

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 07/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	122	125	122	125	122	125	122
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	101	125	101	125	101	125	101
03:00 EDT	125	110	125	86	125	86	125	86	125	86
04:00 EDT	125	110	125	53	125	53	125	53	125	53
05:00 EDT	125	110	125	95	125	95	125	95	125	95
06:00 EDT	125	110	125	95	125	95	125	95	125	95
07:00 EDT	125	120	125	107	125	107	125	107	125	107
08:00 EDT	125	125	125	107	125	107	125	107	125	107
09:00 EDT	125	125	125	107	125	107	125	107	125	107
10:00 EDT	125	92	125	28	125	28	125	28	125	28
11:00 EDT	125	92	125	55	125	55	125	55	125	55
12:00 EDT	125	92	125	82	125	82	125	82	125	82
13:00 EDT	125	92	125	125	125	125	125	125	125	125
14:00 EDT	125	92	125	125	125	125	125	125	125	125
15:00 EDT	125	75	125	125	125	125	125	125	125	125
16:00 EDT	125	19	125	125	125	125	125	125	125	125
17:00 EDT	125	16	125	77	125	77	125	77	125	77
18:00 EDT	125	6	125	116	125	116	125	116	125	116
19:00 EDT	125	0	125	125	125	125	125	125	125	125
20:00 EDT	125	40	125	98	125	73	125	73	125	73
21:00 EDT	125	90	125	32	125	32	125	32	125	32
22:00 EDT	125	92	125	36	125	36	125	36	125	36
23:00 EDT	125	92	125	25	125	25	125	25	125	25

CEDARS-HQ

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Date: 07/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	40	40	40	40	40	40	40	40	40
01:00 EDT	40	40	40	40	40	40	40	40	40	40
02:00 EDT	40	40	40	40	40	40	40	40	40	40
03:00 EDT	40	40	40	40	40	40	40	40	40	40
04:00 EDT	40	40	40	40	40	40	40	40	40	40
05:00 EDT	40	0	40	0	40	0	40	0	40	0

10:00 EDT	270	270	125	125	125	125	125	125	200	200
11:00 EDT	270	270	200	200	200	200	200	200	200	200
12:00 EDT	270	270	200	200	200	200	200	200	200	200
13:00 EDT	270	90	200	20	200	100	100	0	100	0
14:00 EDT	270	90	100	0	100	0	100	0	100	0
15:00 EDT	270	90	100	0	100	0	100	0	100	0
16:00 EDT	270	90	100	0	100	0	100	0	80	0
17:00 EDT	270	90	80	0	80	0	80	0	80	0
18:00 EDT	270	90	80	0	80	0	80	0	80	0
19:00 EDT	270	90	80	0	80	0	80	0	80	0
20:00 EDT	270	90	80	0	80	0	80	0	80	0
21:00 EDT	270	90	80	0	80	0	80	0	80	0
22:00 EDT	270	270	270	190	270	190	270	190	270	190
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 07/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
01:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
02:00 EDT	1500	1326	1450	1450	1450	1450	1450	1450	1450	1450
03:00 EDT	1500	1076	1450	1450	1450	1450	1450	1450	1450	1450
04:00 EDT	1500	1376	1450	1450	1450	1450	1450	1450	1450	1450
05:00 EDT	1500	1500	1450	1450	1450	1450	1450	1450	1450	1450
06:00 EDT	1500	1012	1450	1450	1450	1450	1450	1450	1450	1450
07:00 EDT	1500	1012	1450	1412	1450	1412	1450	1412	1450	1412
08:00 EDT	1500	1012	1450	1412	1450	1412	1450	1412	1450	1412
09:00 EDT	1500	1012	1450	1221	1450	1221	1450	1221	1450	1221
10:00 EDT	1500	1031	1450	1221	1450	1221	1450	1221	1450	1221
11:00 EDT	1500	1031	1450	1221	1450	1221	1450	1221	1450	1221
12:00 EDT	1500	331	1450	521	1450	521	1450	521	1450	521
13:00 EDT	1500	242	1450	132	1450	132	1450	132	1450	132
14:00 EDT	1500	242	1450	132	1450	132	1450	132	1450	132
15:00 EDT	1500	242	1450	0	1450	0	1450	0	1450	0
16:00 EDT	1500	242	1450	0	1450	0	1450	0	1450	0
17:00 EDT	1500	242	1450	0	1450	0	1450	0	1450	0
18:00 EDT	1500	131	1450	0	1450	0	1450	0	1450	0
19:00 EDT	1500	131	1450	0	1450	0	1450	0	1450	0
20:00 EDT	1500	131	1450	0	1450	0	1450	0	1450	0
21:00 EDT	1500	331	1450	0	1450	0	1450	0	1450	0
22:00 EDT	1500	1031	1450	652	1450	652	1450	652	1450	652
23:00 EDT	1500	1500	1450	1352	1450	1450	1450	1450	1450	1450

