

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	72	125	72	125	72	125	72
04:00 EDT	125	125	125	69	125	69	125	69	125	69
05:00 EDT	125	125	125	110	125	110	125	110	125	110
06:00 EDT	125	125	125	110	125	110	125	110	125	110
07:00 EDT	125	125	125	92	125	92	125	92	125	92
08:00 EDT	125	125	125	57	125	57	125	57	125	57
09:00 EDT	125	125	125	52	125	52	125	52	125	52
10:00 EDT	125	125	125	77	125	77	125	77	125	77
11:00 EDT	125	125	125	122	125	122	125	122	125	122
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	120	125	119	125	119	125	119	125	119
15:00 EDT	125	95	125	95	125	95	125	95	125	95
16:00 EDT	125	92	125	54	125	54	125	54	125	54
17:00 EDT	125	92	125	90	125	90	125	90	125	90
18:00 EDT	125	92	125	72	125	72	125	72	125	72
19:00 EDT	125	92	125	59	125	59	125	59	125	59
20:00 EDT	125	32	125	14	125	14	125	14	125	14
21:00 EDT	125	125	125	112	125	112	125	112	125	112
22:00 EDT	125	125	125	82	125	82	125	82	125	82
23:00 EDT	125	125	125	125	125	125	125	125	125	125

CEDARS-HQ

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	270	270	270	270	270	270	270	270	270
18:00 EDT	270	270	270	270	270	270	270	270	270	270
19:00 EDT	270	270	270	270	270	270	270	270	270	270
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
01:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
02:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
03:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
04:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
05:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
06:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
07:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
08:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
09:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
10:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
11:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
12:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
13:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
14:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
15:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
16:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
17:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
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19:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
20:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
21:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
22:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
23:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450

IMO-NYISO

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	1000	496	1000	310	1000	307	1000	310	1000	308
02:00 EDT	1000	545	1000	301	1000	304	1000	303	1000	304
03:00 EDT	1000	446	1000	315	1000	313	1000	310	1000	315
04:00 EDT	1000	446	1000	305	1000	300	1000	300	1000	305
05:00 EDT	1000	447	1000	300	1000	300	1000	303	1000	300
06:00 EDT	1000	447	1000	300	1000	301	1000	304	1000	300
07:00 EDT	1000	485	1000	303	1000	301	1000	304	1000	300
08:00 EDT	1000	238	1000	0	1000	0	1000	0	1000	0
09:00 EDT	1000	291	1000	200	1000	200	1000	203	1000	203
10:00 EDT	1000	521	1000	506	1000	505	1000	505	1000	505
11:00 EDT	1000	697	1000	700	1000	700	1000	700	1000	700

12:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
13:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
14:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
15:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
16:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
17:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
18:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
19:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
20:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
21:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
22:00 EDT	1000	466	1000	689	1000	689	1000	685	1000	689
23:00 EDT	1000	189	1000	300	1000	300	1000	300	1000	300

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1084	1400	1006	1400	805	1400	724	1400	601
11:00 EDT	1400	770	1400	477	1400	482	1400	515	1400	660
12:00 EDT	1400	762	1400	478	1400	435	1400	397	1400	436
13:00 EDT	1400	768	1400	350	1400	417	1400	507	1400	549
14:00 EDT	1400	766	1400	510	1400	526	1400	458	1400	530
15:00 EDT	1400	842	1400	537	1400	444	1400	593	1400	594
16:00 EDT	1400	885	1400	348	1400	344	1400	508	1400	647
17:00 EDT	1400	1066	1400	549	1400	717	1400	777	1400	886
18:00 EDT	1400	1200	1185	938	1054	780	775	575	772	572
19:00 EDT	1400	867	531	331	731	531	751	544	955	755
20:00 EDT	1400	904	1354	980	1400	1056	1400	1129	1400	1148
21:00 EDT	1400	989	1400	1182	1400	1200	1400	1150	1400	1200
22:00 EDT	1400	1130	1400	1021	1400	1200	1400	1115	1400	814
23:00 EDT	1400	1200	1400	813	1400	916	1400	1030	1400	1036

