

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 07/15/2026

[illegible]

CEDARS-HQ

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Date: 07/15/2026

[illegible]

10:00 EDT	220	220	220	220	220	220	220	220	220	220
11:00 EDT	220	220	220	220	220	220	220	220	220	220
12:00 EDT	220	220	220	220	220	220	220	220	220	220
13:00 EDT	220	42	220	41	220	41	220	41	220	41
14:00 EDT	220	36	220	36	220	36	220	36	220	36
15:00 EDT	220	27	220	20	220	20	220	20	220	20
16:00 EDT	220	20	220	20	220	20	220	20	220	20
17:00 EDT	220	20	220	20	220	20	220	20	220	20
18:00 EDT	220	0	220	20	220	20	220	20	220	20
19:00 EDT	220	0	220	20	220	20	220	20	220	20
20:00 EDT	220	0	220	20	220	20	220	20	220	20
21:00 EDT	220	0	220	0	220	20	220	20	220	20
22:00 EDT	220	220	220	140	220	140	220	140	220	140
23:00 EDT	220	220	220	220	220	220	220	220	220	220

HQ-CHPE

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Date: 07/15/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

HQ-NYISO

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Date: 07/15/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	1000	930	930	930	930	930	930	930	930
01:00 EDT	1000	1000	930	930	930	930	930	930	930	930
02:00 EDT	1000	1000	930	930	930	930	930	930	930	930
03:00 EDT	1000	1000	930	930	930	930	930	930	930	930
04:00 EDT	1000	1000	930	930	930	930	930	930	930	930
05:00 EDT	1000	1000	930	930	930	930	930	930	930	930
06:00 EDT	1000	1000	930	930	930	930	930	930	930	930
07:00 EDT	1000	1000	930	930	930	930	930	930	930	930
08:00 EDT	1000	1000	930	930	930	930	930	930	930	930
09:00 EDT	1000	1000	930	930	930	930	930	930	930	930
10:00 EDT	1000	1000	930	830	930	830	930	830	930	830
11:00 EDT	1000	838	930	654	930	654	930	654	930	654

12:00 EDT	1000	316	930	114	930	114	930	114	930	114
13:00 EDT	1000	723	930	206	930	206	930	206	930	206
14:00 EDT	1000	281	930	66	930	66	930	66	930	66
15:00 EDT	1000	276	930	66	930	66	930	66	930	66
16:00 EDT	1000	300	930	0	930	0	930	0	930	0
17:00 EDT	1000	100	930	0	930	0	230	0	230	0
18:00 EDT	1000	100	1000	100	1000	100	930	30	930	30
19:00 EDT	1000	100	930	29	930	29	930	29	930	29
20:00 EDT	1000	100	930	29	930	29	930	29	930	29
21:00 EDT	1000	100	930	271	930	271	930	271	930	271
22:00 EDT	1000	678	930	796	930	796	930	796	930	796
23:00 EDT	1000	1000	930	930	930	930	930	930	930	930

