

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 07/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	100	125	125	125	125	125	125	125	125
01:00 EDT	125	65	125	65	125	65	125	65	125	65
02:00 EDT	125	125	125	118	125	118	125	118	125	118
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	118	125	118	125	118	125	118
05:00 EDT	125	125	125	118	125	118	125	118	125	118
06:00 EDT	125	90	125	83	125	83	125	83	125	83
07:00 EDT	125	65	125	65	125	65	125	65	125	65
08:00 EDT	125	125	125	120	125	120	125	120	125	120
09:00 EDT	125	85	125	70	125	70	125	70	125	70
10:00 EDT	125	125	125	106	125	106	125	106	125	106
11:00 EDT	125	60	125	64	125	64	125	64	125	64
12:00 EDT	125	49	125	51	125	51	125	51	125	51
13:00 EDT	125	10	125	69	125	69	125	69	125	69
14:00 EDT	125	65	125	91	125	91	125	91	125	91
15:00 EDT	125	79	125	93	125	93	125	93	125	93
16:00 EDT	125	37	125	125	125	125	125	125	125	125
17:00 EDT	125	39	125	125	125	125	125	125	125	125
18:00 EDT	125	31	125	125	125	125	125	125	125	125
19:00 EDT	125	35	125	125	125	125	125	125	125	125
20:00 EDT	125	0	125	57	125	57	125	57	125	57
21:00 EDT	125	0	125	75	125	75	125	75	125	75
22:00 EDT	125	40	125	77	125	77	125	77	125	77
23:00 EDT	125	65	125	82	125	82	125	82	125	82

CEDARS-HQ

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Date: 07/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	40	40	40	40	40	40	40	40	40
01:00 EDT	40	40	40	40	40	40	40	40	40	40
02:00 EDT	40	40	40	40	40	40	40	40	40	40
03:00 EDT	40	40	40	40	40	40	40	40	40	40
04:00 EDT	40	40	40	40	40	40	40	40	40	40
05:00 EDT	40	0	40	0	40	0	40	0	40	0

10:00 EDT	270	270	200	200	200	200	200	200	200	200
11:00 EDT	270	270	200	200	200	200	200	200	200	200
12:00 EDT	270	270	200	200	200	200	200	200	200	200
13:00 EDT	270	270	200	0	200	0	200	0	200	0
14:00 EDT	270	129	180	39	180	39	180	39	180	39
15:00 EDT	270	149	180	59	180	59	180	59	180	59
16:00 EDT	270	148	180	58	180	58	180	58	180	58
17:00 EDT	270	143	180	53	180	53	180	53	180	53
18:00 EDT	270	144	180	54	180	54	180	54	180	54
19:00 EDT	270	125	180	35	200	55	200	55	200	55
20:00 EDT	270	118	200	48	200	48	200	48	200	48
21:00 EDT	270	270	200	200	200	200	200	200	200	200
22:00 EDT	270	270	200	200	200	200	200	200	200	200
23:00 EDT	270	270	200	200	200	200	200	200	200	200

HQ-NYISO

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Date: 07/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
01:00 EDT	1500	1412	1200	1200	1200	1200	1200	1200	1200	1200
02:00 EDT	1500	1163	1200	921	1200	921	1200	921	1200	921
03:00 EDT	1500	1163	1200	762	1200	762	1200	762	1200	762
04:00 EDT	1500	1412	1200	931	1200	931	1200	931	1200	931
05:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
06:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
07:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
08:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
09:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
10:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
11:00 EDT	1500	1099	1200	1108	1200	1108	1200	1108	1200	1108
12:00 EDT	1500	962	1200	671	1200	671	1200	671	1200	671
13:00 EDT	1500	708	1200	197	1200	197	1200	197	1200	197
14:00 EDT	1500	182	1200	0	1200	0	1200	0	1200	0
15:00 EDT	1500	182	1200	0	1200	5	1200	5	1200	5
16:00 EDT	1500	182	1200	0	1200	0	1200	0	1200	0
17:00 EDT	1500	182	1200	0	1200	0	1200	0	1200	0
18:00 EDT	1500	182	1200	0	1200	0	1200	0	1200	0
19:00 EDT	1500	182	1200	96	1200	96	1200	96	1200	96
20:00 EDT	1500	220	1200	405	1200	356	1200	356	1200	356
21:00 EDT	1500	920	1200	936	1200	936	1200	936	1200	936
22:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200
23:00 EDT	1500	1500	1200	1200	1200	1200	1200	1200	1200	1200

