	81	200	81	200	81	200	81
21:00 EDT	200	150	200	120	200	120	200	120	200	120
22:00 EDT	200	150	200	115	200	115	200	115	200	115
23:00 EDT	200	150	200	115	200	115	200	115	200	115

NPX-CSC

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	105	330	92	330	92	330	92	330	92
01:00 EDT	330	255	330	255	330	255	330	255	330	255
02:00 EDT	330	255	330	255	330	255	330	255	330	255
03:00 EDT	330	330	330	180	330	180	330	180	330	180
04:00 EDT	330	330	330	200	330	200	330	200	330	200
05:00 EDT	330	330	330	255	330	255	330	255	330	255
06:00 EDT	330	105	330	105	330	105	330	105	330	105
07:00 EDT	330	105	330	30	330	30	330	30	330	30
08:00 EDT	330	105	330	105	330	105	330	105	330	105
09:00 EDT	330	94	330	30	330	30	330	30	330	30
10:00 EDT	330	105	330	30	330	30	330	30	330	30
11:00 EDT	330	105	330	30	330	30	330	30	330	30
12:00 EDT	330	105	330	103	330	103	330	103	330	103
13:00 EDT	330	105	330	30	330	30	330	30	330	30
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0
16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	30	330	0	330	0	330	0	330	0
21:00 EDT	330	105	330	0	330	0	330	0	330	0
22:00 EDT	330	105	330	0	330	0	330	0	330	0
23:00 EDT	330	139	330	80	330	80	330	80	330	80

NYISO-HQ

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	125	930	0	930	0	930	0	930	0
01:00 EDT	1000	125	930	0	930	0	930	0	930	0
02:00 EDT	1000	125	930	0	930	0	930	0	930	0
03:00 EDT	1000	125	930	0	930	0	930	0	930	0
04:00 EDT	1000	125	930	0	930	0	930	0	930	0
05:00 EDT	1000	125	930	0	930	0	930	0	930	0
06:00 EDT	1000	125	930	0	930	0	930	0	930	0
07:00 EDT	1000	125	930	0	930	0	930	0	930	0
08:00 EDT	1000	125	930	0	930	0	930	0	930	0
09:00 EDT	1000	125	930	0	930	0	930	0	930	0
10:00 EDT	1000	125	930	0	930	0	930	0	930	0
11:00 EDT	1000	125	930	47	930	47	930	47	930	47
12:00 EDT	1000	125	930	47	930	47	930	47	930	47
13:00 EDT	1000	125	930	0	930	0	930	0	930	0
14:00 EDT	1000	175	930	0	930	47	930	47	930	47
15:00 EDT	1000	175	930	0	930	0	930	0	930	0
16:00 EDT	1000	125	930	0	930	0	930	0	930	0
17:00 EDT	1000	125	930	34	930	30	930	30	930	30

18:00 EDT	1000	125	930	30	930	30	930	30	930	30
19:00 EDT	1000	125	930	30	930	30	930	30	930	30
20:00 EDT	1000	175	930	30	930	30	930	30	930	30
21:00 EDT	1000	125	930	0	930	0	930	0	930	0
22:00 EDT	1000	154	930	0	930	0	930	0	930	0
23:00 EDT	1000	125	930	0	930	0	930	0	930	0

