

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	110	125	110	125	110	125	110
07:00 EDT	125	125	125	100	125	100	125	100	125	100
08:00 EDT	125	125	125	111	125	110	125	110	125	110
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	118	125	118	125	97	125	97
17:00 EDT	125	125	125	116	125	116	125	116	125	116
18:00 EDT	125	101	125	32	125	32	125	32	125	32
19:00 EDT	125	100	125	31	125	31	125	31	125	31
20:00 EDT	125	85	125	67	125	67	125	67	125	67
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	107	125	107	125	107	125	107
23:00 EDT	125	125	125	125	125	125	125	125	125	125

CEDARS-HQ

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	270	270	270	270	270	270	270	270	270
18:00 EDT	270	270	270	270	270	270	270	270	270	270
19:00 EDT	270	270	270	270	270	270	270	270	270	270
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	1450	2000	1126	2000	1126	2000	1128	2000	1129
01:00 EDT	2000	1515	2000	717	2000	717	2000	716	2000	716
02:00 EDT	2000	1514	2000	964	2000	964	2000	964	2000	964
03:00 EDT	2000	1439	2000	839	2000	839	2000	839	2000	839
04:00 EDT	2000	1439	2000	736	2000	736	2000	740	2000	736
05:00 EDT	2000	1254	2000	749	2000	751	2000	753	2000	749
06:00 EDT	2000	1119	2000	723	2000	718	2000	720	2000	722
07:00 EDT	2000	1227	2000	1080	2000	1084	2000	1081	2000	1077
08:00 EDT	2000	787	2000	754	2000	755	2000	757	2000	757
09:00 EDT	2000	1201	2000	1193	2000	1193	2000	1195	2000	1193
10:00 EDT	2000	1174	2000	1160	2000	1165	2000	1166	2000	1161
11:00 EDT	2000	1562	2000	1453	2000	1455	2000	1455	2000	1457

12:00 EDT	2000	1612	2000	1466	2000	1469	2000	1465	2000	1464
13:00 EDT	2000	1700	2000	1503	2000	1400	2000	1403	2000	1402
14:00 EDT	2000	1700	2000	1591	2000	1483	2000	1479	2000	1481
15:00 EDT	2000	1700	2000	1319	2000	1319	2000	1319	2000	1319
16:00 EDT	2000	1700	2000	1507	2000	1403	2000	1402	2000	1405
17:00 EDT	2000	1700	2000	1659	2000	1659	2000	1659	2000	1659
18:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
19:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
20:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
21:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
22:00 EDT	2000	1700	2000	1588	2000	1588	2000	1588	2000	1588
23:00 EDT	2000	1408	2000	1181	2000	1185	2000	1185	2000	1182

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
15:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
16:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
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19:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
20:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
21:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	99	125	125	125	125	125	125	125	125
09:00 EDT	125	24	125	53	125	53	125	53	125	53
10:00 EDT	125	59	125	84	125	84	125	84	125	84
11:00 EDT	125	34	125	58	125	58	125	58	125	58
12:00 EDT	125	59	125	85	125	85	125	85	125	85
13:00 EDT	125	47	125	123	125	123	125	123	125	123
14:00 EDT	125	59	125	91	125	91	125	91	125	91
15:00 EDT	125	74	125	75	125	75	125	75	125	75
16:00 EDT	125	88	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	100	125	125	125	125	125	125	125	125
22:00 EDT	125	100	125	125	125	125	125	125	125	125
23:00 EDT	125	50	125	93	125	93	125	93	125	93

