

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	200	200	200	200	200	200	200
01:00 EDT	200	200	200	200	200	200	200	200	200	200
02:00 EDT	200	200	200	195	200	195	200	195	200	195
03:00 EDT	200	200	200	195	200	195	200	195	200	195
04:00 EDT	200	200	200	195	200	195	200	195	200	195
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	200	200	200	200	200	200	200	200	200
08:00 EDT	200	187	200	192	200	192	200	192	200	192
09:00 EDT	200	200	200	200	200	200	200	200	200	200
10:00 EDT	200	200	200	200	200	200	200	200	200	200
11:00 EDT	200	200	200	200	200	200	200	200	200	200
12:00 EDT	200	200	200	200	200	200	200	200	200	200
13:00 EDT	200	200	200	200	200	200	200	200	200	200
14:00 EDT	200	200	200	200	200	200	200	200	200	200
15:00 EDT	200	200	200	200	200	200	200	200	200	200
16:00 EDT	200	200	200	200	200	200	200	200	200	200
17:00 EDT	200	200	200	200	200	200	200	200	200	200
18:00 EDT	200	200	200	200	200	200	200	200	200	200
19:00 EDT	200	200	200	200	200	200	200	200	200	200
20:00 EDT	200	200	200	200	200	200	200	200	200	200
21:00 EDT	200	200	200	200	200	200	200	200	200	200
22:00 EDT	200	200	200	200	200	200	200	200	200	200
23:00 EDT	200	200	200	199	200	199	200	199	200	199

CEDARS-HQ

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Date: 07/07/2026

[illegible]

12:00 EDT	1000	1000	750	750	750	750	750	750	750	750
13:00 EDT	1000	1000	750	750	750	750	750	750	750	750
14:00 EDT	1000	1000	750	750	750	750	750	750	750	750
15:00 EDT	1000	1000	750	750	750	750	750	750	750	750
16:00 EDT	1000	1000	750	750	750	750	750	750	750	750
17:00 EDT	1000	1000	750	750	750	750	750	750	750	750
18:00 EDT	1000	1000	750	750	750	750	750	750	750	750
19:00 EDT	1000	1000	750	750	750	750	750	750	750	750
20:00 EDT	1000	1000	750	750	750	750	750	750	750	750
21:00 EDT	1000	1000	750	750	750	750	750	750	750	750
22:00 EDT	1000	1000	750	750	750	750	750	750	750	750
23:00 EDT	1000	1000	750	750	750	750	750	750	750	750

IMO-NYISO

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	409	2000	435	2000	435	2000	435	2000	435
01:00 EDT	2000	478	2000	300	2000	300	2000	300	2000	301
02:00 EDT	2000	427	2000	301	2000	301	2000	300	2000	297
03:00 EDT	2000	412	2000	300	2000	295	2000	297	2000	297
04:00 EDT	2000	361	2000	295	2000	300	2000	300	2000	300
05:00 EDT	2000	311	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	161	2000	438	2000	438	2000	438	2000	438
07:00 EDT	2000	359	2000	305	2000	305	2000	305	2000	305
08:00 EDT	2000	114	2000	316	2000	316	2000	316	2000	316
09:00 EDT	2000	214	2000	255	2000	255	2000	255	2000	255
10:00 EDT	2000	422	2000	566	2000	566	2000	566	2000	566
11:00 EDT	2000	761	2000	894	2000	894	2000	894	2000	894
12:00 EDT	2000	711	2000	1262	2000	1262	2000	1262	2000	1262
13:00 EDT	2000	696	2000	1578	2000	1578	2000	1578	2000	1578
14:00 EDT	2000	971	2000	1626	2000	1626	2000	1626	2000	1626
15:00 EDT	2000	1534	2000	1650	2000	1650	2000	1650	2000	1650
16:00 EDT	2000	1573	2000	1650	2000	1650	2000	1650	2000	1650
17:00 EDT	2000	1650	2000	1650	2000	1650	2000	1650	2000	1650
18:00 EDT	2000	1650	2000	1650	2000	1650	2000	1650	2000	1650
19:00 EDT	2000	1650	2000	1650	2000	1650	2000	1650	2000	1650
20:00 EDT	2000	1650	2000	1650	2000	1650	2000	1650	2000	1650
21:00 EDT	2000	1525	2000	1650	2000	1650	2000	1650	2000	1650
22:00 EDT	2000	1003	2000	1379	2000	1379	2000	1379	2000	1379
23:00 EDT	2000	517	2000	1165	2000	1165	2000	1165	2000	1165

