

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

back to top

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	107	125	107	125	107	125	107
05:00 EDT	125	125	125	107	125	107	125	107	125	107
06:00 EDT	125	100	125	110	125	110	125	110	125	110
07:00 EDT	125	85	125	45	125	45	125	45	125	45
08:00 EDT	125	85	125	90	125	90	125	90	125	90
09:00 EDT	125	85	125	22	125	22	125	22	125	22
10:00 EDT	125	85	125	8	125	8	125	8	125	8
11:00 EDT	125	92	125	48	125	48	125	48	125	48
12:00 EDT	125	92	125	98	125	98	125	98	125	98
13:00 EDT	125	92	125	115	125	115	125	115	125	115
14:00 EDT	125	0	125	125	125	125	125	125	125	125
15:00 EDT	125	40	125	60	125	60	125	60	125	60
16:00 EDT	125	30	125	34	125	34	125	34	125	34
17:00 EDT	125	30	125	45	125	10	125	10	125	10
18:00 EDT	125	30	125	0	125	0	125	0	125	0
19:00 EDT	125	0	125	10	125	10	125	10	125	10
20:00 EDT	125	30	125	45	125	10	125	10	125	10
21:00 EDT	125	60	125	17	125	17	125	17	125	17
22:00 EDT	125	125	125	82	125	82	125	82	125	82
23:00 EDT	125	125	125	125	125	125	125	125	125	125

CEDARS-HQ

back to top

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	0	40	0	40	0	40	0	40	0
01:00 EDT	40	0	40	0	40	0	40	0	40	0
02:00 EDT	40	0	40	0	40	0	40	0	40	0
03:00 EDT	40	0	40	0	40	0	40	0	40	0
04:00 EDT	40	0	40	0	40	0	40	0	40	0
05:00 EDT	40	0	40	0	40	0	40	0	40	0

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3200	2679	3200	2778	3200	2730	3200	2806	3200	2850
01:00 EDT	3200	2704	3200	3100	3200	3100	3200	3087	3200	2922
02:00 EDT	3200	2345	3200	2532	3200	2477	3200	2513	3200	2727
03:00 EDT	3200	2359	3200	2415	3200	2416	3200	2475	3200	2364
04:00 EDT	3200	2376	3200	2287	3200	2284	3200	2336	3200	2425
05:00 EDT	3200	2303	3200	2529	3200	2555	3200	2509	3200	2525
06:00 EDT	3200	2317	3200	2540	3200	2565	3200	2587	3200	2591
07:00 EDT	3200	2407	3200	2574	3200	2597	3200	2556	3200	2472
08:00 EDT	3200	2383	3200	2781	3200	2842	3200	2725	3200	2603
09:00 EDT	3200	2716	3200	2896	3200	2936	3200	3034	3200	2913
10:00 EDT	3200	2765	3200	3100	3200	3079	3200	3019	3200	2976
11:00 EDT	3200	2813	3200	3100	3200	3100	3200	3100	3200	3100
12:00 EDT	3200	2731	2850	2750	2850	2666	2850	2750	2850	2713
13:00 EDT	3200	2709	2850	2750	2850	2750	2850	2750	2850	2750
14:00 EDT	3200	2734	2850	2750	2850	2750	2850	2750	2850	2750
15:00 EDT	3200	2909	2850	2750	2850	2750	2850	2750	2850	2750
16:00 EDT	3200	2790	2850	2518	2850	2400	2850	2469	2850	2568
17:00 EDT	3200	2793	2850	2750	2850	2730	2850	2561	2850	2617
18:00 EDT	3200	2654	2850	2629	2850	2618	2850	2612	2850	2624
19:00 EDT	3200	2706	2850	2605	2850	2542	2850	2558	2850	2443
20:00 EDT	3200	2427	2850	2140	2850	2351	2850	2362	2850	2750
21:00 EDT	3200	2619	2850	2624	2850	2667	2850	2659	2850	2720
22:00 EDT	3200	2828	2850	2740	2850	2750	2850	2750	2850	2750
23:00 EDT	3200	2953	2850	2750	2850	2750	2850	2713	2850	2750

