

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 07/26/2026

[illegible]

CEDARS-HQ

[back to top](#)

Date: 07/26/2026

[illegible]

12:00 EDT	1000	1000	950	950	950	950	950	950	950	950
13:00 EDT	1000	1000	950	950	950	950	950	950	950	950
14:00 EDT	1000	1000	950	950	950	950	950	950	950	950
15:00 EDT	1000	1000	950	950	950	950	950	950	950	950
16:00 EDT	1000	1000	950	950	950	950	950	950	950	950
17:00 EDT	1000	1000	950	950	950	950	950	950	950	950
18:00 EDT	1000	1000	950	950	950	950	950	950	950	950
19:00 EDT	1000	975	950	950	950	950	950	950	950	950
20:00 EDT	1000	1000	950	950	950	950	950	950	950	950
21:00 EDT	1000	1000	950	950	950	950	950	950	950	950
22:00 EDT	1000	1000	950	950	950	950	950	950	950	950
23:00 EDT	1000	1000	950	950	950	950	950	950	950	950

IMO-NYISO

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	449	2000	569	2000	569	2000	569	2000	569
01:00 EDT	2000	305	2000	300	2000	300	2000	300	2000	300
02:00 EDT	2000	230	2000	300	2000	300	2000	300	2000	300
03:00 EDT	2000	336	2000	300	2000	300	2000	300	2000	300
04:00 EDT	2000	494	2000	300	2000	300	2000	300	2000	300
05:00 EDT	2000	130	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	230	2000	300	2000	300	2000	300	2000	300
07:00 EDT	2000	667	2000	528	2000	528	2000	528	2000	528
08:00 EDT	2000	1105	2000	1100	2000	1100	2000	1100	2000	1100
09:00 EDT	2000	1150	2000	1385	2000	1385	2000	1385	2000	1385
10:00 EDT	2000	1220	2000	1390	2000	1390	2000	1390	2000	1390
11:00 EDT	2000	1265	2000	1360	2000	1360	2000	1360	2000	1360
12:00 EDT	2000	1240	2000	1383	2000	1383	2000	1383	2000	1383
13:00 EDT	2000	1311	2000	1502	2000	1502	2000	1502	2000	1502
14:00 EDT	2000	1315	2000	1606	2000	1606	2000	1606	2000	1606
15:00 EDT	2000	1415	2000	1650	2000	1650	2000	1650	2000	1650
16:00 EDT	2000	1290	2000	1650	2000	1650	2000	1650	2000	1650
17:00 EDT	2000	1365	2000	1617	2000	1617	2000	1617	2000	1617
18:00 EDT	2000	1090	2000	1420	2000	1420	2000	1420	2000	1420
19:00 EDT	2000	1040	2000	1343	2000	1343	2000	1343	2000	1343
20:00 EDT	2000	940	2000	1419	2000	1419	2000	1419	2000	1419
21:00 EDT	2000	710	2000	1302	2000	1302	2000	1302	2000	1302
22:00 EDT	2000	510	2000	1356	2000	1356	2000	1356	2000	1356
23:00 EDT	2000	485	2000	890	2000	890	2000	890	2000	890

ISONE-NYISO

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1049	1400	1014	1400	974	1400	1200
10:00 EDT	1400	1200	1400	964	1400	963	1400	910	1400	964
11:00 EDT	1400	1095	1400	761	1400	773	1400	713	1400	762
12:00 EDT	1400	978	1400	665	1400	703	1400	604	1400	628
13:00 EDT	1400	1043	1400	608	1400	595	1400	596	1400	596

14:00 EDT	1400	933	1400	567	1400	567	1400	567	1400	569
15:00 EDT	1400	935	1400	393	1400	393	1400	395	1400	443
16:00 EDT	1400	831	1400	247	1400	247	1400	287	1400	270
17:00 EDT	1400	1104	1400	568	1400	731	1400	677	1400	667
18:00 EDT	1400	806	1400	363	1400	194	1400	460	1400	606
19:00 EDT	1400	990	1400	639	1400	691	1400	661	1400	772
20:00 EDT	1400	880	1400	471	1400	527	1400	575	1400	563
21:00 EDT	1400	1088	1400	764	1400	1006	1400	1033	1400	763
22:00 EDT	1400	1200	1400	970	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	968	1400	1200	1400	1171	1400	1070

