

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	25	25	25	25	25	25	25	25	25	25
01:00 EDT	25	25	25	25	25	25	25	25	25	25
02:00 EDT	25	25	25	25	25	25	25	25	25	25
03:00 EDT	25	25	25	25	25	25	25	25	25	25
04:00 EDT	25	25	25	25	25	25	25	25	25	25
05:00 EDT	25	25	25	25	25	25	25	25	25	25
06:00 EDT	25	25	25	25	25	25	25	25	25	25
07:00 EDT	25	25	25	25	25	25	25	25	25	25
08:00 EDT	25	25	25	25	25	25	25	25	25	25
09:00 EDT	25	25	25	25	25	25	25	25	25	25
10:00 EDT	25	25	25	25	25	25	25	25	25	25
11:00 EDT	25	25	25	25	25	25	25	25	25	25
12:00 EDT	25	25	25	25	25	25	25	25	25	25
13:00 EDT	25	25	25	25	25	25	25	25	25	25
14:00 EDT	25	25	25	22	25	22	25	22	25	22
15:00 EDT	25	25	25	25	25	25	25	25	25	25
16:00 EDT	25	13	25	25	25	25	25	25	25	25
17:00 EDT	25	0	25	25	125	125	125	125	125	125
18:00 EDT	25	0	125	117	125	117	125	117	125	117
19:00 EDT	25	0	125	121	125	121	125	121	125	121
20:00 EDT	25	0	125	125	125	125	125	125	125	125
21:00 EDT	25	3	125	118	125	118	125	118	125	118
22:00 EDT	25	13	125	98	125	98	125	98	125	98
23:00 EDT	25	25	125	110	125	110	125	110	125	110

CEDARS-HQ

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	40	40	40	40	40	40	40	40	40
01:00 EDT	40	40	40	0	40	0	40	0	40	0
02:00 EDT	40	40	40	0	40	0	40	0	40	0
03:00 EDT	40	40	40	0	40	0	40	0	40	0
04:00 EDT	40	40	40	0	40	0	40	0	40	0
05:00 EDT	40	40	40	0	40	0	40	0	40	0

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	155	270	155	270	155	270	155	270	155
18:00 EDT	270	145	270	145	270	145	270	145	270	145
19:00 EDT	270	129	270	129	270	129	270	129	270	129
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	850	1200	1050	1200	1050	1200	1050	1200	1050
01:00 EDT	1500	850	1200	1200	1200	1200	1200	1200	1200	1200
02:00 EDT	1500	850	1200	983	1200	983	1200	983	1200	983
03:00 EDT	1500	850	1200	1083	1200	1083	1200	1083	1200	1083
04:00 EDT	1500	850	1200	916	1200	1016	1200	1016	1200	1016
05:00 EDT	1500	850	1200	1200	1200	1200	1200	1200	1200	1200
06:00 EDT	1500	1175	1200	1200	1200	1200	1200	1200	1200	1200
07:00 EDT	1500	1175	1200	1200	1200	1200	1200	1200	1200	1200
08:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200
09:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200
10:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200
11:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200
12:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200
13:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200
14:00 EDT	1500	1445	1200	1200	1200	1200	1200	1200	1200	1200
15:00 EDT	1500	1055	1200	1136	1200	1136	1200	1136	1200	1136
16:00 EDT	1500	649	1200	636	1200	546	1200	546	1200	546
17:00 EDT	1500	175	1200	27	1200	27	1200	27	1200	27
18:00 EDT	1500	175	1200	0	1200	0	1200	0	1200	0
19:00 EDT	1500	175	1200	3	1200	3	1200	3	1200	3
20:00 EDT	1500	875	1200	665	1200	665	1200	665	1200	665
21:00 EDT	1500	965	1200	1145	1200	1145	1200	1145	1200	1145
22:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200
23:00 EDT	1500	1355	1200	1200	1200	1200	1200	1200	1200	1200