HQ-CEDARS

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	80	80	70	70	70	70	70	70	70	70
01:00 EDT	80	80	70	70	70	70	70	70	70	70
02:00 EDT	80	80	70	70	70	70	70	70	70	70
03:00 EDT	80	80	70	70	70	70	70	70	70	70
04:00 EDT	80	80	70	70	70	70	70	70	70	70
05:00 EDT	80	80	70	70	70	70	70	70	70	70
06:00 EDT	80	80	70	70	70	70	70	70	70	70
07:00 EDT	80	80	70	70	70	70	70	70	70	70
08:00 EDT	80	80	50	50	50	50	50	50	50	50
09:00 EDT	80	80	50	50	50	50	50	50	50	50

10:00 EDT	80	80	50	50	50	50	50	50	50	50
11:00 EDT	80	80	50	50	50	50	50	50	50	50
12:00 EDT	80	80	50	50	50	50	50	50	50	50
13:00 EDT	80	80	50	50	50	50	50	50	50	50
14:00 EDT	80	80	50	50	50	50	50	50	50	50
15:00 EDT	80	0	50	0	50	0	50	0	50	0
16:00 EDT	80	0	50	0	50	0	50	0	50	0
17:00 EDT	80	0	50	0	50	0	50	0	50	0
18:00 EDT	270	190	50	0	50	0	80	0	270	190
19:00 EDT	270	190	270	190	270	190	270	190	270	190
20:00 EDT	270	216	270	212	270	212	270	212	270	212
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
01:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
02:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
03:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
04:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
05:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
06:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
07:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
08:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
09:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
10:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
11:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
12:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
13:00 EDT	1500	1224	1450	1450	1450	1450	1450	1450	1450	1450
14:00 EDT	1500	524	1450	766	1450	711	1450	711	1450	711
15:00 EDT	1500	422	1450	537	1450	537	1450	537	1450	537
16:00 EDT	1500	422	1450	314	1450	314	1450	314	1450	314
17:00 EDT	1500	422	1450	307	1450	307	1450	307	1450	307
18:00 EDT	1500	422	1450	341	1450	341	1450	341	1450	341
19:00 EDT	1500	422	1450	540	1450	540	1450	540	1450	655
20:00 EDT	1500	1122	1450	1355	1450	1355	1450	1355	1450	1355
21:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
22:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
23:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450

IMO-NYISO

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	799	2000	950	2000	955	2000	950	2000	950
01:00 EDT	2000	907	2000	1292	2000	1287	2000	1292	2000	1284
02:00 EDT	2000	580	2000	871	2000	869	2000	870	2000	868
03:00 EDT	2000	593	2000	365	2000	365	2000	365	2000	365
04:00 EDT	2000	593	2000	300	2000	300	2000	300	2000	300
05:00 EDT	2000	503	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	557	2000	423	2000	423	2000	423	2000	423
07:00 EDT	2000	868	2000	761	2000	761	2000	761	2000	759
08:00 EDT	2000	990	2000	1210	2000	1212	2000	1205	2000	1205
09:00 EDT	2000	1337	2000	1559	2000	1549	2000	1554	2000	1547
10:00 EDT	2000	1375	2000	1700	2000	1700	2000	1700	2000	1700
11:00 EDT	2000	1374	2000	1700	2000	1700	2000	1700	2000	1700

12:00 EDT	2000	1364	2000	1700	2000	1700	2000	1700	2000	1700
13:00 EDT	2000	1424	2000	1700	2000	1700	2000	1700	2000	1700
14:00 EDT	2000	1549	2000	1700	2000	1700	2000	1700	2000	1700
15:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
16:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
17:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
18:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
19:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
20:00 EDT	2000	1499	2000	1700	2000	1700	2000	1700	2000	1700
21:00 EDT	2000	1376	2000	1700	2000	1700	2000	1700	2000	1700
22:00 EDT	2000	1450	2000	1700	2000	1700	2000	1700	2000	1700
23:00 EDT	2000	893	2000	1516	2000	1519	2000	1519	2000	1524