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	484	2000	500	2000	500	2000	500	2000	502
01:00 EDT	2000	433	2000	299	2000	305	2000	300	2000	300
02:00 EDT	2000	436	2000	300	2000	300	2000	300	2000	300
03:00 EDT	2000	424	2000	300	2000	300	2000	300	2000	300
04:00 EDT	2000	420	2000	300	2000	300	2000	300	2000	300
05:00 EDT	2000	266	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	521	2000	300	2000	300	2000	300	2000	300
07:00 EDT	2000	457	2000	340	2000	340	2000	340	2000	340
08:00 EDT	2000	764	2000	622	2000	622	2000	622	2000	622
09:00 EDT	2000	1177	2000	654	2000	650	2000	650	2000	650
10:00 EDT	2000	1081	2000	849	2000	849	2000	849	2000	849
11:00 EDT	2000	1273	2000	933	2000	938	2000	933	2000	936

12:00 EDT	2000	1314	2000	1162	2000	1162	2000	1160	2000	1159
13:00 EDT	2000	1155	2000	1348	2000	1347	2000	1346	2000	1346
14:00 EDT	2000	1377	2000	900	2000	821	2000	819	2000	821
15:00 EDT	2000	1539	2000	992	2000	993	2000	993	2000	992
16:00 EDT	2000	1654	2000	1352	2000	1356	2000	1356	2000	1357
17:00 EDT	2000	1695	2000	1570	2000	1571	2000	1572	2000	1571
18:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
19:00 EDT	2000	1614	2000	1687	2000	1688	2000	1690	2000	1690
20:00 EDT	2000	1575	2000	1338	2000	1337	2000	1338	2000	1338
21:00 EDT	2000	1223	2000	1072	2000	1070	2000	1070	2000	1070
22:00 EDT	2000	1108	2000	835	2000	835	2000	835	2000	835
23:00 EDT	2000	1021	2000	601	2000	604	2000	604	2000	601

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1200	1400	1200	1400	1200	1246	1046	1023	823
15:00 EDT	1400	1200	564	364	451	251	39	0	151	0
16:00 EDT	1400	1200	105	0	269	69	295	95	380	180
17:00 EDT	1400	1200	587	387	433	233	347	147	-199	0
18:00 EDT	1400	1200	-352	0	-557	0	-689	0	-617	0
19:00 EDT	1400	1200	-800	0	-741	0	-653	0	-495	0
20:00 EDT	1400	1200	-379	0	-460	0	-534	0	-384	0
21:00 EDT	1400	1200	-722	0	-758	0	-892	0	603	403
22:00 EDT	1400	1200	445	245	-108	0	575	375	1400	1200
23:00 EDT	1400	1200	1400	1200	1377	1177	1400	1200	1400	1200

MOSES SOUTH

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Date: 07/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2767	3150	2996	3150	2926	3150	2840	3150	2838
01:00 EDT	3150	2609	3150	2850	3150	2885	3150	2816	3150	2812
02:00 EDT	3150	2426	3150	2178	3150	2188	3150	2253	3150	2295
03:00 EDT	3150	2416	3150	2164	3150	2188	3150	2185	3150	2150
04:00 EDT	3150	2689	3150	2326	3150	2312	3150	2336	3150	2320
05:00 EDT	3150	2839	3150	2701	3150	2693	3150	2739	3150	2708
06:00 EDT	3150	2816	3150	3050	3150	3046	3150	3050	3150	3037
07:00 EDT	3150	2698	3150	2903	3150	2890	3150	2909	3150	2798
08:00 EDT	3150	2666	3150	2734	3150	2791	3150	2748	3150	2966
09:00 EDT	3150	2669	3150	3015	3150	3039	3150	2980	3150	2990
10:00 EDT	3150	2684	3150	2861	3150	2836	3150	2858	3150	2894
11:00 EDT	3150	2164	3150	2419	3150	2399	3150	2407	3150	2471
12:00 EDT	3150	2071	3150	2075	3150	2051	3150	2041	3150	2169
13:00 EDT	3150	1826	3150	1497	3150	1440	3150	1490	3150	1542

