

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 05/11/2025

[illegible]

CEDARS-HQ

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Date: 05/11/2025

[illegible]

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	270	270	270	270	270	270	270	270	270
18:00 EDT	270	270	270	270	270	270	270	270	270	270
19:00 EDT	270	270	270	270	270	270	270	270	270	270
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	663	1020	1001	1020	1020	1020	1020	1020	1020
01:00 EDT	1100	462	1020	575	1020	582	1020	582	1020	582
02:00 EDT	1100	462	1020	597	1020	847	1020	847	1020	847
03:00 EDT	1100	462	1020	616	1020	848	1020	848	1020	848
04:00 EDT	1100	663	1020	957	1020	1020	1020	1020	1020	1020
05:00 EDT	1100	762	1020	985	1020	1020	1020	1020	1020	1020
06:00 EDT	1100	862	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	912	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	962	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	934	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	634	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	634	1020	825	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	634	1020	778	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	835	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	858	2000	355	2000	355	2000	355	2000	355
01:00 EDT	2000	713	2000	392	2000	392	2000	392	2000	392
02:00 EDT	2000	720	2000	550	2000	550	2000	550	2000	550
03:00 EDT	2000	737	2000	550	2000	550	2000	550	2000	550
04:00 EDT	2000	557	2000	300	2000	300	2000	300	2000	300
05:00 EDT	2000	493	2000	300	2000	300	2000	300	2000	300
06:00 EDT	2000	518	2000	300	2000	300	2000	300	2000	300
07:00 EDT	2000	446	2000	300	2000	300	2000	300	2000	300
08:00 EDT	2000	645	2000	0	2000	0	2000	0	2000	0
09:00 EDT	2000	654	2000	0	2000	0	2000	0	2000	0
10:00 EDT	2000	420	2000	0	2000	0	2000	0	2000	0
11:00 EDT	2000	576	2000	0	2000	0	2000	0	2000	0

12:00 EDT	2000	719	2000	0	2000	0	2000	0	2000	0
13:00 EDT	2000	662	2000	0	2000	0	2000	0	2000	0
14:00 EDT	2000	969	2000	224	2000	224	2000	224	2000	224
15:00 EDT	2000	819	2000	482	2000	482	2000	482	2000	482
16:00 EDT	2000	914	2000	568	2000	569	2000	568	2000	568
17:00 EDT	2000	802	2000	175	2000	176	2000	175	2000	175
18:00 EDT	2000	474	2000	38	2000	38	2000	38	2000	38
19:00 EDT	2000	445	2000	71	2000	71	2000	71	2000	71
20:00 EDT	2000	423	2000	73	2000	73	2000	73	2000	73
21:00 EDT	2000	323	2000	112	2000	112	2000	112	2000	112
22:00 EDT	2000	480	2000	0	2000	0	2000	1	2000	0
23:00 EDT	2000	770	2000	300	2000	300	2000	310	2000	310

ISONE-NYISO

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	500	700	500	700	500	700	500	700	500
01:00 EDT	700	500	700	500	700	500	700	500	700	500
02:00 EDT	700	500	700	500	700	500	700	500	700	500
03:00 EDT	700	500	700	500	700	500	700	500	700	500
04:00 EDT	700	500	700	500	700	500	700	500	700	500
05:00 EDT	700	500	700	500	700	500	700	500	700	500
06:00 EDT	700	500	700	500	700	500	700	500	700	500
07:00 EDT	700	500	700	500	700	500	700	500	700	500
08:00 EDT	700	500	700	500	700	500	700	500	700	500
09:00 EDT	700	500	700	500	700	500	700	500	700	500
10:00 EDT	700	500	700	500	700	500	700	500	700	500
11:00 EDT	700	500	700	385	700	342	700	289	700	89
12:00 EDT	700	500	700	300	700	320	700	338	700	383
13:00 EDT	700	500	700	500	700	500	700	500	700	500
14:00 EDT	700	500	700	500	700	364	700	500	700	494
15:00 EDT	700	500	700	196	700	250	700	407	700	500
16:00 EDT	700	500	700	500	700	500	700	500	700	500
17:00 EDT	700	500	700	500	700	500	700	500	700	500
18:00 EDT	700	500	700	500	700	500	700	500	700	500
19:00 EDT	700	500	700	500	700	500	648	448	478	278
20:00 EDT	700	500	334	134	198	0	265	65	539	339
21:00 EDT	700	500	-20	0	134	0	535	335	636	436
22:00 EDT	700	500	700	500	700	500	700	500	700	500
23:00 EDT	700	500	700	500	700	500	700	500	700	500

