

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

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Date: 06/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	110	125	106	125	106	125	106	125	106
03:00 EDT	125	35	125	78	125	78	125	78	125	78
04:00 EDT	125	35	125	60	125	60	125	60	125	60
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	110	125	110	125	110	125	110	125	110
07:00 EDT	125	125	125	125	125	125	125	125	125	125
08:00 EDT	125	125	125	125	125	125	125	125	125	125
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	92	125	125	125	125	125	125	125	125
13:00 EDT	125	92	125	125	125	125	125	125	125	125
14:00 EDT	125	92	125	125	125	125	125	125	125	125
15:00 EDT	125	92	125	125	125	125	125	125	125	125
16:00 EDT	125	92	125	92	125	92	125	92	125	92
17:00 EDT	125	90	125	93	125	93	125	93	125	93
18:00 EDT	125	70	125	70	125	70	125	70	125	70
19:00 EDT	125	5	125	5	125	5	125	5	125	5
20:00 EDT	125	45	125	70	125	70	125	70	125	70
21:00 EDT	125	70	125	88	125	88	125	88	125	88
22:00 EDT	125	63	125	70	125	70	125	70	125	70
23:00 EDT	125	120	125	95	125	95	125	95	125	95

CEDARS-HQ

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Date: 06/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	40	0	40	0	40	0	40	0	40	0
01:00 EDT	40	0	40	0	40	0	40	0	40	0
02:00 EDT	40	40	40	40	40	40	40	40	40	40
03:00 EDT	40	40	40	40	40	40	40	40	40	40
04:00 EDT	40	40	40	40	40	40	40	40	40	40
05:00 EDT	40	0	40	0	40	0	40	0	40	0

10:00 EDT	270	270	220	220	220	220	220	220	220	220
11:00 EDT	270	270	220	220	220	220	220	220	220	220
12:00 EDT	270	270	220	220	220	220	220	220	220	220
13:00 EDT	270	270	220	220	220	220	220	220	220	220
14:00 EDT	270	270	220	220	220	220	220	220	220	220
15:00 EDT	270	270	220	220	220	220	220	220	220	220
16:00 EDT	270	270	220	220	220	220	220	220	220	220
17:00 EDT	270	270	220	220	220	220	220	220	220	220
18:00 EDT	270	270	220	220	220	220	220	220	220	220
19:00 EDT	270	270	220	220	220	220	220	220	220	220
20:00 EDT	270	270	220	220	220	220	220	220	220	220
21:00 EDT	270	270	220	220	220	220	220	220	220	220
22:00 EDT	270	270	220	220	220	220	220	220	220	220
23:00 EDT	270	270	220	220	220	220	220	220	220	220

HQ-NYISO

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Date: 06/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
01:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
02:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
03:00 EDT	1100	975	1000	1000	1000	1000	1000	1000	1000	1000
04:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
05:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
06:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
07:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
08:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
09:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
10:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
11:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
12:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
13:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
14:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
15:00 EDT	1100	850	1000	1000	1000	1000	1000	1000	1000	1000
16:00 EDT	1100	743	1000	1000	1000	1000	1000	1000	1000	1000
17:00 EDT	1100	611	1000	912	1000	912	1000	912	1000	912
18:00 EDT	1100	584	1000	885	1000	885	1000	885	1000	885
19:00 EDT	1100	515	1000	816	1000	816	1000	816	1000	816
20:00 EDT	1100	862	1000	1000	1000	1000	1000	1000	1000	1000
21:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
22:00 EDT	1100	1100	1000	1000	1000	1000	1000	1000	1000	1000
23:00 EDT	1100	1075	1000	1000	1000	1000	1000	1000	1000	1000

