

# ATC-TTC

CEDARS-HQ  
CENT EAST  
CSC-NPX  
DYSINGER EAST  
HQ-CEDARS  
HQ-NYISO  
IMO-NYISO  
ISONE-NYISO  
MOSES SOUTH

1385-NPX  
NPX-1385  
NPX-CSC  
NYISO-HQ  
NYISO-IMO  
NYISO-ISON  
NYISO-PJM  
NYPP EAST  
PJM-NEPTUNE  
PJM-NYISO  
SCH-HQ\_IMPORT\_EXPORT  
SCH-PJM\_HTP  
SCH-PJM\_VFT  
SCH-VFT\_PJM  
SPRAINBROOK/DUNWOODIE SOUTH  
UPNY/CONED  
WEST CENTRAL

1385-NPX

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Date: 09/22/2025

[illegible]

CEDARS-HQ

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Date: 09/22/2025

[illegible]



08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	2570	2850	2385	2850	2350	2850	2436	2850	2502
01:00 EDT	2850	2708	2850	2750	2850	2750	2850	2750	2850	2750
02:00 EDT	2850	2750	2850	2714	2850	2669	2850	2732	2850	2627
03:00 EDT	2850	2750	2850	2674	2850	2750	2850	2750	2850	2750
04:00 EDT	2850	2732	2850	2750	2850	2750	2850	2750	2850	2750
05:00 EDT	2850	2559	2850	2750	2850	2750	2850	2750	2850	2726
06:00 EDT	2850	2371	2850	2750	2850	2640	2850	2662	2850	2629
07:00 EDT	2850	2188	2850	2688	2850	2673	2850	2674	2850	2682
08:00 EDT	2850	2379	2850	2750	2850	2750	2850	2750	2850	2750
09:00 EDT	2850	2472	2850	2750	2850	2750	2850	2750	2850	2750
10:00 EDT	2850	2515	2850	2750	2850	2750	2850	2750	2850	2750
11:00 EDT	2850	2610	2850	2750	2850	2750	2850	2750	2850	2750
12:00 EDT	2850	2599	2850	2750	2850	2750	2850	2750	2850	2750
13:00 EDT	2850	2425	2850	2750	2850	2750	2850	2750	2850	2750
14:00 EDT	2850	2466	2850	2750	2850	2750	2850	2750	2850	2750
15:00 EDT	2850	2330	2850	2750	2850	2750	2850	2750	2850	2750
16:00 EDT	2850	2259	2850	2750	2850	2680	2850	2750	2850	2750
17:00 EDT	2850	2100	2850	2265	2850	2288	2850	2240	2850	2469
18:00 EDT	2850	1989	2850	2608	2850	2453	2850	2402	2850	2194
19:00 EDT	2850	2066	2850	2138	2850	2177	2850	2043	2850	1979
20:00 EDT	2850	2031	2850	1818	2850	1911	2850	2041	2850	2065
21:00 EDT	2850	2271	2850	2350	2850	2307	2850	2432	2850	2410
22:00 EDT	2850	2509	2850	2466	2850	2622	2850	2586	2850	2691
23:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750

HQ-CEDARS

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	80	80	40	40	40	40	40	40	40	40
01:00 EDT	80	80	40	40	40	40	40	40	40	40
02:00 EDT	80	80	40	40	40	40	40	40	40	40
03:00 EDT	80	80	40	40	40	40	40	40	40	40
04:00 EDT	80	80	40	40	40	40	40	40	40	40
05:00 EDT	80	80	40	40	40	40	40	40	40	40
06:00 EDT	80	80	40	40	40	40	40	40	40	40
07:00 EDT	80	80	40	40	40	40	40	40	40	40
08:00 EDT	80	80	40	40	40	40	40	40	40	40
09:00 EDT	80	80	40	40	40	40	40	40	40	40