NYISO-IMO

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
01:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
02:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
03:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
04:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
05:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
06:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
07:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
08:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
09:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
10:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
11:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
12:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
13:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
14:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
15:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
16:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
17:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
18:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	732	1600	766	1600	831	1600	752	1600	911
01:00 EDT	1600	499	1600	609	1600	669	1600	827	1600	936
02:00 EDT	1600	620	1600	888	1600	585	1600	649	1600	729
03:00 EDT	1600	523	1600	445	1600	389	1600	362	1600	414
04:00 EDT	1600	506	1600	359	1600	419	1600	466	1600	425
05:00 EDT	1600	488	1600	573	1600	355	1600	379	1600	401
06:00 EDT	1600	567	1600	702	1600	671	1600	584	1600	551
07:00 EDT	1600	623	1600	722	1600	755	1600	937	1600	777
08:00 EDT	1600	774	1600	697	1600	777	1600	995	1600	1013
09:00 EDT	1600	900	1600	742	1600	775	1600	982	1600	1015
10:00 EDT	1600	821	1600	747	1600	776	1600	959	1600	1037
11:00 EDT	1600	998	1600	1116	1600	1037	1600	1117	1600	1275
12:00 EDT	1600	1116	1600	1357	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1087	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1315	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1373	1600	1400	1600	1318	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1212
18:00 EDT	1600	1362	1600	1141	1600	1145	1600	1144	1600	1144
19:00 EDT	1600	1400	1600	1049	1600	1049	1600	1049	1600	1049

20:00 EDT	1600	1400	1600	904	1600	904	1600	904	1600	904
21:00 EDT	1600	969	1600	730	1600	486	1600	548	1600	811
22:00 EDT	1600	928	1600	602	1600	407	1600	363	1600	662
23:00 EDT	1600	812	1600	617	1600	880	1600	761	1600	811

NYISO-PJM

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4215	7550	4664	7550	4583	7550	4535	7550	4544
01:00 EDT	7550	3988	7550	4581	7550	4511	7550	4481	7550	4483
02:00 EDT	7550	3811	7550	4462	7550	4459	7550	4451	7550	4433
03:00 EDT	7550	3657	7550	4429	7550	4407	7550	4388	7550	4418
04:00 EDT	7550	3795	7550	4473	7550	4476	7550	4532	7550	4557
05:00 EDT	7550	3960	7550	4625	7550	4623	7550	4608	7550	4584
06:00 EDT	7550	4083	7550	4661	7550	4661	7550	4680	7550	4583
07:00 EDT	7550	3632	7550	4539	7550	4555	7550	4559	7550	4449
08:00 EDT	7550	3723	7550	4211	7550	4136	7550	4202	7550	4144
09:00 EDT	7550	3886	7550	4045	7550	4086	7550	4140	7550	4145
10:00 EDT	7550	4043	7550	4052	7550	4080	7550	4017	7550	4075
11:00 EDT	7550	3949	7550	4233	7550	4191	7550	4223	7550	4193
12:00 EDT	7550	3936	7550	4207	7550	4170	7550	4247	7550	4154
13:00 EDT	7550	3902	7550	4185	7550	4118	7550	4075	7550	4066
14:00 EDT	7550	4080	7550	4058	7550	4213	7550	4297	7550	4200
15:00 EDT	7550	4206	7550	4327	7550	4304	7550	4406	7550	4314
16:00 EDT	7550	4267	7550	4451	7550	4510	7550	4456	7550	4474
17:00 EDT	7550	4394	7550	4539	7550	4623	7550	4648	7550	4617
18:00 EDT	7550	4586	7550	4538	7550	4561	7550	4643	7550	4691
19:00 EDT	7550	4413	7550	4627	7550	4633	7550	4828	7550	4736
20:00 EDT	7550	4255	7550	4546	7550	4591	7550	4668	7550	4695
21:00 EDT	7550	4212	7550	4514	7550	4445	7550	4331	7550	4313