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	461	2000	658	2000	658	2000	658	2000	662
01:00 EDT	2000	477	2000	838	2000	841	2000	843	2000	838
02:00 EDT	2000	517	2000	543	2000	545	2000	541	2000	545
03:00 EDT	2000	509	2000	425	2000	425	2000	425	2000	427
04:00 EDT	2000	384	2000	488	2000	488	2000	488	2000	488
05:00 EDT	2000	378	2000	586	2000	591	2000	586	2000	586
06:00 EDT	2000	449	2000	514	2000	507	2000	515	2000	516
07:00 EDT	2000	732	2000	628	2000	625	2000	629	2000	627
08:00 EDT	2000	531	2000	546	2000	546	2000	546	2000	546
09:00 EDT	2000	656	2000	446	2000	446	2000	446	2000	446
10:00 EDT	2000	681	2000	679	2000	679	2000	679	2000	679
11:00 EDT	2000	706	2000	526	2000	521	2000	525	2000	516

12:00 EDT	2000	681	2000	453	2000	455	2000	453	2000	454
13:00 EDT	2000	633	2000	194	2000	197	2000	196	2000	198
14:00 EDT	2000	688	2000	436	2000	433	2000	432	2000	436
15:00 EDT	2000	871	2000	815	2000	817	2000	819	2000	820
16:00 EDT	2000	1405	2000	1130	2000	1129	2000	1130	2000	1130
17:00 EDT	2000	1644	2000	1186	2000	1189	2000	1188	2000	1190
18:00 EDT	2000	1656	2000	1105	2000	1102	2000	1105	2000	1102
19:00 EDT	2000	1389	2000	1482	2000	1288	2000	1283	2000	1285
20:00 EDT	2000	1528	2000	1475	2000	1521	2000	1521	2000	1519
21:00 EDT	2000	1125	2000	954	2000	951	2000	952	2000	953
22:00 EDT	2000	650	2000	468	2000	468	2000	470	2000	468
23:00 EDT	2000	549	2000	736	2000	737	2000	742	2000	740

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1078
10:00 EDT	1400	1200	1400	1083	1400	1083	1400	1084	1400	1083
11:00 EDT	1400	1200	1400	954	1400	953	1400	954	1400	954
12:00 EDT	1400	1200	1400	1032	1400	1032	1400	1015	1400	1045
13:00 EDT	1400	1200	1400	1146	1400	1147	1400	1146	1400	1146
14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1117	917
18:00 EDT	1400	1200	1106	906	1059	859	1029	829	1028	828
19:00 EDT	1400	1200	617	417	1010	810	747	547	975	775
20:00 EDT	1400	1200	1154	954	1241	1041	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1174	974	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
01:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
02:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
03:00 EDT	3150	2625	3150	3050	3150	3050	3150	3050	3150	3050
04:00 EDT	3150	2701	3150	3050	3150	3050	3150	3050	3150	3050
05:00 EDT	3150	3050	3150	3050	3150	3050	3150	3050	3150	3050
06:00 EDT	3150	2911	3150	3050	3150	3050	3150	3050	3150	3050
07:00 EDT	3150	2956	3150	3050	3150	3050	3150	3050	3150	3050
08:00 EDT	3150	3001	3150	3050	3150	3050	3150	3050	3150	3050
09:00 EDT	3150	2935	3150	3050	3150	3050	3150	3050	3150	3050
10:00 EDT	3150	2885	3150	3050	3150	3050	3150	3050	3150	3050
11:00 EDT	3150	2805	3150	3050	3150	3050	3150	3050	3150	3050
12:00 EDT	3150	2810	3150	3050	3150	3050	3150	3050	3150	3050
13:00 EDT	3150	2763	3150	3050	3150	3050	3150	3050	3150	3050

14:00 EDT	3150	2475	3150	3050	3150	3021	3150	3046	3150	2896
15:00 EDT	3150	2114	3150	2727	3150	2691	3150	2757	3150	2776
16:00 EDT	3150	2048	3150	2655	3150	2688	3150	2757	3150	2808
17:00 EDT	3150	1909	3150	2653	3150	2727	3150	2721	3150	2816
18:00 EDT	3150	1867	3150	2750	3150	2799	3150	2753	3150	2762
19:00 EDT	3150	1791	3150	2766	3150	2798	3150	2885	3150	2942
20:00 EDT	3150	2131	3150	3050	3150	3045	3150	3050	3150	3050
21:00 EDT	3150	2799	3150	3050	3150	3050	3150	3050	3150	3050
22:00 EDT	3150	2742	3150	3050	3150	3050	3150	3050	3150	3050
23:00 EDT	3150	2398	3150	3050	3150	3050	3150	3050	3150	3050