ISONE-NYISO

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1133	933	886	686	860	660	491	291
17:00 EDT	1400	1200	68	0	-548	0	-702	0	-773	0
18:00 EDT	1400	1200	-1040	0	-1040	0	-1000	0	-1040	0
19:00 EDT	1400	1200	-1039	0	-1039	0	-999	0	-1017	0
20:00 EDT	1400	1200	-826	0	-775	0	-913	0	-23	0
21:00 EDT	1400	1200	-254	0	-254	0	262	62	697	497
22:00 EDT	1400	1200	-233	0	210	10	678	478	883	683
23:00 EDT	1400	1200	1125	925	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	2396	3150	2794	3150	2810	3150	2852	3150	2626

14:00 EDT	3150	1708	3150	1868	3150	1790	3150	1833	3150	1908
15:00 EDT	3150	1501	3150	1775	3150	1765	3150	1732	3150	1758
16:00 EDT	3150	1453	3150	1532	3150	1575	3150	1540	3150	1407
17:00 EDT	3150	1404	3150	1304	3150	1334	3150	1288	3150	1300
18:00 EDT	3150	1604	3150	1339	3150	1324	3150	1331	3150	1294
19:00 EDT	3150	1594	3150	1496	3150	1461	3150	1483	3150	1658
20:00 EDT	3150	2395	3150	2371	3150	2348	3150	2236	3150	2276
21:00 EDT	3150	3050	3150	2982	3150	2997	3150	3024	3150	2981
22:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

NPX-1385

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	55	125	59	125	59	125	59	125	59
01:00 EDT	125	55	125	55	125	55	125	55	125	55
02:00 EDT	125	100	125	104	125	104	125	104	125	104
03:00 EDT	125	100	125	100	125	100	125	100	125	100
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	106	125	106	125	106	125	106
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	100	125	105	125	105	125	105	125	105

NPX-CSC

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	456	980	34	980	0	980	0	980	0
01:00 EDT	1000	370	980	10	980	10	980	10	980	10
02:00 EDT	1000	370	980	10	980	10	980	10	980	10
03:00 EDT	1000	370	980	10	980	10	980	10	980	10
04:00 EDT	1000	370	980	58	980	10	980	10	980	10
05:00 EDT	1000	456	980	0	980	0	980	0	980	0
06:00 EDT	1000	370	980	8	980	0	980	0	980	0
07:00 EDT	1000	370	980	0	980	0	980	0	980	0
08:00 EDT	1000	370	980	0	980	0	980	0	980	0
09:00 EDT	1000	370	980	0	980	0	980	0	980	0
10:00 EDT	1000	370	980	14	980	14	980	14	980	14
11:00 EDT	1000	370	980	0	980	0	980	0	980	0
12:00 EDT	1000	576	980	264	980	264	980	264	980	264
13:00 EDT	1000	1000	980	964	980	964	980	964	980	964
14:00 EDT	1000	1000	980	980	980	980	980	980	980	980
15:00 EDT	1000	1000	980	980	980	980	980	980	980	980
16:00 EDT	1000	1000	980	980	980	980	980	980	980	980
17:00 EDT	1000	1000	980	980	980	980	980	980	980	980
18:00 EDT	1000	1000	980	980	980	980	980	980	980	980
19:00 EDT	1000	1000	980	980	980	980	980	980	980	980
20:00 EDT	1000	1000	980	980	980	980	980	980	980	980
21:00 EDT	1000	678	980	575	980	575	980	575	980	575
22:00 EDT	1000	370	980	0	980	1	980	1	980	1
23:00 EDT	1000	370	980	0	980	53	980	53	980	53

