









12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 03/12/2026

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	1070	2200	1141	2200	1140	2200	1140	2200	1141
01:00 EDT	2200	882	2200	947	2200	947	2200	947	2200	947
02:00 EDT	2200	870	2200	856	2200	856	2200	856	2200	856
03:00 EDT	2200	920	2200	1008	2200	1008	2200	1008	2200	1007
04:00 EDT	2200	920	2200	1166	2200	1167	2200	1167	2200	1166
05:00 EDT	2200	1393	2200	1393	2200	1393	2200	1393	2200	1393
06:00 EDT	2200	1341	2200	1819	2200	1819	2200	1819	2200	1820
07:00 EDT	2200	1346	2200	1900	2200	1900	2200	1900	2200	1900
08:00 EDT	2200	1580	2200	1900	2200	1900	2200	1900	2200	1900
09:00 EDT	2200	1550	2200	1900	2200	1900	2200	1900	2200	1900
10:00 EDT	2200	1433	2200	1638	2200	1637	2200	1638	2200	1637
11:00 EDT	2200	1496	2200	1664	2200	1665	2200	1665	2200	1665
12:00 EDT	2200	1296	2200	1476	2200	1476	2200	1476	2200	1476
13:00 EDT	2200	1440	2200	1325	2200	1325	2200	1325	2200	1325
14:00 EDT	2200	1607	2200	1311	2200	1311	2200	1311	2200	1311
15:00 EDT	2200	1645	2200	1384	2200	1384	2200	1384	2200	1384
16:00 EDT	2200	1645	2200	1613	2200	1613	2200	1613	2200	1613
17:00 EDT	2200	1634	2200	1517	2200	1517	2200	1516	2200	1517
18:00 EDT	2200	1485	2200	1621	2200	1620	2200	1621	2200	1620
19:00 EDT	2200	1485	2200	1741	2200	1741	2200	1741	2200	1741
20:00 EDT	2200	1333	2200	1580	2200	1580	2200	1580	2200	1581
21:00 EDT	2200	1520	2200	1895	2200	1895	2200	1895	2200	1895
22:00 EDT	2200	1495	2200	1795	2200	1795	2200	1795	2200	1795
23:00 EDT	2200	1395	2200	1351	2200	1351	2200	1350	2200	1351

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1184	1400	955	1400	950
08:00 EDT	1400	1200	1400	1200	1400	1145	1400	1170	1400	1094
09:00 EDT	1400	1200	1400	1147	1400	1100	1400	1058	1400	1025
10:00 EDT	1400	1200	1400	1200	1400	1167	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200



16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NPX-CSC

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	330	330	330	330	330	330	330	330	330
01:00 EDT	330	330	330	330	330	330	330	330	330	330
02:00 EDT	330	330	330	330	330	330	330	330	330	330
03:00 EDT	330	330	330	330	330	330	330	330	330	330
04:00 EDT	330	330	330	330	330	330	330	330	330	330
05:00 EDT	330	280	330	330	330	330	330	330	330	330
06:00 EDT	330	200	330	280	330	280	330	280	330	280
07:00 EDT	330	200	330	250	330	250	330	250	330	250
08:00 EDT	330	200	330	180	330	180	330	180	330	180
09:00 EDT	330	250	330	200	330	200	330	200	330	200
10:00 EDT	330	330	330	300	330	300	330	300	330	300
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	275	330	275	330	275	330	275
13:00 EDT	330	330	330	250	330	250	330	250	330	250
14:00 EDT	330	330	330	250	330	250	330	250	330	250
15:00 EDT	330	330	330	250	330	250	330	250	330	250
16:00 EDT	330	330	330	256	330	256	330	256	330	256
17:00 EDT	330	250	330	139	330	139	330	139	330	139
18:00 EDT	330	200	330	100	330	100	330	100	330	100
19:00 EDT	330	200	330	0	330	0	330	0	330	0
20:00 EDT	330	200	330	100	330	100	330	100	330	100
21:00 EDT	330	330	330	310	330	310	330	310	330	310
22:00 EDT	330	330	330	204	330	204	330	204	330	204
23:00 EDT	330	330	330	100	330	100	330	100	330	100

