

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISONE
IMO-NYISO	NYISO-PJM
ISONE-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	122	125	122	125	122	125	122
01:00 EDT	125	125	125	122	125	122	125	122	125	122
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	122	125	122	125	122	125	122
05:00 EDT	125	125	125	120	125	120	125	120	125	120
06:00 EDT	125	125	125	114	125	114	125	114	125	114
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	125	125	125	125	125	125	125

CEDARS-HQ

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	0	40	0	40	0	40	0	40	0
01:00 EDT	40	0	40	0	40	0	40	0	40	0
02:00 EDT	40	0	40	0	40	0	40	0	40	0
03:00 EDT	40	0	40	0	40	0	40	0	40	0
04:00 EDT	40	0	40	0	40	0	40	0	40	0
05:00 EDT	40	0	40	0	40	0	40	0	40	0

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	2403	2850	1922	2850	1822	2850	1894	2850	1836
01:00 EDT	2850	2109	2850	1931	2850	2009	2850	1914	2850	1937
02:00 EDT	2850	2065	2850	1630	2850	1736	2850	1693	2850	1770
03:00 EDT	2850	2050	2850	1943	2850	1936	2850	1937	2850	1912
04:00 EDT	2850	2039	2850	1796	2850	1878	2850	1915	2850	1920
05:00 EDT	2850	1988	2850	1964	2850	1948	2850	1908	2850	1973
06:00 EDT	2850	1671	2850	2204	2850	2222	2850	2240	2850	2002
07:00 EDT	2850	1245	2850	1599	2850	1620	2850	1663	2850	1713
08:00 EDT	2850	1373	2850	1293	2850	1344	2850	1412	2850	1483
09:00 EDT	2850	1530	2850	1504	2850	1638	2850	1645	2850	1815
10:00 EDT	2850	1539	2850	1801	2850	1745	2850	1760	2850	1786
11:00 EDT	2850	1530	2850	1770	2850	1731	2850	1634	2850	1789
12:00 EDT	2850	1638	2850	1509	2850	1600	2850	1614	2850	1600
13:00 EDT	2850	1554	2850	1956	2850	1730	2850	1762	2850	1753
14:00 EDT	2850	1556	2850	1778	2850	1721	2850	1727	2850	1726
15:00 EDT	2850	1532	2850	1697	2850	1699	2850	1582	2850	1632
16:00 EDT	2850	1516	2850	1567	2850	1567	2850	1522	2850	1482
17:00 EDT	2850	1254	2850	1316	2850	1389	2850	1263	2850	1149
18:00 EDT	2850	1227	2850	1167	2850	1149	2850	1356	2850	1343
19:00 EDT	2850	1148	2850	1429	2850	1482	2850	1482	2850	1379
20:00 EDT	2850	1243	2850	1399	2850	1494	2850	1353	2850	1390
21:00 EDT	2850	1142	2850	1416	2850	1419	2850	1351	2850	1544
22:00 EDT	2850	1335	2850	1457	2850	1463	2850	1450	2850	1500
23:00 EDT	2850	1690	2850	2014	2850	1965	2850	2004	2850	1885

HQ-CEDARS

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	80	80	70	70	70	70	70	70	70	70
01:00 EDT	80	80	70	70	70	70	70	70	70	70
02:00 EDT	80	80	70	70	70	70	70	70	70	70
03:00 EDT	80	80	70	70	70	70	70	70	70	70
04:00 EDT	80	80	70	70	70	70	70	70	70	70
05:00 EDT	80	80	70	70	70	70	70	70	70	70
06:00 EDT	80	80	70	70	70	70	70	70	70	70
07:00 EDT	80	80	70	70	70	70	70	70	70	70
08:00 EDT	80	80	70	70	70	70	70	70	70	70
09:00 EDT	80	80	70	70	70	70	70	70	70	70