10:00 EDT	80	80	40	40	40	40	40	40	40	40
11:00 EDT	80	80	40	40	40	40	40	40	40	40
12:00 EDT	80	80	40	40	40	40	40	40	40	40
13:00 EDT	80	80	40	40	40	40	40	40	40	40
14:00 EDT	80	80	40	7	40	7	40	7	40	7
15:00 EDT	80	80	40	40	40	40	40	40	40	40
16:00 EDT	80	80	40	40	40	40	40	40	40	40
17:00 EDT	80	80	40	40	40	40	40	40	40	40
18:00 EDT	80	80	40	40	40	40	40	40	40	40
19:00 EDT	80	80	40	40	40	40	40	40	40	40
20:00 EDT	80	80	40	40	40	40	40	40	40	40
21:00 EDT	80	80	40	40	40	40	40	40	40	40
22:00 EDT	80	80	40	40	40	40	40	40	40	40
23:00 EDT	80	80	40	40	40	40	40	40	40	40

HQ-NYISO

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1350	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1350	1500	1499	1500	1499	1500	1499	1500	1499
08:00 EDT	1500	1350	1500	1485	1500	1485	1500	1485	1500	1485
09:00 EDT	1500	1350	1500	1500	1500	1475	1500	1475	1500	1475
10:00 EDT	1500	1350	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1350	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1350	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1950	1300	1950	998	1950	1002	1950	998	1950	1000
01:00 EDT	1950	1614	1950	1384	1950	1384	1950	1385	1950	1383
02:00 EDT	1950	1635	1950	1258	1950	1256	1950	1258	1950	1256
03:00 EDT	1950	1649	1950	1396	1950	1414	1950	1413	1950	1414
04:00 EDT	1950	1638	1950	1425	1950	1423	1950	1420	1950	1420
05:00 EDT	1950	1507	1950	1510	1950	1510	1950	1510	1950	1510
06:00 EDT	1950	1437	1950	1650	1950	1650	1950	1650	1950	1650
07:00 EDT	1950	1567	1950	1650	1950	1650	1950	1650	1950	1650
08:00 EDT	1950	1572	1950	1650	1950	1650	1950	1650	1950	1650
09:00 EDT	1950	1574	1950	1650	1950	1650	1950	1650	1950	1650
10:00 EDT	1950	1634	1950	1650	1950	1650	1950	1650	1950	1650
11:00 EDT	1950	1636	1950	1650	1950	1650	1950	1650	1950	1650

12:00 EDT	1950	1634	1950	1650	1950	1650	1950	1650	1950	1650
13:00 EDT	1950	1632	1950	1650	1950	1650	1950	1650	1950	1650
14:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
15:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
16:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
17:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
18:00 EDT	1950	1624	1950	1650	1950	1650	1950	1650	1950	1650
19:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
20:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
21:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
22:00 EDT	1950	1476	1950	1650	1950	1650	1950	1650	1950	1650
23:00 EDT	1950	1463	1950	1525	1950	1522	1950	1524	1950	1524

ISONE-NYISO

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	500	700	500	700	500	700	500	700	500
01:00 EDT	700	500	700	500	700	500	700	500	700	500
02:00 EDT	700	500	700	500	700	500	700	500	700	500
03:00 EDT	700	500	700	500	700	500	700	500	700	500
04:00 EDT	700	500	700	500	700	500	700	500	700	500
05:00 EDT	700	500	700	500	700	500	700	500	700	500
06:00 EDT	700	500	700	500	700	500	700	500	700	500
07:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
08:00 EDT	1000	561	1000	800	1000	800	1000	782	1000	484
09:00 EDT	1000	341	1000	187	1000	239	1000	168	1000	109
10:00 EDT	1000	255	1000	0	1000	0	1000	0	1000	0
11:00 EDT	1000	157	1000	0	1000	0	1000	0	1000	0
12:00 EDT	1000	10	1000	0	1000	0	1000	0	1000	0
13:00 EDT	1000	0	1000	0	1000	0	1000	0	1000	0
14:00 EDT	1000	74	1000	0	1000	0	1000	0	1000	0
15:00 EDT	1000	66	1000	0	1000	0	1000	0	1000	0
16:00 EDT	1000	63	1000	252	1000	250	1000	253	1000	252
17:00 EDT	1000	523	1000	548	1000	534	1000	602	1000	676
18:00 EDT	1000	580	1000	485	1000	466	1000	665	1000	765
19:00 EDT	1000	616	1000	800	954	754	940	740	1000	800
20:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
21:00 EDT	1000	329	1000	789	1000	553	1000	471	1000	470
22:00 EDT	1000	338	1000	347	1000	347	1000	346	1000	346
23:00 EDT	700	198	700	0	700	51	700	24	700	102

