ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-CHPE
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISONE
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX   back to top   Date: 03/16/2026

Time Stamp	DAM TTC	DAM ATC	HAM TTC xx:00	HAM ATC xx:00	HAM TTC xx:15	HAM ATC xx:15	HAM TTC xx:30	HAM ATC xx:30	HAM TTC xx:45	HAM ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

CEDARS-HQ   back to top   Date: 03/16/2026

Time Stamp	DAM TTC	DAM ATC	HAM TTC xx:00	HAM ATC xx:00	HAM TTC xx:15	HAM ATC xx:15	HAM TTC xx:30	HAM ATC xx:30	HAM TTC xx:45	HAM ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0

Time									
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

CENT EAST   Date: 03/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2985	1029	2910	1042	2910	1172	2910	1169	2910	1192
01:00 EDT	2985	892	2910	784	2910	647	2860	605	2860	628
02:00 EDT	2985	832	2860	700	2860	719	2860	710	2860	751
03:00 EDT	2985	884	2860	658	2860	710	2860	689	2860	655
04:00 EDT	2985	976	2860	699	2860	735	2860	712	2860	726
05:00 EDT	2985	899	2860	1025	2860	1059	2860	1103	2860	914
06:00 EDT	2985	931	2860	1164	2910	1162	2910	1157	2910	1236
07:00 EDT	2985	1040	2910	1214	2910	1109	2910	1031	2910	851
08:00 EDT	2985	885	2910	937	2910	1023	2910	1038	2910	911
09:00 EDT	2985	803	2910	705	2910	785	2910	722	2910	686
10:00 EDT	2985	897	2910	733	2910	762	2910	795	2910	859
11:00 EDT	2985	934	2910	932	2910	913	2910	869	2910	920
12:00 EDT	2985	976	2910	844	2910	873	2910	943	2910	964
13:00 EDT	2985	834	2910	1089	2910	1004	2910	1025	2910	1083
14:00 EDT	2985	856	2910	995	2910	1078	2910	908	2910	906
15:00 EDT	2985	946	2910	913	2910	898	2910	881	2910	995
16:00 EDT	2985	956	2910	1064	2910	1104	2910	989	2910	1032
17:00 EDT	2985	909	2910	1005	2910	1030	2910	1059	2910	1054
18:00 EDT	2985	890	2910	1009	2910	1081	2910	1096	2910	962
19:00 EDT	2985	897	2910	1035	2910	1097	2910	1101	2910	1085
20:00 EDT	2985	918	2910	1060	2910	1178	2910	1351	2910	1384
21:00 EDT	2985	1067	2910	1067	2910	1071	2910	1100	2910	1136
22:00 EDT	2985	1028	2910	1277	2910	1340	2910	1272	2910	1218
23:00 EDT	2985	988	2910	1259	2910	1340	2910	1351	2910	1567

CSC-NPX   Date: 03/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	330	330	330	330	330	330	330	330	330
01:00 EDT	330	330	330	330	330	330	330	330	330	330
02:00 EDT	330	330	330	330	330	330	330	330	330	330
03:00 EDT	330	330	330	330	330	330	330	330	330	330
04:00 EDT	330	330	330	330	330	330	330	330	330	330
05:00 EDT	330	330	330	330	330	330	330	330	330	330
06:00 EDT	330	330	330	330	330	330	330	330	330	330
07:00 EDT	330	330	330	330	330	330	330	330	330	330

Time									
08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST   back to top   Date: 03/16/2026

