

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	200	200	200	200	200	200	200
01:00 EDT	200	200	200	200	200	200	200	200	200	200
02:00 EDT	200	200	200	200	200	200	200	200	200	200
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	200	200	200	200	200	200	200	200	200
08:00 EDT	200	200	200	200	200	200	200	200	200	200
09:00 EDT	200	200	200	200	200	200	200	200	200	200
10:00 EDT	200	200	200	200	200	200	200	200	200	200
11:00 EDT	200	200	200	200	200	200	200	200	200	200
12:00 EDT	200	193	200	200	200	200	200	200	200	200
13:00 EDT	200	143	200	200	200	200	200	200	200	200
14:00 EDT	200	181	200	200	200	200	200	200	200	200
15:00 EDT	200	200	200	200	200	200	200	200	200	200
16:00 EDT	200	200	200	200	200	200	200	200	200	200
17:00 EDT	200	200	200	200	200	200	100	100	100	100
18:00 EDT	200	200	100	100	100	100	100	100	100	100
19:00 EDT	200	200	100	100	100	100	100	100	100	100
20:00 EDT	200	162	100	100	100	100	100	100	100	100
21:00 EDT	200	149	100	79	100	79	100	79	100	79
22:00 EDT	200	193	100	100	100	100	100	100	100	100
23:00 EDT	200	200	100	100	100	100	100	100	100	100

CEDARS-HQ

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Date: 07/16/2026

[illegible]

12:00 EDT	1000	1000	930	930	930	930	930	930	930	930
13:00 EDT	1000	972	930	916	930	916	930	916	930	916
14:00 EDT	1000	972	930	930	930	930	930	930	930	930
15:00 EDT	1000	771	930	607	930	607	930	607	930	607
16:00 EDT	1000	780	930	930	930	930	930	930	930	930
17:00 EDT	1000	582	930	817	930	817	930	817	930	817
18:00 EDT	1000	281	930	516	930	516	930	516	930	516
19:00 EDT	1000	281	930	516	930	516	930	516	930	516
20:00 EDT	1000	281	930	516	930	516	930	516	930	516
21:00 EDT	1000	780	930	930	930	930	930	930	930	930
22:00 EDT	1000	1000	930	930	930	930	930	930	930	930
23:00 EDT	1000	1000	930	930	930	930	930	930	930	930

IMO-NYISO

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	841	2000	1080	2000	1080	2000	1080	2000	1080
01:00 EDT	2000	745	2000	769	2000	769	2000	769	2000	769
02:00 EDT	2000	711	2000	395	2000	395	2000	396	2000	395
03:00 EDT	2000	625	2000	311	2000	311	2000	311	2000	311
04:00 EDT	2000	670	2000	385	2000	385	2000	385	2000	385
05:00 EDT	2000	521	2000	426	2000	426	2000	426	2000	426
06:00 EDT	2000	595	2000	527	2000	527	2000	527	2000	527
07:00 EDT	2000	784	2000	871	2000	871	2000	871	2000	871
08:00 EDT	2000	1160	2000	949	2000	949	2000	949	2000	949
09:00 EDT	2000	1255	2000	1215	2000	1215	2000	1215	2000	1215
10:00 EDT	2000	1260	2000	1362	2000	1362	2000	1362	2000	1362
11:00 EDT	2000	1195	2000	1450	2000	1450	2000	1450	2000	1450
12:00 EDT	2000	1366	2000	1503	2000	1503	2000	1503	2000	1503
13:00 EDT	2000	1471	2000	1498	2000	1498	2000	1498	2000	1498
14:00 EDT	2000	1506	2000	1447	2000	1447	2000	1447	2000	1447
15:00 EDT	2000	1411	2000	1431	2000	1431	2000	1431	2000	1431
16:00 EDT	2000	1455	2000	1394	2000	1394	2000	1394	2000	1394
17:00 EDT	2000	1000	2000	1171	2000	1171	2000	1171	2000	1171
18:00 EDT	2000	1049	2000	904	2000	904	2000	904	2000	904
19:00 EDT	2000	995	2000	880	2000	880	2000	880	2000	880
20:00 EDT	2000	1205	2000	1142	2000	1142	2000	1142	2000	1142
21:00 EDT	2000	1080	2000	1372	2000	1372	2000	1372	2000	1372
22:00 EDT	2000	1025	2000	1318	2000	1318	2000	1318	2000	1318
23:00 EDT	2000	1050	2000	1165	2000	1165	2000	1165	2000	1165