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	1357	2000	1466	2000	1466	2000	1466	2000	1466
01:00 EDT	2000	770	2000	999	2000	999	2000	999	2000	999
02:00 EDT	2000	795	2000	1004	2000	1004	2000	1004	2000	1004
03:00 EDT	2000	812	2000	695	2000	695	2000	695	2000	695
04:00 EDT	2000	820	2000	682	2000	717	2000	717	2000	717
05:00 EDT	2000	795	2000	934	2000	934	2000	934	2000	934
06:00 EDT	2000	845	2000	1137	2000	1137	2000	1137	2000	1137
07:00 EDT	2000	830	2000	1185	2000	1185	2000	1185	2000	1185
08:00 EDT	2000	1230	2000	1418	2000	1418	2000	1418	2000	1418
09:00 EDT	2000	1230	2000	1450	2000	1450	2000	1450	2000	1450
10:00 EDT	2000	1235	2000	1617	2000	1617	2000	1617	2000	1617
11:00 EDT	2000	1185	2000	1455	2000	1455	2000	1455	2000	1455
12:00 EDT	2000	1296	2000	1479	2000	1479	2000	1479	2000	1479
13:00 EDT	2000	1301	2000	1379	2000	1379	2000	1379	2000	1379
14:00 EDT	2000	1650	2000	1324	2000	1324	2000	1324	2000	1324
15:00 EDT	2000	1457	2000	985	2000	985	2000	985	2000	985
16:00 EDT	2000	1617	2000	1196	2000	1196	2000	1196	2000	1196
17:00 EDT	2000	1233	2000	876	2000	876	2000	876	2000	876
18:00 EDT	2000	717	2000	651	2000	651	2000	651	2000	651
19:00 EDT	2000	672	2000	714	2000	714	2000	714	2000	714
20:00 EDT	2000	746	2000	362	2000	362	2000	362	2000	362
21:00 EDT	2000	1200	2000	958	2000	958	2000	958	2000	958
22:00 EDT	2000	1120	2000	1142	2000	1142	2000	1142	2000	1142
23:00 EDT	2000	1270	2000	1359	2000	1359	2000	1359	2000	1359

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1199	1400	1200
07:00 EDT	1400	1109	1400	1200	1400	1030	1400	915	1400	938
08:00 EDT	1400	977	1400	1155	1400	1200	1400	922	1400	1035
09:00 EDT	1400	1200	1400	904	1400	916	1400	1146	1400	1159
10:00 EDT	1400	1200	1400	1029	1400	1064	1400	1060	1400	1094
11:00 EDT	1400	928	1400	853	1400	701	1400	942	1400	957
12:00 EDT	1400	952	1400	941	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	430	1400	1135	1400	835	1400	694	1400	835

14:00 EDT	1400	516	1400	534	1400	391	1400	631	1400	694
15:00 EDT	1400	590	1400	579	1400	332	1400	329	1400	382
16:00 EDT	1400	576	1400	531	1400	503	1400	495	1400	603
17:00 EDT	1400	598	1400	366	1400	527	1400	793	1400	493
18:00 EDT	1400	489	1400	394	1400	438	1400	301	1400	273
19:00 EDT	1400	522	1400	153	1400	98	1400	99	1400	99
20:00 EDT	1400	458	1400	335	1400	384	1400	357	1400	436
21:00 EDT	1400	636	1400	229	1400	0	1400	206	1400	505
22:00 EDT	1400	807	1400	642	1400	695	1400	692	1400	788
23:00 EDT	1400	1200	1400	786	1400	948	1400	995	1400	922

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3281	3400	3300	3400	3300	3400	3300	3400	3300
01:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
02:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
03:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
04:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
05:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
06:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
07:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3080	3400	3127	3400	3168	3400	3050	3400	2913
10:00 EDT	3400	2280	3400	2247	3400	2198	3400	2193	3400	2244
11:00 EDT	3400	2062	3400	2089	3400	2049	3400	2054	3400	2077
12:00 EDT	3400	1512	3400	1549	3400	1513	3400	1545	3400	1495
13:00 EDT	3400	1822	3400	1358	3400	1322	3400	1289	3400	1347
14:00 EDT	3400	1281	3400	1134	3400	1118	3400	1197	3400	1235
15:00 EDT	3400	1188	3400	1275	3400	1266	3400	1210	3400	1054
16:00 EDT	3400	1244	3400	986	3400	1014	3400	1016	3400	969
17:00 EDT	3400	1107	3400	953	3400	959	3400	1635	3400	1731
18:00 EDT	3400	1208	3400	1400	3400	1429	3400	1222	3400	1274
19:00 EDT	3400	1246	3400	1300	3400	1360	3400	1413	3400	1419
20:00 EDT	3400	1325	3400	1450	3400	1452	3400	1435	3400	1410
21:00 EDT	3400	1334	3400	1610	3400	1618	3400	1654	3400	1732
22:00 EDT	3400	2099	3400	2353	3400	2262	3400	2211	3400	2286
23:00 EDT	3400	2446	3400	3035	3400	3043	3400	2954	3400	3080