MOSES SOUTH

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
01:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
02:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
03:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
04:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
05:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
06:00 EDT	3000	2404	3000	2611	3000	2610	3000	2723	3000	2785
07:00 EDT	3000	2408	3000	2708	3000	2662	3000	2750	3000	2750
08:00 EDT	3000	2459	3000	2743	3000	2726	3000	2760	3000	2860
09:00 EDT	3000	2543	3000	2900	3000	2545	3000	2718	3000	2900
10:00 EDT	3000	2572	3000	2900	3000	2900	3000	2900	3000	2900
11:00 EDT	3000	2590	3000	2900	3000	2799	3000	2890	3000	2900
12:00 EDT	3000	2566	3000	2900	3000	2900	3000	2900	3000	2900
13:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900

14:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
15:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2881
16:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
17:00 EDT	3000	2900	3000	2900	3000	2875	3000	2853	3000	2635
18:00 EDT	3000	2900	3000	2770	3000	2900	3000	2900	3000	2900
19:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
20:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
21:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
22:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
23:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900

NPX-1385

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NPX-CSC

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
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16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	380	980	44	980	44	980	44	980	44
01:00 EDT	1000	390	980	54	980	54	980	54	980	54
02:00 EDT	1000	440	980	104	980	104	980	104	980	104
03:00 EDT	1000	390	980	54	980	54	980	54	980	54
04:00 EDT	1000	390	980	54	980	54	980	54	980	54
05:00 EDT	1000	450	980	114	980	114	980	114	980	114
06:00 EDT	200	200	200	34	200	34	200	34	200	34
07:00 EDT	200	200	200	200	200	200	200	200	200	200
08:00 EDT	200	200	200	200	200	200	200	200	200	200
09:00 EDT	200	200	200	120	200	200	200	200	200	200
10:00 EDT	200	200	200	111	200	161	200	161	200	161
11:00 EDT	200	200	200	125	200	161	200	161	200	161
12:00 EDT	200	200	200	0	200	124	200	124	200	124
13:00 EDT	1000	450	200	0	200	0	200	0	200	0
14:00 EDT	1000	370	200	0	200	0	200	0	200	0
15:00 EDT	1000	370	200	0	200	0	200	0	200	0
16:00 EDT	1000	370	200	0	200	0	200	0	200	0
17:00 EDT	1000	370	200	0	200	105	200	105	200	105
18:00 EDT	1000	370	200	0	200	0	200	0	1000	800
19:00 EDT	1000	280	1000	800	1000	905	1000	905	1000	905
20:00 EDT	900	350	900	105	900	105	900	105	900	105
21:00 EDT	900	350	900	0	900	50	900	50	900	50
22:00 EDT	900	350	900	120	900	120	900	120	900	120
23:00 EDT	900	350	900	20	900	20	900	20	900	20

NYISO-IMO

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
01:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
02:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
03:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
04:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
05:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
06:00 EDT	1400	1100	1400	947	1400	947	1400	947	1400	947
07:00 EDT	1400	1100	1400	644	1400	809	1400	809	1400	809
08:00 EDT	1400	1100	1400	653	1400	655	1400	651	1400	653
09:00 EDT	1400	1100	1400	391	1400	394	1400	391	1400	391
10:00 EDT	1400	1100	1400	439	1400	442	1400	439	1400	442
11:00 EDT	1400	1100	1400	133	1400	134	1400	133	1400	132
12:00 EDT	1400	1100	1400	157	1400	155	1400	156	1400	154
13:00 EDT	1400	1100	1400	49	1400	48	1400	46	1400	49
14:00 EDT	1400	1018	1400	253	1400	250	1400	250	1400	255
15:00 EDT	1400	1019	1400	122	1400	122	1400	127	1400	122
16:00 EDT	1400	1016	1400	268	1400	368	1400	367	1400	363
17:00 EDT	1400	1042	1400	814	1400	817	1400	815	1400	816