ISONE-NYISO

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1046	1400	914	1400	1005
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1197	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1115	1400	1200	1400	1200	1400	1192	1400	1081
09:00 EDT	1400	1112	1400	956	1400	938	1400	970	1400	1060
10:00 EDT	1400	793	1400	915	1400	831	1400	915	1400	1092
11:00 EDT	1400	1200	1400	1115	1400	1004	1400	1003	1400	1004
12:00 EDT	1400	1200	1400	962	1400	962	1400	962	1400	962
13:00 EDT	1400	1200	1400	1071	1400	1071	1400	1071	1400	1071

14:00 EDT	1400	1200	1400	1048	1400	1048	1400	1049	1400	1050
15:00 EDT	1400	1200	1400	1154	1400	1125	1400	1155	1400	1155
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1100	1400	1195
17:00 EDT	1400	1200	1400	1200	1400	1094	1000	672	1000	453
18:00 EDT	1400	1105	1000	531	1000	420	1000	423	1000	418
19:00 EDT	1400	740	1000	282	1000	311	1000	227	1000	106
20:00 EDT	1400	926	1000	227	1000	154	1000	377	1000	635
21:00 EDT	1400	779	1000	335	1000	295	1000	172	1000	463
22:00 EDT	1400	1200	1000	333	1000	638	1000	611	1000	357
23:00 EDT	1400	1175	1000	659	1000	581	1000	734	1000	641

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
01:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
02:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
03:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
04:00 EDT	3400	3300	3400	3300	3400	3286	3400	3300	3400	3300
05:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
06:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
07:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
10:00 EDT	3400	3262	3400	3300	3400	3300	3400	3300	3400	3300
11:00 EDT	3400	2836	3400	3300	3400	3300	3400	3300	3400	3258
12:00 EDT	3400	2317	3400	2534	3400	2491	3400	2462	3400	2631
13:00 EDT	3400	2019	3400	2347	3400	2402	3400	2466	3400	2557
14:00 EDT	3400	2055	3400	2626	3400	2554	3400	2486	3400	2442
15:00 EDT	3400	1856	3400	1831	3400	1819	3400	1821	3400	1795
16:00 EDT	3400	1802	3400	1996	3400	2006	3400	1973	3400	1943
17:00 EDT	3400	1635	3400	1784	3400	1833	3400	1886	3400	1928
18:00 EDT	3400	1350	3400	1630	3400	1652	3400	1607	3400	1538
19:00 EDT	3400	1452	3400	1774	3400	1781	3400	1753	3400	1791
20:00 EDT	3400	1493	3400	1814	3400	1791	3400	1910	3400	2124
21:00 EDT	3400	1995	3400	2665	3400	2719	3400	2681	3400	2608
22:00 EDT	3400	2615	3400	3300	3400	3300	3400	3300	3400	3300
23:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300

NPX-1385

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	76	200	91	200	91	200	91	200	91
01:00 EDT	200	115	200	71	200	71	200	71	200	71
02:00 EDT	200	150	200	120	200	120	200	120	200	120
03:00 EDT	200	150	200	150	200	150	200	150	200	150
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	170	200	170	200	170	200	170
07:00 EDT	200	200	200	170	200	170	200	170	200	170
08:00 EDT	200	150	200	120	200	120	200	120	200	120
09:00 EDT	200	99	200	0	200	0	200	0	200	0
10:00 EDT	200	101	200	41	200	41	200	41	200	41
11:00 EDT	200	152	200	85	200	85	200	85	200	85
12:00 EDT	200	200	200	37	200	37	200	37	200	37
13:00 EDT	200	200	200	190	200	190	200	190	200	190
14:00 EDT	200	200	200	171	200	171	200	171	200	171
15:00 EDT	200	116	200	71	200	71	200	71	200	71

