

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	68	125	68	125	68	125	68
01:00 EDT	125	125	125	85	125	85	125	85	125	85
02:00 EDT	125	125	125	110	125	110	125	110	125	110
03:00 EDT	125	125	125	85	125	85	125	85	125	85
04:00 EDT	125	125	125	85	125	85	125	85	125	85
05:00 EDT	125	125	125	77	125	77	125	77	125	77
06:00 EDT	125	125	125	70	125	70	125	70	125	70
07:00 EDT	125	125	125	70	125	70	125	70	125	70
08:00 EDT	125	125	125	85	125	85	125	85	125	85
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	90	125	90	125	90	125	90
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	122	125	116	125	116	125	116	125	116
17:00 EDT	125	125	125	124	125	124	125	124	125	124
18:00 EDT	125	124	125	107	125	107	125	107	125	107
19:00 EDT	125	108	125	90	125	90	125	90	125	90
20:00 EDT	125	66	125	48	125	48	125	48	125	48
21:00 EDT	125	104	125	0	125	0	125	0	125	0
22:00 EDT	125	125	125	34	125	34	125	34	125	34
23:00 EDT	125	125	125	90	125	90	125	90	125	90

CEDARS-HQ

[back to top](#)

Date: 07/12/2025

[illegible]

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	70	270	70	270	70	270	70	270	70
18:00 EDT	270	257	270	257	270	257	270	257	270	257
19:00 EDT	270	270	270	270	270	270	270	270	270	270
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
01:00 EDT	1500	1154	1200	1200	1200	1200	1200	1200	1200	1200
02:00 EDT	1500	953	1200	1200	1200	1200	1200	1200	1200	1200
03:00 EDT	1500	953	1200	1200	1200	1200	1200	1200	1200	1200
04:00 EDT	1500	953	1200	1103	1200	1103	1200	1103	1200	1103
05:00 EDT	1500	953	1200	1017	1200	1017	1200	1017	1200	1017
06:00 EDT	1500	953	1200	1035	1200	1102	1200	1102	1200	1102
07:00 EDT	1500	1403	1200	1200	1200	1200	1200	1200	1200	1200
08:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
09:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
10:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
11:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
12:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
13:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
14:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
15:00 EDT	1500	953	1200	1200	1200	1200	1200	1200	1200	1200
16:00 EDT	1500	924	1200	924	1200	924	1200	924	1200	924
17:00 EDT	1500	224	1200	274	1200	274	1200	274	1200	274
18:00 EDT	1500	282	1200	332	1200	332	1200	332	1200	332
19:00 EDT	1500	894	1200	894	1200	894	1200	894	1200	894
20:00 EDT	1500	1124	1200	1124	1200	1124	1200	1124	1200	1124
21:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
22:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
23:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200

IMO-NYISO

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	921	2000	608	2000	609	2000	606	2000	606
01:00 EDT	2000	889	2000	537	2000	539	2000	537	2000	541
02:00 EDT	2000	581	2000	338	2000	333	2000	333	2000	333
03:00 EDT	2000	506	2000	300	2000	304	2000	300	2000	300
04:00 EDT	2000	528	2000	300	2000	300	2000	300	2000	300
05:00 EDT	2000	380	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	697	2000	300	2000	300	2000	300	2000	300
07:00 EDT	2000	1011	2000	327	2000	327	2000	327	2000	327
08:00 EDT	2000	1053	2000	691	2000	691	2000	691	2000	691
09:00 EDT	2000	1001	2000	716	2000	716	2000	716	2000	721
10:00 EDT	2000	1185	2000	1039	2000	1039	2000	1041	2000	1042
11:00 EDT	2000	1237	2000	1154	2000	1155	2000	1155	2000	1158

