

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISONE
IMO-NYISO	NYISO-PJM
ISONE-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	125	125	109	125	109	125	109	125	109
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	125	125	125	125	125	125	125

CEDARS-HQ

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	270	270	270	270	270	270	270	270	270
18:00 EDT	270	270	270	270	270	270	270	270	270	270
19:00 EDT	270	270	270	270	270	270	270	270	270	270
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	1360	2000	1248	2000	1252	2000	1252	2000	1254
01:00 EDT	2000	1236	2000	1121	2000	1123	2000	1120	2000	1120
02:00 EDT	2000	1426	2000	1369	2000	1370	2000	1369	2000	1370
03:00 EDT	2000	1596	2000	1399	2000	1399	2000	1399	2000	1399
04:00 EDT	2000	1491	2000	953	2000	949	2000	949	2000	949
05:00 EDT	2000	1157	2000	649	2000	647	2000	649	2000	647
06:00 EDT	2000	1250	2000	1042	2000	1039	2000	1039	2000	1039
07:00 EDT	2000	1559	2000	1571	2000	1567	2000	1568	2000	1566
08:00 EDT	2000	1617	2000	1684	2000	1686	2000	1684	2000	1687
09:00 EDT	2000	1667	2000	1700	2000	1699	2000	1699	2000	1699
10:00 EDT	2000	1669	2000	1694	2000	1694	2000	1695	2000	1694
11:00 EDT	2000	1669	2000	1699	2000	1698	2000	1698	2000	1698

12:00 EDT	2000	1669	2000	1700	2000	1700	2000	1700	2000	1700
13:00 EDT	2000	1670	2000	1698	2000	1699	2000	1698	2000	1698
14:00 EDT	2000	1670	2000	1669	2000	1667	2000	1670	2000	1670
15:00 EDT	2000	1669	2000	1698	2000	1698	2000	1699	2000	1699
16:00 EDT	2000	1700	2000	1699	2000	1648	2000	1648	2000	1650
17:00 EDT	2000	1700	2000	1631	2000	1607	2000	1609	2000	1610
18:00 EDT	2000	1608	2000	1686	2000	1639	2000	1641	2000	1638
19:00 EDT	2000	1635	2000	1678	2000	1665	2000	1666	2000	1668
20:00 EDT	2000	1622	2000	1566	2000	1562	2000	1563	2000	1567
21:00 EDT	2000	1584	2000	1639	2000	1636	2000	1637	2000	1640
22:00 EDT	2000	1409	2000	1432	2000	1429	2000	1425	2000	1430
23:00 EDT	2000	1332	2000	1275	2000	1275	2000	1275	2000	1275

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1043	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1032	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1103	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1107	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1181	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1106	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	858	1400	1073	1400	1072	1400	1072	1400	1074
13:00 EDT	1400	1045	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1026	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1097	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1167	1400	1167	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1058	1400	1099	1400	1149	1400	1149	1400	1099

MOSES SOUTH

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
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12:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
15:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
16:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
17:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
18:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
19:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
20:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
21:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	125	0	125	22	125	22	125	22	125	22
02:00 EDT	125	60	125	84	125	84	125	84	125	84
03:00 EDT	125	100	125	122	125	122	125	122	125	122
04:00 EDT	125	85	125	107	125	107	125	107	125	107
05:00 EDT	125	60	125	86	125	86	125	86	125	86
06:00 EDT	125	85	125	109	125	109	125	109	125	109
07:00 EDT	125	100	125	122	125	122	125	122	125	122
08:00 EDT	125	100	125	116	125	116	125	116	125	116
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	80	125	91	125	91	125	91	125	91
11:00 EDT	125	45	125	63	125	63	125	63	125	63
12:00 EDT	125	35	125	46	125	46	125	46	125	46
13:00 EDT	125	45	125	31	125	31	125	31	125	31
14:00 EDT	125	80	125	66	125	66	125	66	125	66
15:00 EDT	125	80	125	80	125	80	125	80	125	80
16:00 EDT	125	60	125	33	125	33	125	33	125	33
17:00 EDT	125	97	125	70	125	70	125	70	125	70
18:00 EDT	125	65	125	57	125	57	125	57	125	57
19:00 EDT	125	55	125	74	125	74	125	74	125	74
20:00 EDT	125	60	125	84	125	84	125	84	125	84
21:00 EDT	125	59	125	83	125	83	125	83	125	83
22:00 EDT	125	94	125	118	125	118	125	118	125	118
23:00 EDT	125	74	125	96	125	96	125	96	125	96