ISONE-NYISO

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3400	3300	3400	3300	3400	3265	3400	3245
01:00 EDT	3400	3300	3400	3243	3400	3226	3400	3216	3400	3219
02:00 EDT	3400	3300	3400	3168	3400	3204	3400	3296	3400	3272
03:00 EDT	3400	3300	3400	3282	3400	3242	3400	3248	3400	3243
04:00 EDT	3400	3300	3400	3277	3400	3212	3400	3115	3400	3255
05:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
06:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
07:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3292	3400	3300
09:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
10:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
11:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
12:00 EDT	3400	3300	3400	3299	3400	3292	3400	3213	3400	3289
13:00 EDT	3400	3300	3400	3280	3400	3300	3400	3300	3400	3300
14:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
15:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
16:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
17:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
18:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
19:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
20:00 EDT	3400	3300	3400	3300	3400	3300	3400	3239	3400	3290
21:00 EDT	3400	3300	3000	2900	3000	2900	3000	2785	3000	2854
22:00 EDT	3400	3300	3000	2869	3000	2796	3000	2786	3000	2900
23:00 EDT	3400	3300	3000	2900	3000	2880	3000	2752	3000	2832

NPX-1385

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	150	200	140	200	140	200	140	200	140
01:00 EDT	200	200	200	195	200	195	200	195	200	195
02:00 EDT	200	200	200	200	200	200	200	200	200	200
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	195	200	195	200	195	200	195
06:00 EDT	200	200	200	195	200	195	200	195	200	195
07:00 EDT	200	200	200	195	200	195	200	195	200	195
08:00 EDT	200	200	200	200	200	200	200	200	200	200
09:00 EDT	200	200	200	195	200	195	200	195	200	195
10:00 EDT	200	126	200	121	200	121	200	121	200	121
11:00 EDT	200	126	200	135	200	135	200	135	200	135
12:00 EDT	200	126	200	101	200	101	200	101	200	101
13:00 EDT	200	126	200	81	200	81	200	81	200	81
14:00 EDT	200	151	200	81	200	81	200	81	200	81
15:00 EDT	200	151	200	111	200	111	200	111	200	111

16:00 EDT	200	101	200	121	200	121	200	121	200	121
17:00 EDT	200	101	200	94	200	94	200	94	200	94
18:00 EDT	200	101	200	124	200	124	200	124	200	124
19:00 EDT	200	101	200	107	200	107	200	107	200	107
20:00 EDT	200	51	200	131	200	131	200	131	200	131
21:00 EDT	200	1	200	0	200	0	200	0	200	0
22:00 EDT	200	47	200	56	200	56	200	56	200	56
23:00 EDT	200	126	200	200	200	200	200	200	200	200

NPX-CSC

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	137	330	130	330	130	330	130	330	130
01:00 EDT	330	206	330	205	330	205	330	205	330	205
02:00 EDT	330	250	330	250	330	250	330	250	330	250
03:00 EDT	330	255	330	255	330	255	330	255	330	255
04:00 EDT	330	255	330	255	330	255	330	255	330	255
05:00 EDT	330	255	330	255	330	255	330	255	330	255
06:00 EDT	330	255	330	227	330	227	330	227	330	227
07:00 EDT	330	219	330	205	330	205	330	205	330	205
08:00 EDT	330	254	330	254	330	254	330	254	330	254
09:00 EDT	330	226	330	105	330	105	330	105	330	105
10:00 EDT	330	125	330	125	330	125	330	125	330	125
11:00 EDT	330	180	330	80	330	80	330	80	330	80
12:00 EDT	330	161	330	30	330	30	330	30	330	30
13:00 EDT	330	105	330	30	330	30	330	30	330	30
14:00 EDT	330	114	330	30	330	30	330	30	330	30
15:00 EDT	330	84	330	30	330	30	330	30	330	30
16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	30	330	30	330	30	330	30	330	30
22:00 EDT	330	180	330	180	330	180	330	180	330	180
23:00 EDT	330	255	330	255	330	255	330	255	330	255