18:00 EDT	1000	1000	930	930	930	930	930	930	930	930
19:00 EDT	1000	1000	930	930	930	930	930	930	930	930
20:00 EDT	1000	1000	930	930	930	930	930	930	930	930
21:00 EDT	1000	1000	930	644	930	644	930	644	930	644
22:00 EDT	1000	819	930	0	930	0	930	0	930	0
23:00 EDT	1000	119	930	0	930	0	930	0	930	0

NYISO-IMO

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
01:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
02:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
03:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
04:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
05:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
06:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
07:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
08:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
09:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
10:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
11:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
12:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
13:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
14:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
15:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
16:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
17:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
18:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1358	1600	1377	1600	1400	1600	1400	1600	1400
01:00 EDT	1600	927	1600	1298	1600	1158	1600	1079	1600	1079
02:00 EDT	1600	914	1600	846	1600	778	1200	442	1600	777
03:00 EDT	1600	856	1600	943	1600	1030	1600	1056	1600	1035
04:00 EDT	1600	837	1600	821	1600	802	1600	968	1600	1036
05:00 EDT	1600	810	1600	1001	1600	968	1600	958	1600	1009
06:00 EDT	1600	934	1600	1227	1600	1072	1600	1070	1600	1087
07:00 EDT	1600	1400	1600	1220	1600	1257	1600	1220	1600	1204
08:00 EDT	1600	1400	1600	1225	1600	1349	1600	1400	1600	1400
09:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1379	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1281	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1229	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1360	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1171	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1073	1600	1271	1600	1379	1600	1400	1600	1400
17:00 EDT	1600	1016	1600	1354	1600	1400	1100	900	1100	900
18:00 EDT	1600	1400	1100	900	1100	900	1100	900	1100	900
19:00 EDT	1600	1400	1100	900	1100	900	1100	900	1100	900

20:00 EDT	1600	1400	1100	900	1100	900	1100	900	1100	900
21:00 EDT	1600	1400	1100	900	1100	900	1100	900	1100	900
22:00 EDT	1600	1385	1100	900	1100	900	1100	900	1100	900
23:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400

NYISO-PJM

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	338	1050	466	1050	410	1050	413	1050	414
12:00 EDT	1050	0	1050	247	1050	72	1050	311	1050	275
13:00 EDT	1050	0	1050	63	1050	59	1050	208	1050	213
14:00 EDT	1050	0	1050	145	1050	32	1050	133	1050	143
15:00 EDT	1050	0	1050	75	1050	73	1050	73	1050	19
16:00 EDT	1050	0	1050	0	1050	0	1050	44	1050	175
17:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
18:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
19:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
20:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
21:00 EDT	1050	0	1050	0	1050	0	1050	114	1050	114
22:00 EDT	1050	567	1050	616	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4576	7550	4817	7550	4722	7550	4669	7550	4473
01:00 EDT	7550	4629	7550	4309	7550	4557	7550	4447	7550	4405
02:00 EDT	7550	4468	7550	4040	7550	3742	7550	3746	7550	3736
03:00 EDT	7550	4332	7550	3605	7550	3685	7550	3714	7550	3709
04:00 EDT	7550	4374	7550	3563	7550	3569	7550	3586	7550	3630
05:00 EDT	7550	4354	7550	3545	7550	3560	7550	3565	7550	3866
06:00 EDT	7550	4372	7550	4041	7550	4050	7550	4026	7550	4068
07:00 EDT	7550	4600	7550	4660	7550	4646	7550	4698	7550	4735
08:00 EDT	7550	4776	7550	4681	7550	4819	7550	4832	7550	4815
09:00 EDT	7550	4946	7550	5038	7550	5134	7550	5101	7550	5068
10:00 EDT	7550	5377	7550	5389	7550	5451	7550	5396	7550	5326
11:00 EDT	7550	5057	7550	5481	7550	5575	7550	5440	7550	5342
12:00 EDT	7550	4890	7550	4959	7550	5026	7550	4760	7550	4802
13:00 EDT	7550	4621	7550	4781	7550	4950	7550	4882	7550	4972
14:00 EDT	7550	4662	7550	5216	7550	5259	7550	5085	7550	5014
15:00 EDT	7550	4384	7550	4745	7550	4737	7550	4638	7550	4772
16:00 EDT	7550	4658	7550	5105	7550	4993	7550	5081	7550	5029
17:00 EDT	7550	4309	7550	5106	7550	5203	7550	5091	7550	5283
18:00 EDT	7550	4304	7550	4988	7550	5171	7550	5121	7550	5369
19:00 EDT	7550	4649	7550	5138	7550	5231	7550	5322	7550	5330
20:00 EDT	7550	4782	7550	5483	7550	5527	7550	5456	7550	5438
21:00 EDT	7550	5208	7550	6088	7550	6276	7550	6288	7550	6126

