

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	200	0	0	0	0	0	0	0	0
01:00 EDT	200	200	0	0	0	0	0	0	0	0
02:00 EDT	200	200	0	0	0	0	0	0	0	0
03:00 EDT	200	200	0	0	0	0	0	0	0	0
04:00 EDT	200	200	0	0	0	0	0	0	0	0
05:00 EDT	200	200	0	0	0	0	0	0	0	0
06:00 EDT	200	200	0	0	0	0	0	0	0	0
07:00 EDT	200	200	0	0	0	0	0	0	0	0
08:00 EDT	200	200	0	0	0	0	0	0	0	0
09:00 EDT	200	200	0	0	0	0	0	0	0	0
10:00 EDT	200	200	0	0	0	0	0	0	0	0
11:00 EDT	200	200	0	0	0	0	0	0	0	0
12:00 EDT	200	200	0	0	0	0	0	0	0	0
13:00 EDT	200	200	0	0	0	0	0	0	0	0
14:00 EDT	200	200	0	0	0	0	0	0	0	0
15:00 EDT	200	200	0	0	0	0	0	0	0	0
16:00 EDT	200	200	0	0	0	0	0	0	0	0
17:00 EDT	200	200	0	0	0	0	0	0	0	0
18:00 EDT	200	200	0	0	0	0	0	0	0	0
19:00 EDT	200	200	0	0	0	0	0	0	0	0
20:00 EDT	200	200	0	0	0	0	0	0	0	0
21:00 EDT	200	200	0	0	0	0	0	0	0	0
22:00 EDT	200	200	0	0	0	0	0	0	0	0
23:00 EDT	200	200	0	0	0	0	0	0	0	0

CEDARS-HQ

[back to top](#)

Date: 05/21/2026

[illegible]

12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1900	263	1900	300	1900	298	1900	301	1900	299
01:00 EDT	1900	228	1900	332	1900	332	1900	334	1900	333
02:00 EDT	1900	74	1900	300	1900	299	1900	300	1900	300
03:00 EDT	1900	174	1900	300	1900	300	1900	300	1900	303
04:00 EDT	1900	139	1900	300	1900	300	1900	303	1900	301
05:00 EDT	1900	289	1900	433	1900	436	1900	435	1900	435
06:00 EDT	1900	468	1900	843	1900	842	1900	845	1900	844
07:00 EDT	1900	955	1900	1061	1900	1061	1900	1061	1900	1062
08:00 EDT	1900	1216	1900	960	1900	960	1900	960	1900	961
09:00 EDT	1900	842	1900	426	1900	422	1900	429	1900	429
10:00 EDT	1900	819	1900	367	1900	470	1900	474	1900	472
11:00 EDT	1900	736	1900	648	1900	590	1900	588	1900	591
12:00 EDT	1900	744	1900	542	1900	543	1900	543	1900	543
13:00 EDT	1900	884	1900	702	1900	698	1900	702	1900	701
14:00 EDT	1900	931	1900	582	1900	583	1900	585	1900	583
15:00 EDT	1900	1057	1900	883	1900	880	1900	879	1900	880
16:00 EDT	1900	1219	1900	1130	1900	1128	1900	1127	1900	1126
17:00 EDT	1900	1231	1900	1109	1900	1105	1900	1109	1900	1112
18:00 EDT	1900	1416	1900	1294	1900	1294	1900	1295	1900	1296
19:00 EDT	1900	1390	1900	1136	1900	1135	1900	1135	1900	1139
20:00 EDT	1900	1363	1900	1286	1900	1288	1900	1286	1900	1286
21:00 EDT	1900	1304	1900	1370	1900	1368	1900	1372	1900	1371
22:00 EDT	1900	1005	1900	762	1900	762	1900	761	1900	765
23:00 EDT	1900	587	1900	305	1900	302	1900	301	1900	304

ISONE-NYISO

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	850	475	275	361	161	25	0	267	67
01:00 EDT	1050	850	152	0	194	0	194	0	107	0
02:00 EDT	1050	850	974	774	541	341	1400	1200	1344	1144
03:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200

14:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1050	850	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1050	850	985	785	998	798	1071	871	1012	812
21:00 EDT	1050	850	291	91	538	338	1068	868	1039	839
22:00 EDT	1050	850	356	156	1146	946	1400	1200	1400	1200
23:00 EDT	1050	850	1247	1047	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3256	3400	3042	3400	2990	3400	3001	3400	3207
01:00 EDT	3400	3278	3400	3101	3400	2962	3400	2879	3400	2963
02:00 EDT	3400	3238	3400	3090	3400	3017	3400	3051	3400	3147
03:00 EDT	3400	3193	3400	3169	3400	3139	3400	3098	3400	3095
04:00 EDT	3400	3300	3400	3106	3400	3127	3400	3096	3400	3085
05:00 EDT	3400	3177	3400	3063	3400	3095	3400	3023	3400	3113
06:00 EDT	3400	3300	3400	3152	3400	3148	3400	3073	3400	3109
07:00 EDT	3400	3300	3400	3155	3400	3211	3400	3204	3400	3234
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
10:00 EDT	3400	3300	3400	3246	3400	3233	3400	3248	3400	3270
11:00 EDT	3400	3300	3400	3300	3400	3285	3400	3297	3400	3300
12:00 EDT	3400	3291	3400	3279	3400	3261	3400	3255	3400	3239
13:00 EDT	3400	3295	3400	3299	3400	3278	3400	3297	3400	3278
14:00 EDT	3400	3276	3400	3262	3400	3250	3400	3292	3400	3298
15:00 EDT	3400	3260	3400	3300	3400	3090	3400	3066	3400	3239
16:00 EDT	3400	3288	3400	3238	3400	3221	3400	3229	3400	3257
17:00 EDT	3400	3273	3400	3277	3400	3300	3400	3300	3400	3300
18:00 EDT	3400	3288	3400	3300	3400	3300	3400	3300	3400	3300
19:00 EDT	3400	3166	3400	3300	3400	3300	3400	3300	3400	3300
20:00 EDT	3400	3165	3400	3174	3400	3198	3400	3182	3400	3227
21:00 EDT	3400	3300	3400	3263	3400	3274	3400	3213	3400	3252
22:00 EDT	3400	3300	3400	3154	3400	3115	3400	3119	3400	3060
23:00 EDT	3400	3300	3400	3033	3400	3003	3400	2984	3400	2993

NPX-1385

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	167	0	0	0	0	0	0	0	0
01:00 EDT	200	167	0	0	0	0	0	0	0	0
02:00 EDT	200	182	0	0	0	0	0	0	0	0
03:00 EDT	200	200	0	0	0	0	0	0	0	0
04:00 EDT	200	200	0	0	0	0	0	0	0	0
05:00 EDT	200	185	0	0	0	0	0	0	0	0
06:00 EDT	200	185	0	0	0	0	0	0	0	0
07:00 EDT	200	200	0	0	0	0	0	0	0	0
08:00 EDT	200	200	0	0	0	0	0	0	0	0
09:00 EDT	200	200	0	0	0	0	0	0	0	0
10:00 EDT	200	185	0	0	0	0	0	0	0	0
11:00 EDT	200	185	0	0	0	0	0	0	0	0
12:00 EDT	200	160	0	0	0	0	0	0	0	0
13:00 EDT	200	160	0	0	0	0	0	0	0	0
14:00 EDT	200	162	0	0	0	0	0	0	0	0
15:00 EDT	200	185	0	0	0	0	0	0	0	0

16:00 EDT	200	185	0	0	0	0	0	0	0	0
17:00 EDT	200	200	0	0	0	0	0	0	0	0
18:00 EDT	200	200	0	0	0	0	0	0	0	0
19:00 EDT	200	200	0	0	0	0	0	0	0	0
20:00 EDT	200	200	0	0	0	0	0	0	0	0
21:00 EDT	200	200	0	0	0	0	0	0	0	0
22:00 EDT	200	200	0	0	0	0	0	0	0	0
23:00 EDT	200	175	0	0	0	0	0	0	0	0