IMO-NYISO

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	940	2000	757	2000	694	2000	698	2000	694
01:00 EDT	2000	812	2000	537	2000	535	2000	538	2000	538
02:00 EDT	2000	830	2000	340	2000	344	2000	344	2000	345
03:00 EDT	2000	836	2000	300	2000	305	2000	300	2000	300
04:00 EDT	2000	792	2000	363	2000	363	2000	363	2000	363
05:00 EDT	1950	729	1950	554	1950	653	1950	653	1950	653
06:00 EDT	1950	749	1950	295	1950	295	1950	300	1950	300
07:00 EDT	1950	822	1950	592	1950	593	1950	588	1950	588
08:00 EDT	1950	964	1950	743	1950	743	1950	747	1950	745
09:00 EDT	1950	1163	1950	986	1950	985	1950	984	1950	983
10:00 EDT	1950	1250	1950	1217	1950	1219	1950	1221	1950	1218
11:00 EDT	1950	1446	1950	1366	1950	1364	1950	1364	1950	1367

12:00 EDT	1950	1650	1950	1572	1950	1573	1950	1575	1950	1573
13:00 EDT	1950	1650	1950	1650	1950	1650	1950	1650	1950	1650
14:00 EDT	1950	1650	1950	1449	1950	1449	1950	1449	1950	1447
15:00 EDT	1950	1650	1950	1144	1950	1151	1950	1148	1950	1150
16:00 EDT	2000	1700	1950	1303	2000	1355	2000	1356	2000	1350
17:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
18:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
19:00 EDT	2000	1700	2000	1626	2000	1621	2000	1623	2000	1625
20:00 EDT	2000	1700	2000	1171	2000	1173	2000	1169	2000	1169
21:00 EDT	2000	1700	2000	1154	2000	1154	2000	1154	2000	1154
22:00 EDT	2000	1313	2000	958	2000	958	2000	958	2000	958
23:00 EDT	2000	964	2000	634	2000	634	2000	634	2000	634

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	800	600	800	212	800	400	800	541	800	442
01:00 EDT	800	600	800	313	800	467	800	543	800	467
02:00 EDT	800	600	800	494	800	548	800	504	800	492
03:00 EDT	800	600	800	503	800	376	800	423	800	448
04:00 EDT	800	600	800	460	800	444	800	230	800	263
05:00 EDT	800	600	800	561	800	585	800	543	800	567
06:00 EDT	800	600	800	600	800	600	800	600	800	600
07:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
08:00 EDT	1000	800	1000	800	1000	772	1000	789	1000	726
09:00 EDT	1000	514	1000	610	1000	485	1000	364	1000	62
10:00 EDT	1000	325	1000	83	1000	0	1000	40	1000	248
11:00 EDT	1000	294	1000	498	1000	649	1000	635	1000	337
12:00 EDT	1000	396	1000	152	1000	129	1000	162	1000	177
13:00 EDT	1000	761	1000	274	1000	376	1000	341	1000	237
14:00 EDT	1000	800	1000	100	1000	264	1000	236	1000	320
15:00 EDT	1000	800	1000	620	1000	458	1000	373	1000	399
16:00 EDT	1000	800	1000	437	1000	315	1000	439	1000	421
17:00 EDT	1000	800	1000	715	1000	581	1400	966	1400	950
18:00 EDT	1000	800	1400	1035	1400	1187	1400	1173	1400	1196
19:00 EDT	1000	800	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1000	800	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1000	800	1400	1200	1400	1200	1400	1200	1400	1113
22:00 EDT	1000	800	1400	1064	1400	1200	1400	1200	1400	957
23:00 EDT	800	600	1400	655	1400	714	1400	642	1400	669