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	1002	2000	1335	2000	1332	2000	1336	2000	1335
01:00 EDT	2000	513	2000	876	2000	871	2000	873	2000	873
02:00 EDT	2000	387	2000	323	2000	323	2000	323	2000	326
03:00 EDT	2000	376	2000	300	2000	300	2000	300	2000	300
04:00 EDT	2000	381	2000	304	2000	300	2000	300	2000	300
05:00 EDT	2000	244	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	260	2000	366	2000	366	2000	366	2000	366
07:00 EDT	2000	636	2000	721	2000	721	2000	721	2000	721
08:00 EDT	2000	1143	2000	1272	2000	1251	2000	1250	2000	1247
09:00 EDT	2000	1214	2000	1505	2000	1474	2000	1476	2000	1476
10:00 EDT	2000	1249	2000	1240	2000	1238	2000	1239	2000	1236
11:00 EDT	2000	1164	2000	1317	2000	1320	2000	1317	2000	1320

12:00 EDT	2000	1161	2000	1643	2000	1642	2000	1643	2000	1645
13:00 EDT	2000	812	2000	1700	2000	1700	2000	1700	2000	1700
14:00 EDT	2000	1037	2000	1608	2000	1610	2000	1613	2000	1608
15:00 EDT	2000	817	2000	1369	2000	1369	2000	1369	2000	1369
16:00 EDT	2000	330	2000	702	2000	706	2000	702	2000	702
17:00 EDT	2000	322	2000	825	2000	825	2000	830	2000	828
18:00 EDT	2000	187	2000	586	2000	589	2000	589	2000	590
19:00 EDT	2000	462	2000	958	2000	963	2000	959	2000	959
20:00 EDT	2000	824	2000	700	2000	705	2000	700	2000	700
21:00 EDT	2000	807	2000	936	2000	936	2000	936	2000	936
22:00 EDT	2000	933	2000	1083	2000	1083	2000	1083	2000	1078
23:00 EDT	2000	473	2000	624	2000	624	2000	624	2000	620

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1177	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1121	921	872	672	582	382
16:00 EDT	1400	1200	77	0	7	0	45	0	-167	0
17:00 EDT	1400	1200	-369	0	-500	0	-482	0	-889	0
18:00 EDT	1400	1200	-710	0	-663	0	-756	0	-766	0
19:00 EDT	1400	1200	-882	0	-766	0	-445	0	-400	0
20:00 EDT	1400	1200	-826	0	-88	0	73	0	392	192
21:00 EDT	1400	1200	150	0	618	418	146	0	368	168
22:00 EDT	1400	1200	1185	985	1246	1046	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	3050	3150	2849	3150	2819	3150	2804	3150	2807
01:00 EDT	3150	3045	3150	2816	3150	2860	3150	2817	3150	2872
02:00 EDT	3150	2644	3150	2762	3150	2759	3150	2696	3150	2949
03:00 EDT	3150	2435	3150	2791	3150	2763	3150	2816	3150	2766
04:00 EDT	3150	2761	3150	2943	3150	2976	3150	2940	3150	2908
05:00 EDT	3150	3050	3150	2965	3150	2965	3150	2974	3150	2960
06:00 EDT	3150	2389	3150	2702	3150	2738	3150	2726	3150	2783
07:00 EDT	3150	2336	3150	2662	3150	2639	3150	2684	3150	2689
08:00 EDT	3150	2265	3150	2659	3150	2683	3150	2720	3150	2771
09:00 EDT	3150	2261	3150	2580	3150	2589	3150	2600	3150	2614
10:00 EDT	3150	2205	3150	2598	3150	2593	3150	2480	3150	2411
11:00 EDT	3150	2164	3150	2406	3150	2426	3150	2433	3150	2424
12:00 EDT	3150	1307	3150	1772	3150	1795	3150	1788	3150	1725
13:00 EDT	3150	1027	3150	1114	3150	1168	3150	1190	3150	1227