MOSES SOUTH

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3000	2109	3000	2415	3000	2402	3000	2504	3000	2620
01:00 EDT	3000	1994	3000	2156	3000	2232	3000	2289	3000	2229
02:00 EDT	3000	2073	3000	2234	3000	2485	3000	2465	3000	2455
03:00 EDT	3000	2094	3000	2187	3000	2407	3000	2420	3000	2450
04:00 EDT	3000	2181	3000	2587	3000	2746	3000	2710	3000	2593
05:00 EDT	3000	2220	3000	2510	3000	2605	3000	2643	3000	2641
06:00 EDT	3000	2294	3000	2837	3000	2900	3000	2886	3000	2864
07:00 EDT	3000	2410	3000	2761	3000	2801	3000	2817	3000	2875
08:00 EDT	3000	2402	3000	2900	3000	2900	3000	2900	3000	2900
09:00 EDT	3000	2637	3000	2900	3000	2900	3000	2900	3000	2900
10:00 EDT	3000	2648	3000	2900	3000	2900	3000	2900	3000	2900
11:00 EDT	3000	2562	3000	2900	3000	2900	3000	2900	3000	2900
12:00 EDT	3000	2396	3000	2890	3000	2900	3000	2900	3000	2900
13:00 EDT	3000	2572	3000	2741	3000	2813	3000	2813	3000	2802

16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NYISO-HQ

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	1000	980	980	980	951	980	951	980	951
01:00 EDT	1000	1000	980	980	980	980	980	980	980	980
02:00 EDT	1000	1000	980	980	980	980	980	980	980	980
03:00 EDT	1000	1000	980	980	980	980	980	980	980	980
04:00 EDT	1000	1000	980	980	980	882	980	882	980	882
05:00 EDT	1000	1000	980	980	980	899	980	899	980	899
06:00 EDT	1000	1000	980	706	980	602	980	602	980	602
07:00 EDT	1000	1000	980	807	980	702	980	702	980	702
08:00 EDT	1000	1000	980	357	980	252	980	252	980	252
09:00 EDT	1000	938	980	356	980	252	980	252	980	252
10:00 EDT	1000	852	980	370	980	266	980	266	980	266
11:00 EDT	1000	966	980	284	980	180	980	180	980	180
12:00 EDT	1000	1000	980	384	980	280	980	280	980	280
13:00 EDT	1000	952	980	554	980	449	980	449	980	449
14:00 EDT	1000	1000	980	956	980	852	980	852	980	852
15:00 EDT	1000	1000	980	980	980	966	980	966	980	966
16:00 EDT	1000	1000	980	980	980	927	980	927	980	927
17:00 EDT	1000	1000	980	955	980	869	980	869	980	869
18:00 EDT	1000	981	980	495	980	495	980	495	980	495
19:00 EDT	1000	938	980	267	980	267	980	240	980	240
20:00 EDT	1000	658	980	214	980	214	980	214	980	214
21:00 EDT	1000	658	980	200	980	200	980	200	980	200
22:00 EDT	1000	670	980	212	980	212	980	212	980	212
23:00 EDT	1000	683	980	226	980	225	980	225	980	225