NPX-CSC

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	105	330	0	330	0	330	0	330	0
01:00 EDT	330	105	330	55	330	55	330	55	330	55
02:00 EDT	330	105	330	0	330	0	330	0	330	0
03:00 EDT	330	180	330	46	330	46	330	46	330	46
04:00 EDT	330	255	330	30	330	30	330	30	330	30
05:00 EDT	330	330	330	22	330	22	330	22	330	22
06:00 EDT	330	330	330	30	330	30	330	30	330	30
07:00 EDT	330	255	330	30	330	30	330	30	330	30
08:00 EDT	330	255	330	0	330	0	330	0	330	0
09:00 EDT	330	330	330	30	330	30	330	30	330	30
10:00 EDT	330	330	330	30	330	30	330	30	330	30
11:00 EDT	330	284	330	93	330	93	330	93	330	93
12:00 EDT	330	226	330	0	330	0	330	0	330	0
13:00 EDT	330	245	330	48	330	48	330	48	330	48
14:00 EDT	330	255	330	73	330	73	330	73	330	73
15:00 EDT	330	234	330	104	330	104	330	104	330	104
16:00 EDT	330	255	330	128	330	128	330	128	330	128
17:00 EDT	330	255	330	130	330	130	330	130	330	130
18:00 EDT	330	184	330	130	330	130	330	130	330	130
19:00 EDT	330	173	330	130	330	130	330	130	330	130
20:00 EDT	330	148	330	148	330	148	330	148	330	148
21:00 EDT	330	200	330	99	330	99	330	99	330	99
22:00 EDT	330	277	330	30	330	30	330	30	330	30
23:00 EDT	330	292	330	130	330	130	330	130	330	130

NYISO-HQ

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	552	100	0	100	0	100	0	100	0
01:00 EDT	1000	552	100	0	100	0	100	0	100	0
02:00 EDT	1000	552	100	0	100	0	100	0	100	0
03:00 EDT	1000	619	100	0	100	0	100	0	100	0
04:00 EDT	1000	552	100	0	100	0	100	0	100	0
05:00 EDT	1000	686	100	0	100	0	100	0	100	0
06:00 EDT	1000	552	100	0	100	0	100	0	100	0
07:00 EDT	1000	552	100	0	100	0	100	0	100	0
08:00 EDT	1000	552	400	0	400	0	400	0	400	0
09:00 EDT	1000	552	400	0	400	0	400	0	400	0
10:00 EDT	1000	552	400	0	400	0	400	0	400	0
11:00 EDT	1000	552	400	0	400	0	400	0	400	0
12:00 EDT	1000	552	400	0	400	0	400	0	400	0
13:00 EDT	1000	552	400	0	400	0	400	0	400	0
14:00 EDT	1000	552	400	0	400	0	400	0	400	0
15:00 EDT	1000	552	400	0	400	0	400	0	400	0
16:00 EDT	1000	552	400	0	400	0	400	0	400	0
17:00 EDT	1000	552	400	0	400	0	400	0	400	0

18:00 EDT	1000	552	400	0	400	0	400	0	400	0
19:00 EDT	1000	552	400	0	400	0	400	0	400	0
20:00 EDT	1000	552	100	0	100	0	100	0	100	0
21:00 EDT	1000	552	100	0	100	0	100	0	100	0
22:00 EDT	1000	552	100	0	100	0	100	0	100	0
23:00 EDT	1000	552	100	0	100	0	100	0	100	0

NYISO-IMO

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
01:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
02:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
03:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
04:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
05:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
06:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
07:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
08:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
09:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
10:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
11:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
12:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
13:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
14:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
15:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
16:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
17:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
18:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
19:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
20:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
21:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
22:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
23:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900

NYISO-ISONE

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1039	1600	201	1600	0	1600	192	1600	197
01:00 EDT	1600	805	1600	4	1600	0	1600	0	1600	9
02:00 EDT	1600	559	1600	309	1600	9	1600	309	1600	286
03:00 EDT	1600	556	1600	168	1600	134	1600	274	1600	280
04:00 EDT	1600	618	1600	142	1600	103	1600	112	1600	87
05:00 EDT	1600	694	1600	344	1600	484	1600	183	1600	478
06:00 EDT	1600	763	1600	526	1600	675	1600	540	1600	444
07:00 EDT	1600	695	1600	391	1600	397	1600	493	1600	452
08:00 EDT	1600	299	1600	257	1600	453	1600	541	1600	449
09:00 EDT	1600	184	1600	525	1600	688	1600	710	1600	644
10:00 EDT	1600	664	1600	659	1600	679	1600	978	1600	935
11:00 EDT	1600	678	1600	1015	1600	866	1600	925	1600	897
12:00 EDT	1600	727	1600	685	1600	657	1600	634	1600	608
13:00 EDT	1600	588	1600	854	1600	854	1600	854	1600	853
14:00 EDT	1600	574	1600	797	1600	797	1600	797	1600	796
15:00 EDT	1600	595	1600	433	1600	432	1600	433	1600	433
16:00 EDT	1600	333	1600	294	1600	294	1600	296	1600	296
17:00 EDT	1600	115	1600	268	1600	268	1600	269	1600	269
18:00 EDT	1600	123	1600	548	1600	354	1600	411	1600	410
19:00 EDT	1600	188	1600	432	1600	648	1600	698	1600	401

