

12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 03/14/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	905	2200	906	2200	906	2200	906	2200	906
01:00 EDT	2200	869	2200	761	2200	761	2200	761	2200	761
02:00 EDT	2200	753	2200	351	2200	351	2200	351	2200	351
03:00 EDT	2200	946	2200	739	2200	739	2200	739	2200	739
04:00 EDT	2200	986	2200	803	2200	733	2200	733	2200	733
05:00 EDT	2200	1067	2200	1032	2200	964	2200	964	2200	964
06:00 EDT	2200	1391	2200	1335	2200	1335	2200	1335	2200	1335
07:00 EDT	2200	1536	2200	1742	2200	1742	2200	1742	2200	1742
08:00 EDT	2200	1606	2200	1801	2200	1801	2200	1801	2200	1800
09:00 EDT	2200	1701	2200	1817	2200	1750	2200	1750	2200	1750
10:00 EDT	2200	1696	2200	1550	2200	1550	2200	1550	2200	1550
11:00 EDT	2200	1596	2200	1485	2200	1485	2200	1485	2200	1485
12:00 EDT	2200	1639	2200	1601	2200	1600	2200	1601	2200	1601
13:00 EDT	2200	1596	2200	1550	2200	1551	2200	1550	2200	1550
14:00 EDT	2200	1695	2200	1574	2200	1574	2200	1574	2200	1574
15:00 EDT	2200	1696	2200	1601	2200	1601	2200	1601	2200	1601
16:00 EDT	2200	1796	2200	1749	2200	1749	2200	1749	2200	1750
17:00 EDT	2200	1745	2200	1801	2200	1801	2200	1801	2200	1801
18:00 EDT	2200	1714	2200	1614	2200	1614	2200	1614	2200	1614
19:00 EDT	2200	1470	2200	1764	2200	1764	2200	1764	2200	1763
20:00 EDT	2200	1470	2200	1776	2200	1777	2200	1777	2200	1777
21:00 EDT	2200	1470	2200	1632	2200	1631	2200	1632	2200	1632
22:00 EDT	2200	1440	2200	1284	2200	1284	2200	1284	2200	1284
23:00 EDT	2200	1240	2200	1354	2200	1354	2200	1354	2200	1353

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1135	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1190	990	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	255	330	180	330	180	330	180	330	180
01:00 EDT	330	255	330	130	330	130	330	130	330	130
02:00 EDT	330	255	330	130	330	130	330	130	330	130
03:00 EDT	330	255	330	130	330	130	330	130	330	130
04:00 EDT	330	255	330	130	330	130	330	130	330	130
05:00 EDT	330	255	330	130	330	130	330	130	330	130
06:00 EDT	330	255	330	130	330	130	330	130	330	130
07:00 EDT	330	150	330	100	330	100	330	100	330	100
08:00 EDT	330	150	330	50	330	50	330	50	330	50
09:00 EDT	330	150	330	50	330	50	330	50	330	50
10:00 EDT	330	150	330	50	330	50	330	50	330	50
11:00 EDT	330	150	330	98	330	98	330	98	330	98
12:00 EDT	330	150	330	100	330	100	330	100	330	100
13:00 EDT	330	150	330	50	330	50	330	50	330	50
14:00 EDT	330	150	330	50	330	50	330	50	330	50
15:00 EDT	330	150	330	100	330	100	330	100	330	100
16:00 EDT	330	75	330	50	330	50	330	50	330	50
17:00 EDT	330	75	330	75	330	75	330	75	330	75
18:00 EDT	330	75	330	75	330	75	330	75	330	75
19:00 EDT	330	75	330	75	330	75	330	75	330	75
20:00 EDT	330	75	330	25	330	25	330	25	330	25
21:00 EDT	330	75	330	75	330	75	330	75	330	75
22:00 EDT	330	150	330	128	330	128	330	128	330	128
23:00 EDT	330	150	330	75	330	75	330	75	330	75

