

# ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	73	125	73	125	73	125	73
01:00 EDT	125	125	125	73	125	73	125	73	125	73
02:00 EDT	125	125	125	66	125	66	125	66	125	66
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	79	125	117	125	117	125	117	125	117
17:00 EDT	125	20	125	44	125	40	125	40	125	40
18:00 EDT	125	40	125	43	125	40	125	40	125	40
19:00 EDT	125	108	125	90	125	90	125	90	125	90
20:00 EDT	125	105	125	54	125	54	125	54	125	54
21:00 EDT	125	103	125	78	125	78	125	78	125	78
22:00 EDT	125	125	125	93	125	93	125	93	125	93
23:00 EDT	125	125	125	125	125	125	125	125	125	125

CEDARS-HQ

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	0	40	0	40	0	40	0	40	0
01:00 EDT	40	0	40	0	40	0	40	0	40	0
02:00 EDT	40	40	40	40	40	40	40	40	40	40
03:00 EDT	40	40	40	40	40	40	40	40	40	40
04:00 EDT	40	40	40	40	40	40	40	40	40	40
05:00 EDT	40	0	40	0	40	0	40	0	40	0



08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3200	2780	3200	2910	3200	3046	3200	3027	3200	2816
01:00 EDT	3200	2882	3200	2556	3200	2542	3200	2639	3200	2751
02:00 EDT	3200	2934	3200	2698	3200	2649	3200	2712	3200	2757
03:00 EDT	3200	2619	3200	2585	3200	2573	3200	2573	3200	2687
04:00 EDT	3200	2602	3200	2710	3200	2685	3200	2732	3200	2613
05:00 EDT	3200	2541	3200	2750	3200	2758	3200	2731	3200	2690
06:00 EDT	3200	2311	3200	2461	3200	2488	3200	2306	3200	2299
07:00 EDT	3200	2073	3200	2320	3200	2348	3200	2296	3200	2292
08:00 EDT	3200	2258	3200	2610	3200	2484	3200	2420	3200	2422
09:00 EDT	3200	2573	3200	2534	3200	2603	3200	2624	3200	2534
10:00 EDT	3200	2674	3200	2743	3200	2772	3200	2959	3200	2848
11:00 EDT	3200	2605	3200	2743	3200	2691	3200	2676	3200	2776
12:00 EDT	3200	2609	3200	2624	3200	2617	3200	2650	3200	2692
13:00 EDT	3200	2508	3200	2644	3200	2637	3200	2760	3200	2729
14:00 EDT	3200	2451	3200	2818	3200	2828	3200	2803	3200	2594
15:00 EDT	3200	2163	3200	2286	3200	2281	3200	2232	3200	2370
16:00 EDT	3200	2358	3200	2369	3200	2292	3200	2364	3200	2412
17:00 EDT	3200	2204	3200	2484	3200	2408	3200	2490	3200	2532
18:00 EDT	3200	2141	3200	2131	3200	2167	3200	2347	3200	2412
19:00 EDT	3200	2328	3200	2451	3200	2639	3200	2572	3200	2411
20:00 EDT	3200	2305	3200	2559	3200	2532	3200	2558	3200	2482
21:00 EDT	3200	2365	3200	2428	3200	2572	3200	2522	3200	2501
22:00 EDT	3200	2525	3200	2641	3200	2508	3200	2484	3200	2566
23:00 EDT	3200	2690	3200	2349	3200	2395	3200	2424	3200	2542

HQ-CEDARS

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	270	270	270	270	270	270	270	270	270	270
01:00 EDT	270	270	270	270	270	270	270	270	270	270
02:00 EDT	270	270	270	270	270	270	270	270	270	270
03:00 EDT	270	270	270	270	270	270	270	270	270	270
04:00 EDT	270	270	270	270	270	270	270	270	270	270
05:00 EDT	270	270	270	270	270	270	270	270	270	270
06:00 EDT	270	270	270	270	270	270	270	270	270	270
07:00 EDT	270	270	270	270	220	220	220	220	220	220
08:00 EDT	270	270	220	220	220	220	220	220	220	220
09:00 EDT	270	270	220	220	220	220	220	220	220	220