18:00 EDT	1400	1100	1400	610	1400	616	1400	612	1400	617
19:00 EDT	1400	929	1400	751	1400	749	1400	753	1400	753
20:00 EDT	1400	977	1400	643	1400	642	1400	642	1400	642
21:00 EDT	1400	1078	1400	799	1400	804	1400	804	1400	804
22:00 EDT	1400	1100	1400	837	1400	839	1400	839	1400	839
23:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100

NYISO-ISONE

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	883	1600	793	1600	749	1600	752	1600	751
01:00 EDT	1600	1069	1600	928	1600	920	1600	929	1600	928
02:00 EDT	1600	1080	1600	939	1600	935	1600	1010	1600	1010
03:00 EDT	1600	925	1600	930	1600	978	1600	980	1600	980
04:00 EDT	1600	1007	1600	1014	1600	1017	1600	1063	1600	992
05:00 EDT	1600	1096	1600	1080	1600	1149	1600	1117	1600	1157
06:00 EDT	1600	1171	1600	1313	1600	1315	1600	1318	1600	1257
07:00 EDT	1200	805	1200	699	1200	683	1200	753	1200	779
08:00 EDT	1200	1000	1200	782	1200	960	1200	1000	1200	1000
09:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
10:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
11:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
12:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
13:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
14:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
15:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
16:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
17:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
18:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
19:00 EDT	1200	1000	1200	896	1200	802	1200	801	1200	821
20:00 EDT	1200	886	1200	934	1200	738	1200	776	1200	772
21:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
22:00 EDT	1200	1000	1200	1000	1200	1000	1200	1000	1200	1000
23:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750



20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5453	7550	5488	7550	5428	7550	5376	7550	5042
01:00 EDT	7550	5527	7550	5309	7550	5206	7550	5242	7550	5223
02:00 EDT	7550	5539	7550	5061	7550	5027	7550	5075	7550	5099
03:00 EDT	7550	5334	7550	5088	7550	5142	7550	5164	7550	5143
04:00 EDT	7550	5561	7550	5156	7550	5106	7550	5197	7550	5336
05:00 EDT	7550	5396	7550	5390	7550	5447	7550	5540	7550	5603
06:00 EDT	7550	4943	7550	5191	7550	5164	7550	5136	7550	5287
07:00 EDT	7550	4633	7550	4979	7550	4986	7550	5031	7550	5032
08:00 EDT	7550	4848	7550	5393	7550	5342	7550	5283	7550	5389
09:00 EDT	7550	4949	7550	5813	7550	5571	7550	5790	7550	5801
10:00 EDT	7550	5006	7550	5897	7550	5894	7550	5935	7550	5970
11:00 EDT	7550	5342	7550	6374	7550	6238	7550	6458	7550	6517
12:00 EDT	7550	5229	7550	6484	7550	6412	7550	6312	7550	6349
13:00 EDT	7550	5610	7550	6505	7550	6430	7550	6576	7550	6409
14:00 EDT	7550	5783	7550	6410	7550	6402	7550	6373	7550	6524
15:00 EDT	7550	5916	7550	6201	7550	6180	7550	6200	7550	6068
16:00 EDT	7550	6189	7550	6173	7550	6133	7550	6196	7550	6152
17:00 EDT	7550	6279	7550	5683	7550	5757	7550	5809	7550	5965
18:00 EDT	7550	6299	7550	6402	7550	6526	7550	6450	7550	6288
19:00 EDT	7550	6462	7550	6053	7550	5982	7550	6021	7550	5987
20:00 EDT	7550	6063	7550	6322	7550	6321	7550	6368	7550	6347
21:00 EDT	7550	6079	7550	6847	7550	6828	7550	6820	7550	6798
22:00 EDT	7550	6364	7550	6942	7550	7011	7550	6934	7550	7024
23:00 EDT	7550	6396	7550	7286	7550	7274	7550	7215	7550	7155