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	300	900	0	900	0	900	0	900	0
01:00 EDT	1000	349	900	0	900	1	900	1	900	1
02:00 EDT	1000	300	900	0	900	0	900	0	900	0
03:00 EDT	1000	300	900	0	900	0	900	0	900	0
04:00 EDT	1000	300	900	0	900	0	900	0	900	0
05:00 EDT	1000	300	900	0	900	0	900	0	900	0
06:00 EDT	1000	350	900	0	900	0	900	0	900	0
07:00 EDT	1000	350	900	0	900	0	900	0	900	0
08:00 EDT	1000	360	900	0	900	0	900	0	900	0
09:00 EDT	1000	320	900	15	900	0	900	0	900	0
10:00 EDT	1000	330	900	5	900	0	900	0	900	0
11:00 EDT	1000	350	900	0	900	0	900	0	900	0
12:00 EDT	1000	350	900	0	900	0	900	0	900	0
13:00 EDT	1000	350	900	0	900	0	900	0	900	0
14:00 EDT	1000	350	900	0	900	0	900	0	900	0
15:00 EDT	1000	350	900	0	900	0	900	0	900	0
16:00 EDT	1000	350	900	0	900	0	900	0	900	0
17:00 EDT	1000	350	900	0	900	0	900	0	900	0

18:00 EDT	1000	350	900	0	900	9	900	9	900	9
19:00 EDT	1000	350	900	0	900	0	900	0	900	0
20:00 EDT	1000	350	900	0	900	0	900	0	900	0
21:00 EDT	1000	350	900	0	900	0	900	0	900	0
22:00 EDT	1000	350	900	0	900	0	900	0	900	0
23:00 EDT	1000	350	900	0	900	0	900	0	900	0

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
07:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
08:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
09:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
10:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
11:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
15:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	880	1800	1600	1800	1424	1800	1186	1800	1442
01:00 EDT	1800	916	1800	1412	1800	1498	1800	1502	1800	1447
02:00 EDT	1800	760	1800	1406	1800	1265	1800	1253	1800	1270
03:00 EDT	1800	824	1800	1255	1800	1206	1800	1195	1800	1246
04:00 EDT	1800	674	1800	1297	1800	1221	1800	1279	1800	1233
05:00 EDT	1800	509	1800	1222	1800	1278	1800	1249	1800	1106
06:00 EDT	1800	617	1800	997	1800	1106	1800	999	1800	794
07:00 EDT	1800	546	1800	543	1800	663	1800	730	1800	690
08:00 EDT	1800	843	1800	517	1800	451	1800	711	1800	736
09:00 EDT	1800	977	1800	708	1800	752	1800	985	1800	1130
10:00 EDT	1800	789	1800	1092	1800	1149	1800	1149	1800	971
11:00 EDT	1800	857	1800	1089	1800	1054	1800	1031	1800	936
12:00 EDT	1800	658	1800	1032	1800	1091	1800	1025	1800	1054
13:00 EDT	1800	382	1800	891	1800	845	1800	947	1800	958
14:00 EDT	1800	478	1800	712	1800	875	1800	874	1800	875
15:00 EDT	1800	141	1800	658	1800	687	1800	419	1800	718
16:00 EDT	1800	278	1800	1019	1800	1012	1800	841	1800	853
17:00 EDT	1800	256	1800	1157	1800	892	1800	968	1800	857
18:00 EDT	1800	727	1800	883	1800	1039	1800	1288	1800	1342
19:00 EDT	1800	1163	1800	1514	1800	1435	1800	1543	1800	1542

20:00 EDT	1800	1600	1800	1291	1800	1308	1800	1306	1800	1600
21:00 EDT	1800	1391	1800	1304	1800	1343	1800	1270	1800	1287
22:00 EDT	1800	1590	1800	1428	1800	1453	1800	1396	1800	1600
23:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600

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	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