10:00 EDT	80	80	70	70	70	70	70	70	70	70
11:00 EDT	80	80	70	70	70	70	70	70	70	70
12:00 EDT	80	80	70	70	70	70	70	70	70	70
13:00 EDT	80	80	70	70	70	70	70	70	70	70
14:00 EDT	80	80	70	70	70	70	70	70	70	70
15:00 EDT	80	80	70	70	70	70	70	70	70	70
16:00 EDT	80	80	70	70	70	70	70	70	70	70
17:00 EDT	80	80	70	70	70	70	70	70	70	70
18:00 EDT	80	80	70	70	70	70	70	70	70	70
19:00 EDT	80	80	70	70	70	70	70	70	70	70
20:00 EDT	80	80	70	70	70	70	70	70	70	70
21:00 EDT	80	80	70	70	70	70	70	70	70	70
22:00 EDT	80	80	70	70	70	70	70	70	70	70
23:00 EDT	80	80	70	70	70	70	70	70	70	70

HQ-NYISO

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1350	495	1950	360	1950	363	1950	365	1950	362
01:00 EDT	1350	0	1950	548	1950	551	1950	548	1950	552
02:00 EDT	1350	0	1950	332	1950	333	1950	333	1950	331
03:00 EDT	1350	0	1950	383	1950	383	1950	383	1950	383
04:00 EDT	1350	0	1950	364	1950	361	1950	361	1950	361
05:00 EDT	1350	0	1950	460	1950	461	1950	459	1950	457
06:00 EDT	1350	0	1950	1014	1950	1011	1950	1015	1950	1007
07:00 EDT	1350	0	1950	846	1950	845	1950	844	1950	844
08:00 EDT	1350	2	1950	472	1950	470	1950	467	1950	467
09:00 EDT	1350	159	1950	532	1950	532	1950	532	1950	532
10:00 EDT	1350	229	1950	565	1950	565	1950	565	1950	565
11:00 EDT	1350	287	1950	483	1950	483	1950	483	1950	488

12:00 EDT	1350	247	1950	588	1950	591	1950	590	1950	589
13:00 EDT	1350	187	1950	650	1950	653	1950	650	1950	650
14:00 EDT	1350	189	1950	660	1950	662	1950	663	1950	663
15:00 EDT	1350	48	1950	555	1950	557	1950	557	1950	555
16:00 EDT	1350	299	1950	493	1950	495	1950	493	1950	494
17:00 EDT	1350	245	1950	446	1950	451	1950	450	1950	446
18:00 EDT	1950	834	1950	363	1950	362	1950	359	1950	359
19:00 EDT	1950	731	1950	643	1950	640	1950	639	1950	638
20:00 EDT	1950	664	1950	779	1950	782	1950	780	1950	781
21:00 EDT	1950	206	1950	632	1950	627	1950	630	1950	636
22:00 EDT	1950	97	1950	88	1950	91	1950	91	1950	88
23:00 EDT	1950	187	1950	404	1950	400	1950	399	1950	404

ISONE-NYISO

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	500	600	400	600	400	600	400	600	400
01:00 EDT	700	500	600	400	600	400	600	400	600	400
02:00 EDT	700	500	600	400	600	400	600	400	600	400
03:00 EDT	700	500	600	400	600	400	600	400	600	400
04:00 EDT	700	500	600	400	600	400	600	400	600	400
05:00 EDT	700	500	600	400	600	400	600	400	600	400
06:00 EDT	700	500	600	400	600	400	600	400	600	400
07:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
08:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
09:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
10:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
11:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
12:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
13:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
14:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
15:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
16:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
17:00 EDT	1000	800	1000	800	1000	800	600	400	293	93
18:00 EDT	1000	800	216	16	282	82	625	425	681	481
19:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
20:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
21:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
22:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
23:00 EDT	700	500	600	400	600	400	600	400	600	400

MOSES SOUTH

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
01:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
02:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
03:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
04:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
05:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
06:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
07:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
08:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
09:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
10:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
11:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
12:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
13:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900

