

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	122	125	122	125	122	125	122
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	62	125	62	125	62	125	62
04:00 EDT	125	125	125	78	125	78	125	78	125	78
05:00 EDT	125	125	125	48	125	48	125	48	125	48
06:00 EDT	125	125	125	73	125	73	125	73	125	73
07:00 EDT	125	125	125	77	125	77	125	77	125	77
08:00 EDT	125	125	125	122	125	122	125	122	125	122
09:00 EDT	125	125	125	112	125	112	125	112	125	112
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	70	125	70	125	70	125	70
19:00 EDT	125	122	125	49	125	49	125	49	125	49
20:00 EDT	125	100	125	27	125	27	125	27	125	27
21:00 EDT	125	125	125	12	125	12	125	12	125	12
22:00 EDT	125	125	125	32	125	32	125	32	125	32
23:00 EDT	125	125	125	87	125	87	125	87	125	87

CEDARS-HQ

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Date: 07/19/2025

[illegible]

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	270	270	270	270	270	270	270	270	270
18:00 EDT	270	270	270	270	270	270	270	270	270	270
19:00 EDT	270	270	270	270	270	270	270	270	270	270
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	959	1500	1352	1500	1352	1500	1352	1500	1352
01:00 EDT	1500	959	1500	1252	1500	1252	1500	1252	1500	1252
02:00 EDT	1500	959	1500	1252	1500	1252	1500	1252	1500	1252
03:00 EDT	1500	959	1500	1252	1500	1252	1500	1252	1500	1252
04:00 EDT	1500	959	1500	1152	1500	1184	1500	1184	1500	1184
05:00 EDT	1500	873	1500	1066	1500	1166	1500	1166	1500	1166
06:00 EDT	1500	959	1500	1452	1500	1452	1500	1452	1500	1452
07:00 EDT	1500	959	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1439	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1439	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	959	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	396	2000	300	2000	300	2000	300	2000	300
01:00 EDT	2000	967	2000	342	2000	340	2000	344	2000	347
02:00 EDT	2000	1068	2000	301	2000	302	2000	299	2000	300
03:00 EDT	2000	842	2000	300	2000	300	2000	299	2000	300
04:00 EDT	2000	782	2000	300	2000	300	2000	300	2000	304
05:00 EDT	2000	633	2000	364	2000	319	2000	319	2000	318
06:00 EDT	2000	667	2000	499	2000	343	2000	343	2000	340
07:00 EDT	2000	867	2000	344	2000	344	2000	345	2000	340
08:00 EDT	2000	859	2000	399	2000	399	2000	403	2000	402
09:00 EDT	2000	867	2000	957	2000	961	2000	960	2000	960
10:00 EDT	2000	916	2000	835	2000	832	2000	832	2000	832
11:00 EDT	2000	926	2000	835	2000	835	2000	835	2000	832

12:00 EDT	2000	750	2000	562	2000	564	2000	566	2000	567
13:00 EDT	2000	866	2000	594	2000	592	2000	592	2000	592
14:00 EDT	2000	936	2000	691	2000	691	2000	692	2000	691
15:00 EDT	2000	1077	2000	748	2000	748	2000	748	2000	748
16:00 EDT	2000	1447	2000	854	2000	856	2000	852	2000	855
17:00 EDT	2000	1210	2000	749	2000	747	2000	748	2000	749
18:00 EDT	2000	1261	2000	1025	2000	1031	2000	1031	2000	1030
19:00 EDT	2000	1261	2000	1113	2000	1113	2000	1110	2000	1113
20:00 EDT	2000	1161	2000	1225	2000	1221	2000	1223	2000	1225
21:00 EDT	2000	1090	2000	956	2000	956	2000	957	2000	958
22:00 EDT	2000	562	2000	574	2000	560	2000	560	2000	560
23:00 EDT	2000	403	2000	300	2000	302	2000	303	2000	302