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	100	125	82	125	82	125	82	125	82
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02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	100	125	100	125	100	125	100	125	100
08:00 EDT	125	75	125	50	125	50	125	50	125	50
09:00 EDT	125	75	125	94	125	94	125	94	125	94
10:00 EDT	125	100	125	119	125	119	125	119	125	119
11:00 EDT	125	100	125	101	125	101	125	101	125	101
12:00 EDT	125	125	125	101	125	101	125	101	125	101
13:00 EDT	125	125	125	84	125	84	125	84	125	84
14:00 EDT	125	125	125	87	125	87	125	87	125	87
15:00 EDT	125	125	125	121	125	121	125	121	125	121
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	125	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	125	125	125	125	125	125	125	125	125

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	225	330	150	330	150	330	150	330	150
21:00 EDT	330	224	330	150	330	150	330	150	330	150
22:00 EDT	330	150	330	150	330	150	330	150	330	150
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	645	980	247	980	247	980	247	980	247
01:00 EDT	1000	645	980	247	980	247	980	247	980	247
02:00 EDT	1000	675	980	248	980	248	980	248	980	248
03:00 EDT	1000	1000	980	329	980	329	980	329	980	329
04:00 EDT	1000	1000	980	303	980	303	980	303	980	303
05:00 EDT	1000	605	980	248	980	248	980	248	980	248
06:00 EDT	1000	605	980	248	980	248	980	248	980	248
07:00 EDT	1000	605	980	248	980	248	980	248	980	248
08:00 EDT	1000	605	980	248	980	248	980	248	980	248
09:00 EDT	1000	645	980	48	980	48	980	48	980	48
10:00 EDT	1000	645	980	209	980	209	980	209	980	209
11:00 EDT	1000	645	980	248	980	248	980	248	980	248
12:00 EDT	1000	645	980	48	980	48	980	48	980	48
13:00 EDT	1000	645	980	248	980	248	980	248	980	248
14:00 EDT	1000	897	980	436	980	436	980	436	980	436
15:00 EDT	1000	1000	980	780	980	780	980	780	980	780
16:00 EDT	1000	1000	980	900	980	900	980	900	980	900
17:00 EDT	1000	1000	980	980	980	980	980	980	980	980
18:00 EDT	1000	1000	980	980	980	980	980	980	980	980
19:00 EDT	1000	1000	980	980	980	980	980	980	980	980
20:00 EDT	1000	1000	980	817	980	817	980	817	980	817
21:00 EDT	1000	605	980	184	980	184	980	184	980	184
22:00 EDT	1000	645	980	248	980	248	980	248	980	248
23:00 EDT	1000	1000	980	248	980	248	980	248	980	248

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	314	1600	854	1600	624	1600	624	1600	661
01:00 EDT	1600	407	1600	962	1600	1062	1600	1173	1600	1153
02:00 EDT	1600	3	1600	853	1600	853	1600	853	1600	853
03:00 EDT	1600	0	1600	1014	1600	1014	1600	1014	1600	1014
04:00 EDT	1600	0	1600	995	1600	1018	1600	1018	1600	1052
05:00 EDT	1600	295	1600	884	1600	966	1600	997	1600	973
06:00 EDT	1600	275	1600	851	1600	801	1600	858	1600	1026
07:00 EDT	1600	265	1600	727	1600	787	1600	912	1600	934
08:00 EDT	1600	255	1600	779	1600	779	1600	802	1600	836
09:00 EDT	1600	600	1600	976	1600	924	1600	1221	1600	1400
10:00 EDT	1600	558	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	585	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	628	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	675	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	751	1600	1258	1600	1356	1600	1155	1600	910
15:00 EDT	1600	1029	1600	1146	1600	1280	1600	1159	1600	1036
16:00 EDT	1600	773	1600	996	1600	774	1600	750	1600	696
17:00 EDT	1600	276	1600	394	1600	459	1600	399	1600	222
18:00 EDT	1600	0	1600	247	1600	312	1600	249	1600	376
19:00 EDT	1600	0	1600	326	1600	405	1600	312	1600	167
20:00 EDT	1600	0	1600	464	1600	284	1600	508	1600	773
21:00 EDT	1600	0	1600	699	1600	496	1600	405	1600	644
22:00 EDT	1600	25	1600	575	1600	479	1600	341	1600	403
23:00 EDT	1600	71	1600	143	1600	118	1600	102	1600	301