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
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09:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
15:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
16:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
17:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
18:00 EDT	3150	2439	3150	2709	3150	2658	3150	2691	3150	2744
19:00 EDT	3150	3031	3150	3050	3150	3050	3150	3050	3150	3050
20:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
21:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
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10:00 EDT	125	100	125	125	125	125	125	125	125	125
11:00 EDT	125	85	125	125	125	125	125	125	125	125
12:00 EDT	125	85	125	106	125	106	125	106	125	106
13:00 EDT	125	80	125	105	125	105	125	105	125	105
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	70	125	125	125	125	125	125	125	125
22:00 EDT	125	100	125	125	125	125	125	125	125	125
23:00 EDT	125	40	125	117	125	117	125	117	125	117

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
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13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
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21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	1000	320	980	0	980	0	980	0	980	0
02:00 EDT	1000	361	980	41	980	41	980	41	980	41
03:00 EDT	1000	320	980	0	980	0	980	0	980	0
04:00 EDT	1000	320	980	1	980	1	980	1	980	1
05:00 EDT	1000	320	980	0	980	0	980	0	980	0
06:00 EDT	1000	320	980	0	980	0	980	0	980	0
07:00 EDT	1000	320	980	0	980	0	980	0	980	0
08:00 EDT	1000	320	980	0	980	0	980	0	980	0
09:00 EDT	1000	320	980	0	980	0	980	0	980	0
10:00 EDT	1000	320	980	0	980	0	980	0	980	0
11:00 EDT	1000	320	980	0	980	0	980	0	980	0
12:00 EDT	1000	320	980	0	980	0	980	0	980	0
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14:00 EDT	1000	320	980	0	980	0	980	0	980	0
15:00 EDT	1000	230	980	0	980	0	980	0	980	0
16:00 EDT	1000	230	980	0	980	0	980	0	980	0
17:00 EDT	1000	491	980	124	980	165	980	165	980	165
18:00 EDT	1000	1000	980	865	980	865	980	865	980	865
19:00 EDT	1000	592	980	319	980	319	980	319	980	319
20:00 EDT	1000	320	980	28	980	28	980	28	980	28
21:00 EDT	1000	230	980	0	980	0	980	0	980	0
22:00 EDT	1000	320	980	0	980	0	980	0	980	0
23:00 EDT	1000	320	980	0	980	0	980	0	980	0

NYISO-IMO

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	850	550	850	550	850	550	850	550	850	550
01:00 EDT	850	550	850	550	850	550	850	550	850	550
02:00 EDT	850	550	850	550	850	550	850	550	850	550
03:00 EDT	850	550	850	550	850	550	850	550	850	550
04:00 EDT	850	550	850	550	850	550	850	550	850	550
05:00 EDT	850	550	850	550	850	550	850	550	850	550
06:00 EDT	850	550	850	550	850	550	850	550	850	550
07:00 EDT	850	550	850	550	850	550	850	550	850	550
08:00 EDT	850	550	850	550	850	550	850	550	850	550
09:00 EDT	850	550	850	550	850	550	850	550	850	550
10:00 EDT	850	550	850	550	850	550	850	550	850	550
11:00 EDT	850	550	850	464	850	463	850	464	850	462
12:00 EDT	850	375	850	153	850	151	850	153	850	154
13:00 EDT	850	455	850	163	850	165	850	165	850	166
14:00 EDT	850	301	850	29	850	24	850	26	850	25
15:00 EDT	850	377	850	1	850	0	850	0	850	0
16:00 EDT	850	258	850	7	850	7	850	7	850	6
17:00 EDT	850	251	850	99	850	102	850	100	850	99

18:00 EDT	850	279	850	41	850	41	850	43	850	43
19:00 EDT	850	278	850	277	850	274	850	275	850	273
20:00 EDT	850	426	850	257	850	258	850	263	850	259
21:00 EDT	850	503	850	448	850	453	850	455	850	451
22:00 EDT	850	550	850	550	850	550	850	550	850	550
23:00 EDT	850	550	850	550	850	550	850	550	850	550