	DAM		HAM						
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	1130	2850	1637	2850	1637	2850	1552	2850	1585
01:00 EDT	2850	872	2850	1290	2850	1021	2850	1234	2850	1402
02:00 EDT	2850	960	2850	1274	2850	1395	2850	1391	2850	1252
03:00 EDT	2850	967	2850	1318	2850	1175	2850	1209	2850	1262
04:00 EDT	2850	921	2850	1229	2850	1161	2850	1241	2850	1285
05:00 EDT	2850	765	2850	1421	2850	1293	2850	1281	2850	1292
06:00 EDT	2850	886	2850	1372	2850	1576	2850	1411	2850	1339
07:00 EDT	2850	754	2850	1265	2850	1257	2850	1184	2850	1057
08:00 EDT	2850	831	2850	1086	2850	1186	2850	1242	2850	1138
09:00 EDT	2850	919	2850	1151	2850	1329	2850	1241	2850	1205
10:00 EDT	2850	962	2850	1123	2850	1365	2850	1434	2850	1581
11:00 EDT	2850	1041	2850	1585	2850	1560	2850	1501	2850	1504
12:00 EDT	2850	1043	2850	1427	2850	1455	2850	1582	2850	1701
13:00 EDT	2850	1046	2850	1905	2850	1869	2850	1789	2850	1733
14:00 EDT	2850	1028	2850	1795	2850	1786	2850	1625	2850	1592
15:00 EDT	2850	996	2850	1638	2850	1570	2850	1523	2850	1511
16:00 EDT	2850	962	2850	1545	2850	1444	2850	1418	2850	1419
17:00 EDT	2850	842	2850	1309	2850	1442	2850	1358	2850	1326
18:00 EDT	2850	710	2850	1294	2850	1168	2850	1214	2850	1206
19:00 EDT	2850	738	2850	1159	2850	1300	2850	1172	2850	1137
20:00 EDT	2850	758	2850	1198	2850	1254	2850	1344	2850	1325
21:00 EDT	2850	760	2850	1198	2850	1049	2850	1161	2850	1212
22:00 EDT	2850	897	2850	1511	2850	1603	2850	1620	2850	1571
23:00 EDT	2850	898	2850	1705	2850	1917	2850	1854	2850	1908

HQ-CEDARS   back to top   Date: 03/16/2026

	DAM		HAM						
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	40	40	40	40	40	40	40	40	40
01:00 EDT	40	40	40	40	40	40	40	40	40	40
02:00 EDT	40	40	40	40	40	40	40	40	40	40
03:00 EDT	40	40	40	40	40	40	40	40	40	40
04:00 EDT	40	40	40	40	40	40	40	40	40	40
05:00 EDT	40	40	40	40	40	40	40	40	40	40
06:00 EDT	40	40	40	40	40	40	40	40	40	40
07:00 EDT	40	40	40	40	40	40	40	40	40	40
08:00 EDT	40	40	40	40	40	40	40	40	40	40
09:00 EDT	40	40	40	40	40	40	40	40	40	40

Time Stamp									
10:00 EDT	40	40	40	40	40	40	40	40	40	40
11:00 EDT	40	40	40	40	40	40	40	40	40	40
12:00 EDT	40	40	40	40	40	40	40	40	40	40
13:00 EDT	40	40	40	40	40	40	40	40	40	40
14:00 EDT	40	40	40	40	40	40	40	40	40	40
15:00 EDT	40	40	40	40	40	40	40	40	40	40
16:00 EDT	40	40	40	40	40	40	40	40	40	40
17:00 EDT	40	40	40	40	40	40	40	40	40	40
18:00 EDT	40	40	40	40	40	40	40	40	40	40
19:00 EDT	40	40	40	40	40	40	40	40	40	40
20:00 EDT	40	40	40	40	40	40	40	40	40	40
21:00 EDT	40	40	40	40	40	40	40	40	40	40
22:00 EDT	40	40	40	40	40	40	40	40	40	40
23:00 EDT	40	40	40	40	40	40	40	40	40	40