NYISO-IMO

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1222	1600	1225	1600	1225	1600	1228
11:00 EDT	1600	1300	1600	937	1600	1026	1600	1025	1600	1026
12:00 EDT	1600	1300	1600	704	1600	1102	1600	1099	1600	1101
13:00 EDT	1600	1300	1600	791	1600	792	1600	788	1600	789
14:00 EDT	1600	1300	1600	643	1600	667	1600	667	1600	665
15:00 EDT	1600	1253	1600	586	1600	591	1600	590	1600	590
16:00 EDT	1600	1027	1600	1017	1600	1016	1600	1016	1600	1015
17:00 EDT	1600	1015	1600	804	1600	926	1600	924	1600	926

18:00 EDT	1600	1054	1600	898	1600	898	1600	897	1600	896
19:00 EDT	1600	1052	1600	693	1600	694	1600	690	1600	690
20:00 EDT	1600	1300	1600	892	1600	892	1600	892	1600	892
21:00 EDT	1600	1300	1600	1152	1600	1152	1600	1148	1600	1152
22:00 EDT	1600	1300	1600	1115	1600	1115	1600	1115	1600	1115
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	865	1600	1236	1600	1057	1600	1144	1600	1300
01:00 EDT	1600	886	1600	1000	1600	1060	1600	1154	1600	1188
02:00 EDT	1600	841	1600	889	1600	949	1600	1129	1600	1105
03:00 EDT	1600	794	1600	806	1600	813	1600	813	1600	813
04:00 EDT	1600	758	1600	903	1600	888	1600	910	1600	888
05:00 EDT	1600	776	1600	1149	1600	1136	1600	1389	1600	1215
06:00 EDT	1600	711	1600	998	1600	1081	1600	1115	1600	869
07:00 EDT	1600	464	1600	569	1600	390	1600	321	1600	170
08:00 EDT	1600	446	1600	371	1600	625	1600	618	1600	355
09:00 EDT	1600	536	1600	591	1600	611	1600	628	1600	639
10:00 EDT	1600	579	1600	882	1600	876	1600	753	1600	752
11:00 EDT	1600	525	1600	993	1600	939	1600	752	1600	937
12:00 EDT	1600	450	1600	906	1600	1136	1600	1146	1600	1092
13:00 EDT	1600	491	1600	790	1600	1089	1600	1271	1600	1091
14:00 EDT	1600	237	1600	1169	1600	1090	1600	930	1600	975
15:00 EDT	1600	409	1600	1118	1600	919	1600	909	1600	971
16:00 EDT	1600	383	1600	671	1600	672	1600	695	1600	567
17:00 EDT	1600	320	1600	338	1600	261	1600	0	1600	2
18:00 EDT	1600	208	1600	60	1600	0	1600	0	1600	0
19:00 EDT	1600	190	1600	0	1600	0	1600	0	1600	11
20:00 EDT	1600	480	1600	0	1600	296	1600	203	1600	386
21:00 EDT	1600	608	1600	303	1600	247	1600	132	1600	162
22:00 EDT	1600	567	1600	0	1600	0	1600	0	1600	65
23:00 EDT	1600	1190	1600	363	1600	663	1600	963	1600	1247

