

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

back to top

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	65	125	40	125	40	125	40	125	40
01:00 EDT	125	120	125	80	125	80	125	80	125	80
02:00 EDT	125	95	125	91	125	91	125	91	125	91
03:00 EDT	125	100	125	91	125	91	125	91	125	91
04:00 EDT	125	100	125	85	125	85	125	85	125	85
05:00 EDT	125	65	125	50	125	50	125	50	125	50
06:00 EDT	125	75	125	60	125	60	125	60	125	60
07:00 EDT	125	80	125	65	125	65	125	65	125	65
08:00 EDT	125	80	125	62	125	62	125	62	125	62
09:00 EDT	125	125	125	122	125	122	125	122	125	122
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	110	125	65	125	65	125	65	125	65
13:00 EDT	125	92	125	42	125	42	125	42	125	42
14:00 EDT	125	92	125	110	125	110	125	110	125	110
15:00 EDT	125	92	125	110	125	110	125	110	125	110
16:00 EDT	125	92	125	90	125	90	125	90	125	90
17:00 EDT	125	92	125	125	125	125	125	125	125	125
18:00 EDT	125	90	125	125	125	125	125	125	125	125
19:00 EDT	125	85	125	85	125	85	125	85	125	85
20:00 EDT	125	90	125	108	125	108	125	108	125	108
21:00 EDT	125	92	125	66	125	66	125	66	125	66
22:00 EDT	125	40	125	10	125	10	125	10	125	10
23:00 EDT	125	90	125	60	125	60	125	60	125	60

CEDARS-HQ

back to top

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2850	2727	2850	2423	2850	2538	2850	2515	2850	2486
01:00 EDT	2850	2750	2850	2209	2850	2190	2850	2222	2850	2232
02:00 EDT	2850	2750	2850	2160	2850	2228	2850	2294	2850	2218
03:00 EDT	2850	2634	2850	2071	2850	2063	2850	2097	2850	2092
04:00 EDT	2850	2725	2850	2082	2850	2145	2850	2179	2850	2154
05:00 EDT	2850	2669	2850	2158	2850	2074	2850	2013	2850	2044
06:00 EDT	2850	2197	2850	1780	2850	1933	2850	1928	2850	2079
07:00 EDT	2850	1932	2850	2114	2850	1855	2850	1868	2850	1842
08:00 EDT	2850	2042	2850	2051	2850	2046	2850	2094	2850	1987
09:00 EDT	2850	2318	2850	2104	2850	2243	2850	2231	2850	2137
10:00 EDT	2850	2684	2850	2342	2850	2395	2850	2294	2850	2244
11:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750
12:00 EDT	2850	2646	2850	2750	2850	2750	2850	2750	2850	2750
13:00 EDT	2850	2656	2850	2750	2850	2750	2850	2750	2850	2750
14:00 EDT	2850	2662	2850	2750	2850	2750	2850	2750	2850	2750
15:00 EDT	2850	2562	2850	2750	2850	2750	2850	2731	2850	2748
16:00 EDT	2850	2481	2850	2590	2850	2663	2850	2698	2850	2627
17:00 EDT	2850	2504	2850	2688	2850	2619	2850	2553	2850	2512
18:00 EDT	2850	2484	2850	2349	2850	2545	2850	2615	2850	2588
19:00 EDT	2850	2548	2850	2612	2850	2636	2850	2633	2850	2561
20:00 EDT	2850	2297	2850	2296	2850	2471	2850	2461	2850	2427
21:00 EDT	2850	2388	2850	2343	2850	2361	2850	2468	2850	2596
22:00 EDT	2850	2673	2850	2727	2850	2750	2850	2750	2850	2750
23:00 EDT	2850	2750	2850	2750	2850	2750	2850	2750	2850	2750

HQ-CEDARS

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	270	270	270	270	270	270	270	270	270	270
01:00 EDT	270	270	270	270	270	270	270	270	270	270
02:00 EDT	270	270	270	270	270	270	270	270	270	270
03:00 EDT	270	270	270	270	270	270	270	270	270	270
04:00 EDT	270	270	270	270	270	270	270	270	270	270
05:00 EDT	270	270	270	270	270	270	270	270	270	270
06:00 EDT	270	270	270	270	270	270	270	270	270	270
07:00 EDT	80	80	80	80	80	80	80	80	80	80
08:00 EDT	80	80	80	80	70	70	70	70	70	70
09:00 EDT	80	80	70	70	70	70	70	70	70	70

