

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	200	200	200	200	200	200	200	200
01:00 EDT	200	200	200	200	200	200	200	200	200	200
02:00 EDT	200	200	200	200	200	200	200	200	200	200
03:00 EDT	200	200	200	200	200	200	200	200	200	200
04:00 EDT	200	200	200	200	200	200	200	200	200	200
05:00 EDT	200	200	200	200	200	200	200	200	200	200
06:00 EDT	200	200	200	200	200	200	200	200	200	200
07:00 EDT	200	165	200	190	200	190	200	190	200	190
08:00 EDT	200	116	200	111	200	111	200	111	200	111
09:00 EDT	200	81	200	85	200	85	200	85	200	85
10:00 EDT	200	81	200	117	200	117	200	117	200	117
11:00 EDT	200	56	200	90	200	90	200	90	200	90
12:00 EDT	200	13	200	70	200	70	200	70	200	70
13:00 EDT	200	31	200	106	200	106	200	106	200	106
14:00 EDT	200	84	200	146	200	146	200	146	200	146
15:00 EDT	200	69	200	189	200	189	200	189	200	189
16:00 EDT	200	96	200	200	200	200	200	200	200	200
17:00 EDT	200	112	200	200	200	200	200	200	200	200
18:00 EDT	200	94	200	200	200	200	200	200	200	200
19:00 EDT	200	81	200	182	200	181	200	181	200	181
20:00 EDT	200	101	200	200	200	200	200	200	200	200
21:00 EDT	200	66	200	182	200	182	200	182	200	182
22:00 EDT	200	59	200	66	200	66	200	66	200	66
23:00 EDT	200	31	200	31	200	31	200	31	200	31

CEDARS-HQ

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Date: 07/01/2026

[illegible]

10:00 EDT	220	220	220	220	220	220	220	220	220	220
11:00 EDT	220	220	220	220	220	220	220	220	220	220
12:00 EDT	220	220	220	220	220	220	220	220	220	220
13:00 EDT	220	220	220	140	220	140	220	140	220	140
14:00 EDT	220	220	220	140	220	140	220	140	220	140
15:00 EDT	220	220	220	140	220	140	220	140	220	140
16:00 EDT	220	220	220	140	220	140	220	140	220	140
17:00 EDT	220	220	220	140	220	140	220	140	220	140
18:00 EDT	220	220	220	140	220	140	220	140	220	140
19:00 EDT	220	220	220	140	220	140	220	140	220	140
20:00 EDT	220	220	220	140	220	140	220	140	220	140
21:00 EDT	220	220	220	140	220	140	220	140	220	140
22:00 EDT	220	220	220	220	220	220	220	220	220	220
23:00 EDT	220	220	220	220	220	220	220	220	220	220

HQ-CHPE

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
01:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
02:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
03:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
04:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
05:00 EDT	1250	1250	1250	1250	1250	1250	1250	1250	1250	1250
06:00 EDT	1250	1250	1250	1250	0	0	0	0	0	0
07:00 EDT	1250	1250	0	0	0	0	0	0	0	0
08:00 EDT	1250	1250	0	0	0	0	0	0	0	0
09:00 EDT	1250	550	0	0	0	0	0	0	0	0
10:00 EDT	1250	500	0	0	0	0	0	0	0	0
11:00 EDT	1250	500	0	0	0	0	0	0	0	0
12:00 EDT	1250	601	0	0	0	0	0	0	0	0
13:00 EDT	1250	322	0	0	0	0	0	0	0	0
14:00 EDT	1250	250	0	0	0	0	0	0	0	0
15:00 EDT	1250	50	0	0	0	0	0	0	0	0
16:00 EDT	1250	0	0	0	0	0	0	0	0	0
17:00 EDT	1250	0	0	0	0	0	0	0	0	0
18:00 EDT	1250	0	0	0	0	0	0	0	0	0
19:00 EDT	1250	0	0	0	0	0	0	0	0	0
20:00 EDT	1250	0	0	0	0	0	0	0	0	0
21:00 EDT	1250	0	0	0	0	0	0	0	0	0
22:00 EDT	1250	250	0	0	0	0	0	0	0	0
23:00 EDT	1250	250	0	0	0	0	0	0	0	0