20:00 EDT	1600	266	1600	98	1600	160	1600	0	1600	0
21:00 EDT	1600	186	1600	0	1600	0	1600	22	1600	241
22:00 EDT	1600	222	1600	0	1600	0	1600	0	1600	51
23:00 EDT	1600	495	1600	348	1600	304	1600	396	1600	361

NYISO-PJM

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6800	3525	6800	3687	6800	3077	6800	3262	6800	3145
01:00 EDT	6800	3556	6800	2898	6800	2629	6800	2676	6800	2659
02:00 EDT	6800	3521	6800	2845	6800	2669	6800	2824	6800	2904
03:00 EDT	6800	3396	6800	2932	6800	2908	6800	3015	6800	3058
04:00 EDT	6800	3517	6800	3130	6800	3086	6800	3116	6800	3184
05:00 EDT	6800	3464	6800	3382	6800	3428	6800	3309	6800	3482
06:00 EDT	6800	3639	6800	3608	6800	3643	6800	3476	6800	3452
07:00 EDT	6800	3605	6800	3436	6800	3482	6800	3408	6800	3290
08:00 EDT	6800	3778	6800	3617	6800	3469	6800	3571	6800	3416
09:00 EDT	6800	3585	6800	3130	6800	3100	6800	3074	6800	3142
10:00 EDT	6800	3743	6800	2957	6800	2897	6800	2812	6800	2786
11:00 EDT	6800	3720	6800	2847	6800	2717	6800	2723	6800	2626
12:00 EDT	6800	3603	6800	2487	6800	2428	6800	2432	6800	2446
13:00 EDT	6800	3359	6800	2643	6800	2509	6800	2498	6800	2583
14:00 EDT	6800	3263	6800	2444	6800	2390	6800	2445	6800	2442
15:00 EDT	6800	3294	6800	2582	6800	2328	6800	2456	6800	2626
16:00 EDT	6800	3411	6800	2643	6800	2662	6800	2653	6800	2623
17:00 EDT	6800	3298	6800	2473	6800	2521	6800	2454	6800	2610
18:00 EDT	6800	3402	6800	2746	6800	2821	6800	2938	6800	2953
19:00 EDT	6800	3298	6800	3150	6800	3317	6800	3359	6800	3264
20:00 EDT	6800	3357	6800	3200	6800	3324	6800	3285	6800	3343
21:00 EDT	6800	3657	6800	3398	6800	3388	6800	3269	6800	3303

