

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	151	200	111	200	111	200	111	200	111
01:00 EDT	200	200	200	200	200	200	200	200	200	200
02:00 EDT	200	151	200	181	200	181	200	181	200	181
03:00 EDT	200	200	200	170	200	170	200	170	200	170
04:00 EDT	200	151	200	41	200	41	200	41	200	41
05:00 EDT	200	151	200	121	200	121	200	121	200	121
06:00 EDT	200	151	200	181	200	181	200	181	200	181
07:00 EDT	200	151	200	181	200	181	200	181	200	181
08:00 EDT	200	151	200	181	200	181	200	181	200	181
09:00 EDT	200	162	200	192	200	192	200	192	200	192
10:00 EDT	200	200	200	200	200	200	200	200	200	200
11:00 EDT	200	200	200	200	200	200	200	200	200	200
12:00 EDT	200	200	200	200	200	200	200	200	200	200
13:00 EDT	200	200	200	200	200	200	200	200	200	200
14:00 EDT	200	200	200	200	200	200	200	200	200	200
15:00 EDT	200	200	200	200	200	200	200	200	200	200
16:00 EDT	200	200	200	200	200	200	200	200	200	200
17:00 EDT	200	200	200	200	200	200	200	200	200	200
18:00 EDT	200	200	200	200	200	200	200	200	200	200
19:00 EDT	200	200	200	200	200	200	200	200	200	200
20:00 EDT	200	200	200	200	200	200	200	200	200	200
21:00 EDT	200	200	200	165	200	165	200	165	200	165
22:00 EDT	200	200	200	200	200	200	200	200	200	200
23:00 EDT	200	200	200	195	200	195	200	195	200	195

CEDARS-HQ

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Date: 07/08/2026

[illegible]

10:00 EDT	220	220	220	220	220	220	220	220	220	220
11:00 EDT	220	220	220	220	220	220	220	220	220	220
12:00 EDT	220	220	220	220	220	220	220	220	220	220
13:00 EDT	220	220	220	220	220	220	220	220	220	220
14:00 EDT	220	220	220	220	220	220	220	220	220	220
15:00 EDT	220	220	220	220	220	220	220	220	220	220
16:00 EDT	220	220	220	220	220	220	220	220	220	220
17:00 EDT	220	220	220	220	220	220	220	220	220	220
18:00 EDT	220	220	220	220	220	220	220	220	220	220
19:00 EDT	220	220	220	220	220	220	220	220	220	220
20:00 EDT	220	220	220	220	220	220	220	220	220	220
21:00 EDT	220	220	220	220	220	220	220	220	220	220
22:00 EDT	220	220	220	220	220	220	220	220	220	220
23:00 EDT	220	220	220	220	220	220	220	220	220	220

HQ-CHPE

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

HQ-NYISO

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	1000	750	750	750	750	750	750	750	750
01:00 EDT	1000	1000	750	750	750	750	750	750	750	750
02:00 EDT	1000	1000	750	750	750	750	750	750	750	750
03:00 EDT	1000	1000	750	750	750	750	750	750	750	750
04:00 EDT	1000	1000	750	750	750	750	750	750	750	750
05:00 EDT	1000	1000	750	750	750	750	750	750	750	750
06:00 EDT	1000	1000	750	750	750	750	750	750	750	750
07:00 EDT	1000	1000	750	750	750	750	750	750	750	750
08:00 EDT	1000	1000	750	750	750	750	750	750	750	750
09:00 EDT	1000	1000	750	750	750	750	750	750	750	750
10:00 EDT	1000	1000	750	750	750	750	750	750	750	750
11:00 EDT	1000	1000	750	750	750	750	750	750	750	750