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	802	1400	1130	1400	998	1400	976	1400	963
11:00 EDT	1400	739	1400	730	1400	484	1400	543	1400	667
12:00 EDT	1400	674	1400	587	1400	587	1400	586	1400	534
13:00 EDT	1400	872	1400	604	1400	557	1400	601	1400	589
14:00 EDT	1400	857	1400	576	1400	496	1400	494	1400	325
15:00 EDT	1400	842	1400	295	1400	350	1400	503	1400	544
16:00 EDT	1400	920	1400	506	1400	396	1400	699	1400	837
17:00 EDT	1400	1139	1400	917	1400	992	1400	1156	1400	1200
18:00 EDT	1400	1149	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1195	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1033	1400	1200	1400	1200	1400	1200	1400	1196
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1166	1400	1200	1400	1200	1400	1200	1400	1146
23:00 EDT	1400	1055	1400	1200	1400	1200	1400	1175	1400	1200

MOSES SOUTH

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2295	3150	2649	3150	2657	3150	2701	3150	2838
01:00 EDT	3150	2297	3150	2687	3150	2509	3150	2468	3150	2492
02:00 EDT	3150	2281	3150	2491	3150	2491	3150	2428	3150	2419
03:00 EDT	3150	2240	3150	2404	3150	2424	3150	2444	3150	2425
04:00 EDT	3150	2243	3150	2413	3150	2436	3150	2440	3150	2468
05:00 EDT	3150	2183	3150	2365	3150	2470	3150	2481	3150	2540
06:00 EDT	3150	2261	3150	2826	3150	2819	3150	2796	3150	2756
07:00 EDT	3150	2201	3150	3050	3150	3050	3150	3050	3150	3035
08:00 EDT	3150	2813	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	2876	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	2839	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	2837	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	2850	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	2858	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	2719	3150	3050	3150	3050	3150	3050	3150	3050
15:00 EDT	3150	2440	3150	3050	3150	3050	3150	3050	3150	3050
16:00 EDT	3150	2675	3150	3050	3150	3050	3150	3050	3150	3050
17:00 EDT	3150	2793	3150	3050	3150	3050	3150	3050	3150	3050
18:00 EDT	3150	2779	3150	3050	3150	3050	3150	3050	3150	3050
19:00 EDT	3150	2815	3150	3050	3150	3050	3150	3050	3150	3050
20:00 EDT	3150	2866	3150	3050	3150	3050	3150	3050	3150	3050
21:00 EDT	3150	2902	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	2592	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	2200	3150	3034	3150	2981	3150	3048	3150	3043

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	0	125	68	125	68	125	68	125	68
01:00 EDT	125	10	125	125	125	125	125	125	125	125
02:00 EDT	125	45	125	113	125	113	125	113	125	113
03:00 EDT	125	70	125	125	125	125	125	125	125	125
04:00 EDT	125	64	125	125	125	125	125	125	125	125
05:00 EDT	125	95	125	125	125	125	125	125	125	125
06:00 EDT	125	70	125	125	125	125	125	125	125	125
07:00 EDT	125	110	125	125	125	125	125	125	125	125
08:00 EDT	125	65	125	125	125	125	125	125	125	125
09:00 EDT	125	75	125	125	125	125	125	125	125	125
10:00 EDT	125	5	125	43	125	43	125	43	125	43
11:00 EDT	125	5	125	25	125	25	125	25	125	25
12:00 EDT	125	0	125	20	125	20	125	20	125	20
13:00 EDT	125	0	125	25	125	25	125	25	125	25
14:00 EDT	125	123	125	123	125	123	125	123	125	123
15:00 EDT	125	90	125	90	125	90	125	90	125	90
16:00 EDT	125	113	125	101	125	101	125	101	125	101
17:00 EDT	125	119	125	118	125	118	125	118	125	118
18:00 EDT	125	122	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	85	125	125	125	125	125	125	125	125
23:00 EDT	125	10	125	125	125	125	125	125	125	125