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
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10:00 EDT	330	0	330	0	330	0	330	0	330	0
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13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	480	980	110	980	110	980	110	980	110
01:00 EDT	1000	490	980	120	980	120	980	120	980	120
02:00 EDT	1000	530	980	160	980	160	980	160	980	160
03:00 EDT	1000	500	980	130	980	130	980	130	980	130
04:00 EDT	1000	480	980	110	980	110	980	110	980	110
05:00 EDT	1000	480	980	110	980	110	980	110	980	110
06:00 EDT	1000	380	980	10	980	10	980	10	980	10
07:00 EDT	1000	370	980	0	980	0	980	0	980	0
08:00 EDT	1000	370	980	0	980	0	980	0	980	0
09:00 EDT	1000	370	980	0	980	0	980	0	980	0
10:00 EDT	1000	370	980	0	980	0	980	0	980	0
11:00 EDT	1000	370	980	0	980	0	980	0	980	0
12:00 EDT	1000	370	980	0	980	0	980	0	980	0
13:00 EDT	1000	370	980	0	980	0	980	0	980	0
14:00 EDT	1000	370	980	0	980	0	980	0	980	0
15:00 EDT	1000	370	980	0	980	0	980	0	980	0
16:00 EDT	1000	370	980	0	980	0	980	0	980	0
17:00 EDT	1000	370	980	0	980	0	980	0	980	0
18:00 EDT	1000	370	980	0	980	0	980	0	980	0
19:00 EDT	1000	370	980	0	980	0	980	0	980	0
20:00 EDT	1000	370	980	0	980	0	980	0	980	0
21:00 EDT	1000	370	980	0	980	0	980	0	980	0
22:00 EDT	1000	370	980	0	980	0	980	0	980	0
23:00 EDT	1000	430	980	60	980	60	980	60	980	60

NYISO-IMO

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1298	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1259	1600	1259	1600	1260	1600	1259
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1230	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1282	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1400	1600	1227	1600	1336	1600	1283	1600	1273
01:00 EDT	1600	1400	1600	1385	1600	1304	1600	1168	1600	1180
02:00 EDT	1600	1400	1600	1266	1600	1268	1600	1271	1600	1271
03:00 EDT	1600	1247	1600	1080	1600	1080	1600	1030	1600	1030
04:00 EDT	1600	1361	1600	1145	1600	1195	1600	1195	1600	1145
05:00 EDT	1600	1400	1600	1193	1600	1237	1600	1186	1600	1174
06:00 EDT	1600	1082	1600	1008	1600	1008	1600	1008	1600	1002
07:00 EDT	1600	867	1600	964	1600	964	1600	999	1600	1008
08:00 EDT	1600	767	1600	1145	1600	1045	1600	960	1600	860
09:00 EDT	1600	1115	1600	1149	1600	1198	1600	1199	1600	1198
10:00 EDT	1600	1400	1600	1248	1600	1293	1600	1333	1600	1343
11:00 EDT	1600	1400	1600	1248	1600	1297	1600	1297	1600	1297
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1376	1600	1376	1600	1375	1600	1376
14:00 EDT	1600	1400	1600	1272	1600	1272	1600	1272	1600	1273
15:00 EDT	1600	1400	1600	1196	1600	1216	1600	1216	1600	1217
16:00 EDT	1600	1210	1600	1153	1600	1153	1600	1104	1600	1155
17:00 EDT	1600	976	1600	885	1600	884	1600	936	1600	992
18:00 EDT	1600	1152	1600	1292	1600	1400	1600	1400	1600	1374
19:00 EDT	1600	1232	1600	1192	1600	1178	1600	1230	1600	1252
20:00 EDT	1600	1309	1600	1088	1600	1155	1600	1205	1600	1326
21:00 EDT	1600	1186	1600	1030	1600	984	1600	1071	1600	1073
22:00 EDT	1600	1399	1600	1268	1600	1295	1600	1342	1600	1345
23:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400