HQ-CHPE   Date: 03/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

HQ-NYISO   Date: 03/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

Time Stamp									
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO   back to top   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	965	2200	950	2200	950	2200	950	2200	950
01:00 EDT	2200	486	2200	353	2200	353	2200	353	2200	353
02:00 EDT	2200	510	2200	301	2200	297	2200	297	2200	301
03:00 EDT	2200	561	2200	332	2200	332	2200	332	2200	332
04:00 EDT	2200	442	2200	301	2200	301	2200	301	2200	301
05:00 EDT	2200	707	2200	416	2200	416	2200	416	2200	416
06:00 EDT	1150	0	2200	1050	2200	1051	1150	1	1150	0
07:00 EDT	1150	236	1150	250	1150	251	1150	251	1150	251
08:00 EDT	1150	77	1150	265	1150	266	1150	265	1150	265
09:00 EDT	1150	134	1150	253	1150	253	1150	253	1150	253
10:00 EDT	1150	52	1150	1	1150	1	1150	1	1150	1
11:00 EDT	1150	97	1150	170	1150	170	1150	170	1150	170
12:00 EDT	1150	51	1150	1	1150	1	1150	1	1150	1
13:00 EDT	1150	107	1150	202	1150	202	1150	202	1150	202
14:00 EDT	1150	62	1150	252	1150	252	1150	251	1150	251
15:00 EDT	1150	100	1150	224	1150	224	1150	225	1150	225
16:00 EDT	1150	112	1150	180	1150	180	1150	180	1150	180
17:00 EDT	1150	31	1150	152	1150	152	1150	152	1150	152
18:00 EDT	1150	54	1150	81	1150	81	1150	81	1150	81
19:00 EDT	1150	0	1150	73	1150	73	1150	73	1150	73
20:00 EDT	1150	62	1150	304	1150	304	1150	304	1150	304
21:00 EDT	1150	0	1150	46	1150	46	1150	46	1150	46
22:00 EDT	1150	0	1150	1	1150	1	1150	1	1150	1
23:00 EDT	1150	0	1150	300	1150	301	1150	300	1150	301

ISONE-NYISO   back to top   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

Time Stamp									
14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1168
19:00 EDT	1400	1200	1400	1200	1400	1152	1400	1169	1400	1200
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3400	3300	3400	3274	3400	3300	3400	3300	3400	3300
01:00 EDT	3400	3300	3400	3300	3400	3300	3400	3275	3400	3281
02:00 EDT	3400	3300	3400	3300	3400	3269	3400	3262	3400	3300
03:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
04:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
05:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
06:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
07:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
08:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
09:00 EDT	3400	3223	3400	3213	3400	3232	3400	3287	3400	3300
10:00 EDT	3400	3300	3400	3300	3400	3300	3400	3265	3400	3277
11:00 EDT	3400	3300	3400	3279	3400	3242	3400	3228	3400	3300
12:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
13:00 EDT	3400	3252	3400	3300	3400	3299	3400	3297	3400	3300
14:00 EDT	3400	3226	3400	3235	3400	3234	3400	3300	3400	3263
15:00 EDT	3400	3259	3400	3224	3400	3298	3400	3294	3400	3300
16:00 EDT	3400	3199	3400	3242	3400	3181	3400	3126	3400	3181
17:00 EDT	3400	3300	3400	3272	3400	3278	3400	3296	3400	3252
18:00 EDT	3400	3160	3400	3071	3400	3066	3400	3111	3400	3063
19:00 EDT	3400	3212	3400	3300	3400	3300	3400	3300	3400	3300
20:00 EDT	3400	3182	3400	3264	3400	3300	3400	3300	3400	3300
21:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
22:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300
23:00 EDT	3400	3300	3400	3300	3400	3300	3400	3300	3400	3300

NPX-1385 Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0

Time Stamp									
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NPX-CSC   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	100	330	100	330	100	330	100	330	100
01:00 EDT	330	100	330	100	330	100	330	100	330	100
02:00 EDT	330	100	330	100	330	100	330	100	330	100
03:00 EDT	330	100	330	100	330	100	330	100	330	100
04:00 EDT	330	100	330	100	330	100	330	100	330	100
05:00 EDT	330	99	330	100	330	100	330	100	330	100
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	175	330	125	330	125	330	125	330	125
11:00 EDT	330	175	330	125	330	125	330	125	330	125
12:00 EDT	330	175	330	147	330	147	330	147	330	147
13:00 EDT	330	156	330	137	330	137	330	137	330	137
14:00 EDT	330	175	330	175	330	175	330	175	330	175
15:00 EDT	330	100	330	100	330	100	330	100	330	100
16:00 EDT	330	100	330	80	330	80	330	80	330	80
17:00 EDT	330	100	330	50	330	50	330	50	330	50
18:00 EDT	330	100	330	50	330	50	330	50	330	50
19:00 EDT	330	100	330	50	330	50	330	50	330	50
20:00 EDT	330	100	330	50	330	50	330	50	330	50
21:00 EDT	330	175	330	150	330	150	330	150	330	150
22:00 EDT	330	175	330	150	330	150	330	150	330	150
23:00 EDT	330	100	330	50	330	50	330	50	330	50