12:00 EDT	2000	1223	2000	1365	2000	1365	2000	1369	2000	1368
13:00 EDT	2000	1203	2000	1655	2000	1652	2000	1655	2000	1650
14:00 EDT	2000	1324	2000	1605	2000	1607	2000	1608	2000	1604
15:00 EDT	2000	1526	2000	1433	2000	1429	2000	1427	2000	1429
16:00 EDT	2000	1645	2000	1199	2000	1196	2000	1199	2000	1203
17:00 EDT	2000	1660	2000	1486	2000	1502	2000	1494	2000	1498
18:00 EDT	2000	1700	2000	1651	2000	1654	2000	1650	2000	1651
19:00 EDT	2000	1670	2000	1307	2000	1309	2000	1310	2000	1313
20:00 EDT	2000	1629	2000	1353	2000	1355	2000	1358	2000	1359
21:00 EDT	2000	1375	2000	1452	2000	1454	2000	1452	2000	1454
22:00 EDT	2000	823	2000	1273	2000	1269	2000	1270	2000	1271
23:00 EDT	2000	419	2000	863	2000	860	2000	862	2000	862

ISONE-NYISO

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	607	1400	909	1400	1200	1400	1100
01:00 EDT	1400	1200	1400	1180	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1120	1400	1200
08:00 EDT	1400	1200	1400	1199	1400	1200	1400	1181	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1132
10:00 EDT	1400	847	1400	1175	1400	896	1400	758	1400	467
11:00 EDT	1400	770	1400	320	1400	210	1400	513	1400	736
12:00 EDT	1400	896	1400	778	1400	479	1400	273	1400	304
13:00 EDT	1400	1097	1400	541	1400	539	1400	528	1400	486
14:00 EDT	1400	1075	1400	540	1400	540	1400	524	1400	523
15:00 EDT	1400	1200	1400	531	1400	490	1400	646	1400	657
16:00 EDT	1400	1200	1400	871	1400	882	1400	986	1400	996
17:00 EDT	1400	1200	1400	818	1400	942	1400	1012	1400	1184
18:00 EDT	1400	1200	1400	1133	1400	978	1400	977	1400	1095
19:00 EDT	1400	1200	1400	977	1400	924	1400	1129	1400	1062
20:00 EDT	1400	1200	1400	1194	1400	1200	1400	1200	1400	1122
21:00 EDT	1400	1200	1400	822	1400	643	1400	731	1400	643
22:00 EDT	1400	1200	1400	607	1400	644	1400	850	1400	561
23:00 EDT	1400	1200	1400	687	1400	688	1400	719	1400	688

MOSES SOUTH

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2994	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	2574	3150	2816	3150	2759	3150	2817	3150	2882
02:00 EDT	3150	2348	3150	2708	3150	2631	3150	2661	3150	2625
03:00 EDT	3150	2366	3150	2664	3150	2648	3150	2559	3150	2504
04:00 EDT	3150	2335	3150	2377	3150	2346	3150	2338	3150	2341
05:00 EDT	3150	2306	3150	2262	3150	2246	3150	2285	3150	2300
06:00 EDT	3150	2326	3150	2323	3150	2367	3150	2338	3150	2319
07:00 EDT	3150	2771	3150	2859	3150	2818	3150	2839	3150	2873
08:00 EDT	3150	3019	3150	3050	3150	3050	3150	3050	3150	3049
09:00 EDT	3150	3042	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	3012	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	3015	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	3013	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	3026	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	3005	3150	3025	3150	3050	3150	3050	3150	3032
15:00 EDT	3150	2360	3150	2975	3150	3011	3150	2932	3150	2803
16:00 EDT	3150	2320	3150	2221	3150	2215	3150	2282	3150	2235
17:00 EDT	3150	1497	3150	1390	3150	1391	3150	1469	3150	1555
18:00 EDT	3150	1772	3150	1858	3150	1893	3150	1901	3150	1859
19:00 EDT	3150	2266	3150	2445	3150	2468	3150	2450	3150	2298
20:00 EDT	3150	2448	3150	2503	3150	2504	3150	2530	3150	2603
21:00 EDT	3150	2984	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	2857	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	2871	3150	3050	3150	3050	3150	3050	3150	3050