12:00 EDT	1000	1000	750	750	750	750	750	750	750	750
13:00 EDT	1000	1000	750	750	750	750	750	750	750	750
14:00 EDT	1000	1000	750	750	750	750	750	750	750	750
15:00 EDT	1000	1000	750	750	750	750	750	750	750	750
16:00 EDT	1000	1000	750	750	750	750	750	750	750	750
17:00 EDT	1000	1000	750	711	750	705	750	705	750	705
18:00 EDT	1000	1000	750	750	750	750	750	750	750	750
19:00 EDT	1000	1000	750	460	920	630	920	630	920	630
20:00 EDT	1000	1000	920	630	920	630	920	630	920	630
21:00 EDT	1000	1000	920	920	920	920	920	920	920	920
22:00 EDT	1000	1000	920	920	920	920	920	920	920	920
23:00 EDT	1000	1000	920	920	920	920	920	920	920	920

IMO-NYISO

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	573	2000	849	2000	849	2000	849	2000	849
01:00 EDT	2000	1135	2000	854	2000	854	2000	854	2000	854
02:00 EDT	2000	937	2000	823	2000	823	2000	823	2000	823
03:00 EDT	2000	962	2000	668	2000	668	2000	668	2000	668
04:00 EDT	2000	937	2000	420	2000	420	2000	420	2000	420
05:00 EDT	2000	782	2000	590	2000	590	2000	590	2000	590
06:00 EDT	2000	797	2000	964	2000	964	2000	964	2000	964
07:00 EDT	2000	977	2000	988	2000	988	2000	988	2000	988
08:00 EDT	2000	1260	2000	1164	2000	1164	2000	1164	2000	1164
09:00 EDT	2000	1400	2000	1376	2000	1376	2000	1376	2000	1376
10:00 EDT	2000	1435	2000	1560	2000	1560	2000	1560	2000	1560
11:00 EDT	2000	1445	2000	1650	2000	1650	2000	1650	2000	1650
12:00 EDT	2000	1595	2000	1650	2000	1650	2000	1650	2000	1650
13:00 EDT	2000	1595	2000	1650	2000	1650	2000	1650	2000	1650
14:00 EDT	2000	1650	2000	1650	2000	1650	2000	1650	2000	1650
15:00 EDT	2000	1650	2000	1650	2000	1650	2000	1650	2000	1650
16:00 EDT	2000	1645	2000	1650	2000	1650	2000	1650	2000	1650
17:00 EDT	2000	1650	2000	1650	2000	1650	2000	1650	2000	1650
18:00 EDT	2000	1650	2000	1482	2000	1482	2000	1482	2000	1478
19:00 EDT	2000	1650	2000	1437	2000	1437	2000	1437	2000	1437
20:00 EDT	2000	1650	2000	1075	2000	1075	2000	1075	2000	1074
21:00 EDT	2000	1610	2000	966	2000	967	2000	967	2000	968
22:00 EDT	2000	1315	2000	912	2000	914	2000	912	2000	916
23:00 EDT	2000	1115	2000	705	2000	701	2000	702	2000	702

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1022	1400	1022	1400	1022	1400	1022

14:00 EDT	1400	1070	1400	620	1400	620	1400	621	1400	621
15:00 EDT	1400	1200	1400	636	1400	636	1400	636	1400	636
16:00 EDT	1400	1200	1400	1066	1400	855	1400	735	1400	996
17:00 EDT	1400	1200	1400	1135	1400	959	1400	960	1068	821
18:00 EDT	1400	1200	618	418	297	97	402	202	317	117
19:00 EDT	1400	1200	-310	0	-459	0	-401	0	-660	0
20:00 EDT	1400	1200	-871	0	-834	0	-173	0	66	0
21:00 EDT	1400	1200	-249	0	59	0	676	476	278	78
22:00 EDT	1400	1200	270	70	526	326	316	116	688	488
23:00 EDT	1400	1200	888	688	987	787	1400	1200	1400	1200