NYISO-HQ   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	900	463	900	247	900	0	900	0	900	0
01:00 EDT	900	339	900	108	900	121	900	121	900	121
02:00 EDT	900	463	900	81	900	94	900	94	900	94
03:00 EDT	900	370	900	125	900	94	900	94	900	94
04:00 EDT	900	215	900	0	900	0	900	0	900	0
05:00 EDT	900	215	900	0	900	0	900	0	900	0
06:00 EDT	900	339	900	8	900	7	900	7	900	7
07:00 EDT	900	215	900	0	985	68	985	68	985	68
08:00 EDT	900	215	985	1	985	1	985	1	985	1
09:00 EDT	900	311	985	109	985	110	985	110	985	110
10:00 EDT	900	306	985	90	985	90	985	90	985	90
11:00 EDT	900	215	985	0	985	0	985	0	985	0
12:00 EDT	900	215	985	0	985	0	985	0	985	0
13:00 EDT	900	339	985	83	985	83	985	83	985	83
14:00 EDT	900	398	985	190	985	142	900	57	900	57
15:00 EDT	900	376	900	91	900	43	900	43	900	43
16:00 EDT	900	463	900	61	900	63	900	63	900	63
17:00 EDT	900	215	900	0	900	0	900	0	900	0

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
18:00 EDT	900	339	900	205	900	205	900	205	900	205
19:00 EDT	900	339	900	0	900	0	900	0	900	0
20:00 EDT	900	463	900	82	900	82	900	82	900	82
21:00 EDT	900	463	900	263	900	263	900	263	900	263
22:00 EDT	900	463	900	204	900	204	900	204	900	204
23:00 EDT	900	463	900	0	900	0	900	0	985	39

NYISO-IMO   Date: 03/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1000	700	1850	1550	1850	1550	1000	700	1000	700
07:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
08:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
09:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
10:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
11:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
12:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
13:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
14:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
15:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
16:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
17:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
18:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
19:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
20:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
21:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
22:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
23:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700

NYISO-ISONE   Date: 03/16/2026

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	0	1800	685	1800	636	1800	551	1800	561
01:00 EDT	1800	0	1800	510	1800	348	1800	190	1800	314
02:00 EDT	1800	59	1800	244	1800	218	1800	199	1800	199
03:00 EDT	1800	0	1800	228	1800	226	1800	198	1800	184
04:00 EDT	1800	0	1800	308	1800	540	1800	400	1800	494
05:00 EDT	1800	0	1800	607	1800	696	1800	612	1800	510
06:00 EDT	1800	0	1800	647	1800	767	1800	822	1800	729
07:00 EDT	1800	54	1800	635	1800	476	1800	432	1800	397
08:00 EDT	1800	0	1800	647	1800	646	1800	704	1800	672
09:00 EDT	1800	194	1800	456	1800	753	1800	452	1800	375
10:00 EDT	1800	322	1800	673	1800	718	1800	808	1800	926
11:00 EDT	1800	269	1800	921	1800	926	1800	1071	1800	1185
12:00 EDT	1800	369	1800	1109	1800	1175	1800	1024	1800	1024
13:00 EDT	1800	390	1800	1192	1800	1137	1800	1138	1800	1227
14:00 EDT	1800	474	1800	1108	1800	1183	1800	1006	1800	962
15:00 EDT	1800	519	1800	884	1800	951	1800	993	1800	1137
16:00 EDT	1800	536	1800	1435	1800	1426	1800	1309	1800	1225
17:00 EDT	1800	345	1800	981	1800	1257	1800	1283	1800	1307
18:00 EDT	1800	552	1800	1362	1800	1509	1800	1478	1800	1600
19:00 EDT	1800	636	1800	1446	1800	1600	1800	1600	1800	1460