MOSES SOUTH

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
01:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
02:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
03:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
04:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
05:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
06:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
07:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
10:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
11:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
12:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
13:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
14:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
15:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
16:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
17:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
18:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
19:00 EDT	3400	2874	3400	3110	3400	3105	3400	3104	3400	3096
20:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
21:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
22:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
23:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300

NPX-1385

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	190	200	125	200	125	200	125	200	125
01:00 EDT	200	200	200	140	200	140	200	140	200	140
02:00 EDT	200	200	200	170	200	170	200	170	200	170
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	170	200	170	200	170	200	170
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	200	200	170	200	170	200	170	200	170
08:00 EDT	200	151	200	121	200	121	200	121	200	121
09:00 EDT	200	151	200	121	200	121	200	121	200	121
10:00 EDT	200	101	200	41	200	41	200	41	200	41
11:00 EDT	200	71	200	6	200	6	200	6	200	6
12:00 EDT	200	11	200	0	200	0	200	0	200	0
13:00 EDT	200	2	200	0	200	0	200	0	200	0
14:00 EDT	200	2	200	0	200	0	200	0	200	0
15:00 EDT	200	76	200	0	200	0	200	0	200	0

16:00 EDT	200	11	200	21	200	21	200	21	200	21
17:00 EDT	200	51	200	11	200	11	200	11	200	11
18:00 EDT	200	11	200	21	200	21	200	21	200	21
19:00 EDT	200	61	200	36	200	36	200	36	200	36
20:00 EDT	200	61	200	41	200	41	200	41	200	41
21:00 EDT	200	125	200	70	200	70	200	70	200	70
22:00 EDT	200	125	200	70	200	70	200	70	200	70
23:00 EDT	200	160	200	105	200	105	200	105	200	105

NPX-CSC

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	255	330	195	330	195	330	195	330	195
01:00 EDT	330	330	330	75	330	75	330	75	330	75
02:00 EDT	330	330	330	105	330	105	330	105	330	105
03:00 EDT	330	330	330	180	330	180	330	180	330	180
04:00 EDT	330	330	330	180	330	180	330	180	330	180
05:00 EDT	330	330	330	180	330	180	330	180	330	180
06:00 EDT	330	330	330	255	330	255	330	255	330	255
07:00 EDT	330	330	330	255	330	255	330	255	330	255
08:00 EDT	330	330	330	255	330	255	330	255	330	255
09:00 EDT	330	330	330	255	330	255	330	255	330	255
10:00 EDT	330	255	330	255	330	255	330	255	330	255
11:00 EDT	330	180	330	180	330	180	330	180	330	180
12:00 EDT	330	180	330	180	330	180	330	180	330	180
13:00 EDT	330	105	330	105	330	105	330	105	330	105
14:00 EDT	330	105	330	94	330	94	330	94	330	94
15:00 EDT	330	105	330	105	330	105	330	105	330	105
16:00 EDT	330	4	330	0	330	0	330	0	330	0
17:00 EDT	330	53	330	56	330	56	330	56	330	56
18:00 EDT	330	105	330	105	330	105	330	105	330	105
19:00 EDT	330	30	330	30	330	30	330	30	330	30
20:00 EDT	330	30	330	30	330	30	330	30	330	30
21:00 EDT	330	105	330	105	330	105	330	105	330	105
22:00 EDT	330	105	330	105	330	105	330	105	330	105
23:00 EDT	330	105	330	105	330	105	330	105	330	105