NYISO-PJM

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Date: 06/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	675	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	715	1050	714	1050	714	1050	713
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	741
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	723	1050	729	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	671	1050	703
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	712
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 06/19/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4560	7550	5808	7550	5737	7550	5614	7550	5762
01:00 EDT	7550	4885	7550	6591	7550	6325	7550	6368	7550	6496
02:00 EDT	7550	4476	7550	5813	7550	5834	7550	5888	7550	5773
03:00 EDT	7550	4092	7550	5906	7550	5789	7550	5603	7550	5415
04:00 EDT	7550	4305	7550	6052	7550	5940	7550	5925	7550	5884
05:00 EDT	7550	4438	7550	5800	7550	5855	7550	5827	7550	5730
06:00 EDT	7550	4625	7550	5748	7550	5669	7550	5612	7550	5593
07:00 EDT	7550	4484	7550	5393	7550	5372	7550	5407	7550	5330
08:00 EDT	7550	4227	7550	5136	7550	5105	7550	5008	7550	5111
09:00 EDT	7550	4218	7550	5185	7550	5131	7550	5241	7550	5342
10:00 EDT	7550	4270	7550	5480	7550	5610	7550	5378	7550	5299
11:00 EDT	7550	4138	7550	5045	7550	5022	7550	4910	7550	4923
12:00 EDT	7550	4097	7550	5601	7550	5507	7550	5384	7550	5083
13:00 EDT	7550	3934	7550	4969	7550	4766	7550	4535	7550	4578
14:00 EDT	7550	3640	7550	4372	7550	4245	7550	4219	7550	3999
15:00 EDT	7550	3178	7550	4020	7550	3895	7550	3901	7550	3945
16:00 EDT	7550	3021	7550	3934	7550	3951	7550	3979	7550	4074
17:00 EDT	7550	3093	7550	3599	7550	3936	7550	4038	7550	3856
18:00 EDT	7550	3209	7550	3777	7550	3950	7550	3854	7550	4204
19:00 EDT	7550	3636	7550	4554	7550	4843	7550	4710	7550	4540
20:00 EDT	7550	4089	7550	5141	7550	5120	7550	5303	7550	5262
21:00 EDT	7550	4655	7550	5257	7550	5284	7550	5264	7550	5138
22:00 EDT	7550	4567	7550	4879	7550	4899	7550	4581	7550	4649
23:00 EDT	7550	4208	7550	4494	7550	4621	7550	4749	7550	4700

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	377	660	227	660	227	660	227	660	227
01:00 EDT	660	360	660	60	660	210	660	60	660	60
02:00 EDT	660	330	660	30	660	30	660	30	660	180
03:00 EDT	660	430	660	99	660	130	660	130	660	279
04:00 EDT	660	430	660	130	660	130	660	130	660	130
05:00 EDT	660	430	660	280	660	280	660	280	660	280
06:00 EDT	660	430	660	280	660	280	660	280	660	280
07:00 EDT	660	130	660	130	660	130	660	130	660	130
08:00 EDT	660	130	660	130	660	130	660	130	660	130
09:00 EDT	660	130	660	130	660	130	660	130	660	130
10:00 EDT	660	130	660	130	660	0	660	0	660	0
11:00 EDT	660	280	660	130	660	130	660	130	660	130
12:00 EDT	660	130	660	0	660	0	660	0	660	22
13:00 EDT	660	280	660	130	660	130	660	130	660	130
14:00 EDT	660	280	660	280	660	280	660	280	660	280
15:00 EDT	660	280	660	280	660	280	660	280	660	280
16:00 EDT	660	280	660	280	660	280	660	280	660	280
17:00 EDT	660	130	660	130	660	130	660	130	660	130
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	130	660	0	660	0	660	130	660	130
22:00 EDT	660	45	660	0	660	40	660	41	660	41
23:00 EDT	660	130	660	0	660	0	660	0	660	130

