

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	200	200	200	200	200	200	200	200
14:00 EDT	0	0	200	200	200	200	200	200	200	200
15:00 EDT	0	0	200	200	200	200	200	200	200	200
16:00 EDT	0	0	200	200	200	200	200	200	200	200
17:00 EDT	0	0	200	200	200	200	200	200	200	200
18:00 EDT	0	0	200	200	200	200	200	200	200	200
19:00 EDT	0	0	200	200	200	200	200	200	200	200
20:00 EDT	0	0	200	175	200	175	200	175	200	175
21:00 EDT	0	0	200	170	200	170	200	170	200	170
22:00 EDT	0	0	200	170	200	170	200	170	200	170
23:00 EDT	0	0	200	170	200	170	200	170	200	170

CEDARS-HQ

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Date: 05/22/2026

[illegible]

12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1282	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1282	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1282	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1282	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1900	151	1900	305	1900	305	1900	302	1900	299
01:00 EDT	1900	240	1900	302	1900	300	1900	300	1900	304
02:00 EDT	1900	197	1900	302	1900	303	1900	305	1900	304
03:00 EDT	1900	460	1900	304	1900	303	1900	303	1900	304
04:00 EDT	1900	426	1900	304	1900	305	1900	300	1900	305
05:00 EDT	1900	353	1900	372	1900	372	1900	372	1900	377
06:00 EDT	1900	767	1900	643	1900	643	1900	646	1900	644
07:00 EDT	1900	975	1900	830	1900	830	1900	830	1900	830
08:00 EDT	1900	1248	1900	1128	1900	1128	1900	1128	1900	1128
09:00 EDT	1900	1183	1900	966	1900	965	1900	965	1900	965
10:00 EDT	1900	1140	1900	807	1900	805	1900	806	1900	806
11:00 EDT	1900	845	1900	748	1900	744	1900	748	1900	748
12:00 EDT	1900	873	1900	635	1900	639	1900	635	1900	635
13:00 EDT	1900	1030	1900	502	1900	502	1900	502	1900	502
14:00 EDT	1900	1005	1900	355	1900	355	1900	355	1900	355
15:00 EDT	1900	748	1900	314	1900	314	1900	314	1900	314
16:00 EDT	1900	794	1900	657	1900	657	1900	657	1900	657
17:00 EDT	1900	1053	1900	785	1900	785	1900	785	1900	785
18:00 EDT	1900	1149	1900	997	1900	997	1900	1002	1900	999
19:00 EDT	1900	1105	1900	1042	1900	1042	1900	1039	1900	1039
20:00 EDT	1900	1050	1900	1085	1900	1083	1900	1083	1900	1082
21:00 EDT	1900	1050	1900	1120	1900	1121	1900	1124	1900	1124
22:00 EDT	1900	884	1900	594	1900	593	1900	594	1900	598
23:00 EDT	1900	289	1900	302	1900	300	1900	300	1900	300

