

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

back to top

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	116	125	116	125	116	125	116
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	107	125	107	125	107	125	107
09:00 EDT	125	125	125	112	125	112	125	112	125	112
10:00 EDT	125	125	125	112	125	112	125	112	125	112
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	123	125	122	125	122	125	122	125	122
15:00 EDT	125	92	125	82	125	82	125	82	125	82
16:00 EDT	125	92	125	92	125	92	125	92	125	92
17:00 EDT	125	75	125	77	125	77	125	77	125	77
18:00 EDT	125	25	125	5	125	5	125	5	125	5
19:00 EDT	125	0	125	0	125	0	125	0	125	0
20:00 EDT	125	0	125	0	125	0	125	0	125	0
21:00 EDT	125	110	125	67	125	67	125	67	125	67
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	107	125	107	125	107	125	107

CEDARS-HQ

back to top

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	0	40	0	40	0	40	0	40	0
01:00 EDT	40	0	40	0	40	0	40	0	40	0
02:00 EDT	40	0	40	0	40	0	40	0	40	0
03:00 EDT	40	0	40	0	40	0	40	0	40	0
04:00 EDT	40	0	40	0	40	0	40	0	40	0
05:00 EDT	40	0	40	0	40	0	40	0	40	0

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
01:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
02:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
03:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
04:00 EDT	2850	2729	2850	2750	2850	2750	2850	2750	2850	2750
05:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
06:00 EDT	2850	2671	2850	2750	2850	2750	2850	2750	2850	2750
07:00 EDT	2850	2466	2850	2623	2850	2565	2850	2637	2850	2750
08:00 EDT	2850	2378	2850	2433	2850	2501	2850	2495	2850	2559
09:00 EDT	2850	2476	2850	2493	2850	2514	2850	2511	2850	2415
10:00 EDT	2850	2670	2850	2710	2850	2705	2850	2670	2850	2750
11:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
12:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
13:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
14:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
15:00 EDT	2850	2710	2850	2750	2850	2750	2850	2750	2850	2750
16:00 EDT	2850	2750	2850	2673	2850	2685	2850	2737	2850	2750
17:00 EDT	2850	2744	2850	2710	2850	2622	2850	2671	2850	2731
18:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
19:00 EDT	2850	2705	2850	2750	2850	2750	2850	2750	2850	2678
20:00 EDT	2850	2713	2850	2750	2850	2750	2850	2750	2850	2750
21:00 EDT	2850	2715	2850	2750	2850	2750	2850	2750	2850	2750
22:00 EDT	2850	2750	2850	2646	2850	2530	2850	2643	2850	2750
23:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750

HQ-CEDARS

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	80	80	70	70	70	70	70	70	70	70
01:00 EDT	80	80	70	70	70	70	70	70	70	70
02:00 EDT	80	80	70	70	70	70	70	70	70	70
03:00 EDT	80	80	70	70	70	70	70	70	70	70
04:00 EDT	80	80	70	70	70	70	70	70	70	70
05:00 EDT	80	80	70	70	70	70	70	70	70	70
06:00 EDT	80	80	70	70	70	70	70	70	70	70
07:00 EDT	80	80	70	70	70	70	70	70	70	70
08:00 EDT	80	80	70	70	70	70	70	70	70	70
09:00 EDT	80	80	70	70	70	70	70	70	70	70

10:00 EDT	80	80	70	70	70	70	70	70	70	70
11:00 EDT	80	80	70	70	70	70	70	70	70	70
12:00 EDT	80	80	70	70	70	70	70	70	70	70
13:00 EDT	80	80	70	70	70	70	70	70	70	70
14:00 EDT	80	80	70	70	70	70	70	70	70	70
15:00 EDT	80	80	70	70	70	70	70	70	70	70
16:00 EDT	80	80	70	70	70	70	70	70	70	70
17:00 EDT	80	80	70	70	70	70	70	70	70	70
18:00 EDT	270	270	70	70	70	70	70	70	70	70
19:00 EDT	270	270	70	70	70	70	70	70	70	70
20:00 EDT	270	270	70	70	70	70	70	70	70	70
21:00 EDT	270	270	70	70	70	70	70	70	70	70
22:00 EDT	270	270	70	70	70	70	70	70	70	70
23:00 EDT	270	270	70	70	70	70	70	70	270	270