10:00 EDT	270	270	220	220	220	220	220	220	220	220
11:00 EDT	270	270	220	220	220	220	220	220	220	220
12:00 EDT	270	270	220	220	220	220	220	220	220	220
13:00 EDT	270	270	220	220	220	220	220	220	220	220
14:00 EDT	270	270	220	220	220	220	220	220	220	220
15:00 EDT	270	270	220	220	220	220	220	220	220	220
16:00 EDT	270	270	220	220	220	220	220	220	220	220
17:00 EDT	270	270	220	220	220	220	220	220	220	220
18:00 EDT	270	270	220	220	220	220	220	220	220	220
19:00 EDT	270	270	220	220	220	220	220	220	220	220
20:00 EDT	270	270	220	220	220	220	220	220	220	220
21:00 EDT	270	270	220	220	220	220	220	220	220	220
22:00 EDT	270	270	220	220	220	220	220	220	220	220
23:00 EDT	270	270	220	220	220	220	220	220	220	220

HQ-NYISO

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1475	1200	1200	1200	1200	1200	1200	1200	1200
01:00 EDT	1500	1475	1200	1200	1200	1200	1200	1200	1200	1200
02:00 EDT	1500	825	1200	1200	1200	1200	1200	1200	1200	1200
03:00 EDT	1500	825	1200	1200	1200	1200	1200	1200	1200	1200
04:00 EDT	1500	825	1200	1200	1200	1200	1200	1200	1200	1200
05:00 EDT	1500	1475	1200	1200	1200	1200	1200	1200	1200	1200
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1297	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	850	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	875	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	875	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	875	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	850	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	893	2000	904	2000	905	2000	909	2000	905
01:00 EDT	2000	1132	2000	637	2000	637	2000	633	2000	637
02:00 EDT	2000	1168	2000	501	2000	501	2000	501	2000	501
03:00 EDT	2000	893	2000	384	2000	384	2000	384	2000	384
04:00 EDT	2000	790	2000	359	2000	359	2000	359	2000	359
05:00 EDT	2000	771	2000	465	2000	465	2000	465	2000	465
06:00 EDT	2000	693	2000	350	2000	350	2000	354	2000	354
07:00 EDT	2000	889	2000	690	2000	693	2000	693	2000	689
08:00 EDT	2000	1190	2000	955	2000	957	2000	957	2000	957
09:00 EDT	2000	1347	2000	1254	2000	1253	2000	1254	2000	1252
10:00 EDT	2000	1411	2000	1512	2000	1514	2000	1517	2000	1515
11:00 EDT	2000	1361	2000	1368	2000	1370	2000	1372	2000	1373

12:00 EDT	2000	1326	2000	1288	2000	1287	2000	1287	2000	1289
13:00 EDT	2000	1322	2000	1252	2000	1252	2000	1252	2000	1252
14:00 EDT	2000	1318	2000	1395	2000	1395	2000	1395	2000	1398
15:00 EDT	2000	1330	2000	1200	2000	1200	2000	1195	2000	1196
16:00 EDT	2000	1429	2000	915	2000	915	2000	915	2000	915
17:00 EDT	2000	1470	2000	1102	2000	1102	2000	1102	2000	1102
18:00 EDT	2000	1458	2000	935	2000	935	2000	935	2000	935
19:00 EDT	2000	1455	2000	1235	2000	1235	2000	1235	2000	1232
20:00 EDT	2000	1455	2000	1345	2000	1346	2000	1345	2000	1348
21:00 EDT	2000	1330	2000	1194	2000	1312	2000	1311	2000	1309
22:00 EDT	2000	1279	2000	1170	2000	1171	2000	1171	2000	1174
23:00 EDT	2000	875	2000	515	2000	512	2000	515	2000	517