ISONE-NYISO

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1360	1160	1322	1122	1240	1040	974	774
06:00 EDT	1400	1200	1102	902	1206	1006	1192	992	1026	826
07:00 EDT	1400	1200	1249	1049	1298	1098	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1200	847	647	1022	822	1067	867	949	749
21:00 EDT	1400	1200	210	10	146	0	614	414	679	479
22:00 EDT	1400	1200	450	250	833	633	1400	1200	1400	1200
23:00 EDT	1400	1200	1365	1165	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	2734	3400	2944	3400	2918	3400	2929	3400	2937
01:00 EDT	3400	2797	3400	2906	3400	2945	3400	2889	3400	2968
02:00 EDT	3400	2717	3400	3038	3400	3044	3400	3009	3400	3028
03:00 EDT	3400	2747	3400	3025	3400	3042	3400	3038	3400	3027
04:00 EDT	3400	2750	3400	3005	3400	2990	3400	2989	3400	2989
05:00 EDT	3400	2710	3400	2955	3400	2953	3400	2965	3400	2992
06:00 EDT	3400	2719	3400	3005	3400	3011	3400	3041	3400	3128
07:00 EDT	3400	2657	3400	3090	3400	3092	3400	3072	3400	3183
08:00 EDT	3400	2990	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3036	3400	3300	3400	3300	3400	3300	3400	3300
10:00 EDT	3400	3006	3400	3300	3400	3300	3400	3300	3400	3300
11:00 EDT	3400	3054	3400	3284	3400	3283	3400	3266	3400	3262
12:00 EDT	3400	3025	3400	3262	3400	3251	3400	3195	3400	3182
13:00 EDT	3400	3030	3400	3179	3400	3210	3400	3185	3400	3203
14:00 EDT	3400	3027	3400	3152	3400	3081	3400	3138	3400	3032
15:00 EDT	3400	3009	3400	3061	3400	3074	3400	3068	3400	3097
16:00 EDT	3400	3045	3400	3083	3400	3048	3400	3076	3400	3088
17:00 EDT	3400	2977	3400	3136	3400	3132	3400	3172	3400	3213
18:00 EDT	3400	3033	3400	3248	3400	3277	3400	3300	3400	3287
19:00 EDT	3400	3064	3400	3300	3400	3300	3400	3273	3400	3245
20:00 EDT	3400	2800	3400	3009	3400	2994	3400	3025	3400	3069
21:00 EDT	3400	2814	3400	3058	3400	3019	3400	2956	3400	2934
22:00 EDT	3400	2776	3400	2928	3400	2999	3400	3035	3400	2917
23:00 EDT	3400	2735	3400	2889	3400	2910	3400	2912	3400	2880

NPX-1385

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	200	200	200	200	200	200	200	200
14:00 EDT	0	0	200	200	200	200	200	200	200	200
15:00 EDT	0	0	200	170	200	170	200	170	200	170

16:00 EDT	0	0	200	200	200	200	200	200	200	200
17:00 EDT	0	0	200	170	200	170	200	170	200	170
18:00 EDT	0	0	200	170	200	170	200	170	200	170
19:00 EDT	0	0	200	170	200	170	200	170	200	170
20:00 EDT	0	0	200	200	200	200	200	200	200	200
21:00 EDT	0	0	200	200	200	200	200	200	200	200
22:00 EDT	0	0	200	200	200	200	200	200	200	200
23:00 EDT	0	0	200	200	200	200	200	200	200	200

NPX-CSC

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	283	330	280	330	280	330	280	330	280
01:00 EDT	330	302	330	280	330	280	330	280	330	280
02:00 EDT	330	312	330	280	330	280	330	280	330	280
03:00 EDT	330	324	330	280	330	280	330	280	330	280
04:00 EDT	330	330	330	330	330	330	330	330	330	330
05:00 EDT	330	330	330	330	330	330	330	330	330	330
06:00 EDT	330	330	330	330	330	330	330	330	330	330
07:00 EDT	330	330	330	280	330	280	330	280	330	280
08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	289	330	280	330	280	330	280	330	280
18:00 EDT	330	251	330	230	330	230	330	230	330	230
19:00 EDT	330	230	330	230	330	230	330	230	330	230
20:00 EDT	330	228	330	180	330	180	330	180	330	180
21:00 EDT	330	224	330	180	330	180	330	180	330	180
22:00 EDT	330	255	330	230	330	230	330	230	330	230
23:00 EDT	330	283	330	280	330	280	330	280	330	280