10:00 EDT	80	80	70	70	70	70	70	70	70	70
11:00 EDT	80	80	70	70	70	70	70	70	70	70
12:00 EDT	80	80	70	70	70	70	70	70	70	70
13:00 EDT	80	80	70	70	70	70	70	70	70	70
14:00 EDT	80	80	70	70	70	70	70	70	70	70
15:00 EDT	80	80	70	70	70	70	70	70	70	70
16:00 EDT	80	80	70	70	70	70	70	70	70	70
17:00 EDT	80	29	70	9	70	9	70	9	70	9
18:00 EDT	80	80	70	70	70	70	70	70	70	70
19:00 EDT	80	80	70	70	70	70	70	70	70	70
20:00 EDT	80	80	70	70	70	70	70	70	70	70
21:00 EDT	80	80	70	70	70	70	70	70	70	70
22:00 EDT	80	80	70	70	70	70	70	70	70	70
23:00 EDT	80	80	70	70	70	70	70	70	70	70

HQ-NYISO

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
01:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
02:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
03:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
04:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
05:00 EDT	1200	900	1450	1450	1450	1450	1450	1450	1450	1450
06:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
07:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
08:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
09:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
10:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
11:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
12:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
13:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
14:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
15:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
16:00 EDT	1500	1430	1450	1450	1450	1450	1450	1450	1450	1450
17:00 EDT	1500	730	1450	1030	1450	1030	1450	1030	1450	1030
18:00 EDT	1500	970	1450	1270	1450	1270	1450	1270	1450	1270
19:00 EDT	1500	1150	1450	1450	1450	1450	1450	1450	1450	1450
20:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
21:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
22:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
23:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450

IMO-NYISO

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	1271	2000	932	2000	933	2000	933	2000	936
01:00 EDT	2000	1366	2000	694	2000	692	2000	693	2000	699
02:00 EDT	2000	1397	2000	620	2000	625	2000	620	2000	620
03:00 EDT	2000	1262	2000	411	2000	411	2000	411	2000	411
04:00 EDT	2000	1281	2000	421	2000	421	2000	421	2000	421
05:00 EDT	2000	1089	2000	314	2000	314	2000	319	2000	319
06:00 EDT	2000	919	2000	300	2000	300	2000	300	2000	300
07:00 EDT	2000	952	2000	557	2000	557	2000	557	2000	557
08:00 EDT	1000	96	1000	0	1000	0	1000	0	1000	0
09:00 EDT	1000	320	1000	104	1000	101	1000	101	1000	104
10:00 EDT	1000	556	1000	350	1000	349	1000	346	1000	347
11:00 EDT	1000	549	1000	700	1000	700	1000	700	1000	700

12:00 EDT	1000	549	1000	700	1000	700	1000	700	1000	700
13:00 EDT	1000	623	1000	700	1000	700	1000	700	1000	700
14:00 EDT	1000	696	1000	700	1000	700	1000	700	1000	700
15:00 EDT	1000	646	1000	700	1000	700	1000	700	1000	700
16:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
17:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
18:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
19:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
20:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
21:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
22:00 EDT	1000	385	1000	669	1000	669	1000	671	1000	671
23:00 EDT	1000	128	1000	467	1000	467	1000	467	1000	468

ISONE-NYISO

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1179	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1053	1400	1010	1400	838	1400	891	1400	946
11:00 EDT	1400	883	1400	770	1400	778	1400	809	1400	839
12:00 EDT	1400	1130	1400	813	1400	725	1400	588	1400	544
13:00 EDT	1400	1123	1400	416	1400	383	1400	433	1400	416
14:00 EDT	1400	832	1400	397	1400	307	1400	112	1400	348
15:00 EDT	1400	1185	1400	650	1400	792	1400	718	1400	733
16:00 EDT	1400	1200	1400	691	1400	691	1400	691	1400	691
17:00 EDT	1400	1200	1400	1033	1400	1164	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1139	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1117	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	2550	2119	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
15:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
16:00 EDT	3150	2530	3150	2741	3150	2712	3150	2724	3150	2750
17:00 EDT	3150	1674	3150	2003	3150	2064	3150	2155	3150	2150
18:00 EDT	3150	1948	3150	2497	3150	2508	3150	2486	3150	2437
19:00 EDT	3150	2244	3150	2608	3150	2620	3150	2611	3150	2589
20:00 EDT	3150	2971	3150	3050	3150	3050	3150	3050	3150	3050
21:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050

NPX-1385

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	85	125	125	125	125	125	125	125	125
10:00 EDT	125	85	125	124	125	124	125	124	125	124
11:00 EDT	125	100	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	99	125	99	125	99	125	99
18:00 EDT	125	125	125	76	125	76	125	76	125	76
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	125	125	125	125	125	125	125