MOSES SOUTH

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3000	2730	3000	2638	3000	2706	3000	2628
01:00 EDT	3400	3300	3000	2562	3000	2517	3000	2553	3000	2585
02:00 EDT	3400	3300	3000	2570	3000	2589	3000	2550	3000	2516
03:00 EDT	3400	3300	3000	2700	3000	2802	3000	2833	3000	2767
04:00 EDT	3400	3300	3000	2834	3000	2825	3000	2778	3000	2734
05:00 EDT	3400	3300	3000	2726	3000	2728	3000	2750	3000	2826
06:00 EDT	3400	3300	3000	2777	3000	2786	3000	2833	3000	2894
07:00 EDT	3400	3300	3000	2880	3000	2900	3000	2857	3000	2797
08:00 EDT	3400	3300	3000	2810	3000	2843	3000	2841	3000	2878
09:00 EDT	3400	3300	3000	2833	3000	2849	3000	2862	3000	2869
10:00 EDT	3400	3300	3000	2853	3000	2837	3000	2833	3000	2900
11:00 EDT	3400	3300	3000	2681	3000	2646	3000	2654	3000	2649
12:00 EDT	3400	3300	3000	2718	3000	2737	3000	2682	3000	2547
13:00 EDT	3400	3300	3000	2526	3000	2584	3000	2567	3000	2535
14:00 EDT	3400	3300	3000	2611	3000	2606	3000	2604	3000	2594
15:00 EDT	3400	3300	3000	2595	3000	2619	3000	2629	3000	2656
16:00 EDT	3400	3300	3000	2623	3000	2613	3000	2522	3000	2458
17:00 EDT	3400	2788	3000	2185	3000	2189	3000	2233	3000	2227
18:00 EDT	3400	2816	3000	2187	3000	2201	3000	2166	3000	2130
19:00 EDT	3400	2838	3000	1820	3400	2302	3400	2326	3400	2447
20:00 EDT	3400	2879	3400	2442	3400	2418	3400	2372	3400	2302
21:00 EDT	3400	3133	3400	2695	3400	2682	3400	2632	3400	2557
22:00 EDT	3400	3300	3400	2914	3400	2867	3400	2892	3400	2878
23:00 EDT	3400	3300	3400	2926	3400	2959	3400	2927	3400	2879

NPX-1385

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	200	200	200	200	200	200	200
01:00 EDT	200	200	200	170	200	170	200	170	200	170
02:00 EDT	200	200	200	200	200	200	200	200	200	200
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	200	200	200	200	200	200	200	200	200
08:00 EDT	200	200	200	200	200	200	200	200	200	200
09:00 EDT	200	200	200	200	200	200	200	200	200	200
10:00 EDT	200	150	200	120	200	120	200	120	200	120
11:00 EDT	200	125	200	65	200	65	200	65	200	65
12:00 EDT	200	100	200	0	200	0	200	0	200	0
13:00 EDT	200	100	200	0	200	0	200	0	200	0
14:00 EDT	200	125	200	0	200	0	200	0	200	0
15:00 EDT	200	150	200	15	200	15	200	15	200	15

18:00 EDT	700	700	230	230	230	230	230	230	230	230
19:00 EDT	700	700	230	230	620	620	620	620	620	620
20:00 EDT	700	700	620	620	620	620	620	620	620	620
21:00 EDT	700	449	620	553	620	553	620	553	620	553
22:00 EDT	700	100	620	110	620	110	620	110	620	110
23:00 EDT	700	100	620	110	620	110	620	110	620	110

NYISO-IMO

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
01:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
02:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
03:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
04:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
05:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
06:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
07:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
08:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
09:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
10:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
11:00 EDT	1500	1150	1500	1010	1500	1010	1500	1010	1500	1010
12:00 EDT	1500	1150	1600	822	1600	822	1600	822	1600	822
13:00 EDT	1500	1150	1600	736	1600	736	1600	736	1600	736
14:00 EDT	1500	1105	1600	943	1600	943	1600	943	1600	943
15:00 EDT	1600	1205	1600	981	1600	981	1600	981	1600	981
16:00 EDT	1600	1250	1600	1071	1600	1071	1600	1071	1600	1071
17:00 EDT	1600	1036	1600	1229	1600	1229	1600	1229	1600	1229
18:00 EDT	1600	1215	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1015	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1124	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	344	1600	588	1600	563	1600	311	1600	300
01:00 EDT	1600	442	1600	1	1500	0	1500	0	1300	0
02:00 EDT	1600	314	1300	0	1300	0	1300	0	1300	0
03:00 EDT	1600	300	1300	0	1300	0	1300	0	1300	0
04:00 EDT	1600	304	1300	0	1300	0	1300	0	1300	0
05:00 EDT	1600	300	1600	0	1600	0	1600	0	1600	0
06:00 EDT	1600	283	1600	176	1600	0	1600	0	1600	0
07:00 EDT	1600	220	1600	0	1600	0	1600	141	1600	236
08:00 EDT	1600	315	1600	222	1600	264	1600	399	1600	446
09:00 EDT	1600	443	1600	592	1600	592	1600	705	1600	813
10:00 EDT	1600	810	1600	964	1600	949	1600	1004	1600	1106
11:00 EDT	1600	874	1600	1132	1600	1133	1600	1129	1600	1129
12:00 EDT	1600	1040	1600	1349	1600	1349	1600	1349	1600	1350
13:00 EDT	1600	1050	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1124	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1329	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1378	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1127	1600	1148	1600	1220	1600	1239	1600	1134
19:00 EDT	1600	1260	1600	835	1600	536	1600	438	1600	539