NYISO-PJM

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5216	7550	5265	7550	5189	7550	5168	7550	5213
01:00 EDT	7550	5389	7550	5269	7550	5313	7550	5256	7550	5247
02:00 EDT	7550	5640	7550	5431	7550	5443	7550	5353	7550	5438
03:00 EDT	7550	5578	7550	5512	7550	5501	7550	5432	7550	5459
04:00 EDT	7550	5791	7550	5446	7550	5628	7550	5622	7550	5620
05:00 EDT	7550	5771	7550	5436	7550	5450	7550	5433	7550	5422
06:00 EDT	7550	5561	7550	5642	7550	5646	7550	5646	7550	5566
07:00 EDT	7550	5438	7550	5653	7550	5482	7550	5486	7550	5444
08:00 EDT	7550	4862	7550	5513	7550	5427	7550	5300	7550	5103
09:00 EDT	7550	4895	7550	5384	7550	5407	7550	5347	7550	5219
10:00 EDT	7550	4828	7550	5155	7550	5077	7550	5031	7550	4925
11:00 EDT	7550	4812	7550	4944	7550	5001	7550	5165	7550	5157
12:00 EDT	7550	4881	7550	5160	7550	5064	7550	4991	7550	4981
13:00 EDT	7550	4789	7550	4791	7550	4902	7550	4901	7550	4950
14:00 EDT	7550	4776	7550	4738	7550	4633	7550	4677	7550	4600
15:00 EDT	7550	4676	7550	4461	7550	4485	7550	4493	7550	4512
16:00 EDT	7550	4570	7550	4414	7550	4472	7550	4398	7550	4571
17:00 EDT	7550	4416	7550	4316	7550	4287	7550	4353	7550	4295
18:00 EDT	7550	4716	7550	4519	7550	4590	7550	4827	7550	4952
19:00 EDT	7550	4977	7550	5228	7550	5286	7550	5373	7550	5486
20:00 EDT	7550	5009	7550	4911	7550	4940	7550	4923	7550	5153
21:00 EDT	7550	5310	7550	5010	7550	5041	7550	5060	7550	5164
22:00 EDT	7550	5363	7550	5387	7550	5341	7550	5410	7550	5457
23:00 EDT	7550	5558	7550	5419	7550	5345	7550	5451	7550	5600

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	50	660	50	660	50	660	50
13:00 EDT	660	0	660	50	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	110	660	110	660	110	660	110	660	110
08:00 EDT	660	210	660	210	660	210	660	210	660	210
09:00 EDT	660	360	660	360	660	360	660	360	660	360
10:00 EDT	660	360	660	360	660	360	660	360	660	360
11:00 EDT	660	360	660	110	660	110	660	110	660	110
12:00 EDT	660	360	660	110	660	110	660	110	660	110
13:00 EDT	660	360	660	110	660	110	660	110	660	110
14:00 EDT	660	360	660	210	660	210	660	210	660	210
15:00 EDT	660	210	660	210	660	210	660	210	660	210
16:00 EDT	660	210	660	210	660	210	660	210	660	110
17:00 EDT	660	110	660	110	660	110	660	0	660	0
18:00 EDT	660	110	660	110	660	110	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	40	315	40	315	40	315	40	315	40
09:00 EDT	315	90	315	90	315	90	315	90	315	90
10:00 EDT	315	90	315	90	315	90	315	90	315	90
11:00 EDT	315	90	315	40	315	40	315	0	315	0
12:00 EDT	315	90	315	40	315	36	315	0	315	0
13:00 EDT	315	90	315	0	315	0	315	0	315	0
14:00 EDT	315	90	315	40	315	40	315	40	315	40
15:00 EDT	315	40	315	40	315	40	315	40	315	40
16:00 EDT	315	40	315	40	315	38	315	0	315	0
17:00 EDT	315	6	315	6	315	6	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 08/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3075	4600	3172	4600	3209	4600	3220	4600	3280
01:00 EDT	4600	3231	4600	3384	4600	3449	4600	3488	4600	3464
02:00 EDT	4600	3440	4600	3521	4600	3526	4600	3368	4600	3369
03:00 EDT	4600	3345	4600	3670	4600	3651	4600	3568	4600	3570
04:00 EDT	4600	3446	4600	3387	4600	3496	4600	3530	4600	3539
05:00 EDT	4600	3335	4600	3326	4600	3270	4600	3269	4600	3271
06:00 EDT	4600	3214	4600	3550	4600	3539	4600	3566	4600	3470
07:00 EDT	4600	2882	4600	3572	4600	3482	4600	3450	4600	3341
08:00 EDT	4600	2352	4600	3240	4600	3221	4600	3093	4600	2881
09:00 EDT	4600	1828	4600	2809	4600	2790	4600	2688	4600	2592
10:00 EDT	4600	1693	4600	2516	4600	2398	4600	2390	4600	2335
11:00 EDT	4600	1520	4600	2471	4600	2438	4600	2562	4600	2541
12:00 EDT	4600	1426	4600	2385	4600	2334	4600	2403	4600	2334
13:00 EDT	4600	1591	4600	2432	4600	2458	4600	2479	4600	2592
14:00 EDT	4600	1604	4600	2483	4600	2448	4600	2511	4600	2446
15:00 EDT	4600	1931	4600	2216	4600	2341	4600	2477	4600	2478
16:00 EDT	4600	1961	4600	2404	4600	2368	4600	2515	4600	2647
17:00 EDT	4600	2195	4600	2631	4600	2691	4600	2842	4600	2857
18:00 EDT	4600	2504	4600	2713	4600	2678	4600	2835	4600	2896
19:00 EDT	4600	2731	4600	3220	4600	3285	4600	3247	4600	3223
20:00 EDT	4600	2715	4600	2910	4600	2923	4600	2893	4600	2929
21:00 EDT	4600	2943	4600	3146	4600	3150	4600	3023	4600	3071
22:00 EDT	4600	3080	4600	3195	4600	3059	4600	3061	4600	3060
23:00 EDT	4600	3115	4600	3089	4600	3021	4600	3030	4600	3072

