

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	109	125	109	125	109	125	109
01:00 EDT	125	75	125	74	125	74	125	74	125	74
02:00 EDT	125	125	125	120	125	120	125	120	125	120
03:00 EDT	125	125	125	120	125	120	125	120	125	120
04:00 EDT	125	125	125	120	125	120	125	120	125	120
05:00 EDT	125	125	125	112	125	112	125	112	125	112
06:00 EDT	125	125	125	105	125	105	125	105	125	105
07:00 EDT	125	125	125	105	125	105	125	105	125	105
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	120	125	120	125	120	125	120

CEDARS-HQ

[back to top](#)

Date: 09/10/2025

[illegible]

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	2523	2850	2197	2850	2234	2850	2181	2850	2302
01:00 EDT	2850	2750	2850	2171	2850	2235	2850	2240	2850	2300
02:00 EDT	2850	2750	2850	2518	2850	2533	2850	2442	2850	2402
03:00 EDT	2850	2750	2850	2475	2850	2561	2850	2531	2850	2513
04:00 EDT	2850	2750	2850	2516	2850	2533	2850	2560	2850	2528
05:00 EDT	2850	2750	2850	2557	2850	2544	2850	2548	2850	2687
06:00 EDT	2850	2175	2850	2457	2850	2493	2850	2399	2850	2396
07:00 EDT	2850	2172	2850	2443	2850	2397	2850	2386	2850	2421
08:00 EDT	2850	2354	2850	2282	2850	2314	2850	2373	2850	2458
09:00 EDT	2850	2352	2850	2509	2850	2528	2850	2558	2850	2507
10:00 EDT	2850	2373	2850	2471	2850	2559	2850	2517	2850	2561
11:00 EDT	2850	2528	2850	2642	2850	2666	2850	2661	2850	2610
12:00 EDT	2850	2434	2850	2673	2850	2579	2850	2547	2850	2503
13:00 EDT	2850	2461	2850	2690	2850	2706	2850	2716	2850	2711
14:00 EDT	2850	2478	2850	2612	2850	2702	2850	2701	2850	2646
15:00 EDT	2850	2511	2850	2467	2850	2403	2850	2418	2850	2377
16:00 EDT	2850	2491	2850	2435	2850	2436	2850	2416	2850	2268
17:00 EDT	2850	2505	2850	2503	2850	2499	2850	2381	2850	2359
18:00 EDT	2850	2438	2850	2456	2850	2394	2850	2329	2850	2369
19:00 EDT	2850	2417	2850	2693	2850	2632	2850	2595	2850	2596
20:00 EDT	2850	2616	2850	2496	2850	2498	2850	2459	2850	2495
21:00 EDT	2850	2463	2850	2048	2850	1979	2850	2321	2850	2460
22:00 EDT	2850	2648	2850	2724	2850	2591	2850	2526	2850	2535
23:00 EDT	2850	2750	2850	2679	2850	2671	2850	2477	2850	2476

HQ-CEDARS

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	80	80	80	43	80	43	80	43	80	43
01:00 EDT	80	80	80	45	80	45	80	45	80	45
02:00 EDT	80	80	80	44	80	44	80	44	80	44
03:00 EDT	80	80	80	45	80	45	80	45	80	45
04:00 EDT	80	80	80	44	80	44	80	44	80	44
05:00 EDT	80	80	80	33	80	33	80	33	80	33
06:00 EDT	80	80	80	26	80	26	80	26	80	26
07:00 EDT	80	62	80	35	80	35	80	35	80	35
08:00 EDT	80	80	80	66	80	66	80	66	80	66
09:00 EDT	80	80	80	78	80	78	80	78	80	78