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
20:00 EDT	1800	568	1800	1371	1800	1468	1800	1564	1800	1556
21:00 EDT	1800	644	1800	1460	1800	1419	1800	1320	1800	1271
22:00 EDT	1800	612	1800	1510	1800	1509	1800	1386	1800	1321
23:00 EDT	1800	174	1800	1118	1800	1118	1800	1109	1800	1117

NYISO-PJM Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	3859	7550	3976	7550	4160	7550	4153	7550	4152
01:00 EDT	7550	3720	7550	3649	7550	3291	7550	3276	7550	3169
02:00 EDT	7550	3676	7550	3149	7550	3211	7550	3205	7550	3179
03:00 EDT	7550	3784	7550	3016	7550	3038	7550	3030	7550	3017
04:00 EDT	7550	3946	7550	3040	7550	3065	7550	3048	7550	3075
05:00 EDT	7550	3856	7550	3611	7550	3641	7550	3534	7550	3550
06:00 EDT	7550	3755	7550	3720	7550	3741	7550	3872	7550	3947
07:00 EDT	7550	3861	7550	3882	7550	3750	7550	3679	7550	3259
08:00 EDT	7550	3788	7550	3568	7550	3646	7550	3624	7550	3474
09:00 EDT	7550	3412	7550	3063	7550	3253	7550	2990	7550	2907
10:00 EDT	7550	3558	7550	2988	7550	2987	7550	3033	7550	3113
11:00 EDT	7550	3553	7550	3172	7550	3122	7550	3081	7550	3093
12:00 EDT	7550	3566	7550	3030	7550	3065	7550	3141	7550	3198
13:00 EDT	7550	3311	7550	3285	7550	3252	7550	3245	7550	3242
14:00 EDT	7550	3366	7550	3085	7550	3160	7550	3005	7550	3041
15:00 EDT	7550	3629	7550	2938	7550	3001	7550	2997	7550	3162
16:00 EDT	7550	3746	7550	3541	7550	3570	7550	3655	7550	3740
17:00 EDT	7550	3617	7550	3590	7550	3711	7550	3647	7550	3776
18:00 EDT	7550	3806	7550	3905	7550	3944	7550	3939	7550	3996
19:00 EDT	7550	3817	7550	3807	7550	4088	7550	3987	7550	3908
20:00 EDT	7550	3881	7550	3976	7550	4065	7550	4234	7550	4296
21:00 EDT	7550	4172	7550	3930	7550	3924	7550	3858	7550	3889

| 22:00 EDT | 7550 | 4105 | 7550 | 4170 | 7550 | 4225 | 7550 | 4256 | 7550 | 4179 |
| 23:00 EDT | 7550 | 3921 | 7550 | 4168 | 7550 | 4281 | 7550 | 4395 | 7550 | 4409 |

PJM-NEPTUNE Date: 03/16/2026

| | DAM | | HAM | | | | | | | |
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	10
01:00 EDT	660	0	660	10	660	10	660	10	660	10
02:00 EDT	660	0	660	10	660	10	660	10	660	10
03:00 EDT	660	0	660	10	660	10	660	10	660	10
04:00 EDT	660	0	660	10	660	10	660	10	660	10
05:00 EDT	660	0	660	10	660	10	660	10	660	10
06:00 EDT	660	0	660	10	660	10	660	10	660	10
07:00 EDT	660	0	660	10	660	10	660	10	660	10
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