NPX-CSC

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	75	330	75	330	75	330	75	330	75
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	75	330	75	330	75	330	75	330	75
03:00 EDT	330	75	330	75	330	75	330	75	330	75
04:00 EDT	330	75	330	75	330	75	330	75	330	75
05:00 EDT	330	75	330	75	330	75	330	75	330	75
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	75	330	75	330	75	330	75	330	75
08:00 EDT	330	75	330	75	330	75	330	75	330	75
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	75	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	75	330	75	330	75	330	75	330	75
18:00 EDT	330	75	330	75	330	75	330	75	330	75
19:00 EDT	330	75	330	75	330	75	330	75	330	75
20:00 EDT	330	75	330	75	330	75	330	75	330	75
21:00 EDT	330	75	330	75	330	75	330	75	330	75
22:00 EDT	330	75	330	75	330	75	330	75	330	75
23:00 EDT	330	75	330	75	330	75	330	75	330	75

NYISO-HQ

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	370	980	0	980	0	980	0	980	0
01:00 EDT	1000	370	980	0	980	0	980	0	980	0
02:00 EDT	1000	463	980	0	980	0	980	0	980	0
03:00 EDT	1000	421	980	0	980	0	980	0	980	0
04:00 EDT	1000	600	980	86	980	86	980	86	980	86
05:00 EDT	0	0	980	380	980	380	980	380	980	380
06:00 EDT	1000	600	980	0	980	0	980	0	980	0
07:00 EDT	1000	370	980	0	980	0	980	0	980	0
08:00 EDT	1000	370	980	0	980	0	980	0	980	0
09:00 EDT	1000	370	980	0	980	0	980	0	980	0
10:00 EDT	1000	370	980	0	980	0	980	0	980	0
11:00 EDT	1000	370	980	0	980	0	980	0	980	0
12:00 EDT	1000	370	980	0	980	0	980	0	980	0
13:00 EDT	1000	370	980	0	980	0	980	0	980	0
14:00 EDT	1000	370	980	0	980	0	980	0	980	0
15:00 EDT	1000	370	980	0	980	0	980	0	980	0
16:00 EDT	1000	1000	980	700	980	700	980	700	980	700
17:00 EDT	1000	1000	980	980	980	980	980	980	980	980
18:00 EDT	1000	1000	980	980	980	980	980	980	980	980
19:00 EDT	1000	1000	980	980	980	980	980	980	980	980
20:00 EDT	1000	650	980	280	980	280	980	280	980	280
21:00 EDT	1000	370	980	0	980	0	980	0	980	0
22:00 EDT	1000	370	980	0	980	0	980	0	980	0
23:00 EDT	1000	370	980	0	980	0	980	0	980	0

NYISO-IMO

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	850	550	850	550	850	550	850	550	850	550
09:00 EDT	850	550	850	550	850	550	850	550	850	550
10:00 EDT	850	550	850	550	850	550	850	550	850	550
11:00 EDT	850	550	850	290	850	288	850	286	850	289
12:00 EDT	850	550	850	145	850	150	850	149	850	151
13:00 EDT	850	550	850	0	850	3	850	2	850	2
14:00 EDT	850	550	850	184	850	190	850	188	850	184
15:00 EDT	850	550	850	253	850	253	850	252	850	251
16:00 EDT	850	489	850	464	850	464	850	464	850	464
17:00 EDT	850	486	850	475	850	472	850	473	850	474

18:00 EDT	850	461	850	487	850	481	850	486	850	483
19:00 EDT	850	377	850	474	850	474	850	474	850	474
20:00 EDT	850	542	850	314	850	310	850	314	850	316
21:00 EDT	850	483	850	327	850	327	850	324	850	319
22:00 EDT	850	550	850	550	850	550	850	550	850	550
23:00 EDT	850	550	850	550	850	550	850	550	850	550