22:00 EDT	7550	5073	7550	6661	7550	6447	7550	6353	7550	6321
23:00 EDT	7550	5450	7550	5990	7550	5865	7550	5799	7550	5679

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Date: 07/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	260	660	260	660	260	660	260
01:00 EDT	660	0	660	260	660	260	660	260	660	260
02:00 EDT	660	0	660	240	660	260	660	260	660	260
03:00 EDT	660	0	660	260	660	260	660	260	660	260
04:00 EDT	660	0	660	260	660	260	660	260	660	260
05:00 EDT	660	0	660	321	660	330	660	330	660	324
06:00 EDT	660	0	660	303	660	268	660	267	660	264
07:00 EDT	660	0	660	210	660	210	660	210	660	210
08:00 EDT	660	0	660	330	660	330	660	330	660	324
09:00 EDT	660	0	660	330	660	212	660	210	660	186
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	165	660	165	660	165	660	165	660	165
12:00 EDT	660	620	660	165	660	165	660	165	660	165
13:00 EDT	660	660	660	0	660	0	660	0	660	0
14:00 EDT	660	660	660	0	660	0	660	0	660	0
15:00 EDT	660	660	660	0	660	0	660	0	660	0
16:00 EDT	660	660	660	0	660	0	660	0	660	0
17:00 EDT	660	660	660	0	660	0	660	0	660	0
18:00 EDT	660	660	660	0	660	0	660	0	660	0
19:00 EDT	660	660	660	0	660	0	660	0	660	0
20:00 EDT	660	660	660	0	660	0	660	0	660	0
21:00 EDT	660	660	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	0	1950	423	1950	302	1950	299	1950	299
01:00 EDT	1950	0	1950	319	1950	315	1950	298	1950	299
02:00 EDT	1950	0	1950	329	1950	327	1950	323	1950	324
03:00 EDT	1950	0	1950	244	1950	241	1950	247	1950	246
04:00 EDT	1950	0	1950	19	1950	20	1950	21	1950	21
05:00 EDT	1950	0	1950	20	1950	17	1950	25	1950	19
06:00 EDT	1950	0	1950	31	1950	32	1950	33	1950	35
07:00 EDT	1950	147	1950	282	1950	360	1950	382	1950	383
08:00 EDT	1950	390	1950	464	1950	624	1950	624	1950	623
09:00 EDT	1950	881	1950	964	1950	1047	1950	1023	1950	979
10:00 EDT	1950	1579	1950	1477	1950	1515	1950	1487	1950	1522
11:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
12:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
13:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
14:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
15:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
16:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
17:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
18:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
19:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
20:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
21:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
22:00 EDT	1950	1600	1950	1600	1950	1589	1950	1589	1950	1597
23:00 EDT	1950	1029	1950	1115	1950	1021	1950	935	1950	879