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	366	1000	0	1000	0	1000	0	1000	0
01:00 EDT	1000	366	1000	0	1000	0	1000	0	1000	0
02:00 EDT	1000	366	1000	0	1000	0	1000	0	1000	0
03:00 EDT	1000	366	1000	0	1000	0	1000	0	1000	0
04:00 EDT	1000	366	1000	0	1000	15	1000	15	1000	15
05:00 EDT	1000	366	1000	0	1000	0	1000	0	1000	0
06:00 EDT	1000	300	1000	0	1000	14	1000	14	1000	14
07:00 EDT	1000	300	1000	11	1000	11	1000	11	1000	11
08:00 EDT	1000	310	1000	0	1000	0	1000	0	1000	0
09:00 EDT	1000	320	1000	0	1000	0	1000	0	1000	0
10:00 EDT	1000	330	1000	0	1000	0	1000	0	1000	0
11:00 EDT	1000	350	1000	0	1000	0	1000	0	1000	0
12:00 EDT	1000	350	1000	0	1000	0	1000	0	1000	0
13:00 EDT	1000	350	1000	0	1000	0	1000	0	1000	0
14:00 EDT	1000	350	1000	0	1000	15	1000	15	1000	15
15:00 EDT	1000	350	1000	0	1000	15	1000	15	1000	15
16:00 EDT	1000	350	1000	131	1000	131	1000	131	1000	131
17:00 EDT	1000	350	1000	180	1000	179	1000	179	1000	179

18:00 EDT	1000	350	1000	316	1000	150	1000	150	1000	150
19:00 EDT	1000	350	1000	160	1000	89	1000	89	1000	89
20:00 EDT	1000	350	1000	50	1000	50	1000	50	1000	50
21:00 EDT	1000	350	1000	0	1000	0	1000	0	1000	0
22:00 EDT	1000	350	1000	0	1000	0	1000	0	1000	0
23:00 EDT	1000	350	1000	32	1000	46	1000	46	1000	46

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
07:00 EDT	1850	1550	1850	1513	1850	1513	1850	1513	1850	1513
08:00 EDT	1850	1550	1850	1489	1850	1489	1850	1489	1850	1489
09:00 EDT	1850	1550	1850	1505	1850	1505	1850	1504	1850	1504
10:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
11:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
15:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	183	1800	966	1800	969	1800	806	1800	1029
01:00 EDT	1800	239	1800	1043	1800	1108	1800	1027	1800	1031
02:00 EDT	1800	277	1800	1061	1800	1099	1800	1172	1800	1167
03:00 EDT	1800	369	1800	1251	1800	1269	1800	1282	1800	1207
04:00 EDT	1800	159	1800	1021	1800	977	1800	965	1800	1028
05:00 EDT	1800	83	1800	1071	1800	1149	1800	1152	1800	1201
06:00 EDT	1800	456	1800	1330	1800	1329	1800	1258	1800	1082
07:00 EDT	1800	682	1800	1380	1800	1600	1800	1600	1800	1600
08:00 EDT	1800	830	1800	1554	1800	1600	1800	1600	1800	1600
09:00 EDT	1800	744	1800	1600	1800	1600	1800	1600	1800	1600
10:00 EDT	1800	712	1800	1586	1800	1600	1800	1528	1800	1497
11:00 EDT	1800	809	1800	1492	1800	1381	1800	1352	1800	1425
12:00 EDT	1800	928	1800	1345	1800	1245	1800	1132	1800	1038
13:00 EDT	1800	405	1800	1148	1800	1086	1800	1161	1800	879
14:00 EDT	1800	483	1800	1160	1800	1071	1800	1170	1800	959
15:00 EDT	1800	365	1800	1018	1800	720	1800	696	1800	766
16:00 EDT	1800	59	1800	936	1800	826	1800	883	1800	852
17:00 EDT	1800	467	1800	879	1800	999	1800	1058	1800	986
18:00 EDT	1800	303	1800	904	1800	1022	1800	1232	1800	1280
19:00 EDT	1800	883	1800	1352	1800	1425	1800	1533	1800	1454

20:00 EDT	1800	928	1800	1260	1800	1346	1800	1558	1800	1597
21:00 EDT	1800	1093	1800	1600	1800	1585	1800	1560	1800	1497
22:00 EDT	1800	1389	1800	1279	1800	1150	1800	1042	1800	1340
23:00 EDT	1800	1600	1800	1327	1800	1579	1800	1600	1800	1600

