

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 10/21/2025

[illegible]

CEDARS-HQ

[back to top](#)

Date: 10/21/2025

[illegible]

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	2713	2850	2526	2850	2468	2850	2497	2850	2622
01:00 EDT	2850	2750	2850	2492	2850	2499	2850	2516	2850	2546
02:00 EDT	2850	2750	2850	2642	2850	2601	2850	2675	2850	2657
03:00 EDT	2850	2717	2850	2573	2850	2488	2850	2548	2850	2579
04:00 EDT	2850	2673	2850	2272	2850	2267	2850	2301	2850	2321
05:00 EDT	2850	2556	2850	2467	2850	2500	2850	2463	2850	2517
06:00 EDT	2850	2181	2850	2422	2850	2005	2850	1825	2850	1723
07:00 EDT	2850	1709	2850	1793	2850	1661	2850	1723	2850	1697
08:00 EDT	2850	2084	2850	2080	2850	2019	2850	2013	2850	2203
09:00 EDT	2850	2724	2850	2280	2850	2383	2850	2370	2850	2506
10:00 EDT	2850	2750	2850	2736	2850	2561	2850	2581	2850	2588
11:00 EDT	2850	2750	2850	2406	2850	2368	2850	2435	2850	2537
12:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2688
13:00 EDT	2850	2750	2850	2750	2850	2630	2850	2714	2850	2630
14:00 EDT	2850	2673	2850	2431	2850	2566	2850	2635	2850	2596
15:00 EDT	2850	2556	2850	2465	2850	2578	2850	2555	2850	2417
16:00 EDT	2850	2164	2850	2254	2850	2216	2850	2132	2850	2088
17:00 EDT	2850	1832	2850	1860	2850	1816	2850	1849	2850	1794
18:00 EDT	2850	1824	2850	1838	2850	1985	2850	1856	2850	1761
19:00 EDT	2850	1785	2850	1806	2850	1866	2850	1885	2850	1866
20:00 EDT	2850	1819	2850	1703	2850	1595	2850	1674	2850	1701
21:00 EDT	2850	2142	2850	1933	2850	2023	2850	2016	2850	2062
22:00 EDT	2850	2262	2850	2155	2850	2071	2850	2365	2850	2357
23:00 EDT	2850	2337	2850	2467	2850	2459	2850	2466	2850	2412

HQ-CEDARS

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	90	90	90	90	90	90	90	90	90	90
01:00 EDT	90	90	90	90	90	90	90	90	0	0
02:00 EDT	90	90	0	0	0	0	0	0	0	0
03:00 EDT	90	90	0	0	0	0	0	0	0	0
04:00 EDT	90	90	0	0	0	0	0	0	0	0
05:00 EDT	90	90	0	0	0	0	0	0	0	0
06:00 EDT	90	90	0	0	0	0	0	0	0	0
07:00 EDT	90	90	0	0	0	0	0	0	0	0
08:00 EDT	90	90	0	0	0	0	0	0	0	0
09:00 EDT	90	90	0	0	0	0	0	0	0	0

10:00 EDT	90	90	0	0	0	0	0	0	0	0
11:00 EDT	90	90	0	0	0	0	0	0	0	0
12:00 EDT	90	90	0	0	0	0	0	0	0	0
13:00 EDT	90	90	0	0	0	0	0	0	0	0
14:00 EDT	90	90	0	0	0	0	0	0	0	0
15:00 EDT	90	90	0	0	0	0	0	0	0	0
16:00 EDT	90	90	0	0	0	0	0	0	0	0
17:00 EDT	90	90	0	0	0	0	0	0	0	0
18:00 EDT	90	90	0	0	0	0	0	0	0	0
19:00 EDT	90	90	0	0	0	0	0	0	0	0
20:00 EDT	90	90	0	0	0	0	0	0	0	0
21:00 EDT	90	90	0	0	0	0	0	0	0	0
22:00 EDT	90	90	0	0	0	0	0	0	0	0
23:00 EDT	90	90	0	0	0	0	0	0	0	0