14:00 EDT	3150	1118	3150	1403	3150	1396	3150	1364	3150	1117
15:00 EDT	3150	1130	3150	1126	3150	1145	3150	1217	3150	1274
16:00 EDT	3150	1099	3150	1224	3150	1240	3150	1268	3150	1288
17:00 EDT	3150	1074	3150	1305	3150	1306	3150	1342	3150	1371
18:00 EDT	3150	1051	3150	1168	3150	1200	3150	1192	3150	1211
19:00 EDT	3150	1157	3150	1311	3150	1366	3150	1302	3150	1273
20:00 EDT	3150	1287	3150	1567	3150	1564	3150	1510	3150	1516
21:00 EDT	3150	2037	3150	2273	3150	2217	3150	2105	3150	2090
22:00 EDT	3150	2706	3150	2792	3150	2813	3150	2845	3150	2743
23:00 EDT	3150	2712	3150	2910	3150	2871	3150	2927	3150	2946

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	120	125	120	125	120	125	120
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	95	125	95	125	95	125	95
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	113	125	125	125	125	125	125	125	125
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	105	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	0	125	0	125	0	125	0
17:00 EDT	125	125	125	0	125	0	125	0	125	0
18:00 EDT	125	125	125	0	125	0	125	0	125	0
19:00 EDT	125	125	125	30	125	30	125	30	125	30
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	125	125	125	125	125	125	125

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	30	330	30	330	30	330	30	330	30
01:00 EDT	330	30	330	30	330	30	330	30	330	30
02:00 EDT	330	30	330	30	330	30	330	30	330	30
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	30	330	30	330	30	330	30	330	30
06:00 EDT	330	30	330	30	330	30	330	30	330	30
07:00 EDT	330	30	330	30	330	30	330	30	330	30
08:00 EDT	330	30	330	30	330	30	330	30	330	30
09:00 EDT	330	30	330	30	330	30	330	30	330	30
10:00 EDT	330	30	330	30	330	30	330	30	330	30
11:00 EDT	330	75	330	10	330	10	330	10	330	10
12:00 EDT	330	150	330	0	330	0	330	0	330	0
13:00 EDT	330	180	330	17	330	17	330	17	330	17
14:00 EDT	330	180	330	15	330	15	330	15	330	15
15:00 EDT	330	180	330	2	330	2	330	2	330	2

16:00 EDT	330	180	330	30	330	30	330	30	330	30
17:00 EDT	330	180	330	0	330	0	330	0	330	0
18:00 EDT	330	180	330	9	330	9	330	9	330	9
19:00 EDT	330	180	330	2	330	2	330	2	330	2
20:00 EDT	330	180	330	6	330	6	330	6	330	6
21:00 EDT	330	180	330	11	330	11	330	11	330	11
22:00 EDT	330	179	330	30	330	30	330	30	330	30
23:00 EDT	330	180	330	113	330	113	330	113	330	113

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	588	480	0	480	59	480	59	480	59
01:00 EDT	700	700	480	59	480	59	480	59	480	59
02:00 EDT	700	700	480	480	480	480	480	480	480	480
03:00 EDT	700	700	480	480	480	480	480	480	480	480
04:00 EDT	700	700	480	480	480	480	480	480	480	480
05:00 EDT	700	588	480	382	480	378	480	378	480	378
06:00 EDT	700	588	480	0	480	9	480	9	480	9
07:00 EDT	700	588	680	200	680	200	680	200	680	200
08:00 EDT	700	588	680	259	680	259	680	259	680	259
09:00 EDT	700	588	680	159	680	159	680	159	680	159
10:00 EDT	700	588	680	259	680	259	680	259	680	259
11:00 EDT	700	700	680	680	680	680	680	680	680	680
12:00 EDT	700	700	680	680	680	680	680	680	680	680
13:00 EDT	700	700	680	680	680	680	680	680	680	680
14:00 EDT	700	700	680	680	680	680	680	680	680	680
15:00 EDT	700	700	680	680	680	680	680	680	680	680
16:00 EDT	700	700	680	680	680	680	680	680	680	680
17:00 EDT	700	700	680	680	680	680	680	680	680	680
18:00 EDT	700	700	680	680	680	680	680	680	680	680
19:00 EDT	700	700	680	680	680	680	680	680	680	680
20:00 EDT	700	700	680	680	680	680	680	680	680	680
21:00 EDT	700	700	680	680	680	680	680	680	680	680
22:00 EDT	700	608	680	244	680	244	680	244	680	244
23:00 EDT	700	569	680	278	680	278	680	278	680	321