NYISO-IMO

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1200	19	1200	76	1200	0	1200	0	1200	13
01:00 EDT	1200	246	1200	287	1200	198	1200	190	1200	113
02:00 EDT	1200	179	1200	114	1200	0	1200	0	1200	0
03:00 EDT	1200	143	1200	83	1200	0	1200	0	1200	0
04:00 EDT	1200	216	1200	7	1200	111	1200	72	1200	54
05:00 EDT	1200	125	1200	0	1200	43	1200	0	1200	0
06:00 EDT	1200	12	1200	32	1200	77	1200	63	1200	138
07:00 EDT	1200	0	1200	0	1200	0	1200	0	1200	0
08:00 EDT	1200	0	1200	29	1200	79	1200	0	1200	77
09:00 EDT	1200	154	1200	279	1200	346	1200	340	1200	362
10:00 EDT	1200	414	1200	578	1200	795	1200	558	1200	854
11:00 EDT	1200	477	1200	1000	1200	1000	1200	1000	1200	1000
12:00 EDT	1200	589	1200	1000	1200	1000	1200	1000	1200	1000
13:00 EDT	1200	571	1200	896	1200	891	1200	849	1200	896
14:00 EDT	1200	636	1200	998	1200	1000	1200	920	1200	1000
15:00 EDT	1200	443	1119	919	1200	1000	1200	1000	1200	946
16:00 EDT	1200	462	1200	846	1200	936	1200	847	1200	692
17:00 EDT	1200	142	1200	560	1200	500	1200	384	1200	261
18:00 EDT	1200	0	1200	279	1200	253	1200	278	1200	252
19:00 EDT	1200	53	1200	278	1200	243	1200	0	1200	0
20:00 EDT	1200	394	1200	69	1200	69	1200	71	1200	244
21:00 EDT	1200	0	1200	0	1200	0	1200	0	1200	0
22:00 EDT	1200	0	1200	0	1200	0	1200	75	1200	0
23:00 EDT	1200	76	1200	70	1200	0	1200	71	1200	110

NYISO-PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	3261	7550	2885	7550	2753	7550	2782	7550	2824
01:00 EDT	7550	3279	7550	3055	7550	2978	7550	3168	7550	3152
02:00 EDT	7550	3368	7550	3127	7550	3010	7550	3032	7550	3016
03:00 EDT	7550	3388	7550	3206	7550	3179	7550	3161	7550	3133
04:00 EDT	7550	3301	7550	2996	7550	3154	7550	3121	7550	3068
05:00 EDT	7550	3252	7550	2966	7550	3014	7550	2987	7550	3059
06:00 EDT	7550	3199	7550	3276	7550	3384	7550	3351	7550	3330
07:00 EDT	7550	3035	7550	2943	7550	2916	7550	2806	7550	2797
08:00 EDT	7550	3135	7550	2703	7550	2823	7550	2646	7550	2672
09:00 EDT	7550	3112	7550	2791	7550	2895	7550	2877	7550	2848
10:00 EDT	7550	2998	7550	2588	7550	2708	7550	2708	7550	2706
11:00 EDT	7550	2919	7550	2921	7550	2888	7550	2784	7550	2913
12:00 EDT	7550	2882	7550	2666	7550	2735	7550	2688	7550	2632
13:00 EDT	7550	2882	7550	2663	7550	2673	7550	2500	7550	2591
14:00 EDT	7550	2934	7550	2797	7550	3079	7550	2726	7550	2860
15:00 EDT	7550	3026	7550	2970	7550	2939	7550	2867	7550	2730
16:00 EDT	7550	3037	7550	2664	7550	2790	7550	2779	7550	2707
17:00 EDT	7550	2875	7550	2408	7550	2528	7550	2338	7550	2391
18:00 EDT	7550	3033	7550	2704	7550	2694	7550	2845	7550	3006
19:00 EDT	7550	3386	7550	3375	7550	3320	7550	3347	7550	3389
20:00 EDT	7550	3783	7550	3336	7550	3437	7550	3524	7550	3624
21:00 EDT	7550	3661	7550	3457	7550	3528	7550	3485	7550	3429
22:00 EDT	7550	3676	7550	3316	7550	3308	7550	3284	7550	3219
23:00 EDT	7550	3666	7550	3512	7550	3335	7550	3416	7550	3416