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	40	315	0	315	0	315	0	315	0
11:00 EDT	315	40	315	0	315	0	315	0	315	0
12:00 EDT	315	40	315	0	315	0	315	0	315	0
13:00 EDT	315	63	315	63	315	63	315	63	315	63
14:00 EDT	315	40	315	40	315	40	315	40	315	40
15:00 EDT	315	40	315	42	315	42	315	42	315	42
16:00 EDT	315	90	315	60	315	60	315	60	315	60
17:00 EDT	315	40	315	40	315	40	315	40	315	40
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	2	315	0	315	0	315	2	315	2
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2805	4600	3336	4600	3499	4600	3355	4600	3357
01:00 EDT	4600	2828	4600	3726	4600	3504	4600	3403	4600	3420
02:00 EDT	4600	2895	4600	3519	4600	3510	4600	3482	4600	3375
03:00 EDT	4600	2973	4600	3577	4600	3527	4600	3440	4600	3260
04:00 EDT	4600	2857	4600	3436	4600	3361	4600	3378	4600	3285
05:00 EDT	4600	2738	4600	3138	4600	3091	4600	3040	4600	3011
06:00 EDT	4600	2492	4600	2765	4600	2761	4600	2652	4600	2526
07:00 EDT	4600	2223	4600	2565	4600	2461	4600	2347	4600	2294
08:00 EDT	4600	1817	4600	2145	4600	2086	4600	2089	4600	2069
09:00 EDT	4600	1624	4600	2048	4600	2008	4600	1910	4600	1715
10:00 EDT	4600	1308	4600	1804	4600	1999	4600	1913	4600	1749
11:00 EDT	4600	1330	4600	1501	4600	1502	4600	1438	4600	1493
12:00 EDT	4600	1443	4600	1908	4600	2041	4600	1866	4600	1726
13:00 EDT	4600	1584	4600	1628	4600	1615	4600	1574	4600	1601
14:00 EDT	4600	1109	4600	1540	4600	1540	4600	1677	4600	1612
15:00 EDT	4600	1005	4600	1641	4600	1590	4600	1510	4600	1681
16:00 EDT	4600	1038	4600	1774	4600	1827	4600	1772	4600	1962
17:00 EDT	4600	1380	4600	2070	4600	2221	4600	2285	4600	2271
18:00 EDT	4600	1657	4600	2165	4600	2315	4600	2309	4600	2404
19:00 EDT	4600	1982	4600	3020	4600	3226	4600	3126	4600	2965
20:00 EDT	4600	2211	4600	3061	4600	3180	4600	3084	4600	2687
21:00 EDT	4600	2545	4600	2831	4600	2922	4600	2854	4600	2567
22:00 EDT	4600	2132	4600	2421	4600	2397	4600	2297	4600	2249
23:00 EDT	4600	2110	4600	2335	4600	2415	4600	2501	4600	2444

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6345	3181	6255	4057	6255	4184	6255	4091	6255	4167