NYISO-HQ

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	125	950	0	950	0	950	0	950	0
01:00 EDT	1000	125	950	0	950	0	950	0	950	0
02:00 EDT	1000	125	950	0	950	0	950	0	950	0
03:00 EDT	1000	125	950	0	950	0	950	0	950	0
04:00 EDT	1000	125	950	0	950	0	950	0	950	0
05:00 EDT	1000	125	950	0	950	0	950	0	950	0
06:00 EDT	1000	125	950	0	950	0	950	0	950	0
07:00 EDT	1000	125	950	0	950	0	950	0	950	0
08:00 EDT	1000	125	950	0	950	0	950	0	950	0
09:00 EDT	1000	125	950	0	950	0	950	0	950	0
10:00 EDT	1000	125	950	0	950	0	950	0	950	0
11:00 EDT	1000	125	950	0	950	0	950	0	950	0
12:00 EDT	1000	125	950	0	950	0	950	0	950	0
13:00 EDT	1000	125	950	0	950	0	950	0	950	0
14:00 EDT	1000	125	950	0	950	0	950	0	950	0
15:00 EDT	1000	125	950	0	950	0	950	0	950	0
16:00 EDT	1000	125	950	0	950	0	950	0	950	0
17:00 EDT	1000	125	950	0	950	0	950	0	950	0

18:00 EDT	1000	581	950	503	950	503	950	503	950	503
19:00 EDT	1000	1000	950	867	950	867	950	867	950	867
20:00 EDT	1000	500	950	427	950	427	950	427	950	427
21:00 EDT	1000	125	950	50	950	50	950	50	950	50
22:00 EDT	1000	125	950	0	950	0	950	0	950	0
23:00 EDT	1000	125	950	0	950	0	950	0	950	0

NYISO-IMO

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
01:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
02:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
03:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
04:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
05:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
06:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
07:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
08:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
09:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
10:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
11:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
12:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
13:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
14:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
15:00 EDT	1600	1250	1600	1155	1600	1155	1600	1155	1600	1155
16:00 EDT	1600	1250	1600	1202	1600	1202	1600	1202	1600	1202
17:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
18:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	531	1600	1278	1600	1073	1600	856	1600	1091
01:00 EDT	1600	694	1600	869	1600	568	1600	508	1600	551
02:00 EDT	1600	337	1600	592	1600	405	1600	381	1600	405
03:00 EDT	1600	349	1600	349	1600	323	1600	551	1600	552
04:00 EDT	1600	534	1600	649	1600	596	1600	625	1600	664
05:00 EDT	1600	356	1600	622	1600	592	1600	591	1600	592
06:00 EDT	1600	289	1600	513	1600	512	1600	513	1600	513
07:00 EDT	1600	394	1600	486	1600	518	1600	604	1600	760
08:00 EDT	1600	1013	1600	1063	1600	1180	1600	1329	1600	1314
09:00 EDT	1600	1225	1600	1400	1600	1400	1600	1400	1600	1357
10:00 EDT	1600	1265	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
19:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400

20:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
21:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
22:00 EDT	1600	1340	1600	1400	1600	1368	1600	1151	1600	1369
23:00 EDT	1600	1395	1600	1400	1600	1369	1600	1400	1600	1400