NPX-CSC

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	75	330	75	330	75	330	75	330	75
04:00 EDT	330	75	330	75	330	75	330	75	330	75
05:00 EDT	330	75	330	75	330	75	330	75	330	75
06:00 EDT	330	150	330	150	330	150	330	150	330	150
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	700	980	980	980	980	980	980	980	980
01:00 EDT	700	700	980	980	980	980	980	980	980	980
02:00 EDT	700	700	980	980	980	980	980	980	980	980
03:00 EDT	700	700	980	980	980	980	980	980	980	980
04:00 EDT	700	700	980	980	980	980	980	980	980	980
05:00 EDT	700	700	980	980	980	980	980	980	980	980
06:00 EDT	700	700	980	980	980	980	980	980	980	980
07:00 EDT	700	700	980	628	980	628	980	628	980	628
08:00 EDT	700	561	980	148	980	148	980	148	980	148
09:00 EDT	700	561	980	210	980	210	980	210	980	210
10:00 EDT	700	561	980	210	980	210	980	210	980	210
11:00 EDT	700	561	980	210	980	210	980	210	980	210
12:00 EDT	700	561	980	210	980	210	980	210	980	210
13:00 EDT	700	561	980	210	980	210	980	210	980	210
14:00 EDT	700	561	980	210	980	210	980	210	980	210
15:00 EDT	700	700	980	210	980	210	980	210	980	210
16:00 EDT	700	561	980	210	980	210	980	210	980	210
17:00 EDT	700	491	980	299	980	299	980	299	980	299
18:00 EDT	700	491	980	291	980	291	980	291	980	291
19:00 EDT	700	491	980	299	980	299	980	299	980	299
20:00 EDT	700	542	980	350	980	350	980	350	980	350
21:00 EDT	700	542	980	322	980	322	980	322	980	322
22:00 EDT	700	700	980	491	980	491	980	491	980	491
23:00 EDT	700	700	980	881	980	881	980	881	980	881

NYISO-IMO

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1170	1600	1097	1600	1195	1600	1185	1600	1183
01:00 EDT	1600	1099	1600	888	1600	740	1600	741	1600	740
02:00 EDT	1600	904	1600	707	1600	712	1600	712	1600	702
03:00 EDT	1600	806	1600	403	1600	213	1600	214	1600	162
04:00 EDT	1600	844	1600	351	1600	343	1600	333	1600	302
05:00 EDT	1600	722	1600	146	1600	188	1600	253	1600	132
06:00 EDT	1600	803	1600	254	1600	255	1600	254	1600	254
07:00 EDT	1600	782	1600	497	1600	502	1600	493	1600	479
08:00 EDT	1600	985	1600	777	1600	878	1600	878	1600	878
09:00 EDT	1600	1251	1600	1139	1600	1144	1600	1200	1600	1337
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1176
18:00 EDT	1600	1400	1600	1258	1600	1257	1600	1270	1600	1172
19:00 EDT	1600	1400	1600	1068	1600	1067	1600	1069	1600	1068
20:00 EDT	1600	1400	1600	1058	1600	1153	1600	1299	1600	1400
21:00 EDT	1600	1258	1600	1200	1600	1184	1600	1198	1600	1184
22:00 EDT	1600	1400	1600	1105	1600	972	1600	1152	1600	1400
23:00 EDT	1600	1400	1600	1248	1600	1338	1600	1400	1600	1179