NYISO-ISONE

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	372	1600	918	1600	618	1600	478	1600	732
01:00 EDT	1600	433	1600	548	1600	635	1600	472	1600	396
02:00 EDT	1600	320	1600	667	1600	634	1000	64	1000	0
03:00 EDT	1600	361	1000	0	1600	616	1600	629	1600	582
04:00 EDT	1600	322	1600	489	1600	489	1600	614	1600	658
05:00 EDT	1600	189	1600	693	1600	464	1600	450	1600	443
06:00 EDT	1600	345	1600	689	1600	584	1600	508	1600	406
07:00 EDT	1600	362	1600	509	1600	440	1600	533	1600	678
08:00 EDT	1600	720	1600	828	1600	803	1600	841	1600	902
09:00 EDT	1600	1400	1600	1082	1600	1331	1600	1332	1600	1331
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1261	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	800	1600	1400	1600	1400	1600	1226	1600	1075
18:00 EDT	1600	699	1600	1000	1600	1300	1600	1400	1600	1385
19:00 EDT	1600	650	1600	1225	1600	1162	1600	1240	1600	1165
20:00 EDT	1600	814	1600	1179	1600	982	1600	1009	1600	981
21:00 EDT	1600	625	1600	1099	1600	1240	1600	1278	1600	1359
22:00 EDT	1600	566	1600	1400	1600	1334	1600	1333	1600	1382
23:00 EDT	1600	587	1600	1147	1600	1145	1600	1144	1600	1147

NYISO-PJM

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5661	7550	6075	7550	5900	7550	5821	7550	5807
01:00 EDT	7550	5755	7550	5516	7550	5621	7550	5320	7550	5292
02:00 EDT	7550	5481	7550	5325	7550	5147	7550	5306	7550	5117
03:00 EDT	7550	5397	7550	4972	7550	5042	7550	5010	7550	4937
04:00 EDT	7550	5384	7550	4878	7550	4869	7550	5094	7550	5101
05:00 EDT	7550	5024	7550	5150	7550	5171	7550	5240	7550	5260
06:00 EDT	7550	5268	7550	5584	7550	5364	7550	5354	7550	5549
07:00 EDT	7550	4965	7550	5623	7550	5567	7550	5529	7550	5463
08:00 EDT	7550	5158	7550	5623	7550	5414	7550	5533	7550	5473
09:00 EDT	7550	5496	7550	5521	7550	5733	7550	5729	7550	5467
10:00 EDT	7550	5948	7550	5727	7550	5761	7550	5483	7550	5329
11:00 EDT	7550	6378	7550	6060	7550	6071	7550	6328	7550	6315
12:00 EDT	7550	6286	7550	6547	7550	6557	7550	6927	7550	7020
13:00 EDT	7550	6580	7550	7112	7550	7151	7550	6882	7550	7176
14:00 EDT	7550	6739	7550	7010	7550	7138	7550	7147	7550	7146
15:00 EDT	7550	6665	7550	6929	7550	7008	7550	7118	7550	6943
16:00 EDT	7550	5936	7550	6328	7550	6308	7550	6465	7550	6469
17:00 EDT	7550	5366	7550	5981	7550	6079	7550	6149	7550	6130
18:00 EDT	7550	5743	7550	6126	7550	6662	7550	6693	7550	6807
19:00 EDT	7550	6063	7550	6949	7550	6957	7550	6983	7550	6955
20:00 EDT	7550	6305	7550	7161	7550	7248	7550	7346	7550	7246
21:00 EDT	7550	6686	7550	7450	7550	7450	7550	7450	7550	7450
22:00 EDT	7550	6667	7550	7450	7550	7450	7550	7450	7550	7450
23:00 EDT	7550	6349	7550	7351	7550	7249	7550	7089	7550	7096

PJM-NEPTUNE

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	130	660	130	660	130	660	130	660	130
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	4	660	4	660	4	660	4	660	4
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	12	660	0	660	0	660	0	660	0
17:00 EDT	660	130	660	130	660	130	660	130	660	130
18:00 EDT	660	130	660	130	660	130	660	130	660	130
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	5	315	5	315	5	315	5	315	5
15:00 EDT	315	38	315	40	315	40	315	40	315	40
16:00 EDT	315	40	315	40	315	40	315	40	315	40
17:00 EDT	315	40	315	40	315	40	315	40	315	40
18:00 EDT	315	40	315	40	315	40	315	40	315	40
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	34	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2996	4600	2742	4600	2873	4600	2848	4600	2680
01:00 EDT	4600	2936	4600	2651	4600	2569	4600	2507	4600	2573
02:00 EDT	4600	3081	4600	2723	4600	2783	4600	2785	4600	2770
03:00 EDT	4600	3238	4600	2930	4600	2933	4600	2989	4600	2905
04:00 EDT	4600	3336	4600	2948	4600	2971	4600	3025	4600	2990
05:00 EDT	4600	3131	4600	2956	4600	2976	4600	2874	4600	2877
06:00 EDT	4600	2494	4600	2660	4600	2577	4600	2577	4600	2544
07:00 EDT	4600	2273	4600	2695	4600	2525	4600	2400	4600	2215
08:00 EDT	4600	2057	4600	2205	4600	2093	4600	2219	4600	2038
09:00 EDT	4600	1669	4600	1899	4600	1904	4600	1917	4600	1730
10:00 EDT	4600	1657	4600	1582	4600	1564	4600	1524	4600	1375
11:00 EDT	4600	1863	4600	1672	4600	1711	4600	1877	4600	1630
12:00 EDT	4600	2015	4600	1761	4600	1671	4600	1901	4600	2048
13:00 EDT	4600	2439	4600	1961	4600	1928	4600	1805	4600	1986
14:00 EDT	4600	2611	4600	2052	4600	1960	4600	1885	4600	2082
15:00 EDT	4600	2706	4600	1961	4600	2161	4600	2148	4600	2034
16:00 EDT	4600	2315	4600	1567	4600	1670	4600	1874	4600	1886
17:00 EDT	4600	2300	4600	1751	4600	2083	4600	2308	4600	2438
18:00 EDT	4600	2563	4600	2548	4600	2673	4600	2557	4600	2690
19:00 EDT	4600	2778	4600	2888	4600	2977	4600	2886	4600	2932
20:00 EDT	4600	2867	4600	3065	4600	3108	4600	3113	4600	3087
21:00 EDT	4600	3473	4600	3138	4600	3199	4600	3158	4600	3157
22:00 EDT	4600	3223	4600	3244	4600	3295	4600	3336	4600	3205
23:00 EDT	4600	3258	4600	3187	4600	3037	4600	2909	4600	2891