PJM-NYISO Date: 03/16/2026

| | DAM | | HAM | | | | | | | |
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	400	2400	164	2400	159	2400	168	2400	168
01:00 EDT	2400	563	2400	431	2400	331	2400	333	2400	334
02:00 EDT	2400	720	2400	225	2400	226	2400	226	2400	219
03:00 EDT	2400	750	2400	259	2400	256	2400	258	2400	254
04:00 EDT	2400	733	2400	206	2400	206	2400	215	2400	210
05:00 EDT	2400	702	2400	332	2400	225	2400	169	2400	172
06:00 EDT	2400	531	2400	37	2400	32	2400	39	2400	39
07:00 EDT	2400	327	2400	47	2400	0	2400	0	2400	0
08:00 EDT	2400	647	2400	149	2400	175	2400	169	2400	147
09:00 EDT	2400	297	2400	0	2400	0	2400	0	2400	0
10:00 EDT	2400	373	2400	45	2400	43	2400	47	2400	47
11:00 EDT	2400	323	2400	48	2400	0	2400	0	2400	0
12:00 EDT	2400	229	2400	215	2400	317	2400	231	2400	163
13:00 EDT	2400	270	2400	64	2400	0	2400	42	2400	0
14:00 EDT	2400	260	2400	0	2400	0	2400	0	2400	106
15:00 EDT	2400	379	2400	67	2400	90	2400	54	2400	54
16:00 EDT	2400	600	2400	556	2400	560	2400	567	2400	561
17:00 EDT	2400	457	2400	225	2400	228	2400	222	2400	344
18:00 EDT	2400	742	2400	838	2400	886	2400	841	2400	840
19:00 EDT	2400	742	2400	426	2400	472	2400	475	2400	469
20:00 EDT	2400	805	2400	441	2400	436	2400	435	2400	432
21:00 EDT	2400	963	2400	465	2400	465	2400	463	2400	464
22:00 EDT	2400	975	2400	488	2400	486	2400	488	2400	491
23:00 EDT	2400	509	2400	0	2400	0	2400	0	2400	0

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	160	660	130	660	0	660	99	660	160
01:00 EDT	660	160	660	160	660	160	660	160	660	160
02:00 EDT	660	160	660	160	660	160	660	160	660	160
03:00 EDT	660	160	660	160	660	160	660	160	660	160
04:00 EDT	660	310	660	310	660	310	660	310	660	310
05:00 EDT	660	310	660	310	660	310	660	310	660	310
06:00 EDT	660	310	0	0	0	0	0	0	0	0
07:00 EDT	660	160	0	0	0	0	0	0	0	0
08:00 EDT	660	0	0	0	0	0	0	0	0	0
09:00 EDT	660	0	0	0	0	0	0	0	0	0
10:00 EDT	660	0	0	0	0	0	0	0	0	0
11:00 EDT	660	0	0	0	0	0	0	0	0	0
12:00 EDT	660	0	0	0	0	0	0	0	0	0
13:00 EDT	660	0	0	0	0	0	0	0	0	0
14:00 EDT	660	0	0	0	0	0	0	0	0	0
15:00 EDT	660	0	0	0	0	0	0	0	0	0
16:00 EDT	660	0	0	0	0	0	0	0	0	0
17:00 EDT	660	0	0	0	0	0	0	0	0	0
18:00 EDT	660	0	0	0	0	0	0	0	0	0
19:00 EDT	660	133	0	0	0	0	0	0	0	0
20:00 EDT	660	154	0	0	0	0	0	0	0	0
21:00 EDT	660	0	0	0	0	0	0	0	0	0
22:00 EDT	660	0	0	0	0	0	0	0	0	0
23:00 EDT	660	0	0	0	0	0	0	0	0	0