14:00 EDT	3000	2848	3000	2900	3000	2900	3000	2900	3000	2900
15:00 EDT	3000	2847	3000	2900	3000	2900	3000	2900	3000	2900
16:00 EDT	3000	2841	3000	2900	3000	2900	3000	2900	3000	2900
17:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
18:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
19:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
20:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
21:00 EDT	3000	2870	3000	2900	3000	2900	3000	2900	3000	2900
22:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900
23:00 EDT	3000	2900	3000	2900	3000	2900	3000	2900	3000	2900

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	100	125	125	125	125	125	125	125	125
01:00 EDT	125	100	125	125	125	125	125	125	125	125
02:00 EDT	125	100	125	122	125	122	125	122	125	122
03:00 EDT	125	100	125	122	125	122	125	122	125	122
04:00 EDT	125	100	125	125	125	125	125	125	125	125
05:00 EDT	125	100	125	125	125	125	125	125	125	125
06:00 EDT	125	100	125	125	125	125	125	125	125	125
07:00 EDT	125	90	125	120	125	120	125	120	125	120
08:00 EDT	125	89	125	119	125	119	125	119	125	119
09:00 EDT	125	75	125	97	125	97	125	97	125	97
10:00 EDT	125	30	125	17	125	37	125	37	125	37
11:00 EDT	125	41	125	48	125	48	125	48	125	48
12:00 EDT	125	0	125	13	125	13	125	13	125	13
13:00 EDT	125	18	125	34	125	34	125	34	125	34
14:00 EDT	125	33	125	31	125	31	125	31	125	31
15:00 EDT	125	33	125	28	125	28	125	28	125	28
16:00 EDT	125	33	125	21	125	21	125	21	125	21
17:00 EDT	125	33	125	21	125	21	125	21	125	21
18:00 EDT	125	63	125	34	125	34	125	34	125	34
19:00 EDT	125	41	125	33	125	33	125	33	125	33
20:00 EDT	125	68	125	37	125	37	125	37	125	37
21:00 EDT	125	0	125	31	125	31	125	31	125	31
22:00 EDT	125	0	125	31	125	31	125	31	125	31
23:00 EDT	125	44	125	96	125	96	125	96	125	96

NPX-CSC

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
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21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	345	980	28	980	28	980	28	980	28
01:00 EDT	1000	345	980	28	980	28	980	28	980	28
02:00 EDT	1000	345	980	28	980	28	980	28	980	28
03:00 EDT	1000	345	980	24	980	24	980	24	980	24
04:00 EDT	1000	345	980	24	980	24	980	24	980	24
05:00 EDT	1000	345	980	19	980	19	980	19	980	19
06:00 EDT	1000	345	980	19	980	19	980	19	980	19
07:00 EDT	1000	345	980	0	980	0	980	0	980	0
08:00 EDT	1000	345	980	0	980	0	980	0	980	0
09:00 EDT	1000	345	980	9	980	0	980	0	980	0
10:00 EDT	1000	345	980	9	980	0	980	0	980	0
11:00 EDT	1000	345	980	0	980	0	980	0	980	0
12:00 EDT	1000	345	980	0	980	0	980	0	980	0
13:00 EDT	1000	345	980	0	980	0	980	0	980	0
14:00 EDT	1000	345	980	0	980	0	980	0	980	0
15:00 EDT	1000	345	980	11	980	11	980	11	980	11
16:00 EDT	1000	345	980	300	980	300	980	300	980	300
17:00 EDT	1000	345	980	300	980	300	980	300	980	300
18:00 EDT	1000	345	980	300	980	300	980	300	980	300
19:00 EDT	1000	345	980	300	980	300	980	300	980	300
20:00 EDT	1000	345	980	300	980	300	980	300	980	300
21:00 EDT	1000	345	980	0	980	0	980	0	980	0
22:00 EDT	1000	345	980	0	980	0	980	0	980	0
23:00 EDT	1000	345	980	33	980	33	980	33	980	33

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
01:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
02:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
03:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
04:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
05:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
06:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
07:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
08:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
09:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
10:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
11:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
12:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
13:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
14:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
15:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
16:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100
17:00 EDT	1200	900	1400	1100	1400	1100	1400	1100	1400	1100

18:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
19:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
20:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
21:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
22:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
23:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	813	1600	578	1600	516	1600	580	1600	646
01:00 EDT	1600	554	1600	659	1600	859	1600	668	1600	641
02:00 EDT	1600	493	1600	472	1600	397	1600	299	1600	221
03:00 EDT	1600	461	1600	312	1600	340	1600	440	1600	406
04:00 EDT	1600	353	1600	202	1600	201	1600	249	1600	301
05:00 EDT	1600	457	1600	325	1600	329	1600	234	1600	360
06:00 EDT	1600	758	1600	637	1600	638	1600	645	1600	641
07:00 EDT	1600	280	1600	397	1600	230	1600	142	1600	107
08:00 EDT	1600	344	1600	10	1600	148	1600	98	1600	148
09:00 EDT	1600	470	1600	76	1600	200	1600	238	1600	201
10:00 EDT	1600	333	1600	95	1600	47	1600	0	1600	153
11:00 EDT	1600	299	1600	106	1600	130	1600	105	1600	167
12:00 EDT	1600	220	1600	90	1600	225	1600	526	1600	523
13:00 EDT	1600	313	1600	676	1600	676	1600	672	1600	594
14:00 EDT	1600	540	1600	653	1600	709	1600	647	1600	584
15:00 EDT	1600	423	1600	590	1600	580	1600	683	1600	580
16:00 EDT	1600	381	1600	440	1600	336	1600	67	1600	143
17:00 EDT	1600	392	1600	423	1600	260	1600	74	1600	0
18:00 EDT	1600	430	1600	0	1600	59	1600	279	1600	411
19:00 EDT	1600	459	1600	566	1600	652	1600	691	1600	646
20:00 EDT	1600	290	1600	470	1600	404	1600	470	1600	377
21:00 EDT	1600	0	1600	77	1600	0	1600	159	1600	234
22:00 EDT	1600	275	1600	80	1600	225	1600	270	1600	411
23:00 EDT	1600	974	1600	709	1600	649	1600	876	1600	905

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	727	1050	750	1050	750	1050	748	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4953	7550	4370	7550	4350	7550	4351	7550	4369
01:00 EDT	7550	4778	7550	4624	7550	4967	7550	4988	7550	4953
02:00 EDT	7550	4607	7550	4285	7550	4282	7550	4141	7550	4119
03:00 EDT	7550	4735	7550	4451	7550	4553	7550	4380	7550	4335
04:00 EDT	7550	4667	7550	4077	7550	4039	7550	4049	7550	4091
05:00 EDT	7550	4707	7550	4163	7550	4146	7550	4202	7550	4228
06:00 EDT	7550	4500	7550	4540	7550	4527	7550	4670	7550	4596
07:00 EDT	7550	3922	7550	4150	7550	4367	7550	4161	7550	4024
08:00 EDT	7550	3674	7550	3583	7550	3630	7550	3459	7550	3430
09:00 EDT	7550	3714	7550	3246	7550	3364	7550	3328	7550	3226
10:00 EDT	7550	3583	7550	3452	7550	3383	7550	3352	7550	3300
11:00 EDT	7550	3356	7550	3085	7550	3013	7550	3041	7550	3226
12:00 EDT	7550	3454	7550	2938	7550	2947	7550	3079	7550	3010
13:00 EDT	7550	3380	7550	3439	7550	3451	7550	3287	7550	3268
14:00 EDT	7550	3509	7550	3364	7550	3357	7550	3441	7550	3275
15:00 EDT	7550	3914	7550	3564	7550	3717	7550	3616	7550	3543
16:00 EDT	7550	3971	7550	3357	7550	3314	7550	3246	7550	3249
17:00 EDT	7550	3917	7550	3261	7550	3278	7550	3280	7550	3525
18:00 EDT	7550	4158	7550	3447	7550	3578	7550	3808	7550	3918
19:00 EDT	7550	4199	7550	3925	7550	3801	7550	3947	7550	3930
20:00 EDT	7550	4224	7550	3848	7550	3871	7550	3762	7550	3878
21:00 EDT	7550	4161	7550	4174	7550	4122	7550	3929	7550	3952
22:00 EDT	7550	4103	7550	3703	7550	3837	7550	3893	7550	3859
23:00 EDT	7550	4426	7550	4193	7550	4194	7550	4348	7550	4276