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	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	3830	7550	4589	7550	4748	7550	4630	7550	4502
01:00 EDT	7550	3908	7550	4402	7550	4482	7550	4480	7550	4498
02:00 EDT	7550	4024	7550	4390	7550	4087	7550	4089	7550	4033
03:00 EDT	7550	4056	7550	4257	7550	4298	7550	4355	7550	4241
04:00 EDT	7550	4260	7550	4087	7550	3897	7550	3897	7550	3979
05:00 EDT	7550	4229	7550	4186	7550	4248	7550	4150	7550	4219
06:00 EDT	7550	4237	7550	4546	7550	4549	7550	4574	7550	4822
07:00 EDT	7550	4287	7550	4773	7550	4994	7550	4964	7550	4958
08:00 EDT	7550	4302	7550	4564	7550	4701	7550	4526	7550	4494
09:00 EDT	7550	4169	7550	4476	7550	4379	7550	4377	7550	4431
10:00 EDT	7550	4037	7550	4228	7550	4153	7550	4098	7550	4130
11:00 EDT	7550	3955	7550	4073	7550	3964	7550	3870	7550	3866
12:00 EDT	7550	3805	7550	3790	7550	3756	7550	3615	7550	3647
13:00 EDT	7550	3664	7550	3546	7550	3487	7550	3490	7550	3472
14:00 EDT	7550	3616	7550	3666	7550	3557	7550	3587	7550	3499
15:00 EDT	7550	3459	7550	3620	7550	3533	7550	3579	7550	3681
16:00 EDT	7550	3429	7550	3813	7550	3628	7550	3681	7550	3626
17:00 EDT	7550	3568	7550	3575	7550	3695	7550	3766	7550	3751
18:00 EDT	7550	3784	7550	3751	7550	3802	7550	4079	7550	3990
19:00 EDT	7550	4132	7550	4163	7550	4285	7550	4470	7550	4344
20:00 EDT	7550	4045	7550	4325	7550	4444	7550	4389	7550	4495
21:00 EDT	7550	4310	7550	4487	7550	4429	7550	4546	7550	4522

22:00 EDT	7550	4476	7550	4852	7550	4861	7550	4869	7550	5009
23:00 EDT	7550	4984	7550	5061	7550	5178	7550	5296	7550	5257

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	284	2400	395	2400	490	2400	336	2400	337
01:00 EDT	2400	498	2400	678	2400	697	2400	693	2400	702
02:00 EDT	2400	500	2400	667	2400	488	2400	529	2400	487
03:00 EDT	2400	520	2400	500	2400	500	2400	628	2400	500
04:00 EDT	2400	584	2400	220	2400	220	2400	217	2400	216
05:00 EDT	2400	515	2400	316	2400	314	2400	166	2400	315
06:00 EDT	2400	445	2400	604	2400	602	2400	605	2400	568
07:00 EDT	2400	505	2400	475	2400	473	2400	472	2400	475
08:00 EDT	2400	0	2400	38	2400	31	2400	0	2400	0
09:00 EDT	2400	0	2400	32	2400	26	2400	0	2400	0
10:00 EDT	2400	0	2400	0	2400	0	2400	0	2400	0
11:00 EDT	2400	0	2400	0	2400	0	2400	0	2400	0
12:00 EDT	2400	0	2400	195	2400	192	2400	199	2400	204
13:00 EDT	2400	0	2400	266	2400	213	2400	358	2400	363
14:00 EDT	2400	0	2400	569	2400	574	2400	548	2400	425
15:00 EDT	2400	0	2400	394	2400	393	2400	363	2400	409
16:00 EDT	2400	0	2400	268	2400	198	2400	201	2400	141
17:00 EDT	2400	0	2400	116	2400	235	2400	62	2400	50
18:00 EDT	2400	0	2400	145	2400	49	2400	195	2400	196
19:00 EDT	2400	0	2400	191	2400	36	2400	72	2400	62
20:00 EDT	2400	0	2400	134	2400	316	2400	357	2400	368
21:00 EDT	2400	0	2400	131	2400	134	2400	189	2400	186
22:00 EDT	2400	0	2400	125	2400	179	2400	180	2400	328
23:00 EDT	2400	0	2400	198	2400	333	2400	358	2400	356

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
08:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
09:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
10:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
11:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
12:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
13:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
14:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
15:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
16:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
17:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
18:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
19:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
20:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
21:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
22:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
23:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310

Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	660	0	660	430	660	430	660	430	660	430
02:00 EDT	660	0	660	430	660	430	660	430	660	430
03:00 EDT	660	0	660	430	660	430	660	430	660	430
04:00 EDT	660	0	660	430	660	430	660	430	660	430
05:00 EDT	660	110	660	430	660	430	660	430	660	430
06:00 EDT	660	0	660	430	660	430	660	430	660	0
07:00 EDT	660	260	660	173	660	110	660	110	660	110
08:00 EDT	660	110	660	110	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	110	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	7	315	15	315	15	315	15	315	15
01:00 EDT	315	7	315	15	315	15	315	15	315	15
02:00 EDT	315	7	315	15	315	15	315	15	315	15
03:00 EDT	315	7	315	15	315	15	315	15	315	15
04:00 EDT	315	7	315	15	315	15	315	15	315	15
05:00 EDT	315	7	315	15	315	15	315	15	315	15
06:00 EDT	315	7	315	15	315	15	315	15	315	15
07:00 EDT	315	15	315	15	315	15	315	15	315	15
08:00 EDT	315	7	315	15	315	15	315	15	315	15
09:00 EDT	315	7	315	15	315	15	315	15	315	15
10:00 EDT	315	7	315	15	315	15	315	15	315	15
11:00 EDT	315	7	315	15	315	15	315	15	315	15
12:00 EDT	315	7	315	15	315	15	315	15	315	15
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15:00 EDT	315	7	315	15	315	15	315	15	315	15
16:00 EDT	315	7	315	15	315	15	315	15	315	15
17:00 EDT	315	7	315	15	315	15	315	15	315	15
18:00 EDT	315	7	315	15	315	15	315	15	315	15
19:00 EDT	315	15	315	15	315	15	315	15	315	15
20:00 EDT	315	15	315	15	315	15	315	15	315	15
21:00 EDT	315	7	315	15	315	15	315	15	315	15
22:00 EDT	315	7	315	15	315	15	315	15	315	15
23:00 EDT	315	7	315	15	315	15	315	15	315	15

SCH-VFT\_PJM

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3100	4600	2950	4600	2995	4600	3025	4600	2679

01:00 EDT	4600	3226	4600	2787	4600	2800	4600	2829	4600	2807
02:00 EDT	4600	3307	4600	2865	4600	2886	4600	2922	4600	2956
03:00 EDT	4600	3282	4600	2981	4600	2970	4600	2977	4600	3008
04:00 EDT	4600	3431	4600	3027	4600	2998	4600	2997	4600	2986
05:00 EDT	4600	3172	4600	2912	4600	2928	4600	2880	4600	2940
06:00 EDT	4600	2750	4600	3101	4600	3121	4600	2999	4600	3326
07:00 EDT	4600	2335	4600	3038	4600	2992	4600	2854	4600	2803
08:00 EDT	4600	2302	4600	2771	4600	2755	4600	2791	4600	2797
09:00 EDT	4600	2337	4600	2807	4600	2791	4600	2744	4600	2759
10:00 EDT	4600	1995	4600	2752	4600	2696	4600	2714	4600	2718
11:00 EDT	4600	1943	4600	2629	4600	2644	4600	2660	4600	2625
12:00 EDT	4600	1940	4600	2615	4600	2594	4600	2556	4600	2579
13:00 EDT	4600	2300	4600	2559	4600	2546	4600	2527	4600	2588
14:00 EDT	4600	2288	4600	2449	4600	2454	4600	2454	4600	2489
15:00 EDT	4600	2329	4600	2484	4600	2437	4600	2374	4600	2397
16:00 EDT	4600	2439	4600	2425	4600	2387	4600	2374	4600	2434
17:00 EDT	4600	2460	4600	2466	4600	2601	4600	2576	4600	2577
18:00 EDT	4600	2971	4600	2631	4600	2649	4600	2646	4600	2604
19:00 EDT	4600	2930	4600	2619	4600	2628	4600	2619	4600	2681
20:00 EDT	4600	2801	4600	2788	4600	2847	4600	2867	4600	2896
21:00 EDT	4600	2907	4600	2943	4600	2986	4600	3028	4600	3068
22:00 EDT	4600	2833	4600	3359	4600	3364	4600	3376	4600	3390
23:00 EDT	4600	2935	4600	3372	4600	3248	4600	3146	4600	3048