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	155	200	155	200	155	200	155
01:00 EDT	200	200	200	147	200	147	200	147	200	147
02:00 EDT	200	161	200	37	200	37	200	37	200	37
03:00 EDT	200	200	200	170	200	170	200	170	200	170
04:00 EDT	200	200	200	170	200	170	200	170	200	170
05:00 EDT	200	200	200	147	200	147	200	147	200	147
06:00 EDT	200	200	200	140	200	140	200	140	200	140
07:00 EDT	200	150	200	90	200	90	200	90	200	90
08:00 EDT	200	135	200	125	200	125	200	125	200	125
09:00 EDT	200	125	200	125	200	125	200	125	200	125
10:00 EDT	200	99	200	5	200	5	200	5	200	5
11:00 EDT	200	200	200	165	200	165	200	165	200	165
12:00 EDT	200	200	200	91	200	91	200	91	200	91
13:00 EDT	200	200	200	135	200	135	200	135	200	135
14:00 EDT	200	111	200	71	200	71	200	71	200	71
15:00 EDT	200	71	200	0	200	0	200	0	200	0

18:00 EDT	1000	1000	930	930	930	930	930	930	930	930
19:00 EDT	1000	1000	930	930	930	930	930	930	930	930
20:00 EDT	1000	1000	930	930	930	930	930	930	930	930
21:00 EDT	1000	1000	930	930	930	930	930	930	930	930
22:00 EDT	1000	1000	930	930	930	930	930	930	930	930
23:00 EDT	1000	1000	930	364	930	364	930	364	930	364

NYISO-IMO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
01:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
02:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
03:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
04:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
05:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
06:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
07:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
08:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
09:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
10:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
11:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
12:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
13:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
14:00 EDT	1600	1149	1600	1250	1600	1250	1600	1250	1600	1250
15:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
16:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
17:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
18:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	37	1600	779	1600	652	1600	728	1600	739
01:00 EDT	1600	22	1600	639	1600	639	1600	638	1600	507
02:00 EDT	1600	222	1600	633	850	0	850	0	850	0
03:00 EDT	1600	305	850	0	850	0	1100	164	1100	164
04:00 EDT	1600	303	1100	249	1100	337	1100	338	1100	336
05:00 EDT	1600	181	1100	362	1100	333	1100	423	1100	345
06:00 EDT	1600	790	1600	1147	1600	1329	1600	1400	1600	1255
07:00 EDT	1600	1400	1600	1327	1600	1400	1600	1400	1600	1400
08:00 EDT	1600	1400	1600	1400	1600	1392	1600	1400	1600	1400
09:00 EDT	1600	1332	1600	1400	1600	1400	1600	1400	1600	1400
10:00 EDT	1600	1277	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1358	1600	1153	1600	1164
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
19:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400

20:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
21:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
22:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
23:00 EDT	1600	1093	1600	1400	1600	1400	1600	1400	1600	1400