22:00 EDT	6800	3704	6800	3130	6800	3198	6800	3245	6800	3215
23:00 EDT	6800	3904	6800	3266	6800	3340	6800	3344	6800	3274

PJM-NEPTUNE

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	800	0	800	172	800	0	800	89	800	0
01:00 EDT	800	0	800	0	800	0	800	0	800	0
02:00 EDT	800	0	800	0	800	0	800	0	800	0
03:00 EDT	800	0	800	0	800	0	800	0	800	0
04:00 EDT	800	0	800	0	800	0	800	0	800	0
05:00 EDT	800	0	800	0	800	0	800	0	800	0
06:00 EDT	800	0	800	0	800	0	800	0	800	0
07:00 EDT	800	0	800	0	800	0	800	0	800	0
08:00 EDT	800	36	800	0	800	0	800	0	800	0
09:00 EDT	800	373	800	0	800	0	800	47	800	118
10:00 EDT	800	448	800	73	800	138	800	141	800	31
11:00 EDT	800	452	800	132	800	181	800	178	800	128
12:00 EDT	800	364	800	28	800	0	800	0	800	0
13:00 EDT	800	145	800	32	800	0	800	0	800	5
14:00 EDT	800	209	800	0	800	0	800	0	800	0
15:00 EDT	800	213	800	127	800	126	800	126	800	123
16:00 EDT	800	222	800	124	800	127	800	136	800	131
17:00 EDT	800	268	800	0	800	0	800	0	800	273
18:00 EDT	800	282	800	185	800	0	800	0	800	0
19:00 EDT	800	0	800	0	800	0	800	0	800	0
20:00 EDT	800	0	800	0	800	119	800	0	800	27
21:00 EDT	800	0	800	0	800	0	800	0	800	0
22:00 EDT	800	0	800	0	800	0	800	0	800	0
23:00 EDT	800	0	800	0	800	0	800	0	800	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	160	660	160	660	160	660	160	660	160
11:00 EDT	660	178	660	178	660	178	660	178	660	178
12:00 EDT	660	310	660	310	660	310	660	310	660	310
13:00 EDT	660	310	660	310	660	310	660	310	660	310
14:00 EDT	660	310	660	310	660	310	660	310	660	310
15:00 EDT	660	310	660	160	660	310	660	174	660	160
16:00 EDT	660	160	660	160	660	75	660	103	660	131
17:00 EDT	660	160	660	160	660	160	660	160	660	160
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	140	315	140	315	140
01:00 EDT	315	0	315	140	315	140	315	140	315	140
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

SCH-VFT_PJM

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2814	4600	3218	4600	3155	4600	3078	4600	3046

01:00 EDT	4600	3018	4600	3257	4600	3301	4600	3273	4600	3303
02:00 EDT	4600	3235	4600	3410	4600	3475	4600	3470	4600	3449
03:00 EDT	4600	3016	4600	3547	4600	3622	4600	3555	4600	3525
04:00 EDT	4600	2971	4600	3686	4600	3684	4600	3709	4600	3692
05:00 EDT	4600	3154	4600	3695	4600	3666	4600	3631	4600	3518
06:00 EDT	4600	3114	4600	3453	4600	3378	4600	3265	4600	3230
07:00 EDT	4600	2844	4600	3195	4600	3130	4600	2990	4600	2866
08:00 EDT	4600	2702	4600	3082	4600	3066	4600	3059	4600	3059
09:00 EDT	4600	2566	4600	2897	4600	2918	4600	2910	4600	2954
10:00 EDT	4600	2344	4600	2779	4600	2752	4600	2710	4600	2786
11:00 EDT	4600	2219	4600	2733	4600	2785	4600	2796	4600	2637
12:00 EDT	4600	2048	4600	2633	4600	2600	4600	2561	4600	2551
13:00 EDT	4600	1950	4600	2589	4600	2430	4600	2449	4600	2585
14:00 EDT	4600	1816	4600	2460	4600	2345	4600	2381	4600	2430
15:00 EDT	4600	1757	4600	2769	4600	2602	4600	2715	4600	2638
16:00 EDT	4600	2300	4600	2636	4600	2665	4600	2677	4600	2675
17:00 EDT	4600	2542	4600	2626	4600	2639	4600	2759	4600	2736
18:00 EDT	4600	2868	4600	2960	4600	2990	4600	2999	4600	3053
19:00 EDT	4600	2947	4600	3175	4600	3141	4600	3109	4600	3102
20:00 EDT	4600	2922	4600	3222	4600	3287	4600	3379	4600	3379
21:00 EDT	4600	3426	4600	3415	4600	3552	4600	3439	4600	3346
22:00 EDT	4600	3537	4600	3313	4600	3307	4600	3275	4600	3246
23:00 EDT	4600	3559	4600	3287	4600	3337	4600	3160	4600	3073