DAM	HAM

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	7	315	0	315	0	315	15	315	15
01:00 EDT	315	7	315	15	315	15	315	15	315	15
02:00 EDT	315	7	315	15	315	15	315	15	315	15
03:00 EDT	315	7	315	15	315	15	315	15	315	15
04:00 EDT	315	7	315	15	315	15	315	15	315	15
05:00 EDT	315	7	315	15	315	15	315	15	315	15
06:00 EDT	315	7	315	15	315	15	315	15	315	15
07:00 EDT	315	7	315	15	315	15	315	15	315	15
08:00 EDT	315	7	315	15	315	15	315	15	315	15
09:00 EDT	315	7	315	15	315	15	315	15	315	15
10:00 EDT	315	7	315	15	315	15	315	15	315	15
11:00 EDT	315	7	315	15	315	15	315	15	315	15
12:00 EDT	315	0	315	15	315	15	315	15	315	15
13:00 EDT	315	0	315	15	315	15	315	15	315	15
14:00 EDT	315	0	315	15	315	15	315	15	315	15
15:00 EDT	315	0	315	15	315	15	315	15	315	15
16:00 EDT	315	0	315	15	315	15	315	15	315	15
17:00 EDT	315	0	315	15	315	15	315	15	315	15
18:00 EDT	315	7	315	15	315	15	315	15	315	15
19:00 EDT	315	7	315	15	315	15	315	15	315	15
20:00 EDT	315	7	315	15	315	15	315	15	315	15
21:00 EDT	315	7	315	15	315	15	315	15	315	15
22:00 EDT	315	7	315	15	315	15	315	15	315	15
23:00 EDT	315	7	315	15	315	15	315	15	315	15

SCH-VFT_PJM   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2944	4600	2631	4600	2805	4600	2747	4600	2714

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
01:00 EDT	4600	3249	4600	2713	4600	2595	4600	2689	4600	2726
02:00 EDT	4600	3289	4600	2771	4600	2800	4600	2821	4600	2782
03:00 EDT	4600	3478	4600	2889	4600	2922	4600	2934	4600	2893
04:00 EDT	4600	3267	4600	2747	4600	2671	4600	2709	4600	2697
05:00 EDT	4600	2933	4600	2521	4600	2449	4600	2507	4600	2390
06:00 EDT	4600	2622	4600	2244	4600	2139	4600	2005	4600	1981
07:00 EDT	4600	2699	4600	2010	4600	1878	4600	1852	4600	1870
08:00 EDT	4600	2504	4600	1859	4600	1886	4600	1824	4600	1751
09:00 EDT	4600	2193	4600	1713	4600	1582	4600	1638	4600	1645
10:00 EDT	4600	2404	4600	1672	4600	1662	4600	1637	4600	1652
11:00 EDT	4600	2485	4600	1647	4600	1568	4600	1595	4600	1558
12:00 EDT	4600	2370	4600	1707	4600	1637	4600	1789	4600	1820
13:00 EDT	4600	2350	4600	2009	4600	1859	4600	1931	4600	1912
14:00 EDT	4600	2368	4600	1846	4600	1959	4600	1942	4600	1980
15:00 EDT	4600	2331	4600	1841	4600	1959	4600	1887	4600	1837
16:00 EDT	4600	2353	4600	1872	4600	1990	4600	1976	4600	2024
17:00 EDT	4600	2144	4600	1952	4600	1918	4600	1919	4600	1889
18:00 EDT	4600	2255	4600	1911	4600	1912	4600	1908	4600	1810
19:00 EDT	4600	2108	4600	1815	4600	1843	4600	1829	4600	1923
20:00 EDT	4600	2223	4600	1903	4600	1988	4600	2072	4600	2087
21:00 EDT	4600	2582	4600	2133	4600	2112	4600	2075	4600	2060
22:00 EDT	4600	2616	4600	2108	4600	2108	4600	2122	4600	2151
23:00 EDT	4600	2891	4600	2394	4600	2468	4600	2462	4600	2502