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	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4130	7550	4560	7550	4674	7550	4681	7550	4666
01:00 EDT	7550	4094	7550	4318	7550	4443	7550	4231	7550	4366
02:00 EDT	7550	4087	7550	4156	7550	4159	7550	4232	7550	4143
03:00 EDT	7550	4225	7550	4331	7550	4329	7550	4271	7550	4408
04:00 EDT	7550	4331	7550	4458	7550	4386	7550	4506	7550	4438
05:00 EDT	7550	4279	7550	4745	7550	4750	7550	4687	7550	4530
06:00 EDT	7550	4321	7550	4622	7550	4605	7550	4494	7550	4468
07:00 EDT	7550	4637	7550	4481	7550	4671	7550	4678	7550	4712
08:00 EDT	7550	4465	7550	4627	7550	4564	7550	4805	7550	4420
09:00 EDT	7550	4569	7550	4465	7550	4437	7550	4546	7550	4596
10:00 EDT	7550	4760	7550	4526	7550	4552	7550	4526	7550	4584
11:00 EDT	7550	4308	7550	4462	7550	4363	7550	4406	7550	4377
12:00 EDT	7550	4330	7550	4458	7550	4508	7550	4465	7550	4335
13:00 EDT	7550	4122	7550	4029	7550	3981	7550	4015	7550	3956
14:00 EDT	7550	4348	7550	3812	7550	3879	7550	3848	7550	3760
15:00 EDT	7550	4192	7550	4134	7550	4091	7550	3898	7550	4111
16:00 EDT	7550	4216	7550	4070	7550	4201	7550	4148	7550	4138
17:00 EDT	7550	3981	7550	4265	7550	4148	7550	4184	7550	4056
18:00 EDT	7550	4220	7550	4386	7550	4393	7550	4474	7550	4541
19:00 EDT	7550	4254	7550	4825	7550	4903	7550	5056	7550	5081
20:00 EDT	7550	4611	7550	4905	7550	4967	7550	5013	7550	5511
21:00 EDT	7550	4519	7550	5092	7550	4938	7550	4873	7550	4777

22:00 EDT	7550	4729	7550	4832	7550	4840	7550	4752	7550	5060
23:00 EDT	7550	5176	7550	5522	7550	5246	7550	5636	7550	5697

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	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	10	660	10
11:00 EDT	660	0	660	10	660	10	660	10	660	10
12:00 EDT	660	0	660	10	660	10	660	10	660	10
13:00 EDT	660	0	660	10	660	10	660	10	660	10
14:00 EDT	660	0	660	10	660	10	660	10	660	10
15:00 EDT	660	0	660	10	660	10	660	10	660	10
16:00 EDT	660	0	660	10	660	10	660	10	660	10
17:00 EDT	660	0	660	10	660	10	660	10	660	10
18:00 EDT	660	0	660	10	660	10	660	10	660	10
19:00 EDT	660	0	660	12	660	12	660	12	660	12
20:00 EDT	660	0	660	12	660	12	660	12	660	12
21:00 EDT	660	0	660	12	660	12	660	12	660	12
22:00 EDT	660	0	660	12	660	12	660	12	660	12
23:00 EDT	660	0	660	12	660	12	660	12	660	12

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	0	2400	342	2400	389	2400	381	2400	347
01:00 EDT	2400	0	2400	322	2400	379	2400	333	2400	422
02:00 EDT	2400	0	2400	540	2400	382	2400	460	2400	380
03:00 EDT	2400	0	2400	282	2400	357	2400	227	2400	444
04:00 EDT	2400	0	2400	355	2400	375	2400	522	2400	508
05:00 EDT	2400	0	2400	329	2400	409	2400	410	2400	389
06:00 EDT	2400	146	2400	435	2400	435	2400	335	2400	354
07:00 EDT	2400	621	2400	494	2400	669	2400	646	2400	586
08:00 EDT	2400	157	2400	410	2400	390	2400	543	2400	275
09:00 EDT	2400	176	2400	409	2400	331	2400	338	2400	413
10:00 EDT	2400	366	2400	430	2400	431	2400	428	2400	436
11:00 EDT	2400	324	2400	532	2400	383	2400	378	2400	379
12:00 EDT	2400	490	2400	643	2400	645	2400	646	2400	646
13:00 EDT	2400	609	2400	324	2400	326	2400	318	2400	321
14:00 EDT	2400	542	2400	169	2400	169	2400	163	2400	112
15:00 EDT	2400	611	2400	403	2400	401	2400	344	2400	403
16:00 EDT	2400	526	2400	177	2400	290	2400	289	2400	288
17:00 EDT	2400	173	2400	266	2400	266	2400	270	2400	115
18:00 EDT	2400	0	2400	337	2400	334	2400	301	2400	274
19:00 EDT	2400	0	2400	375	2400	373	2400	376	2400	376
20:00 EDT	2400	0	2400	172	2400	172	2400	168	2400	223
21:00 EDT	2400	0	2400	165	2400	21	2400	94	2400	25
22:00 EDT	2400	0	2400	117	2400	287	2400	61	2400	271
23:00 EDT	2400	0	2400	449	2400	173	2400	476	2400	483