UPNY/CONED

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6345	3338	6065	3223	6065	3337	6065	3368	6065	3038
01:00 EDT	6345	3636	6065	3171	6065	3235	6065	3293	6065	3287
02:00 EDT	6345	3793	6065	3379	6065	3415	5945	3353	5945	3417
03:00 EDT	6345	3995	5945	3455	5945	3450	5945	3473	5945	3501
04:00 EDT	6345	4263	5945	3511	5945	3467	5945	3445	5945	3405
05:00 EDT	6345	3727	5945	3280	5945	3256	5945	3185	5945	3249
06:00 EDT	6345	3420	5945	3552	5945	3530	5945	3413	5945	3806
07:00 EDT	6345	3086	5945	3538	5945	3481	5945	3287	5945	3257
08:00 EDT	6345	2888	5945	3211	5945	3155	5945	3184	5945	3111
09:00 EDT	6345	2655	5945	3092	5945	3030	5945	2988	5945	3016
10:00 EDT	6345	2312	5945	2879	5945	2786	5945	2784	5945	2797
11:00 EDT	6345	2161	5945	2698	5945	2688	5945	2695	5945	2648
12:00 EDT	6345	2030	5945	2650	5945	2660	5945	2692	5945	2752
13:00 EDT	6345	2327	5945	2698	5945	2666	5945	2556	5945	2600
14:00 EDT	6345	2240	5945	2534	5945	2545	5945	2416	5945	2464
15:00 EDT	6345	2307	5945	2578	5945	2705	5945	2633	5945	2607
16:00 EDT	6345	2469	5945	2580	5945	2525	5945	2449	5945	2483
17:00 EDT	6345	2494	5945	2527	5945	2607	5945	2554	5945	2524
18:00 EDT	6345	2987	5945	2644	5945	2696	5945	2687	5945	2587
19:00 EDT	6345	2776	5945	2662	5945	2649	5945	2656	5945	2726
20:00 EDT	6345	2802	5945	2820	5945	2885	5945	2821	5945	2877
21:00 EDT	6345	2966	5945	2749	5945	2806	5945	2911	5945	2978
22:00 EDT	6345	2958	5945	3421	5945	3424	5945	3490	5945	3471
23:00 EDT	6345	2970	5945	3664	5945	3451	5945	3344	5945	3247

WEST CENTRAL

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Time Stamp	DAM		HAM							
	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	9999	8665	9999	9468	9999	9520	9999	9540	9999	9433
02:00 EDT	9999	8685	9999	9390	9999	9338	9999	9367	9999	9419

03:00 EDT	9999	8759	9999	9533	9999	9520	9999	9432	9999	9411
04:00 EDT	9999	8811	9999	9491	9999	9425	9999	9457	9999	9502
05:00 EDT	9999	8837	9999	9451	9999	9360	9999	9301	9999	9454
06:00 EDT	9999	8781	9999	9573	9999	9642	9999	9642	9999	9700
07:00 EDT	9999	8806	9999	9649	9999	9708	9999	9587	9999	9669
08:00 EDT	9999	8876	9999	9542	9999	9707	9999	9487	9999	9492
09:00 EDT	9999	8845	9999	9597	9999	9523	9999	9553	9999	9592
10:00 EDT	9999	8799	9999	9429	9999	9296	9999	9401	9999	9333
11:00 EDT	9999	8825	9999	9287	9999	9306	9999	9352	9999	9341
12:00 EDT	9999	8752	9999	9135	9999	9011	9999	8937	9999	9106
13:00 EDT	9999	8746	9999	8958	9999	9003	9999	8999	9999	8984
14:00 EDT	9999	8781	9999	9030	9999	9050	9999	9077	9999	8983
15:00 EDT	9999	8667	9999	9086	9999	9024	9999	8976	9999	9116
16:00 EDT	9999	8721	9999	9366	9999	9197	9999	9262	9999	9033
17:00 EDT	9999	8840	9999	9091	9999	8970	9999	8984	9999	9004
18:00 EDT	9999	8717	9999	9115	9999	8892	9999	9025	9999	8928
19:00 EDT	9999	8859	9999	9020	9999	9011	9999	9341	9999	9237
20:00 EDT	9999	8720	9999	9136	9999	9032	9999	9037	9999	9082
21:00 EDT	9999	8775	9999	9218	9999	9168	9999	9074	9999	9061
22:00 EDT	9999	8933	9999	9171	9999	9125	9999	9108	9999	9232
23:00 EDT	9999	9091	9999	9273	9999	9243	9999	9129	9999	9184