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	105	330	105	330	105	330	105	330	105
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
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13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	105	330	105	330	105	330	105	330	105
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	105	330	105	330	105	330	105	330	105
20:00 EDT	330	180	330	180	330	180	330	180	330	180
21:00 EDT	330	243	330	212	330	212	330	212	330	212
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	370	980	0	980	0	980	0	980	0
01:00 EDT	1000	398	980	0	980	0	980	0	980	0
02:00 EDT	1000	455	980	0	980	0	980	0	980	0
03:00 EDT	1000	437	980	0	980	0	980	0	980	0
04:00 EDT	1000	455	980	0	980	0	980	0	980	0
05:00 EDT	1000	370	980	0	980	0	980	0	980	0
06:00 EDT	1000	370	980	0	980	0	980	0	980	0
07:00 EDT	1000	370	980	0	980	0	980	0	980	0
08:00 EDT	1000	370	980	0	980	0	980	0	980	0
09:00 EDT	1000	370	980	0	980	0	980	0	980	0
10:00 EDT	1000	370	980	0	980	0	980	0	980	0
11:00 EDT	1000	370	980	0	980	0	980	0	980	0
12:00 EDT	1000	368	980	0	980	0	980	0	980	0
13:00 EDT	1000	190	980	0	980	0	980	0	980	0
14:00 EDT	1000	100	980	0	980	0	980	0	980	0
15:00 EDT	1000	100	980	0	980	0	980	0	980	0
16:00 EDT	1000	100	980	0	980	0	980	0	980	0
17:00 EDT	1000	100	980	0	980	0	980	0	980	0
18:00 EDT	1000	100	980	0	980	0	980	0	980	0
19:00 EDT	1000	100	980	0	980	0	980	0	980	0
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21:00 EDT	1000	100	980	0	980	0	980	0	980	0
22:00 EDT	1000	370	980	0	980	0	980	0	980	0
23:00 EDT	1000	370	980	0	980	0	980	0	980	0

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1288	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1166	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	929	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	887	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	827	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	828	1600	1260	1600	1262	1600	1262	1600	1264
19:00 EDT	1600	925	1600	1226	1600	1229	1600	1227	1600	1230
20:00 EDT	1600	925	1600	1189	1600	1189	1600	1190	1600	1190
21:00 EDT	1600	1026	1600	1176	1600	1176	1600	1178	1600	1176
22:00 EDT	1600	1256	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	844	1600	936	1600	926	1600	735	1600	677
01:00 EDT	1600	554	1600	377	1600	328	1600	362	1600	352
02:00 EDT	1600	613	1600	365	1600	345	1600	368	1600	368
03:00 EDT	1600	589	1600	413	1600	325	1600	355	1600	333
04:00 EDT	1600	610	1600	370	1600	355	1600	429	1600	355
05:00 EDT	1600	623	1600	473	1600	348	1600	486	1600	389
06:00 EDT	1600	748	1600	421	1600	447	1600	745	1600	686
07:00 EDT	1600	875	1600	715	1600	899	1600	958	1600	899
08:00 EDT	1600	991	1600	721	1600	661	1600	764	1600	636
09:00 EDT	1600	1011	1600	557	1600	635	1600	576	1600	637
10:00 EDT	1600	1007	1600	814	1600	875	1600	936	1600	961
11:00 EDT	1600	1043	1600	886	1600	1040	1600	1032	1600	1009
12:00 EDT	1600	1040	1600	879	1600	902	1600	978	1600	1140
13:00 EDT	1600	1105	1600	1109	1600	1186	1600	1055	1600	946
14:00 EDT	1600	1112	1600	1043	1600	940	1600	951	1600	867
15:00 EDT	1600	1119	1600	757	1600	807	1600	831	1600	866
16:00 EDT	1600	1069	1600	974	1600	995	1600	871	1600	869
17:00 EDT	1600	985	1600	1000	1600	1000	1600	1000	1600	1000
18:00 EDT	1600	1033	1600	1095	1600	1072	1600	1096	1600	1072
19:00 EDT	1600	1045	1600	1025	1600	1048	1600	1033	1600	1076
20:00 EDT	1600	998	1600	1082	1600	1039	1600	1066	1600	1105
21:00 EDT	1600	1095	1600	1015	1600	1090	1600	1014	1600	1014
22:00 EDT	1600	1154	1600	1148	1600	1157	1600	1100	1600	1088
23:00 EDT	1600	1166	1600	794	1600	795	1600	793	1600	778