14:00 EDT	3150	969	3150	1288	3150	1261	3150	1198	3150	1020
15:00 EDT	3150	943	3150	865	3150	882	3150	720	3150	870
16:00 EDT	3150	997	3150	906	3150	930	3150	881	3150	795
17:00 EDT	3150	1035	3150	794	3150	824	3150	945	3150	1047
18:00 EDT	3150	954	3150	1052	3150	1069	3150	1045	3150	1010
19:00 EDT	3150	964	3150	976	3150	984	3150	956	3150	931
20:00 EDT	3150	970	3150	966	3150	983	3150	982	3150	1039
21:00 EDT	3150	1263	3150	890	3150	844	3150	925	3150	1028
22:00 EDT	3150	2273	3150	1698	3150	1686	3150	1661	3150	1857
23:00 EDT	3150	3003	3150	2711	3150	2991	3150	2979	3150	2895

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	120	125	120	125	120	125	120
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	123	125	125	125	125	125	125	125	125
09:00 EDT	125	100	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
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13:00 EDT	125	125	125	108	125	108	125	108	125	108
14:00 EDT	125	125	125	117	125	117	125	117	125	117
15:00 EDT	125	125	125	107	125	107	125	107	125	107
16:00 EDT	125	125	125	91	125	101	125	101	125	101
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	37	125	37	125	37	125	37
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	125	125	125	125	125	125	125

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
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09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
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13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	594	275	0	275	0	275	0	275	0
01:00 EDT	1000	774	275	0	275	0	275	0	275	0
02:00 EDT	1000	1000	275	54	275	54	275	54	275	54
03:00 EDT	1000	1000	275	229	275	229	275	229	275	229
04:00 EDT	1000	1000	275	54	275	54	275	54	275	54
05:00 EDT	1000	788	275	0	275	0	275	0	275	0
06:00 EDT	1000	1000	275	240	275	240	275	240	275	240
07:00 EDT	1000	1000	275	275	275	275	275	275	275	275
08:00 EDT	1000	1000	275	275	275	275	715	715	715	715
09:00 EDT	1000	1000	715	715	715	715	715	715	715	715
10:00 EDT	1000	1000	715	715	715	715	715	715	715	715
11:00 EDT	1000	1000	715	715	715	715	715	715	715	715
12:00 EDT	1000	1000	715	715	715	715	715	715	715	715
13:00 EDT	1000	1000	715	715	715	715	715	715	715	715
14:00 EDT	1000	1000	715	715	715	715	715	715	715	715
15:00 EDT	1000	1000	715	715	715	715	715	715	715	715
16:00 EDT	1000	1000	715	715	715	715	715	715	715	715
17:00 EDT	1000	1000	715	715	715	715	715	715	715	715
18:00 EDT	1000	1000	715	715	715	715	715	715	715	715
19:00 EDT	1000	1000	715	715	715	715	275	275	275	275
20:00 EDT	1000	1000	275	275	275	275	275	275	275	275
21:00 EDT	1000	1000	275	275	275	275	275	275	275	275
22:00 EDT	1000	1000	275	275	275	275	275	275	275	275
23:00 EDT	1000	798	275	275	275	173	275	172	275	172

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1244	1600	1241	1600	1239	1600	1242
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