HQ-NYISO

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
01:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
02:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
03:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
04:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
05:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
06:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
07:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
08:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
09:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
10:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
11:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
12:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
13:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
14:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
15:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
16:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
17:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
18:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
19:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
20:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
21:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
22:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
23:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450

IMO-NYISO

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	293	1000	406	1000	407	1000	404	1000	406
01:00 EDT	1000	389	1000	297	1000	296	1000	300	1000	297
02:00 EDT	1000	337	1000	299	1000	300	1000	303	1000	298
03:00 EDT	1000	278	1000	299	1000	301	1000	296	1000	299
04:00 EDT	1000	223	1000	303	1000	299	1000	305	1000	299
05:00 EDT	1000	216	1000	300	1000	300	1000	300	1000	300
06:00 EDT	1000	121	1000	304	1000	303	1000	302	1000	298
07:00 EDT	1000	156	1000	300	1000	300	1000	303	1000	300
08:00 EDT	1000	117	1000	75	1000	75	1000	75	1000	75
09:00 EDT	1000	161	1000	0	1000	0	1000	0	1000	0
10:00 EDT	1000	267	1000	124	1000	124	1000	124	1000	124
11:00 EDT	1000	386	1000	406	1000	406	1000	406	1000	406

12:00 EDT	1000	536	1000	700	1000	700	1000	700	1000	700
13:00 EDT	1000	611	1000	700	1000	700	1000	700	1000	700
14:00 EDT	1000	686	1000	700	1000	700	1000	700	1000	700
15:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
16:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
17:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
18:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
19:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
20:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
21:00 EDT	1000	639	1000	700	1000	700	1000	700	1000	700
22:00 EDT	1000	514	1000	573	1000	574	1000	576	1000	573
23:00 EDT	1000	399	1000	514	1000	513	1000	516	1000	515

ISONE-NYISO

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1153	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	913	1400	1200	1400	975	1400	959	1400	975
10:00 EDT	1400	866	1400	937	1400	877	1400	928	1400	850
11:00 EDT	1400	861	1400	723	1400	678	1400	618	1400	550
12:00 EDT	1400	808	1400	668	1400	649	1400	694	1400	706
13:00 EDT	1400	786	1400	598	1400	590	1400	590	1400	598
14:00 EDT	1400	790	1400	524	1400	411	1400	339	1400	513
15:00 EDT	1400	816	1400	459	1400	439	1400	741	1400	729
16:00 EDT	1400	826	1400	682	1400	534	1400	777	1400	916
17:00 EDT	1400	861	1400	759	1400	758	1400	758	1400	698
18:00 EDT	1400	1197	1400	911	1400	929	1400	912	1400	903
19:00 EDT	1400	1200	1400	911	1400	888	1400	876	1400	848
20:00 EDT	1400	1200	1400	1053	1400	973	1400	923	1400	983
21:00 EDT	1400	1200	1400	948	1400	1123	1400	1138	1400	1073
22:00 EDT	1400	1170	1400	1047	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1168	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
15:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
16:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
17:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
18:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
19:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
20:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
21:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

NPX-1385

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	105	125	105	125	105	125	105	125	105
01:00 EDT	125	100	125	100	125	100	125	100	125	100
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	120	125	120	125	120	125	120
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	100	125	125	125	125	125	125	125	125
08:00 EDT	125	100	125	125	125	125	125	125	125	125
09:00 EDT	125	100	125	125	125	125	125	125	125	125
10:00 EDT	125	100	125	125	125	125	125	125	125	125
11:00 EDT	125	100	125	121	125	121	125	121	125	121
12:00 EDT	125	100	125	125	125	125	125	125	125	125
13:00 EDT	125	105	125	100	125	100	125	100	125	100
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	100	125	125	125	125	125	125	125	125
23:00 EDT	125	60	125	125	125	125	125	125	125	125