NYISO-ISONE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	748	1600	1149	1600	923	1600	853	1600	802
01:00 EDT	1600	761	1600	645	1600	712	1600	645	1600	646
02:00 EDT	1600	752	1600	405	1600	400	1600	455	1600	514
03:00 EDT	1600	698	1600	557	1600	464	1600	544	1600	544
04:00 EDT	1600	665	1600	404	1600	404	1600	404	1600	404
05:00 EDT	1600	644	1600	263	1600	164	1600	263	1600	563
06:00 EDT	1600	770	1600	460	1600	546	1600	650	1600	795
07:00 EDT	1600	577	1600	751	1600	792	1600	644	1600	553
08:00 EDT	1600	597	1600	718	1600	658	1600	681	1600	684
09:00 EDT	1600	1279	1600	912	1600	1051	1600	1043	1600	1293
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1267	1600	1400	1600	1400	1600	1252	1600	1252
19:00 EDT	1600	1400	1600	1216	1600	1254	1600	1400	1600	1275
20:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
21:00 EDT	1600	1400	1600	1400	1600	1364	1600	1400	1600	1349
22:00 EDT	1600	1400	1600	1400	1600	1349	1600	1400	1600	1400
23:00 EDT	1600	1335	1600	1400	1600	1400	1600	1400	1600	1400

NYISO-PJM

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5887	7550	6612	7550	6507	7550	6496	7550	6365
01:00 EDT	7550	5835	7550	6243	7550	6183	7550	6116	7550	6029
02:00 EDT	7550	5816	7550	5376	7550	5328	7550	5349	7550	5353
03:00 EDT	7550	5623	7550	5632	7550	5268	7550	5449	7550	5430
04:00 EDT	7550	5659	7550	5189	7550	5219	7550	5263	7550	5282
05:00 EDT	7550	5908	7550	5632	7550	5681	7550	5765	7550	6188
06:00 EDT	7550	5867	7550	5703	7550	5568	7550	5560	7550	5738
07:00 EDT	7550	5682	7550	5796	7550	5657	7550	5552	7550	5373
08:00 EDT	7550	5372	7550	5106	7550	5027	7550	4930	7550	4949
09:00 EDT	7550	5677	7550	5186	7550	5298	7550	5254	7550	5331
10:00 EDT	7550	6027	7550	5625	7550	5693	7550	5708	7550	5811
11:00 EDT	7550	6440	7550	6220	7550	6311	7550	6231	7550	6232
12:00 EDT	7550	6478	7550	6615	7550	6790	7550	6812	7550	6859
13:00 EDT	7550	6907	7550	6976	7550	7207	7550	7183	7550	7167
14:00 EDT	7550	7031	7550	7010	7550	7107	7550	6989	7550	7029
15:00 EDT	7550	7101	7550	6960	7550	6993	7550	6914	7550	6902
16:00 EDT	7550	7009	7550	7167	7550	7000	7550	6912	7550	6955
17:00 EDT	7550	6799	7550	6859	7550	6850	7550	6917	7550	7021
18:00 EDT	7550	6528	7550	6731	7550	6909	7550	6585	7550	6538
19:00 EDT	7550	7072	7550	6655	7550	6760	7550	7039	7550	6675
20:00 EDT	7550	7327	7550	6979	7550	7036	7550	6984	7550	7006
21:00 EDT	7550	7450	7550	7025	7550	7058	7550	7126	7550	7118
22:00 EDT	7550	7051	7550	7274	7550	7098	7550	7156	7550	7235
23:00 EDT	7550	6542	7550	7223	7550	7083	7550	6728	7550	6719