ISONE-NYISO

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1085	1400	1175	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1095	1400	1200	1400	1200	1400	1103	1400	1011
10:00 EDT	1400	1062	1400	1072	1400	947	1400	945	1400	969
11:00 EDT	1400	1079	1400	1019	1400	1123	1400	1014	1400	1123
12:00 EDT	1400	1127	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1181	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1171	1400	1200	1400	1200	1400	1077	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1153	953	1013	813	1400	1200	603	403
18:00 EDT	1400	1200	405	205	171	0	223	23	1400	1200
19:00 EDT	1400	1200	1024	824	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2594	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	2633	3150	2858	3150	2824	3150	2860	3150	2954
02:00 EDT	3150	1917	3150	2664	3150	2657	3150	2656	3150	2645
03:00 EDT	3150	1937	3150	2466	3150	2444	3150	2472	3150	2438
04:00 EDT	3150	1957	3150	2697	3150	2715	3150	2706	3150	2675
05:00 EDT	3150	2596	3150	3049	3150	3050	3000	2888	3000	2885
06:00 EDT	3150	2596	3000	2619	3000	2527	3000	2766	3000	2807
07:00 EDT	3150	2603	3000	2811	3000	2811	3000	2812	3000	2806
08:00 EDT	3150	2621	2850	2674	2850	2692	2850	2676	2850	2666
09:00 EDT	3150	2623	2850	2720	2850	2668	2850	2682	2850	2719
10:00 EDT	3150	2645	2850	2750	2850	2750	2850	2552	2850	2563
11:00 EDT	3150	2547	2850	2485	2850	2448	2850	2409	2850	2323
12:00 EDT	3150	2464	2850	2245	2850	2320	2850	2396	2850	2442
13:00 EDT	3150	2388	2850	2312	2850	2309	2850	2253	2850	2219

14:00 EDT	3150	2377	2850	2269	2850	2258	2850	2173	2850	2329
15:00 EDT	3150	2187	2850	2301	2850	2275	2850	2174	2850	2195
16:00 EDT	3150	1727	2850	1873	2850	1906	2850	1957	2850	1963
17:00 EDT	3150	1814	2850	1984	2850	1972	2850	2039	2850	1978
18:00 EDT	3150	1851	2850	2365	2850	2363	2850	2313	2850	2195
19:00 EDT	3150	1848	2850	2270	2850	2280	2850	2243	2850	2280
20:00 EDT	3150	1796	2850	2328	2850	2313	2850	2420	2850	2456
21:00 EDT	3150	2469	2850	2414	2850	2438	2850	2496	2850	2608
22:00 EDT	3150	2569	2850	2622	2850	2634	2850	2650	2850	2618
23:00 EDT	3150	2680	2850	2651	2850	2686	2850	2750	2850	2683

NPX-1385

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	100	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	100	125	125	125	125	125	125	125	125
08:00 EDT	125	80	125	105	125	105	125	105	125	105
09:00 EDT	125	55	125	96	125	96	125	96	125	96
10:00 EDT	125	45	125	62	125	62	125	62	125	62
11:00 EDT	125	80	125	79	125	79	125	79	125	79
12:00 EDT	125	100	125	121	125	121	125	121	125	121
13:00 EDT	125	112	125	97	125	97	125	97	125	97
14:00 EDT	125	108	125	90	125	90	125	90	125	90
15:00 EDT	125	108	125	118	125	118	125	118	125	118
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	75	125	125	125	125	125	125	125	125
23:00 EDT	125	75	125	114	125	114	125	114	125	114

NPX-CSC

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
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13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	700	680	0	680	0	680	0	680	0
01:00 EDT	700	700	680	224	680	224	680	224	680	224
02:00 EDT	700	700	680	458	680	458	680	458	680	458
03:00 EDT	700	700	680	664	680	664	680	664	680	664
04:00 EDT	700	700	680	374	680	374	680	374	680	374
05:00 EDT	700	700	680	3	680	3	680	3	680	3
06:00 EDT	700	700	320	0	320	0	320	0	320	0
07:00 EDT	700	700	320	0	320	0	320	0	320	0
08:00 EDT	700	700	320	0	320	0	320	0	320	0
09:00 EDT	700	700	320	0	320	0	320	0	320	0
10:00 EDT	700	700	320	0	320	0	320	0	320	0
11:00 EDT	700	700	320	0	320	0	320	0	320	0
12:00 EDT	700	700	320	0	320	0	320	0	320	0
13:00 EDT	700	700	320	0	320	0	320	0	320	0
14:00 EDT	700	700	320	0	320	0	320	0	320	0
15:00 EDT	700	700	320	0	320	0	320	0	320	0
16:00 EDT	700	700	320	319	320	319	320	319	320	319
17:00 EDT	700	700	320	319	320	319	320	319	320	319
18:00 EDT	700	700	320	0	320	0	320	0	320	0
19:00 EDT	700	700	320	0	320	0	320	0	320	0
20:00 EDT	700	700	320	0	320	0	320	0	320	0
21:00 EDT	700	700	320	0	320	0	320	0	320	0
22:00 EDT	700	675	320	0	320	0	320	0	320	0
23:00 EDT	700	700	320	0	320	0	320	0	320	0