NYISO-PJM

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4548	7550	5380	7550	5348	7550	5258	7550	5294
01:00 EDT	7550	4464	7550	5028	7550	5019	7550	5000	7550	4914
02:00 EDT	7550	4300	7550	4917	7550	4883	7550	4841	7550	4763
03:00 EDT	7550	4302	7550	4658	7550	4651	7550	4621	7550	4612
04:00 EDT	7550	4518	7550	4635	7550	4595	7550	4586	7550	4592
05:00 EDT	7550	4196	7550	4583	7550	4570	7550	4588	7550	4630
06:00 EDT	7550	4033	7550	4572	7550	4557	7550	4562	7550	4512
07:00 EDT	7550	4266	7550	4462	7550	4475	7550	4526	7550	4499
08:00 EDT	7550	4555	7550	4712	7550	4686	7550	4726	7550	4713
09:00 EDT	7550	5110	7550	5130	7550	5065	7550	5056	7550	5086
10:00 EDT	7550	5333	7550	5571	7550	5592	7550	5523	7550	5550
11:00 EDT	7550	5503	7550	5591	7550	5575	7550	5479	7550	5410
12:00 EDT	7550	5510	7550	5245	7550	4902	7550	5127	7550	5071
13:00 EDT	7550	5195	7550	5019	7550	5043	7550	4990	7550	5089
14:00 EDT	7550	5258	7550	5339	7550	5218	7550	5210	7550	5385
15:00 EDT	7550	5190	7550	5357	7550	5449	7550	5417	7550	5487
16:00 EDT	7550	5210	7550	5848	7550	5845	7550	5923	7550	5865
17:00 EDT	7550	5596	7550	5955	7550	5919	7550	5891	7550	6031
18:00 EDT	7550	5363	7550	5962	7550	6111	7550	6020	7550	5940
19:00 EDT	7550	5289	7550	5874	7550	5960	7550	6022	7550	6164
20:00 EDT	7550	5370	7550	6094	7550	6110	7550	6073	7550	5922
21:00 EDT	7550	5055	7550	5689	7550	5516	7550	5551	7550	5762

22:00 EDT	7550	4926	7550	5979	7550	5853	7550	5739	7550	5709
23:00 EDT	7550	4984	7550	5244	7550	5132	7550	5058	7550	5215

PJM-NEPTUNE

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	0	1950	180	1950	173	1950	173	1950	170
01:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
02:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
03:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
04:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
05:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
06:00 EDT	1950	0	1950	39	1950	40	1950	39	1950	37
07:00 EDT	1950	0	1950	98	1950	98	1950	99	1950	101
08:00 EDT	1950	0	1950	0	1950	0	1950	0	1950	0
09:00 EDT	1950	526	1950	248	1950	252	1950	246	1950	277
10:00 EDT	1950	747	1950	780	1950	825	1950	829	1950	829
11:00 EDT	1950	791	1950	795	1950	796	1950	798	1950	746
12:00 EDT	1950	780	1950	533	1950	194	1950	536	1950	632
13:00 EDT	1950	720	1950	472	1950	473	1950	474	1950	474
14:00 EDT	1950	854	1950	629	1950	373	1950	324	1950	402
15:00 EDT	1950	565	1950	290	1950	292	1950	247	1950	427
16:00 EDT	1950	627	1950	780	1950	781	1950	931	1950	881
17:00 EDT	1950	692	1950	748	1950	748	1950	750	1950	741
18:00 EDT	1950	940	1950	1243	1950	1341	1950	1185	1950	1040
19:00 EDT	1950	1045	1950	1350	1950	1349	1950	1399	1950	1466
20:00 EDT	1950	561	1950	964	1950	1071	1950	1023	1950	830
21:00 EDT	1950	23	1950	325	1950	188	1950	195	1950	194
22:00 EDT	1950	0	1950	174	1950	172	1950	72	1950	80
23:00 EDT	1950	0	1950	78	1950	0	1950	59	1950	136

[illegible]