NYISO-PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	464	1050	589	1050	587	1050	584	1050	592
13:00 EDT	1050	203	1050	189	1050	127	1050	136	1050	187
14:00 EDT	1050	127	1050	0	1050	0	1050	0	1050	0
15:00 EDT	1050	55	1050	0	1050	0	1050	0	1050	0
16:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
17:00 EDT	1050	0	1050	0	1050	0	1050	37	1050	17
18:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
19:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
20:00 EDT	1050	0	1050	0	1050	0	1050	0	1050	0
21:00 EDT	1050	291	1050	0	1050	0	1050	0	1050	0
22:00 EDT	1050	700	1050	464	1050	469	1050	466	1050	632
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4523	7550	5075	7550	5035	7550	4933	7550	4971
01:00 EDT	7550	4126	7550	4412	7550	4470	7550	4469	7550	4344
02:00 EDT	7550	4122	7550	4255	7550	4213	7550	4057	7550	4177
03:00 EDT	7550	4235	7550	3977	7550	3992	7550	3978	7550	3969
04:00 EDT	7550	4366	7550	3962	7550	4071	7550	4083	7550	4205
05:00 EDT	7550	4576	7550	4533	7550	4567	7550	4659	7550	4653
06:00 EDT	7550	4766	7550	5075	7550	5127	7550	5189	7550	5086
07:00 EDT	7550	4792	7550	5079	7550	5145	7550	5181	7550	5025
08:00 EDT	7550	5025	7550	5300	7550	5126	7550	5271	7550	5105
09:00 EDT	7550	4826	7550	5092	7550	5167	7550	4893	7550	4875
10:00 EDT	7550	4359	7550	4538	7550	4436	7550	4347	7550	4353
11:00 EDT	7550	4843	7550	4495	7550	4686	7550	4659	7550	4569
12:00 EDT	7550	4575	7550	4362	7550	4193	7550	4117	7550	4039
13:00 EDT	7550	5020	7550	4337	7550	4322	7550	4292	7550	4285
14:00 EDT	7550	4722	7550	4269	7550	4321	7550	4200	7550	4005
15:00 EDT	7550	4436	7550	3795	7550	3824	7550	3609	7550	3804
16:00 EDT	7550	4507	7550	3901	7550	3948	7550	3918	7550	3923
17:00 EDT	7550	4212	7550	3710	7550	4157	7550	4893	7550	5274
18:00 EDT	7550	4120	7550	5565	7550	6015	7550	4571	7550	4127
19:00 EDT	7550	4183	7550	3796	7550	3943	7550	3965	7550	4081
20:00 EDT	7550	4329	7550	3792	7550	3752	7550	3985	7550	3890
21:00 EDT	7550	4373	7550	4428	7550	4631	7550	4501	7550	4384

22:00 EDT	7550	4835	7550	4935	7550	4882	7550	4908	7550	4876
23:00 EDT	7550	4696	7550	5179	7550	5007	7550	5040	7550	4974

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	197	660	260	660	260	660	229

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	0	1950	157	1950	159	1950	160	1950	168
01:00 EDT	1950	0	1950	59	1950	91	1950	164	1950	164
02:00 EDT	1950	0	1950	116	1950	140	1950	33	1950	136
03:00 EDT	1950	0	1950	171	1950	167	1950	166	1950	166
04:00 EDT	1950	0	1950	161	1950	166	1950	164	1950	164
05:00 EDT	1950	0	1950	87	1950	89	1950	91	1950	38
06:00 EDT	1950	0	1950	65	1950	49	1950	46	1950	47
07:00 EDT	1950	95	1950	0	1950	0	1950	0	1950	0
08:00 EDT	1950	254	1950	0	1950	0	1950	0	1950	0
09:00 EDT	1950	491	1950	268	1950	271	1950	267	1950	265
10:00 EDT	1950	973	1950	702	1950	700	1950	700	1950	727
11:00 EDT	1950	1592	1950	1231	1950	1411	1950	1468	1950	1432
12:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
13:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
14:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
15:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
16:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
17:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
18:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
19:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
20:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
21:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
22:00 EDT	1950	1318	1950	1600	1950	1600	1950	1600	1950	1600
23:00 EDT	1950	828	1950	1168	1950	947	1950	949	1950	923