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Date: 07/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	580	1600	300	1600	108	1600	165	1600	394
01:00 EDT	1600	490	1600	328	1600	28	1600	140	1600	284
02:00 EDT	1600	491	1600	255	1600	255	1600	265	1600	255
03:00 EDT	1600	493	1600	527	1600	500	1600	527	1600	641
04:00 EDT	1600	466	1600	559	1600	445	1600	518	1600	479
05:00 EDT	1600	488	1600	455	1600	379	1600	242	1600	327
06:00 EDT	1600	540	1600	26	1600	0	1600	64	1600	0
07:00 EDT	1600	305	1600	253	1600	200	1600	305	1600	253
08:00 EDT	1600	506	1600	219	1600	266	1600	311	1600	321
09:00 EDT	1600	864	1600	517	1600	583	1600	628	1600	612
10:00 EDT	1600	1028	1600	634	1600	599	1600	560	1600	600
11:00 EDT	1600	1073	1600	573	1600	872	1600	856	1600	1054
12:00 EDT	1600	955	1600	1096	1600	1296	1600	1400	1600	1220
13:00 EDT	1600	609	1600	924	1600	807	1600	842	1600	706
14:00 EDT	1600	840	1600	755	1600	708	1600	496	1600	478
15:00 EDT	1600	644	1600	203	1600	203	1600	203	1600	203
16:00 EDT	1600	493	1600	155	1600	155	1600	155	1600	155
17:00 EDT	1600	491	1600	2	1600	2	1600	2	1600	2
18:00 EDT	1600	543	1600	142	1600	142	1600	144	1600	144
19:00 EDT	1600	506	1600	93	1600	93	1600	94	1600	94
20:00 EDT	1600	544	1600	0	1600	0	1600	5	1600	5
21:00 EDT	1600	346	1600	5	1600	5	1600	3	1600	3
22:00 EDT	1600	558	1600	360	1600	360	1600	622	1600	683
23:00 EDT	1600	672	1600	862	1600	905	1600	603	1600	903

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Date: 07/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	676	1050	646	1050	606	1050	403	1050	409
12:00 EDT	1050	487	1050	271	1050	420	1050	475	1050	478
13:00 EDT	1050	429	1050	217	1050	399	1050	397	1050	493
14:00 EDT	1050	345	1050	271	1050	321	1050	322	1050	315
15:00 EDT	1050	478	1050	352	1050	358	1050	354	1050	353
16:00 EDT	1050	419	1050	439	1050	456	1050	443	1050	450
17:00 EDT	1050	452	1050	252	1050	251	1050	261	1050	254
18:00 EDT	1050	480	1050	190	1050	173	1050	215	1050	205
19:00 EDT	1050	542	1050	515	1050	516	1050	516	1050	512

20:00 EDT	1050	641	1050	397	1050	405	1050	403	1050	395
21:00 EDT	1050	750	1050	698	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	6066	7550	6010	7550	5923	7550	5962	7550	5885
01:00 EDT	7550	5154	7550	5691	7550	5634	7550	5590	7550	5507
02:00 EDT	7550	4384	7550	4682	7550	4623	7550	4602	7550	4288
03:00 EDT	7550	3953	7550	4580	7550	4283	7550	4346	7550	4486
04:00 EDT	7550	4311	7550	4264	7550	4269	7550	4282	7550	4297
05:00 EDT	7550	4569	7550	4447	7550	4434	7550	4438	7550	4444
06:00 EDT	7550	4301	7550	4255	7550	4192	7550	4280	7550	4076
07:00 EDT	7550	4316	7550	4386	7550	4312	7550	4315	7550	4385
08:00 EDT	7550	4671	7550	4876	7550	4806	7550	4826	7550	4855
09:00 EDT	7550	4844	7550	5149	7550	5129	7550	5185	7550	5213
10:00 EDT	7550	5125	7550	4744	7550	4773	7550	4807	7550	4789
11:00 EDT	7550	5304	7550	5311	7550	5323	7550	5576	7550	5539
12:00 EDT	7550	4523	7550	5107	7550	4994	7550	4948	7550	4977
13:00 EDT	7550	3882	7550	4482	7550	4290	7550	4353	7550	4293
14:00 EDT	7550	4048	7550	4399	7550	4334	7550	4402	7550	4364
15:00 EDT	7550	3762	7550	4023	7550	4119	7550	4048	7550	4040
16:00 EDT	7550	3516	7550	3875	7550	3900	7550	4023	7550	3684
17:00 EDT	7550	3501	7550	3961	7550	3981	7550	3783	7550	3901
18:00 EDT	7550	3558	7550	4126	7550	4279	7550	4379	7550	4324
19:00 EDT	7550	3858	7550	4353	7550	4430	7550	4468	7550	4488
20:00 EDT	7550	3782	7550	4458	7550	4407	7550	4387	7550	4139
21:00 EDT	7550	4214	7550	4468	7550	4308	7550	4334	7550	4207
22:00 EDT	7550	5345	7550	5282	7550	5156	7550	5200	7550	5112
23:00 EDT	7550	5880	7550	5734	7550	5772	7550	5634	7550	5594