HQ-NYISO

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	326	2000	789	2000	789	2000	789	2000	789
01:00 EDT	1100	482	2000	627	2000	627	2000	627	2000	623
02:00 EDT	1100	454	2000	622	2000	621	2000	624	2000	623
03:00 EDT	1100	309	2000	448	2000	451	2000	448	2000	448
04:00 EDT	1100	291	2000	301	2000	301	2000	302	2000	302
05:00 EDT	1100	237	2000	437	2000	436	2000	434	2000	440
06:00 EDT	1100	52	2000	658	2000	658	2000	658	2000	656
07:00 EDT	1100	0	2000	1101	2000	1102	2000	1102	2000	1098
08:00 EDT	1100	175	2000	1352	2000	1352	2000	1348	2000	1349
09:00 EDT	1100	732	2000	1573	2000	1569	2000	1573	2000	1573
10:00 EDT	1100	738	2000	1500	2000	1500	2000	1500	2000	1500
11:00 EDT	1100	739	2000	1130	2000	1130	2000	1130	2000	1130

12:00 EDT	1100	733	2000	1498	2000	1498	2000	1498	2000	1498
13:00 EDT	1100	736	2000	1404	2000	1404	2000	1404	2000	1404
14:00 EDT	1100	630	2000	1418	2000	1418	2000	1418	2000	1418
15:00 EDT	1100	587	2000	1280	2000	1280	2000	1280	2000	1280
16:00 EDT	2000	1442	2000	1540	2000	1540	2000	1540	2000	1540
17:00 EDT	2000	1311	2000	1378	2000	1379	2000	1375	2000	1374
18:00 EDT	2000	1390	2000	1521	2000	1525	2000	1517	2000	1521
19:00 EDT	2000	1387	2000	1440	2000	1436	2000	1436	2000	1436
20:00 EDT	2000	1416	2000	1235	2000	1239	2000	1236	2000	1239
21:00 EDT	2000	1376	2000	1222	2000	1223	2000	1221	2000	1226
22:00 EDT	2000	1075	2000	1018	2000	1021	2000	1023	2000	1018
23:00 EDT	2000	825	2000	663	2000	664	2000	660	2000	662

ISONE-NYISO

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	900	700	900	700	900	700	900	700	900	700
01:00 EDT	900	700	900	700	900	700	900	700	900	700
02:00 EDT	900	700	900	700	900	700	900	700	900	700
03:00 EDT	900	700	900	700	900	700	900	700	900	700
04:00 EDT	900	700	900	700	900	700	900	700	900	700
05:00 EDT	900	700	900	700	900	700	900	700	900	700
06:00 EDT	900	700	900	700	900	700	900	700	900	700
07:00 EDT	1000	800	968	768	697	497	641	441	560	360
08:00 EDT	1000	800	48	0	113	0	121	0	1000	800
09:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
10:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
11:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
12:00 EDT	1000	800	1000	782	1000	723	1000	800	1000	800
13:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
14:00 EDT	1000	800	1000	649	1000	788	1000	788	1000	788
15:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
16:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
17:00 EDT	1000	800	1000	800	1000	800	1000	800	459	259
18:00 EDT	1000	800	199	0	-472	0	-483	0	-682	0
19:00 EDT	1000	800	-647	0	-428	0	85	0	347	147
20:00 EDT	1000	800	322	122	688	488	541	341	1178	978
21:00 EDT	1000	800	1132	932	976	776	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2150	1884	2150	1985	2150	1969	2150	1892	2150	1797
01:00 EDT	2150	1869	2150	2050	2150	2050	2150	2007	2150	2050
02:00 EDT	2150	1926	2150	2050	2150	2050	2150	2050	2150	2050
03:00 EDT	2150	1900	2150	2035	2150	1984	2150	1972	2150	1958
04:00 EDT	2150	1904	2150	2050	2150	2050	2150	2050	2150	2050
05:00 EDT	2150	1911	2150	2050	2150	2050	2150	2050	2150	2050
06:00 EDT	2150	1863	2150	2050	2150	2050	2150	2050	2150	2050
07:00 EDT	2150	1840	2150	2050	2150	2050	2150	2050	2150	2050
08:00 EDT	2150	1578	2150	1773	2150	1756	2150	1851	2150	1882
09:00 EDT	2150	1648	2150	1957	2150	1995	2150	2026	2150	2050
10:00 EDT	2150	1653	2150	2050	2150	2050	2150	2050	2150	2050
11:00 EDT	2150	1717	2150	2050	2150	2050	2150	2050	2150	2050
12:00 EDT	2150	1859	2150	2050	2150	2050	2150	2050	2150	2050
13:00 EDT	2150	1524	2150	1664	2150	1795	2150	1772	2150	1852