22:00 EDT	7550	3979	7550	4396	7550	4309	7550	4326	7550	4313
23:00 EDT	7550	4012	7550	4378	7550	4345	7550	4307	7550	4432

PJM-NEPTUNE

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
01:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
02:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
03:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
04:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
05:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
06:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
07:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
08:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
09:00 EDT	1950	0	1950	60	1950	73	1950	70	1950	67
10:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
11:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
12:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
13:00 EDT	1950	50	1950	0	1950	0	1950	0	1950	0
14:00 EDT	1950	394	1950	159	1950	382	1950	484	1950	373
15:00 EDT	1950	428	1950	480	1950	517	1950	575	1950	514
16:00 EDT	1950	673	1950	649	1950	645	1950	649	1950	647
17:00 EDT	1950	923	1950	829	1950	844	1950	843	1950	855
18:00 EDT	1950	1013	1950	980	1950	988	1950	988	1950	988
19:00 EDT	1950	847	1950	800	1950	797	1950	805	1950	806
20:00 EDT	1950	759	1950	585	1950	588	1950	589	1950	588
21:00 EDT	1950	624	1950	325	1950	314	1950	155	1950	161
22:00 EDT	1950	304	1950	0	1950	0	1950	0	1950	0
23:00 EDT	1950	226	1950	0	1950	0	1950	0	1950	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	243	660	93	660	93	660	93	660	93
17:00 EDT	660	413	660	263	660	263	660	263	660	238
18:00 EDT	660	310	660	263	660	263	660	263	660	263
19:00 EDT	660	160	660	160	660	160	660	160	660	160
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	25	315	0	315	0	315	0	315	0
17:00 EDT	315	50	315	0	315	0	315	0	315	0
18:00 EDT	315	25	315	25	315	25	315	25	315	25
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

SCH-VFT_PJM

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	2308	4350	2148	4350	2180	4350	2287	4350	2297

01:00 EDT	4350	2429	4350	2535	4350	2711	4350	2584	4350	2535
02:00 EDT	4350	2511	4350	2717	4350	2878	4350	2896	4350	2839
03:00 EDT	4350	2546	4350	2867	4350	2903	4350	2939	4350	2894
04:00 EDT	4350	2609	4350	2919	4350	2912	4350	2901	4350	2905
05:00 EDT	4350	2548	4350	2909	4350	3016	4350	2912	4350	2762
06:00 EDT	4350	2043	4350	2524	4350	2547	4350	2474	4350	2411
07:00 EDT	4350	1402	4350	2278	4350	2265	4350	2163	4350	2192
08:00 EDT	4350	1238	4350	2095	4350	1981	4350	1913	4350	1944
09:00 EDT	4350	1236	4350	1972	4350	1957	4350	1970	4350	1936
10:00 EDT	4350	1280	4350	1966	4350	1915	4350	1768	4350	1726
11:00 EDT	4350	1292	4350	1570	4350	1616	4350	1578	4350	1509
12:00 EDT	4350	1199	4350	1505	4350	1438	4350	1420	4350	1385
13:00 EDT	4350	1383	4350	1393	4350	1420	4350	1377	4350	1336
14:00 EDT	4350	1285	4350	1299	4350	1456	4350	1576	4350	1751
15:00 EDT	4350	1495	4350	1847	4350	2003	4350	1965	4350	1964
16:00 EDT	4350	1427	4350	1978	4350	1969	4350	1975	4350	2197
17:00 EDT	4350	1860	4350	2481	4350	2498	4350	2428	4350	2452
18:00 EDT	4350	2171	4350	2454	4350	2518	4350	2557	4350	2575
19:00 EDT	4350	1999	4350	2525	4350	2478	4350	2621	4350	2613
20:00 EDT	4350	1690	4350	2489	4350	2454	4350	2575	4350	2377
21:00 EDT	4350	1617	4350	2420	4350	2500	4350	2266	4350	2040
22:00 EDT	4350	1916	4350	2472	4350	2544	4350	2486	4350	2279
23:00 EDT	4350	2295	4350	2413	4350	2243	4350	2315	4350	2373