NPX-CSC

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	370	980	0	980	0	980	0	980	0
01:00 EDT	1000	435	980	0	980	0	980	0	980	0
02:00 EDT	1000	370	980	0	980	0	980	0	980	0
03:00 EDT	1000	386	980	0	980	0	980	0	980	0
04:00 EDT	1000	370	980	0	980	0	980	0	980	0
05:00 EDT	1000	370	980	0	980	0	980	0	980	0
06:00 EDT	1000	370	980	0	980	0	980	0	980	0
07:00 EDT	1000	370	980	0	980	0	980	0	980	0
08:00 EDT	1000	370	980	0	980	0	980	0	980	0
09:00 EDT	1000	370	980	0	980	0	980	0	980	0
10:00 EDT	1000	370	980	0	980	0	980	0	980	0
11:00 EDT	1000	370	980	0	980	0	980	0	980	0
12:00 EDT	1000	370	980	0	980	0	980	0	980	0
13:00 EDT	1000	370	980	0	980	0	980	0	980	0
14:00 EDT	1000	370	980	0	980	0	980	0	980	0
15:00 EDT	1000	370	980	0	980	0	980	0	980	0
16:00 EDT	1000	370	980	0	980	0	980	0	980	0
17:00 EDT	1000	494	980	124	980	124	980	124	980	124
18:00 EDT	1000	370	980	0	980	0	980	0	980	0
19:00 EDT	1000	370	980	0	980	0	980	0	980	0
20:00 EDT	1000	370	980	0	980	0	980	0	980	0
21:00 EDT	1000	370	980	0	980	0	980	0	980	0
22:00 EDT	1000	370	980	0	980	0	980	0	980	0
23:00 EDT	1000	370	980	0	980	0	980	0	980	0

NYISO-IMO

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	850	550	850	550	850	550	850	550	850	550
01:00 EDT	850	550	850	550	850	550	850	550	850	550
02:00 EDT	850	550	850	550	850	550	850	550	850	550
03:00 EDT	850	550	850	550	850	550	850	550	850	550
04:00 EDT	850	550	850	550	850	550	850	550	850	550
05:00 EDT	850	550	850	550	850	550	850	550	850	550
06:00 EDT	850	550	850	550	850	550	850	550	850	550
07:00 EDT	850	550	850	550	850	550	850	550	850	550
08:00 EDT	850	550	850	550	850	550	850	550	850	550
09:00 EDT	850	550	850	550	850	550	850	550	850	550
10:00 EDT	850	550	850	550	850	550	850	550	850	550
11:00 EDT	850	550	850	550	850	550	850	550	850	550
12:00 EDT	850	550	850	436	850	436	850	436	850	437
13:00 EDT	850	550	850	426	850	421	850	426	850	422
14:00 EDT	850	550	850	244	850	249	850	245	850	249
15:00 EDT	850	529	850	96	850	93	850	94	850	99
16:00 EDT	850	292	850	270	850	269	850	267	850	267
17:00 EDT	850	261	850	550	850	548	850	550	850	550

18:00 EDT	850	286	850	0	850	0	850	0	850	1
19:00 EDT	850	281	850	91	850	91	850	91	850	91
20:00 EDT	850	536	850	237	850	232	850	232	850	235
21:00 EDT	850	550	850	52	850	52	850	52	850	52
22:00 EDT	850	550	850	550	850	550	850	550	850	550
23:00 EDT	850	550	850	550	850	550	850	550	850	550

NYISO-ISONE

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	978	1600	1400	1600	1387	1600	1210	1600	1348
01:00 EDT	1600	899	1600	1215	1600	1322	1600	1246	1600	1296
02:00 EDT	1600	942	1600	1259	1600	1274	1600	1382	1600	1372
03:00 EDT	1600	950	1600	1223	1600	1133	1600	1135	1600	1373
04:00 EDT	1600	921	1600	1366	1600	1179	1600	1302	1600	1329
05:00 EDT	1600	929	1600	1091	1600	1192	1600	1334	1600	1131
06:00 EDT	1600	1014	1600	1377	1600	1341	1600	1133	1600	1077
07:00 EDT	1600	1090	1600	1137	1600	1045	1600	930	1600	930
08:00 EDT	1600	1350	1600	1154	1600	1189	1600	1188	1600	1189
09:00 EDT	1600	1400	1600	1365	1600	1400	1600	1400	1600	1400
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
19:00 EDT	1600	1285	1600	1400	1600	1400	1600	1400	1600	1400
20:00 EDT	1600	1168	1600	1400	1600	1400	1600	1400	1600	1400
21:00 EDT	1600	1196	1600	1400	1600	1400	1600	1400	1600	1400
22:00 EDT	1600	1400	1600	1400	1600	1295	1600	1130	1600	1309
23:00 EDT	1600	1219	1600	1400	1600	1309	1600	1190	1600	1191