NYISO-HQ

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	49	615	0	615	0	615	0	615	0
01:00 EDT	700	44	615	0	615	0	615	0	615	0
02:00 EDT	700	44	615	0	615	0	615	0	615	0
03:00 EDT	700	35	615	0	615	0	615	0	615	0
04:00 EDT	700	35	615	0	615	0	615	0	615	0
05:00 EDT	700	35	615	0	615	0	615	0	615	0
06:00 EDT	700	40	615	0	615	0	615	0	615	0
07:00 EDT	700	44	615	0	615	0	615	0	615	0
08:00 EDT	700	49	615	0	615	0	615	0	615	0
09:00 EDT	700	53	615	0	615	0	615	0	615	0
10:00 EDT	700	62	615	0	615	0	615	0	615	0
11:00 EDT	700	71	615	0	615	0	615	0	615	0
12:00 EDT	700	75	615	0	615	0	615	0	615	0
13:00 EDT	700	80	615	3	615	3	615	3	615	3
14:00 EDT	700	84	615	4	615	4	615	4	615	4
15:00 EDT	700	84	615	4	615	4	615	4	615	4
16:00 EDT	700	84	615	0	615	0	615	0	615	0
17:00 EDT	700	80	615	0	615	0	615	0	615	0

18:00 EDT	700	75	615	0	615	0	615	0	615	0
19:00 EDT	700	71	615	0	615	0	615	0	615	0
20:00 EDT	700	67	615	0	615	0	230	0	230	0
21:00 EDT	700	62	230	0	230	0	230	0	230	0
22:00 EDT	700	62	230	0	230	0	230	0	230	0
23:00 EDT	700	58	230	0	230	0	230	0	230	0

NYISO-IMO

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
01:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
02:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
03:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
04:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
05:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
06:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
07:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
08:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
09:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
10:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
11:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
12:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
13:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
14:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
15:00 EDT	1500	1150	1500	940	1500	940	1500	940	1500	940
16:00 EDT	1500	1150	1500	931	1500	931	1500	931	1500	931
17:00 EDT	1500	1120	1500	905	1500	905	1500	905	1500	905
18:00 EDT	1500	1055	1500	805	1500	805	1500	805	1500	805
19:00 EDT	1500	1130	1500	865	1500	865	1500	865	1500	865
20:00 EDT	1500	1130	1500	965	1500	965	1500	965	1500	965
21:00 EDT	1500	1150	1500	1050	1500	1050	1500	1050	1500	1050
22:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150
23:00 EDT	1500	1150	1500	1150	1500	1150	1500	1150	1500	1150