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	3
02:00 EDT	660	0	660	63	660	57	660	80	660	102
03:00 EDT	660	0	660	43	660	51	660	64	660	110
04:00 EDT	660	0	660	44	660	63	660	53	660	52
05:00 EDT	660	0	660	133	660	110	660	110	660	88
06:00 EDT	660	0	660	145	660	110	660	113	660	93
07:00 EDT	660	0	660	167	660	180	660	196	660	192
08:00 EDT	660	0	660	110	660	110	660	220	660	220
09:00 EDT	660	261	660	222	660	258	660	261	660	220
10:00 EDT	660	326	660	218	660	287	660	133	660	326
11:00 EDT	660	165	660	265	660	265	660	165	660	265
12:00 EDT	660	165	660	181	660	165	660	165	660	174
13:00 EDT	660	165	660	260	660	218	660	203	660	247
14:00 EDT	660	140	660	230	660	188	660	184	660	143
15:00 EDT	660	0	660	128	660	40	660	47	660	64
16:00 EDT	660	0	660	110	660	90	660	79	660	37
17:00 EDT	660	0	660	110	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	360	660	360	660	360	660	360	660	360
01:00 EDT	660	360	660	360	660	360	660	360	660	360
02:00 EDT	660	430	660	430	660	430	660	430	660	430
03:00 EDT	660	430	660	430	660	430	660	430	660	430
04:00 EDT	660	430	660	430	660	430	660	430	660	430
05:00 EDT	660	430	660	430	660	430	660	430	660	430
06:00 EDT	660	350	660	350	660	350	660	350	660	350
07:00 EDT	660	350	660	350	660	350	660	350	660	350
08:00 EDT	660	394	660	394	660	394	660	394	660	394
09:00 EDT	660	350	660	350	660	350	660	350	660	350
10:00 EDT	660	586	660	586	660	586	660	586	660	586
11:00 EDT	660	660	660	660	660	582	660	660	660	660
12:00 EDT	660	660	660	660	660	660	660	660	660	660
13:00 EDT	660	599	660	599	660	599	660	599	660	599
14:00 EDT	660	585	660	660	660	585	660	585	660	585
15:00 EDT	660	522	660	660	660	660	660	522	660	522
16:00 EDT	660	350	660	350	660	350	660	350	660	350
17:00 EDT	660	350	660	350	660	350	660	350	660	350
18:00 EDT	660	350	660	350	660	350	660	350	660	350
19:00 EDT	660	210	660	210	660	210	660	210	660	210
20:00 EDT	660	60	660	60	660	60	660	60	660	60
21:00 EDT	660	60	660	60	660	60	660	60	660	60
22:00 EDT	660	60	660	60	660	60	660	60	660	60
23:00 EDT	660	430	660	430	660	430	660	430	660	430