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	674	1600	1400	1600	1400	1600	1384	1600	1198
01:00 EDT	1600	664	1600	898	1600	658	1600	476	1600	504
02:00 EDT	1600	374	1600	600	1600	600	1600	600	1600	600
03:00 EDT	1600	345	1600	600	1600	572	1600	558	1600	491
04:00 EDT	1600	571	1600	791	1600	901	1600	906	1600	906
05:00 EDT	1600	714	1600	833	1600	827	1600	821	1600	783
06:00 EDT	1600	667	1600	803	1600	686	1600	791	1600	681
07:00 EDT	1600	835	1600	583	1600	593	1600	589	1600	653
08:00 EDT	1600	1016	1600	897	1600	896	1600	1031	1600	1076
09:00 EDT	1600	1400	1600	1310	1600	1356	1600	1400	1600	1400
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1176	1600	1249	1600	1176	1600	1243
13:00 EDT	1600	1400	1600	1120	1600	949	1600	866	1600	774
14:00 EDT	1600	1400	1600	1074	1600	1255	1600	1400	1600	1322
15:00 EDT	1600	1332	1600	1021	1600	1097	1600	1061	1600	996
16:00 EDT	1600	1223	1600	1021	1600	1033	1600	1071	1600	1088
17:00 EDT	1600	982	1600	788	1600	649	1600	948	1600	649
18:00 EDT	1600	992	1600	453	1600	409	1600	454	1600	751
19:00 EDT	1600	935	1600	692	1600	969	1600	962	1600	962
20:00 EDT	1600	591	1600	736	1600	867	1600	877	1600	1102
21:00 EDT	1600	832	1600	877	1600	1102	1600	1142	1600	1214
22:00 EDT	1600	1107	1600	1181	1600	1124	1600	1123	1600	1299
23:00 EDT	1600	1332	1600	1217	1600	1327	1600	1329	1600	1328

NYISO-PJM

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	558	1050	599	1050	551	1050	552
17:00 EDT	1050	750	1050	617	1050	618	1050	621	1050	616
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	704	1050	704	1050	704	1050	701



20:00 EDT	1050	750	1050	694	1050	620	1050	692	1050	698
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4359	7550	5770	7550	5638	7550	5678	7550	5572
01:00 EDT	7550	4141	7550	4796	7550	4634	7550	4556	7550	4612
02:00 EDT	7550	3473	7550	4090	7550	4006	7550	4009	7550	3962
03:00 EDT	7550	2886	7550	3398	7550	3284	7550	3325	7550	3365
04:00 EDT	7550	3182	7550	4054	7550	4095	7550	4211	7550	4319
05:00 EDT	7550	3805	7550	4752	7550	4788	7550	4800	7550	4855
06:00 EDT	7550	3814	7550	4697	7550	4452	7550	4397	7550	4254
07:00 EDT	7550	3860	7550	4406	7550	4341	7550	4182	7550	4128
08:00 EDT	7550	4291	7550	4566	7550	4538	7550	4567	7550	4590
09:00 EDT	7550	4995	7550	5053	7550	4942	7550	4989	7550	4953
10:00 EDT	7550	5138	7550	5084	7550	5103	7550	5191	7550	5218
11:00 EDT	7550	5032	7550	5340	7550	5294	7550	5504	7550	5471
12:00 EDT	7550	4856	7550	5333	7550	5475	7550	5478	7550	5528
13:00 EDT	7550	4613	7550	5344	7550	5207	7550	5091	7550	5043
14:00 EDT	7550	4538	7550	5228	7550	5355	7550	5379	7550	5315
15:00 EDT	7550	3677	7550	4777	7550	4698	7550	4536	7550	4440
16:00 EDT	7550	3800	7550	4296	7550	4219	7550	4325	7550	4351
17:00 EDT	7550	3768	7550	4370	7550	4368	7550	4572	7550	4541
18:00 EDT	7550	3968	7550	4445	7550	4473	7550	4650	7550	4672
19:00 EDT	7550	4658	7550	5110	7550	5317	7550	5528	7550	5676
20:00 EDT	7550	4536	7550	5756	7550	5887	7550	5809	7550	5892
21:00 EDT	7550	5303	7550	5649	7550	5748	7550	5688	7550	5718
22:00 EDT	7550	5162	7550	5535	7550	5457	7550	5375	7550	5289
23:00 EDT	7550	5072	7550	4984	7550	4994	7550	4962	7550	4916