HQ-NYISO

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1400	1500	1493	1500	1493	1500	1493	1500	1493

12:00 EDT	1500	1400	1500	1346	1500	1346	1500	1346	1500	1346
13:00 EDT	1500	1400	1500	467	1500	646	1500	646	1500	646
14:00 EDT	1500	1400	1500	465	1500	437	1500	437	1500	637
15:00 EDT	1500	1400	860	0	860	0	860	0	860	0
16:00 EDT	1500	1400	860	0	860	0	860	0	860	0
17:00 EDT	1500	1400	860	0	860	0	1	0	1	1
18:00 EDT	1500	1400	1	0	1	0	100	99	100	99
19:00 EDT	1500	1400	100	0	100	0	100	0	100	0
20:00 EDT	1500	1400	100	0	100	0	100	0	100	0
21:00 EDT	1500	1000	100	0	100	0	100	0	100	0
22:00 EDT	1500	1374	100	0	100	0	100	0	100	0
23:00 EDT	1500	1400	100	0	100	0	100	0	100	0

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	664	2000	1255	2000	1255	2000	1255	2000	1255
01:00 EDT	2000	719	2000	654	2000	654	2000	654	2000	654
02:00 EDT	2000	644	2000	544	2000	541	2000	542	2000	544
03:00 EDT	2000	744	2000	360	2000	352	2000	360	2000	357
04:00 EDT	2000	829	2000	596	2000	598	2000	598	2000	598
05:00 EDT	2000	644	2000	354	2000	354	2000	354	2000	354
06:00 EDT	2000	919	2000	523	2000	523	2000	523	2000	523
07:00 EDT	2000	944	2000	791	2000	791	2000	791	2000	791
08:00 EDT	2000	1119	2000	937	2000	937	2000	937	2000	937
09:00 EDT	2000	1160	2000	1209	2000	1209	2000	1209	2000	1209
10:00 EDT	2000	1219	2000	1476	2000	1476	2000	1476	2000	1476
11:00 EDT	2000	1369	2000	1650	2000	1650	2000	1650	2000	1650
12:00 EDT	2000	1419	2000	1650	2000	1650	2000	1650	2000	1650
13:00 EDT	2000	1185	2000	1612	2000	1612	2000	1612	2000	1612
14:00 EDT	2000	979	2000	1506	2000	1506	2000	1506	2000	1506
15:00 EDT	2000	852	2000	1202	2000	1202	2000	1202	2000	1202
16:00 EDT	2000	907	2000	1229	2000	1229	2000	1229	2000	1229
17:00 EDT	2000	822	2000	943	2000	943	2000	943	2000	943
18:00 EDT	2000	773	2000	958	2000	959	2000	958	2000	958
19:00 EDT	2000	798	2000	903	2000	903	2000	903	2000	903
20:00 EDT	2000	950	2000	751	2000	751	2000	751	2000	751
21:00 EDT	2000	1354	2000	879	2000	879	2000	879	2000	879
22:00 EDT	2000	1454	2000	1144	2000	1144	2000	1144	2000	1144
23:00 EDT	2000	1319	2000	1164	2000	1164	2000	1164	2000	1164

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1155	1400	1104
10:00 EDT	1400	1200	1400	1108	1400	1108	1400	1075	1400	1180
11:00 EDT	1400	1200	1400	1072	1400	1078	1400	940	1400	837
12:00 EDT	1400	1200	1400	809	1400	808	1400	891	1400	990
13:00 EDT	1400	1200	1400	1101	1400	801	1400	685	1400	493