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
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13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	660	110	660	110	660	110	660	110	660	110
02:00 EDT	660	110	660	110	660	110	660	110	660	110
03:00 EDT	660	110	660	110	660	110	660	110	660	110
04:00 EDT	660	110	660	110	660	110	660	110	660	110
05:00 EDT	660	110	660	110	660	110	660	110	660	110
06:00 EDT	660	110	660	110	660	110	660	110	660	110
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	110	660	110	660	110	660	110	660	110
14:00 EDT	660	110	660	110	660	110	660	110	660	110
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
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21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM								
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	7	315	15	315	15	315	15	315	15
01:00 EDT	315	7	315	15	315	15	315	15	315	15
02:00 EDT	315	7	315	15	315	15	315	15	315	15
03:00 EDT	315	7	315	15	315	15	315	15	315	15
04:00 EDT	315	7	315	15	315	15	315	15	315	15
05:00 EDT	315	7	315	15	315	15	315	15	315	15
06:00 EDT	315	7	315	15	315	15	315	15	315	15
07:00 EDT	315	7	315	15	315	15	315	15	315	15
08:00 EDT	315	7	315	15	315	15	315	15	315	15
09:00 EDT	315	7	315	15	315	15	315	15	315	15
10:00 EDT	315	7	315	15	315	15	315	15	315	15
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16:00 EDT	315	7	315	15	315	15	315	15	315	15
17:00 EDT	315	7	315	15	315	15	315	15	315	15
18:00 EDT	315	7	315	15	315	15	315	15	315	15
19:00 EDT	315	7	315	15	315	15	315	15	315	15
20:00 EDT	315	7	315	15	315	15	315	15	315	15
21:00 EDT	315	7	315	15	315	15	315	15	315	15
22:00 EDT	315	7	315	15	315	15	315	15	315	15
23:00 EDT	315	7	315	15	315	15	315	15	315	15

SCH-VFT_PJM

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
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13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	4600	3196	4600	2593	4600	2577	4600	2678	4600	2601
02:00 EDT	4600	3329	4600	2665	4600	2708	4600	2759	4600	2766
03:00 EDT	4600	3431	4600	2817	4600	2829	4600	2842	4600	2797
04:00 EDT	4600	3394	4600	2833	4600	2850	4600	2843	4600	2861
05:00 EDT	4600	3336	4600	2845	4600	2820	4600	2813	4600	2863
06:00 EDT	4600	3101	4600	2773	4600	2671	4600	2706	4600	2828
07:00 EDT	4600	3032	4600	2968	4600	3018	4600	2998	4600	2896
08:00 EDT	4600	2693	4600	2923	4600	2904	4600	2853	4600	2699
09:00 EDT	4600	2523	4600	2674	4600	2620	4600	2514	4600	2400
10:00 EDT	4600	2725	4600	2454	4600	2456	4600	2392	4600	2546
11:00 EDT	4600	2686	4600	2507	4600	2479	4600	2475	4600	2488
12:00 EDT	4600	2637	4600	2504	4600	2463	4600	2476	4600	2499
13:00 EDT	4600	2606	4600	2323	4600	2340	4600	2339	4600	2406
14:00 EDT	4600	2626	4600	2426	4600	2330	4600	2261	4600	2252
15:00 EDT	4600	2768	4600	2286	4600	2289	4600	2392	4600	2279
16:00 EDT	4600	2711	4600	2227	4600	2178	4600	2363	4600	2393
17:00 EDT	4600	2631	4600	2346	4600	2389	4600	2392	4600	2390
18:00 EDT	4600	2902	4600	2563	4600	2539	4600	2486	4600	2593
19:00 EDT	4600	2751	4600	2679	4600	2736	4600	2660	4600	2634
20:00 EDT	4600	2773	4600	2687	4600	2643	4600	2681	4600	2776
21:00 EDT	4600	2734	4600	2748	4600	2693	4600	2729	4600	2649
22:00 EDT	4600	2704	4600	2722	4600	2709	4600	2646	4600	2589
23:00 EDT	4600	2835	4600	2736	4600	2708	4600	2762	4600	2756