NYISO-PJM

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	620	1050	692
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5637	7550	6376	7550	6105	7550	6039	7550	5954
01:00 EDT	7550	5425	7550	6052	7550	5991	7550	6003	7550	5990
02:00 EDT	7550	4791	7550	5342	7550	5313	7550	5290	7550	5194
03:00 EDT	7550	4761	7550	4782	7550	4746	7550	4754	7550	4754
04:00 EDT	7550	4788	7550	4692	7550	4768	7550	4805	7550	4835
05:00 EDT	7550	4731	7550	5079	7550	5106	7550	5173	7550	5197
06:00 EDT	7550	4968	7550	5266	7550	5256	7550	5312	7550	5354
07:00 EDT	7550	5172	7550	5312	7550	5288	7550	5271	7550	5170
08:00 EDT	7550	4908	7550	5455	7550	5436	7550	5381	7550	5328
09:00 EDT	7550	5288	7550	5608	7550	5546	7550	5714	7550	5823
10:00 EDT	7550	5389	7550	6094	7550	6122	7550	6122	7550	6122
11:00 EDT	7550	5559	7550	6538	7550	6756	7550	6870	7550	6803
12:00 EDT	7550	5437	7550	7066	7550	6720	7550	7023	7550	7014
13:00 EDT	7550	4739	7550	6656	7550	6597	7550	6964	7550	6807
14:00 EDT	7550	3882	7550	5958	7550	5877	7550	5625	7550	5621
15:00 EDT	7550	3922	7550	5546	7550	5386	7550	5313	7550	5254
16:00 EDT	7550	3478	7550	4910	7550	4841	7550	4812	7550	4660
17:00 EDT	7550	3764	7550	4873	7550	4805	7550	4743	7550	4795
18:00 EDT	7550	4039	7550	4899	7550	4933	7550	4754	7550	4821
19:00 EDT	7550	4245	7550	5069	7550	5284	7550	5316	7550	5400
20:00 EDT	7550	4803	7550	5430	7550	5674	7550	5697	7550	5930
21:00 EDT	7550	5469	7550	6161	7550	6331	7550	6269	7550	6113
22:00 EDT	7550	5555	7550	6526	7550	6403	7550	6429	7550	6423
23:00 EDT	7550	5905	7550	6866	7550	6948	7550	6848	7550	6813

PJM-NEPTUNE

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	100	660	100	660	100	660	100	660	100
11:00 EDT	660	100	660	0	660	0	660	0	660	0
12:00 EDT	660	100	660	0	660	0	660	0	660	0
13:00 EDT	660	360	660	202	660	260	660	160	660	160
14:00 EDT	660	360	660	360	660	360	660	360	660	360
15:00 EDT	660	360	660	360	660	360	660	360	660	360
16:00 EDT	660	260	660	260	660	260	660	260	660	260
17:00 EDT	660	100	660	100	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	25	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	90	315	90	315	90	315	90	315	90
12:00 EDT	315	90	315	90	315	90	315	40	315	40
13:00 EDT	315	90	315	40	315	90	315	0	315	0
14:00 EDT	315	90	315	90	315	90	315	90	315	90
15:00 EDT	315	90	315	90	315	90	315	90	315	90
16:00 EDT	315	83	315	83	315	83	315	83	315	83
17:00 EDT	315	40	315	40	315	40	315	40	315	40
18:00 EDT	315	40	315	40	315	40	315	40	315	40
19:00 EDT	315	40	315	55	315	55	315	55	315	55
20:00 EDT	315	40	315	40	315	40	315	40	315	40
21:00 EDT	315	40	315	40	315	40	315	40	315	40
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3021	4600	3515	4600	3574	4600	3344	4600	3019
01:00 EDT	4600	2772	4600	3582	4600	3684	4600	3543	4600	3443
02:00 EDT	4600	2573	4600	3697	4600	3600	4600	3337	4600	3258
03:00 EDT	4600	2627	4600	3170	4600	3165	4600	3170	4600	3138
04:00 EDT	4600	2660	4600	2969	4600	2956	4600	2882	4600	2950
05:00 EDT	4600	2587	4600	2992	4600	3068	4600	2921	4600	3141
06:00 EDT	4600	2707	4600	2832	4600	2748	4600	2883	4600	3143
07:00 EDT	4600	2524	4600	2982	4600	3108	4600	3174	4600	3181
08:00 EDT	4600	2340	4600	3252	4600	3110	4600	3086	4600	3089
09:00 EDT	4600	2367	4600	3042	4600	2981	4600	3103	4600	3110
10:00 EDT	4600	1726	4600	2685	4600	2668	4600	2738	4600	2699
11:00 EDT	4600	2133	4600	2936	4600	3167	4600	3178	4600	3017
12:00 EDT	4600	2410	4600	3005	4600	2906	4600	3098	4600	3365
13:00 EDT	4600	2176	4600	3342	4600	3182	4600	3353	4600	3463
14:00 EDT	4600	1891	4600	2782	4600	2711	4600	2881	4600	2841
15:00 EDT	4600	1872	4600	2847	4600	2809	4600	2835	4600	2796
16:00 EDT	4600	1600	4600	2652	4600	2736	4600	2739	4600	2854
17:00 EDT	4600	1843	4600	3050	4600	3197	4600	3291	4600	3269
18:00 EDT	4600	2259	4600	3352	4600	3502	4600	3443	4600	3466
19:00 EDT	4600	2476	4600	3502	4600	3603	4600	3686	4600	3717
20:00 EDT	4600	2910	4600	3780	4600	3843	4600	3851	4600	3853
21:00 EDT	4600	2838	4600	4017	4600	4089	4600	4060	4600	3858
22:00 EDT	4600	2504	4600	4147	4600	4002	4600	3800	4600	3676
23:00 EDT	4600	2387	4600	3759	4600	3484	4600	3026	4600	2791