NPX-1385

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	100	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	100	125	125	125	125	125	125	125	125
08:00 EDT	125	100	125	125	125	125	125	125	125	125
09:00 EDT	125	100	125	123	125	123	125	123	125	123
10:00 EDT	125	87	125	125	125	125	125	125	125	125
11:00 EDT	125	75	125	118	125	118	125	118	125	118
12:00 EDT	125	100	125	125	125	125	125	125	125	125
13:00 EDT	125	100	125	67	125	67	125	67	125	67
14:00 EDT	125	122	125	55	125	55	125	55	125	55
15:00 EDT	125	123	125	60	125	60	125	60	125	60
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	119	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	100	125	125	125	125	125	125	125	125
23:00 EDT	125	100	125	125	125	125	125	125	125	125

NPX-CSC

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	75	330	75	330	75	330	75
19:00 EDT	330	0	330	100	330	100	330	100	330	100
20:00 EDT	330	0	330	100	330	100	330	100	330	100
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	597	680	77	680	77	680	77	680	77
01:00 EDT	700	700	680	513	680	513	680	513	680	513
02:00 EDT	700	700	680	677	680	677	680	677	680	677
03:00 EDT	700	700	680	627	680	627	680	627	680	627
04:00 EDT	700	700	680	680	680	680	680	680	680	680
05:00 EDT	700	700	680	680	680	680	680	680	680	680
06:00 EDT	700	700	680	680	680	680	680	680	680	680
07:00 EDT	700	700	680	278	680	278	680	278	680	278
08:00 EDT	700	597	680	128	680	128	680	128	680	128
09:00 EDT	700	597	680	76	680	76	680	76	680	76
10:00 EDT	700	597	680	76	680	76	680	76	680	76
11:00 EDT	700	597	680	26	680	26	680	26	680	26
12:00 EDT	700	597	680	26	680	26	680	26	680	26
13:00 EDT	700	597	680	26	680	26	680	26	680	26
14:00 EDT	700	597	680	262	680	262	680	262	680	262
15:00 EDT	700	700	680	327	680	327	680	327	680	327
16:00 EDT	700	700	680	680	680	680	680	680	680	680
17:00 EDT	700	700	680	680	680	680	680	680	680	680
18:00 EDT	700	700	680	680	680	680	680	680	680	680
19:00 EDT	700	700	680	680	680	680	680	680	680	680
20:00 EDT	700	700	680	680	680	680	680	680	680	680
21:00 EDT	700	542	680	222	680	222	680	222	680	222
22:00 EDT	700	597	680	278	680	278	680	278	680	278
23:00 EDT	700	597	680	178	680	178	680	178	680	178

NYISO-IMO

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1281	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	935	1600	1400	1600	1400	1600	1388	1600	1400
01:00 EDT	1600	880	1600	1400	1600	1307	1600	1342	1600	1348
02:00 EDT	1600	876	1600	1106	1600	1112	1600	1270	1600	1343
03:00 EDT	1600	855	1600	1350	1600	1097	1600	1111	1600	1097
04:00 EDT	1600	825	1600	1103	1600	1144	1600	1102	1600	1114
05:00 EDT	1600	771	1600	862	1600	935	1600	930	1600	850
06:00 EDT	1600	872	1600	968	1600	1267	1600	1187	1600	1234
07:00 EDT	1600	1024	1600	1358	1600	1400	1600	1400	1600	1396
08:00 EDT	1600	1135	1600	1400	1600	1265	1600	1400	1600	1375
09:00 EDT	1600	1243	1600	1361	1600	1305	1600	1354	1600	1400
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1366	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1373	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1015	1600	1400	1600	1400	1600	1400	1600	1400
19:00 EDT	1600	1064	1600	1400	1600	1400	1600	1400	1600	1400
20:00 EDT	1600	916	1600	1400	1600	1297	1600	1347	1600	1400
21:00 EDT	1600	974	1600	1400	1600	1400	1600	1400	1600	1400
22:00 EDT	1600	890	1600	1400	1600	1400	1600	1400	1600	1400
23:00 EDT	1600	999	1600	1400	1600	1400	1600	1400	1600	1400