NYISO-PJM

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 08/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5725	7550	6200	7550	6214	7550	5922	7550	5986
01:00 EDT	7550	5708	7550	5396	7550	5337	7550	5323	7550	5269
02:00 EDT	7550	5545	7550	5500	7550	5151	7550	5182	7550	5177
03:00 EDT	7550	5622	7550	5213	7550	5218	7550	5223	7550	5200
04:00 EDT	7550	5551	7550	4993	7550	5027	7550	5100	7550	5190
05:00 EDT	7550	5566	7550	5434	7550	5300	7550	5395	7550	5483
06:00 EDT	7550	5406	7550	5386	7550	5518	7550	5625	7550	5443
07:00 EDT	7550	5727	7550	5771	7550	5836	7550	5836	7550	5838
08:00 EDT	7550	5340	7550	5431	7550	5289	7550	5333	7550	5327
09:00 EDT	7550	5639	7550	5464	7550	5533	7550	5518	7550	5392
10:00 EDT	7550	5887	7550	5246	7550	5366	7550	5456	7550	5464
11:00 EDT	7550	6004	7550	5573	7550	5594	7550	5547	7550	5495
12:00 EDT	7550	5919	7550	5372	7550	5455	7550	5465	7550	5338
13:00 EDT	7550	6253	7550	5138	7550	5043	7550	5004	7550	4916
14:00 EDT	7550	6240	7550	5070	7550	4964	7550	4958	7550	5011
15:00 EDT	7550	6366	7550	4906	7550	4881	7550	5014	7550	4970
16:00 EDT	7550	6204	7550	5178	7550	5309	7550	5284	7550	5474
17:00 EDT	7550	6025	7550	5606	7550	5659	7550	5731	7550	5735
18:00 EDT	7550	6010	7550	5757	7550	5775	7550	5788	7550	5816
19:00 EDT	7550	6223	7550	5861	7550	5908	7550	5932	7550	5998
20:00 EDT	7550	6323	7550	6268	7550	6304	7550	6341	7550	6409
21:00 EDT	7550	6409	7550	6171	7550	6240	7550	6253	7550	6212
22:00 EDT	7550	6560	7550	6697	7550	6698	7550	6617	7550	6650
23:00 EDT	7550	6351	7550	6435	7550	6446	7550	6444	7550	6398