18:00 EDT	1000	1000	935	935	935	935	935	935	935	935
19:00 EDT	1000	1000	935	935	935	935	935	935	935	935
20:00 EDT	1000	1000	935	935	935	935	935	935	935	935
21:00 EDT	1000	1000	935	935	935	935	935	935	935	935
22:00 EDT	1000	1000	935	935	935	935	935	935	935	935
23:00 EDT	1000	1000	935	935	935	935	935	935	935	935

NYISO-IMO

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
01:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
02:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
03:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
04:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
05:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
06:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
07:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
08:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
09:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
10:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
11:00 EDT	1600	1250	1600	1041	1600	1041	1600	1041	1600	1041
12:00 EDT	1600	1250	1600	1228	1600	1228	1600	1228	1600	1228
13:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
14:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
15:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
16:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
17:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
18:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
19:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
20:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
21:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
22:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250
23:00 EDT	1600	1250	1600	1250	1600	1250	1600	1250	1600	1250

NYISO-ISONE

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	266	1600	1124	1600	1125	1600	1126	1600	1125
01:00 EDT	1600	320	1600	914	1600	913	1600	671	1600	505
02:00 EDT	1600	285	1600	400	1600	451	1600	415	1600	351
03:00 EDT	1600	389	1600	423	1600	554	1600	425	1600	370
04:00 EDT	1600	401	1600	611	1600	657	1600	372	1600	419
05:00 EDT	1600	449	1600	716	1600	734	1600	687	1600	640
06:00 EDT	1600	658	1600	833	1600	891	1600	851	1600	898
07:00 EDT	1600	671	1600	856	1600	803	1600	899	1600	1017
08:00 EDT	1600	412	1600	1140	1600	1232	1600	1140	1600	1236
09:00 EDT	1600	429	1600	1352	1600	1352	1600	1400	1600	1400
10:00 EDT	1600	286	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	260	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	230	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	212	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	546	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	869	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	693	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1060	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1145	1600	1400	1600	1400	1600	1400	1600	1400
19:00 EDT	1600	1041	1600	1400	1600	1400	1600	1400	1600	1400

20:00 EDT	1600	1109	1600	1400	1600	1400	1600	1400	1600	1400
21:00 EDT	1600	519	1600	1400	1600	1400	1600	1400	1600	1400
22:00 EDT	1600	298	1600	1229	1600	1330	1600	1030	1600	1036
23:00 EDT	1600	157	1600	1048	1600	903	1600	1048	1600	1048

NYISO-PJM

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
01:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
02:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
03:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
04:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
05:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
06:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
07:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
08:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
09:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
10:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
11:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
12:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
13:00 EDT	1050	700	1050	666	1050	592	1050	691	1050	700
14:00 EDT	1050	335	1050	255	1050	143	1050	131	1050	244
15:00 EDT	1050	270	1050	208	1050	244	1050	248	1050	272
16:00 EDT	1050	0	1050	215	1050	251	1050	273	1050	228
17:00 EDT	1050	144	1050	345	1050	423	1050	540	1050	638
18:00 EDT	1050	0	1050	501	1050	268	1050	84	1050	134
19:00 EDT	1050	0	1050	396	1050	130	1050	16	1050	128
20:00 EDT	1050	218	1050	350	1050	299	1050	249	1050	296
21:00 EDT	1050	628	1050	504	1050	504	1050	643	1050	632
22:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700
23:00 EDT	1050	700	1050	700	1050	700	1050	700	1050	700