UPNY/CONED

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6155	2363	5875	2155	5875	2139	5875	2245	5875	2231
01:00 EDT	6155	2539	5875	2390	5875	2635	5875	2525	5875	2436
02:00 EDT	6155	2668	5875	2718	5875	2988	5875	2916	5875	2857
03:00 EDT	6155	2661	5875	3044	5875	3094	5875	3148	5875	3111
04:00 EDT	6155	2850	5875	3163	5875	3160	5875	3169	5875	3168
05:00 EDT	6155	2661	5875	3135	5875	3350	5875	3338	5875	3034
06:00 EDT	6155	2282	5875	2898	5875	2957	5875	2802	5875	2774
07:00 EDT	6155	1750	5875	2700	5875	2677	5875	2554	5875	2670
08:00 EDT	6155	1698	5875	2589	5875	2466	5875	2369	5935	2424
09:00 EDT	6155	1424	5935	2538	5935	2525	5935	2452	5935	2344
10:00 EDT	6155	1413	5935	2318	5935	2310	5935	2060	5995	2108
11:00 EDT	6155	1253	5995	2113	5995	2137	5995	2138	5995	1970
12:00 EDT	6155	1146	5995	1859	6035	1801	6035	1749	6035	1677
13:00 EDT	6155	1146	6035	1766	6075	1831	6075	1661	6075	1570
14:00 EDT	6155	1120	6075	1537	6075	1664	6075	1730	6075	1835
15:00 EDT	6155	1253	6075	1965	6075	2091	6075	2027	6075	1977
16:00 EDT	6155	1203	6075	1904	6075	1830	6075	1779	6075	1961
17:00 EDT	6155	1422	6075	2181	6075	2257	6075	2161	6075	2158
18:00 EDT	6155	1783	6075	2113	6075	2170	6075	2249	6075	2272
19:00 EDT	6155	1747	6075	2292	6075	2299	5995	2472	5995	2498
20:00 EDT	6155	1752	5995	2489	5995	2482	5995	2649	5995	2487
21:00 EDT	6155	1888	5875	2308	5875	2447	5875	2288	5875	2113
22:00 EDT	6155	1887	5875	2545	5875	2638	5875	2614	5875	2337
23:00 EDT	6155	2261	5875	2454	5875	2211	5875	2301	5875	2346

WEST CENTRAL

[back to top](#)

Date: 07/29/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9097	9999	9557	9999	9549	9999	9529	9999	9561
01:00 EDT	9999	8922	9999	9528	9999	9538	9999	9542	9999	9544
02:00 EDT	9999	8825	9999	9556	9999	9460	9999	9427	9999	9551

03:00 EDT	9999	8730	9999	9419	9999	9513	9999	9461	9999	9384
04:00 EDT	9999	8748	9999	9406	9999	9372	9999	9332	9999	9331
05:00 EDT	9999	8830	9999	9406	9999	9403	9999	9373	9999	9486
06:00 EDT	9999	8909	9999	9512	9999	9583	9999	9610	9999	9624
07:00 EDT	9999	8742	9999	9655	9999	9600	9999	9676	9999	9558
08:00 EDT	9999	8915	9999	9289	9999	9227	9999	9290	9999	9347
09:00 EDT	9999	9026	9999	9109	9999	9159	9999	9176	9999	9206
10:00 EDT	9999	9013	9999	9197	9999	9301	9999	9324	9999	9234
11:00 EDT	9999	9041	9999	9568	9999	9513	9999	9431	9999	9445
12:00 EDT	9999	9080	9999	9407	9999	9403	9999	9403	9999	9428
13:00 EDT	9999	9118	9999	9454	9999	9449	9999	9398	9999	9362
14:00 EDT	9999	9097	9999	9270	9999	9246	9999	9200	9999	9320
15:00 EDT	9999	9134	9999	9204	9999	9129	9999	9105	9999	9201
16:00 EDT	9999	9241	9999	9218	9999	9191	9999	9194	9999	9160
17:00 EDT	9999	9114	9999	9212	9999	9076	9999	9105	9999	9085
18:00 EDT	9999	9244	9999	9068	9999	9171	9999	9219	9999	9235
19:00 EDT	9999	8948	9999	9273	9999	9230	9999	9254	9999	9251
20:00 EDT	9999	8777	9999	9168	9999	9269	9999	9237	9999	9287
21:00 EDT	9999	8733	9999	9136	9999	9090	9999	9190	9999	9273
22:00 EDT	9999	8763	9999	9471	9999	9488	9999	9345	9999	9473
23:00 EDT	9999	8834	9999	9664	9999	9543	9999	9591	9999	9509