NYISO-PJM

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	748	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	743	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	670	1050	625	1050	628	1050	629	1050	625
13:00 EDT	1050	745	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	713	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	722	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4689	7550	4374	7550	4708	7550	4706	7550	4663
01:00 EDT	7550	5140	7550	4538	7550	4448	7550	4326	7550	4275
02:00 EDT	7550	5161	7550	4148	7550	4145	7550	4147	7550	4127
03:00 EDT	7550	4735	7550	3963	7550	3907	7550	3873	7550	3870
04:00 EDT	7550	4750	7550	3794	7550	3832	7550	3832	7550	3847
05:00 EDT	7550	4671	7550	3875	7550	3958	7550	3974	7550	3924
06:00 EDT	7550	4631	7550	4121	7550	4076	7550	4046	7550	4017
07:00 EDT	7550	4771	7550	4338	7550	4327	7550	4276	7550	4238
08:00 EDT	7550	5031	7550	5003	7550	4969	7550	4976	7550	4948
09:00 EDT	7550	5178	7550	5265	7550	5225	7550	5230	7550	5258
10:00 EDT	7550	5275	7550	5117	7550	5154	7550	5122	7550	5103
11:00 EDT	7550	5255	7550	5150	7550	5187	7550	5253	7550	5268
12:00 EDT	7550	5367	7550	5167	7550	5218	7550	5216	7550	5278
13:00 EDT	7550	5688	7550	5216	7550	5285	7550	5238	7550	5272
14:00 EDT	7550	5650	7550	5385	7550	5387	7550	5445	7550	5526
15:00 EDT	7550	5635	7550	5375	7550	5333	7550	5377	7550	5467
16:00 EDT	7550	6269	7550	5529	7550	5673	7550	5638	7550	5688
17:00 EDT	7550	6081	7550	5571	7550	5519	7550	5612	7550	5716
18:00 EDT	7550	5734	7550	5487	7550	5688	7550	5787	7550	5902
19:00 EDT	7550	5674	7550	5929	7550	6062	7550	6241	7550	6304
20:00 EDT	7550	5920	7550	6328	7550	6331	7550	6392	7550	6383
21:00 EDT	7550	6048	7550	6254	7550	6224	7550	6225	7550	6368
22:00 EDT	7550	5577	7550	6233	7550	6157	7550	6138	7550	6043
23:00 EDT	7550	5598	7550	5760	7550	5713	7550	5759	7550	5712

PJM-NEPTUNE

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
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13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
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16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
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06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	120	660	120	660	120	660	120	660	120
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	120	660	120	660	120	660	120	660	120
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
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08:00 EDT	315	0	315	0	315	0	315	0	315	0
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10:00 EDT	315	0	315	0	315	0	315	0	315	0
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22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 07/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	1935	4600	1918	4600	2024	4600	1975	4600	1930
01:00 EDT	4600	2285	4600	2043	4600	2097	4600	2043	4600	2155
02:00 EDT	4600	2469	4600	2045	4600	2120	4600	2131	4600	2041
03:00 EDT	4600	2466	4600	2369	4600	2452	4600	2386	4600	2400
04:00 EDT	4600	2444	4600	2393	4600	2428	4600	2404	4600	2439
05:00 EDT	4600	2441	4600	2564	4600	2550	4600	2559	4600	2566
06:00 EDT	4600	2327	4600	2561	4600	2463	4600	2456	4600	2493
07:00 EDT	4600	2116	4600	2402	4600	2376	4600	2348	4600	2273
08:00 EDT	4600	2018	4600	2028	4600	1952	4600	1923	4600	1902
09:00 EDT	4600	1834	4600	1925	4600	1958	4600	1987	4600	1929
10:00 EDT	4600	1457	4600	1706	4600	1700	4600	1822	4600	1892
11:00 EDT	4600	1366	4600	1791	4600	1696	4600	1749	4600	1812
12:00 EDT	4600	1099	4600	1748	4600	1605	4600	1603	4600	1668
13:00 EDT	4600	929	4600	1667	4600	1491	4600	1577	4600	1587
14:00 EDT	4600	1195	4600	1738	4600	1712	4600	1698	4600	1658
15:00 EDT	4600	1300	4600	1662	4600	1657	4600	1780	4600	1859
16:00 EDT	4600	2120	4600	1767	4600	1746	4600	1984	4600	2199
17:00 EDT	4600	2433	4600	2232	4600	2274	4600	2441	4600	2698
18:00 EDT	4600	2438	4600	2587	4600	2703	4600	2709	4600	2823
19:00 EDT	4600	2579	4600	2900	4600	3035	4600	3132	4600	3171
20:00 EDT	4600	2660	4600	3307	4600	3330	4600	3216	4600	3128
21:00 EDT	4600	2718	4600	3224	4600	3169	4600	3134	4600	3050
22:00 EDT	4600	2249	4600	3042	4600	3077	4600	2851	4600	2649
23:00 EDT	4600	2132	4600	2549	4600	2413	4600	2305	4600	2516

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6705	2807	6615	2834	6615	3043	6615	2994	6615	2935