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	10	660	10	660	10
03:00 EDT	660	0	660	10	660	10	660	10	660	10
04:00 EDT	660	0	660	10	660	10	660	10	660	10
05:00 EDT	660	0	660	10	660	10	660	10	660	10
06:00 EDT	660	0	660	10	660	10	660	10	660	10
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0



	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	100	660	100	660	100	660	100	660	100
01:00 EDT	660	100	660	39	660	100	660	100	660	100
02:00 EDT	660	100	660	430	660	430	660	430	660	430
03:00 EDT	660	100	660	430	660	430	660	430	660	430
04:00 EDT	660	100	660	430	660	430	660	430	660	430
05:00 EDT	660	100	660	430	660	430	660	430	660	430
06:00 EDT	660	100	660	430	660	430	660	430	660	430
07:00 EDT	660	0	660	430	660	430	660	430	660	430
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	100	660	0	660	0	660	0	660	0
10:00 EDT	660	210	660	0	660	93	660	100	660	100
11:00 EDT	660	100	660	0	660	0	660	0	660	0
12:00 EDT	660	100	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	72	315	72	315	72	315	72	315	72
01:00 EDT	315	91	315	91	315	91	315	91	315	91
02:00 EDT	315	89	315	87	315	87	315	87	315	87
03:00 EDT	315	103	315	103	315	103	315	103	315	103
04:00 EDT	315	105	315	100	315	100	315	100	315	100
05:00 EDT	315	112	315	109	315	109	315	109	315	109
06:00 EDT	315	140	315	140	315	140	315	140	315	140
07:00 EDT	315	140	315	140	315	140	315	140	315	140
08:00 EDT	315	124	315	124	315	124	315	124	315	124
09:00 EDT	315	121	315	121	315	121	315	121	315	121
10:00 EDT	315	135	315	135	315	135	315	135	315	135
11:00 EDT	315	122	315	122	315	122	315	122	315	122
12:00 EDT	315	133	315	133	315	133	315	133	315	133
13:00 EDT	315	142	315	142	315	142	315	142	315	142
14:00 EDT	315	130	315	130	315	130	315	130	315	130
15:00 EDT	315	140	315	140	315	140	315	140	315	140
16:00 EDT	315	174	315	174	315	174	315	174	315	174
17:00 EDT	315	90	315	140	315	140	315	106	315	90
18:00 EDT	315	135	315	140	315	140	315	140	315	138
19:00 EDT	315	163	315	163	315	163	315	163	315	163
20:00 EDT	315	158	315	158	315	158	315	158	315	158
21:00 EDT	315	140	315	140	315	140	315	140	315	140
22:00 EDT	315	140	315	140	315	140	315	140	315	140
23:00 EDT	315	90	315	90	315	90	315	90	315	90