10:00 EDT	80	80	80	80	80	80	80	80	80	80
11:00 EDT	80	80	80	80	80	80	80	80	80	80
12:00 EDT	80	80	80	65	80	65	80	65	80	65
13:00 EDT	80	80	80	60	80	60	80	60	80	60
14:00 EDT	80	80	80	60	80	60	80	60	80	60
15:00 EDT	80	80	80	73	80	73	80	73	80	73
16:00 EDT	80	80	80	80	80	80	80	80	80	80
17:00 EDT	80	80	80	78	80	78	80	78	80	78
18:00 EDT	80	80	80	60	80	60	80	60	80	60
19:00 EDT	80	80	80	54	80	54	80	54	80	54
20:00 EDT	80	80	80	60	80	60	80	60	80	60
21:00 EDT	80	80	80	65	80	65	80	65	80	65
22:00 EDT	80	80	80	58	80	58	80	58	80	58
23:00 EDT	80	80	80	80	80	80	80	80	80	80

HQ-NYISO

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1430	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1240	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1150	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1900	1050	1900	768	1900	769	1900	765	1900	768
01:00 EDT	1900	1442	1900	473	1900	471	1900	471	1900	471
02:00 EDT	1900	1501	1900	555	1900	552	1900	551	1900	550
03:00 EDT	1900	1450	1900	760	1900	763	1900	762	1900	760
04:00 EDT	1900	1450	1900	721	1900	722	1900	722	1900	719
05:00 EDT	1900	1267	1900	691	1900	690	1900	691	1900	693
06:00 EDT	1900	875	1900	930	1900	932	1900	930	1900	929
07:00 EDT	1900	1200	1900	1172	1900	1172	1900	1172	1900	1171
08:00 EDT	1900	1368	1900	1242	1900	1244	1900	1246	1900	1249
09:00 EDT	1900	1491	1900	1381	1900	1381	1900	1383	1900	1380
10:00 EDT	1900	1451	1900	1347	1900	1345	1900	1348	1900	1345
11:00 EDT	1900	1502	1900	1404	1900	1405	1900	1400	1900	1400

12:00 EDT	1900	1525	1900	1443	1900	1443	1900	1442	1900	1442
13:00 EDT	1900	1525	1900	1599	1900	1599	1900	1600	1900	1600
14:00 EDT	1900	1525	1900	1597	1900	1600	1900	1600	1900	1598
15:00 EDT	1900	1600	1900	1598	1900	1598	1900	1598	1900	1598
16:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
17:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
18:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
19:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
20:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
21:00 EDT	1900	1590	1900	1538	1900	1536	1900	1537	1900	1536
22:00 EDT	1900	1390	1900	1361	1900	1356	1900	1358	1900	1353
23:00 EDT	1900	1492	1900	1215	1900	1220	1900	1220	1900	1220

ISONE-NYISO

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	500	600	400	600	400	600	400	600	400
01:00 EDT	700	500	600	400	600	400	600	400	600	400
02:00 EDT	700	500	600	400	600	400	600	400	600	400
03:00 EDT	700	500	600	400	600	400	600	400	600	400
04:00 EDT	700	500	600	400	600	400	600	400	600	400
05:00 EDT	700	500	600	400	600	400	600	400	600	400
06:00 EDT	700	500	600	400	600	400	600	400	600	400
07:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
08:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
09:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
10:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
11:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
12:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
13:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
14:00 EDT	1000	800	1000	756	1000	703	1000	703	1000	703
15:00 EDT	1000	800	1000	482	1000	482	1000	582	1000	631
16:00 EDT	1000	800	1000	703	1000	784	1000	800	1000	761
17:00 EDT	1000	800	1000	800	1000	774	1000	592	1000	429
18:00 EDT	1000	800	1000	422	1000	666	1000	800	1000	800
19:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	715
20:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
21:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
22:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
23:00 EDT	700	500	600	400	600	400	600	400	600	400