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	108	660	45	660	95	660	45	660	45
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	861	2000	622	2000	627	2000	629	2000	558
01:00 EDT	2000	850	2000	709	2000	715	2000	714	2000	717
02:00 EDT	2000	781	2000	568	2000	569	2000	567	2000	256
03:00 EDT	2000	796	2000	732	2000	462	2000	561	2000	732
04:00 EDT	2000	784	2000	349	2000	353	2000	353	2000	355
05:00 EDT	2000	741	2000	399	2000	399	2000	398	2000	399
06:00 EDT	2000	1008	2000	455	2000	402	2000	514	2000	316
07:00 EDT	2000	1053	2000	803	2000	805	2000	799	2000	793
08:00 EDT	2000	1124	2000	913	2000	912	2000	912	2000	914
09:00 EDT	2000	1318	2000	1249	2000	1255	2000	1253	2000	1256
10:00 EDT	2000	1519	2000	1330	2000	1379	2000	1352	2000	1304
11:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
12:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
13:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
14:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
15:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
16:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
17:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
18:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
19:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
20:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
21:00 EDT	2000	1619	2000	1700	2000	1650	2000	1652	2000	1650
22:00 EDT	2000	1612	2000	1614	2000	1615	2000	1615	2000	1619
23:00 EDT	2000	1590	2000	1360	2000	1243	2000	1165	2000	1168

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
01:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
02:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
03:00 EDT	1310	1186	1310	1310	1310	1310	1310	1310	1310	1310
04:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	1310	1310	1310	1310	1310	1310	1310	1310	1310
06:00 EDT	1310	1122	1310	1310	1310	1310	1310	1310	1310	1310
07:00 EDT	1310	1122	1310	1272	1310	1272	1310	1272	1310	1272
08:00 EDT	1310	1122	1310	1272	1310	1272	1310	1272	1310	1272
09:00 EDT	1310	1122	1310	1081	1310	1081	1310	1081	1310	1081
10:00 EDT	1310	1141	1310	1081	1310	1081	1310	1081	1310	1081
11:00 EDT	1310	1141	1310	1081	1310	1081	1310	1081	1310	1081
12:00 EDT	1310	441	1310	381	1310	381	1310	381	1310	381
13:00 EDT	1310	352	1310	292	1310	292	1310	292	1310	292
14:00 EDT	1310	352	1310	292	1310	292	1310	292	1310	292
15:00 EDT	1310	352	1310	79	1310	79	1310	79	1310	79
16:00 EDT	1310	352	1310	79	1310	79	1310	79	1310	79
17:00 EDT	1310	352	1310	79	1310	79	1310	79	1310	79
18:00 EDT	1310	241	1310	79	1310	79	1310	79	1310	79
19:00 EDT	1310	241	1310	79	1310	79	1310	79	1310	79
20:00 EDT	1310	241	1310	79	1310	79	1310	79	1310	79
21:00 EDT	1310	441	1310	79	1310	79	1310	79	1310	79
22:00 EDT	1310	1141	1310	512	1310	512	1310	512	1310	512
23:00 EDT	1310	1310	1310	1212	1310	1310	1310	1310	1310	1310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	93	660	93	660	93	660	93	660	93
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	240	660	240	660	240	660	240	660	240
10:00 EDT	660	660	660	660	660	660	660	660	660	660
11:00 EDT	660	265	660	277	660	277	660	277	660	277
12:00 EDT	660	360	660	360	660	360	660	360	660	360
13:00 EDT	660	360	660	660	660	660	660	660	660	660
14:00 EDT	660	360	660	360	660	360	660	360	660	360
15:00 EDT	660	120	660	120	660	120	660	120	660	120
16:00 EDT	660	240	660	239	660	239	660	239	660	239
17:00 EDT	660	240	660	240	660	240	660	240	660	240
18:00 EDT	660	360	660	240	660	240	660	240	660	240
19:00 EDT	660	448	660	243	660	243	660	243	660	243
20:00 EDT	660	360	660	360	660	360	660	360	660	360
21:00 EDT	660	360	660	360	660	360	660	360	660	360
22:00 EDT	660	240	660	240	660	240	660	240	660	240
23:00 EDT	660	240	660	240	660	240	660	240	660	240