14:00 EDT	2150	1920	2150	2050	2150	2050	2150	2050	2150	2050
15:00 EDT	2150	1943	2150	2050	2150	2050	2150	2050	2150	2050
16:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050
17:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050
18:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050
19:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050
20:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050
21:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050
22:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050
23:00 EDT	2150	2050	2150	2050	2150	2050	2150	2050	2150	2050

NPX-1385

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	96	125	79	125	79	125	79	125	79
01:00 EDT	125	99	125	82	125	82	125	82	125	82
02:00 EDT	125	100	125	87	125	87	125	87	125	87
03:00 EDT	125	100	125	83	125	83	125	83	125	83
04:00 EDT	125	90	125	79	125	79	125	79	125	79
05:00 EDT	125	90	125	79	125	79	125	79	125	79
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	30	125	53	125	53	125	53	125	53
10:00 EDT	125	30	125	84	125	84	125	84	125	84
11:00 EDT	125	15	125	15	25	0	25	0	25	0
12:00 EDT	125	5	25	0	25	0	25	0	25	0
13:00 EDT	125	30	25	0	25	0	25	0	25	0
14:00 EDT	125	30	25	0	25	0	25	0	25	0
15:00 EDT	125	55	25	0	25	0	25	0	25	0
16:00 EDT	125	125	25	25	25	25	25	25	25	25
17:00 EDT	125	125	25	25	25	25	25	25	25	25
18:00 EDT	125	125	25	25	25	25	25	25	25	25
19:00 EDT	125	125	25	25	25	25	25	25	25	25
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	55	125	103	125	103	125	103	125	103
22:00 EDT	125	30	125	78	125	78	125	78	125	78
23:00 EDT	125	40	125	95	125	95	125	95	125	95

NPX-CSC

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	5	330	196	330	196	330	196	330	196
01:00 EDT	330	34	330	204	330	204	330	204	330	204
02:00 EDT	330	16	330	206	330	206	330	206	330	206
03:00 EDT	330	16	330	205	330	205	330	205	330	205
04:00 EDT	330	7	330	190	330	190	330	190	330	190
05:00 EDT	330	0	330	168	330	168	330	168	330	168
06:00 EDT	330	0	330	132	330	132	330	132	330	132
07:00 EDT	330	0	330	128	330	128	330	128	330	128
08:00 EDT	330	0	330	131	330	131	330	131	330	131
09:00 EDT	330	0	330	147	330	147	330	147	330	147
10:00 EDT	330	27	330	27	330	27	330	27	330	27
11:00 EDT	330	54	330	56	330	56	330	56	330	56
12:00 EDT	330	66	330	83	330	83	330	83	330	83
13:00 EDT	330	61	330	87	330	87	330	87	330	87
14:00 EDT	330	78	330	139	330	139	330	139	330	139
15:00 EDT	330	28	330	131	330	131	330	131	330	131