MOSES SOUTH

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3000	2156	3000	2777	3000	2705	3000	2674	3000	2561
01:00 EDT	3000	2158	3000	2595	3000	2584	3000	2588	3000	2584
02:00 EDT	3000	2162	3000	2538	3000	2481	3000	2501	3000	2525
03:00 EDT	3000	2205	3000	2537	3000	2518	3000	2494	3000	2482
04:00 EDT	3000	2207	3000	2468	3000	2439	3000	2408	3000	2371
05:00 EDT	3000	2207	3000	2356	3000	2373	3000	2414	3000	2429
06:00 EDT	3000	2235	3000	2407	3000	2368	3000	2403	3000	2410
07:00 EDT	3000	2225	3000	2439	3000	2456	3000	2404	3000	2493
08:00 EDT	3000	2423	3000	2782	3000	2786	3000	2733	3000	2708
09:00 EDT	3000	2512	3000	2717	3000	2673	3000	2724	3000	2719
10:00 EDT	3000	2405	3000	2741	3000	2721	3000	2696	3000	2694
11:00 EDT	3000	2386	3000	2595	3000	2632	3000	2705	3000	2700
12:00 EDT	3000	2293	3000	2534	3000	2546	3000	2591	3000	2651
13:00 EDT	3000	2280	3000	2656	3000	2675	3000	2655	3000	2670

14:00 EDT	3000	2284	3000	2724	3000	2684	3000	2711	3000	2776
15:00 EDT	3000	2236	3000	2811	3000	2875	3000	2844	3000	2837
16:00 EDT	3000	2204	3000	2865	3000	2776	3000	2804	3000	2819
17:00 EDT	3000	2261	3000	2900	3000	2900	3000	2900	3000	2900
18:00 EDT	3000	2178	3000	2702	3000	2727	3000	2754	3000	2714
19:00 EDT	3000	2209	3000	2689	3000	2701	3000	2715	3000	2722
20:00 EDT	3000	2156	3000	2579	3000	2599	3000	2636	3000	2619
21:00 EDT	3000	2103	3000	2638	3000	2741	3000	2628	3000	2591
22:00 EDT	3000	2186	3000	2571	3000	2695	3000	2738	3000	2660
23:00 EDT	3000	2192	3000	2740	3000	2727	3000	2778	3000	2757

NPX-1385

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	120	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	100	125	125	125	125	125	125	125	125
03:00 EDT	125	100	125	125	125	125	125	125	125	125
04:00 EDT	125	100	125	125	125	125	125	125	125	125
05:00 EDT	125	100	125	125	125	125	125	125	125	125
06:00 EDT	125	115	125	125	125	125	125	125	125	125
07:00 EDT	125	115	125	125	125	125	125	125	125	125
08:00 EDT	125	74	125	94	125	94	125	94	125	94
09:00 EDT	125	84	125	104	125	104	125	104	125	104
10:00 EDT	125	84	125	104	125	104	125	104	125	104
11:00 EDT	125	85	125	105	125	105	125	105	125	105
12:00 EDT	125	85	125	105	125	105	125	105	125	105
13:00 EDT	125	85	125	110	125	110	125	110	125	110
14:00 EDT	125	83	125	29	125	29	125	29	125	29
15:00 EDT	125	115	125	106	125	106	125	106	125	106
16:00 EDT	125	89	125	79	125	79	125	79	125	79
17:00 EDT	125	80	125	68	125	68	125	68	125	68
18:00 EDT	125	97	125	69	125	69	125	69	125	69
19:00 EDT	125	30	125	2	125	2	125	2	125	2
20:00 EDT	125	70	125	39	125	39	125	39	125	39
21:00 EDT	125	61	125	76	125	76	125	76	125	76
22:00 EDT	125	71	125	97	125	97	125	97	125	97
23:00 EDT	125	95	125	125	125	125	125	125	125	125

NPX-CSC

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	105	330	105	330	105	330	105	330	105
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	300	300	280	0	280	0	280	0	280	0
09:00 EDT	300	300	280	0	280	0	280	0	280	0
10:00 EDT	300	300	280	0	280	0	280	0	280	0
11:00 EDT	300	300	280	0	280	0	280	0	280	0
12:00 EDT	300	300	280	0	280	49	280	49	280	49
13:00 EDT	300	300	280	0	280	0	280	0	280	0
14:00 EDT	300	300	280	0	280	0	280	0	280	0
15:00 EDT	300	300	280	0	280	0	280	0	280	0
16:00 EDT	300	300	280	0	280	100	280	100	280	100
17:00 EDT	300	300	280	0	280	0	280	0	280	0
18:00 EDT	300	300	280	0	280	0	280	0	280	0
19:00 EDT	300	300	280	0	280	0	280	0	280	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NYISO-IMO