NYISO-ISONE

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	705	1600	709	1600	659	1600	502	1600	547
01:00 EDT	1600	437	1600	246	1500	154	1500	177	1500	19
02:00 EDT	1600	506	1500	14	1500	9	1500	0	1500	0
03:00 EDT	1600	561	1500	74	1500	0	1500	0	1500	33
04:00 EDT	1600	569	1500	120	1500	97	1500	84	1500	96
05:00 EDT	1600	422	1600	330	1600	458	1600	453	1600	506
06:00 EDT	1600	438	1600	627	1600	590	1600	580	1600	541
07:00 EDT	1600	469	1600	511	1600	467	1600	514	1600	468
08:00 EDT	1600	349	1600	276	1600	229	1600	338	1600	314
09:00 EDT	1600	244	1600	143	1600	380	1600	460	1600	543
10:00 EDT	1600	398	1600	545	1600	629	1600	705	1600	656
11:00 EDT	1600	562	1600	844	1600	834	1600	896	1600	762
12:00 EDT	1600	557	1600	867	1600	990	1600	1029	1600	996
13:00 EDT	1600	648	1600	789	1600	757	1600	800	1600	996
14:00 EDT	1600	738	1600	788	1600	1034	1600	1024	1600	1001
15:00 EDT	1600	910	1600	1074	1600	1023	1600	1081	1600	992
16:00 EDT	1600	1228	1600	1110	1600	1112	1600	1007	1600	1076
17:00 EDT	1600	1252	1600	1248	1600	1313	1600	1186	1600	1177
18:00 EDT	1600	1292	1600	1203	1600	1184	1600	1093	1600	1163
19:00 EDT	1600	1197	1600	1031	1600	1157	1600	1158	1600	1302

20:00 EDT	1600	1315	1600	1119	1600	1248	1600	1050	1600	1082
21:00 EDT	1600	1287	1600	821	1600	915	1600	821	1600	915
22:00 EDT	1600	916	1600	853	1600	915	1600	811	1600	894
23:00 EDT	1600	881	1600	1058	1600	873	1600	859	1600	876

NYISO-PJM

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
14:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
15:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
16:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
17:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
18:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
19:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
20:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
21:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4469	7550	4475	7550	4594	7550	4561	7550	4604
01:00 EDT	7550	4524	7550	4583	7550	4596	7550	4559	7550	4481
02:00 EDT	7550	4494	7550	4375	7550	4412	7550	4421	7550	4507
03:00 EDT	7550	4559	7550	4455	7550	4424	7550	4432	7550	4497
04:00 EDT	7550	4614	7550	4654	7550	4583	7550	4596	7550	4684
05:00 EDT	7550	4612	7550	4856	7550	4885	7550	4920	7550	4873
06:00 EDT	7550	4420	7550	4801	7550	4771	7550	4769	7550	4594
07:00 EDT	7550	3887	7550	4397	7550	4408	7550	4383	7550	4338
08:00 EDT	7550	3543	7550	4160	7550	4117	7550	4198	7550	4209
09:00 EDT	7550	3914	7550	4243	7550	4358	7550	4414	7550	4453
10:00 EDT	7550	3975	7550	4592	7550	4630	7550	4528	7550	4572
11:00 EDT	7550	4296	7550	4937	7550	4896	7550	4969	7550	4863
12:00 EDT	7550	4963	7550	5302	7550	5268	7550	5305	7550	5402
13:00 EDT	7550	4953	7550	5531	7550	5524	7550	5680	7550	5694
14:00 EDT	7550	5227	7550	5384	7550	5766	7550	5806	7550	5619
15:00 EDT	7550	5471	7550	5635	7550	5643	7550	5741	7550	5781
16:00 EDT	7550	5611	7550	5949	7550	5923	7550	5844	7550	5930
17:00 EDT	7550	5218	7550	6045	7550	5921	7550	6010	7550	6009
18:00 EDT	7550	5584	7550	6154	7550	6216	7550	6291	7550	6377
19:00 EDT	7550	5795	7550	6484	7550	6679	7550	6770	7550	6895
20:00 EDT	7550	5774	7550	6704	7550	6812	7550	6472	7550	6492
21:00 EDT	7550	5913	7550	6377	7550	6374	7550	6297	7550	6282