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	50	315	50	315	50	315	50	315	50
01:00 EDT	315	25	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	25	315	0	315	0	315	0	315	0
09:00 EDT	315	90	315	90	315	90	315	90	315	90
10:00 EDT	315	140	315	140	315	140	315	140	315	90
11:00 EDT	315	121	315	123	315	123	315	123	315	123
12:00 EDT	315	129	315	129	315	129	315	129	315	129
13:00 EDT	315	99	315	99	315	99	315	99	315	99
14:00 EDT	315	75	315	75	315	75	315	75	315	75
15:00 EDT	315	18	315	0	315	0	315	0	315	0
16:00 EDT	315	25	315	0	315	0	315	0	315	0
17:00 EDT	315	50	315	0	315	0	315	0	315	0
18:00 EDT	315	90	315	0	315	0	315	0	315	0
19:00 EDT	315	140	315	0	315	0	315	0	315	0
20:00 EDT	315	90	315	0	315	0	315	0	315	0
21:00 EDT	315	90	315	0	315	0	315	0	315	0
22:00 EDT	315	67	315	0	315	0	315	0	315	0
23:00 EDT	315	90	315	90	315	90	315	90	315	90

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3737	4600	3330	4600	3390	4600	3680	4600	3668
01:00 EDT	4600	3115	4600	3688	4600	3877	4600	3703	4600	3386
02:00 EDT	4600	2799	4600	3209	4600	3149	4600	3166	4600	3159
03:00 EDT	4600	2441	4600	3093	4600	2979	4600	2926	4600	2835
04:00 EDT	4600	2639	4600	2856	4600	2928	4600	2895	4600	2924
05:00 EDT	4600	2810	4600	2935	4600	3056	4600	3136	4600	3038
06:00 EDT	4600	2476	4600	2929	4600	2907	4600	2952	4600	2907
07:00 EDT	4600	2360	4600	2672	4600	2640	4600	2556	4600	2432
08:00 EDT	4600	2109	4600	2344	4600	2365	4600	2388	4600	2367
09:00 EDT	4600	2160	4600	2263	4600	2349	4600	2386	4600	2389
10:00 EDT	4600	1690	4600	1721	4600	1830	4600	1867	4600	1856
11:00 EDT	4600	2025	4600	2195	4600	2016	4600	2183	4600	2148
12:00 EDT	4600	1450	4600	1815	4600	1586	4600	1457	4600	1641
13:00 EDT	4600	1579	4600	1478	4600	1515	4600	1544	4600	1669
14:00 EDT	4600	1638	4600	1918	4600	1938	4600	1883	4600	1832
15:00 EDT	4600	1618	4600	1986	4600	1883	4600	1806	4600	1847
16:00 EDT	4600	1676	4600	2585	4600	2633	4600	2692	4600	2830
17:00 EDT	4600	1676	4600	2744	4600	2671	4600	2453	4600	2352
18:00 EDT	4600	1425	4600	2581	4600	2606	4600	2679	4600	2661
19:00 EDT	4600	1430	4600	2743	4600	2759	4600	2759	4600	2831
20:00 EDT	4600	1464	4600	2871	4600	2872	4600	2876	4600	2346
21:00 EDT	4600	2219	4600	2473	4600	2476	4600	2703	4600	2689
22:00 EDT	4600	2651	4600	2995	4600	2685	4600	2437	4600	2238
23:00 EDT	4600	2814	4600	2422	4600	2394	4600	2597	4600	2458