MOSES SOUTH

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2117	3150	2604	3150	2592	3150	2640	3150	2722
01:00 EDT	3150	2090	3150	3050	3150	3050	3150	3010	3150	3007
02:00 EDT	3150	2119	3150	2583	3150	2574	3150	2567	3150	2565
03:00 EDT	3150	2118	3150	2669	3150	2663	3150	2576	3150	2529
04:00 EDT	3150	2139	3150	2348	3150	2444	3150	2481	3150	2468
05:00 EDT	3150	2075	3150	2723	3150	2711	3150	2760	3150	2755
06:00 EDT	3150	2411	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	2381	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3150	2668	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	2654	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	2616	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	2575	3150	2970	3150	2966	3150	3004	3150	3013
12:00 EDT	3150	2457	3150	2864	3150	2872	3150	2880	3150	2940
13:00 EDT	3150	2411	3150	2850	3150	2830	3150	2835	3150	2828

14:00 EDT	3150	2547	3150	2884	3150	2886	3150	2874	3150	2863
15:00 EDT	3150	2135	3150	2461	3150	2500	3150	2492	3150	2389
16:00 EDT	3150	1763	3150	1940	3150	1883	3150	1883	3150	1941
17:00 EDT	3150	1109	3150	1289	3150	1287	3150	1392	3150	1303
18:00 EDT	3150	1153	3150	1337	3150	1243	3150	1249	3150	1217
19:00 EDT	3150	1216	3150	1216	3150	1289	3150	1332	3150	1276
20:00 EDT	3150	1985	3150	2072	3150	1912	3150	1844	3150	1694
21:00 EDT	3150	2008	3150	2180	3150	2317	3150	2278	3150	2298
22:00 EDT	3150	2418	3150	2616	3150	2689	3150	2682	3150	2729
23:00 EDT	3150	2533	3150	3050	3150	3050	3150	3050	3150	3050

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	25	5	25	5	25	5	25	5	25	5
01:00 EDT	25	15	25	15	25	15	25	15	25	15
02:00 EDT	25	15	25	15	25	15	25	15	25	15
03:00 EDT	25	25	25	25	25	25	25	25	25	25
04:00 EDT	25	25	25	25	25	25	25	25	25	25
05:00 EDT	25	25	25	22	25	22	25	22	25	22
06:00 EDT	25	25	25	22	25	22	25	22	25	22
07:00 EDT	25	15	25	15	25	15	25	15	25	15
08:00 EDT	25	0	25	3	25	3	25	3	25	3
09:00 EDT	25	5	25	8	25	8	25	8	25	8
10:00 EDT	25	0	25	0	25	0	25	0	25	0
11:00 EDT	25	0	25	0	25	0	25	0	25	0
12:00 EDT	25	0	25	0	25	0	25	0	25	0
13:00 EDT	25	0	25	0	25	0	25	0	25	0
14:00 EDT	25	0	25	25	25	25	25	25	25	25
15:00 EDT	25	0	25	0	25	0	25	0	25	0
16:00 EDT	25	25	25	19	25	19	25	19	25	19
17:00 EDT	25	25	25	13	125	113	125	113	125	113
18:00 EDT	25	25	125	125	125	125	125	125	125	125
19:00 EDT	25	25	125	125	125	125	125	125	125	125
20:00 EDT	25	25	125	116	125	116	125	116	125	116
21:00 EDT	25	25	125	125	125	125	125	125	125	125
22:00 EDT	25	25	125	125	125	125	125	125	125	125
23:00 EDT	25	25	125	125	125	125	125	125	125	125