20:00 EDT	1600	1122	1600	257	1600	195	1600	493	1600	791
21:00 EDT	1600	985	1600	700	1600	586	1600	698	1600	585
22:00 EDT	1600	1146	1600	360	1600	218	1600	184	1600	185
23:00 EDT	1600	1014	1600	320	1600	338	1600	638	1600	873

NYISO-PJM

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4508	7550	5294	7550	5328	7550	5004	7550	4919
01:00 EDT	7550	4973	7550	4905	7550	4800	7550	4734	7550	4796
02:00 EDT	7550	4768	7550	4627	7550	4598	7550	4586	7550	4555
03:00 EDT	7550	4771	7550	4542	7550	4573	7550	4621	7550	4624
04:00 EDT	7550	4764	7550	4492	7550	4488	7550	4531	7550	4533
05:00 EDT	7550	4895	7550	4520	7550	4562	7550	4578	7550	4574
06:00 EDT	7550	4867	7550	5100	7550	5135	7550	5135	7550	5097
07:00 EDT	7550	4832	7550	4978	7550	4890	7550	4877	7550	4780
08:00 EDT	7550	4621	7550	4693	7550	4682	7550	4683	7550	4779
09:00 EDT	7550	4900	7550	4965	7550	4996	7550	4988	7550	5075
10:00 EDT	7550	5271	7550	5208	7550	5217	7550	5165	7550	5130
11:00 EDT	7550	5552	7550	5513	7550	5486	7550	5554	7550	5592
12:00 EDT	7550	5702	7550	5862	7550	5878	7550	5840	7550	5774
13:00 EDT	7550	5636	7550	5870	7550	5858	7550	5922	7550	5965
14:00 EDT	7550	6006	7550	6222	7550	6166	7550	6182	7550	6200
15:00 EDT	7550	5448	7550	6189	7550	6281	7550	6272	7550	6175
16:00 EDT	7550	5419	7550	5798	7550	5918	7550	5889	7550	5887
17:00 EDT	7550	5023	7550	5517	7550	5643	7550	5601	7550	5540
18:00 EDT	7550	4853	7550	5167	7550	5419	7550	5538	7550	5647
19:00 EDT	7550	5426	7550	5450	7550	5230	7550	5178	7550	5322
20:00 EDT	7550	5529	7550	4929	7550	5028	7550	5184	7550	5347
21:00 EDT	7550	5565	7550	5643	7550	5582	7550	5571	7550	5366