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	31	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0



	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	130	660	0	660	0	660	0	660	0
14:00 EDT	660	130	660	0	660	0	660	0	660	0
15:00 EDT	660	130	660	40	660	7	660	0	660	0
16:00 EDT	660	226	660	232	660	232	660	232	660	165
17:00 EDT	660	130	660	0	660	0	660	130	660	73
18:00 EDT	660	280	660	130	660	130	660	130	660	172
19:00 EDT	660	130	660	130	660	130	660	130	660	130
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	40	315	0	315	0	315	0	315	0
14:00 EDT	315	40	315	0	315	0	315	0	315	0
15:00 EDT	315	40	315	0	315	0	315	0	315	0
16:00 EDT	315	40	315	40	315	40	315	40	315	0
17:00 EDT	315	40	315	0	315	0	315	40	315	0
18:00 EDT	315	40	315	0	315	0	315	0	315	40
19:00 EDT	315	38	315	38	315	38	315	38	315	38
20:00 EDT	315	21	315	21	315	21	315	21	315	21
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	1937	4600	2139	4600	2030	4600	2045	4600	2089
01:00 EDT	4600	2169	4600	1925	4600	1976	4600	2097	4600	2155
02:00 EDT	4600	2014	4600	2231	4600	2170	4600	2173	4600	2146
03:00 EDT	4600	2337	4600	2417	4600	2397	4600	2435	4600	2473
04:00 EDT	4600	2360	4600	2541	4600	2603	4600	2563	4600	2521
05:00 EDT	4600	2280	4600	2563	4600	2496	4600	2482	4600	2423
06:00 EDT	4600	1927	4600	2188	4600	2183	4600	2086	4600	1923
07:00 EDT	4600	1453	4600	1749	4600	1708	4600	1614	4600	1362
08:00 EDT	4600	1139	4600	1496	4600	1376	4600	1272	4600	1228
09:00 EDT	4600	1134	4600	1351	4600	1276	4600	1172	4600	1100
10:00 EDT	4600	1019	4600	1230	4600	1214	4600	1226	4600	1184
11:00 EDT	4600	1061	4600	1141	4600	1254	4600	1282	4600	1362
12:00 EDT	4600	1316	4600	1314	4600	1422	4600	1569	4600	1700
13:00 EDT	4600	1380	4600	1664	4600	1668	4600	1701	4600	1735
14:00 EDT	4600	1578	4600	1699	4600	1777	4600	1508	4600	1751
15:00 EDT	4600	966	4600	1677	4600	1627	4600	1608	4600	1646
16:00 EDT	4600	944	4600	1302	4600	1424	4600	1467	4600	1590
17:00 EDT	4600	1021	4600	1745	4600	1792	4600	1611	4600	1820
18:00 EDT	4600	1414	4600	1829	4600	1847	4600	2090	4600	1516
19:00 EDT	4600	1946	4600	1713	4600	1754	4600	2163	4600	2093
20:00 EDT	4600	2274	4600	2368	4600	2386	4600	2425	4600	2240
21:00 EDT	4600	2649	4600	2181	4600	2178	4600	2305	4600	2261
22:00 EDT	4600	2009	4600	1983	4600	1983	4600	1966	4600	1672
23:00 EDT	4600	1734	4600	1425	4600	1571	4600	1676	4600	1810