NPX-CSC

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	700	680	680	680	680	680	680	680	680
01:00 EDT	700	700	680	430	680	430	680	430	680	430
02:00 EDT	700	700	680	680	680	680	680	680	680	680
03:00 EDT	700	700	680	680	680	680	680	680	680	680
04:00 EDT	700	700	680	680	680	680	680	680	680	680
05:00 EDT	700	700	680	664	680	664	680	664	680	664
06:00 EDT	700	700	680	188	680	188	680	188	680	188
07:00 EDT	700	700	680	0	680	0	680	0	680	0
08:00 EDT	700	700	680	0	680	0	680	0	680	0
09:00 EDT	700	700	680	218	680	218	680	218	680	218
10:00 EDT	700	700	680	218	680	218	680	218	680	218
11:00 EDT	700	700	680	317	680	317	680	317	680	317
12:00 EDT	700	700	680	418	680	418	680	418	680	418
13:00 EDT	700	700	680	418	680	418	680	418	680	418
14:00 EDT	700	700	680	328	680	328	680	328	680	328
15:00 EDT	700	700	680	680	680	680	680	680	680	680
16:00 EDT	700	700	680	680	680	680	680	680	680	680
17:00 EDT	700	700	680	680	680	680	680	680	680	680
18:00 EDT	700	700	680	680	680	680	680	680	680	680
19:00 EDT	700	700	680	680	680	680	680	680	680	680
20:00 EDT	700	700	680	680	680	680	680	680	680	680
21:00 EDT	700	700	680	680	680	680	680	680	680	680
22:00 EDT	700	700	680	363	680	363	680	363	680	363
23:00 EDT	700	700	680	18	680	18	680	18	680	18

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
06:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
07:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
08:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
09:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
10:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
11:00 EDT	1400	1100	1400	1100	1400	1100	1400	1100	1400	1100
12:00 EDT	1400	981	1400	1100	1400	1100	1400	1100	1400	1100
13:00 EDT	1400	881	1400	893	1400	893	1400	893	1400	893
14:00 EDT	1400	909	1400	1100	1400	1100	1400	1100	1400	1100
15:00 EDT	1400	898	1400	1100	1400	1100	1400	1100	1400	1100
16:00 EDT	1600	939	1400	1100	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	930	1600	1191	1600	1190	1600	1190	1600	1191

18:00 EDT	1600	940	1600	1164	1600	1162	1600	1160	1600	1168
19:00 EDT	1600	935	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	960	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1062	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	600	103	600	400	600	400	600	400	600	400
01:00 EDT	600	0	600	400	600	400	600	400	600	400
02:00 EDT	600	0	600	400	600	400	600	400	600	400
03:00 EDT	600	0	600	400	600	400	600	400	600	400
04:00 EDT	600	0	600	400	600	400	600	400	600	400
05:00 EDT	600	0	600	400	600	400	600	400	600	400
06:00 EDT	600	0	600	215	600	209	600	294	600	0
07:00 EDT	1300	738	1300	883	650	0	650	0	650	0
08:00 EDT	1300	990	1300	869	1300	1100	1300	1100	1300	1100
09:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
10:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
11:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
12:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
13:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
14:00 EDT	1300	1018	1300	1100	1300	1100	1300	1100	1300	1100
15:00 EDT	1300	843	1300	1100	1300	1100	1300	1100	1300	1100
16:00 EDT	1300	1090	1300	1100	1300	1100	1300	1100	1300	1100
17:00 EDT	1300	713	1100	900	1300	1100	1600	1400	1600	1400
18:00 EDT	1300	647	1600	1400	1600	1400	1600	1400	1600	1400
19:00 EDT	1300	645	1600	1107	1600	1166	1600	1212	1600	1208
20:00 EDT	1300	481	1600	906	1600	768	1600	939	1600	1002
21:00 EDT	1300	508	1600	1209	1600	1240	1600	1382	1600	1400
22:00 EDT	1300	779	1600	1400	1600	1241	1600	1399	1600	1400
23:00 EDT	600	120	1600	1400	1600	1400	1600	1400	1600	1400