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1211	1310	1211	1310	1211	1310	1211
11:00 EDT	1310	1148	1310	1034	1310	1034	1310	1034	1310	1034
12:00 EDT	1310	665	1310	494	1310	494	1310	494	1310	494
13:00 EDT	1310	1052	1310	586	1310	586	1310	586	1310	586
14:00 EDT	1310	610	1310	446	1310	446	1310	446	1310	446
15:00 EDT	1310	610	1310	446	1310	446	1310	446	1310	446
16:00 EDT	1310	610	1310	380	1310	380	1310	380	1310	380
17:00 EDT	1310	410	1310	380	1310	380	1310	1080	1310	1080
18:00 EDT	1310	410	1310	410	1310	410	1310	410	1310	410
19:00 EDT	1310	410	1310	409	1310	409	1310	409	1310	409
20:00 EDT	1310	410	1310	409	1310	409	1310	409	1310	409
21:00 EDT	1310	410	1310	651	1310	651	1310	651	1310	651
22:00 EDT	1310	988	1310	1176	1310	1176	1310	1176	1310	1176
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
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06:00 EDT	660	0	660	0	660	0	660	0	660	0
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11:00 EDT	660	210	660	211	660	211	660	211	660	211
12:00 EDT	660	210	660	360	660	360	660	210	660	210
13:00 EDT	660	510	660	510	660	657	660	510	660	510
14:00 EDT	660	510	660	510	660	510	660	510	660	510
15:00 EDT	660	510	660	420	660	420	660	500	660	420
16:00 EDT	660	360	660	331	660	331	660	331	660	331
17:00 EDT	660	510	660	660	660	660	660	459	660	510
18:00 EDT	660	660	660	660	660	660	660	660	660	660
19:00 EDT	660	660	660	660	660	660	660	660	660	660
20:00 EDT	660	660	660	660	660	660	660	660	660	660
21:00 EDT	660	660	660	660	660	660	660	660	660	660
22:00 EDT	660	510	660	510	660	510	660	510	660	510
23:00 EDT	660	460	660	460	660	460	660	460	660	460

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	175	315	0	315	0	315	0	315	0
01:00 EDT	315	175	315	0	315	0	315	0	315	0
02:00 EDT	315	175	315	0	315	0	315	0	315	0
03:00 EDT	315	175	315	0	315	0	315	0	315	0
04:00 EDT	315	175	315	0	315	0	315	0	315	0
05:00 EDT	315	175	315	0	315	0	315	0	315	0
06:00 EDT	315	175	315	0	315	0	315	0	315	0
07:00 EDT	315	175	315	0	315	0	315	0	315	0
08:00 EDT	315	175	315	0	315	0	315	0	315	0
09:00 EDT	315	175	315	0	315	0	315	0	315	0
10:00 EDT	315	225	315	50	315	50	315	50	315	50
11:00 EDT	315	195	315	20	315	20	315	20	315	20
12:00 EDT	315	194	315	43	315	19	315	19	315	19
13:00 EDT	315	175	315	0	315	0	315	0	315	0
14:00 EDT	315	175	315	0	315	0	315	0	315	0
15:00 EDT	315	175	315	225	315	225	315	275	315	225
16:00 EDT	315	175	315	225	315	225	315	225	315	225
17:00 EDT	315	175	315	225	315	225	315	175	315	175
18:00 EDT	315	225	315	315	315	315	315	315	315	315
19:00 EDT	315	225	315	275	315	275	315	275	315	275
20:00 EDT	315	225	315	315	315	315	315	315	315	315
21:00 EDT	315	195	315	315	315	315	315	315	315	315
22:00 EDT	315	175	315	315	315	315	315	315	315	315
23:00 EDT	315	225	315	315	315	315	315	315	315	315

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	230	315	230	315	230	315	230
21:00 EDT	315	315	315	280	315	230	315	230	315	230
22:00 EDT	315	315	315	280	315	280	315	280	315	280
23:00 EDT	315	315	315	230	315	230	315	230	315	230