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	68	660	0	660	0	660	0	660	0
05:00 EDT	660	255	660	105	660	105	660	105	660	98
06:00 EDT	660	310	660	160	660	160	660	160	660	160
07:00 EDT	660	310	660	160	660	0	660	160	660	53
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	160	660	0	660	0	660	0	660	0
12:00 EDT	660	160	660	160	660	160	660	160	660	160
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	160	660	160	660	160	660	160	660	160
19:00 EDT	660	310	660	310	660	310	660	310	660	310
20:00 EDT	660	310	660	216	660	216	660	310	660	310
21:00 EDT	660	160	660	0	660	0	660	80	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	40	315	40	315	40	315	40	315	40
06:00 EDT	315	40	315	40	315	40	315	40	315	40
07:00 EDT	315	40	315	40	315	0	315	40	315	40
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	40	315	40	315	40	315	40	315	40
20:00 EDT	315	40	315	40	315	40	315	40	315	40
21:00 EDT	315	0	315	19	315	19	315	19	315	19
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3012	4600	2843	4600	2809	4600	2834	4600	2896
01:00 EDT	4600	3151	4600	3072	4600	3240	4600	3329	4600	3284
02:00 EDT	4600	3262	4600	3255	4600	3275	4600	3235	4600	3323
03:00 EDT	4600	3401	4600	3398	4600	3459	4600	3429	4600	3369
04:00 EDT	4600	3337	4600	3453	4600	3452	4600	3421	4600	3449
05:00 EDT	4600	2996	4600	3202	4600	3146	4600	3072	4600	2984
06:00 EDT	4600	2535	4600	2947	4600	2997	4600	2987	4600	2981
07:00 EDT	4600	2166	4600	2902	4600	3167	4600	2988	4600	2891
08:00 EDT	4600	1950	4600	2641	4600	2495	4600	2429	4600	2343
09:00 EDT	4600	1853	4600	2162	4600	2235	4600	2165	4600	2080
10:00 EDT	4600	1432	4600	2166	4600	2150	4600	2091	4600	1927
11:00 EDT	4600	1164	4600	1747	4600	1749	4600	1715	4600	1976
12:00 EDT	4600	946	4600	1392	4600	1356	4600	1412	4600	1333
13:00 EDT	4600	1003	4600	1524	4600	1560	4600	1499	4600	1489
14:00 EDT	4600	1013	4600	1530	4600	1467	4600	1479	4600	1389
15:00 EDT	4600	1126	4600	1462	4600	1643	4600	1647	4600	1619
16:00 EDT	4600	1151	4600	1377	4600	1407	4600	1677	4600	1705
17:00 EDT	4600	1159	4600	1588	4600	1667	4600	1766	4600	1926
18:00 EDT	4600	1330	4600	1842	4600	1920	4600	2044	4600	1958
19:00 EDT	4600	1525	4600	1844	4600	1892	4600	1936	4600	1992
20:00 EDT	4600	1805	4600	2135	4600	2152	4600	1913	4600	1962
21:00 EDT	4600	2129	4600	2435	4600	2459	4600	2207	4600	2078
22:00 EDT	4600	2053	4600	2082	4600	2167	4600	2091	4600	1946
23:00 EDT	4600	2376	4600	2132	4600	2369	4600	2444	4600	2460

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	5700	2908	5610	2567	5610	2567	5610	2828	5610	2794