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	63	315	63	315	63	315	63	315	63
01:00 EDT	315	63	315	63	315	63	315	63	315	63
02:00 EDT	315	63	315	63	315	63	315	63	315	63
03:00 EDT	315	40	315	63	315	63	315	63	315	63
04:00 EDT	315	0	315	63	315	63	315	63	315	63
05:00 EDT	315	0	315	63	315	63	315	63	315	63
06:00 EDT	315	0	315	63	315	63	315	63	315	63
07:00 EDT	315	40	315	63	315	63	315	63	315	63
08:00 EDT	315	90	315	90	315	90	315	90	315	90
09:00 EDT	315	90	315	90	315	90	315	90	315	90
10:00 EDT	315	140	315	140	315	140	315	140	315	140
11:00 EDT	315	140	315	140	315	140	315	310	315	315
12:00 EDT	315	140	315	315	315	164	315	315	315	275
13:00 EDT	315	90	315	265	315	265	315	265	315	265
14:00 EDT	315	109	315	315	315	284	315	284	315	284
15:00 EDT	315	140	315	315	315	315	315	315	315	315
16:00 EDT	315	90	315	265	315	265	315	116	315	90
17:00 EDT	315	140	315	140	315	140	315	140	315	140
18:00 EDT	315	90	315	90	315	90	315	90	315	90
19:00 EDT	315	40	315	63	315	63	315	63	315	63
20:00 EDT	315	0	315	63	315	63	315	63	315	63
21:00 EDT	315	0	315	63	315	63	315	63	315	63
22:00 EDT	315	0	315	63	315	63	315	63	315	63
23:00 EDT	315	0	315	63	315	63	315	63	315	63

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2783	4600	2624	4600	2644	4600	2667	4600	2640
01:00 EDT	4600	2516	4600	2572	4600	2584	4600	2614	4600	2667
02:00 EDT	4600	2452	4600	2672	4600	2718	4600	2693	4600	2721
03:00 EDT	4600	2562	4600	2722	4600	2804	4600	2780	4600	2799
04:00 EDT	4600	2684	4600	2823	4600	2884	4600	2902	4600	2846
05:00 EDT	4600	2875	4600	2865	4600	2835	4600	2851	4600	2868
06:00 EDT	4600	2642	4600	2985	4600	2979	4600	2931	4600	2828
07:00 EDT	4600	2272	4600	2763	4600	2710	4600	2548	4600	2541
08:00 EDT	4600	1941	4600	2245	4600	2207	4600	2226	4600	2166
09:00 EDT	4600	1666	4600	2225	4600	2214	4600	2146	4600	2059
10:00 EDT	4600	1427	4600	1806	4600	1741	4600	1840	4600	1676
11:00 EDT	4600	1045	4600	1459	4600	1472	4600	1169	4600	1148
12:00 EDT	4600	900	4600	1079	4600	1248	4600	1128	4600	1120
13:00 EDT	4600	937	4600	1196	4600	1179	4600	1083	4600	1080
14:00 EDT	4600	934	4600	962	4600	1035	4600	1044	4600	1011
15:00 EDT	4600	954	4600	873	4600	862	4600	989	4600	1039
16:00 EDT	4600	1213	4600	1155	4600	1218	4600	1429	4600	1498
17:00 EDT	4600	1705	4600	1398	4600	1380	4600	1439	4600	1658
18:00 EDT	4600	2289	4600	1716	4600	1886	4600	2033	4600	2105
19:00 EDT	4600	2395	4600	2266	4600	2336	4600	2596	4600	2639
20:00 EDT	4600	2699	4600	2781	4600	2822	4600	2838	4600	2649
21:00 EDT	4600	2880	4600	2699	4600	2753	4600	2719	4600	2781
22:00 EDT	4600	3143	4600	2796	4600	2744	4600	2576	4600	2509
23:00 EDT	4600	2969	4600	2706	4600	2651	4600	2627	4600	2669

UPNY/CONED

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6115	2870	6025	3000	6025	2983	6025	3002	6025	2991