NYISO-HQ

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	100	100	0	100	0	100	0	100	0
01:00 EDT	100	100	100	0	100	0	100	0	100	0
02:00 EDT	100	100	100	0	100	0	100	0	100	0
03:00 EDT	100	100	100	0	100	0	100	0	100	0
04:00 EDT	100	100	100	0	100	0	100	0	100	0
05:00 EDT	100	100	100	0	100	0	100	0	100	0
06:00 EDT	100	100	100	0	100	0	100	0	100	0
07:00 EDT	100	100	100	0	100	0	100	0	100	0
08:00 EDT	400	318	400	0	400	0	400	0	400	0
09:00 EDT	400	318	400	2	400	2	400	2	400	2
10:00 EDT	400	318	400	2	400	2	400	2	400	2
11:00 EDT	400	318	400	2	400	2	400	2	400	2
12:00 EDT	400	318	400	2	400	2	400	2	400	2
13:00 EDT	400	318	400	2	400	2	400	2	400	2
14:00 EDT	400	318	400	2	400	2	400	2	400	2
15:00 EDT	400	318	400	2	400	2	400	2	400	2
16:00 EDT	400	318	400	0	400	0	400	0	400	0
17:00 EDT	400	318	400	0	400	0	400	0	400	0

18:00 EDT	400	318	400	0	400	0	400	0	400	0
19:00 EDT	400	318	400	0	400	0	400	0	400	0
20:00 EDT	100	100	100	0	100	0	100	0	100	0
21:00 EDT	100	100	100	0	100	39	100	39	100	39
22:00 EDT	100	100	100	0	100	0	100	0	100	0
23:00 EDT	100	100	100	0	100	0	100	0	100	0

NYISO-IMO

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
01:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
02:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
03:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
04:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
05:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
06:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
07:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
08:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
09:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
10:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
11:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
12:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
13:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
14:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
15:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
16:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
17:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
18:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
19:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
20:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
21:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
22:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
23:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900

NYISO-ISONE

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	0	1600	353	1600	342	1600	235	1600	163
01:00 EDT	1600	0	1600	373	1600	276	1600	244	1600	131
02:00 EDT	1600	0	1600	147	1600	146	1600	69	1600	117
03:00 EDT	1600	0	1600	106	1600	85	1600	84	1600	64
04:00 EDT	1600	0	1600	82	1600	34	1600	79	1600	52
05:00 EDT	1600	107	1600	351	1600	353	1600	263	1600	174
06:00 EDT	1600	189	1600	119	1600	296	1600	264	1600	109
07:00 EDT	1600	85	1600	145	1600	225	1600	421	1600	520
08:00 EDT	1600	785	1600	819	1600	1117	1600	1138	1600	1178
09:00 EDT	1600	946	1600	1143	1600	1193	1600	1068	1600	954
10:00 EDT	1600	905	1600	1049	1600	1033	1600	1075	1600	1264
11:00 EDT	1600	854	1600	1231	1600	1230	1600	1230	1600	1229
12:00 EDT	1600	993	1600	1064	1600	1157	1600	1157	1600	1169
13:00 EDT	1600	1081	1600	1303	1600	1346	1600	1300	1600	1353
14:00 EDT	1600	1265	1600	1300	1600	1302	1600	1073	1600	1120
15:00 EDT	1600	816	1600	1005	1600	762	1600	744	1600	583
16:00 EDT	1600	552	1600	809	1600	811	1600	803	1600	811
17:00 EDT	1600	212	1600	676	1600	676	1600	677	1600	628
18:00 EDT	1600	183	1600	453	1600	445	1600	534	1600	443
19:00 EDT	1600	337	1600	295	1600	224	1600	176	1600	316

20:00 EDT	1600	32	1600	292	1600	268	1600	117	1600	139
21:00 EDT	1600	0	1600	0	1600	0	1600	0	1600	0
22:00 EDT	1600	138	1600	0	1600	65	1600	241	1600	376
23:00 EDT	1600	185	1600	83	1600	212	1600	211	1600	190