01:00 EDT	6345	3482	6255	4522	6255	4172	6255	4101	6255	4162
02:00 EDT	6345	3784	6255	4203	6255	4191	6255	4213	6255	4129
03:00 EDT	6345	3722	6255	4372	6255	4303	6255	4236	6255	4092
04:00 EDT	6345	3566	6255	4350	6255	4275	6255	4189	6255	4107
05:00 EDT	6345	3525	6255	4046	6255	3985	6255	3927	6255	3885
06:00 EDT	6345	3188	6255	3734	6255	3716	6255	3579	6255	3386
07:00 EDT	6705	3172	6615	3868	6615	3717	6615	3556	6615	3413
08:00 EDT	6705	2779	6615	3403	6615	3316	6615	3216	6615	3179
09:00 EDT	6705	2283	6615	3082	6615	2959	6615	2800	6615	2599
10:00 EDT	6705	2079	6615	2747	6615	2842	6615	2676	6615	2526
11:00 EDT	6705	2007	6615	2200	6985	2530	6985	2407	6985	2436
12:00 EDT	7075	2234	6985	2959	6985	3013	6985	2805	6985	2636
13:00 EDT	7075	2086	6985	2632	6985	2568	7030	2577	7030	2501
14:00 EDT	7075	1378	7030	2485	7030	2498	7030	2602	7030	2611
15:00 EDT	7075	580	7030	2559	7030	2520	7030	2411	7030	2481
16:00 EDT	7075	508	7030	2427	7030	2546	7075	2587	7075	2810
17:00 EDT	7075	802	7075	2867	7075	2983	7075	3012	7075	3021
18:00 EDT	7075	1261	7075	3083	7075	3402	7075	3406	7075	3564
19:00 EDT	7075	1994	7075	4058	7075	4223	7075	4189	7075	4110
20:00 EDT	7075	2524	7075	4227	7075	4468	7075	4397	7075	3985
21:00 EDT	7075	3185	7075	3967	7075	4126	7075	4199	7075	3991
22:00 EDT	7075	3301	7075	3868	7075	3927	7075	3704	7075	3713
23:00 EDT	6705	2593	7075	3762	6705	3547	6660	3631	6660	3544

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9541	9999	9791	9999	9830	9999	9824	9999	9566
01:00 EDT	9999	9441	9999	9853	9999	9694	9999	9628	9999	9763
02:00 EDT	9999	9367	9999	9288	9999	9299	9999	9344	9999	9409
03:00 EDT	9999	9419	9999	9381	9999	9280	9999	9413	9999	9328
04:00 EDT	9999	9373	9999	9690	9999	9627	9999	9570	9999	9554
05:00 EDT	9999	9286	9999	9597	9999	9751	9999	9835	9999	9716
06:00 EDT	9999	9151	9999	9660	9999	9479	9999	9668	9999	9742
07:00 EDT	9999	9210	9999	9550	9999	9543	9999	9643	9999	9643
08:00 EDT	9999	9019	9999	9601	9999	9544	9999	9591	9999	9681
09:00 EDT	9999	9101	9999	9641	9999	9651	9999	9689	9999	9680
10:00 EDT	9999	9172	9999	9899	9999	9899	9999	9899	9999	9889
11:00 EDT	9999	9160	9999	9740	9999	9555	9999	9565	9999	9374
12:00 EDT	9999	9147	9999	9390	9999	9359	9999	9345	9999	9356
13:00 EDT	9999	9081	9999	9457	9999	9188	9999	9020	9999	9241
14:00 EDT	9999	9037	9999	9327	9999	9179	9999	9127	9999	9049
15:00 EDT	9999	9116	9999	9517	9999	9478	9999	9460	9999	9435
16:00 EDT	9999	9196	9999	9429	9999	9513	9999	9383	9999	9084
17:00 EDT	9999	9439	9999	9336	9999	9464	9999	9528	9999	9108
18:00 EDT	9999	9466	9999	9255	9999	9274	9999	9293	9999	9444
19:00 EDT	9999	9366	9999	9401	9999	9331	9999	9188	9999	9200
20:00 EDT	9999	9475	9999	9360	9999	9470	9999	9537	9999	9453
21:00 EDT	9999	9336	9999	9058	9999	9024	9999	9188	9999	9199
22:00 EDT	9999	9417	9999	9173	9999	9205	9999	9084	9999	9305
23:00 EDT	9999	9629	9999	9549	9999	9660	9999	9674	9999	9524