01:00 EDT	6115	2669	6025	2822	6025	2867	6025	2966	6025	3052
02:00 EDT	6070	2752	6025	3021	5445	2501	5445	2469	5445	2491
03:00 EDT	6070	2909	5445	2551	5445	2641	5445	2610	5445	2579
04:00 EDT	6070	3028	5445	2678	5445	2725	5445	2772	5445	2723
05:00 EDT	6070	3095	5445	2725	5445	2715	5445	2744	5445	2802
06:00 EDT	6070	3016	5445	2980	5445	3025	5445	2986	5445	2826
07:00 EDT	6070	2692	5445	2694	5445	2642	5445	2507	5445	2419
08:00 EDT	6070	2533	5445	2287	5445	2240	5445	2110	5445	2066
09:00 EDT	6070	2136	5445	2156	5445	2106	5445	2048	5445	1898
10:00 EDT	6070	1714	5445	1525	5445	1393	5445	1689	5445	1377
11:00 EDT	6070	1542	5445	1184	5445	1177	5445	967	5445	853
12:00 EDT	6070	1346	5445	851	5445	1036	5445	918	5445	928
13:00 EDT	6070	1253	5445	840	5445	840	5445	739	5445	709
14:00 EDT	6070	1241	5445	580	5445	662	5445	654	5445	621
15:00 EDT	6070	1352	5445	471	5445	495	5445	600	5445	645
16:00 EDT	6070	1496	5445	743	5445	815	5445	998	5445	1103
17:00 EDT	6070	1981	5445	1037	5445	1166	5445	1161	5445	1335
18:00 EDT	6070	2386	5445	1524	5445	1673	5445	1826	5445	1931
19:00 EDT	6070	2720	5445	2159	5445	2218	5445	2474	5445	2586
20:00 EDT	6070	2814	5445	2569	5445	2712	5445	2730	5445	2485
21:00 EDT	6115	3123	5445	2552	5445	2616	5445	2597	5445	2695
22:00 EDT	6115	3196	5445	2569	5445	2518	5445	2349	5445	2325
23:00 EDT	6115	3201	5445	2424	5445	2374	5445	2331	5445	2421

WEST CENTRAL

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Date: 05/11/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9222	9999	9021	9999	8863	9999	8833	9999	8738
01:00 EDT	9999	9299	9999	9183	9999	9171	9999	9264	9999	9248
02:00 EDT	9999	9279	9999	9203	9999	8911	9999	8883	9999	8901
03:00 EDT	9999	9274	9999	9215	9999	8987	9999	8925	9999	8923
04:00 EDT	9999	9090	9999	8755	9999	8740	9999	8782	9999	8897
05:00 EDT	9999	8999	9999	9022	9999	8908	9999	8961	9999	8914
06:00 EDT	9999	8898	9999	9119	9999	9113	9999	9051	9999	8964
07:00 EDT	9999	8777	9999	8665	9999	8672	9999	8721	9999	8808
08:00 EDT	9999	8808	9999	8580	9999	8569	9999	8651	9999	8637
09:00 EDT	9999	8656	9999	8604	9999	8584	9999	8525	9999	8464
10:00 EDT	9999	8575	9999	8425	9999	8423	9999	8541	9999	8410
11:00 EDT	9999	8716	9999	8696	9999	8451	9999	8499	9999	8700
12:00 EDT	9999	8883	9999	8554	9999	8471	9999	8478	9999	8397
13:00 EDT	9999	8703	9999	8846	9999	8647	9999	8584	9999	8644
14:00 EDT	9999	9176	9999	9259	9999	9477	9999	8965	9999	8884
15:00 EDT	9999	9111	9999	9331	9999	9183	9999	8996	9999	8774
16:00 EDT	9999	9106	9999	8908	9999	8921	9999	8903	9999	8850
17:00 EDT	9999	8677	9999	8476	9999	8443	9999	8354	9999	8460
18:00 EDT	9999	8480	9999	8385	9999	8440	9999	8458	9999	8512
19:00 EDT	9999	8522	9999	8376	9999	8381	9999	8341	9999	8384
20:00 EDT	9999	8481	9999	8239	9999	8343	9999	8370	9999	8398
21:00 EDT	9999	8544	9999	8339	9999	8417	9999	8449	9999	8503
22:00 EDT	9999	8802	9999	8347	9999	8420	9999	8527	9999	8463
23:00 EDT	9999	9040	9999	8810	9999	8874	9999	8854	9999	8645