NYISO-PJM

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6800	3251	6800	3554	6800	3622	6800	3637	6800	3608
01:00 EDT	6800	3179	6800	3601	6800	3579	6800	3587	6800	3510
02:00 EDT	6800	3195	6800	3580	6800	3537	6800	3506	6800	3487
03:00 EDT	6800	3348	6800	3448	6800	3469	6800	3478	6800	3478
04:00 EDT	6800	3413	6800	3466	6800	3478	6800	3615	6800	3575
05:00 EDT	6800	3323	6800	3702	6800	3753	6800	3784	6800	3724
06:00 EDT	6800	3418	6800	3690	6800	3672	6800	3654	6800	3607
07:00 EDT	6800	3243	6800	3536	6800	3621	6800	3507	6800	3659
08:00 EDT	6800	3761	6800	4056	6800	4167	6800	4106	6800	3915
09:00 EDT	6800	3501	6800	3834	6800	3783	6800	3639	6800	3448
10:00 EDT	6800	3375	6800	3474	6800	3363	6800	3357	6800	3219
11:00 EDT	6800	3403	6800	3145	6800	3106	6800	2994	6800	3033
12:00 EDT	6800	3453	6800	2964	6800	2924	6800	2922	6800	2934
13:00 EDT	6800	3511	6800	2806	6800	2792	6800	2836	6800	2791
14:00 EDT	6800	3674	6800	2794	6800	2793	6800	2809	6800	2718
15:00 EDT	6800	3159	6800	2683	6800	2714	6800	2729	6800	2808
16:00 EDT	6800	3065	6800	2747	6800	2967	6800	2984	6800	3051
17:00 EDT	6800	2919	6800	2905	6800	3068	6800	3161	6800	3281
18:00 EDT	6800	3158	6800	3357	6800	3448	6800	3520	6800	3458
19:00 EDT	6800	3239	6800	3667	6800	3677	6800	3611	6800	3721
20:00 EDT	6800	3140	6800	3486	6800	3520	6800	3450	6800	3491
21:00 EDT	6800	3211	6800	3473	6800	3526	6800	3523	6800	3569

22:00 EDT	6800	3274	6800	3446	6800	3629	6800	3629	6800	3649
23:00 EDT	6800	3288	6800	3736	6800	3836	6800	3839	6800	3657

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Date: 05/22/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	800	0	800	0	800	0	800	0	800	0
01:00 EDT	800	0	800	85	800	137	800	143	800	94
02:00 EDT	800	0	800	4	800	2	800	2	800	7
03:00 EDT	800	0	800	32	800	31	800	31	800	32
04:00 EDT	800	0	800	0	800	0	800	42	800	0
05:00 EDT	800	0	800	186	800	187	800	185	800	184
06:00 EDT	800	0	800	300	800	301	800	315	800	303
07:00 EDT	800	40	800	127	800	369	800	387	800	364
08:00 EDT	800	331	800	496	800	497	800	489	800	491
09:00 EDT	800	361	800	494	800	493	800	471	800	332
10:00 EDT	800	364	800	433	800	337	800	332	800	282
11:00 EDT	800	429	800	280	800	285	800	292	800	279
12:00 EDT	800	363	800	333	800	281	800	284	800	285
13:00 EDT	800	403	800	208	800	206	800	241	800	204
14:00 EDT	800	355	800	257	800	255	800	301	800	254
15:00 EDT	800	400	800	292	800	388	800	390	800	391
16:00 EDT	800	365	800	139	800	241	800	244	800	250
17:00 EDT	800	157	800	3	800	124	800	158	800	116
18:00 EDT	800	0	800	251	800	207	800	209	800	77
19:00 EDT	800	0	800	205	800	204	800	214	800	214
20:00 EDT	800	0	800	157	800	159	800	99	800	103
21:00 EDT	800	32	800	48	800	59	800	56	800	59
22:00 EDT	800	0	800	0	800	0	800	0	800	0
23:00 EDT	800	0	800	0	800	58	800	21	800	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
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07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
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17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
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05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	130	660	130	660	130	660	130	660	130
08:00 EDT	660	260	660	260	660	260	660	260	660	260
09:00 EDT	660	460	660	460	660	460	660	460	660	460
10:00 EDT	660	376	660	376	660	376	660	376	660	376
11:00 EDT	660	339	660	339	660	339	660	339	660	339
12:00 EDT	660	260	660	260	660	142	660	169	660	130
13:00 EDT	660	437	660	437	660	437	660	437	660	437
14:00 EDT	660	260	660	260	660	260	660	260	660	260
15:00 EDT	660	260	660	260	660	130	660	130	660	130
16:00 EDT	660	130	660	130	660	130	660	130	660	130
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	70	660	0	660	0	660	0	660	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
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06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	40	315	40	315	40	315	40	315	40
12:00 EDT	315	40	315	40	315	0	315	0	315	0
13:00 EDT	315	40	315	40	315	40	315	40	315	40
14:00 EDT	315	40	315	40	315	40	315	40	315	40
15:00 EDT	315	40	315	40	315	40	315	40	315	40
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
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21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