NYISO-PJM

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	740	1050	735	1050	742
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	6206	7550	7056	7550	7079	7550	7103	7550	7016
01:00 EDT	7550	6167	7550	6767	7550	6711	7550	6543	7550	6547
02:00 EDT	7550	5884	7550	6692	7550	6345	7550	6576	7550	6584
03:00 EDT	7550	5549	7550	6240	7550	6212	7550	5888	7550	5933
04:00 EDT	7550	5583	7550	6209	7550	5830	7550	6179	7550	6222
05:00 EDT	7550	5999	7550	6303	7550	6511	7550	6593	7550	6676
06:00 EDT	7550	6128	7550	6872	7550	6911	7550	6897	7550	6666
07:00 EDT	7550	6029	7550	6478	7550	6429	7550	6367	7550	6359
08:00 EDT	7550	5814	7550	6040	7550	6017	7550	5985	7550	5956
09:00 EDT	7550	5846	7550	5863	7550	5986	7550	5934	7550	5849
10:00 EDT	7550	6189	7550	6094	7550	6136	7550	6183	7550	6218
11:00 EDT	7550	6286	7550	6618	7550	6641	7550	6640	7550	6644
12:00 EDT	7550	6759	7550	6954	7550	7129	7550	7298	7550	7381
13:00 EDT	7550	7035	7550	7450	7550	7450	7550	7450	7550	7450
14:00 EDT	7550	7070	7550	7450	7550	7450	7550	7450	7550	7450
15:00 EDT	7550	7200	7550	7450	7550	7450	7550	7450	7550	7450
16:00 EDT	7550	7109	7550	7450	7550	7450	7550	7450	7550	7450
17:00 EDT	7550	7149	7550	7450	7550	7450	7550	7450	7550	7450
18:00 EDT	7550	7235	7550	7450	7550	7450	7550	7450	7550	7450
19:00 EDT	7550	7339	7550	7450	7550	7450	7550	7450	7550	7450
20:00 EDT	7550	7202	7550	7450	7550	7450	7550	7450	7550	7450
21:00 EDT	7550	7251	7550	7450	7550	7450	7550	7450	7550	7450
22:00 EDT	7550	7049	7550	7450	7550	7450	7550	7450	7550	7450
23:00 EDT	7550	6778	7550	7450	7550	7139	7550	7052	7550	6958