22:00 EDT	7550	5585	7550	5597	7550	5596	7550	5574	7550	5470
23:00 EDT	7550	5242	7550	5737	7550	5495	7550	5451	7550	5613

PJM-NEPTUNE

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	40	1950	195	1950	192	1950	35	1950	29
01:00 EDT	1950	0	1950	72	1950	71	1950	75	1950	140
02:00 EDT	1950	0	1950	65	1950	69	1950	63	1950	67
03:00 EDT	1950	0	1950	122	1950	121	1950	124	1950	123
04:00 EDT	1950	0	1950	118	1950	121	1950	119	1950	120
05:00 EDT	1950	0	1950	28	1950	38	1950	48	1950	28
06:00 EDT	1950	0	1950	138	1950	138	1950	120	1950	120
07:00 EDT	1950	0	1950	153	1950	148	1950	171	1950	164
08:00 EDT	1950	0	1950	235	1950	237	1950	230	1950	230
09:00 EDT	1950	73	1950	288	1950	289	1950	289	1950	291
10:00 EDT	1950	362	1950	535	1950	536	1950	529	1950	538
11:00 EDT	1950	619	1950	794	1950	795	1950	787	1950	791
12:00 EDT	1950	563	1950	688	1950	684	1950	689	1950	689
13:00 EDT	1950	279	1950	643	1950	644	1950	640	1950	642
14:00 EDT	1950	612	1950	1127	1950	1127	1950	1122	1950	1125
15:00 EDT	1950	443	1950	1089	1950	1095	1950	1092	1950	1088
16:00 EDT	1950	278	1950	789	1950	745	1950	741	1950	750
17:00 EDT	1950	353	1950	803	1950	817	1950	701	1950	615
18:00 EDT	1950	78	1950	373	1950	445	1950	443	1950	437
19:00 EDT	1950	104	1950	617	1950	445	1950	311	1950	364
20:00 EDT	1950	61	1950	218	1950	303	1950	365	1950	398
21:00 EDT	1950	0	1950	394	1950	579	1950	596	1950	591
22:00 EDT	1950	0	1950	201	1950	257	1950	259	1950	256
23:00 EDT	1950	0	1950	501	1950	429	1950	453	1950	455

[illegible]

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	160	660	160	660	160	660	160	660	160
09:00 EDT	660	160	660	160	660	160	660	160	660	160
10:00 EDT	660	160	660	160	660	160	660	160	660	160
11:00 EDT	660	160	660	160	660	160	660	160	660	160
12:00 EDT	660	160	660	160	660	160	660	160	660	160
13:00 EDT	660	160	660	160	660	160	660	160	660	160
14:00 EDT	660	160	660	160	660	160	660	160	660	160
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16:00 EDT	660	160	660	160	660	160	660	160	660	160
17:00 EDT	660	310	660	310	660	310	660	310	660	160
18:00 EDT	660	160	660	160	660	0	660	0	660	0
19:00 EDT	660	160	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	30	315	30	315	30	315	30	315	30
10:00 EDT	315	30	315	30	315	30	315	30	315	30
11:00 EDT	315	13	315	13	315	13	315	13	315	13
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	2	315	2	315	2	315	2	315	2
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	30	315	5	315	5	315	5	315	5
16:00 EDT	315	30	315	30	315	30	315	30	315	30
17:00 EDT	315	30	315	30	315	30	315	30	315	0
18:00 EDT	315	30	315	80	315	50	315	50	315	0
19:00 EDT	315	30	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

SCH-VFT_PJM

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Date: 07/08/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	3024	4350	3299	4350	3343	4350	3400	4350	3449