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6705	2579	6615	3083	6615	3010	6615	3051	6615	3137

01:00 EDT	6705	2476	6615	2781	6615	2869	6615	3050	6615	3172
02:00 EDT	6705	2595	6615	3124	6615	3095	6615	3124	6615	3134
03:00 EDT	6705	3157	6615	3507	6615	3511	6615	3570	6615	3639
04:00 EDT	6705	3233	6615	3727	6615	3794	6985	4137	6985	4098
05:00 EDT	7075	3400	6985	4150	6985	4094	6985	4080	6985	4001
06:00 EDT	7075	2952	6985	3682	6985	3613	6985	3488	6985	3270
07:00 EDT	7075	2165	6985	3182	6985	3084	6985	2885	6985	2638
08:00 EDT	7075	2003	6985	2804	6985	2652	6985	2541	6985	2472
09:00 EDT	7075	1792	6985	2728	6985	2659	6985	2455	7030	2412
10:00 EDT	7075	1930	7075	2592	7075	2433	7075	2366	7075	2309
11:00 EDT	7075	1691	7075	2390	7075	2482	7075	2456	7075	2530
12:00 EDT	7075	1720	7075	2638	7075	2719	7075	2817	7075	2790
13:00 EDT	7075	1635	7075	2784	7075	2768	7075	2778	7075	2795
14:00 EDT	7075	1712	7075	2719	7075	2709	7075	2461	7075	2692
15:00 EDT	7075	1038	7075	2596	7075	2460	7075	2447	7075	2476
16:00 EDT	7075	819	7075	2073	7075	2187	7075	2175	7075	2262
17:00 EDT	7075	978	7075	2321	7075	2336	7075	2164	7075	2368
18:00 EDT	7075	1350	7075	2494	7075	2568	7075	2829	7075	2533
19:00 EDT	7075	2235	7075	2934	7030	3023	6985	3516	6985	3554
20:00 EDT	7075	2712	6985	3895	6985	3867	6985	3909	6985	3717
21:00 EDT	7075	3433	6985	3729	6985	3676	6985	3799	6985	3757
22:00 EDT	7075	3160	6985	3538	6985	3575	6985	3493	6985	3215
23:00 EDT	6705	2607	6985	3022	6985	3199	6615	2961	6615	3139

WEST CENTRAL

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Date: 07/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9868	9999	9835	9999	9899	9999	9899
02:00 EDT	9999	9899	9999	9899	9999	9889	9999	9899	9999	9899
03:00 EDT	9999	9641	9999	9801	9999	9787	9999	9780	9999	9894
04:00 EDT	9999	9674	9999	9899	9999	9891	9999	9899	9999	9823
05:00 EDT	9999	9589	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9376	9999	9699	9999	9734	9999	9562	9999	9566
07:00 EDT	9999	9269	9999	9593	9999	9623	9999	9566	9999	9547
08:00 EDT	9999	9521	9999	9857	9999	9747	9999	9703	9999	9704
09:00 EDT	9999	9833	9999	9838	9999	9899	9999	9899	9999	9837
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9890	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9639	9999	9673	9999	9678	9999	9648	9999	9782
16:00 EDT	9999	9850	9999	9786	9999	9702	9999	9772	9999	9847
17:00 EDT	9999	9673	9999	9899	9999	9859	9999	9899	9999	9899
18:00 EDT	9999	9646	9999	9597	9999	9616	9999	9795	9999	9862
19:00 EDT	9999	9867	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9828	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9864	9999	9865	9999	9899	9999	9899	9999	9872
22:00 EDT	9999	9899	9999	9899	9999	9835	9999	9787	9999	9853
23:00 EDT	9999	9899	9999	9614	9999	9642	9999	9653	9999	9761