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
01:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
02:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
03:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
04:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
05:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
06:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
07:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
08:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
09:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
10:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
11:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
12:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
13:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
14:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
15:00 EDT	1200	874	1200	900	1200	900	1200	900	1200	900
16:00 EDT	1200	823	1200	732	1200	732	1200	732	1200	732
17:00 EDT	1200	513	1200	375	1200	374	1200	374	1200	374

18:00 EDT	1200	646	1200	549	1200	554	1200	554	1200	552
19:00 EDT	1200	646	1200	287	1200	288	1200	288	1200	286
20:00 EDT	1200	546	1200	480	1200	475	1200	479	1200	479
21:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
22:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
23:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900

NYISO-ISONE

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	65	1600	169	1600	330	1600	169	1600	261
01:00 EDT	1600	0	1600	176	1600	166	1600	93	1600	72
02:00 EDT	1600	191	1600	125	1600	53	1600	53	1600	30
03:00 EDT	1600	166	1600	40	1600	40	1600	123	1600	40
04:00 EDT	1600	501	1600	73	1600	0	1600	71	1600	71
05:00 EDT	1600	206	1600	0	1600	16	1600	101	1600	153
06:00 EDT	1600	157	1600	215	1600	318	1600	428	1600	359
07:00 EDT	1600	598	1600	501	1600	502	1600	618	1600	686
08:00 EDT	1600	713	1600	607	1600	607	1600	532	1600	607
09:00 EDT	1600	772	1600	527	1600	527	1600	528	1600	528
10:00 EDT	1600	529	1600	721	1600	721	1600	785	1600	784
11:00 EDT	1600	614	1600	992	1600	1045	1600	1092	1600	1092
12:00 EDT	1600	478	1600	1020	1600	1066	1600	1066	1600	1066
13:00 EDT	1600	467	1600	1063	1600	1143	1600	1064	1600	1146
14:00 EDT	1600	543	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	759	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	727	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	521	1600	1367	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	716	1600	1400	1600	1400	1600	1290	1600	1055
19:00 EDT	1600	856	1600	1170	1600	1344	1600	1343	1600	1400
20:00 EDT	1600	856	1600	1186	1600	1177	1600	1095	1600	1110
21:00 EDT	1600	883	1600	885	1600	853	1600	915	1600	884
22:00 EDT	1600	837	1600	1053	1600	1024	1600	724	1600	784
23:00 EDT	1600	510	1600	773	1600	772	1600	721	1600	769

NYISO-PJM

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4627	7550	4462	7550	4647	7550	4346	7550	4240
01:00 EDT	7550	4650	7550	4243	7550	4228	7550	4176	7550	4137
02:00 EDT	7550	4870	7550	4529	7550	4493	7550	4414	7550	4311
03:00 EDT	7550	4893	7550	4364	7550	4463	7550	4447	7550	4448
04:00 EDT	7550	5138	7550	4491	7550	4411	7550	4455	7550	4488
05:00 EDT	7550	5139	7550	4561	7550	4508	7550	4538	7550	4994
06:00 EDT	7550	4421	7550	4638	7550	4662	7550	4687	7550	4413
07:00 EDT	7550	4599	7550	4749	7550	4723	7550	4755	7550	4736
08:00 EDT	7550	4622	7550	4674	7550	4634	7550	4491	7550	4387
09:00 EDT	7550	4492	7550	4301	7550	4170	7550	4185	7550	4097
10:00 EDT	7550	4105	7550	3903	7550	3934	7550	3950	7550	3924
11:00 EDT	7550	4263	7550	4058	7550	4082	7550	4113	7550	4092
12:00 EDT	7550	4029	7550	4127	7550	4095	7550	4106	7550	4191
13:00 EDT	7550	4139	7550	4448	7550	4439	7550	4479	7550	4531
14:00 EDT	7550	3989	7550	4380	7550	4412	7550	4554	7550	4571
15:00 EDT	7550	4271	7550	4441	7550	4498	7550	4505	7550	4508
16:00 EDT	7550	4431	7550	4783	7550	4719	7550	4789	7550	4762
17:00 EDT	7550	4917	7550	5257	7550	5303	7550	5325	7550	5451
18:00 EDT	7550	5375	7550	5544	7550	5699	7550	5668	7550	5749
19:00 EDT	7550	5597	7550	6295	7550	6433	7550	6456	7550	6473
20:00 EDT	7550	5581	7550	5911	7550	5996	7550	5985	7550	5935
21:00 EDT	7550	5244	7550	5118	7550	5106	7550	5197	7550	5185
22:00 EDT	7550	5321	7550	5479	7550	5355	7550	5242	7550	5255
23:00 EDT	7550	5038	7550	5435	7550	5300	7550	5125	7550	5133