01:00 EDT	5700	3044	5610	2992	5610	3172	5610	3299	5610	3293
02:00 EDT	5700	3231	5610	3307	5610	3344	5610	3334	5610	3440
03:00 EDT	5700	3496	5610	3524	5610	3583	5610	3584	5610	3519
04:00 EDT	5700	3446	5610	3595	5610	3588	5610	3555	5610	3551
05:00 EDT	5700	3196	5610	3264	5610	3166	5610	3038	5610	2916
06:00 EDT	5700	2544	5610	2947	5610	2934	5610	2870	5610	2752
07:00 EDT	5700	2176	5610	2648	5610	3015	5610	2961	5610	2755
08:00 EDT	5700	1781	5610	2371	5610	2258	5610	2150	5610	2048
09:00 EDT	5700	1475	5610	1982	5610	1979	5610	1917	5610	1826
10:00 EDT	5700	1067	5610	1968	5655	1961	5700	1969	5700	1799
11:00 EDT	5700	834	5700	1627	5700	1594	5700	1617	5700	1947
12:00 EDT	5700	1004	5700	1437	5700	1406	5700	1461	5700	1381
13:00 EDT	5700	934	5700	1609	5700	1627	5700	1514	5700	1514
14:00 EDT	5700	1012	5700	1578	5700	1477	5700	1453	5700	1350
15:00 EDT	5700	1001	5700	1401	5700	1502	5700	1478	5700	1489
16:00 EDT	5700	989	5700	1194	5700	1245	5700	1479	5700	1428
17:00 EDT	5700	989	5700	1232	5700	1292	5700	1435	5700	1599
18:00 EDT	5700	1211	5700	1584	5700	1666	5700	1808	5610	1667
19:00 EDT	5700	1421	5610	1525	5610	1600	5610	1659	5610	1740
20:00 EDT	5700	1875	5610	1814	5610	1862	5610	1604	5610	1710
21:00 EDT	5700	2289	5610	2218	5610	2270	5610	2035	5610	1958
22:00 EDT	5700	2194	5610	1875	5610	2006	5610	1997	5610	1869
23:00 EDT	5700	2152	5610	1936	5610	2191	5610	2242	5610	2304

WEST CENTRAL

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Date: 09/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9866	9999	9407	9999	9297	9999	9353	9999	9290
01:00 EDT	9999	9598	9999	9371	9999	9443	9999	9348	9999	9360
02:00 EDT	9999	9477	9999	9061	9999	9153	9999	9103	9999	9174
03:00 EDT	9999	9498	9999	9342	9999	9330	9999	9333	9999	9310
04:00 EDT	9999	9471	9999	9198	9999	9277	9999	9318	9999	9330
05:00 EDT	9999	9486	9999	9394	9999	9387	9999	9360	9999	9437
06:00 EDT	9999	9185	9999	9692	9999	9726	9999	9762	9999	9532
07:00 EDT	9999	8845	9999	9162	9999	9170	9999	9199	9999	9240
08:00 EDT	9999	8932	9999	8844	9999	8890	9999	8929	9999	9002
09:00 EDT	9999	8991	9999	8991	9999	9133	9999	9115	9999	9243
10:00 EDT	9999	9004	9999	9230	9999	9174	9999	9193	9999	9216
11:00 EDT	9999	8965	9999	9196	9999	9182	9999	9112	9999	9226
12:00 EDT	9999	9064	9999	8956	9999	9067	9999	9091	9999	9075
13:00 EDT	9999	9007	9999	9450	9999	9215	9999	9267	9999	9226
14:00 EDT	9999	8987	9999	9283	9999	9208	9999	9214	9999	9230
15:00 EDT	9999	9079	9999	9239	9999	9241	9999	9125	9999	9182
16:00 EDT	9999	9085	9999	9167	9999	9206	9999	9186	9999	9185
17:00 EDT	9999	8916	9999	9041	9999	9069	9999	8937	9999	8893
18:00 EDT	9999	9005	9999	8926	9999	8920	9999	9127	9999	9118
19:00 EDT	9999	8954	9999	9217	9999	9254	9999	9249	9999	9155
20:00 EDT	9999	8992	9999	9178	9999	9263	9999	9115	9999	9157
21:00 EDT	9999	8857	9999	9156	9999	9126	9999	9060	9999	9225
22:00 EDT	9999	8934	9999	9133	9999	9129	9999	9087	9999	9113
23:00 EDT	9999	9289	9999	9591	9999	9534	9999	9556	9999	9420