UPNY/CONED

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6165	2946	6065	3574	5945	3346	5945	3232	5945	3200
01:00 EDT	6165	3144	5945	3338	5945	3200	5945	3260	5945	3218
02:00 EDT	6165	3633	5945	3332	5945	3416	5945	3487	5945	3486
03:00 EDT	6165	3511	5945	3584	5945	3710	5945	3657	5945	3664
04:00 EDT	6165	3486	5945	3870	5945	3868	5945	3895	5945	3871
05:00 EDT	6165	3407	5945	3873	5945	3818	5945	3780	5945	3631
06:00 EDT	6165	3205	5945	3534	5945	3433	5945	3339	5945	3417
07:00 EDT	6165	2869	5945	3373	5945	3304	5945	3099	5945	2932
08:00 EDT	6165	2991	5945	3265	5945	3077	5945	3025	5945	3010
09:00 EDT	6165	2923	5945	2823	5945	2883	5945	2893	5945	2989
10:00 EDT	6165	2410	5945	2728	5945	2623	5985	2591	5985	2676
11:00 EDT	6165	2292	5945	2498	5945	2521	5945	2517	5945	2372
12:00 EDT	6165	2102	5945	2388	5945	2375	5945	2369	5945	2327
13:00 EDT	6165	1986	5945	2309	5945	2193	5945	2214	5945	2339
14:00 EDT	6165	1832	5945	2207	5945	2111	5945	2212	5945	2211
15:00 EDT	6165	1733	5945	2548	5945	2371	5945	2493	5945	2399
16:00 EDT	6165	2300	5945	2381	5945	2410	5945	2399	5945	2441
17:00 EDT	6165	2483	5945	2586	5945	2601	5945	2700	5945	2669
18:00 EDT	6165	2867	5945	2866	5945	2894	5945	2894	5945	2934
19:00 EDT	6165	3012	5945	3131	5945	3118	5945	3028	5945	3019
20:00 EDT	6165	3079	5945	3250	5945	3305	5945	3430	5945	3427
21:00 EDT	6165	3406	5945	3551	5945	3665	5945	3488	5945	3362
22:00 EDT	6165	3522	5945	3435	5945	3500	5945	3534	5945	3422
23:00 EDT	6165	3748	5945	3269	5945	3372	5945	3229	5945	3204

WEST CENTRAL

[back to top](#)

Date: 05/21/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	8797	9999	9211	9999	8752	9999	8921	9999	8633
01:00 EDT	9999	8843	9999	8761	9999	8722	9999	8897	9999	8820
02:00 EDT	9999	8805	9999	8842	9999	8704	9999	8879	9999	8826

03:00 EDT	9999	8836	9999	8842	9999	8812	9999	8963	9999	9039
04:00 EDT	9999	8689	9999	8953	9999	8880	9999	8970	9999	9005
05:00 EDT	9999	8590	9999	9085	9999	9153	9999	8998	9999	8992
06:00 EDT	9999	8525	9999	9054	9999	9051	9999	9003	9999	8947
07:00 EDT	9999	8603	9999	8925	9999	9001	9999	9037	9999	8980
08:00 EDT	9999	8769	9999	9049	9999	9011	9999	9103	9999	9098
09:00 EDT	9999	8548	9999	8681	9999	8691	9999	8875	9999	8913
10:00 EDT	9999	8605	9999	8798	9999	8861	9999	8884	9999	8878
11:00 EDT	9999	8597	9999	8863	9999	8896	9999	8880	9999	8857
12:00 EDT	9999	8607	9999	8827	9999	8896	9999	8884	9999	8892
13:00 EDT	9999	8587	9999	9051	9999	8938	9999	8932	9999	9005
14:00 EDT	9999	8520	9999	8908	9999	8904	9999	8903	9999	8853
15:00 EDT	9999	8517	9999	8998	9999	8963	9999	8986	9999	8962
16:00 EDT	9999	8585	9999	8962	9999	8972	9999	8958	9999	8974
17:00 EDT	9999	8654	9999	8998	9999	9022	9999	8984	9999	9026
18:00 EDT	9999	8557	9999	9062	9999	9108	9999	9087	9999	9055
19:00 EDT	9999	8571	9999	9019	9999	9025	9999	8946	9999	9089
20:00 EDT	9999	8523	9999	9099	9999	9078	9999	9059	9999	9009
21:00 EDT	9999	8645	9999	9105	9999	9018	9999	9059	9999	9073
22:00 EDT	9999	8821	9999	8992	9999	8958	9999	9017	9999	9121
23:00 EDT	9999	8770	9999	9014	9999	9022	9999	9034	9999	9046