NYPP EAST

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5017	7550	5827	7550	5536	7550	5485	7550	5464
01:00 EDT	7550	4806	7550	4784	7550	4820	7550	4705	7550	4589
02:00 EDT	7550	4500	7550	4411	7550	4524	7550	4436	7550	4425
03:00 EDT	7550	4356	7550	4155	7550	4068	7550	4070	7550	4049
04:00 EDT	7550	4498	7550	4374	7550	4434	7550	4363	7550	4354
05:00 EDT	7550	4724	7550	4378	7550	4334	7550	4332	7550	4340
06:00 EDT	7550	5208	7550	4465	7550	4454	7550	4466	7550	4541
07:00 EDT	7550	5415	7550	4865	7550	4784	7550	4849	7550	4882
08:00 EDT	7550	5309	7550	4951	7550	5036	7550	5027	7550	5023
09:00 EDT	7550	5270	7550	5343	7550	5435	7550	5450	7550	5480
10:00 EDT	7550	5269	7550	5195	7550	5172	7550	5159	7550	5069
11:00 EDT	7550	5158	7550	5151	7550	5120	7550	5235	7550	5279
12:00 EDT	7550	4867	7550	5317	7550	5356	7550	5309	7550	5266
13:00 EDT	7550	4496	7550	4793	7550	5033	7550	5027	7550	5229
14:00 EDT	7550	4533	7550	5309	7550	4972	7550	4854	7550	4708
15:00 EDT	7550	4354	7550	4856	7550	4966	7550	5212	7550	5042
16:00 EDT	7550	4512	7550	5019	7550	5080	7550	4950	7550	5054
17:00 EDT	7550	4605	7550	5245	7550	5310	7550	5411	7550	5747
18:00 EDT	7550	5026	7550	5548	7550	5109	7550	4977	7550	4696
19:00 EDT	7550	5318	7550	4501	7550	5029	7550	5130	7550	5253
20:00 EDT	7550	5286	7550	5228	7550	5360	7550	5428	7550	5024
21:00 EDT	7550	4975	7550	5061	7550	5135	7550	5099	7550	5042

22:00 EDT	7550	5082	7550	5295	7550	4982	7550	4768	7550	4701
23:00 EDT	7550	5147	7550	4654	7550	4663	7550	4756	7550	4710

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
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06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
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10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	1950	184	1950	21	1950	20	1950	19	1950	13
02:00 EDT	1950	122	1950	0	1950	89	1950	0	1950	0
03:00 EDT	1950	26	1950	11	1950	19	1950	8	1950	6
04:00 EDT	1950	29	1950	19	1950	21	1950	15	1950	21
05:00 EDT	1950	212	1950	151	1950	101	1950	153	1950	152
06:00 EDT	1950	273	1950	228	1950	228	1950	178	1950	228
07:00 EDT	1950	420	1950	329	1950	331	1950	328	1950	329
08:00 EDT	1950	486	1950	388	1950	390	1950	437	1950	389
09:00 EDT	1950	626	1950	433	1950	433	1950	435	1950	435
10:00 EDT	1950	843	1950	690	1950	689	1950	689	1950	686
11:00 EDT	1950	1076	1950	864	1950	872	1950	914	1950	918
12:00 EDT	1950	1294	1950	1414	1950	1546	1950	1550	1950	1547
13:00 EDT	1950	1512	1950	1600	1950	1600	1950	1600	1950	1554
14:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
15:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
16:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
17:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
18:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
19:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
20:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
21:00 EDT	1950	1600	1950	1600	1950	1600	1950	1600	1950	1600
22:00 EDT	1950	975	1950	1417	1950	1212	1950	1098	1950	1100
23:00 EDT	1950	857	1950	773	1950	723	1950	875	1950	878

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1210	1310	1303	1310	1303	1310	1303	1310	1303
12:00 EDT	1310	1210	1310	1156	1310	1156	1310	1156	1310	1156
13:00 EDT	1310	1210	1310	277	1310	456	1310	456	1310	456
14:00 EDT	1310	1210	1310	275	1310	247	1310	247	1310	447
15:00 EDT	1310	1210	1310	284	1310	450	1310	450	1310	450
16:00 EDT	1310	1210	1310	450	1310	450	1310	450	1310	450
17:00 EDT	1310	1210	1310	450	1310	450	1310	880	1310	1310
18:00 EDT	1310	1210	1310	1309	1310	1309	1310	1309	1310	1309
19:00 EDT	1310	1210	1310	1210	1310	1210	1310	1210	1310	1210
20:00 EDT	1310	1210	1310	1210	1310	1210	1310	1210	1310	1210
21:00 EDT	1310	810	1310	1210	1310	1210	1310	1210	1310	1210
22:00 EDT	1310	1184	1310	1210	1310	1210	1310	1210	1310	1210
23:00 EDT	1310	1210	1310	1210	1310	1210	1310	1210	1310	1210