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	4350	1894	4350	1753	4350	1706	4350	1771	4350	1975
02:00 EDT	4350	1905	4350	2133	4350	2025	4350	1793	4350	1860
03:00 EDT	4350	1930	4350	2065	4350	2056	4350	2076	4350	2038
04:00 EDT	4350	2014	4350	2075	4350	2060	4350	2037	4350	2169
05:00 EDT	4350	1981	4350	2200	4350	2186	4350	2176	4350	2163
06:00 EDT	4350	1590	4350	2152	4350	2050	4350	1985	4350	2015
07:00 EDT	4350	1089	4350	1873	4350	1795	4350	1767	4350	1729
08:00 EDT	4350	718	4350	1767	4350	1717	4350	1572	4350	1601
09:00 EDT	4350	718	4350	1327	4350	1469	4350	1565	4350	1640
10:00 EDT	4350	310	4350	1249	4350	1222	4350	1269	4350	1328
11:00 EDT	4350	322	4350	1412	4350	1487	4350	1518	4350	1402
12:00 EDT	4350	308	4350	1095	4350	1110	4350	1135	4350	1151
13:00 EDT	4350	524	4350	1092	4350	793	4350	839	4350	926
14:00 EDT	4350	658	4350	981	4350	1090	4350	942	4350	917
15:00 EDT	4350	481	4350	802	4350	779	4350	691	4350	965
16:00 EDT	4350	351	4350	934	4350	1022	4350	889	4350	863
17:00 EDT	4350	564	4350	559	4350	768	4350	1487	4350	1641
18:00 EDT	4350	592	4350	1917	4350	2215	4350	777	4350	545
19:00 EDT	4350	413	4350	469	4350	354	4350	315	4350	311
20:00 EDT	4350	386	4350	325	4350	319	4350	749	4350	347
21:00 EDT	4350	312	4350	339	4350	373	4350	338	4350	409
22:00 EDT	4350	678	4350	754	4350	697	4350	684	4350	690
23:00 EDT	4350	1383	4350	1039	4350	947	4350	1012	4350	1108

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	7060	2648	6820	2452	6820	2440	6820	2594	6820	2752
02:00 EDT	7060	2692	6820	2872	6820	2757	6820	2574	6820	2668
03:00 EDT	7060	2928	6820	2797	6820	2824	6820	2862	6820	2845
04:00 EDT	7060	3129	6820	2804	6820	2802	6820	2790	6820	2911
05:00 EDT	7060	3090	6820	2853	6820	2858	6820	2862	6820	2874
06:00 EDT	7060	2616	6820	2930	6820	2780	6820	2688	6820	2700
07:00 EDT	7060	1965	6820	2719	6820	2569	6820	2457	6940	2485
08:00 EDT	7060	1538	6980	2749	6980	2628	6980	2425	6980	2420
09:00 EDT	7060	1598	6980	2312	6980	2436	6980	2446	6980	2450
10:00 EDT	7060	976	6980	1900	6980	1819	6980	1784	6980	1719
11:00 EDT	7060	949	6980	1735	6980	1793	6980	1795	7020	1723
12:00 EDT	7060	918	7020	1452	7020	1544	7020	1593	7020	1598
13:00 EDT	7060	900	7020	1574	7020	1162	7020	1259	7060	1385
14:00 EDT	7060	835	7060	1339	7060	1338	7060	1204	7060	1188
15:00 EDT	7060	656	7060	1026	7060	958	7060	798	7060	1118
16:00 EDT	7060	574	7060	1076	7060	1085	7060	967	7060	992
17:00 EDT	7060	627	7060	930	7245	1567	7245	2636	7245	2712
18:00 EDT	7060	619	7245	3104	7205	3427	7205	1763	7205	1452
19:00 EDT	7060	682	7245	1302	7245	1177	7245	1290	7245	1161
20:00 EDT	7060	947	7060	998	7060	1062	7060	1592	7060	1207
21:00 EDT	7060	596	7060	1313	7060	1365	7060	1429	7060	1613
22:00 EDT	7060	1363	7060	2164	7060	2213	7060	2252	7060	2297
23:00 EDT	7060	1931	7060	2276	7060	2215	7060	2386	6980	2436

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9773	9999	9899	9999	9899	9999	9899	9999	9899

03:00 EDT	9999	9803	9999	9850	9999	9859	9999	9876	9999	9899
04:00 EDT	9999	9843	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9871	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9830	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9871	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9773	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9796	9999	9790	9999	9748	9999	9899	9999	9767
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899