NYISO-PJM

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 06/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4310	7550	5200	7550	5044	7550	4929	7550	5009
01:00 EDT	7550	4311	7550	4970	7550	4927	7550	4848	7550	4977
02:00 EDT	7550	4219	7550	4405	7550	4212	7550	4288	7550	4256
03:00 EDT	7550	4441	7550	4469	7550	4415	7550	4366	7550	4364
04:00 EDT	7550	4519	7550	4191	7550	4272	7550	4517	7550	4546
05:00 EDT	7550	4552	7550	4825	7550	4821	7550	4862	7550	4857
06:00 EDT	7550	4177	7550	4914	7550	4879	7550	4852	7550	4761
07:00 EDT	7550	3988	7550	4998	7550	4868	7550	4761	7550	4649
08:00 EDT	7550	4279	7550	4827	7550	4806	7550	4767	7550	4747
09:00 EDT	7550	4524	7550	4889	7550	4892	7550	4862	7550	5024
10:00 EDT	7550	4835	7550	4979	7550	5046	7550	5057	7550	5063
11:00 EDT	7550	5191	7550	5088	7550	5140	7550	5155	7550	5281
12:00 EDT	7550	5487	7550	5480	7550	5565	7550	5670	7550	5609
13:00 EDT	7550	5789	7550	6099	7550	6013	7550	6016	7550	6206
14:00 EDT	7550	5745	7550	5925	7550	5919	7550	5882	7550	5958
15:00 EDT	7550	5035	7550	5411	7550	5435	7550	5377	7550	5276
16:00 EDT	7550	4810	7550	5008	7550	4848	7550	4831	7550	4900
17:00 EDT	7550	4273	7550	4879	7550	5059	7550	4889	7550	4875
18:00 EDT	7550	4443	7550	4898	7550	4923	7550	4830	7550	4807
19:00 EDT	7550	4587	7550	4618	7550	4667	7550	4585	7550	4626
20:00 EDT	7550	4876	7550	4476	7550	4340	7550	4461	7550	4422
21:00 EDT	7550	5348	7550	4954	7550	5010	7550	5189	7550	5172
22:00 EDT	7550	5583	7550	5639	7550	5487	7550	5454	7550	5600
23:00 EDT	7550	5355	7550	6261	7550	6148	7550	6100	7550	6003

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	310	660	310	660	310
03:00 EDT	660	0	660	310	660	310	660	310	660	310
04:00 EDT	660	0	660	310	660	310	660	310	660	310
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	160	660	160	660	160	660	160	660	160
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	160	660	160	660	160	660	160	660	160
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	160	660	0	660	0	660	0	660	9
23:00 EDT	660	160	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	40	315	0	315	0	315	0	315	0
15:00 EDT	315	28	315	39	315	39	315	39	315	28
16:00 EDT	315	10	315	10	315	10	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	7	315	0	315	7	315	7	315	7
19:00 EDT	315	15	315	15	315	15	315	15	315	15
20:00 EDT	315	46	315	46	315	46	315	46	315	46
21:00 EDT	315	49	315	90	315	90	315	90	315	90
22:00 EDT	315	40	315	40	315	40	315	40	315	40
23:00 EDT	315	40	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2363	4600	1785	4600	1960	4600	1913	4600	1859
01:00 EDT	4600	2484	4600	2204	4600	2231	4600	2122	4600	2191
02:00 EDT	4600	2603	4600	2228	4600	1971	4600	1977	4600	1985
03:00 EDT	4600	2686	4600	2105	4600	1978	4600	1965	4600	1987
04:00 EDT	4600	2683	4600	2028	4600	2103	4600	2138	4600	2062
05:00 EDT	4600	2573	4600	2440	4600	2416	4600	2346	4600	2305
06:00 EDT	4600	2002	4600	2104	4600	2066	4600	2029	4600	2093
07:00 EDT	4600	1675	4600	1995	4600	1878	4600	1783	4600	1735
08:00 EDT	4600	1423	4600	1573	4600	1418	4600	1349	4600	1359
09:00 EDT	4600	1098	4600	1314	4600	1285	4600	1205	4600	1145
10:00 EDT	4600	1294	4600	1077	4600	1069	4600	1063	4600	1014
11:00 EDT	4600	1342	4600	1151	4600	1225	4600	1257	4600	1122
12:00 EDT	4600	1705	4600	1098	4600	1049	4600	1159	4600	1228
13:00 EDT	4600	1947	4600	1435	4600	1531	4600	1456	4600	1436
14:00 EDT	4600	2178	4600	1387	4600	1582	4600	1732	4600	1610
15:00 EDT	4600	1867	4600	1527	4600	1568	4600	1570	4600	1527
16:00 EDT	4600	1813	4600	1605	4600	1571	4600	1669	4600	1720
17:00 EDT	4600	1655	4600	1876	4600	1749	4600	1708	4600	1870
18:00 EDT	4600	2194	4600	2032	4600	1982	4600	1749	4600	2000
19:00 EDT	4600	2176	4600	1950	4600	1773	4600	1834	4600	1838
20:00 EDT	4600	2672	4600	2051	4600	2061	4600	2058	4600	2020
21:00 EDT	4600	3012	4600	2267	4600	2379	4600	2441	4600	2178
22:00 EDT	4600	2362	4600	2503	4600	2526	4600	2236	4600	1978
23:00 EDT	4600	2269	4600	2398	4600	2361	4600	2226	4600	2151