PJM-NEPTUNE

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	130	660	130	660	130	660	130	660	130
08:00 EDT	660	130	660	130	660	130	660	130	660	130
09:00 EDT	660	130	660	130	660	130	660	130	660	130
10:00 EDT	660	130	660	130	660	130	660	130	660	130
11:00 EDT	660	130	660	0	660	42	660	0	660	113
12:00 EDT	660	130	660	0	660	0	660	0	660	0
13:00 EDT	660	130	660	129	660	129	660	129	660	129
14:00 EDT	660	130	660	130	660	130	660	130	660	130
15:00 EDT	660	130	660	107	660	130	660	130	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	130	660	130	660	114	660	29	660	33
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	22	315	22	315	22	315	22
14:00 EDT	315	40	315	40	315	40	315	40	315	40
15:00 EDT	315	40	315	0	315	40	315	36	315	0
16:00 EDT	315	40	315	40	315	40	315	40	315	40
17:00 EDT	315	40	315	2	315	0	315	0	315	0
18:00 EDT	315	21	315	0	315	0	315	0	315	0
19:00 EDT	315	16	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2620	4600	2736	4600	2921	4600	2934	4600	2711
01:00 EDT	4600	2851	4600	2720	4600	2591	4600	2534	4600	2541
02:00 EDT	4600	3020	4600	2608	4600	2722	4600	2692	4600	2774
03:00 EDT	4600	3148	4600	2832	4600	2796	4600	2725	4600	2886
04:00 EDT	4600	3155	4600	2897	4600	2958	4600	2903	4600	2890
05:00 EDT	4600	3192	4600	2937	4600	2965	4600	2955	4600	3035
06:00 EDT	4600	2601	4600	2531	4600	2581	4600	2786	4600	2687
07:00 EDT	4600	2047	4600	2271	4600	2355	4600	2460	4600	2467
08:00 EDT	4600	1609	4600	2019	4600	1981	4600	1958	4600	1994
09:00 EDT	4600	1395	4600	1853	4600	1790	4600	1703	4600	1762
10:00 EDT	4600	1489	4600	1715	4600	1729	4600	1754	4600	1666
11:00 EDT	4600	1500	4600	1803	4600	1734	4600	1764	4600	1621
12:00 EDT	4600	1973	4600	1964	4600	2239	4600	2245	4600	2359
13:00 EDT	4600	2204	4600	2416	4600	2564	4600	2656	4600	2598
14:00 EDT	4600	2311	4600	2544	4600	2371	4600	2317	4600	2531
15:00 EDT	4600	2512	4600	2740	4600	2750	4600	2802	4600	2860
16:00 EDT	4600	2437	4600	2460	4600	2384	4600	2644	4600	2874
17:00 EDT	4600	2356	4600	2750	4600	2853	4600	2845	4600	2886
18:00 EDT	4600	2771	4600	3163	4600	3148	4600	3317	4600	3437
19:00 EDT	4600	3028	4600	3499	4600	3462	4600	3464	4600	3570
20:00 EDT	4600	3087	4600	3802	4600	3676	4600	3621	4600	3752
21:00 EDT	4600	3176	4600	3839	4600	3910	4600	3900	4600	3816
22:00 EDT	4600	2715	4600	3637	4600	3730	4600	3664	4600	3505
23:00 EDT	4600	2707	4600	3411	4600	3158	4600	3266	4600	3276

UPNY/CONED

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7075	4095	6690	3889	6690	3998	6690	4101	6690	3905

01:00 EDT	7075	4218	6690	3659	6690	3473	6690	3450	6690	3505
02:00 EDT	7075	4529	6690	3656	6690	3716	6690	3759	6690	3877
03:00 EDT	7075	4648	6690	3968	6690	3959	6690	3900	6690	4063
04:00 EDT	7075	4709	6690	4050	6690	4137	6690	4075	6690	4041
05:00 EDT	7075	4690	6690	4052	6690	4079	6690	4019	6690	4252
06:00 EDT	7075	4088	6690	3628	6690	3638	6690	3822	6690	3767
07:00 EDT	7075	3674	6690	3552	6690	3580	6690	3690	6690	3650
08:00 EDT	7075	3049	6690	3134	6690	3040	6690	3040	6690	3070
09:00 EDT	7075	2700	6690	2813	6690	2684	6690	2628	6690	2671
10:00 EDT	7075	2975	6735	2755	6735	2753	6735	2884	6735	2851
11:00 EDT	7075	2993	6735	3160	6735	3068	6735	3050	6735	2910
12:00 EDT	7075	3443	6735	3241	6735	3447	6955	3667	6955	3737
13:00 EDT	7295	3853	6955	3805	6955	3908	6955	3972	6955	3913
14:00 EDT	7295	3860	6955	3875	6955	3683	6955	3632	6955	3859
15:00 EDT	7295	3941	6955	4108	6955	4078	6955	4152	6955	4233
16:00 EDT	7295	3885	6955	3797	6955	3771	6955	4082	6955	4321
17:00 EDT	7295	3734	6955	4208	6955	4309	6910	4287	6910	4327
18:00 EDT	7295	4328	7205	4899	7205	4923	7205	5088	7205	5234
19:00 EDT	7295	4653	7205	5291	7205	5272	7205	5282	7205	5335
20:00 EDT	7295	4982	7205	5575	7205	5507	7205	5444	7205	5584
21:00 EDT	7295	5090	7205	5673	7205	5767	7205	5789	7205	5691
22:00 EDT	7295	4678	7205	5386	7205	5507	7205	5469	7205	5333
23:00 EDT	6705	4255	7205	5271	6985	4838	6985	4911	6985	4949

WEST CENTRAL

[back to top](#)

Date: 08/06/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
04:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
08:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899