PJM-NEPTUNE

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	40	660	40
03:00 EDT	660	0	660	0	660	10	660	10	660	10
04:00 EDT	660	0	660	10	660	10	660	10	660	10
05:00 EDT	660	0	660	10	660	10	660	10	660	10
06:00 EDT	660	0	660	10	660	10	660	10	660	10
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	55	660	55	660	55	660	55	660	55
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	260	660	260	660	260	660	260	660	260
07:00 EDT	660	110	660	110	660	110	660	110	660	110
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	110	660	110	660	110	660	110	660	110
14:00 EDT	660	110	660	110	660	110	660	110	660	110
15:00 EDT	660	260	660	260	660	260	660	260	660	260
16:00 EDT	660	110	660	110	660	110	660	110	660	110
17:00 EDT	660	110	660	110	660	110	660	110	660	110
18:00 EDT	660	110	660	110	660	110	660	110	660	110
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	83	315	83	315	83	315	83	315	83
01:00 EDT	315	83	315	83	315	83	315	83	315	83
02:00 EDT	315	83	315	83	315	83	315	83	315	83
03:00 EDT	315	83	315	83	315	83	315	83	315	83
04:00 EDT	315	83	315	83	315	83	315	83	315	83
05:00 EDT	315	83	315	83	315	83	315	83	315	83
06:00 EDT	315	140	315	140	315	140	315	140	315	140
07:00 EDT	315	140	315	140	315	140	315	140	315	140
08:00 EDT	315	90	315	90	315	90	315	90	315	90
09:00 EDT	315	90	315	90	315	90	315	90	315	90
10:00 EDT	315	90	315	90	315	90	315	90	315	90
11:00 EDT	315	90	315	90	315	90	315	90	315	100
12:00 EDT	315	90	315	90	315	90	315	90	315	90
13:00 EDT	315	90	315	140	315	140	315	140	315	140
14:00 EDT	315	90	315	140	315	140	315	90	315	90
15:00 EDT	315	90	315	90	315	90	315	90	315	90
16:00 EDT	315	140	315	140	315	140	315	140	315	140
17:00 EDT	315	140	315	140	315	140	315	140	315	140
18:00 EDT	315	140	315	140	315	140	315	140	315	140
19:00 EDT	315	140	315	140	315	140	315	140	315	140
20:00 EDT	315	140	315	140	315	140	315	140	315	140
21:00 EDT	315	90	315	90	315	90	315	90	315	90
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3077	4600	3097	4600	3012	4600	3214	4600	3061
01:00 EDT	4600	3285	4600	3060	4600	3136	4600	3182	4600	3243
02:00 EDT	4600	3283	4600	3219	4600	3267	4600	3235	4600	3228
03:00 EDT	4600	3307	4600	3187	4600	3198	4600	3212	4600	3229
04:00 EDT	4600	3196	4600	3260	4600	3270	4600	3231	4600	3194
05:00 EDT	4600	3258	4600	3131	4600	3143	4600	3140	4600	3622
06:00 EDT	4600	2462	4600	3176	4600	3013	4600	2918	4600	2888
07:00 EDT	4600	2213	4600	2980	4600	3002	4600	2864	4600	2855
08:00 EDT	4600	1882	4600	2849	4600	2746	4600	2593	4600	2363
09:00 EDT	4600	1663	4600	2188	4600	2105	4600	2076	4600	2076
10:00 EDT	4600	1719	4600	2141	4600	2152	4600	2092	4600	2120
11:00 EDT	4600	1526	4600	2060	4600	2048	4600	2026	4600	1953
12:00 EDT	4600	1501	4600	2022	4600	2022	4600	2041	4600	1994
13:00 EDT	4600	1561	4600	1952	4600	1846	4600	1818	4600	1825
14:00 EDT	4600	1407	4600	1579	4600	1616	4600	1719	4600	1801
15:00 EDT	4600	1264	4600	1676	4600	1633	4600	1818	4600	2005
16:00 EDT	4600	1116	4600	2010	4600	1995	4600	2028	4600	2096
17:00 EDT	4600	2007	4600	2216	4600	2293	4600	2360	4600	2293
18:00 EDT	4600	2180	4600	2236	4600	2638	4600	2803	4600	2963
19:00 EDT	4600	2490	4600	3259	4600	3188	4600	3189	4600	3145
20:00 EDT	4600	2479	4600	3152	4600	3142	4600	3240	4600	3141
21:00 EDT	4600	2328	4600	2709	4600	2658	4600	2772	4600	2807
22:00 EDT	4600	2571	4600	3008	4600	3038	4600	3086	4600	2926
23:00 EDT	4600	2859	4600	3064	4600	2953	4600	2789	4600	2913