16:00 EDT	330	0	330	127	330	127	330	127	330	127
17:00 EDT	330	0	330	88	330	88	330	88	330	88
18:00 EDT	330	0	330	29	330	29	330	29	330	29
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	84	330	84	330	84	330	84
21:00 EDT	330	0	330	33	330	33	330	33	330	33
22:00 EDT	330	0	330	84	330	84	330	84	330	84
23:00 EDT	330	0	330	122	330	122	330	122	330	122

NYISO-HQ

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	900	350	900	412	900	412	900	412	900	412
01:00 EDT	900	350	900	0	900	0	800	0	800	0
02:00 EDT	900	350	800	0	800	0	800	0	800	0
03:00 EDT	900	350	800	0	800	0	800	0	800	0
04:00 EDT	900	350	800	0	800	0	800	0	800	0
05:00 EDT	900	350	800	0	800	0	800	0	800	0
06:00 EDT	900	436	900	86	900	0	900	0	900	0
07:00 EDT	900	436	900	86	900	0	900	0	900	0
08:00 EDT	500	400	500	50	500	50	500	50	500	50
09:00 EDT	500	400	500	50	500	50	500	50	500	50
10:00 EDT	500	400	500	50	500	50	500	50	500	50
11:00 EDT	500	400	500	50	500	50	500	50	500	50
12:00 EDT	500	400	500	50	500	50	500	50	500	50
13:00 EDT	500	500	500	500	500	500	500	500	500	500
14:00 EDT	500	400	500	50	500	50	500	50	500	50
15:00 EDT	500	360	500	10	500	10	500	10	500	10
16:00 EDT	1000	370	1000	20	1000	20	1000	20	1000	20
17:00 EDT	1000	370	1000	0	980	8	980	8	980	8
18:00 EDT	1000	370	980	0	980	103	980	103	980	103
19:00 EDT	1000	370	980	0	980	0	980	0	980	0
20:00 EDT	900	350	900	0	900	0	900	0	900	0
21:00 EDT	900	350	900	55	800	0	800	0	800	0
22:00 EDT	900	350	800	0	800	0	800	0	800	0
23:00 EDT	900	350	800	0	800	0	800	0	800	0

NYISO-IMO

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
01:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
02:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
03:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
04:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
05:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
06:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
07:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
08:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
09:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
10:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
11:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
12:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
13:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
14:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
15:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
16:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
17:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100

18:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
19:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
20:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
21:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
22:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
23:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100

NYISO-ISONE

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	266	1600	631	1600	633	1600	534	1600	530
01:00 EDT	1600	161	1600	559	1600	530	1600	430	1600	448
02:00 EDT	1600	476	1600	748	1600	855	1600	988	1600	848
03:00 EDT	1600	458	1600	943	1600	849	1600	846	1600	749
04:00 EDT	1600	454	1600	665	1600	638	1600	698	1600	700
05:00 EDT	1600	499	1600	640	1600	677	1600	930	1600	1020
06:00 EDT	1600	510	1600	735	1600	662	1600	713	1600	586
07:00 EDT	1600	655	1600	767	1600	872	1600	829	1600	660
08:00 EDT	1600	729	1600	590	1600	544	1600	417	1600	715
09:00 EDT	1600	797	1600	893	1600	992	1600	1107	1600	1051
10:00 EDT	1600	620	1600	1167	1600	1306	1600	1197	1600	1197
11:00 EDT	1600	823	1600	1055	1600	1204	1600	1178	1600	1179
12:00 EDT	1600	876	1600	1400	1600	1400	1600	1347	1600	1362
13:00 EDT	1600	823	1600	1126	1600	1310	1600	1311	1600	1335
14:00 EDT	1600	919	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	940	1600	1226	1600	1291	1600	1320	1600	1353
16:00 EDT	1600	905	1600	1280	1600	1280	1600	1279	1600	1194
17:00 EDT	1600	413	1600	1048	1600	1048	1600	1276	1600	1148
18:00 EDT	1600	470	1600	852	1600	550	1600	432	1600	517
19:00 EDT	1600	546	1600	557	1600	599	1600	739	1600	870
20:00 EDT	1600	540	1600	571	1600	548	1600	540	1600	490
21:00 EDT	1600	500	1600	657	1600	657	1600	598	1600	670
22:00 EDT	1600	643	1600	698	1600	448	1600	696	1600	725
23:00 EDT	1600	1069	1600	939	1600	921	1600	921	1600	823