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3099	4600	2854	4600	2887	4600	2888	4600	2743
01:00 EDT	4600	3257	4600	2819	4600	2854	4600	2925	4600	2981
02:00 EDT	4600	3277	4600	2995	4600	2992	4600	2963	4600	2971
03:00 EDT	4600	3356	4600	3009	4600	3010	4600	3036	4600	3035
04:00 EDT	4600	3363	4600	3020	4600	2999	4600	2982	4600	2970
05:00 EDT	4600	3197	4600	2906	4600	2901	4600	2847	4600	2844
06:00 EDT	4600	2656	4600	2620	4600	2578	4600	2483	4600	2555
07:00 EDT	4600	2264	4600	2502	4600	2404	4600	2334	4600	2306
08:00 EDT	4600	1852	4600	2656	4600	2555	4600	2499	4600	2350
09:00 EDT	4600	1773	4600	2253	4600	2191	4600	2150	4600	2148
10:00 EDT	4600	1671	4600	2091	4600	1975	4600	1948	4600	1937
11:00 EDT	4600	1723	4600	2080	4600	2050	4600	2056	4600	2050
12:00 EDT	4600	1623	4600	2058	4600	2025	4600	2000	4600	1997
13:00 EDT	4600	1657	4600	2028	4600	2020	4600	2037	4600	2003
14:00 EDT	4600	1580	4600	1852	4600	1907	4600	1824	4600	1823
15:00 EDT	4600	1449	4600	1723	4600	1769	4600	1685	4600	1630
16:00 EDT	4600	1561	4600	1664	4600	1753	4600	1788	4600	1762
17:00 EDT	4600	1886	4600	1567	4600	1685	4600	1806	4600	2105
18:00 EDT	4600	1931	4600	2222	4600	2269	4600	2361	4600	2321
19:00 EDT	4600	2214	4600	2288	4600	2323	4600	2391	4600	2411
20:00 EDT	4600	2258	4600	2538	4600	2621	4600	2672	4600	2644
21:00 EDT	4600	2039	4600	2746	4600	2842	4600	2728	4600	2580
22:00 EDT	4600	2358	4600	2499	4600	2506	4600	2432	4600	2435
23:00 EDT	4600	2625	4600	2544	4600	2645	4600	2599	4600	2589

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6280	4035	6190	3825	6190	3866	6190	3919	6190	3797

01:00 EDT	6280	4247	6190	3855	6190	3909	6190	4021	6190	4104
02:00 EDT	6280	4292	6190	4157	6190	4130	6190	4103	6190	4126
03:00 EDT	6280	4332	6190	4164	6190	4153	6190	4190	6190	4183
04:00 EDT	6280	4364	6190	4135	6190	4105	6190	4112	6190	4058
05:00 EDT	6280	4113	6190	3962	6190	3924	6190	3826	6190	3779
06:00 EDT	6280	3502	6190	3505	6190	3420	6190	3363	6190	3632
07:00 EDT	6280	3133	6190	3608	6190	3565	6190	3541	6190	3437
08:00 EDT	6280	2561	6190	3787	6190	3536	6190	3386	6190	3159
09:00 EDT	6280	2472	6190	3154	6190	2955	6190	3026	6190	2945
10:00 EDT	6280	2238	6190	2880	6190	2795	6190	2786	6190	2755
11:00 EDT	6280	2323	6190	3123	6190	3041	6190	3135	6190	3153
12:00 EDT	6280	2174	6190	3100	6190	2953	6560	3237	6560	3185
13:00 EDT	6650	2711	6560	3307	6560	3268	6560	3427	6560	3247
14:00 EDT	6650	3038	6560	3224	6560	3184	6560	3079	6560	3087
15:00 EDT	6650	2878	6560	2845	6560	2894	6560	2921	6560	2917
16:00 EDT	6650	2994	6560	3079	6560	3143	6560	3216	6560	3170
17:00 EDT	6650	3542	6560	3027	6560	3068	6560	3190	6560	3450
18:00 EDT	6650	3344	6560	3505	6560	3552	6560	3671	6560	3646
19:00 EDT	6650	3609	6560	3577	6560	3584	6560	3642	6560	3652
20:00 EDT	6650	3810	6560	3900	6560	4088	6560	4145	6560	4171
21:00 EDT	6650	3558	6560	4354	6560	4364	6560	4240	6560	4129
22:00 EDT	6650	3573	6560	4092	6560	4102	6560	4003	6560	4024
23:00 EDT	6650	3960	6560	4212	6560	4265	6560	4119	6560	4092

WEST CENTRAL

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Date: 09/22/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9850	9999	9877	9999	9835	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9893	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9793	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9695	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9881	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9815	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9747	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9786	9999	9899	9999	9899	9999	9899	9999	9875
20:00 EDT	9999	9742	9999	9695	9999	9771	9999	9878	9999	9890
21:00 EDT	9999	9841	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899