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6345	3603	5610	2993	5420	2862	5420	2928	5420	3034

01:00 EDT	6345	4007	5420	3169	5420	3276	5420	3369	5420	3352
02:00 EDT	6345	4251	5420	3412	5420	3440	5420	3315	5420	3349
03:00 EDT	6345	4353	5420	3637	5420	3639	5420	3567	5420	3581
04:00 EDT	6345	4457	5420	3423	5420	3539	5420	3592	5420	3611
05:00 EDT	6345	4308	5420	3433	5420	3381	5420	3396	5420	3391
06:00 EDT	6345	4123	5420	3749	5420	3749	5420	3751	5420	3633
07:00 EDT	6345	3925	5420	3775	5420	3622	5420	3568	5420	3431
08:00 EDT	6345	3176	5420	3346	5420	3313	5420	3161	5420	2997
09:00 EDT	6345	2713	5420	2942	5420	2919	5420	2793	5420	2624
10:00 EDT	6345	2260	5420	2461	5420	2323	5420	2285	5420	2223
11:00 EDT	6345	2086	5420	2379	5420	2291	5420	2407	5420	2392
12:00 EDT	6345	1851	5420	2288	5420	2204	5420	2254	5420	2189
13:00 EDT	6345	2026	5420	2258	5420	2307	5420	2286	5420	2369
14:00 EDT	6345	1973	5420	2173	5420	2112	5420	2134	5420	2045
15:00 EDT	6345	2187	5420	1871	5420	1945	5420	2039	5420	2024
16:00 EDT	6345	2298	5420	2047	5420	1987	5420	2052	5420	2219
17:00 EDT	6345	2350	5420	2176	5420	2243	5420	2347	5420	2356
18:00 EDT	6345	2811	5420	2301	5420	2250	5420	2402	5420	2458
19:00 EDT	6345	3122	5420	2834	5420	2932	5420	2911	5420	2962
20:00 EDT	6345	3069	5420	2699	5420	2703	5420	2673	5420	2803
21:00 EDT	6345	3384	5420	2946	5420	2985	5420	2856	5420	2956
22:00 EDT	6345	3531	5420	2960	5420	2862	5420	2904	5420	2924
23:00 EDT	6345	3744	5420	2912	5420	2831	5420	2881	5420	3000

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9809	9999	9735	9999	9803	9999	9899
01:00 EDT	9999	9899	9999	9761	9999	9778	9999	9756	9999	9729
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9808	9999	9766	9999	9768	9999	9730
05:00 EDT	9999	9899	9999	9585	9999	9568	9999	9643	9999	9782
06:00 EDT	9999	9809	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9746	9999	9899	9999	9899	9999	9899	9999	9858
08:00 EDT	9999	9732	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9765	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9791	9999	9899	9999	9891	9999	9899	9999	9899
11:00 EDT	9999	9799	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9857	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9860	9999	9864	9999	9847	9999	9794	9999	9808
14:00 EDT	9999	9881	9999	9667	9999	9697	9999	9698	9999	9831
15:00 EDT	9999	9778	9999	9735	9999	9756	9999	9828	9999	9855
16:00 EDT	9999	9813	9999	9746	9999	9741	9999	9664	9999	9791
17:00 EDT	9999	9614	9999	9787	9999	9619	9999	9604	9999	9679
18:00 EDT	9999	9620	9999	9848	9999	9752	9999	9713	9999	9723
19:00 EDT	9999	9598	9999	9720	9999	9649	9999	9701	9999	9668
20:00 EDT	9999	9671	9999	9420	9999	9478	9999	9530	9999	9772
21:00 EDT	9999	9850	9999	9591	9999	9549	9999	9529	9999	9751
22:00 EDT	9999	9885	9999	9899	9999	9890	9999	9827	9999	9818
23:00 EDT	9999	9899	9999	9899	9999	9894	9999	9899	9999	9899