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	85	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	85	660	85	660	85	660	85	660	85
19:00 EDT	660	85	660	85	660	85	660	85	660	85
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	175	315	175	315	175	315	175	315	175
01:00 EDT	315	175	315	175	315	175	315	175	315	175
02:00 EDT	315	175	315	175	315	175	315	175	315	175
03:00 EDT	315	175	315	175	315	175	315	175	315	175
04:00 EDT	315	175	315	175	315	175	315	175	315	175
05:00 EDT	315	175	315	175	315	175	315	175	315	175
06:00 EDT	315	175	315	175	315	175	315	175	315	175
07:00 EDT	315	175	315	175	315	175	315	175	315	175
08:00 EDT	315	175	315	175	315	175	315	175	315	175
09:00 EDT	315	175	315	175	315	175	315	175	315	175
10:00 EDT	315	175	315	175	315	175	315	175	315	175
11:00 EDT	315	175	315	175	315	175	315	175	315	175
12:00 EDT	315	175	315	175	315	175	315	175	315	175
13:00 EDT	315	175	315	175	315	175	315	175	315	175
14:00 EDT	315	175	315	175	315	175	315	175	315	175
15:00 EDT	315	175	315	175	315	175	315	175	315	175
16:00 EDT	315	175	315	175	315	175	315	175	315	175
17:00 EDT	315	175	315	175	315	175	315	175	315	175
18:00 EDT	315	175	315	175	315	175	315	175	315	175
19:00 EDT	315	175	315	175	315	175	315	175	315	175
20:00 EDT	315	175	315	175	315	175	315	175	315	175
21:00 EDT	315	175	315	175	315	175	315	175	315	175
22:00 EDT	315	175	315	175	315	175	315	175	315	175
23:00 EDT	315	175	315	175	315	175	315	175	315	175

SCH-VFT_PJM

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	2571	4350	2420	4350	2593	4350	2706	4350	2723

01:00 EDT	4350	2655	4350	2597	4350	2712	4350	2788	4350	2793
02:00 EDT	4350	2654	4350	2865	4350	2880	4350	2878	4350	2872
03:00 EDT	4350	2748	4350	2936	4350	2934	4350	2901	4350	2964
04:00 EDT	4350	2697	4350	2924	4350	2927	4350	2868	4350	2821
05:00 EDT	4350	2860	4350	3025	4350	3048	4350	3033	4350	2986
06:00 EDT	4350	2717	4350	2904	4350	2857	4350	2851	4350	2838
07:00 EDT	4350	2439	4350	2866	4350	2854	4350	2810	4350	2619
08:00 EDT	4350	1960	4350	2691	4350	2585	4350	2497	4350	2459
09:00 EDT	4350	1761	4350	2368	4350	2330	4350	2284	4350	2237
10:00 EDT	4350	1587	4350	2284	4350	2327	4350	2222	4350	2085
11:00 EDT	4350	1422	4350	1992	4350	2012	4350	1940	4350	1950
12:00 EDT	4350	1428	4350	1872	4350	1857	4350	1787	4350	1798
13:00 EDT	4350	1342	4350	1761	4350	1737	4350	1707	4350	1667
14:00 EDT	4350	1274	4350	1626	4350	1606	4350	1607	4350	1599
15:00 EDT	4350	1197	4350	1511	4350	1468	4350	1574	4350	1741
16:00 EDT	4350	778	4350	1794	4350	1928	4350	1887	4350	1899
17:00 EDT	4350	1686	4350	2356	4350	2487	4350	2434	4350	2467
18:00 EDT	4350	1732	4350	2327	4350	2403	4350	2463	4350	2497
19:00 EDT	4350	1849	4350	2422	4350	2528	4350	2540	4350	2458
20:00 EDT	4350	1519	4350	2034	4350	2062	4350	2264	4350	2184
21:00 EDT	4350	1800	4350	2219	4350	2171	4350	2272	4350	2157
22:00 EDT	4350	1720	4350	2432	4350	2516	4350	2518	4350	2418
23:00 EDT	4350	1987	4350	2013	4350	2030	4350	2021	4350	2102