UPNY/CONED

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7075	4250	6985	3856	6985	3933	6985	3963	6985	3769

01:00 EDT	7075	4344	6985	3722	6985	3709	6985	3698	6985	3795
02:00 EDT	7075	4540	6985	3899	6985	3992	6985	4043	6985	4049
03:00 EDT	7075	4790	6985	4265	6985	4296	6985	4368	6985	4311
04:00 EDT	7075	4881	6985	4349	6985	4364	6985	4441	6985	4397
05:00 EDT	7075	4674	6985	4315	6985	4312	6985	4189	6985	4173
06:00 EDT	7075	4118	6985	4061	6985	3929	6985	3925	6985	3873
07:00 EDT	7075	3686	6985	4079	6985	3846	6985	3689	6985	3473
08:00 EDT	7075	3176	6985	3502	6985	3342	6985	3470	6985	3252
09:00 EDT	7075	2652	6985	3181	6985	3163	6985	3120	6985	2864
10:00 EDT	7075	2786	6985	2758	6985	2643	6985	2443	6985	2292
11:00 EDT	7075	3005	6985	2820	6985	2819	7205	3171	7205	2960
12:00 EDT	7295	3333	7205	3024	7205	2922	7205	3200	7205	3387
13:00 EDT	7295	3766	7205	3335	7205	3255	7205	3086	7205	3275
14:00 EDT	7295	3856	7205	3207	7205	3305	7205	3133	7205	3260
15:00 EDT	7295	3894	7205	3106	7205	3317	7205	3371	7205	3240
16:00 EDT	7295	3385	7205	2734	7205	2715	7205	2901	7205	3001
17:00 EDT	7295	3192	7205	2961	7205	3236	7205	3536	7205	3707
18:00 EDT	7295	3795	7205	3864	7205	4105	7205	4013	7205	4219
19:00 EDT	7295	4151	7205	4471	7205	4589	7205	4528	7205	4546
20:00 EDT	7295	4561	7205	4556	7205	4726	7205	4770	7205	4777
21:00 EDT	7295	5284	7205	4774	7205	4758	7205	4745	7205	4739
22:00 EDT	7295	5097	7205	4712	7205	4793	7205	4879	7205	4784
23:00 EDT	7075	4760	7205	4798	7205	4693	6985	4378	6985	4399

WEST CENTRAL

[back to top](#)

Date: 08/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9785	9999	9758	9999	9778	9999	9782
02:00 EDT	9999	9899	9999	9704	9999	9761	9999	9815	9999	9733
03:00 EDT	9999	9899	9999	9580	9999	9569	9999	9598	9999	9587
04:00 EDT	9999	9899	9999	9580	9999	9640	9999	9678	9999	9662
05:00 EDT	9999	9899	9999	9678	9999	9608	9999	9554	9999	9591
06:00 EDT	9999	9765	9999	9342	9999	9493	9999	9491	9999	9650
07:00 EDT	9999	9558	9999	9696	9999	9442	9999	9459	9999	9432
08:00 EDT	9999	9690	9999	9635	9999	9632	9999	9680	9999	9567
09:00 EDT	9999	9899	9999	9671	9999	9808	9999	9805	9999	9714
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9877	9999	9841
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899