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1271	1600	1289	1600	1289	1600	1287	1600	1288
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	401	1600	1165	1600	864	1600	719	1600	808
01:00 EDT	1600	263	1600	801	1600	972	1600	843	1600	972
02:00 EDT	1600	346	1600	843	1600	761	1600	746	1600	844
03:00 EDT	1600	670	1600	1006	1600	1003	1600	1057	1600	903
04:00 EDT	1600	642	1600	986	1600	981	1600	986	1600	956
05:00 EDT	1600	395	1600	925	1600	956	1600	853	1600	955
06:00 EDT	1600	256	1600	1078	1600	1026	1600	1044	1600	942
07:00 EDT	1600	126	1600	642	1600	553	1600	636	1600	553
08:00 EDT	1600	497	1600	600	1600	733	1600	816	1600	773
09:00 EDT	1600	436	1600	867	1600	758	1600	827	1600	772
10:00 EDT	1600	479	1600	858	1600	1012	1600	823	1600	614
11:00 EDT	1600	425	1600	600	1600	623	1600	474	1600	583
12:00 EDT	1600	322	1600	713	1600	428	1600	314	1600	374
13:00 EDT	1600	292	1600	425	1600	387	1600	344	1600	434
14:00 EDT	1600	328	1600	265	1600	240	1600	164	1600	65
15:00 EDT	1600	439	1600	0	1600	49	1600	0	1600	267
16:00 EDT	1600	439	1600	184	1600	479	1600	659	1600	499
17:00 EDT	1600	341	1600	468	1600	660	1600	590	1600	534
18:00 EDT	1600	332	1600	345	1600	56	1600	128	1600	27
19:00 EDT	1600	98	1600	88	1600	71	1600	132	1600	132
20:00 EDT	1600	34	1600	316	1600	387	1600	306	1600	547
21:00 EDT	1600	0	1600	249	1600	127	1600	115	1600	262
22:00 EDT	1600	0	1600	421	1600	123	1600	171	1600	420
23:00 EDT	1600	237	1600	593	1600	292	1600	426	1600	726

NYISO-PJM

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Date: 07/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 07/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4375	7550	5886	7550	5804	7550	5713	7550	5732
01:00 EDT	7550	4019	7550	4927	7550	5302	7550	4915	7550	4920
02:00 EDT	7550	3561	7550	4283	7550	3936	7550	3915	7550	4166
03:00 EDT	7550	3154	7550	3702	7550	3644	7550	3687	7550	3614
04:00 EDT	7550	3550	7550	4019	7550	3948	7550	3978	7550	3923
05:00 EDT	7550	3789	7550	4350	7550	4495	7550	4595	7550	4625
06:00 EDT	7550	3983	7550	5149	7550	5241	7550	5198	7550	5109
07:00 EDT	7550	3950	7550	4937	7550	4752	7550	4767	7550	4856
08:00 EDT	7550	4215	7550	4901	7550	4892	7550	4788	7550	4760
09:00 EDT	7550	4273	7550	4691	7550	4621	7550	4626	7550	4509
10:00 EDT	7550	4267	7550	4786	7550	4805	7550	4723	7550	4672
11:00 EDT	7550	3756	7550	4586	7550	4514	7550	4323	7550	4134
12:00 EDT	7550	3686	7550	4094	7550	4100	7550	3914	7550	3835
13:00 EDT	7550	3301	7550	3735	7550	3668	7550	3699	7550	3568
14:00 EDT	7550	2598	7550	3178	7550	3288	7550	3393	7550	3301
15:00 EDT	7550	2431	7550	3485	7550	3510	7550	3403	7550	3390
16:00 EDT	7550	2432	7550	3542	7550	3783	7550	4040	7550	3817
17:00 EDT	7550	2459	7550	3608	7550	3633	7550	3496	7550	3537
18:00 EDT	7550	2504	7550	3675	7550	3536	7550	3718	7550	3614
19:00 EDT	7550	3017	7550	3673	7550	3787	7550	3970	7550	4047
20:00 EDT	7550	3297	7550	3947	7550	3720	7550	3838	7550	4041
21:00 EDT	7550	3811	7550	4355	7550	4487	7550	4276	7550	4483
22:00 EDT	7550	4264	7550	4942	7550	4807	7550	4910	7550	4971
23:00 EDT	7550	4626	7550	5065	7550	5083	7550	4901	7550	5284