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
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10:00 EDT	660	310	660	310	660	310	660	310	660	310
11:00 EDT	660	660	660	660	660	660	660	660	660	660
12:00 EDT	660	460	660	460	660	460	660	460	660	460
13:00 EDT	660	660	660	600	660	600	660	595	660	600
14:00 EDT	660	579	660	579	660	579	660	579	660	579
15:00 EDT	660	533	660	533	660	529	660	415	660	292
16:00 EDT	660	551	660	261	660	251	660	251	660	401
17:00 EDT	660	460	660	398	660	307	660	0	660	0
18:00 EDT	660	460	660	0	660	160	660	160	660	0
19:00 EDT	660	460	660	160	660	0	660	304	660	460
20:00 EDT	660	460	660	460	660	460	660	460	660	460
21:00 EDT	660	310	660	310	660	109	660	282	660	310
22:00 EDT	660	160	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	315	175	315	32	315	36	315	32	315	36
02:00 EDT	315	175	315	40	315	43	315	54	315	58
03:00 EDT	315	175	315	60	315	60	315	68	315	71
04:00 EDT	315	175	315	70	315	70	315	76	315	74
05:00 EDT	315	175	315	72	315	70	315	74	315	72
06:00 EDT	315	175	315	65	315	59	315	70	315	63
07:00 EDT	315	175	315	56	315	54	315	74	315	70
08:00 EDT	315	175	315	63	315	59	315	66	315	63
09:00 EDT	315	175	315	175	315	175	315	175	315	175
10:00 EDT	315	205	315	315	315	315	315	315	315	315
11:00 EDT	315	265	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	225	315	266	315	265	315	225	315	225
16:00 EDT	315	265	315	265	315	265	315	201	315	265
17:00 EDT	315	225	315	225	315	225	315	315	315	315
18:00 EDT	315	225	315	141	315	109	315	50	315	225
19:00 EDT	315	225	315	55	315	50	315	50	315	265
20:00 EDT	315	183	315	183	315	183	315	183	315	183
21:00 EDT	315	175	315	175	315	175	315	175	315	175
22:00 EDT	315	175	315	175	315	175	315	175	315	175
23:00 EDT	315	175	315	175	315	175	315	175	315	175

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
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06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	250	315	250	315	250	315	250
11:00 EDT	315	315	315	190	315	190	315	190	315	190
12:00 EDT	315	315	315	173	315	145	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
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17:00 EDT	315	315	315	315	315	315	315	140	315	161
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 07/01/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	4350	2678	4350	1729	4350	1758	4350	1874	4350	1941
02:00 EDT	4350	2390	4350	2118	4350	2139	4350	2051	4350	2008
03:00 EDT	4350	2344	4350	1754	4350	1711	4350	1741	4350	1791
04:00 EDT	4350	2391	4350	1800	4350	1779	4350	1970	4350	1963
05:00 EDT	4350	2480	4350	1752	4350	1658	4350	1688	4350	1749
06:00 EDT	4350	2545	4350	1660	4350	1653	4350	1692	4350	1731
07:00 EDT	4350	1849	4350	1573	4350	1526	4350	1486	4350	1397
08:00 EDT	4350	1353	4350	1190	4350	1118	4350	1112	4350	899
09:00 EDT	4350	1448	4350	773	4350	863	4350	815	4350	779
10:00 EDT	4350	1774	4350	470	4350	574	4350	535	4350	656
11:00 EDT	4350	1745	4350	511	4350	466	4350	503	3800	0
12:00 EDT	4350	1953	3700	0	3650	0	3580	0	3580	0
13:00 EDT	4350	1903	3530	0	3530	0	3530	0	3530	0
14:00 EDT	4350	1738	3530	214	3530	156	3530	273	3530	185
15:00 EDT	4350	1744	3530	179	3530	155	3530	316	3530	360
16:00 EDT	4350	1964	3530	447	3530	401	3530	369	3530	355
17:00 EDT	4350	2196	3530	388	3530	366	3530	854	3530	777
18:00 EDT	4350	2460	3530	893	3530	685	3530	757	3530	806
19:00 EDT	4350	2607	3530	795	3530	960	3530	876	4350	1657
20:00 EDT	4350	2556	4350	1752	4350	1828	4350	1833	4350	1712
21:00 EDT	4350	2756	4350	1799	4350	1925	4350	1775	4350	1705
22:00 EDT	4350	2928	4350	2156	4350	2301	4350	2226	4350	1928
23:00 EDT	4350	2677	4350	2024	4350	2259	4350	1875	4350	1804