22:00 EDT	7550	5319	7550	5825	7550	5811	7550	5865	7550	5712
23:00 EDT	7550	4754	7550	5687	7550	5562	7550	5362	7550	5296

PJM-NEPTUNE

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	121	1950	0	1950	0	1950	0	1950	0
01:00 EDT	1950	138	1950	61	1950	60	1950	64	1950	63
02:00 EDT	1950	0	1950	37	1950	36	1950	142	1950	246
03:00 EDT	1950	30	1950	235	1950	211	1950	198	1950	235
04:00 EDT	1950	77	1950	142	1950	134	1950	138	1950	44
05:00 EDT	1950	35	1950	132	1950	129	1950	129	1950	132
06:00 EDT	1950	64	1950	96	1950	98	1950	146	1950	145
07:00 EDT	1950	189	1950	342	1950	344	1950	343	1950	344
08:00 EDT	1950	119	1950	381	1950	305	1950	380	1950	382
09:00 EDT	1950	424	1950	459	1950	604	1950	638	1950	609
10:00 EDT	1950	333	1950	549	1950	551	1950	550	1950	550
11:00 EDT	1950	472	1950	614	1950	632	1950	645	1950	655
12:00 EDT	1950	1014	1950	989	1950	990	1950	991	1950	992
13:00 EDT	1950	1054	1950	816	1950	798	1950	1045	1950	1041
14:00 EDT	1950	1145	1950	551	1950	875	1950	873	1950	549
15:00 EDT	1950	1207	1950	541	1950	538	1950	544	1950	688
16:00 EDT	1950	1116	1950	1042	1950	1038	1950	948	1950	1068
17:00 EDT	1950	848	1950	864	1950	765	1950	765	1950	765
18:00 EDT	1950	702	1950	795	1950	795	1950	797	1950	794
19:00 EDT	1950	749	1950	930	1950	929	1950	929	1950	929
20:00 EDT	1950	593	1950	846	1950	846	1950	848	1950	851
21:00 EDT	1950	682	1950	745	1950	730	1950	771	1950	766
22:00 EDT	1950	367	1950	466	1950	469	1950	485	1950	477
23:00 EDT	1950	342	1950	480	1950	478	1950	333	1950	258

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
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13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
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13:00 EDT	660	310	660	160	660	160	660	160	660	160
14:00 EDT	660	304	660	303	660	303	660	303	660	303
15:00 EDT	660	310	660	310	660	310	660	310	660	310
16:00 EDT	660	211	660	211	660	211	660	211	660	211
17:00 EDT	660	160	660	160	660	160	660	160	660	160
18:00 EDT	660	160	660	160	660	160	660	160	660	160
19:00 EDT	660	160	660	160	660	160	660	160	660	160
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
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10:00 EDT	315	0	315	0	315	0	315	0	315	0
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21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

SCH-VFT_PJM

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
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15:00 EDT	315	315	315	315	315	315	315	315	315	315
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19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	4350	2943	4350	2920	4350	2873	4350	2768	4350	2803
02:00 EDT	4350	2795	4350	2809	4350	2834	4350	2894	4350	2911
03:00 EDT	4350	2800	4350	2933	4350	2932	4350	2933	4350	2954
04:00 EDT	4350	2822	4350	2967	4350	2942	4350	2944	4350	2968
05:00 EDT	4350	2964	4350	2929	4350	2847	4350	2842	4350	2782
06:00 EDT	4350	2869	4350	2725	4350	2788	4350	2797	4350	2749
07:00 EDT	4350	2418	4350	2537	4350	2579	4350	2505	4350	2542
08:00 EDT	4350	2291	4350	2654	4350	2710	4350	2554	4350	2518
09:00 EDT	4350	2653	4350	2577	4350	2482	4350	2435	4350	2430
10:00 EDT	4350	2124	4350	2520	4350	2517	4350	2469	4350	2438
11:00 EDT	4350	2120	4350	2430	4350	2411	4350	2384	4350	2452
12:00 EDT	4350	2687	4350	2552	4350	2432	4350	2316	4350	2307
13:00 EDT	4350	2464	4350	2422	4350	2370	4350	2401	4350	2436
14:00 EDT	4350	2449	4350	2415	4350	2351	4350	2402	4350	2291
15:00 EDT	4350	2428	4350	2257	4350	2354	4350	2360	4350	2263
16:00 EDT	4350	2379	4350	2261	4350	2230	4350	2297	4350	2258
17:00 EDT	4350	2476	4350	2162	4350	2073	4350	2240	4350	2318
18:00 EDT	4350	2665	4350	2405	4350	2482	4350	2638	4350	2717
19:00 EDT	4350	3015	4350	2810	4350	2838	4350	2889	4350	2904
20:00 EDT	4350	2973	4350	3084	4350	3074	4350	2973	4350	2987
21:00 EDT	4350	3217	4350	3117	4350	3056	4350	2877	4350	2801
22:00 EDT	4350	3243	4350	2842	4350	2781	4350	2872	4350	2814
23:00 EDT	4350	2895	4350	2918	4350	3003	4350	3079	4350	3152