01:00 EDT	4350	3035	4350	3589	4350	3610	4350	3543	4350	3332
02:00 EDT	4350	2930	4350	3205	4350	3166	4350	3062	4350	3021
03:00 EDT	4350	2822	4350	3064	4350	3136	4350	3175	4350	3151
04:00 EDT	4350	2804	4350	3164	4350	3159	4350	3124	4350	3112
05:00 EDT	4350	2943	4350	3082	4350	3040	4350	3027	4350	3048
06:00 EDT	4350	2769	4350	3414	4350	3555	4350	3541	4350	3419
07:00 EDT	4350	2569	4350	3245	4350	3173	4350	3059	4350	2891
08:00 EDT	4350	2233	4350	2762	4350	2745	4350	2573	4350	2490
09:00 EDT	4350	2190	4350	2322	4350	2294	4350	2178	4350	2029
10:00 EDT	4350	1994	4350	1982	4350	1966	4350	1947	4350	1980
11:00 EDT	4350	2113	4350	1921	4350	1930	4350	1832	4350	1776
12:00 EDT	4350	1794	4350	1586	4350	1615	4350	1621	4350	1616
13:00 EDT	4350	1729	4350	1635	4350	1799	4350	1767	4350	1731
14:00 EDT	4350	1646	4350	1708	4350	1831	4350	1827	4350	1880
15:00 EDT	4350	1502	4350	1942	4350	2032	4350	2208	4350	2090
16:00 EDT	4350	1929	4350	2293	4350	2160	4350	2201	4350	2161
17:00 EDT	4350	2044	4350	2084	4350	2084	4350	2077	4350	2287
18:00 EDT	4350	2532	4350	2248	4350	2357	4350	2231	4350	2280
19:00 EDT	4350	2671	4350	2329	4350	2451	4350	2498	4350	2570
20:00 EDT	4350	2784	4350	2638	4350	2636	4350	2652	4350	2621
21:00 EDT	4350	2913	4350	2789	4350	2790	4350	2871	4350	2872
22:00 EDT	4350	2462	4350	3090	4350	3067	4350	3155	4350	3215
23:00 EDT	4350	2493	4350	3366	4350	3059	4350	2642	4350	2509

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6115	3118	5875	3406	5875	3448	5875	3524	5875	3605
01:00 EDT	6115	3427	5875	3922	5875	3975	5875	3947	5875	3771
02:00 EDT	6115	3439	5875	3621	5875	3603	5875	3536	5875	3518
03:00 EDT	6115	3430	5875	3576	5875	3658	5875	3714	5875	3689
04:00 EDT	6115	3390	5875	3585	5875	3578	5875	3516	5875	3491
05:00 EDT	6115	3414	5875	3499	5875	3446	5875	3419	5875	3411
06:00 EDT	6115	3193	5875	3764	5875	3862	5875	3836	5875	3680
07:00 EDT	6115	2976	5875	3500	5875	3411	5875	3264	5875	3067
08:00 EDT	6115	2445	5875	2915	5875	2880	5875	2688	5875	2607
09:00 EDT	6115	2410	5875	2463	5875	2468	5875	2343	5875	2213
10:00 EDT	6115	2299	5875	2217	5875	2147	5875	2048	5875	2026
11:00 EDT	6115	2480	5875	2180	5935	2160	5995	2106	5995	2023
12:00 EDT	6115	2071	5995	1835	5995	1834	5995	1816	5995	1775
13:00 EDT	6115	1971	5995	1692	5995	1873	5995	1869	6035	1924
14:00 EDT	6115	1762	6035	1854	6035	1892	6035	1913	6035	1960
15:00 EDT	6115	1788	6035	2025	6035	2075	6035	2191	6035	2116
16:00 EDT	6115	1925	6035	2226	6035	2105	6035	2011	6035	2067
17:00 EDT	6115	1768	6035	1817	6035	1982	6035	1976	6035	2135
18:00 EDT	6115	1951	6035	2115	6035	2317	6035	2494	6035	2517
19:00 EDT	6115	2508	6035	2611	5995	2631	5995	2605	5995	2730
20:00 EDT	6115	2832	5995	2782	5995	2856	5995	2930	5935	2815
21:00 EDT	6115	3060	5875	2975	5875	2893	5875	2843	5875	2860
22:00 EDT	6115	2803	5875	3132	5875	3167	5875	3304	5875	3314
23:00 EDT	6115	2606	5875	3495	5875	3200	5875	2763	5875	2659

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	9999	9798	9999	9882	9999	9894	9999	9880	9999	9899
02:00 EDT	9999	9605	9999	9857	9999	9884	9999	9798	9999	9805

03:00 EDT	9999	9606	9999	9790	9999	9689	9999	9648	9999	9735
04:00 EDT	9999	9581	9999	9543	9999	9534	9999	9601	9999	9671
05:00 EDT	9999	9560	9999	9717	9999	9757	9999	9750	9999	9637
06:00 EDT	9999	9504	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9523	9999	9899	9999	9801	9999	9899	9999	9899
08:00 EDT	9999	9450	9999	9867	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9661	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9819	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9889	9999	9860	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899