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
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05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	33	660	33	660	33	660	33	660	33
09:00 EDT	660	130	660	10	660	10	660	10	660	10
10:00 EDT	660	130	660	130	660	130	660	130	660	130
11:00 EDT	660	130	660	0	660	0	660	0	660	0
12:00 EDT	660	134	660	0	660	0	660	0	660	0
13:00 EDT	660	130	660	130	660	0	660	0	660	0
14:00 EDT	660	130	660	130	660	130	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	130	660	130	660	127	660	6	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	40	315	40	315	40	315	40	315	40
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	47	315	47	315	47	315	47	315	47
11:00 EDT	315	90	315	40	315	40	315	0	315	0
12:00 EDT	315	120	315	0	315	0	315	0	315	0
13:00 EDT	315	90	315	90	315	90	315	90	315	90
14:00 EDT	315	40	315	40	315	40	315	0	315	40
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	40	315	40	315	40	315	40	315	18
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 07/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2475	4600	3053	4600	3164	4600	3132	4600	2942
01:00 EDT	4600	2554	4600	2478	4600	2416	4600	2426	4600	2319
02:00 EDT	4600	2634	4600	2584	4600	2569	4600	2559	4600	2696
03:00 EDT	4600	2437	4600	2735	4600	2658	4600	2611	4600	2684
04:00 EDT	4600	2476	4600	2606	4600	2582	4600	2588	4600	2573
05:00 EDT	4600	2616	4600	2628	4600	2741	4600	2953	4600	2753
06:00 EDT	4600	2391	4600	2566	4600	2782	4600	2762	4600	2756
07:00 EDT	4600	2042	4600	2575	4600	2514	4600	2445	4600	2606
08:00 EDT	4600	1819	4600	2598	4600	2500	4600	2317	4600	2440
09:00 EDT	4600	2007	4600	2363	4600	2416	4600	2361	4600	2472
10:00 EDT	4600	2236	4600	2527	4600	2436	4600	2581	4600	2806
11:00 EDT	4600	2213	4600	2926	4600	2910	4600	2926	4600	2754
12:00 EDT	4600	2570	4600	2221	4600	2560	4600	2490	4600	2408
13:00 EDT	4600	2368	4600	2145	4600	2252	4600	2214	4600	2207
14:00 EDT	4600	1827	4600	2079	4600	2157	4600	2488	4600	2534
15:00 EDT	4600	1306	4600	2648	4600	2630	4600	2659	4600	2614
16:00 EDT	4600	1305	4600	2599	4600	2589	4600	2737	4600	2799
17:00 EDT	4600	1395	4600	2749	4600	2600	4600	2722	4600	2611
18:00 EDT	4600	1731	4600	2863	4600	2971	4600	3004	4600	3005
19:00 EDT	4600	2111	4600	3087	4600	3165	4600	3256	4600	3259
20:00 EDT	4600	2571	4600	3101	4600	2868	4600	3017	4600	3178
21:00 EDT	4600	3278	4600	3677	4600	3730	4600	3728	4600	3466
22:00 EDT	4600	3114	4600	3582	4600	3623	4600	3556	4600	3252
23:00 EDT	4600	2841	4600	2930	4600	3107	4600	2768	4600	2751