SCH-VFT_PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
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21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	4600	3231	4600	3274	4600	3319	4600	3289	4600	3389
02:00 EDT	4600	3295	4600	3422	4600	3371	4600	3385	4600	3236
03:00 EDT	4600	3254	4600	3157	4600	3209	4600	3226	4600	3220
04:00 EDT	4600	3257	4600	3218	4600	3281	4600	3371	4600	3383
05:00 EDT	4600	3300	4600	3220	4600	3307	4600	3429	4600	3422
06:00 EDT	4600	3302	4600	3451	4600	3317	4600	3298	4600	3238
07:00 EDT	4600	2807	4600	3094	4600	3113	4600	2787	4600	2786
08:00 EDT	4600	2009	4600	2866	4600	2595	4600	2346	4600	2072
09:00 EDT	4600	1446	4600	2109	4600	1832	4600	1790	4600	1820
10:00 EDT	4600	1386	4600	1893	4600	1883	4600	1852	4600	1884
11:00 EDT	4600	1390	4600	1854	4600	1832	4600	1823	4600	1877
12:00 EDT	4600	1376	4600	1949	4600	2114	4600	2051	4600	2058
13:00 EDT	4600	1385	4600	1683	4600	1696	4600	1734	4600	1725
14:00 EDT	4600	1393	4600	1868	4600	1897	4600	1857	4600	1788
15:00 EDT	4600	1424	4600	1793	4600	1931	4600	2100	4600	2417
16:00 EDT	4600	2021	4600	2038	4600	2312	4600	2384	4600	2459
17:00 EDT	4600	2470	4600	2406	4600	2568	4600	2638	4600	2849
18:00 EDT	4600	2689	4600	2915	4600	2929	4600	2984	4600	3107
19:00 EDT	4600	2827	4600	3213	4600	3287	4600	3315	4600	3274
20:00 EDT	4600	3035	4600	3257	4600	3234	4600	3457	4600	3474
21:00 EDT	4600	3301	4600	3618	4600	3551	4600	3517	4600	3507
22:00 EDT	4600	3499	4600	3563	4600	3617	4600	3669	4600	3655
23:00 EDT	4600	3407	4600	3902	4600	3954	4600	3846	4600	3662