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	6790	3414	6590	2770	6590	2829	6590	3034	6590	3153
02:00 EDT	6790	3367	6590	3186	6130	2792	6130	2749	6130	2756
03:00 EDT	6330	2910	6130	2535	6130	2476	6130	2566	6130	2635
04:00 EDT	6330	2976	6130	2602	6130	2603	6130	2805	6130	2781
05:00 EDT	6790	3449	6130	2553	6130	2454	6130	2495	6130	2576
06:00 EDT	6790	3283	6130	2518	6130	2453	6130	2435	6130	2458
07:00 EDT	6790	2945	6130	2533	6130	2462	6130	2447	6590	2775
08:00 EDT	6790	2859	6590	2552	6590	2459	6630	2451	6630	2222
09:00 EDT	6790	2843	6750	2201	6750	2266	6750	2194	6750	2146
10:00 EDT	6790	2963	6750	1784	6750	1820	7020	1976	7020	2054
11:00 EDT	7060	3080	7020	1861	7020	1803	6855	1635	6855	1614
12:00 EDT	7060	2893	6855	1659	6855	1667	6855	1677	6895	1723
13:00 EDT	7060	2715	6895	1668	6895	1654	6895	1691	6895	1619
14:00 EDT	7060	1915	6895	1803	6895	1679	6895	1774	6895	1644
15:00 EDT	7060	1582	7080	1853	7080	1874	7080	2009	7080	1981
16:00 EDT	7060	1545	7080	2052	7080	2018	7080	1984	7080	2036
17:00 EDT	7060	1509	7080	2049	7080	1925	7080	2515	7080	2411
18:00 EDT	7060	2109	7080	2581	7245	2492	7245	2506	7245	2465
19:00 EDT	7060	2549	7245	2360	7245	2642	7245	2742	7245	2743
20:00 EDT	7060	2826	7245	2853	7245	2959	7205	2903	7205	2778
21:00 EDT	7060	3012	7205	2857	7205	3069	7205	3062	7205	3063
22:00 EDT	7060	3707	6980	3295	6520	2941	6520	2899	6980	3088
23:00 EDT	7060	3751	6980	3005	6980	3271	6980	2934	6980	2905

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9833	9999	9899	9999	9899	9999	9899	9999	9899

03:00 EDT	9999	9808	9999	9899	9999	9899	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9893	9999	9847	9999	9774	9999	9883	9999	9808
06:00 EDT	9999	9899	9999	9852	9999	9899	9999	9865	9999	9899
07:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9848	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9775	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9626	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9664	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9632	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9671	9999	9899	9999	9899	9999	9899	9999	9848
19:00 EDT	9999	9703	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9780	9999	9899	9999	9899	9999	9899	9999	9785
21:00 EDT	9999	9899	9999	9782	9999	9836	9999	9899	9999	9814
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899