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	7295	3605	7205	3664	7205	3791	7205	3656	7205	3566
02:00 EDT	7295	3542	7205	3684	7205	3488	7205	3465	7205	3595
03:00 EDT	7295	3293	7205	3612	7205	3529	7205	3478	7205	3577
04:00 EDT	7295	3374	7205	3575	7205	3559	7205	3565	7205	3543
05:00 EDT	7295	3657	7205	3733	7205	3847	7205	4072	7205	4005
06:00 EDT	7295	3758	7205	4010	7205	4176	7205	4138	7205	4085
07:00 EDT	7295	3502	7205	3954	7205	3869	7205	3856	7205	3993
08:00 EDT	7295	3328	7205	3925	7205	3722	7205	3499	7205	3540
09:00 EDT	7295	3252	7205	3301	7205	3328	7205	3284	7205	3326
10:00 EDT	7295	3125	7205	3465	7205	3330	7205	3415	7205	3504
11:00 EDT	7295	2513	7205	3516	7205	3468	7205	3452	7205	3166
12:00 EDT	7295	2466	7205	2638	7205	2872	7250	2864	7295	2736
13:00 EDT	7295	2043	7295	2536	7295	2572	7295	2546	7295	2497
14:00 EDT	7295	1476	7295	2244	7295	2279	7295	2590	7295	2644
15:00 EDT	7295	676	7295	2770	7295	2786	7295	2749	7295	2676
16:00 EDT	7295	612	7295	2827	7295	2800	7295	2920	7295	2920
17:00 EDT	7295	543	7295	2889	7295	2637	7295	2777	7295	2734
18:00 EDT	7295	1023	7295	2943	7295	3096	7295	3152	7295	3165
19:00 EDT	7295	1796	7295	3258	7295	3386	7295	3552	7295	3615
20:00 EDT	7295	2460	7295	3376	7295	3212	7295	3312	7295	3451
21:00 EDT	7295	3487	7295	4203	7295	4379	7295	4354	7295	4341
22:00 EDT	7295	3952	7205	4475	7205	4567	7205	4540	7205	4283
23:00 EDT	7295	3968	7205	4072	7205	4360	7205	4127	7205	4127

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9665	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9511	9999	9733	9999	9838	9999	9701	9999	9889
02:00 EDT	9999	9432	9999	9899	9999	9863	9999	9893	9999	9899
03:00 EDT	9999	9326	9999	9774	9999	9727	9999	9802	9999	9776
04:00 EDT	9999	9321	9999	9874	9999	9861	9999	9780	9999	9849
05:00 EDT	9999	9268	9999	9799	9999	9868	9999	9801	9999	9899
06:00 EDT	9999	9246	9999	9702	9999	9797	9999	9780	9999	9835
07:00 EDT	9999	8951	9999	9461	9999	9401	9999	9506	9999	9584
08:00 EDT	9999	9198	9999	9651	9999	9624	9999	9703	9999	9398
09:00 EDT	9999	9469	9999	9460	9999	9387	9999	9409	9999	9361
10:00 EDT	9999	9402	9999	9630	9999	9583	9999	9504	9999	9405
11:00 EDT	9999	9421	9999	9590	9999	9650	9999	9478	9999	9370
12:00 EDT	9999	9496	9999	9510	9999	9560	9999	9500	9999	9310
13:00 EDT	9999	9249	9999	9493	9999	9572	9999	9531	9999	9485
14:00 EDT	9999	9265	9999	9158	9999	9073	9999	9213	9999	9393
15:00 EDT	9999	9262	9999	9562	9999	9553	9999	9376	9999	9219
16:00 EDT	9999	9184	9999	9537	9999	9596	9999	9817	9999	9490
17:00 EDT	9999	9315	9999	9393	9999	9534	9999	9450	9999	9450
18:00 EDT	9999	9237	9999	9716	9999	9612	9999	9740	9999	9628
19:00 EDT	9999	9425	9999	9629	9999	9674	9999	9832	9999	9864
20:00 EDT	9999	9455	9999	9662	9999	9473	9999	9569	9999	9687
21:00 EDT	9999	9315	9999	9375	9999	9522	9999	9681	9999	9882
22:00 EDT	9999	9415	9999	9786	9999	9688	9999	9636	9999	9758
23:00 EDT	9999	9875	9999	9731	9999	9855	9999	9753	9999	9834