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Date: 07/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7410	4710	7540	4771	7320	4757	7320	4810	7320	4596

01:00 EDT	7410	3942	7320	4697	7320	4949	7320	4740	7320	4481
02:00 EDT	7410	3650	7320	4007	7320	3939	7320	3928	7320	3946
03:00 EDT	7410	3483	7320	3908	7320	3802	7320	3786	7320	3741
04:00 EDT	7410	3785	7320	3767	7320	3872	7320	3856	7320	3893
05:00 EDT	7410	3959	7320	3915	7320	4029	7320	4112	7320	4010
06:00 EDT	7410	3701	7320	4016	7320	3986	7320	3989	7320	3914
07:00 EDT	7410	3322	7320	3702	7320	3644	7365	3564	7365	3344
08:00 EDT	7410	3005	7365	3483	7365	3378	7365	3348	7365	3329
09:00 EDT	7410	2680	7365	3359	7365	3343	7365	3292	7365	3358
10:00 EDT	7410	2734	7365	2825	7365	2827	7365	2803	7365	2738
11:00 EDT	7410	2792	7365	3148	7365	2847	7585	3209	7585	3107
12:00 EDT	7630	2104	7585	2738	7585	2385	7585	2262	7585	2444
13:00 EDT	7630	1882	7585	2338	7585	2326	7585	2329	7585	2383
14:00 EDT	7630	1801	7585	2558	7585	2564	7585	2448	7585	2394
15:00 EDT	7630	1743	7585	2533	7585	2589	7585	2557	7585	2539
16:00 EDT	7630	1753	7585	3363	7585	3365	7585	3383	7585	3426
17:00 EDT	7630	1745	7585	3428	7585	3400	7585	3106	7585	3164
18:00 EDT	7630	1551	7585	3373	7585	3424	7585	3447	7585	3455
19:00 EDT	7630	1939	7585	3475	7585	3497	7585	3528	7585	3508
20:00 EDT	7630	2095	7585	3525	7585	3514	7585	3522	7585	2980
21:00 EDT	7630	3392	7585	3296	7585	3287	7585	3496	7585	3508
22:00 EDT	7630	4129	7540	4122	7540	3893	7540	3680	7540	3491
23:00 EDT	7410	4365	7540	3806	7540	3789	7320	3774	7320	3478

WEST CENTRAL

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Date: 07/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9819	9999	9895	9999	9860	9999	9899	9999	9635
03:00 EDT	9999	9710	9999	9838	9999	9754	9999	9718	9999	9768
04:00 EDT	9999	9764	9999	9658	9999	9662	9999	9706	9999	9742
05:00 EDT	9999	9674	9999	9808	9999	9829	9999	9824	9999	9822
06:00 EDT	9999	9687	9999	9864	9999	9763	9999	9899	9999	9762
07:00 EDT	9999	9638	9999	9872	9999	9783	9999	9706	9999	9779
08:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9781	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9774	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9441	9999	9564	9999	9515	9999	9710	9999	9592
17:00 EDT	9999	9375	9999	9690	9999	9823	9999	9739	9999	9678
18:00 EDT	9999	9364	9999	9609	9999	9611	9999	9547	9999	9447
19:00 EDT	9999	9498	9999	9568	9999	9671	9999	9749	9999	9699
20:00 EDT	9999	9528	9999	9693	9999	9667	9999	9692	9999	9638
21:00 EDT	9999	9643	9999	9899	9999	9899	9999	9899	9999	9888
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899