NYISO-PJM

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	748	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	734	1050	750	1050	750	1050	722	1050	714
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4411	7550	4009	7550	4058	7550	4054	7550	4069
01:00 EDT	7550	4593	7550	4226	7550	4244	7550	4213	7550	4292
02:00 EDT	7550	4658	7550	4363	7550	4240	7550	4410	7550	4286
03:00 EDT	7550	4606	7550	4206	7550	4154	7550	4167	7550	4125
04:00 EDT	7550	4594	7550	3990	7550	3992	7550	4032	7550	4018
05:00 EDT	7550	4755	7550	4220	7550	4465	7550	4567	7550	4599
06:00 EDT	7550	4814	7550	5038	7550	4954	7550	5031	7550	4760
07:00 EDT	7550	4486	7550	4723	7550	4702	7550	4721	7550	4737
08:00 EDT	7550	4476	7550	4507	7550	4382	7550	4074	7550	4377
09:00 EDT	7550	4975	7550	4320	7550	4370	7550	4344	7550	4240
10:00 EDT	7550	5021	7550	4483	7550	4361	7550	4461	7550	4457
11:00 EDT	7550	5026	7550	4334	7550	4395	7550	4303	7550	4334
12:00 EDT	7550	5080	7550	4750	7550	4878	7550	5036	7550	5009
13:00 EDT	7550	4904	7550	4604	7550	4831	7550	4976	7550	5050
14:00 EDT	7550	4967	7550	5207	7550	5230	7550	5208	7550	5124
15:00 EDT	7550	4939	7550	4958	7550	4895	7550	4832	7550	4719
16:00 EDT	7550	4718	7550	4888	7550	4926	7550	4789	7550	4865
17:00 EDT	7550	4546	7550	4867	7550	4965	7550	5240	7550	5038
18:00 EDT	7550	4472	7550	4943	7550	4789	7550	4704	7550	4706
19:00 EDT	7550	4404	7550	4785	7550	4827	7550	4886	7550	4922
20:00 EDT	7550	4473	7550	4656	7550	4531	7550	4687	7550	4488
21:00 EDT	7550	4644	7550	4550	7550	4553	7550	4649	7550	4659
22:00 EDT	7550	4853	7550	4673	7550	4588	7550	4815	7550	4852
23:00 EDT	7550	4915	7550	4645	7550	4719	7550	4896	7550	4877

PJM-NEPTUNE

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	10	660	10	660	10	660	10
01:00 EDT	660	0	660	10	660	10	660	10	660	10
02:00 EDT	660	0	660	10	660	10	660	10	660	10
03:00 EDT	660	0	660	10	660	10	660	10	660	10
04:00 EDT	660	0	660	10	660	10	660	10	660	10
05:00 EDT	660	0	660	10	660	10	660	10	660	10
06:00 EDT	660	0	660	10	660	10	660	10	660	10
07:00 EDT	660	0	660	10	660	10	660	10	660	10
08:00 EDT	660	0	660	10	660	10	660	10	660	10
09:00 EDT	660	0	660	10	660	10	660	10	660	10
10:00 EDT	660	0	660	10	660	10	660	10	660	10
11:00 EDT	660	0	660	10	660	10	660	10	660	10
12:00 EDT	660	0	660	10	660	10	660	10	660	10
13:00 EDT	660	0	660	10	660	10	660	10	660	10
14:00 EDT	660	0	660	10	660	10	660	10	660	10
15:00 EDT	660	0	660	10	660	10	660	10	660	10
16:00 EDT	660	0	660	10	660	10	660	10	660	10
17:00 EDT	660	0	660	10	660	10	660	10	660	10
18:00 EDT	660	0	660	10	660	10	660	10	660	10
19:00 EDT	660	0	660	10	660	10	660	10	660	10
20:00 EDT	660	0	660	10	660	10	660	10	660	10
21:00 EDT	660	0	660	10	660	10	660	10	660	10