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6115	2870	5875	2933	5875	3067	5875	3126	5875	3176
01:00 EDT	6115	3174	5875	3338	5875	3326	5875	3253	5875	3326
02:00 EDT	6115	3137	5875	3291	5875	3340	5875	3411	5875	3464
03:00 EDT	6115	3181	5875	3492	5875	3495	5875	3497	5875	3534
04:00 EDT	6115	3179	5875	3559	5875	3549	5875	3533	5875	3540
05:00 EDT	6115	3305	5875	3451	5875	3358	5875	3342	5875	3264
06:00 EDT	6115	3102	5875	3153	5875	3148	5875	3139	5875	3082
07:00 EDT	6115	2518	5875	2994	5875	3018	5875	2926	5875	2944
08:00 EDT	6115	2232	5875	3000	5875	2995	5875	2881	5875	2879
09:00 EDT	6115	2556	5875	3074	5875	2941	5875	2854	5875	2808
10:00 EDT	6115	2047	5875	2682	5875	2664	5875	2594	5875	2529
11:00 EDT	6115	2075	5875	2552	5875	2509	5875	2435	5875	2507
12:00 EDT	6115	2692	5875	2684	5875	2551	5875	2435	5875	2448
13:00 EDT	6115	2304	5875	2632	5875	2592	5875	2654	5875	2527
14:00 EDT	6115	2401	5875	2435	5875	2432	5875	2557	5875	2438
15:00 EDT	6115	2311	5875	2337	5875	2353	5875	2379	5875	2474
16:00 EDT	6115	2201	5875	2629	5875	2639	5875	2725	5875	2718
17:00 EDT	6115	2209	5875	2822	5875	2708	5875	2867	5875	2880
18:00 EDT	6115	2636	5875	3104	5875	3205	5875	3414	5875	3469
19:00 EDT	6115	3241	5875	3620	5875	3660	5875	3748	5875	3717
20:00 EDT	6115	3490	5875	3811	5875	3779	5875	3682	5875	3683
21:00 EDT	6115	3496	5875	3775	5875	3670	5875	3583	5875	3508
22:00 EDT	6115	3144	5875	3224	5875	3119	5875	3255	5875	3196
23:00 EDT	6115	2916	5875	3106	5875	3217	5875	3316	5875	3462

WEST CENTRAL

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Date: 07/07/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9352	9999	9681	9999	9692	9999	9630	9999	9669
01:00 EDT	9999	9339	9999	9460	9999	9415	9999	9404	9999	9559
02:00 EDT	9999	9340	9999	9396	9999	9404	9999	9459	9999	9578

03:00 EDT	9999	9295	9999	9551	9999	9514	9999	9523	9999	9530
04:00 EDT	9999	9297	9999	9672	9999	9613	9999	9649	9999	9638
05:00 EDT	9999	9291	9999	9675	9999	9676	9999	9668	9999	9637
06:00 EDT	9999	9068	9999	9632	9999	9705	9999	9671	9999	9672
07:00 EDT	9999	9015	9999	9420	9999	9369	9999	9433	9999	9474
08:00 EDT	9999	8978	9999	9375	9999	9341	9999	9588	9999	9539
09:00 EDT	9999	9120	9999	9587	9999	9590	9999	9588	9999	9541
10:00 EDT	9999	9252	9999	9703	9999	9754	9999	9811	9999	9748
11:00 EDT	9999	9501	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9619	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9619	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9881	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9818	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9544	9999	9899	9999	9899	9999	9899	9999	9899