UPNY/CONED

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6155	2924	5875	2487	5875	2735	5875	2990	5875	2954
01:00 EDT	6155	2950	5875	2917	5875	3055	5875	3176	5875	3244
02:00 EDT	6155	3045	5875	3288	5875	3326	5875	3363	5875	3420
03:00 EDT	6155	3218	5875	3386	5875	3403	5875	3384	5875	3466
04:00 EDT	6155	3249	5875	3422	5875	3445	5875	3392	5875	3366
05:00 EDT	6155	3374	5875	3603	5875	3634	5875	3627	5875	3571
06:00 EDT	6155	3154	5875	3355	5875	3317	5875	3324	5875	3308
07:00 EDT	6155	2698	5875	3380	5875	3351	5875	3289	5875	3074
08:00 EDT	6155	2322	5875	3169	5875	3033	5875	2910	5875	2864
09:00 EDT	6155	1993	5875	2742	5875	2679	5875	2591	5875	2504
10:00 EDT	6155	1870	5875	2645	5875	2620	5875	2460	5875	2299
11:00 EDT	6155	1791	5875	2283	5875	2276	5875	2187	5875	2175
12:00 EDT	6155	1747	5875	2054	5875	1974	5875	1858	5875	1853
13:00 EDT	6155	1547	5935	1928	5995	1939	5995	1857	5995	1868
14:00 EDT	6155	1592	5995	1952	5995	1894	5995	1836	5995	1931
15:00 EDT	6155	1599	5995	1815	5995	1695	5995	1708	5995	1912
16:00 EDT	6155	1387	5995	2114	5995	2147	5995	2046	5995	2049
17:00 EDT	6155	2139	5995	2482	5995	2616	5995	2508	5995	2596
18:00 EDT	6155	2033	5995	2376	5995	2457	5995	2550	5995	2633
19:00 EDT	6155	2217	5995	2611	5995	2751	5995	2823	5995	2836
20:00 EDT	6155	2175	5995	2470	5995	2527	5995	2710	5995	2676
21:00 EDT	6155	2374	5995	2550	5995	2520	5995	2620	5995	2542
22:00 EDT	6155	2251	5995	2882	5995	2959	5995	3027	5995	2867
23:00 EDT	6155	2147	5995	2245	5995	2287	5995	2225	5995	2365

WEST CENTRAL

[back to top](#)

Date: 07/26/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9010	9999	9667	9999	9666	9999	9618	9999	9691
01:00 EDT	9999	8860	9999	9506	9999	9442	9999	9470	9999	9496
02:00 EDT	9999	8822	9999	9449	9999	9412	9999	9418	9999	9455

03:00 EDT	9999	8834	9999	9398	9999	9385	9999	9373	9999	9418
04:00 EDT	9999	8955	9999	9351	9999	9364	9999	9369	9999	9359
05:00 EDT	9999	8648	9999	9339	9999	9341	9999	9310	9999	9337
06:00 EDT	9999	8628	9999	9229	9999	9179	9999	9255	9999	9282
07:00 EDT	9999	8946	9999	9179	9999	9062	9999	9125	9999	9092
08:00 EDT	9999	9258	9999	9373	9999	9399	9999	9411	9999	9289
09:00 EDT	9999	9411	9999	9744	9999	9661	9999	9721	9999	9629
10:00 EDT	9999	9522	9999	9763	9999	9732	9999	9640	9999	9535
11:00 EDT	9999	9580	9999	9664	9999	9662	9999	9569	9999	9627
12:00 EDT	9999	9601	9999	9675	9999	9690	9999	9667	9999	9688
13:00 EDT	9999	9708	9999	9757	9999	9795	9999	9783	9999	9800
14:00 EDT	9999	9724	9999	9879	9999	9899	9999	9873	9999	9854
15:00 EDT	9999	9885	9999	9899	9999	9899	9999	9819	9999	9897
16:00 EDT	9999	9625	9999	9899	9999	9899	9999	9853	9999	9831
17:00 EDT	9999	9705	9999	9806	9999	9757	9999	9722	9999	9750
18:00 EDT	9999	9669	9999	9781	9999	9761	9999	9693	9999	9783
19:00 EDT	9999	9626	9999	9743	9999	9741	9999	9770	9999	9877
20:00 EDT	9999	9352	9999	9776	9999	9825	9999	9796	9999	9694
21:00 EDT	9999	8999	9999	9590	9999	9546	9999	9663	9999	9847
22:00 EDT	9999	9145	9999	9899	9999	9899	9999	9899	9999	9775
23:00 EDT	9999	9334	9999	9578	9999	9515	9999	9579	9999	9644