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	360	660	360	660	360	660	360	660	360
01:00 EDT	660	360	660	360	660	360	660	360	660	360
02:00 EDT	660	360	660	360	660	360	660	360	660	360
03:00 EDT	660	360	660	360	660	360	660	360	660	360
04:00 EDT	660	360	660	360	660	360	660	360	660	360
05:00 EDT	660	360	660	360	660	360	660	360	660	360
06:00 EDT	660	160	660	160	660	160	660	160	660	160
07:00 EDT	660	300	660	300	660	300	660	300	660	300
08:00 EDT	660	207	660	196	660	207	660	207	660	207
09:00 EDT	660	193	660	194	660	194	660	194	660	194
10:00 EDT	660	300	660	300	660	300	660	300	660	300
11:00 EDT	660	300	660	200	660	200	660	200	660	200
12:00 EDT	660	300	660	200	660	200	660	6	660	76
13:00 EDT	660	160	660	160	660	160	660	160	660	160
14:00 EDT	660	25	660	0	660	0	660	0	660	0
15:00 EDT	660	37	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	160	660	70	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	160	660	160	660	160	660	160	660	160

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	40	315	40	315	40	315	40	315	40
01:00 EDT	315	40	315	40	315	40	315	40	315	40
02:00 EDT	315	40	315	40	315	40	315	40	315	40
03:00 EDT	315	40	315	40	315	40	315	40	315	40
04:00 EDT	315	40	315	40	315	40	315	40	315	40
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	40	315	0	315	0	315	0	315	0
12:00 EDT	315	40	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2237	4600	2167	4600	2206	4600	2238	4600	2249
01:00 EDT	4600	2475	4600	2327	4600	2318	4600	2354	4600	2394
02:00 EDT	4600	2470	4600	2402	4600	2459	4600	2460	4600	2501
03:00 EDT	4600	2536	4600	2502	4600	2510	4600	2525	4600	2552
04:00 EDT	4600	2518	4600	2535	4600	2520	4600	2479	4600	2472
05:00 EDT	4600	2336	4600	2511	4600	2438	4600	2353	4600	2284
06:00 EDT	4600	2385	4600	2526	4600	2423	4600	2393	4600	2326
07:00 EDT	4600	1842	4600	1961	4600	1889	4600	1827	4600	1917
08:00 EDT	4600	1679	4600	1815	4600	1740	4600	1637	4600	1600
09:00 EDT	4600	1546	4600	1534	4600	1380	4600	1275	4600	1254
10:00 EDT	4600	1224	4600	1423	4600	1203	4600	1312	4600	1325
11:00 EDT	4600	1106	4600	1369	4600	1352	4600	1334	4600	1340
12:00 EDT	4600	1203	4600	1378	4600	1293	4600	1647	4600	1679
13:00 EDT	4600	1301	4600	1648	4600	1661	4600	1660	4600	1660
14:00 EDT	4600	1363	4600	1632	4600	1656	4600	1704	4600	1720
15:00 EDT	4600	1469	4600	1668	4600	1652	4600	1617	4600	1610
16:00 EDT	4600	1574	4600	1786	4600	1831	4600	1870	4600	1953
17:00 EDT	4600	1524	4600	1913	4600	1892	4600	1922	4600	1968
18:00 EDT	4600	1519	4600	1863	4600	1944	4600	1931	4600	1881
19:00 EDT	4600	1684	4600	1907	4600	1952	4600	1994	4600	1988
20:00 EDT	4600	1839	4600	2076	4600	2122	4600	2281	4600	2233
21:00 EDT	4600	2178	4600	2425	4600	2438	4600	2475	4600	2329
22:00 EDT	4600	2146	4600	2467	4600	2561	4600	2426	4600	2356
23:00 EDT	4600	2173	4600	2160	4600	2141	4600	2205	4600	2232