NYISO-PJM

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	638	1050	657	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5321	7550	6549	7550	6474	7550	6328	7550	6195
01:00 EDT	7550	4463	7550	5617	7550	5448	7550	5462	7550	5367
02:00 EDT	7550	4470	7550	4814	7550	4752	7550	4689	7550	4601
03:00 EDT	7550	3961	7550	4528	7550	4211	7550	4121	7550	4136
04:00 EDT	7550	4086	7550	4125	7550	4140	7550	4086	7550	4082
05:00 EDT	7550	3975	7550	3870	7550	3896	7550	3909	7550	3889
06:00 EDT	7550	4222	7550	3818	7550	4142	7550	3978	7550	3928
07:00 EDT	7550	4990	7550	4151	7550	4175	7550	4190	7550	4216
08:00 EDT	7550	4847	7550	4581	7550	4556	7550	4654	7550	4924
09:00 EDT	7550	5015	7550	5580	7550	5470	7550	5584	7550	5511
10:00 EDT	7550	5323	7550	6027	7550	6248	7550	6085	7550	6113
11:00 EDT	7550	5843	7550	6283	7550	6342	7550	6356	7550	6368
12:00 EDT	7550	6251	7550	6719	7550	7063	7550	7089	7550	7130
13:00 EDT	7550	6137	7550	7141	7550	7102	7550	7116	7550	7197
14:00 EDT	7550	6265	7550	6975	7550	6973	7550	6931	7550	6804
15:00 EDT	7550	5794	7550	6816	7550	6911	7550	6858	7550	6851
16:00 EDT	7550	5956	7550	6051	7550	6124	7550	6125	7550	6250
17:00 EDT	7550	5566	7550	6234	7550	6249	7550	6190	7550	5944
18:00 EDT	7550	5716	7550	5936	7550	6271	7550	6325	7550	6252
19:00 EDT	7550	5950	7550	6556	7550	6754	7550	6599	7550	6790
20:00 EDT	7550	6023	7550	6800	7550	6678	7550	6772	7550	6841
21:00 EDT	7550	6249	7550	7412	7550	7450	7550	7450	7550	7450
22:00 EDT	7550	6053	7550	7450	7550	7450	7550	7321	7550	7363
23:00 EDT	7550	5565	7550	7280	7550	7043	7550	6933	7550	6907

PJM-NEPTUNE

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	48	315	0	315	0	315	0	315	0
15:00 EDT	315	50	315	50	315	0	315	0	315	0
16:00 EDT	315	48	315	50	315	50	315	50	315	14
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	36	315	0	315	0	315	0	315	0
19:00 EDT	315	25	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2401	4600	2609	4600	2753	4600	2932	4600	2822
01:00 EDT	4600	2310	4600	2793	4600	2934	4600	2981	4600	2953
02:00 EDT	4600	2510	4600	3155	4600	3084	4600	2885	4600	2931
03:00 EDT	4600	2743	4600	2930	4600	2882	4600	2758	4600	2770
04:00 EDT	4600	2753	4600	2750	4600	2808	4600	2763	4600	2740
05:00 EDT	4600	2793	4600	2807	4600	2729	4600	2716	4600	2775
06:00 EDT	4600	2493	4600	2683	4600	2676	4600	2666	4600	2589
07:00 EDT	4600	2256	4600	2709	4600	2764	4600	2793	4600	2888
08:00 EDT	4600	2067	4600	2783	4600	2905	4600	3013	4600	3054
09:00 EDT	4600	1852	4600	2743	4600	2681	4600	2745	4600	2614
10:00 EDT	4600	2128	4600	2908	4600	3041	4600	3001	4600	2816
11:00 EDT	4600	2447	4600	2830	4600	2874	4600	2915	4600	3026
12:00 EDT	4600	2451	4600	3175	4600	3176	4600	3009	4600	2921
13:00 EDT	4600	2833	4600	2980	4600	3043	4600	3012	4600	2925
14:00 EDT	4600	3085	4600	2818	4600	2890	4600	2961	4600	2938
15:00 EDT	4600	2714	4600	2741	4600	2882	4600	2959	4600	3002
16:00 EDT	4600	2899	4600	2582	4600	2525	4600	2616	4600	2845
17:00 EDT	4600	2790	4600	2610	4600	2837	4600	2846	4600	2978
18:00 EDT	4600	3040	4600	3058	4600	3017	4600	3110	4600	3121
19:00 EDT	4600	3131	4600	3213	4600	3258	4600	3348	4600	3395
20:00 EDT	4600	3360	4600	3468	4600	3557	4600	3539	4600	3566
21:00 EDT	4600	3685	4600	3518	4600	3596	4600	3564	4600	3524
22:00 EDT	4600	3128	4600	3570	4600	3470	4600	3457	4600	3163
23:00 EDT	4600	2954	4600	3217	4600	3055	4600	3034	4600	3056