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	4	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
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10:00 EDT	660	130	660	130	660	130	660	130	660	130
11:00 EDT	660	130	660	7	660	0	660	0	660	0
12:00 EDT	660	130	660	0	660	0	660	0	660	0
13:00 EDT	660	130	660	0	660	0	660	0	660	0
14:00 EDT	660	130	660	130	660	130	660	130	660	130
15:00 EDT	660	130	660	130	660	130	660	64	660	0
16:00 EDT	660	130	660	29	660	0	660	0	660	0
17:00 EDT	660	130	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
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10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
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13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 08/07/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2391	4600	2930	4600	2959	4600	2947	4600	2971
01:00 EDT	4600	2686	4600	3229	4600	3155	4600	3151	4600	3091
02:00 EDT	4600	2767	4600	3253	4600	3230	4600	3215	4600	3189
03:00 EDT	4600	2879	4600	3485	4600	3287	4600	3290	4600	3270
04:00 EDT	4600	2916	4600	3256	4600	3263	4600	3321	4600	3346
05:00 EDT	4600	2888	4600	3582	4600	3529	4600	3531	4600	3439
06:00 EDT	4600	2528	4600	3164	4600	3186	4600	3119	4600	3171
07:00 EDT	4600	2221	4600	3265	4600	3119	4600	3063	4600	2924
08:00 EDT	4600	1820	4600	2605	4600	2521	4600	2524	4600	2592
09:00 EDT	4600	1493	4600	2506	4600	2456	4600	2470	4600	2287
10:00 EDT	4600	1510	4600	2232	4600	2199	4600	2203	4600	2186
11:00 EDT	4600	1392	4600	2225	4600	2240	4600	2194	4600	2241
12:00 EDT	4600	1620	4600	2580	4600	2555	4600	2450	4600	2456
13:00 EDT	4600	1777	4600	2502	4600	2588	4600	2687	4600	2634
14:00 EDT	4600	2023	4600	2513	4600	2509	4600	2524	4600	2526
15:00 EDT	4600	2095	4600	2609	4600	2590	4600	2691	4600	2764
16:00 EDT	4600	1914	4600	2876	4600	2865	4600	2784	4600	2844
17:00 EDT	4600	1932	4600	2965	4600	2952	4600	2939	4600	2978
18:00 EDT	4600	2402	4600	3024	4600	3139	4600	3236	4600	3192
19:00 EDT	4600	2628	4600	3282	4600	3416	4600	3517	4600	3641
20:00 EDT	4600	2740	4600	3646	4600	3721	4600	3674	4600	3653
21:00 EDT	4600	3218	4600	3710	4600	3782	4600	3807	4600	3891
22:00 EDT	4600	2716	4600	3889	4600	3849	4600	3695	4600	3581
23:00 EDT	4600	2642	4600	3500	4600	3442	4600	3118	4600	3094

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	7075	4264	6985	4881	6985	4799	6985	4847	6985	4810
02:00 EDT	7075	4427	6985	4921	6985	4913	6985	4899	6985	4873
03:00 EDT	7075	4639	6985	5175	6985	4946	6985	4953	6985	4947
04:00 EDT	7075	4713	6985	4930	6985	4940	6985	4980	6985	4993
05:00 EDT	7075	4566	6985	5392	6985	5267	6985	5239	6985	5117
06:00 EDT	7075	4268	6985	4859	6625	4521	6625	4439	6625	4469
07:00 EDT	7075	4089	6625	4627	6625	4456	6625	4390	6625	4277
08:00 EDT	7075	3755	6625	3962	6625	3881	6625	3872	6625	3925
09:00 EDT	7075	3102	6625	3807	6625	3758	6625	3731	6625	3559
10:00 EDT	7075	2994	6625	3431	6625	3275	6625	3231	6625	3162
11:00 EDT	7075	3027	6625	3435	6625	3438	6625	3375	6625	3421
12:00 EDT	7075	3236	6625	3667	6625	3636	6625	3549	6625	3550
13:00 EDT	7075	3476	6625	3577	6625	3633	6625	3699	6625	3681
14:00 EDT	7075	3583	6625	3543	6625	3527	6625	3389	6625	3563
15:00 EDT	7075	3529	6625	3684	6625	3652	6625	3731	6625	3801
16:00 EDT	7075	3407	6625	3913	6625	3872	6625	3762	6625	3821
17:00 EDT	7075	3355	6625	3640	6625	3847	6625	3800	6625	3933
18:00 EDT	7075	3827	6625	3974	6625	4161	6625	4273	6625	4252
19:00 EDT	7075	4044	6625	4384	6625	4475	6625	4626	6625	4734
20:00 EDT	7075	4334	6625	4712	6625	4801	6670	4862	6670	4902
21:00 EDT	7075	5017	6670	4974	6670	5046	6670	5023	6670	5092
22:00 EDT	7075	4518	6670	5127	6670	5087	6670	4967	6670	4891
23:00 EDT	6705	4222	6670	4839	6670	4786	6670	4509	6670	4526

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9899	9999	9794	9999	9773	9999	9899	9999	9899
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9898	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899