01:00 EDT	6705	3263	6615	2966	6615	3021	6615	2933	6615	3053
02:00 EDT	6705	3630	6615	3004	6615	3090	6615	3161	6615	3142
03:00 EDT	6705	3696	6615	3438	6615	3582	6615	3541	6615	3585
04:00 EDT	6705	3747	6615	3619	6615	3673	6615	3667	6615	3707
05:00 EDT	6705	3660	6615	3854	6615	3874	6615	3854	6615	3894
06:00 EDT	6705	3520	6615	3913	6615	3834	6615	3805	6615	3824
07:00 EDT	6705	3401	6615	3900	6615	3872	6615	3820	6615	3732
08:00 EDT	6705	3105	6615	3528	6615	3366	6615	3328	6615	3253
09:00 EDT	6705	2777	6615	3225	6615	3200	6615	3155	6615	2955
10:00 EDT	6705	2083	6615	2445	6615	2355	6615	2292	6615	2212
11:00 EDT	6705	2029	6615	2119	6615	1933	6615	1945	6615	2046
12:00 EDT	6705	2151	6615	1937	6615	1846	6985	2118	6985	2136
13:00 EDT	7075	2506	6985	2111	6985	2050	6985	2110	6985	2158
14:00 EDT	7075	2590	6985	2335	6985	2289	6985	2295	6985	2212
15:00 EDT	7075	2682	6985	2054	6985	2122	6985	2473	6985	2685
16:00 EDT	7075	3455	6985	2843	6985	2793	6985	3008	6985	3223
17:00 EDT	7075	3820	6985	3298	6985	3300	6985	3493	6985	3779
18:00 EDT	7075	3655	6985	3577	6985	3730	6985	3863	6985	4036
19:00 EDT	7075	3847	6985	4183	6985	4339	6985	4492	6985	4540
20:00 EDT	7075	4129	6985	4658	6985	4723	6985	4595	6985	4527
21:00 EDT	7075	4351	6985	4581	6985	4523	6985	4487	6985	4440
22:00 EDT	7075	3801	6985	4393	6985	4446	6985	4233	6985	4035
23:00 EDT	6705	3374	6985	3963	6985	3837	6615	3366	6615	3613

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9782	9999	9556	9999	9668	9999	9603	9999	9419
01:00 EDT	9999	9899	9999	9296	9999	9415	9999	9446	9999	9492
02:00 EDT	9999	9899	9999	9414	9999	9446	9999	9515	9999	9494
03:00 EDT	9999	9899	9999	9398	9999	9363	9999	9371	9999	9336
04:00 EDT	9999	9899	9999	9377	9999	9378	9999	9360	9999	9345
05:00 EDT	9999	9899	9999	9403	9999	9359	9999	9355	9999	9274
06:00 EDT	9999	9892	9999	9362	9999	9372	9999	9404	9999	9498
07:00 EDT	9999	9899	9999	9344	9999	9361	9999	9384	9999	9380
08:00 EDT	9999	9899	9999	9542	9999	9594	9999	9515	9999	9445
09:00 EDT	9999	9866	9999	9684	9999	9751	9999	9661	9999	9582
10:00 EDT	9999	9892	9999	9372	9999	9389	9999	9426	9999	9397
11:00 EDT	9999	9859	9999	9651	9999	9635	9999	9679	9999	9729
12:00 EDT	9999	9875	9999	9458	9999	9385	9999	9433	9999	9534
13:00 EDT	9999	9899	9999	9492	9999	9580	9999	9603	9999	9650
14:00 EDT	9999	9899	9999	9757	9999	9737	9999	9712	9999	9673
15:00 EDT	9999	9899	9999	9632	9999	9649	9999	9691	9999	9752
16:00 EDT	9999	9899	9999	9754	9999	9775	9999	9815	9999	9797
17:00 EDT	9999	9899	9999	9741	9999	9734	9999	9730	9999	9817
18:00 EDT	9999	9899	9999	9829	9999	9879	9999	9899	9999	9894
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9619	9999	9511	9999	9537	9999	9652
22:00 EDT	9999	9899	9999	9676	9999	9588	9999	9619	9999	9642
23:00 EDT	9999	9899	9999	9763	9999	9733	9999	9707	9999	9745