UPNY/CONED

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6935	3830	6845	3942	6845	4071	6845	4302	6845	4145

01:00 EDT	6935	3150	6845	4083	6845	4031	6845	4020	6845	3907
02:00 EDT	6935	3336	6845	4144	6845	3997	6845	3825	6845	3909
03:00 EDT	6935	3722	6845	3883	6845	3852	6845	3749	6845	3792
04:00 EDT	6935	3832	6845	3788	6845	3865	6845	3846	6845	3832
05:00 EDT	6935	3800	6845	3889	6845	3824	6845	3822	6845	3909
06:00 EDT	6935	3640	6845	3755	6845	3741	6845	3694	6845	3584
07:00 EDT	6935	3313	6845	3621	6845	3625	6845	3591	6845	3704
08:00 EDT	6935	2978	6845	3757	6845	3831	6845	3896	6845	4098
09:00 EDT	6935	2985	6845	3916	6845	3839	6845	3840	6845	3652
10:00 EDT	6935	2650	6845	3935	6845	3887	6845	3673	6845	3468
11:00 EDT	6935	3005	6845	3336	6845	3247	6845	3416	6845	3665
12:00 EDT	6935	3377	6845	4043	6845	4080	6845	3646	6845	3622
13:00 EDT	6935	3608	6845	3958	6845	4123	6845	4084	6845	3990
14:00 EDT	6935	3812	6845	3822	6845	3838	6845	3882	6845	3876
15:00 EDT	6935	3298	6845	3749	6845	3881	6845	3975	6845	3941
16:00 EDT	6935	3573	6845	3476	6845	3411	6845	3512	6845	3734
17:00 EDT	6935	3261	6845	3508	6845	3757	6845	3768	6845	3881
18:00 EDT	6935	3741	6845	3923	6845	3936	6845	4055	6845	4084
19:00 EDT	6935	4074	6845	4179	6845	4269	6845	4395	6845	4445
20:00 EDT	6935	4504	6845	4552	6845	4666	6845	4655	6845	4679
21:00 EDT	6935	4867	6845	4628	6845	4720	6845	4720	6845	4697
22:00 EDT	6935	4461	6845	4737	6845	4651	6845	4643	6845	4390
23:00 EDT	6935	3765	6845	4439	6845	4214	6845	4108	6845	4090

WEST CENTRAL

[back to top](#)

Date: 07/12/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9827	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9725	9999	9817	9999	9842	9999	9790	9999	9825
03:00 EDT	9999	9476	9999	9776	9999	9681	9999	9853	9999	9899
04:00 EDT	9999	9531	9999	9899	9999	9899	9999	9899	9999	9899
05:00 EDT	9999	9435	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9541	9999	9899	9999	9899	9999	9899	9999	9899
07:00 EDT	9999	9793	9999	9775	9999	9750	9999	9822	9999	9716
08:00 EDT	9999	9646	9999	9883	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9771	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899