UPNY/CONED   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6615	4023	6335	3242	6335	3428	6335	3431	6335	3421
01:00 EDT	6615	4408	6335	3432	6335	3350	6335	3487	6335	3555
02:00 EDT	6615	4508	6335	3622	6335	3670	6335	3713	6335	3685
03:00 EDT	6615	4713	6335	3783	6335	3825	6335	3829	6335	3799
04:00 EDT	6615	4455	6335	3694	6335	3612	6335	3637	6335	3590
05:00 EDT	6615	4043	6335	3325	6335	3274	6335	3304	6335	3185
06:00 EDT	6615	3595	6335	3131	6335	2977	6335	2777	6335	2746
07:00 EDT	6615	3925	6335	2973	6335	2818	6335	2781	6335	2695
08:00 EDT	6615	3481	6335	2749	6335	2778	6335	2715	6335	2580
09:00 EDT	6615	2904	6335	2605	6335	2435	6335	2510	6335	2510
10:00 EDT	6615	2795	6335	2308	6335	2273	6335	2114	6335	2070
11:00 EDT	6615	2763	6335	2081	6335	2112	6335	1957	6335	1893
12:00 EDT	6615	2682	6335	1933	6335	1803	6335	2003	6335	2062
13:00 EDT	6615	2657	6335	2290	6335	2263	6335	2315	6335	2219
14:00 EDT	6615	2664	6335	2187	6335	2280	6335	2261	6335	2317
15:00 EDT	6615	2659	6335	2259	6335	2248	6335	2067	6335	2082
16:00 EDT	6615	2777	6335	2132	6335	2271	6335	2275	6335	2438
17:00 EDT	6615	2701	6335	2473	6335	2356	6335	2310	6335	2276
18:00 EDT	6615	2806	6335	2310	6335	2268	6335	2271	6335	2129
19:00 EDT	6615	2715	6335	2118	6335	2122	6335	2105	6335	2257
20:00 EDT	6615	2795	6335	2321	6335	2435	6335	2560	6335	2614
21:00 EDT	6615	3144	6335	2512	6335	2525	6335	2559	6335	2605
22:00 EDT	6615	3099	6335	2566	6335	2587	6335	2673	6335	2612
23:00 EDT	6615	3638	6335	2898	6335	3011	6335	3068	6335	3170

WEST CENTRAL   Date: 03/16/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	8679	9999	9188	9999	9169	9999	9088	9999	9121
01:00 EDT	9999	8422	9999	8832	9999	8574	9999	8754	9999	8894
02:00 EDT	9999	8408	9999	8791	9999	8901	9999	8884	9999	8753

03:00 EDT	9999	8416	9999	8818	9999	8687	9999	8724	9999	8778
04:00 EDT	9999	8390	9999	8744	9999	8688	9999	8761	9999	8820
05:00 EDT	9999	8341	9999	8974	9999	8875	9999	8878	9999	8902
06:00 EDT	9999	8554	9999	9027	9999	9219	9999	9105	9999	9043
07:00 EDT	9999	8466	9999	8985	9999	8998	9999	8924	9999	8814
08:00 EDT	9999	8457	9999	8852	9999	8917	9999	8977	9999	8855
09:00 EDT	9999	8552	9999	8851	9999	9047	9999	8927	9999	8943
10:00 EDT	9999	8648	9999	8837	9999	9048	9999	9152	9999	9284
11:00 EDT	9999	8686	9999	9288	9999	9272	9999	9234	9999	9246
12:00 EDT	9999	8710	9999	9102	9999	9064	9999	9123	9999	9277
13:00 EDT	9999	8681	9999	9500	9999	9461	9999	9379	9999	9325
14:00 EDT	9999	8678	9999	9346	9999	9327	9999	9105	9999	9112
15:00 EDT	9999	8751	9999	9208	9999	9194	9999	9157	9999	9165
16:00 EDT	9999	8712	9999	9255	9999	9178	9999	9160	9999	9191
17:00 EDT	9999	8589	9999	9105	9999	9227	9999	9180	9999	9161
18:00 EDT	9999	8524	9999	9126	9999	9002	9999	9056	9999	9065
19:00 EDT	9999	8498	9999	9035	9999	9173	9999	9047	9999	9011
20:00 EDT	9999	8535	9999	9047	9999	9078	9999	9143	9999	9141
21:00 EDT	9999	8555	9999	9008	9999	8845	9999	8923	9999	8967
22:00 EDT	9999	8594	9999	9239	9999	9308	9999	9315	9999	9262
23:00 EDT	9999	8547	9999	9372	9999	9565	9999	9492	9999	9537