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	1291	1310	1296	1310	1296	1310	1296	1310	1296
14:00 EDT	1310	1291	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1090	1310	987	1310	987	1310	987	1310	987
16:00 EDT	1310	1090	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	892	1310	1197	1310	1197	1310	1197	1310	1197
18:00 EDT	1310	591	1310	896	1310	896	1310	896	1310	896
19:00 EDT	1310	591	1310	896	1310	896	1310	896	1310	896
20:00 EDT	1310	591	1310	896	1310	896	1310	896	1310	896
21:00 EDT	1310	1090	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	210	660	210	660	210	660	210	660	210
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	210	660	210	660	210	660	210	660	210
09:00 EDT	660	360	660	360	660	360	660	360	660	360
10:00 EDT	660	660	660	598	660	598	660	598	660	598
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17:00 EDT	660	660	660	660	660	660	660	660	660	660
18:00 EDT	660	660	660	660	660	660	660	660	660	660
19:00 EDT	660	660	660	660	660	660	660	660	660	660
20:00 EDT	660	660	660	660	660	660	660	660	660	660
21:00 EDT	660	660	660	660	660	660	660	660	660	660
22:00 EDT	660	660	660	660	660	660	660	660	660	660
23:00 EDT	660	510	660	510	660	510	660	510	660	365

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	50	315	50	315	50	315	50	315	50
10:00 EDT	315	103	315	90	315	90	315	90	315	90
11:00 EDT	315	140	315	140	315	140	315	140	315	140
12:00 EDT	315	140	315	140	315	140	315	140	315	140
13:00 EDT	315	140	315	0	315	0	315	0	315	0
14:00 EDT	315	140	315	0	315	0	315	0	315	0
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19:00 EDT	315	140	315	0	315	0	315	0	315	0
20:00 EDT	315	140	315	0	315	0	315	0	315	0
21:00 EDT	315	140	315	0	315	0	315	0	315	0
22:00 EDT	315	90	315	90	315	90	315	90	315	90
23:00 EDT	315	50	315	50	315	50	315	50	315	50

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
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17:00 EDT	315	315	315	315	315	315	315	315	315	315
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19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	4350	1635	4350	1478	4350	1542	4350	1512	4350	1569
02:00 EDT	4350	1819	4350	1743	4350	1755	4350	1760	4350	1806
03:00 EDT	4350	2014	4350	1856	4350	1843	4350	1815	4350	1832
04:00 EDT	4350	2190	4350	1948	4350	1966	4350	1887	4350	1864
05:00 EDT	4350	2112	4350	1977	4350	2028	4350	2064	4350	2058
06:00 EDT	4350	1820	4350	1903	4350	2076	4350	2035	4350	2099
07:00 EDT	4350	1094	4350	2132	4350	2050	4350	2051	4350	2032
08:00 EDT	4350	594	4350	1468	4350	1467	4350	1422	4350	1381
09:00 EDT	4350	464	4350	1083	4350	1021	4350	1041	4350	989
10:00 EDT	4350	312	4350	1137	4350	1105	4350	1184	4350	1231
11:00 EDT	4350	313	4350	1374	4350	1365	4350	1151	4350	917
12:00 EDT	4350	354	4350	756	4350	725	4350	604	4350	574
13:00 EDT	4350	339	4350	514	4350	524	4350	497	4350	467
14:00 EDT	4350	378	4350	448	4350	431	4350	426	4350	419
15:00 EDT	4350	585	4350	408	4350	427	4350	428	4350	602
16:00 EDT	4350	469	4350	747	4350	688	4350	797	4350	922
17:00 EDT	4350	566	4350	1084	4350	920	4350	892	4350	828
18:00 EDT	4350	534	4350	749	4350	750	4350	775	4350	829
19:00 EDT	4350	624	4350	487	4350	539	4350	506	4350	614
20:00 EDT	4350	697	4350	927	4350	816	4350	919	4350	1107
21:00 EDT	4350	808	4350	1667	4350	1489	4350	1288	4350	1170
22:00 EDT	4350	827	4350	1892	4350	1951	4350	1793	4350	1396
23:00 EDT	4350	1284	4350	1425	4350	1234	4350	1332	4350	1460