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	210	660	210	660	210	660	210	660	210
01:00 EDT	660	210	660	210	660	210	660	210	660	210
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	210	660	210	660	210	660	210	660	210
06:00 EDT	660	360	660	360	660	360	660	360	660	360
07:00 EDT	660	44	660	44	660	44	660	44	660	44
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
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13:00 EDT	660	0	660	0	660	0	660	0	660	0
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15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	40	315	40	315	40	315	40	315	40
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
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15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
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22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2675	4600	2786	4600	2844	4600	2703	4600	2680
01:00 EDT	4600	2846	4600	2712	4600	2714	4600	2639	4600	2701
02:00 EDT	4600	3107	4600	3034	4600	2936	4600	2902	4600	2832
03:00 EDT	4600	3233	4600	3000	4600	2999	4600	3008	4600	3023
04:00 EDT	4600	3214	4600	2992	4600	2989	4600	2984	4600	3027
05:00 EDT	4600	2935	4600	2740	4600	2742	4600	2693	4600	2745
06:00 EDT	4600	2210	4600	2433	4600	2416	4600	2411	4600	2311
07:00 EDT	4600	2143	4600	2528	4600	2517	4600	2497	4600	2371
08:00 EDT	4600	1748	4600	2328	4600	2301	4600	2315	4600	2293
09:00 EDT	4600	1881	4600	2315	4600	2312	4600	2272	4600	2256
10:00 EDT	4600	1777	4600	2073	4600	2050	4600	2038	4600	2012
11:00 EDT	4600	1658	4600	2041	4600	1967	4600	1898	4600	1788
12:00 EDT	4600	1511	4600	1852	4600	1899	4600	1831	4600	1718
13:00 EDT	4600	1980	4600	1822	4600	1748	4600	1874	4600	1910
14:00 EDT	4600	1940	4600	1959	4600	1950	4600	1979	4600	1862
15:00 EDT	4600	1968	4600	1722	4600	1666	4600	1775	4600	1706
16:00 EDT	4600	1706	4600	1689	4600	1764	4600	1670	4600	1759
17:00 EDT	4600	1844	4600	1754	4600	1810	4600	1885	4600	1908
18:00 EDT	4600	2124	4600	2062	4600	2112	4600	2127	4600	2138
19:00 EDT	4600	2349	4600	2232	4600	2277	4600	2294	4600	2287
20:00 EDT	4600	2624	4600	2382	4600	2475	4600	2426	4600	2519
21:00 EDT	4600	2418	4600	2487	4600	2444	4600	2588	4600	2496
22:00 EDT	4600	2333	4600	2698	4600	2726	4600	2626	4600	2614
23:00 EDT	4600	2688	4600	2698	4600	2646	4600	2613	4600	2696

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	5700	2558	5610	2699	5610	2684	5610	2564	5610	2569

01:00 EDT	5700	2914	5610	2641	5610	2661	5610	2629	5610	2709
02:00 EDT	5700	3237	5610	3090	5610	2989	5610	2946	5610	2903
03:00 EDT	5700	3386	5610	3131	5610	3134	5610	3162	5610	3173
04:00 EDT	5700	3263	5610	3015	5610	3030	5610	3007	5610	3066
05:00 EDT	5700	3022	5610	2875	5610	2820	5610	2745	5610	2814
06:00 EDT	5700	2160	5610	2529	5610	2492	5610	2349	5610	2219
07:00 EDT	5700	2160	5610	2563	5610	2508	5610	2446	5610	2359
08:00 EDT	5700	1671	5610	2260	5610	2196	5610	2206	5610	2217
09:00 EDT	5700	1764	5610	2323	5610	2322	5610	2354	5610	2208
10:00 EDT	5700	1696	5610	2082	5610	2116	5610	2155	5610	2160
11:00 EDT	5700	1855	5610	2381	5610	2235	5610	2188	5610	2076
12:00 EDT	5700	1818	5610	2103	5610	2197	5610	2159	5610	1906
13:00 EDT	5700	2216	5610	1788	5610	1608	5610	1702	5610	1694
14:00 EDT	5700	2175	5610	1817	5610	1785	5610	1786	5610	1899
15:00 EDT	5700	2220	5610	2060	5610	2011	5610	2153	5610	2063
16:00 EDT	5700	2103	5610	2082	5610	2189	5610	2090	5610	2185
17:00 EDT	5700	2111	5610	2178	5610	2237	5610	2304	5610	2335
18:00 EDT	5700	2359	5610	2491	5610	2556	5610	2589	5610	2586
19:00 EDT	5700	2513	5610	2683	5610	2729	5610	2760	5610	2728
20:00 EDT	5700	2693	5610	2803	5610	2897	5610	2871	5610	2961
21:00 EDT	5700	2614	5610	2885	5610	2862	5610	3031	5610	2931
22:00 EDT	5700	2780	5610	3133	5610	3182	5610	3101	5610	3114
23:00 EDT	5700	2728	5610	3230	5610	3203	5610	3177	5610	3288

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9806	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9846	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9528	9999	9762	9999	9772	9999	9837	9999	9814
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9861	9999	9899	9999	9872
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9742	9999	9735	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9862
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899