UPNY/CONED

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	5700	3355	6445	4037	5970	3500	5970	3740	5970	3618

01:00 EDT	5700	3595	6445	4066	6445	4177	6445	4254	6445	4343
02:00 EDT	5700	3675	6445	4400	6445	4464	6445	4411	6445	4424
03:00 EDT	5700	3726	6445	4441	6445	4435	6445	4460	6445	4482
04:00 EDT	5700	3591	6445	4514	6445	4517	6445	4465	6445	4412
05:00 EDT	5700	3559	6445	4343	6445	4312	6445	4267	6445	4681
06:00 EDT	5700	2500	6445	4121	6445	3976	6445	3852	6445	3743
07:00 EDT	5700	2036	6445	3939	6445	3952	6445	3821	6445	3763
08:00 EDT	5700	1704	6445	3777	6445	3673	6445	3514	6445	3266
09:00 EDT	5700	1221	6445	3144	6445	3032	6445	3005	6445	2836
10:00 EDT	5700	876	6445	2758	6445	2731	6445	2621	6445	2645
11:00 EDT	5700	887	6445	2559	6445	2501	6445	2465	6445	2375
12:00 EDT	5700	913	6445	2420	6445	2434	6445	2470	6445	2451
13:00 EDT	5700	984	6445	2558	6445	2471	6445	2560	6445	2590
14:00 EDT	5700	909	6445	2437	6445	2354	6445	2418	6445	2507
15:00 EDT	5700	724	6445	2181	6445	2142	6445	2300	6445	2486
16:00 EDT	6535	1695	6445	2615	6445	2636	6445	2664	6445	2724
17:00 EDT	6535	2642	6445	3193	6445	3224	6445	3247	6445	3163
18:00 EDT	6535	3014	6445	3234	6445	3620	6445	3743	6445	3848
19:00 EDT	6535	3278	6445	4182	6445	4109	6445	4099	6445	4036
20:00 EDT	6535	3443	6445	4015	6445	4055	6445	4176	6445	4125
21:00 EDT	6535	3203	6445	3508	6445	3507	6445	3661	6445	3730
22:00 EDT	6535	3378	6445	3834	6445	3861	6445	3971	6445	3853
23:00 EDT	6535	3848	6445	3949	6445	3928	6445	3845	6445	4035

WEST CENTRAL

[back to top](#)

Date: 09/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9663	9999	9692	9999	9627	9999	9737
01:00 EDT	9999	9899	9999	9597	9999	9652	9999	9653	9999	9707
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9831	9999	9791
03:00 EDT	9999	9899	9999	9859	9999	9899	9999	9899	9999	9894
04:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9616	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9731	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9879	9999	9812	9999	9834	9999	9880	9999	9899
09:00 EDT	9999	9843	9999	9899	9999	9899	9999	9899	9999	9886
10:00 EDT	9999	9772	9999	9862	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9855	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9867	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9861	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9896
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9811
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9762	9999	9676	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899