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6790	1745	6980	2367	6980	2119	6650	1871	6590	1950
01:00 EDT	6790	2125	6590	2110	6590	2226	6590	2252	6590	2338
02:00 EDT	6790	2369	6590	2241	6550	2254	6550	2297	6550	2349
03:00 EDT	6790	2698	6550	2378	6550	2369	6550	2348	6550	2378
04:00 EDT	6790	2959	6550	2466	6550	2492	6550	2351	6550	2326
05:00 EDT	6790	2809	6550	2315	6550	2372	6550	2401	6550	2378
06:00 EDT	6790	2430	6550	2190	6550	2345	6550	2284	6550	2332
07:00 EDT	6790	1619	6550	2436	6550	2327	6550	2296	6550	2265
08:00 EDT	6790	1082	6550	1815	6550	1794	6550	1779	6610	1754
09:00 EDT	6790	915	6670	1698	6670	1768	6670	1798	6710	1766
10:00 EDT	6790	816	6710	1736	6710	1701	6710	1670	6710	1652
11:00 EDT	6790	984	6710	1790	6980	2037	6980	1801	6980	1565
12:00 EDT	7060	1032	6980	1381	6980	1340	7020	1237	7020	1226
13:00 EDT	7060	1042	7020	1331	7020	1442	7020	1483	7020	1470
14:00 EDT	7060	1011	7020	1726	7020	1779	7020	1672	7020	1682
15:00 EDT	7060	1079	7020	1680	7020	1660	7020	1630	7020	1799
16:00 EDT	7060	1000	7060	1998	7060	1827	7060	1849	7060	1996
17:00 EDT	7060	952	7060	2210	7060	2043	7060	2010	7060	1900
18:00 EDT	7060	813	7060	1890	7060	1964	7060	1992	7060	2021
19:00 EDT	7060	855	7060	1686	7060	1774	7060	1803	7060	1914
20:00 EDT	7060	1147	7060	2151	7060	2078	7060	2201	7060	2400
21:00 EDT	7060	1442	6940	2867	6940	2739	6940	2625	6940	2599
22:00 EDT	7060	1953	6940	3193	6940	3284	6940	3208	6820	2771
23:00 EDT	7060	2482	6820	2685	6820	2540	6820	2726	6820	2687

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9833	9999	9897	9999	9811	9999	9899	9999	9899
01:00 EDT	9999	9693	9999	9738	9999	9695	9999	9689	9999	9760
02:00 EDT	9999	9585	9999	9455	9999	9428	9999	9541	9999	9474

03:00 EDT	9999	9492	9999	9387	9999	9489	9999	9555	9999	9511
04:00 EDT	9999	9498	9999	9444	9999	9492	9999	9487	9999	9381
05:00 EDT	9999	9451	9999	9291	9999	9281	9999	9289	9999	9277
06:00 EDT	9999	9600	9999	9375	9999	9430	9999	9424	9999	9409
07:00 EDT	9999	9699	9999	9723	9999	9684	9999	9693	9999	9587
08:00 EDT	9999	9818	9999	9447	9999	9543	9999	9611	9999	9582
09:00 EDT	9999	9850	9999	9829	9999	9853	9999	9870	9999	9798
10:00 EDT	9999	9899	9999	9844	9999	9816	9999	9780	9999	9737
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9813	9999	9860	9999	9872	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9857	9999	9764
21:00 EDT	9999	9899	9999	9828	9999	9831	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9839	9999	9734
23:00 EDT	9999	9899	9999	9781	9999	9803	9999	9874	9999	9854