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6125	1888	6405	2187	6035	1851	6035	1809	6035	1793

01:00 EDT	6125	2229	6035	1919	6035	2023	6035	1983	6035	2083
02:00 EDT	6125	2511	6035	2144	6035	1945	6035	2015	6035	2060
03:00 EDT	6125	2701	6035	2219	6035	2118	6035	2134	6035	2188
04:00 EDT	6125	2856	6035	2274	6035	2370	6035	2419	6035	2334
05:00 EDT	6125	2743	6035	2666	6035	2648	6035	2568	6035	2535
06:00 EDT	6125	2098	6035	2436	6035	2389	6035	2336	6035	2389
07:00 EDT	6125	1307	6035	2407	6035	2264	6035	2101	6035	2013
08:00 EDT	6125	1092	6035	1895	6035	1645	6125	1641	6125	1504
09:00 EDT	6125	756	6125	1415	6125	1321	6125	1140	6125	1034
10:00 EDT	6125	769	6125	946	6125	920	6125	898	6125	960
11:00 EDT	6125	1217	6125	1241	6125	1349	6495	1726	6715	1711
12:00 EDT	6495	1614	6715	1637	6715	1537	6715	1645	6715	1647
13:00 EDT	6715	2024	6715	1926	6715	1960	6715	1974	6715	1865
14:00 EDT	6715	2028	6715	1784	6715	1925	6715	2017	6715	1872
15:00 EDT	6715	1491	6715	1811	6715	1848	6715	1801	6715	1669
16:00 EDT	6715	1111	6715	1744	6715	1613	6715	1663	6715	1649
17:00 EDT	6715	952	6715	1854	6715	1773	6715	1682	6715	1793
18:00 EDT	6715	1425	6715	2067	6715	2065	6715	1862	6715	2031
19:00 EDT	6715	1635	6715	2092	6715	1981	6715	2009	6715	2108
20:00 EDT	6715	2366	6625	2222	6625	2301	6625	2277	6625	2224
21:00 EDT	6715	3017	6625	2541	6625	2692	6625	2887	6625	2696
22:00 EDT	6715	2758	6625	2998	6625	3092	6625	2803	6625	2608
23:00 EDT	7075	3198	6625	3058	6625	3075	6405	2746	6405	2639

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9899	9999	9879	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9702	9999	9660	9999	9635	9999	9797
02:00 EDT	9999	9899	9999	9597	9999	9561	9999	9540	9999	9590
03:00 EDT	9999	9899	9999	9590	9999	9554	9999	9604	9999	9684
04:00 EDT	9999	9899	9999	9757	9999	9767	9999	9724	9999	9765
05:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9872
06:00 EDT	9999	9728	9999	9389	9999	9384	9999	9603	9999	9699
07:00 EDT	9999	9522	9999	9559	9999	9480	9999	9505	9999	9610
08:00 EDT	9999	9536	9999	9809	9999	9859	9999	9675	9999	9634
09:00 EDT	9999	9856	9999	9899	9999	9899	9999	9833	9999	9737
10:00 EDT	9999	9899	9999	9666	9999	9738	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9626	9999	9568	9999	9664	9999	9855
21:00 EDT	9999	9899	9999	9782	9999	9744	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899