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	6165	3305	5945	3294	5945	3371	5945	3382	5945	3509
02:00 EDT	6165	3390	5945	3558	5945	3530	5945	3569	5945	3438
03:00 EDT	6225	3582	5945	3426	5945	3487	5945	3507	5945	3507
04:00 EDT	6225	3522	5945	3446	5945	3512	5945	3585	5945	3584
05:00 EDT	6225	3435	5945	3391	5945	3449	5945	3579	5945	3558
06:00 EDT	6225	3348	5945	3530	6005	3418	5945	3338	5945	3281
07:00 EDT	6225	2860	5945	3172	5945	3211	5945	2895	5945	2913
08:00 EDT	6225	2278	5945	2891	5945	2646	5945	2517	5945	2232
09:00 EDT	6225	1925	5945	2475	5945	2344	5945	2304	5945	2362
10:00 EDT	6225	1789	5945	2423	5945	2390	5945	2312	5945	2292
11:00 EDT	6225	1788	5945	2186	5945	2143	5945	2106	5945	2200
12:00 EDT	6225	1813	5945	2233	5945	2397	5945	2373	5945	2381
13:00 EDT	6225	1753	5945	2146	5945	2147	5945	2201	5945	2111
14:00 EDT	6225	1790	5945	2263	5945	2273	5945	2237	5945	2093
15:00 EDT	6225	1688	5945	2071	5945	2139	5945	2240	5945	2464
16:00 EDT	6225	2129	5945	2051	5945	2346	5945	2346	5945	2366
17:00 EDT	6225	2487	5945	2360	5945	2526	5945	2577	5945	2709
18:00 EDT	6225	2729	5945	2933	5945	2972	5945	2971	5945	3037
19:00 EDT	6225	2911	5945	3179	5945	3281	5945	3293	5945	3261
20:00 EDT	6225	3135	5945	3266	5945	3290	5945	3517	5945	3534
21:00 EDT	6225	3406	5945	3721	5945	3696	5945	3655	5945	3662
22:00 EDT	6225	3476	5945	3559	5945	3634	5945	3718	5945	3693
23:00 EDT	6225	3595	5945	4030	5945	4122	5945	4052	5945	3935

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	8594	9999	9235	9999	9168	9999	9083	9999	8988
01:00 EDT	9999	8515	9999	9030	9999	9068	9999	9069	9999	9025
02:00 EDT	9999	8584	9999	9160	9999	9183	9999	9171	9999	9181

03:00 EDT	9999	8805	9999	9182	9999	9177	9999	9185	9999	9203
04:00 EDT	9999	8783	9999	9201	9999	9230	9999	9306	9999	9270
05:00 EDT	9999	8552	9999	9304	9999	9307	9999	9326	9999	9221
06:00 EDT	9999	8664	9999	9201	9999	9272	9999	9074	9999	8990
07:00 EDT	9999	8728	9999	9055	9999	9231	9999	9263	9999	9412
08:00 EDT	9999	9112	9999	9437	9999	9438	9999	9430	9999	9349
09:00 EDT	9999	9059	9999	9332	9999	9302	9999	9254	9999	9269
10:00 EDT	9999	9002	9999	9270	9999	9204	9999	9178	9999	9212
11:00 EDT	9999	8770	9999	9148	9999	9186	9999	9096	9999	9213
12:00 EDT	9999	8847	9999	9102	9999	9084	9999	9138	9999	9169
13:00 EDT	9999	9034	9999	9023	9999	9075	9999	9124	9999	9094
14:00 EDT	9999	9106	9999	9086	9999	9105	9999	9123	9999	9062
15:00 EDT	9999	8574	9999	9019	9999	8963	9999	8966	9999	8918
16:00 EDT	9999	8563	9999	8914	9999	9099	9999	8985	9999	8936
17:00 EDT	9999	8667	9999	8937	9999	8994	9999	8994	9999	9054
18:00 EDT	9999	8686	9999	9040	9999	9006	9999	8901	9999	8830
19:00 EDT	9999	8570	9999	8912	9999	8926	9999	8858	9999	8884
20:00 EDT	9999	8600	9999	8974	9999	8910	9999	8889	9999	8813
21:00 EDT	9999	8578	9999	8795	9999	8907	9999	8897	9999	8867
22:00 EDT	9999	8697	9999	8868	9999	8842	9999	8906	9999	9007
23:00 EDT	9999	8486	9999	8950	9999	8974	9999	8976	9999	9132