UPNY/CONED

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6620	3911	6575	3492	6575	3551	6575	3624	6575	3613

01:00 EDT	6620	4205	6575	3734	6575	3743	6575	3808	6575	3875
02:00 EDT	6620	4150	6575	3884	6815	4203	6815	4221	6815	4281
03:00 EDT	6620	4203	6815	4312	6815	4322	6815	4347	6815	4341
04:00 EDT	6620	4197	6815	4360	6815	4347	6815	4287	6815	4324
05:00 EDT	6620	4057	6815	4482	6815	4397	6815	4271	6815	4184
06:00 EDT	6620	4141	6815	4398	6815	4310	6815	4271	6815	4173
07:00 EDT	6620	3666	6815	3806	6815	3714	6815	3643	6815	3753
08:00 EDT	6620	3248	6815	3569	6815	3518	6815	3369	6815	3301
09:00 EDT	6620	3353	6815	3174	6815	3008	6815	2934	6815	2925
10:00 EDT	6620	3138	6815	3054	6815	2820	6815	2954	6815	2970
11:00 EDT	6620	2939	6815	3010	6815	2920	6815	2937	6815	2955
12:00 EDT	6620	2955	6815	3038	6815	2947	6815	3237	6815	3307
13:00 EDT	6620	3067	6815	3229	6815	3252	6815	3275	6815	3278
14:00 EDT	6620	3052	6815	3200	6815	3285	6815	3311	6815	3286
15:00 EDT	6620	3084	6815	3276	6815	3251	6815	3203	6815	3217
16:00 EDT	6620	3175	6815	3401	6815	3424	6815	3430	6815	3535
17:00 EDT	6620	3304	6815	3516	6815	3440	6815	3443	6815	3528
18:00 EDT	6620	3087	6815	3537	6815	3633	6815	3649	6815	3591
19:00 EDT	6620	3269	6815	3523	6815	3565	6815	3619	6815	3529
20:00 EDT	6620	3447	6815	3529	6815	3571	6815	3730	6815	3706
21:00 EDT	6620	3904	6815	3923	6815	3954	6815	4045	6815	3945
22:00 EDT	6620	4056	6815	4019	6815	4157	6815	4085	6815	4061
23:00 EDT	6620	3871	6815	3756	6815	3780	6815	3947	6815	4023

WEST CENTRAL

[back to top](#)

Date: 10/21/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9889	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9882	9999	9886	9999	9898	9999	9899
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9899	9999	9899	9999	9851	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9644	9999	9643	9999	9684	9999	9713
05:00 EDT	9999	9899	9999	9877	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9653	9999	9899	9999	9531	9999	9382	9999	9302
07:00 EDT	9999	9296	9999	9406	9999	9294	9999	9348	9999	9312
08:00 EDT	9999	9657	9999	9677	9999	9617	9999	9603	9999	9773
09:00 EDT	9999	9899	9999	9795	9999	9871	9999	9822	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9822	9999	9798	9999	9853	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9842
16:00 EDT	9999	9621	9999	9716	9999	9738	9999	9724	9999	9696
17:00 EDT	9999	9336	9999	9509	9999	9452	9999	9523	9999	9461
18:00 EDT	9999	9430	9999	9523	9999	9687	9999	9566	9999	9472
19:00 EDT	9999	9472	9999	9515	9999	9581	9999	9595	9999	9555
20:00 EDT	9999	9487	9999	9392	9999	9280	9999	9336	9999	9354
21:00 EDT	9999	9776	9999	9565	9999	9636	9999	9610	9999	9640
22:00 EDT	9999	9783	9999	9713	9999	9610	9999	9884	9999	9861
23:00 EDT	9999	9805	9999	9899	9999	9899	9999	9899	9999	9868