UPNY/CONED

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6615	3681	6335	2996	6335	3120	6335	3329	6335	3120
01:00 EDT	6615	3980	6335	3104	6335	3109	6335	3252	6335	3201
02:00 EDT	6615	4198	6335	3288	6335	3400	6335	3471	6335	3500
03:00 EDT	6615	4296	6335	3575	6335	3608	6335	3639	6335	3587
04:00 EDT	6615	4373	6335	3618	6335	3626	6335	3617	6335	3624
05:00 EDT	6615	4238	6335	3641	6335	3588	6335	3569	6335	3595
06:00 EDT	6615	3962	6335	3495	6335	3394	6335	3424	6335	3593
07:00 EDT	6615	4124	6335	3730	6335	3796	6335	3733	6335	3735
08:00 EDT	6615	3737	6335	3863	6335	3840	6335	3795	6335	3589
09:00 EDT	6615	3474	6335	3594	6335	3551	6335	3475	6335	3430
10:00 EDT	6615	3672	6335	3447	6335	3433	6335	3383	6335	3577
11:00 EDT	6615	3574	6335	3521	6335	3447	6335	3515	6335	3550
12:00 EDT	6615	3642	6335	3500	6335	3437	6335	3483	6335	3513
13:00 EDT	6615	3838	6335	3341	6335	3364	6335	3361	6335	3492
14:00 EDT	6615	3837	6335	3593	6335	3546	6335	3490	6335	3420
15:00 EDT	6615	3903	6335	3414	6335	3362	6335	3485	6335	3367
16:00 EDT	6615	3832	6335	3284	6335	3245	6335	3474	6335	3477
17:00 EDT	6615	3562	6335	3400	6335	3406	6335	3345	6335	3286
18:00 EDT	6615	3781	6335	3592	6335	3487	6335	3371	6335	3427
19:00 EDT	6615	3450	6335	3498	6335	3513	6335	3421	6335	3446
20:00 EDT	6615	3615	6335	3536	6335	3531	6335	3582	6335	3745
21:00 EDT	6615	3565	6335	3585	6335	3549	6335	3551	6335	3441
22:00 EDT	6615	3570	6335	3475	6335	3433	6335	3409	6335	3368
23:00 EDT	6615	3620	6335	3535	6335	3475	6335	3547	6335	3580

WEST CENTRAL

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	9999	8733	9999	9478	9999	9503	9999	9562	9999	9523
02:00 EDT	9999	8602	9999	9164	9999	9055	9999	9265	9999	9181

03:00 EDT	9999	8584	9999	9537	9999	9482	9999	9397	9999	9491
04:00 EDT	9999	8600	9999	9415	9999	9428	9999	9413	9999	9418
05:00 EDT	9999	8618	9999	9700	9999	9584	9999	9561	9999	9435
06:00 EDT	9999	8683	9999	9325	9999	9352	9999	9375	9999	9429
07:00 EDT	9999	8715	9999	9292	9999	9409	9999	9456	9999	9320
08:00 EDT	9999	8812	9999	9329	9999	9419	9999	9686	9999	9320
09:00 EDT	9999	8930	9999	9289	9999	9258	9999	9365	9999	9359
10:00 EDT	9999	9074	9999	9245	9999	9163	9999	9193	9999	9206
11:00 EDT	9999	8966	9999	9369	9999	9334	9999	9325	9999	9355
12:00 EDT	9999	8984	9999	9311	9999	9316	9999	9328	9999	9274
13:00 EDT	9999	8839	9999	9152	9999	9211	9999	9182	9999	9176
14:00 EDT	9999	8969	9999	9166	9999	9218	9999	9313	9999	9307
15:00 EDT	9999	8845	9999	9389	9999	9325	9999	9227	9999	9246
16:00 EDT	9999	8890	9999	9325	9999	9312	9999	9291	9999	9275
17:00 EDT	9999	8739	9999	9324	9999	9243	9999	9285	9999	9254
18:00 EDT	9999	8748	9999	9226	9999	9195	9999	9243	9999	9171
19:00 EDT	9999	8610	9999	9361	9999	9417	9999	9421	9999	9229
20:00 EDT	9999	8702	9999	9170	9999	9188	9999	9241	9999	9660
21:00 EDT	9999	8629	9999	9358	9999	9158	9999	9158	9999	9123
22:00 EDT	9999	8800	9999	9240	9999	9128	9999	9268	9999	9345
23:00 EDT	9999	8979	9999	9614	9999	9476	9999	9658	9999	9364