UPNY/CONED

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7075	3811	7175	5000	7175	4897	7175	4631	7175	4326

01:00 EDT	7075	3420	7175	4728	7175	4668	7175	4576	7175	4496
02:00 EDT	7075	3358	7175	4706	7175	4630	7175	4395	7175	4353
03:00 EDT	7075	3522	7175	4339	7175	4331	7175	4348	7175	4336
04:00 EDT	7075	3573	7175	4117	7175	4107	7175	4023	7175	4084
05:00 EDT	7075	3319	7175	4074	7175	4114	7175	3925	7175	4123
06:00 EDT	7075	3514	7175	3872	7175	3799	7175	3872	7175	4125
07:00 EDT	7075	3489	7175	4111	7175	4209	7175	4244	7175	4224
08:00 EDT	7075	3112	7175	4338	7175	4026	7175	3938	7175	4053
09:00 EDT	7075	3226	7175	4071	7175	3953	7395	4284	7395	4305
10:00 EDT	7295	2889	7395	3969	7395	4094	7395	4120	7395	4085
11:00 EDT	7295	3111	7395	4218	7395	4518	7395	4700	7395	4429
12:00 EDT	7295	3074	7395	4675	7395	4263	7395	4524	7395	4638
13:00 EDT	7295	2437	7395	4642	7395	4328	7395	4438	7395	4513
14:00 EDT	7295	1935	7395	3768	7395	3680	7395	3747	7395	3639
15:00 EDT	7295	1714	7395	3496	7395	3481	7395	3506	7395	3409
16:00 EDT	7295	1415	7485	3409	7485	3413	7485	3389	7485	3424
17:00 EDT	7295	1688	7485	3670	7485	3712	7485	3905	7485	3923
18:00 EDT	7295	2411	7485	4021	7485	4215	7485	4112	7485	4188
19:00 EDT	7295	3008	7485	4281	7485	4439	7485	4556	7485	4563
20:00 EDT	7295	3484	7485	4724	7485	4809	7485	4828	7485	4873
21:00 EDT	7295	3775	7485	5072	7395	5112	7395	5152	7395	5008
22:00 EDT	7295	3719	7395	5422	7395	5260	7395	5144	7395	4997
23:00 EDT	7075	3401	7395	5139	7395	4961	7175	4357	7175	4079

WEST CENTRAL

[back to top](#)

Date: 08/14/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9623	9999	9891	9999	9824	9999	9850	9999	9899
03:00 EDT	9999	9542	9999	9733	9999	9722	9999	9777	9999	9656
04:00 EDT	9999	9539	9999	9580	9999	9572	9999	9625	9999	9717
05:00 EDT	9999	9548	9999	9837	9999	9871	9999	9836	9999	9864
06:00 EDT	9999	9566	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9728	9999	9899	9999	9899	9999	9899	9999	9890
08:00 EDT	9999	9721	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899